

BEFORE THE BOARD OF MEDICAL EXAMINERS  
OF THE STATE OF NEVADA

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In the Matter of Charges and Complaint

Case No. 25-20296-1

Against:

ROBERT JAMES TROELL, M.D.,

Respondent.

FILED

AUG - 5 2025

NEVADA STATE BOARD OF  
MEDICAL EXAMINERS

By: 

COMPLAINT

The Investigative Committee<sup>1</sup> (IC) of the Nevada State Board of Medical Examiners (Board), by and through Ian J. Cumings, Senior Deputy General Counsel and attorney for the IC, having a reasonable basis to believe that Robert James Troell, M.D. (Respondent) violated the provisions of Nevada Revised Statutes (NRS) Chapter 630 and Nevada Administrative Code (NAC) Chapter 630 (collectively, the Medical Practice Act), hereby issues its Complaint, stating the IC's charges and allegations as follows:

1. Respondent was at all times relative to this Complaint a medical doctor holding an active license to practice medicine in the State of Nevada (License No. 9816) with a specialty listed as Otolaryngology. Respondent was originally licensed by the Board on July 1, 2001.

2. Patient A<sup>2</sup> was a twenty-nine (29) year-old female at the time of the events at issue.

3. Patient A is a citizen of Switzerland that sought out cosmetic surgical procedures in the United States. Patient A had a body mass index (BMI) rating greater than thirty (30).

4. Patient A traveled from Switzerland to Las Vegas, Nevada to meet with Respondent about the surgical procedures, after relying on the information and representation

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<sup>1</sup> The Investigative Committee of the Nevada State Board of Medical Examiners, at the time this formal Complaint was authorized for filing, was composed of Board members Victor M. Muro, M.D., Aury Nagy, M.D., and Ms. Maggie Arias-Petrel.

<sup>2</sup> Patient A's true identity is not disclosed herein to protect her privacy, but is disclosed in the Patient Designation served upon Respondent along with a copy of this Complaint.

1 from Respondent that he was a plastic surgeon. Patient A stated to Respondent prior to leaving  
2 Switzerland, that she weighed 233 lbs. and measured at 5'5" in height, giving her a BMI of 38.

3 5. On or about October 2, 2019, Patient A presented to Respondent for elective  
4 cosmetic surgery. At this time, Patient A weighed 240 lbs. and measured at 5'5" in height, giving  
5 her a BMI of 40, which is classified as severe morbid obesity and greatly increases the risk of  
6 surgical complications. Despite Patient A being a poor surgical candidate due to her severe  
7 obesity, Respondent performed lipoabdominoplasty, VASER ultrasound-assisted liposuction of  
8 the abdomen, middle and lower back, flanks, buttocks and hips. Respondent also performed a  
9 breast and gluteal fat transfer with platelet rich plasma. Respondent removed four (4) liters of fat  
10 from Patient A and removed a large abdominal pannus excision weighing over three (3)  
11 kilograms.

12 6. On or about October 9, 2019, Patient A began to see an area of darkened skin on  
13 the abdominal flap. Respondent treated the darkened area with hyperbaric oxygen and a  
14 nitroglycerin ointment.

15 7. On or about October 14, 2019, Respondent performed additional surgery on Patient  
16 A, including vertical mastopexy/breast reduction, VASER ultrasound assisted liposuction to the  
17 upper back/axilla, inner thighs/knees, outer thighs, triceps with a mild revision to the flanks and  
18 buttocks as well as debridement of a midline incisional lipoabdominoplasty wound and placement  
19 of platelet rich plasma to facilitate healing. During the October 14, 2019, procedure, Respondent  
20 removed an additional four (4) liters of fat from Patient A.

21 8. On or about October 18, 2019, Patient A was suffering from complications of the  
22 procedures Respondent performed and inquired about seeing an emergency physician. On  
23 October 21, 2019, Respondent referred Patient A to a general surgeon who provided her with a  
24 topical medication to remove damaged skin and promote healthy skin. However, this general  
25 surgeon was unable to debride the wound.

26 9. On or about October 21, 2019, following her visit with the general surgeon, Patient  
27 A went to the Emergency Room at a local hospital who performed lab work. Patient A left the  
28 hospital against medical advice and returned to Switzerland.

**COUNT I**

**NRS 630.301(4) - Malpractice**

10. All of the allegations contained in the above paragraphs are hereby incorporated by reference as though fully set forth herein.

11. NRS 630.301(4) provides that malpractice of a physician is grounds for initiating disciplinary action against a licensee.

12. NAC 630.040 defines malpractice as “the failure of a physician, in treating a patient, to use the reasonable care, skill, or knowledge ordinarily used under similar circumstances.”

13. As demonstrated by, but not limited to, the above-outlined facts, Respondent failed to use the reasonable care, skill or knowledge ordinarily used under similar circumstances by failing to optimize the patient’s BMI prior to offering staged body contouring procedures, and continuing to perform surgery on Patient A, despite her BMI rating of 40 making her a poor surgical candidate for the planned cosmetic procedures.

14. By reason of the foregoing, Respondent is subject to discipline by the Board as provided in NRS 630.352.

**COUNT II**

**NRS 630.306(1)(b)(2) - Violation of Standards of Practice Established by Regulation**

15. All of the allegations contained in the above paragraphs are hereby incorporated by reference as though fully set forth herein.

16. Violation of a standard of practice adopted by the Board is grounds for disciplinary action pursuant to NRS 630.306(1)(b)(2).

17. NAC 630.210 requires a physician to “seek consultation with another provider of health care in doubtful or difficult cases whenever it appears that consultation may enhance the quality of medical services.”

18. Respondent failed to timely seek consultation with regard to Patient A’s medical condition. Respondent should have consulted with an appropriate care provider such as a board-certified plastic surgeon to address the doubtfulness of the diagnosis of Patient A’s medical

1 condition and such a timely consultation would have confirmed or denied such a diagnosis and  
2 may have enhanced the quality of medical care provided to Patient A by limiting or eliminating  
3 the post-operative complications she experienced.

4 19. By reason of the foregoing, Respondent is subject to discipline by the Board as  
5 provided in NRS 630.352.

6 **WHEREFORE**, the Investigative Committee prays:

7 1. That the Board give Respondent notice of the charges herein against him and give  
8 him notice that he may file an answer to the Complaint herein as set forth in  
9 NRS 630.339(2) within twenty (20) days of service of the Complaint;

10 2. That the Board set a time and place for a formal hearing after holding an Early  
11 Case Conference pursuant to NRS 630.339(3);

12 3. That the Board determine what sanctions to impose if it determines there has been  
13 a violation or violations of the Medical Practice Act committed by Respondent;

14 4. That the Board award fees and costs for the investigation and prosecution of this  
15 case as outlined in NRS 622.400;

16 5. That the Board make, issue and serve on Respondent its findings of fact,  
17 conclusions of law and order, in writing, that includes the sanctions imposed; and

18 6. That the Board take such other and further action as may be just and proper in these  
19 premises.

20 DATED this 4th day of August, 2025.

21 INVESTIGATIVE COMMITTEE OF THE  
22 NEVADA STATE BOARD OF MEDICAL EXAMINERS

23 By:

24 IAN J. CUMINGS

25 Senior Deputy General Counsel

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Attorney for the Investigative Committee

## VERIFICATION

STATE OF NEVADA           )  
                                      : ss.  
COUNTY OF CLARK        )

Chowdhury H. Ahsan, M.D., Ph.D., FACC, having been duly sworn, hereby deposes and states under penalty of perjury that he is the Chairman of the Investigative Committee of the Nevada State Board of Medical Examiners that authorized the Complaint against the Respondent herein; that he has read the foregoing Complaint; and that based upon information discovered in the course of the investigation into a complaint against Respondent, he believes that the allegations and charges in the foregoing Complaint against Respondent are true, accurate and correct.

DATED this 5<sup>th</sup> day of August, 2025.

INVESTIGATIVE COMMITTEE OF THE  
NEVADA STATE BOARD OF MEDICAL EXAMINERS

By:

  
CHOWDHURY H. AHSAN, M.D., PH.D., FACC  
*Chairman of the Investigative Committee*