

BEFORE THE BOARD OF MEDICAL EXAMINERS
OF THE STATE OF NEVADA

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In the Matter of Charges and Complaint

Case No. 25-25351-1

Against:

FILED

KRISTIN ADELE HESTDALEN, M.D.

APR 03 2025

Respondent.

NEVADA STATE BOARD OF
MEDICAL EXAMINERS

By: *[Signature]*

COMPLAINT

The Investigative Committee¹ (IC) of the Nevada State Board of Medical Examiners (Board), by and through Deonne E. Contine, General Counsel and attorney for the IC, having a reasonable basis to believe that Kristin Adele Hestdalen, M.D. (Respondent) violated the provisions of Nevada Revised Statutes (NRS) Chapter 630 and Nevada Administrative Code (NAC) Chapter 630 (collectively, the Medical Practice Act), hereby issues its Complaint, stating the IC's charges and allegations as follows:

1. Respondent was at all times relative to this Complaint a medical doctor holding an active license to practice medicine in the State of Nevada (License No. 10215). Respondent was originally licensed by the Board on July 1, 2002.

2. On June 7, 2024, Respondent appeared before the Board to request that her license status be changed from inactive to active and to begin actively practicing again under a preceptorship plan.

3. The Board entered an Order granting Respondent's request on June 17, 2024, on the condition that she would participate in a twelve (12) month Preceptorship Plan with Byron Czerniski, M.D., a Senior Psychiatrist at Lakes Crossing where she would work. Dr. Czerniski

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¹ The Investigative Committee of the Nevada State Board of Medical Examiners, at the time this formal Complaint was authorized for filing, was composed of Board members Bret W. Frey, M.D., Col. Eric D. Wade, USAF (Ret.) (Public Member), and Hugh L. Bassewitz, M.D., FAAOS.

1 agreed to report on Respondent's progress and notify the Board of any concerning pattern(s) in work
2 performance, attendance, documentation, or clinical decision-making.

3 4. Dr. Czerniski notified the Board that as of January 6, 2025, Respondent no longer
4 works at Lakes Crossing and as a result, he terminated his preceptorship agreement.

5 5. Accordingly, Respondent is not in compliance with the conditions of the Board's
6 Order changing her license status to active because she is no longer under the preceptorship of
7 Dr. Czerniski.

8 **COUNT I**

9 **NRS 630.3065(2)(a) - Failing to Comply with a Lawful Order of the Board**

10 6. All of the allegations contained in the above paragraphs are hereby incorporated by
11 reference as though fully set forth herein.

12 7. NRS 630.3065(2)(a) provides that knowingly or willfully failing to comply with a
13 Board order is grounds for initiating disciplinary action.

14 8. Respondent failed to comply with the Board's Order dated June 17, 2024.

15 9. By reason of the foregoing, Respondent is subject to discipline by the Board as
16 provided in NRS 630.352.

17 **WHEREFORE**, the Investigative Committee prays:

18 1. That the Board give Respondent notice of the charges herein against her and give her
19 notice that she may file an answer to the Complaint herein as set forth in NRS 630.339(2) within
20 twenty (20) days of service of the Complaint;

21 2. That the Board set a time and place for a formal hearing after holding an Early Case
22 Conference pursuant to NRS 630.339(3);

23 3. That the Board determine what sanctions to impose if it determines there has been a
24 violation or violations of the Medical Practice Act committed by Respondent;

25 4. That the Board award fees and costs for the investigation and prosecution of this case
26 as outlined in NRS 622.400;

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OFFICE OF THE GENERAL COUNSEL

Nevada State Board of Medical Examiners
9600 Gateway Drive
Reno, Nevada 89521
(775) 688-2559

1 5. That the Board make, issue and serve on Respondent its findings of fact, conclusions
2 of law and order, in writing, that includes the sanctions imposed; and that the Board take such other
3 and further action as may be just and proper in these premises.

4 DATED this 3rd day of April, 2025.

5 INVESTIGATIVE COMMITTEE OF THE
6 NEVADA STATE BOARD OF MEDICAL EXAMINERS

7 By:



8 DEONNE E. CONTINE

9 General Counsel

10 9600 Gateway Drive

11 Reno, NV 89521

12 Tel: (775) 688-2559

13 Email: dcontine@medboard.nv.gov

14 Attorney for the Investigative Committee

VERIFICATION

STATE OF NEVADA)
: ss.
COUNTY OF WASHOE)

Bret W. Frey, M.D., having been duly sworn, hereby deposes and states under penalty of perjury that he is the Chairman of the Investigative Committee of the Nevada State Board of Medical Examiners that authorized the Complaint against the Respondent herein; that he has read the foregoing Complaint; and that based upon information discovered in the course of the investigation into a complaint against Respondent, he believes that the allegations and charges in the foregoing Complaint against Respondent are true, accurate and correct.

DATED this 3rd day of April, 2025.

INVESTIGATIVE COMMITTEE OF THE
NEVADA STATE BOARD OF MEDICAL EXAMINERS

By:


BRET W. FREY, M.D.,
Chairman of the Investigative Committee