NEVADA STATE BOARD OF MEDICAL EXAMINERS



IN THE MATTER OF CHARGES AND COMPLAINT AGAINST HAI THANH NGUYEN, M.D.

ADJUDICATION

Case No: 21-3884

Date: September 16, 2022

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BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

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In the Matter of Charges and

Complaint Against:

HAI THANH NGUYEN, M.D.,

Respondent.

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Case No. 21-38084-1

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NEVADA STATE BOARD OF

COMPLAINT

The Investigative Committee¹ (IC) of the Nevada State Board of Medical Examiners (Board), by and through Robert G. Kilroy, Esq., Senior Deputy General Counsel and attorney for the IC, having a reasonable basis to believe that Hai Thanh Nguyen, M.D., (Respondent) violated the provisions of Nevada Revised Statutes (NRS) Chapter 630 and Nevada Administrative Code (NAC) Chapter 630 (collectively, the Medical Practice Act), hereby issues its Complaint, stating the IC's charges and allegations as follows:

- 1. Respondent was at all times relative to this Complaint a medical doctor holding an active license to practice medicine in the State of Nevada (License No. 13702). Respondent originally licensed by the Board on September 15, 2010.
- On November 11, 2016, Patient A² along with her parents went to HealthCare 2. Partners Urgent Care, because she was suffering from coughing, wheezing, phlegm, and vomiting. Respondent evaluated the 2-year-old girl with "croup." Respondent started Patient A on prednisolone orally and also recommended a "steroid shot." Respondent successfully injected Kenalog into Patient A's lateral buttocks after two (2) unsuccessful attempts by Respondent's medical assistant. Patient A's medical record indicates "Kenalog 40mg/ml...Inject 0.5ml

¹ The Investigative Committee of the Nevada State Board of Medical Examiners, at the time this formal Complaint was authorized for filing, was composed of Board members Rachakonda D. Prabhu, M.D., Ms. Sandy Peltyn, and Victor M. Muro, M.D.

² Patient A's true identity is not disclosed herein to protect her privacy, but is disclosed in the Patient Designation served upon Respondent along with a copy of this Complaint, on this entry.

intramuscularly once...pt is given Kenalog 20mg IM." When asked by the IC, Respondent provided his written reply that he administered 0.5ml of Kenalog 20mg/ml IM. Respondent did not obtain an informed consent from Patient A's parents for the invasive procedure of a steroid shot (injection of the Kenalog). The medical record is not clear as to whether Patient A received an injection of 20mg or 10mg of Kenalog intramuscularly. There was no "shot record" section of Patient A's medical record as there was no documentation of the Kenalog vial's identification, lot number, nor date of expiration. Moreover, there was no indication of the specific injection shot location nor who delivered the shot (Respondent) to Patient A.

3. Approximately, two (2) weeks later, Patient A's parents noticed that Patient A's injection spot upon her buttocks had become a "divet" and eventually a "crater" that was sensitive to the touch. Skin atrophy is a known complication of a steroid intramuscular injection. Standard of care for toddlers (Patient A) who cannot "keep anything down" due to constant vomiting is an intramuscular or intravenous administration of steroids. Here, Patient A indicated only vomited once a day in the mornings, and not constantly though out the day, and should have been given an oral steroid. Respondent should have offered to Patient A's parent an oral option first, prior to the injection shot and discussed the risks and benefits of the steroid medication with them. For toddlers, such as Patient A, the proximal lateral thigh is the appropriate location for intramuscularly injections, not into a toddler's buttocks.

COUNT I

NRS 630.301(4) (Malpractice)

- 4. All of the allegations contained in the above paragraphs are hereby incorporated by reference as though fully set forth herein.
- 5. NRS 630.301(4) provides that malpractice of a physician is grounds for initiating disciplinary action against a licensee.
- 6. NAC 630.040 defines malpractice as the failure of a physician, in treating a patient, to use the reasonable care, skill, or knowledge ordinarily used under similar circumstances.
- 7. As demonstrated by, but not limited to, the above-outlined facts, Respondent failed to use the reasonable care, skill or knowledge ordinarily used under similar circumstances when

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he provided medical services to Patient A, because he failed to obtain and document an informed consent for the injection of Kenalog, and when he failed to properly inject the Kenalog into the proximal lateral thigh instead of Patient A's buttocks.

8. By reason of the foregoing, Respondent is subject to discipline by the Board as provided in NRS 630.352.

COUNT II

NRS 630.3062(1)(a) (Failure to Maintain Proper Medical Records)

- 9. All of the allegations contained in the above paragraphs are hereby incorporated by reference as though fully set forth herein.
- 10. NRS 630.3062(1)(a) provides that the failure to maintain timely, legible, accurate and complete medical records relating to the diagnosis, treatment and care of a patient is grounds for initiating disciplinary action against a licensee.
- 11. Respondent failed to maintain complete medical records relating to the diagnosis, treatment and care of Patient A, by failing to document his actions when he treated Patient A, whose medical records were not timely, legible, accurate, and complete. Respondent failed to document an informed consent for Patient A's Kenalog injection from her parents and discuss the risks and benefits of the medication before giving it to the child. Additionally, Patient A's medical records of having the shot, including the information from the vial, do not exist making Patient A's medical records inaccurate and incomplete.
- 12. By reason of the foregoing, Respondent is subject to discipline by the Board as provided in NRS 630.352.

WHEREFORE, the Investigative Committee prays:

- 1. That the Board give Respondent notice of the charges herein against him and give him notice that he may file an answer to the Complaint herein as set forth in NRS 630.339(2) within twenty (20) days of service of the Complaint;
- 2. That the Board set a time and place for a formal hearing after holding an Early Case Conference pursuant to NRS 630.339(3);

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- 3. That the Board determine what sanctions to impose if it determines there has been a violation or violations of the Medical Practice Act committed by Respondent;
- 4. That the Board award fees and costs for the investigation and prosecution of this matter as outlined in NRS 622.400;
- 5. That the Board make, issue and serve on Respondent its findings of fact, conclusions of law and order, in writing, that includes the sanctions imposed; and
- 6. That the Board take such other and further action as may be just and proper in these premises.

DATED this <u></u> day of November, 2021.

INVESTIGATIVE COMMITTEE OF THE NEVADA STATE BOARD OF MEDICAL EXAMINERS

By:

ROBERT G. KILROY, J.D.

Senior Deputy General Counsel 9600 Gateway Drive

Reno, NV 89521

Tel: (775) 688-2559

Email: rkilroy@medboard.nv.gov

Attorney for the Investigative Committee

OFFICE OF THE GENERAL COUNSEL Nevada State Board of Medical Examiners

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VERIFICATION

STATE OF NEVADA)	
	: SS.	
COUNTY OF CLARK)	

Victor M. Muro, M.D., having been duly sworn, hereby deposes and states under penalty of perjury that he is the Chairman of the Investigative Committee of the Nevada State Board of Medical Examiners that authorized the Complaint against the Respondent herein; that he has read the foregoing Complaint; and that based upon information discovered in the course of the investigation into a complaint against Respondent, he believes that the allegations and charges in the foregoing Complaint against Respondent are true, accurate and correct.

DATED this 30 day of November, 2021.

INVESTIGATIVE COMMITTEE OF THE NEVADA STATE BOARD OF MEDICAL EXAMINERS

By: Um mund MED

Chairman of the Investigative Committee

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BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

* * * * *

In the Matter of Charges and

Case No. 21-38084-1

Complaint Against

FILED

HAI THANH NGUYEN, M.D.,

Respondent.

JUL 2 2 2022

NEVADA STATE BOARD OF MEDICAL EXAMINERS BV:

SYNOPSIS OF RECORD

1. Introduction

This matter was heard on May 26, 2022. Present in the Reno office of the Nevada State Board of Medical Examiners (the "Board") were Sarah Bradley, J.D. on behalf of the Investigative Committee (the "IC") and the undersigned hearing officer. Appearing and present on behalf of Respondent in the Las Vegas office of the Nevada Board of Medical Examiners were T. Charlotte Buys, Esq. on behalf of Respondent, and Respondent Hai Thanh Nguyen, M.D. Respondent, witness Sheila Marie Del Grosso, and Eduardo Angora, M.D. were present and appeared from the Las Vegas office. The remaining witnesses were present and appeared in the Reno office. All witnesses were sworn. The rule of exclusion was not invoked by either party.

2. Allegations

The Complaint alleges: Count I, NRS 630.301(4), Malpractice; and Count II, NRS 630.3062(1)(a), Failure to Maintain Proper Medical Records. See Exhibit 3 of Exhibit B. The Malpractice charge is premised upon the allegations that Respondent failed to obtain and document informed consent from the minor patient's parent regarding the administration of a Kenalog injection, and that Respondent administered the injection in the patient's buttock as

¹ Incorporated herein by reference is the full Transcript of the Hearing Proceedings, May 26, 2022, which is provided herewith as **Exhibit A** and referred to herein under the designation "TR," as well as the exhibits admitted at the hearing, which are indexed and provided herewith as **Exhibit B** for the IC Exhibits and **Exhibit C** for Respondent's Exhibits.

opposed to the patient's proximal lateral thigh, which is alleged to have ultimately caused a divot on the patient's left buttock. <u>Id</u>. The Failure to Maintain Proper Medical Records charge is premised upon the allegations that Respondent failed to document informed consent by the minor patient's parent by not documenting the discussion of risks and benefits of the Kenalog injection, and that the injection records were non-existent or incomplete. <u>Id</u>.

3. Witnesses and Testimony

In relation to the IC's case, the undersigned hearing officer heard from Ernesto Diaz, Chief of Investigations of the Nevada State Board of Medical Examiners (TR 24-46); Sheilamarie Del Grosso ("Ms. Del Grosso"), the minor patient's mother (TR 48-79); and Expert Witness Scott Hall, M.D. (TR 80-174). In relation to Respondent's case, the undersigned hearing officer heard from Melissa Vogt, R.N., a Clinical Educator at Intermountain Healthcare (TR 177-184); Ellen Aliberti, R.N., a Clinical Educator at Intermountain Healthcare (TR 184-196); Respondent Hai Thanh Nguyen, M.D. (TR 197-234); and expert witness Eduardo Angora, M.D. (TR 234-285).

The first witness called by the IC was Ernesto Diaz, Chief of Investigations of the Nevada State Board of Medical Examiners, who the IC called to authenticate exhibits. TR 27-31. Cross-examination of Investigator Diaz was utilized primarily to demonstrate his limited knowledge of the medical matters at issue in the case, save and except for the common utilization of third parties for record management (TR 39-41), and to inquire about a delay of several years from when the initiating complaint was received to when the formal complaint was issued, which was objected to and argued to be irrelevant by the IC. The objection to relevance was overruled to allow Respondent to establish a relevant basis for the line of questioning but it culminated with pointing out the delay with nothing more. TR 35-38.

The second witness called by the IC was Ms. Del Grosso, who is the minor patient's mother, and who testified that she initiated a complaint to the Board based upon the divot on her child's left buttock that had been attributed by the minor patient's pediatrician to the Kenalog injection administered by Respondent approximately four months prior (although the date that the divot actually occurred was never established). TR 49, 53. The divot was demonstrated in authenticated and admitted photographs. TR 52-54; IC Exhibit 6.

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Ms. Del Grosso summarized the visit very tersely, acknowledging that she did not remember any discussion about the Prednisone or oral treatment; that she consented to the Kenalog injection; and that she was informed of at least some risk that she identified as being soreness at the injection site. TR 55-56, 61, 63, 66-67, 75-76. Ms. Del Grosso further testified that the divot filled in and there are no lasting affects other than a dark spot. TR 57.

On cross-examination, Ms. Del Grosso acknowledged that her child's symptoms, which were indicative of croup, had been worsening and that her child (also referred to as "Patient A," the minor patient, or the patient) had been hospitalized once prior for croup and was not required to be hospitalized after the Kenalog injection. TR 58-60, 75.

Overall, Ms. Del Grosso's recollection was poor. Ms. Del Grosso recalled asking that the injection be administered by a doctor as opposed to another health professional (TR 56, 78); was reminded and agreed that she had indicated that a prior oral prescription was insufficient to aid the minor patient (TR 62); and indicated the assistant in the room was a female, which none of the records support (TR 68). Ms. Del Grosso also spontaneously and emphatically indicated that Respondent, who was present in the same hearing room Ms. Del Grosso was testifying from, was not the doctor who treated the minor patient on the visit in question despite the records reflecting otherwise and Respondent later testifying that he was the treating physician. TR 63-66, 73, 77-78.

The IC's final witness was Scott Hall, M.D. who specializes in Family Medicine with an emphasis on acute musculoskeletal injuries and is further certified in Sports Medicine. TR 82; see also IC Exhibits 18-19. Dr. Hall acknowledged that the medical records reflect that the patient had been vomiting and indicated that he would have only given "oral corticosteroids" and not done an injection because it is the "preferred method" and an injection was "redundant." TR 85-86; 92-94. Dr. Hall repeated the word "preferred" when addressing the administration of oral medication as the sole treatment, contrasting that with the addition of the Kenalog injection, and referred to how he would have treated with only oral administration versus treatment with the oral administration coupled with the injection as a "subtle difference," although I believe he meant to distinguish as a subtle difference only the oral administration and the injection administration, individually. TR 86-87.

Dr. Hall's only other stated concern with Respondent's treatment of Patient A was the assertion that Respondent should have included a description of "what you did to inform the individual and acknowledge their consent." TR 88-89, p. 89, lines 8-11. Dr. Hall also interpreted a reference in the medical records regarding the patient's consent, specifically IC Exhibit 5, "[p]atient agrees with treatment plan and verbalizes understanding," as reflecting that the minor patient, who was only 23 months old, consented versus the patient's parent giving the consent. TR 91; 153. In further questioning, Dr. Hall indicated that it was his practice to have a separate sheet of paper signed by a parent or guardian of a minor patient to verify that they would like to proceed with an intramuscular or joint injection but further indicated that written consent was not required and "verbal may suffice." TR 91-92.

As to the divot alleged to have been caused by the Kenalog injection, Dr. Hall described it as atrophy of the subcutaneous tissue, which is a known complication. TR 95. Dr. Hall acknowledged records that he interpreted as indicating that the injection was administered intramuscularly in the right gluteal region by "Hampton, Chanel," who is Respondent's usual medical assistant but who was not working that day and noted that IC Exhibit 6 and Ms. Del Grosso's testimony indicated that the divot was present on Patient A's left buttock. TR 97-98; 147-49; 164-65; 221. Dr. Hall could not reconcile the picture of the divot (IC Exhibit 6) with the records demonstrating that the injection was administered in the right buttock versus the left buttock (Respondent Exhibit 12) except to say that the divot was consistent with "the kind of complication that would happen from a Kenalog injection." TR 167-68. Under continued questioning by the IC thereafter, Dr. Hall testified that the "most likely explanation" is that the Kenalog injection records identified the wrong injection site. TR 169.

Notably, some of the medical records alleged not to have been properly made were actually undertaken but had not been timely provided to and obtained by the IC because they were held by a third party records administrator. TR 120-21; 126; 130-31. As such, Dr. Hall had not reviewed them until the morning of the hearing, upon review of which Dr. Hall conceded that there were sufficient records demonstrating how the injection was administered, leaving only his concerns with giving oral combined with intramuscular treatment, and not documenting informed

consent to include a written reflection of "more discussion about the risks and benefits and alternatives." <u>Id.</u>; TR 122-23; 155; 166.

In defense, Respondent called both Melissa Vogt and Ellen Aliberti who are registered nurses employed by Intermountain Healthcare to authenticate records, which was unnecessary given the records had already been stipulated to and admitted, and training as provided to Respondent's medical assistants, which also was not at issue. As such, Respondent was allowed to proffer testimony, which the IC accepted, that Respondent's medical assistants were properly trained in providing patient injections and were also trained to properly document patient records. TR 192-93.

Respondent then testified on his own behalf. Respondent testified that Patient A had respiratory symptoms of cough, congestion, and nausea and had been vomiting for four days, for which Respondent had initially considered prescribing Prednisone to be administered orally. TR 197-98; 206. However, Patient A's mother was concerned about one of the Prednisone side effects, that being vomiting, compounding the vomiting Patient A was already experiencing. Id. Patient A's mother asked if there were any other treatment options, in response to which Respondent discussed an injectable form of medication, i.e., the Kenalog injection, and presented its side effects as being scarring, swelling, redness, and pain and bleeding at the injection site. TR 198; 208. According to Respondent, after his explanation of the side effects and benefits and alternatives of the injection, Patient A's mother was agreeable to the injection. Id. To this end, the patient records indicate that "[p]atient agrees with treatment plan and verbalizes understanding." IC Exhibit 5; Respondent's Exhibit 5, HCP 0002.

Respondent testified that he personally gave the injection after a failed attempt by medical assistant Barry Misiuk to administer the injection-in Patient A's right buttock and that he remembers the injection he administered also being in the right buttock as a result of him being right handed and the position of the table in the room, specifically testifying that "[b]ecause the table in that room is positioned so that when the patient is lying on her stomach, her right buttock would be to the left side of the bed. And I'm right handed, so it would make it easier for me to place my hand on the right buttock and push down to help stabilize the patient and give [] the

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injection with my right hand into the right buttock or gluteal area." TR 203-04; TR 228-30. Respondent testified that he diagnosed Patient A with a cough and possible croup based upon Patient A's history and the exam. TR 205. Respondent further reiterated that while he initially was intending to prescribe an oral treatment of Prednisone, it was after he came back to address the potential side effects with Patient A's mother that Patient A's mother asked about any alternative treatments and the injection was discussed, upon which Patient A's mother had indicated that Patient A had croup previously and required an injection to recover. TR 206. Respondent also testified that because of concerns about Patient A's vomiting and vomiting being a side effect of Prednisone, that an injection would help Patient A's recovery. TR 206. Per Respondent, it was reasonable to give the first dose of medicine via an injection so that he could ensure that Patient A would receive the medicine, not vomit up an oral dose, and recover quicker. TR 207-08; 216. Respondent explained this practice as a "loading dose." TR 218.

With regard to the specifics of the administration of the injection, Respondent stated that medical assistant Barry Misiuk first attempted to give the injection in Patient A's lateral thigh but was but unsuccessful because Patient A, who, again, was 23 months old, was moving quite a bit and so he inquired of Respondent as to an alternative injection site and Respondent suggested Patient A's gluteal area. TR 208-09. Per Respondent, he attempted to aid Barry Misiuk to give the injection in Patient A's right buttock but Patient A squirmed and the injection was not successfully administered. TR 209. Respondent testified that Patient A's mother then asked Respondent to himself give the injection, which he did. TR 210; 213.

Respondent's final witness was Eduardo Angora, M.D., whose CV can be found at Respondent's Exhibit 8. Dr. Angora testified that a divot is a rare and minor (as in not serious) complication of a steroid injection that usually resolves itself within a year (TR 238-39); that steroid injections are safe (TR 240); that Respondent met the standard of care (TR 241); that an oral steroid may be spit up by a young child or vomited back up if the child is nauseous (TR 241-42); that the injection was a definitive treatment, the administration and the success of which is not subject to guess work at a subsequent appointment (TR 242-44); and that there was no risk of overdosing given the amounts of steroids prescribed by Respondent (TR 258). Dr. Angora further

testified that it is common to obtain verbal only consent for a steroid injection and that every single complication from a steroid injection is not documented and that only the major complications or the ones that are more striking would be discussed as opposed to rare or uncommon complications. TR 249. Dr. Angora further testified that he would have expected there to be an impact on Patient A's gait, i.e. her walking as in with a limp, if the divot had been caused by muscular atrophy form the injection, which there was no mention or evidence of, and that the divot pictured in IC Exhibit 6 could have been caused by spontaneous lipodystrophy or post-traumatic lipodystrophy and not just an injection. TR 253-54; 266. Dr. Angora also found the medical records to be sufficiently documented. TR 259.

4. Further Dispositive Testimony.

Dr. Hall testified that croup is deadly and Patient A was not hospitalized after being treated by Respondent. TR 139-40.

Dr. Hall testified that injections could lead to muscular atrophy regardless of how they are administered. TR 140-41.

Dr. Hall relied upon several articles in rendering his testimony, the publication of some of which post-dated the treatment of Patient A by Respondent, the majority of which were not discussed in any real depth, and the most relevant of which, as Dr. Hall acknowledged on cross-examination, established that prior to 2018 the recommended injection site for a Kenalog injection was into the gluteal muscle. TR 141-46; Respondent's Exhibit 11, p. 17, which is a complete copy of IC Exhibit 10. The same publication additionally acknowledged the approved administration of Kenalog injections for pediatric patients. Respondent's Exhibit 11, p. 13.

Assuming the divot was located on the buttock on which the Kenalog injection was administered, Dr. Hall acknowledged that the divot could have been caused by trauma including a fall. TR 147-52, 150-51.

Dr. Hall conceded it would be reasonable to consider an injection when "oral steroids alone had previously not helped worsening symptoms." TR 157.

Dr. Hall testified that muscular atrophy from a Kenalog injection is a rare complication and that, while it is the responsibility of a physician to discuss common and serious side effects, it

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is not the standard of care to document every single complication. TR 169-70. This same standard was also testified to by Dr. Angora. TR 249.

The medical records provide that "Patient agrees with treatment plan and verbalizes understanding." Respondent's Exhibit 5; TR 211; 215. This would have obviously been a reference to Patient A's parent given that Patient A was 23 months old and clarifying it was the parent and not the two year old patient would be unnecessary. TR 211-12; 250; IC Exhibit 5; Respondent's Exhibit 5.

Respondent's Exhibit 12 reflects that injection was ordered by Respondent to be given by Chanel Hampton, which was the result of an auto-population in the record keeping program given that Chanel Hampton was Respondent's assigned medical assistant (TR 230), but Chanel Hampton had called in sick that day and Barry Misiuk was filling in. TR 221-22; Respondent's Exhibit 6. Respondent testified that the notation did not mean that Chanel Hampton herself gave the injection but that she was ordered to and that a separate notation that gives Respondent's name and indicates "complete" is the relevant record that references Respondent gave the injection. TR 223. Respondent's reference in the records indicating he gave the injection is found at Respondent's Exhibit 5, HCP 0017, which is a Medication List and provides for the Kenalog injection and under Provider Status reads "HAI NGUYEN Complete." Similar references are found in the same Exhibit at CHP 0002 under Plan and at Respondent's Exhibit 12, on the second page in the progress notes to the left. Respondent also relied upon Respondent's Exhibit 6. While the "Admin By" referenced to Chanel Hampton in Respondent's Exhibit 12 seemed to cause some confusion and Dr. Angora somewhat acknowledged the same, Dr. Angora further noted that Respondent addressed the confusion in his testimony and provided documentation demonstrating that he gave the Kenalog injection. TR 277-78.

5. <u>Veracity of Witnesses</u>.

Undersigned found Respondent to be credible in his testimony and the account of the treatment of Patient A. While the time that had passed certainly caused difficulty as demonstrated by Ms. Del Grosso's testimony, Respondent, whether he had an independent recollection, which Respondent testified was the case (TR 202-03), or his memory was refreshed by the medical

records, his account was clear and his testimony came across as genuine as did his sincere expressions of concern and passion for his practice as came through when he testified.

As Ms. Del Grosso testified, this matter was commenced based upon the divot on Patient A's buttocks and the concern raised by a third party physician that what was presumed to be the Kenalog injection was not administered to children "anymore." TR 49. There was absolutely no testimony given that substantiated the statement to Ms. De. Grosso by the third party physician that Kenalog injections were no longer administered to children and, in fact, guidance relevant to the time-frame at issue established otherwise. Respondent's Exhibit 11, p. 17.²

Given the recollections as between Ms. Del Grosso as contrasted with that of Respondent, undersigned also cannot conclude that the medical records have the location of the injection recorded wrong, nor was that allegation stated in the Complaint, rendering there being no notice of the same and, therefore, no basis upon which to hold Respondent responsible for such even if it had been determined to be credible. Testimony as to the explanation of the conflicting location of the injection was based upon speculation that the medical records *could* have been wrong and both expert physicians addressed that there were other potential causes of the divot.

Even assuming that the divot was caused by the injection, given the seriousness of the symptoms displayed by Patient A, Patient A's vomiting, and Patient A's mother's indication that an injection was previously necessary to aid Patient A, I find it wholly credible that the injection was reasonably administered regardless of whether a divot may have resulted, particularly as it is a rare, not serious, and self-correcting complication. Further, neither of the expert witness physicians noted that the potential of the injection causing a divot should have been discussed as a common and serious potential side effect. Even further, the injection seems to have contributed to the improvement of Patient A's symptoms as evidenced by the fact that Patient A was not thereafter hospitalized.

² IC Exhibit 11 is a subsequent version of Respondent's Exhibit 11, which had been revised as of June 2018. Respondent's Exhibit 11 is also the whole version of IC's Exhibit 10, which was revised June 2011 and represented as applicable in the relevant time frame of November 4, 2016.

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With regard to the credibility of the expert witness physicians, I found both to naturally advocate for the side for which they were retained. Having said that, I noted that while Dr. Hall testified in favor of an alleged breach of the standards necessary to find Respondent responsible for both counts against him, Dr. Hall did so when asked for conclusory statements to that effect. When asked as to the specifics underlying such claims, Dr. Hall chose his words cautiously and did not support the allegations with the substance of his testimony.

As to Court I Malpractice, Dr. Hall merely called an oral administration of medications "preferred" and seemed to fail to take into account or minimized the effect of the patient's vomiting, which was quantified in the Complaint to imply that vomiting must be "constant" throughout the day to support an injection, as to which there was no supporting testimony. Dr. Hall also failed to account for how a "redundant" administration of the Kenalog injection could be deemed malpractice, particularly where, as here, every indication is that is aided with Patient A's recovery as it had in the past as indicated by Patient A's mother Ms. Del Grosso who consented to the injection as evidenced by her testimony, the records, and her participation in the treatment. Dr. Hall further conceded that administration of the Kenalog injection to a pediatric patient was acceptable as was injection to the gluteal area, which was the most common location for administration. TR 144-146. Dr. Hall also never took issue with the dosage as would have resulted from the Kenalog injection followed thereafter by oral medication.

There was emphasis in questioning as to consent versus informed consent; however, the situation as addressed through Ms. Del Grosso's testimony and as further clarified by Respondent credibly demonstrated that consent for the injection was obtained. In fact, the treatment was instigated by Ms. Del Grosso's own inquiry and statement with regard to a prior injection, and there was no evidence that the injection was required to be given in the lateral thigh as opposed to the buttocks. Further, the relevant Bristol-Myers Squibb Company Information for Intramuscular or Intra-Articular Kenalog Injection guideline provided for a gluteal injection. *See* Respondent's Exhibit 11, p. 17 (which is the full version of IC Exhibit 10). Notably, the remainder of the Malpractice claim allegations were conceded as being unsubstantiated based upon the late

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production of the relevant treatment records, which also impacted the Failure to Maintain Proper Medical Records claim as set forth below. TR 122-23.

Given the late production of the medical records and Dr. Hall's review of the same, Dr. Hall testified that his only remaining concern was Respondent not documenting informed consent to include a written reflection of "more discussion about the risks and benefits and alternatives." TR 122-23. This position; however, is contrary to his testimony that verbal consent is sufficient (TR 92), which was also testified to by Dr. Angora. TR 249. Undersigned also does not find it credible that any reasonable person reviewing the medical records would deem consent to have been given by a 23 month old child as opposed to a parent or guardian who was recorded to be present.

Respondent testified that he informed Patient A's mother of potential side effects for both the Prednisone and the Kenalog injection, the very discussion of which prompted the Kenalog injection being administered; and, while Ms. Del Grosso's recollection was not good, she did recall some such discussion as to which Respondent notated that "[p]atient agrees with treatment plan and verbalizes understanding," which documents a treatment plan discussion and consent thereto. IC Exhibit 5. This belies the Complaint allegation that "Respondent failed to document an informed consent . . . and discuss the risks and benefits of the medication before giving it to the child." IC Exhibit 3. As to the remainder of the allegations in support of Count II Failure to Maintain Proper Medical Records, they have been conceded as disproven by the medical records recently produced.

6. Conclusion.

Undersigned is tasked with providing a synopsis of the testimony and making a recommendation on the veracity of witnesses if there is conflicting evidence or the credibility of a witness is a determining factor. I have done so. With that, I submit that it is within the purview of the Board to determine if the charges have been established by a preponderance of the evidence. To the extent my authority allows me to weigh in on that via a determination of

credibility, I submit such a burden has not been met in this matter as to either count alleged in the Complaint against Respondent for the reasons set forth herein.

RESPECTFULLY SUBMITTED this 21st day of July 2022.

Patricia Halstead, Esq., Hearing Officer for the Nevada State Board of Medical Examiners 615 S. Arlington Ave.
Reno, NV 89509
(775) 322-2244
phalstead@halsteadlawoffices.com

CERTIFICATE OF SERVICE

I hereby certify that I am employed by the Nevada State Board of Medical Examiners and that on the 22nd day of July, 2022, I served a file-stamped copy of the foregoing **SYNOPSIS OF RECORD** (with Exhibits), via USPS Regular Mail and electronic mail, to the following parties:

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Hearing Officer

DATED this day of July, 2022.

MEG BYRD

Legal Assistant

Nevada State Board of Medical Examiners

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EXHIBIT A

EXHIBIT A

In the Matter Of:

Nevada State Board of Medical Examiners

TRANSCRIPT OF HEARING PROCEEDINGS

May 26, 2022

Job Number: 870731

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1
               BEFORE THE BOARD OF MEDICAL EXAMINERS
 2
                     OF THE STATE OF NEVADA
 3
 4
     In the Matter of the Charges )
     and Complaint Against: ) Case No. 21-38084-1
 5
 6
     HAI THANH NGUYEN, M.D.,
                                   )
 7
     Respondent
 8
9
                 TRANSCRIPT OF HEARING PROCEEDINGS
10
11
       Held at the Nevada State Board of Medical Examiners
12
13
                        9600 Gateway Drive
14
15
                           Reno, Nevada
16
17
                      Thursday, May 26, 2022
18
19
20
21
     REPORTED BY:
     NICOLE J. HANSEN
22
     NV. CCR NO. 446
     CAL. CSR 13909
    RPR, CRR, RMR
23
24
     Job No.: 870731
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 1
     APPEARANCES:
 2
     The Hearing Officer:
 3
 4
          PATRICIA HALSTEAD, ESQ.
          Halstead Law Offices
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          615 South Arlington Avenue
          Reno, Nevada 89509
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     For the Investigative Committee
     of the Nevada State Medical
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     Board of Examiners:
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          Nevada State Board of Medical Examiners
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16
          T. CHARLOTTE BUYS, ESQ.
          8329 W. Sunset Road, Suite 260
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          Las Vegas, Nevada 89113
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19
     Also Present:
20
          MARGARET BYRD & MERCEDES FUENTES
21
          Legal Assistants
          Nevada State Board of Medical Examiners
22
          9600 Gateway Drive
          Reno, Nevada 89521
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24
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TRANSCRIPT OF HEARING PROCEEDINGS - 05/26/2022

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1	Page 5 RENO, NEVADA; THURSDAY, MAY 26, 2022; 8:25 A.M.
2	-000-
3	
4	HEARING OFFICER HALSTEAD: This is Case
5	Number 21-38084-1, in the matter of the charges and
6	complaint against and correct me if I pronounce this
7	wrong Hai Thanh Nguyen, M.D.
8	Is that correct, Mr. Nguyen?
9	DR. NGUYEN: That is correct. Yes,
10	Dr. Nguyen. Yes.
11	HEARING OFFICER HALSTEAD: Dr. Nguyen. Thank
12	you. We're here on the complaint filed on November 3rd,
13	2021. There's two counts alleged. The first is
14	malpractice, and the second is failure to maintain proper
15	medical record.
16	Can the parties please state their
17	appearances for the record.
18	MS. BRADLEY: Sarah Bradley, Deputy Executive
19	Director, on behalf of the Investigative Committee of the
20	Nevada State Board of Medical Examiners.
21	HEARING OFFICER HALSTEAD: Thank you.
22	MS. BUYS: And Charlotte Buys, on behalf of
23	respondent, Dr. Hai Nguyen.
24	HEARING OFFICER HALSTEAD: And Dr. Nguyen is

Page 6 1 the person, I think, on your right. He would be my left. 2 That is correct. DR. NGUYGEN: HEARING OFFICER HALSTEAD: All right. And I 3 4 understand that there are witnesses in both locations at this time. I would like to have everyone raise their 5 right hand and be sworn in, all of the witnesses who are 6 7 appearing, and I can't see all of the witnesses. Ms. Buys, can you confirm that they're going 8 9 to take the oath or have them stand behind you? MS. BUYS: There we go. Certainly. 10 11 HEARING OFFICER HALSTEAD: Thank you. And 12 the witness you have present again, can you state his 13 name for the record? MS. BUYS: Certainly. It is Dr. Eduardo 14 15 Anorga. 16 HEARING OFFICER HALSTEAD: Thank you. And 17 your witness? Ernesto Diaz. I do have other MS. BRADLEY: 18 19 witnesses that aren't present yet. Ms. DelGrosso, I believe is going to be attending in Las Vegas, and then I 20 also have Dr. Hall, who is not here yet. 21 22 HEARING OFFICER HALSTEAD: Okay. So for the 23 witnesses who are here whose arms are probably getting 24 tired because they're still up, do you swear to tell the

	Page 7
1	truth, the whole truth and nothing but the truth?
2	MR. DIAZ: I do.
3	HEARING OFFICER HALSTEAD: Sorry.
4	Dr. Anorga, was it? I didn't quite hear you.
5	DR. ANORGA: I do.
6	HEARING OFFICER HALSTEAD: Thank you. All
7	right. Was anyone going to invoke the rule of exclusion?
8	MS. BRADLEY: No, I don't invoke that at this
9	time.
10	MS. BUYS: No, not at this time. Thank you.
11	HEARING OFFICER HALSTEAD: Thank you.
12	Ms. Bradley, with that, did you want to
13	proceed with opening statement?
14	MR. BRADLEY: I did. I do think we have a
15	couple of preliminary matters though that we may want to
16	discuss before we get started. The first is there is a
17	typographical error in the complaint on the first page of
18	that which is at number two, Paragraph Number 2. It says
19	on November 11th, 2016, and it really should be November
20	4, so if we could just cross out the 11 and make that a
21	4. And I believe Ms. Buys is in agreement to that
22	amendment.
23	HEARING OFFICER HALSTEAD: Ms. Buys?
24	MS. BUYS: That is correct.
1	

1	Th
1	Page 8 HEARING OFFICER HALSTEAD: Thank you.
2	MS. BRADLEY: The other stipulation I believe
3	that we have based on the answer that Dr. Nguyen provided
4	to the complaint, he did agree with Paragraph 1 in the
5	complaint, which is: Respondent was, at all times
6	relative to this complaint, a medical doctor holding an
7	active license to practice medicine in the State of
8	Nevada. That's License Number 13702, and respondent was
9	originally licensed by the Board on September 15th, 2010.
10	So I think we can actually stipulate to the truth of that
11	statement before we get started.
12	HEARING OFFICER HALSTEAD: Ms. Buys?
13	MS. BUYS: Yes, Your Honor.
14	MS. BRADLEY: The other stipulations that we
15	have have to do with exhibits. So I believe Ms. Buys is
16	willing to stipulate to Exhibits 1 through 5 for the
17	Board. So that's the allegation letter that was sent to
18	Dr. Nguyen, his response, the complaint that was filed on
19	November 3rd, 2021, the answer to the complaint, and then
20	the Patient A's medical records, Exhibit 5 for the Board.
21	HEARING OFFICER HALSTEAD: Ms. Buys?
22	MS. BUYS: Yes, we did agree to Exhibits 1
23	through 4, and as well as to the admission of the medical
24	records, but we also wanted to introduce Respondent's

1	Page 9 exhibit which is a more complete set of the records that
2	was provided.
3	MS. BRADLEY: Yeah. I was going to get to
4	that next.
5	MS. BUYS: Perfect. Just wanted to clarify
6	that for the record.
7	MS. BRADLEY: And so we would also agree to
8	admit and by my count, oh, yeah, I do have 12. Okay.
9	So we would stipulate to the admission of Respondent's
10	Exhibits 1 through 12, but I do want to put a note on the
11	record that pages 5 through 17 of Exhibit 5 from the
12	Respondent were not provided to the Board with
13	Dr. Nguyen's initial response into the investigation.
14	They were provided at the prehearing conference, but it
15	would have been nice if they were provided prior to that.
16	HEARING OFFICER HALSTEAD: Which exhibit?
17	MR. BRADLEY: Exhibit 5, pages five through
18	17, and which she says is more complete. For whatever
19	reason, the Board received, I think, three pages of
20	medical records, but this is actually 17 pages of medical
21	records.
22	In addition, the items in Exhibit 6 from
23	Respondent were not provided to the Board with regard to
24	the investigation. We do still stipulate that they be

1	Page 10 admitted, which is that note that we didn't have them at
2	the time of the investigation, and it would have been
3	nice to have them.
4	Exhibit 7, we do agree to have it be
5	admitted. However, we think it has limited relevance,
6	but given that the standard is so low, we're not going to
7	object. But we would just note that Exhibit 7 is an
8	operating procedure at HealthCare Partners of Nevada.
9	You know, we don't really think a procedure is at issue
10	here. It's really what Dr. Nguyen did or didn't do.
11	The other concern that we have with that
12	exhibit is that it was last revised on January 13, 2020,
13	and of course the incident in this case occurred on
14	November 4, 2016. But just to speed things along, we
15	would stipulate to the admission of all of the exhibits
16	from Dr. Nguyen.
17	HEARING OFFICER HALSTEAD: Ms. Buys, is there
18	anything you wanted to add?
19	MS. BUYS: Certainly. We also share in the
20	Board's frustration regarding the additional records that
21	were located and then I believe Ms. Bradley and I
22	corresponded back and forth on Respondent's objections to
23	Board's exhibits, specifically the articles which are,
24	you know, were written after the date of care is not

Page 11 relevant as to the standard of care, so they didn't exist 1 2 at the time the care and treatment was provided back in And certainly, you know, require foundation. 3 2016. 4 MS. BRADLEY: Yeah. I don't know that we have to talk about that because I'll get those in when I 5 call my witnesses. I was trying to go through the things 6 7 that we agreed on. And I did want to note for the record that Exhibit 12 was provided to me on Monday, May 23rd, 8 and I believe that our Madame Hearing Officer also does 9 have a copy of that, Exhibit 11 and 12. So 11 is the 10 11 administration record of the shot that was provided to 12 Patient A. 13 And also, just if we could, throughout the hearing, we would prefer to refer to the patient as 14 Patient A. I believe there was a patient designation 15 16 provided to Mr. Nguyen ahead of time. I think we all 17 know looking at the records, but just because the transcript does end up potentially becoming a public 18 document, normally we don't include the patient's name 19 when we don't have to. 20 So, yeah, Exhibit 11 was provided on Monday, 21 22 which was, I think, three days ago, if my math is right. 23 And so we will ask our expert about that because we didn't have it before and we actually didn't even have it 24

Page 12 at the prehearing conference. But I think based on 1 2 Exhibit 12, which is an affidavit from a nurse working for the facility, there's at least an attempt to address 3 4 the good cause argument, so if we could stipulate to that being admitted. Thank you. 5 6 HEARING OFFICER HALSTEAD: Okay. I note for 7 the record that I don't have numbered Respondent's exhibits. I have all of the exhibits which I've printed 8 9 out which were provided to me with the prehearing conference disclosures. So if you guys were going to 10 11 number them in the order they were disclosed and 12 stipulate to them, then I need a minute to mark them on 13 my end because I don't have marked exhibits for Respondent. 14 MS. BRADLEY: Okay. Do you want me to for 15 16 the record just say what they are? Would that help? 17 HEARING OFFICER HALSTEAD: Well, I'll say them on the record. So Respondent's Exhibit 1 will be 18 the Board of Medical Examiners of the State of Nevada 19 complaint filed November 3rd, 2021. 20 21 MS. BRADLEY: Oh, I have that as Exhibit 34 for Dr. Nguyen. I have -- well, at least Tab 1 was the 22 23 prehearing conference disclosure. Did you want that to be an exhibit? 24

Page 13 MS. BUYS: That's fine. 1 2 MS. BRADLEY: I was just looking at, I think, the binder cover page. So I was labeling that Dr. 3 4 Nguyen's prehearing conference disclosure as Exhibit 1. 5 HEARING OFFICER HALSTEAD: Did that include the supplement? 6 7 MS. BRADLEY: I believe it -- Well, this one, the copy I have doesn't, but it should. 8 9 HEARING OFFICER HALSTEAD: Okay. All right. So maybe you can just give me your cover and I can print 10 11 it out. 12 MS. BRADLEY: Okay. I'll give you what I 13 have. And then I would have to add the 9 because 9, 10, 14 11 and 12, I don't have on this cover page, but I do have them tabbed in my binder. 15 16 HEARING OFFICER HALSTEAD: This is just 1 17 through 8. 18 MR. BRADLEY: Yeah. 19 HEARING OFFICER HALSTEAD: But you were stipulating from 1 through 12. 20 MS. BRADLEY: Yeah, because 9 was added 21 22 later. It's an article that was provided. The title of the article is Comparison of Corticosteroids for 23 24 Treatment of Respiratory.

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Page 14
 1
                 HEARING OFFICER HALSTEAD: Okay.
                                                   Well, let
 2
     me ask you this. If I go with the conference, the
     prehearing conference disclosures and I go with the
 3
 4
     second supplement that has them all listed 1 through 12,
 5
     is it really going to be 2 through 13 and then
     disclosures will be 1? Are they in the same order?
 6
                               I think so.
 7
                 MS. BRADLEY:
                 HEARING OFFICER HALSTEAD: All right.
 8
 9
     give me a moment and I'll mark them, please.
                 Okay. So for the record, I have Respondent's
10
11
     Exhibit 1 is Dr. Nyugen's prehearing conference
12
     disclosure on the first and second supplements thereto;
13
     Respondent's Exhibit 2 is the complaint; Respondent's
     Exhibit 3 is Dr. Nyugen's answer; Exhibit Number 4 is
14
     what's marked as Dr. Nyugen's Board response letter dated
15
16
     April 24th, 2017. Respondent's Exhibit 5 is the medical
17
     records from HealthCare Partners. Exhibit Number 6 is
     the Medical Administration Log, and that commences with a
18
     Certificate of the Custodian of Records. Respondent's
19
     Exhibit Number 7 is the Standard Operating Procedure for
20
21
     Injectable Medication Administration.
22
                 Respondent's Exhibit Number 8 is the
23
     Curriculum Vitae of Dr. Eduardo Anorga. So sorry I have
24
     this mental block with names, and I'm just paranoid of
```

Page 15 saying them badly, so I apologize. Respondent's Exhibit 1 2 Number 9 the IBM Micromedex information for pediatric administration of Kenalog. Respondents --3 4 MR. BRADLEY: I have something else for 9. 5 Do you have the same, Ms. Buys, for Number 9? Because I have Comparison of Corticosteroids for Treatment of 6 7 Respiratory Syncytial Virus. I have for Number 9 IBM Micromedex 8 MS. BUYS: Information for Pediatric Administration of Kenalog. 9 MR. BRADLEY: No, it doesn't seem to be 10 11 flipped. I can check with my assistant. Maybe she can 12 get me that copy. Can we look at your cover page real 13 quick just to see what it looks like? Maybe I have it in there. Maybe I used a different binder. Okay. All 14 right. I think I do have it. 15 16 HEARING OFFICER HALSTEAD: Okay. Exhibit 17 Number 10, I have the American Society for Microbiology Comparison of Corticosteroids for Treatment of 18 Respiratory Synctial Virus, Bronchiolitis and Pneumonia 19 in Cotton Rats. And for Respondent's Exhibit Number 1, I 20 have Bristol-Myers Squibb Company information for 21 22 intramuscular or Intraarticular Kenalog Injections 23 revised June 2011. 24 For Respondent's Exhibit 12, I have

Page 16 edication Administration Details. And for Exhibit
umber 13, I have the Declaration of Melissa, I think
ogt, RN, regarding Medication Administration Details.
Ms. Buys, is that correct on your end?
MS. BUYS: Yes, that is correct.
HEARING OFFICER HALSTEAD: Do you need a
inute?
MR. BRADLEY: Maybe at the break, we'll just
djust them because for some reason, I have 12. I don't
nink it's a big deal at this point given that we'll be
resenting our case first, and I don't really have any
uestions about most of these exhibits anyway.
HEARING OFFICER HALSTEAD: Okay.
MR. BRADLEY: But if I do happen to refer to
ne wrong number, hopefully, I'll be corrected.
HEARING OFFICER HALSTEAD: And all of the
xhibits have been stipulated to; correct?
MS. BRADLEY: Yes.
HEARING OFFICER HALSTEAD: Then for the
ecord, those are all admitted.
MR. BRADLEY: Thank you.
HEARING OFFICER HALSTEAD: Anything before we
HEARING OFFICER HALSTEAD: Anything before we ommence?

1	Page 17 THE COURT: Ms. Buys, anything further?
2	MS. BUYS: Not from us. Thank you.
3	HEARING OFFICER HALSTEAD: Thank you. All
4	right. Go ahead, Ms. Bradley.
5	MR. BRADLEY: So the Investigative Committee
6	of the Board authorized the filing of a formal complaint
7	against Dr. Nguyen charging
8	HEARING OFFICER HALSTEAD: Just go slow.
9	MR. BRADLEY: Oh, sorry. Charging one count
10	of malpractice in violation of NRS 630.301 Sub 4 and one
11	count of failure to maintain timely, legible, accurate
12	and complete medical records regarding the diagnosis,
13	treatment and care of a patient in violation of NRS
14	630.3062, Sub 1, Sub A.
15	Part of the reason that we're here today is
16	that Dr. Nguyen failed to provide complete and accurate
17	medical records to the Board in 2017 when responding to
18	the Board regarding this investigation. In fact, on
19	Monday, May 23rd, 2022, Dr. Nguyen provided a record of
20	the injection for Patient A which resolves part of the
21	concerns originally identified in this case. Still, the
22	Board's peer reviewer, Dr. Hall, has concerns regarding
23	Dr. Nguyen's care of Patient A in this case, and the
24	Investigative Committee believes that a preponderance of

1	the evidence will show that the violations of law alleged
2	in the complaint support the claim of malpractice which
3	is the failure to use reasonable care, skill or knowledge
4	ordinarily used under similar circumstances and failure
5	to maintain timely, legible, accurate and complete
6	medical records.
7	Specifically, Dr. Hall will testify that
8	Dr. Nguyen failed to obtain informed consent from Patient
9	A's parents for a Kenalog injection, the Kenalog
10	injection was unnecessary both because it was a duplicate
11	medication, and the medical records do not support that
12	oral therapy for Patient A was not feasible and
13	Dr. Nguyen injected Patient A superficially with the
14	Kenalog which caused local atrophy. The IC will also ask
15	Patient A's mother to testify regarding the care that her
16	daughter received from Dr. Nguyen and will admit exhibits
17	that support the allegations as contained in the
18	complaint. So thank you.
19	HEARING OFFICER HALSTEAD: Thank you.
20	Ms. Buys, did you want to have an opening now
21	or would you prefer do that at the opening of your case ?
22	MS. BUYS: We can do the opening now. Thank
23	you very much, Madame Hearing Officer. My name is
24	Charlotte Buys, and I have the honor of representing Hai

Page 19 1 Nguyen, M.D. I want to thank everyone for their time 2 here today. 3 Dr. Nguyen has practiced as a family medicine specialist in Las Vegas since 2010 and treats urgent care 4 5 patients, many of whom don't have the luxury of going to a primary care physician or pediatrician and who, if left 6 7 untreated, may have their condition rapidly become a 8 crisis or an emergency condition. Dr. Nguyen takes his 9 responsibilities as a physician very seriously. 10 The evidence will demonstrate that Dr. Nguyen 11 met the standard of care providing care and treatment to 12 Patient A's parents brought her to an urgent Patient A. care clinic on November 4, 2016, seeking care for their 13 child following days of coughing, wheezing, a runny nose, 14 vomiting, congestion, and worsening symptoms even though 15 16 she had a scheduled pediatrician appointment in a few 17 days, all in the backdrop of it being reported that the patient had two prior instances of croup. 18 The evidence will show that Dr. Nguyen 19 appropriately examined the patient and came to formulate 20 a treatment plan to prescribe the patient with an oral 21 22 steroid, Prednisone. Dr. Nguyen explained the risks, 23 benefits and treatment alternatives to that treatment. 24 However, the evidence will also show that after this

1	Page 20 initial treatment plan, Dr. Nguyen was told additional
2	information by the patient's mother that the child did
3	not get better when she previously had these respiratory
4	symptoms until she received an injection of an
5	antiinflammatory medication.
6	Based upon that new information, Dr. Nguyen
7	will testify that he felt that it was reasonable to
8	prescribe an injection of a steroid to help decrease
9	inflammation and provide a faster treatment until the
10	oral medication could take effect.
11	The evidence will show that prior to any
12	administration of Kenalog that Dr. Nguyen discussed the
13	risks, benefits and alternatives to treatment of the
14	Kenalog injection and that the patient's parent agreed
15	with the treatment plan, verbalized understanding, and
16	even helped hold her child to assist in the
17	administration of the injection.
18	Moreover, the evidence will show that this
19	verbal consent given by Patient A's pediatric patient's
20	mother was documented in the patient's medical record.
21	However, while a medical assistant attempted to give the
22	injection with the help of the patient's mother and
23	holding the patient still, he was unable to press the
24	plunger of the syringe to administer the medication

Page 21 because Patient A, a pediatric patient, was like most 1 children: Fussy and not too crazy about getting an 2 3 injection. 4 The evidence will demonstrate that the 5 patient's mother then specifically requested that Dr. Nguyen himself administer the injection and that the 6 7 patient's mother helped hold and position the child so that the injection could be administered safely. 8 The child was then monitored for an 9 appropriate period of time before leaving the clinic. 10 11 no time did the child demonstrate any adverse effects of 12 the injection nor did the patient's mother raise any 13 concerns. This single visit on November 4th, 2016, was the only time Dr. Nguyen treated this patient. 14 There are only two issues in this matter: 15 Whether it was reasonable to administer a steroid 16 17 injection to the patient based upon the information that Dr. Nquyen had available when he provided care back on 18 November 4th, 2016, and whether there was consent for the 19 administration of the steroid injection. The evidence 20 will show Dr. Nguyen met the standard of care and that it 21 22 was reasonable administering the Kenalog injection and 23 that Dr. Nguyen received consent prior to administering the medication and that consent was documented. 24

1	Page 22 There was also originally another allegation
2	regarding failure to document the specific details of the
3	medication such as the vials' identification, lot number,
4	expiration.
5	However, days before this hearing, of
6	medication administration detailed record for Patient A
7	was located as it is kept separately from the rest of the
8	patient's medical record. It seems that with treating
9	the record, a person from the medical records retrievable
10	company, which was a third party who obtained the
11	records, only pressed some of the checkboxes to get all
12	of the documentation and missed pressing an additional
13	button. Both Dr. Nguyen and the Board independently
14	sought these records, and once the record was located,
15	the same day Dr. Nguyen received that record, it was sent
16	to the Board.
17	What is important and the entire purpose of
18	this proceeding is to show the truth, and the evidence
19	will show Dr. Nguyen met the standard of care. Thank you
20	very much.
21	HEARING OFFICER HALSTEAD: Thank you,
22	Ms. Buys. Based on Ms. Buys' representation about Count
23	2, are you still proceeding on that?
24	MR. BRADLEY: Yeah, no. We believe that the

1	Page 23 records are still deficient. They just aren't deficient
2	in all of the ways we originally identified.
3	HEARING OFFICER HALSTEAD: Okay. And so just
4	for me so I can pinpoint as we go through testimony, what
5	are you relying on with regard to the records?
6	MR. BRADLEY: Dr. Hall will testify that the
7	informed consent was not documented properly. I believe
8	there's also concerns regarding the injection location
9	and how that was documented, so we're not willing, at
10	least at this time, to dispense with the record. I think
11	initially, the most glaring error was the omission of the
12	information regarding the injection, but we have that
13	now, but we still have concerns regarding the record.
14	HEARING OFFICER HALSTEAD: Ms. Buys, does
15	that clarify for you as well? Were you aware of that?
16	MS. BUYS: Thank you for the clarification
17	from Ms. Bradley. And as the evidence will show, the
18	location of the administration is documented in that
19	additional record as well.
20	HEARING OFFICER HALSTEAD: All right. Ms.
21	Bradley, would you like to call your first witness?
22	MS. BRADLEY: I would. I would call Ernesto
23	Diaz.
24	

	Page 24
1	DIRECT EXAMINATION
2	BY MS. BRADLEY:
3	Q Mr. Diaz, would you please state your name
4	and spell your list name for the record.
5	A Ernesto Diaz: D-I-A-Z.
6	Q And who is your employer?
7	A The Nevada State Board of Medical Examiners.
8	Q What is your job title?
9	A I'm the Chief of Investigations.
10	Q How long have you had that position?
11	A Approximately two years and three months.
12	Q Do you have any other investigations
13	experience?
14	A I do.
15	Q With where and when?
16	A I was a border patrol agent for four years in
17	San Diego, California. After that, I was an ATF special
18	agent for approximately 21 years throughout the U.S.,
19	retiring as a senior management assistant special agent
20	in charge.
21	Q And as a Chief of Investigations for the
22	Nevada State Board of Medical Examiners, what are your
23	duties?
24	A I oversee the day-to-day operations of the
1	

1	Page 25 Investigations Division, I review all complaints that
2	come to the Division, to the Board, I determine
3	jurisdiction of those complaints, I assign complaints
4	that are open. I assign investigators. I also report
5	disciplinary actions to government entities and other
6	agencies.
7	Q And do you also investigate cases that come
8	into the Board?
9	A I do.
10	Q When a complaint comes in, what happens?
11	A I review the complaint, number one, to
12	determine if they are a licensee of our Board. Number
13	two: I review the allegations to see if they fall within
14	the Medical Practice Act. Number three: We open the
15	case if it's within our jurisdiction, and then it's
16	assigned to an investigator.
17	Q And when an investigation is opened, does the
18	Board create a file for that matter?
19	A Yes, we do create a hard copy case file.
20	Q Are you familiar with Investigation 17-17109
21	regarding Dr. Nguyen?
22	A Yes, I am.
23	Q And is that this case?
24	A That is correct.
1	

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	D 06
1	Page 26 Q Just for the record, were you the original
2	investigator on this case?
3	A I was not.
4	Q Do you know who was?
5	A I do.
6	Q Who was that?
7	A It was Laura Ward.
8	Q And as the Chief of Investigations, what do
9	you do with cases after an investigator is no longer
10	employed by the Board?
11	A I reassign those cases to other investigators
12	or myself.
13	Q Did you take over this case?
14	A I did.
15	Q And as the Chief of Investigations, are you
16	familiar with the procedure used by the Board when
17	investigating cases?
18	A Yes, I am.
19	Q Have you reviewed the file for this case?
20	A I have.
21	Q And based on your review, does this case
22	appear to be similar to other investigations handled by
23	the Board?
24	A Yes, it does.

1	Page 27 Q Okay. So let's go ahead and at least get
2	some information regarding the exhibits that we have. So
3	they've already been admitted, at least the first few
4	that we're going to talk about. Would you turn to your
5	binder to what's been admitted as the Board's Exhibit 1.
6	HEARING OFFICER HALSTEAD: Just for the
7	record, I just admitted Respondent's exhibits because I
8	thought they were duplicative, so I know you stipulated
9	through the Board's Exhibits 1 through 5, so those will
10	be admitted.
11	MR. BRADLEY: Okay. Thank you.
12	HEARING OFFICER HALSTEAD: Ms. Buys, any
13	issue with that?
14	MS. BUYS: No. Thank you very much, Madame
15	Hearing Officer.
16	Q (BY MR. BRADLEY:) So what is Exhibit 1?
17	A Exhibit 1 is an allegation letter that
18	investigators send to licensees of the Board that
19	describe the allegations in the complaint that was filed
20	with the Board.
21	Q Okay. And what were the allegations in this
22	allegation letter?
23	A That there were failed attempts to provide
24	injections on the patient, when it was subsequently

Page 28 administered to the patient, there was indentation 1 provided or indentation as a result of the injection 3 site. Okay. Let's go to what's been admitted as 4 0 5 the Board's Exhibit 2. Do you recognize this document? Yes, I do. 6 Α 7 And what is it? 0 It's a response letter from Dr. Nguyen to 8 9 Investigator Ward. And what's the date? I guess just for the 10 0 11 record, what's the date of the allegation letter which 12 was Exhibit 1 and what's the date of the response? 13 The date of the allegation letter is March Α 28th, 2017, and the date of the response from Dr. Nguyen 14 is April 24th, 2017. 15 16 0 Okay. Perfect. And then let's go to 17 Exhibits 3 and 4 that have also been admitted. What is Exhibit 3? 18 Exhibit 3 is the formal filing of a complaint 19 Α that the medical board files after the Investigative 20 21 Committee has reviewed the case. 22 Okay. And what's Exhibit 4? 23 Exhibit 4 is Dr. Nyugen's response to the 24 formal complaint that was filed.

1	Page 29 Q And let's turn to Exhibit 5 that has also
2	been admitted. What is Exhibit 5?
3	A Exhibit 5 are patient records from Patient A
4	that are submitted as part of the response when we send
5	an order to produce healthcare records.
6	Q Okay. And how many pages do you show that
7	Exhibit 5 is?
8	A I show approximately three pages.
9	Q And then I'm going to ask you about some
10	exhibits that have not been admitted, and I'm not
11	intending to have them be admitted at this time, but I
12	just want to lay a little bit of foundation for them
13	before we proceed. So would you please turn to what's
14	been pre-marked as the Board's Exhibit 6.
15	A Okay.
16	Q Do you recognize that document?
17	A I do.
18	Q What is it?
19	A Exhibit 6 was an attachment or a supplemental
20	information that the complainant provided to the Board as
21	part of their complaint, and it's a photograph.
22	Q Okay. And so does this appear to be a true
23	and correct copy of what the Board has in the
24	investigative file for this matter?

	Page 30
1	A Yes, it does.
2	Q Okay. Thank you. Would you turn then now to
3	Exhibit 7 through 17.
4	A Okay.
5	Q Do you recognize those exhibits?
6	A I do.
7	Q And what are they?
8	A Exhibit 7 through 17 are referenced
9	materials, articles that were written, reviewed or
10	submitted with the peer-reviewed report.
11	Q And is it unusual for the Board to receive
12	articles when there's a peer review?
13	A No, we ask peer reviewers to cite any
14	reference material they've used in writing their report.
15	Q Okay. And these appear to be true and
16	correct copies of the articles that were received from
17	Dr. Hall?
18	A Yes, they do.
19	Q And then let's turn to Exhibits 18 through
20	19, premarked, not admitted. Do you recognize these
21	documents?
22	A I do.
23	Q And what are they?
24	A Curriculum vitae of Dr. Scott Hall.

	Page 31
1	Q And how did the Board receive them?
2	A When we select someone to be a peer reviewer,
3	we request a CV from them, and then in addition, when
4	they do a report for us, a peer-review report, we request
5	that they submit an updated CV as well.
6	Q Okay. And do these appear to be a true and
7	correct copy of the CV's on file for Dr. Hall?
8	A Yes.
9	MS. BRADLEY: I have no further questions for
10	Mr. Diaz at this time.
11	HEARING OFFICER HALSTEAD: Ms. Buys?
12	MS. BUYS: Yes. Thank you so much.
13	Mr. Diaz, can you hear me all right?
14	THE WITNESS: Yes, I can hear you.
15	
16	CROSS-EXAMINATION
17	BY MS. BUYS:
18	Q Perfect. I always want to make sure with,
19	you know, video technology. Mr. Diaz, I believe that you
20	just testified that you have been employed by the Board
21	of Medical Examiners for about two years, three months.
22	Is that correct?
23	A That is correct.
24	Q So would that be approximately March of 2020

	Page 32
1	is when you were first hired?
2	A That is correct.
3	Q Perfect. I like to double-check my math.
4	And other than working for the Nevada Board of Medical
5	Examiners, are you currently employed anywhere else?
6	A No.
7	Q So the Nevada Board of Medical Examiners is
8	your sole source of employment at this time; is that
9	correct?
10	A No.
11	Q Where else are you employed?
12	A I'm retired. I'm a retired federal agent, so
13	I get a monthly annuity.
14	Q Gotcha. I just wanted to double-check on
15	your current employment. So just the Nevada Board of
16	Medical Examiners, right?
17	A That is correct.
18	Q All right. Thank you for clarifying. And,
19	Mr. Diaz, have you ever attended medical school?
20	A No.
21	Q All right. So you would agree with me that
22	you're not a medical doctor; correct?
23	A I am not a medical doctor. Correct.
24	Q All right. And as Chief of Investigations,
1	

	1	Page 33 is it your experience that most of the investigators are
	2	also not medical doctors?
	3	A That is correct.
	4	Q Is Laura Ward a medical doctor?
	5	A No.
	6	Q And I believe that you testified that she had
	7	been the original investigator on the case. Is that
	8	correct?
	9	A Yes.
	10	Q And in your experience, do the investigators
	11	primarily take the allegations that are written in an
	12	underlying consumer complaint and use them as the
	13	allegations in the, you know, initial letters of inquiry
	14	that are sent by the Board to a physician?
	15	A Yes, the investigators review the complaint
	16	and then they draft an allegation letter based on what
	17	the complainant has provided.
	18	Q You testified that you reviewed that letter
	19	of inquiry that was sent to Dr. Nguyen. I believe that
	20	was marked as the Investigative Exhibit Number 1. Is
	21	that correct?
	22	A Yes.
	23	Q And it appears that that first paragraph on
	24	that first page lists a number of allegations. Do you
1		

	Page 34
1	see that?
2	A Yes.
3	Q All right. And towards the bottom of that
4	first paragraph, it reads quote, "The parents requested
5	that you administer the shot." Did I read that
6	correctly?
7	A Yes, you did.
8	Q All right. Mr. Diaz, is it your
9	understanding that the "you" stated when saying the
10	parents requested "you" administer the shot refers to
11	Dr. Nguyen?
12	A Yes.
13	Q All right. So is it correct to say that one
14	of the allegations alleged is that the parents of Patient
15	A requested that Dr. Nguyen give the patient a shot?
16	A Yes.
17	Q All right. And since you were only hired by
18	the Nevada State Board of Medical Examiners in 2020, is
19	it fair to say that you were not part of the
20	Investigative Committee of the Board at the time the
21	formal complaint of this matter was authorized?
22	A I need to look at the date of the filing of
23	the Investigative Committee. If you'd give me a minute.
24	Q Certainly.
1	

1	Page 35 A No, I was employed when this was filed on
2	November 3rd, 2021.
3	Q All right. And let's take a look at it is
4	the IC's Exhibit Number 3. It appears at Footnote Number
5	1 of the page towards the bottom. It states quote, "The
6	Investigative Committee of the Nevada State Board of
7	Medical Examiners, at the time this formal complaint was
8	authorized for filing, was composed of Board members"
9	and I apologize if I mispronounce the name Rachakonda
10	D. Prabhu, M.D., Ms. Sandy Peltyn, and Victor M. Muro,
11	M.D." Did I read that correctly?
12	A Yes, you did.
13	Q Have you ever discussed this formal complaint
14	or investigative process that led to it with Ms. Sandy
15	Peltyn?
16	A Did I? I didn't hear you. I'm sorry.
17	Q Oh, certainly. Let me restate the question.
18	Did you ever discuss this formal complaint or the
19	investigative process that led to it with Ms. Sandy
20	Peltyn?
21	A No.
22	Q But Ms. Sandy Peltyn was on the Board when
23	the formal complaint was authorized; is that correct?
24	A That is correct.

1	Page 36 Q All right. Are you aware that Ms. Sandy
2	Peltyn passed away in December of 2018?
3	A I am.
4	Q Okay. And that would have been before you
5	began your position as the Chief of Investigations. Is
6	that correct?
7	A That is correct.
8	Q Do you know when the formal complaint was
9	authorized for filing in this matter?
10	A I don't have the date in front of me of when
11	the Investigative Committee met to discuss this actual
12	case, but I do know when it was filed on November 3rd,
13	2021, I was employed by the Board.
14	Q Gotcha. And since Ms. Peltyn was a member of
15	the Board and passed away in 2018, is it your
16	understanding that the authorization for the filing of
17	this complaint would have been prior to December of 2018?
18	A That is correct.
19	Q All right. And you just testified that the
20	formal complaint was filed November 3rd, 2021. Is that
21	right?
22	A Yes.
23	Q Do you know why there was a delay between at
24	some point in 2018 and when the complaint was actually
1	

1	Page 37 filed November 3rd of 2021?
2	A No, I do not.
3	Q All right. Would there be any other
4	individual aside from yourself that would have access to
5	that information as to why there was a delay in filing a
6	formal complaint?
7	A Not to my knowledge.
8	MR. BRADLEY: I'm going to object. I don't
9	know that it's relevant, the delay, in filing the
10	complaint. I'm not sure what the purpose of the
11	questioning is.
12	HEARING OFFICER HALSTEAD: Ms. Buys, do you
13	have a response?
14	MS. BUYS: Certainly. It's relevant to
15	establish, you know, the basis for proceeding forward
16	with a formal complaint against Dr. Nguyen based upon the
17	investigation and the investigation process.
18	MR. BRADLEY: Well, there's no statute of
19	limitations and there's no timeline prescribed in NRS
20	Chapter 630. And I don't, I mean, Mr. Diaz is the
21	Board's only actually employed witness, so I'm not sure
22	if this is information he even has.
23	HEARING OFFICER HALSTEAD: I'm going to allow
24	it. Go ahead, Ms. Buys.

1	Page 38 Q (BY MS. BUYS:) Thank you very much. And so
2	to rephrase my question, Mr. Diaz, is there another
3	individual aside from yourself who would have knowledge
4	as to why the complaint would have been authorized prior
5	to December of 2018, and it was not filed until November
6	3rd, 2021?
7	A I would not know who that person would be if
8	in fact they do have knowledge of that information.
9	Q Thank you, sir. And what was the date the
10	care at issue was rendered to Ms. Patient A?
11	A November 4th, 2016.
12	Q And do you know what the date was that the
13	Board received the underlying consumer complaint?
14	A I would have to look through the case file to
15	get the exact date that the complaint was filed. I don't
16	have that actual complaint in front of me.
17	Q As part of your role as an investigator in
18	this matter, have you reviewed the consumer complaint?
19	A I have.
20	Q All right. I just would like to make a note
21	for the record that that information was requested and a
22	motion was filed and it was denied, and I just wanted to
23	make that point for the record.
24	Mr. Diaz, in your role, you review documents

1	Page 39 that were received as part of the investigation process;
2	is that correct?
3	A Yes.
4	Q As part of the investigatory process, does
5	the Board independently obtain the patient's medical
6	records?
7	A We do.
8	Q All right. And what medical records were
9	obtained during the investigation?
10	A The ones that we received from Dr. Nguyen
11	when we sent an order to produce healthcare records.
12	Q Were any medical records prior or subsequent
13	to November 4th, 2016 obtained as part of the
14	investigation?
15	A No.
16	Q Why not?
17	A We normally request a period of time when
18	there was treatment that a patient was seen. In this
19	case, it was only a one-time visit with Dr. Nguyen.
20	Q And did you receive any certificates of a
21	custodian of records for Patient A's medical records that
22	you received?
23	A I remember seeing the custodian of records.
24	I just have to find it in the Exhibit Number, if you give

Page 40 1 me a second. 2 0 Certainly. I don't have it in front of me. I don't have 3 a copy of it in our exhibits. 4 5 MR. BRADLEY: I mean if I may, I believe the only ones that were provided are in Dr. Nyugen's 6 7 response. So I think if you look at the exhibits that were admitted for Dr. Nguyen, which was 12 or 13, I 8 9 suppose, I think you'll see it. MS. BUYS: And I believe, for the record, it 10 11 was admitted as Respondent's Exhibit Number 6, which is 12 Bates the bottom right-hand corner Med Admin Log 0001. 13 THE WITNESS: Okay. I do see a certificate of custodian of records dated November 7th. I'm sorry. 14 That's dated March 7th, 2022. 15 16 0 (BY MS. BUYS:) And who is listed as 17 custodian of records? Marla Saulsberry. 18 So is it fair to say that Dr. Nguyen is not 19 the custodian of records for Patient A's medical records 20 21 that have been admitted? 22 For the records that were received with this 23 certificate of custodian of records, it would appear to 24 be Marla Saulsberry.

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1	Page 41 HEARING OFFICER HALSTEAD: And just for the
2	record, we're referring to Respondent's Exhibit Number 6.
3	Q (BY MS. BUYS:) Thank you. Are you aware
4	that Marla Saulsberry is an employee of MED-R, a medical
5	records retrieval company?
6	A I am not.
7	Q As Chief of Investigations, are you aware
8	that some facilities and physician groups use medical
9	records retrieval services to obtain a patient's medical
10	records to respond to a request for a record?
11	A Yes, I am.
12	Q And in your experience, is that a normal and
13	accepted practice?
14	A It's common. Yes.
15	Q All right. And going back to the
16	Investigative Committee's Exhibit Number 1, does it
17	specifically state in there a request that a certificate
18	of a custodian of records accompany records that are
19	provided to the Board as part of their inquiry?
20	A Not in the allegation letter. It's usually
21	included in the order to produce healthcare records
22	though.
23	Q And is there an order to produce healthcare
24	records attached to this Exhibit Number 1?

1	Page 42
	A No, there is not.
2	Q All right. And today in 2022, does the Board
3	regularly request that the certificate of a custodian of
4	record be included with the medical records it obtains?
5	A Yes, we always send out a certificate of
6	records, custodian of records with an order to provide
7	healthcare reports.
8	Q And why is that?
9	A It's to insure that all of the records that
10	we received are true and accurate copies and everything
11	included during the time period that the records were
12	requested.
13	Q And in this case, it does not appear that
14	there is an attached additional page aside from this
15	March 28th, 2017 letter to Dr. Nguyen requesting his
16	response. Is that correct?
17	A Not with Exhibit 1.
18	Q All right. Are you aware of an additional
19	document requesting the records that was sent to
20	Dr. Nguyen?
21	A Yes.
22	Q Do you have a copy of that document?
23	A I do not. Not in front of me.
24	Q All right. Neither do we. And as Chief of

Page 43 1 Investigations, have you seen occasions where medical 2 records have been received by the Board without a certificate of a custodian of records? 3 4 In the past when we requested records, 5 they were either requested in the allegation letter or they were requested through an order to produce 6 7 healthcare records and some were not -- the custodian of 8 records was something that was not utilized way back. 9 It's something that's been utilized at least since I've been with the Board. 10 11 And that's in March of 2020; correct? 12 Α Yes. 13 All right. And aside from this one matter, are you aware of any other complaints that have been 14 alleged against Dr. Hai Nguyen? 15 16 MR. BRADLEY: I'm going to object because I 17 don't think that's public information. NRS Chapter 630.336 says that complaints that aren't basically acted 18 on or don't have a filed formal complaint are not public 19 20 record. (BY MS. BUYS:) I'll rephrase the question. 21 0 22 Aside from this one matter, has the Board ever sent Dr. 23 Nguyen an additional letter of inquiry based upon 24 allegations that he fell below the standard of care?

1	Page 44 MR. BRADLEY: I'm going to object. I think
2	that's the same question. You're asking now whether or
3	not he was ever sent an allegation letter. We know he
4	was sent an allegation letter in this case. Any other
5	allegations letters that he was sent would not be a
6	matter of public record pursuant to NRS Chapter 630.336.
7	MS. BUYS: Well, it's relevant to determine
8	whether or not Dr. Nguyen has ever been put on notice
9	that there are other allegations against him.
10	MS. BRADLEY: I'm not saying it's not
11	relevant. I'm saying it's confidential as a matter of
12	law.
13	HEARING OFFICER HALSTEAD: Well, I'm going to
14	rule on that. Actually, I'm only here for the
15	allegations that are in the complaint and whether there
16	has or hasn't been any other allegations is irrelevant to
17	what I need to address.
18	MS. BUYS: Thank you for your time, Mr. Diaz.
19	THE WITNESS: Thank you.
20	MR. BRADLEY: I have a couple of redirect for
21	Mr. Diaz, if I might.
22	HEARING OFFICER HALSTEAD: Go ahead.
23	
24	

1	Page 45
	REDIRECT EXAMINATION
2	BY MS. BRADLEY:
3	Q So, Mr. Diaz, in your experience, how would
4	you know if an outside entity was the custodian of
5	records for a provider?
6	A We wouldn't. We would send it to the doctor
7	first, and in their response, they would either let us
8	know that they are not the custodian of records and they
9	would direct us to who would be the custodian of records.
10	At that point, we would then send a request for medical
11	records to either a third party or a medical facility if
12	the doctor was not the true custodian of records.
13	Q So would you please turn to the Board's
14	Exhibit 2, which has already been admitted. And if you
15	look at that first paragraph on that exhibit, could you
16	read the sentence that starts with "Copies of" and redact
17	the name to be Patient A?
18	A This is from the April 24th, 2017 response
19	Q Yeah.
20	A letter from Dr. Nguyen. "Copies of
21	Patient A's medical records which I have obtained are
22	enclosed for your review and file."
23	Q So does that let you know that there's an
24	outside entity that may be a custodian of records?

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1	A No.
2	Q Can you review this letter? And I know
3	you've already reviewed it. Is there anything else in
4	here that lets you know that there's another entity that
5	may have records regarding Patient A?
6	A No, there is not.
7	Q Does the statute provide an obligation on the
8	part of a physician to respond to a complaint?
9	A Yes, it does.
10	Q And does it also require that they provide
11	records?
12	A Yes.
13	MS. BRADLEY: I have no further questions at
14	this time.
15	THE COURT: Okay. Thank you. Would you like
16	to call our next witness?
17	MR. BRADLEY: I would. I believe
18	Ms. DelGrosso is there in Las Vegas, and she has not been
19	sworn previously. And I'm hoping Mr. Swank can bring her
20	in.
21	HEARING OFFICER HALSTEAD: Before we do that,
22	anyone need a break?
23	MS. BUYS: Actually, yes, we will take maybe
24	a five-minute break, if that's all right.
1	

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1	Page 47 HEARING OFFICER HALSTEAD: Okay. So we'll
2	come back why don't we come back at 9:30. It's 9:18.
3	Sorry. Yeah, let's do 9:30 so everyone can stretch their
4	legs.
5	MS. BRADLEY: Okay. Thank you.
6	(Recess.)
7	HEARING OFFICER HALSTEAD: The time is now
8	9:31. We're going to go back on the record in Case
9	Number 21-38084-1. I'll note that the parties are still
10	present via remote means. Ms. Bradley left off calling
11	her second witness, Ms. DelGrosso, I believe was the
12	name?
13	MR. BRADLEY: Uh-huh. Yes.
14	MR. SWANK: Should I bring Ms. DelGrosso in?
15	MR. BRADLEY: Yes, please.
16	THE COURT REPORTER: Who is that?
17	HEARING OFFICER HALSTEAD: He's the IT guy.
18	MS. BRADLEY: Mr. Swank. Ryan: R-Y-A-N
19	S-W-A-N-K.
20	HEARING OFFICER HALSTEAD: Ms. Buys, in case
21	you can't hear us, we've been identifying the gentleman
22	who was just speaking for the record. The court reporter
23	was asking his name.
24	MS. BUYS: Thank you.
I	

	Page 48
1	MR. BRADLEY: So I would call Ms. DelGrosso
2	as a witness. I'm not sure where is best for her to sit.
3	MR. SWANK: I was thinking right about here.
4	Would this be good for you guys?
5	MS. BRADLEY: Perfect. Can you see her okay
6	if she sits there, Ms. Buys?
7	MS. BUYS: I can. Yes.
8	MS. BRADLEY: And I believe this witness has
9	not been sworn yet.
10	HEARING OFFICER HALSTEAD: That is correct.
11	Ms. DelGrosso, if you could raise your right
12	hand, please.
13	(The witness was sworn.)
14	HEARING OFFICER HALSTEAD: Thank you. You
15	may be seated. And if you could start by having her
16	state her name and spell her name for the record.
17	
18	DIRECT EXAMINATION
19	BY MS. BRADLEY:
20	Q Yes. Ms. DelGrosso, would you please state
21	your name and spell your name for the record.
22	A Shielamarie DelGrosso. First name is:
23	S-H-I-E-L-A-M-A-R-I-E. Last name is D-E-L-G-R-O-S-S-O.
24	Q Thank you. And did you file the consumer
1	

1	Page 49 complaint in the Board's Investigation 17-17109?			
2	A Yes.			
3	Q Why did you file that complaint?			
4	A Because we went to our pediatrician. I			
5	noticed there was a divot on my two-year-old's bottom,			
6	and it was getting bigger, so we went to my pediatrician			
7	and had him look at it, and he was pretty concerned about			
8	it.			
9	He asked if she had been administered a shot,			
10	and I said yeah, a couple of months prior. He asked what			
11	it was, and I remember the name of the shot starting with			
12	a K or a C. It was a Kent (sic) shot. And then I said			
13	that to my pediatrician, and he became even more			
14	concerned saying that they don't administer that shot to			
15	children anymore, especially children that young, so he			
16	was quite concerned about it.			
17	So my husband right after that			
18	appointment, my husband had gone back to the urgent care			
19	office asking for any kind of records, which shot it was,			
20	any kind of information, asking to talk to a doctor or a			
21	nurse that was in the office, and they brushed him off.			
22	So after that happened, I had filed a complaint.			
23	MS. BRADLEY: Okay. And I believe we have a			
24	copy of exhibits there. I don't know if we can make			

	D		
1	Page 50 sure. I wanted to let the witness see what's been		
2	premarked as the Board's Exhibit 6.		
3	THE COURT: Hold on a minute. Someone walked		
4	in. I don't know if it's a witness or		
5	MR. BRADLEY: Oh, I think that's Dr. Hall.		
6	DR. HALL: Yes.		
7	MR. BRADLEY: Yes, he will be a witness.		
8	HEARING OFFICER HALSTEAD: For the record,		
9	Dr. Hall has come into the room. He's not in view, and I		
10	know he's a witness, so I'm noting that for the record.		
11	MR. BRADLEY: So, Mr. Swank, do we have		
12	exhibits available for Mrs. DelGrosso?		
13	MR. SWANK: Yes. Let me see if I can find		
14	those for you.		
15	MR. BRADLEY: I apologize for the delay.		
16	MS. BUYS: No worries. Do we want to go off		
17	the record as Mr. Swank looks for those exhibits?		
18	MR. BRADLEY: Yeah, if we might.		
19	(WHEREUPON, an off-the-record discussion ensued.)		
20	HEARING OFFICER HALSTEAD: We're back on the		
21	record in Case Number 21-38084-1. All of the previously		
22	present parties and those noted on the record are still		
23	present, and Ms. DelGrosso has been provided with the		
24	Board's exhibits.		

1	Page 51 Ms. Bradley?			
2	Q (BY MR. BRADLEY:) Thank you. So,			
3	Ms. DelGrosso, do you see something that's labeled as			
4	Exhibit 6 in there? Is there a tab that says 6?			
5	A There's no tabs in here.			
6	Q Okay. Look for it should be Bates stamp page			
7	17. If you look on the very bottom, there should be			
8	small little numbers.			
9	MR. SWANK: What is the document? Maybe I			
10	can help her find it. There's no Bates stamp on there.			
11	Is it the HealthCare Partners Medical Group Medication			
12	List?			
13	MR. BRADLEY: No. It's a photograph that I			
14	believe Ms. DelGrosso has knowledge about, so that			
15	appears to maybe not even be our exhibits. I'm not sure.			
16	HEARING OFFICER HALSTEAD: Does your copy			
17	have Bates stamps?			
18	MR. BRADLEY: Mine does.			
19	HEARING OFFICER HALSTEAD: Do you want to			
20	scan it and email it down real quick? Would that be the			
21	quickest way to do this?			
22	THE WITNESS: The original email with the			
23	attachment.			
24	MR. BRADLEY: Oh, you have the original			

	Page 52
1	email?
2	THE WITNESS: Uh-huh. And then original
3	pictures.
4	MR. BRADLEY: Okay.
5	THE WITNESS: I'm not seeing it in this
6	binder.
7	HEARING OFFICER HALSTEAD: Do you want to go
8	off the record again?
9	MR. BRADLEY: Yeah, if we could go off the
10	record.
11	(WHEREUPON, an off-the-record discussion ensued.)
12	HEARING OFFICER HALSTEAD: We're back on the
13	record in Case Number 21-38084-1. All of the previously
14	indicated persons are in the hearing rooms.
15	And, Ms. DelGrosso, I'll remind you that you
16	remain under oath.
17	THE WITNESS: Yes.
18	Q (BY MR. BRADLEY:) So, Ms. DelGrosso, before
19	you, you have what has been premarked as the Board's
20	Exhibit 6. Have you seen that before?
21	A Yes.
22	Q What is it?
23	A These are pictures of my daughter, her
24	bottom.

	Page 53		
1	Q And did you take those photos?		
2	A I did. That's my hand in the picture.		
3	Q Okay. Do you recall what date and time the		
4	photos were taken?		
5	A Yes. They were March 25th, 2017, at 10:11		
6	a.m.		
7	Q And are they true and correct copies of how		
8	your daughter's, I guess, backside looked when you took		
9	the photos on March 25th, 2017 at 10:11 a.m.?		
10	A Yes.		
11	Q Did you provide those photos to the Board		
12	with your complaint?		
13	A I did.		
14	MS. BRADLEY: I'm going to ask for admission		
15	of Exhibit 6.		
16	HEARING OFFICER HALSTEAD: Ms. Buys?		
17	MS. BUYS: We'll just make a note that we		
18	object as to the fact that the photos themselves are		
19	still undated and taken at such a significant period		
20	after the care and treatment, but otherwise, that's our		
21	objection.		
22	HEARING OFFICER HALSTEAD: Thank you. Board		
23	Exhibit 6 is admitted.		
24	Q (BY MR. BRADLEY:) Thank you. So,		
1			

TRANSCRIPT OF HEARING PROCEEDINGS - 05/26/2022 Page 54 1 Ms. DelGrosso, when you look at those photos, there's --Can you describe the photo for us as far as the injury 2 3 that shows? 4 Yes. So on the left, I guess her left side, 5 right, it's like a quarter-sized divot. And it was pretty deep. You can't really see how deep it looked 6 7 like in person from the pictures, but my daughter was standing towards the headboard right after her bath, and 8 9 I took the photo. Did your daughter complain of soreness in 10 0 11 that area? 12 Α She did after the shot was administered. So 13 it was red and it was puffy for a while. But then I started noticing the swelling go down, and then this 14 started forming and this -- it became this deep in a 15 16 short period of time from what I recall. And then right 17 after I discovered it, we had taken her to the pediatrician. 18 19 Okay. Do you recall approximately when that pediatrician visit occurred? 20

- 21 A I don't know the exact date.
- 22 Q Let's go back to the visit with Dr. Nguyen on
- 23 November 4, 2016. Do you remember that visit?
- 24 A I do.

1	Page 55 Q What do you remember about that visit?			
2	A On that visit, we had taken her into the			
3	urgent care because my pediatrician was not available on			
4	that date. She was sick, and we were concerned enough to			
5	take her in. We waited both my husband and I were			
6	there with the baby and then we waited in the waiting			
7	room for a bit and then got called back.			
8	The doctor that came in started asking a			
9	bunch of questions as far as symptoms, had his back			
10	turned to us the entire time and was just typing			
11	everything into the computer, and it was a fairly quick			
12	visit.			
13	And then he had said: All right. Well, it			
14	sounds like she's sick, so if, you know, really sick. I			
15	don't know what the diagnosis was exactly, but he said,			
16	you know, we have a steroid shot and we can give it to			
17	her and she should be better the next couple of days and			
18	then go from there. And I said: Okay, is what I told			
19	him. And so he comes back in, gives a shot and then			
20	we're sent on our way.			
21	Q Okay. Do you recall him providing you			
22	information regarding that shot?			
23	A As far as verbally or?			
24	Q Well, did he tell you he told you so			

1	Page 56 from what you just testified to, he told you the shot		
2	would make her better in a couple of days.		
3	A Yep.		
4	Q Did he tell you any risks for that shot?		
5	A A little bit of soreness on the site; that		
6	she should start to see relief in a couple of days.		
7	Q Okay. Did you consent to him to provide that		
8	shot?		
9	A We were going along with what he said. We		
10	said okay.		
11	Q Did you understand that the shot could cause		
12	longer-term effects than just soreness?		
13	A Absolutely not.		
14	Q So was there just one attempt to give her the		
15	shot?		
16	A Yes.		
17	Q Who provided the shot?		
18	A The doctor that we saw.		
19	Q Did you ask him to provide that shot?		
20	A I believe the option was given for the nurse		
21	to administer the shot, and we requested the doctor		
22	instead because we figured they were more qualified than		
23	a nurse to give a shot to our baby.		
24	Q Okay. Does your daughter still have an		

	Page 57		
1	injury on her left side today?		
2	A Not like this. There's a darker spot on her		
3	left side from where that spot is, but it filled in.		
4	Q Does she have any sensitivity or pain?		
5	A No, not that she complained about.		
6	Q Did you sign anything prior to the admission		
7	or sorry the injection?		
8	A I don't remember signing anything. No.		
9	MS. BRADLEY: I have no further questions for		
10	Ms. DelGrosso at this time.		
11	HEARING OFFICER HALSTEAD: Thank you.		
12	Ms. Buys?		
13	MS. BUYS: Thank you. Yes.		
14			
15	CROSS-EXAMINATION		
16	BY MS. BUYS:		
17	Q Hello, Ms. DelGrosso. Do you understand that		
18	the oath you took requires that you tell the truth under		
19	penalty of perjury?		
20	A Yes.		
21	Q And I believe you testified, but I just want		
22	to clarify. Did you take your daughter to the urgent		
23	care?		
24	A Yes.		

1	Page 58 Q And when you went to the clinic on November	
2	4th, 2016, did you have a pediatrician appointment	
3	scheduled for your daughter a few days later?	
4	A Yes.	
5	Q And did you go to the urgent care clinic	
6	because you wanted your daughter to be seen by a doctor	
7	and treated if she required medical care?	
8	A Yes.	
9	Q Did you report to anyone at the clinic that	
10	your daughter had been coughing, had a runny nose, you	
11	know, vomiting, congestion, with some phlegm for about	
12	four days?	
13	A Yes.	
14	Q And did you report that those symptoms had	
15	been worsening?	
16	A I believe so. Yes.	
17	Q And do you recall if you reported that they	
18	seemed to be worsening at night?	
19	A Yes.	
20	Q And do you recall reporting that she already	
21	had an Albuterol nebulizer at home?	
22	A (Indicating.)	
23	Q I'm sorry, just for the record.	
24	A Oh, yes.	

	Page 59		
1	Q No worries. Just because they're taking		
2	everything down, I want to make sure we have verbal		
3	responses. So not meaning to be rude or anything. I		
4	just wanted to make sure. And do you recall why your		
5	daughter had a prescription for an Albuterol nebulizer?		
6	A Yes. So prior to that previously, she had		
7	croup. And then my pediatrician had prescribed a		
8	nebulizer at home.		
9	Q And do you remember the name of that		
10	pediatrician?		
11	A Yes. Dr. Wesley Robertson.		
12	Q Perfect. And Dr. Robinson, is he local in		
13	Las Vegas?		
14	A Robertson.		
15	Q Oh.		
16	A Yes, he is part of Sunshine Valley		
17	Pediatrics.		
18	Q Thank you. And I believe you just testified		
19	that your daughter had croup before; is that correct?		
20	A (Indicating.)		
21	Q Is that a yes?		
22	A I'm sorry. Yes.		
23	Q No worries. Thank you so much. And do you		
24	recall if she had had croup on more than one occasion?		
I			

		Page 60
1	А	No. So she was hospitalized for croup prior
2	to that but	only once.
3	Q	Do you remember when that hospitalization
4	was?	
5	A	I don't remember the exact date.
6	Q	Just that it was before November 4th of 2016?
7	А	Yes, I believe so.
8	Q	And had your daughter been walking by the
9	time that yo	ou took her to the urgent care clinic on
10	November 4th, 2016?	
11	A	Yes.
12	Q	Do you recall when she began walking?
13	A	I believe she was about 13 months when she
14	started walking.	
15	Q	And do you have more than one daughter?
16	A	I do.
17	Q	Busy, busy. And I believe the Board counsel
18	had asked yo	ou questions about your recollection of your
19	visit with I	Dr. Nguyen. Do you remember just testifying
20	to that righ	ht now?
21	A	Yes.
22	Q	And do you recall Dr. Nguyen examining your
23	daughter?	
24	A	Yes.
1		

	Page 62
1	Q And 2016 was a while ago, wasn't it?
2	A Yeah.
3	Q And do you recall ever telling Dr. Nguyen
4	that after your daughter had been treated, these sort of
5	respiratory symptoms before that oral medication alone
6	was not enough?
7	A I'm sorry. Can you repeat that?
8	Q Certainly. Do you recall ever telling
9	Dr. Nguyen when your daughter was previously treated for
10	respiratory symptoms that just an oral prescription is
11	not enough to help take care of the symptoms?
12	A Now that you say that, yes, I do recall that.
13	Q What do you recall of that?
14	A That was pretty much it.
15	Q And that occurred back on the visit on
16	November 4th, 2016, that you had stated to Dr. Nguyen
17	
	that your daughter had had these symptoms before and oral
18	medication alone did not seem to resolve them. Is that
19	fair?
20	A Well, at that point, she was already sick for
21	four days, so we needed to get her better. He had said
22	that a shot will do it.
23	Q Okay. And do you remember Dr. Nguyen having
24	a discussion with you that an oral medication that's

1	Page 63 Prednisone may have a side effect like nausea?
2	A I don't remember that.
3	Q Do you remember, prior to the Kenalog
4	injection being brought up, Dr. Nguyen discussing that
5	there could be risks or side effects to the injection?
6	A No, just the site would be sore and she might
7	be a little bit cranky because of how tender it will be
8	at that site.
9	Q All right. Do you recall if Dr. Nguyen had
10	stated that an injection of Prednisone may cause scarring
11	or sorry an injection of Kenalog may cause
12	scarring?
13	A No.
14	Q If there is evidence that Dr. Nguyen did
15	discuss that with you, do you have any evidence as you
16	sit here today to refute that?
17	A No.
18	Q Do you recall there being a medical assistant
19	during the November 4th, 2016 visit?
20	A Yes. And can I just and on the record,
21	can I just say that the doctor that gave came in, quote
22	unquote the doctor, actually was not Dr. Nguyen. It was
23	a much younger gentleman, Asian gentleman at that time.
1	a macif fouriger genereman, ribrain genereman de chae erme.

1	Page 64 looking at him, it was a younger gentleman. And now that
2	he's saying medical assistant, it was just the medical
3	assistant. That's who it is in the office with not
4	this gentleman.
5	Q Okay. So as you sit here today and you've
6	seen this gentleman sitting to my right?
7	A Right.
8	Q Do you recognize him?
9	A I actually don't, to be completely honest and
10	under oath. Because the gentleman that came in, I
11	remember him being much younger, and then he was the one
12	that I was talking to.
13	Q Okay. And so is it your testimony that you
14	do not recall seeing this gentleman on my right-hand side
15	who I am going to represent to you is Dr. Hai Nguyen?
16	A I'm going to say that I do not recognize him.
17	And I am not sure what that's going to do, but that's not
18	the guy who gave my daughter a shot.
19	Q Thank you for clarifying that for the record.
20	So the gentleman who you were talking to about the shot,
21	can you describe him a little bit further?
22	A He was a younger gentleman. He was of Asian
23	descent, and he had black hair. He did look a bit

24

frazzled and confused, but he was the one that said that

1	Page 65 we should do the shot.
2	Q Do you remember if he was wearing scrubs or a
3	lab coat?
4	A I remember a white top. Maybe it was a lab
5	coat.
6	Q Gotcha. And do you remember the name of this
7	gentleman? Do you remember what he told you his name
8	was?
9	A I don't remember. He came in and introduced
10	himself real quick, and we thought he was the doctor.
11	Q All right. And when you say that, you're
12	referring to you and your husband; is that right?
13	A Yes.
14	Q During any point of your visit, did your
15	husband leave the appointment or was he there the entire
16	time?
17	A He was there the entire time.
18	Q Okay. The gentleman who came in, and I
19	believe you testified you don't recall his name, but does
20	the name Barry Misiuk ring any bells?
21	A It was quite a while ago, so
22	Q As you sit here today, you can't tell for
23	certain whether or not you recognize the name Barry
24	Misiuk?

	Page 66
1	A Right.
2	Q And I apologize if I jump around a little
3	bit.
4	A No, that's okay.
5	Q Thank you again for your time today. Did you
6	ever speak with this gentleman right here, Dr. Nguyen,
7	after November 4th, 2016, before maybe some niceties in
8	the hallway today?
9	A No.
10	Q Okay. While you were there at the urgent
11	care clinic on November 4th, 2016, if the person you
12	thought was a physician had recommended some sort of
13	clearly egregious form of treatment such as, you know,
14	putting a lit cigarette out on the baby's hand I know
15	that's a bad example, but if say that was one of the
16	recommended forms of treatment, would you have allowed
17	your baby to sit there and be subjected to that?
18	A Absolutely not.
19	Q Okay. And in this case, when they had the
20	Kenalog injection, did you help assist the positioning of
21	the baby when they were giving the injection?
22	A Yes.
23	Q You held her, right?
24	A Right. She's my baby.

1	Page 67 Q Gotcha. And if you did not want the baby to
2	have an injection, would you not have sat there and held
3	her?
4	A Right.
5	Q If you did not want the baby to have an
6	injection of that medication, you would have left the
7	clinic. Is that fair to say?
8	A That's fair.
9	Q And then I believe that you had testified
10	that this divot and I believe you had referred to it
11	as a divot. Is that fair enough?
12	A Yes.
13	Q So that we're talking about the same thing.
14	A Right.
15	Q Perfect. So that is on the left buttock
16	cheek. Is that correct?
17	A Yes.
18	Q And I believe you testified as well those
19	photos were taken March 25th of 2017. Is that correct?
20	A Yes.
21	Q So that would have been a few months after
22	that November 2016 appointment. Fair enough?
23	A Yes.
24	Q And I believe you also said that the

1	Page 68 indentation resolved. Is that correct?
2	A Yes.
3	Q All right. And do you remember when that
4	resolved?
5	A It took a while. It took probably up to a
6	year for it to fully come back, but there's still a
7	little bit of discoloration there.
8	Q Gotcha. And do you recall if Strike that.
9	Do you recall if when they were administering the
10	injection if there was more than just you and your
11	husband present in the room when that gentleman that we
12	don't know his name?
13	A It was the three of us, the baby, and then I
14	believe there was an assistant.
15	Q And that assistant that you recall, can you
16	describe him or her, please?
17	A It was a female.
18	Q As you sort of sit here today, do you recall
19	any other occasions where your baby has been administered
20	an injection in the buttock?
21	A No. Usually they have a shot that's given in
22	their thigh or arm.
23	Q How many times has your baby had an injection
24	in her arm?
- -	

1	Page 69 A She's not a baby anymore, but after that or
2	before that?
3	Q You know, I'll clarify the question a little
4	bit further. Do you recall any other occasions where
5	your daughter has been administered a steroid injection
6	apart from November 2016?
7	A Yes, last year.
8	Q And why did she get a steroid injection last
9	year?
10	A Because she was sick. It was during COVID,
11	the pandemic.
12	Q Gotcha. And do you recall if she had been
13	diagnosed with COVID or was it just respiratory illnesses
14	again?
15	A It wasn't respiratory. It was something
16	else. So she had I believe it was the flu or something
17	similar to the flu.
18	Q Do you remember who administered that
19	injection?
20	A Our pediatrician, Dr. Wesley Robertson.
21	Q Gotcha. And apart from those occasions, as
22	you sit here today, do you recall any other injections of
23	a steroid? Not a vaccination, but a steroid?
24	A No.

1	Q Okay. And I believe you had also testified
2	that you had noticed this divot develop. Do you remember
3	when you first noticed the divot, the exact date?
4	A I don't remember the exact date. But before
5	this was taken, this was after our appointment with our
6	pediatrician. So this was taken, I believe, after I
7	around the same time that I filed the complaint is when
8	this was taken. And then this one started to form before
9	that, but I believe it escalated rather quickly and
10	became deep. So I want to say probably a couple of weeks
11	before this was taken. Probably three weeks.
12	It started as a small dimple, and we thought
13	it was just a baby dimple like she has underneath her
14	butt cheeks right there underneath her buttocks. That's
15	what it looked like when it first started. Kind of like
16	a cellulite dimple.
17	Q And you know how babies have cellulite or
18	other dimples on their buttocks; correct?
19	A Uh-huh. Yes.
20	Q Perfect. And then just to sort of clarify,
21	so is it your recollection that the divot started to form
22	about three weeks before that photo was taken in March
23	25th of 2017, so would that have been about Februaryish?
24	A Yes.

Page 71 Okay. Gotcha. And just to clarify as well 1 0 2 for the record, this is a photo of your daughter who we've been referring to as Patient A. I just want to 3 4 make sure that everybody is on the same page. 5 your understanding as well? 6 Α Yes. 7 Okay. Perfect. Not another daughter, right? Right. 8 Α 9 Okay. I just wanted to make sure of that as well. And then I believe you had also testified about 10 11 your husband going and getting or requesting the 12 patient's records? 13 Α Yes. Do you recall, did you go with him when he 14 15 requested those records? 16 Α I went with him, but I stayed in the vehicle 17 with the baby, and then he ran in and then had requested them. 18 19 Okay. Do you recall if he requested it in 20 writing? What he told me is he went in and then had 21 22 asked for any kind of record from our appointment. 23 said the doctor wasn't there, and they said that they couldn't give him anything or provide any information, 24

Page 72 and then that's pretty much it and that he had walked out 1 2 because they brushed him off. Okay. But just to sort of clarify as well, 3 4 is it your understanding that he did not write a sort of 5 written request for the records, right? I wasn't there, so I can't say if he did or 6 Α 7 not. And to clarify, you did not submit a written 8 0 9 reguest for records; is that correct? 10 Correct. Α 11 And the gentleman that you testified that you 12 recall discussing the risks and benefits or, you know, 13 the risk/benefit of the Kenalog injection, is it your understanding that --14 I'm going to object. 15 MR. BRADLEY: I don't 16 believe she actually ever testified that the risks and 17 benefits were discussed. She testified that she was told there would be soreness at the site. I don't think she 18 used the words "risks and benefit." I think that's words 19 20 you're using. 21 (BY MS. BUYS:) Ms. DelGrosso, if I in my 0 question refer to risks and benefits, would it be fair to 22 23 assume that that means the soreness that could occur 24 after an injection? Do you understand that?

	Page 73
1	A Right.
2	Q Okay. So I'll rephrase the question based on
3	Counsel's objection. So when that gentleman discussed
4	that there could be soreness, that was before he gave the
5	injection, right?
6	A Yes.
7	Q And is it your testimony here today that the
8	person who discussed that, you don't recall it being this
9	gentleman, right?
10	A Right.
11	Q Okay. And for the record, I'm pointing to my
12	right at Dr. Hai Nguyen. And I believe you also
13	testified that your daughter does not have any
14	sensitivity or pain to the injection site currently;
15	correct?
16	A Currently, no.
17	Q Looking back at some of the records, I
18	believe you had testified that you submitted these two
19	photos to the Nevada Board of Medical Examiners; is that
20	correct?
21	A Yes, I have Laura Ward on my email
22	attachment.
23	Q Did you submit any other photos to the
24	investigator?

1	Page 74 A Not on my email. These ones.
2	Q Okay. So is it fair to say that you didn't
3	submit any photographs of your daughter's buttocks that
4	was taken prior to these March 25th, 2017 photos, right?
5	A No.
6	Q Okay. And have you produced any photographs
7	subsequent to these March 25th, 2017 photos?
8	A After the fact?
9	Q Correct.
10	A No.
11	Q Okay. And have you ever consulted with an
12	attorney about, you know, this divot or this dimple?
13	A I did.
14	Q All right. And who did you consult with?
15	MS. BRADLEY: I'm going to object. I don't
16	think it's relevant if she was going looking into a civil
17	matter. We're not here in a civil matter. We're here
18	regarding the Board's complaint filed in this case.
19	MS. BUYS: I believe it's relevant as to the
20	investigation and for the purpose of bringing the
21	complaint against a physician as well as if legal counsel
22	was involved which was not disclosed to Dr. Nguyen.
23	HEARING OFFICER HALSTEAD: I'm going to
24	sustain the objection.

	Page 75
1	Q (BY MS. BUYS:) Following the November of
2	2016 visit, did your daughter have to be admitted to a
3	hospital for treatment for those respiratory symptoms?
4	A She was admitted for the croup that she had.
5	Q When was she admitted?
6	A I believe it was prior to that is what we had
7	discussed, right? What we testified.
8	Q Okay. And I'll clarify my question.
9	A Okay. You're confusing me.
10	Q Sorry about that. After this November 4th,
11	2016 visit, was your daughter hospitalized for her
12	respiratory symptoms?
13	A No.
14	Q Okay. Thank you for clarifying that. I just
15	want to make sure I had that record. So when that
16	gentleman discussed the Kenalog injection with you, was
17	your husband present?
18	A Yes.
19	Q And is it your understanding that your
20	husband did not object to the Kenalog injection?
21	A Correct.
22	Q And you also did not object to the Kenalog
23	injection being administered; correct?
24	A Correct.

1	Page 76 Q And you don't recall any other details		
2	regarding any other side effects that could potentially		
3	be as a result of the Kenalog injection being discussed		
4	with you; is that correct?		
5	A That we were warned about? Just besides the		
6	soreness on the site?		
7	Q Correct. That you recall.		
8	A No.		
9	MS. BUYS: I'm just going to review my notes,		
10	but I believe those are the questions that I currently		
11	have.		
12	HEARING OFFICER HALSTEAD: When you're done		
13	reviewing your notes, do you have any further?		
14	MS. BUYS: Nothing further at this time.		
15	HEARING OFFICER HALSTEAD: Thank you.		
16	MS. BRADLEY: If I could do a couple of		
17	redirect.		
18	HEARING OFFICER HALSTEAD: I was just going		
19	to go to you.		
20	MR. BRADLEY: Thank you.		
21			
22			
23			
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BY MS. BRADLEY: Q Mrs. DelGrosso, you testified that you don't recognize Dr. Nguyen, who is sitting by Ms. Buys. Is that correct? A Correct. Q Okay. Is it possible that five years ago, Br. Nguyen may have looked different and that's why you're not recognizing him today? MS. BUYS: Objection. Calls for speculation. MS. BRADLEY: Okay. I don't know. I guess do you want to rule on that? I mean, I guess I would say that most people know that people change their hair color and appearance sometimes over the years. HEARING OFFICER HALSTEAD: I think everyone gets your point. I'm sure we all looked you know, people age. I don't know what to say about that. Your point I don't think the point needs to be belabored. Q (BY MS. BRADLEY:) So it possible that 20 because your testimony was it was a younger Asian man with black hair, I believe. Is that what you said? A Yes. Yes. Q So is it possible if Dr. Nguyen was five		Page 77
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22 A Yes. Yes.	20	because your testimony was it was a younger Asian man
	21	with black hair, I believe. Is that what you said?
Q So is it possible if Dr. Nguyen was five	22	A Yes. Yes.
	23	Q So is it possible if Dr. Nguyen was five
24 years younger and still had darker hair that that could	24	years younger and still had darker hair that that could

1	Page 78
	be the person that you saw?
2	A No.
3	MS. BRADLEY: Okay. I have no further
4	questions.
5	HEARING OFFICER HALSTEAD: Thank you.
6	MS. BUYS: If I may, I just have one other
7	question.
8	
9	RECROSS EXAMINATION
10	BY MS. BUYS:
11	Q Do you recall an MA attempting to give the
12	injection or just a physician?
13	A Just the physician. Wait. I'm sorry. Let
14	me back up. I believe they wanted the nurse to give the
15	injection, and then I requested the physician give it
16	because I didn't want a nurse to do it.
17	Q Gotcha. Thank you for clarifying that point.
18	And then I believe you also had testified earlier that
19	you remember one attempt at the injection. Is that
20	correct? Just one attempt?
21	A Correct.
22	MS. BUYS: Okay. Thank you very much. I
23	appreciate your time today, Ms. DelGrosso.
24	HEARING OFFICER HALSTEAD: Does that lead to

	Page 79
1	anything further?
2	MS. BRADLEY: No. I have no further
3	questions for Ms. DelGrosso, and I would ask that she be
4	excused.
5	HEARING OFFICER HALSTEAD: Ms. Buys, I don't
6	know if she's on your witness list. If she is, do you
7	agree with her being excused?
8	MS. BUYS: She is on our witness list, but we
9	agree that she may be excused.
10	HEARING OFFICER HALSTEAD: All right. Thank
11	you, Ms. DelGrosso. We appreciate your time today.
12	THE WITNESS: Thank you.
13	HEARING OFFICER HALSTEAD: Ms. Bradley, did
14	you want to excuse Ms. Diaz as well? I know he's still
15	here, but do you want to relieve him?
16	MS. BRADLEY: I can excuse Mr. Diaz, I think.
17	HEARING OFFICER HALSTEAD: I meant to ask you
18	earlier. Your next witness?
19	MR. BRADLEY: I would call Dr. Hall.
20	And I think, Dr. Hall, if you want to sit
21	maybe to the left of Meg.
22	HEARING OFFICER HALSTEAD: Dr. Hall, were you
23	sworn?
24	DR. HALL: No.

1	Page 80 HEARING OFFICER HALSTEAD: Can you please
2	raise your right hand.
3	(The witness was sworn.)
4	HEARING OFFICER HALSTEAD: Thank you. And
5	and can you please state your name and spell your name
6	for the record.
7	THE WITNESS: I can. Scott Hall. Last name
8	is: H-A-L-L.
9	
10	DIRECT EXAMINATION
11	BY MS. BRADLEY:
12	Q All right. Thank you. So, Dr. Hall, are you
13	licensed as a medical doctor in the State of Nevada?
14	A Yes.
15	Q How long have you been licensed?
16	A Since 2006, so roughly 16 years.
17	Q And are you licensed in any other states?
18	A Yes. California and Utah.
19	Q How long have you been licensed in those
20	states?
21	A In California, since 2008. In Utah, it's
22	this year, so recently.
23	Q Where did you go to medical school?
24	MS. BUYS: I apologize. Would it be possible

Page 81 1 to take a quick comfort break? 2 HEARING OFFICER HALSTEAD: Yes. Absolutely. Are you okay with that? 3 4 MS. BRADLEY: Yeah, that's fine. I could use 5 one too. HEARING OFFICER HALSTEAD: So it's 10:22. 6 7 Sorry. I know you just got started. 8 THE WITNESS: No problem. 9 HEARING OFFICER HALSTEAD: We're going to take a small break, and let's come back again at -- How 10 11 long do you think you need, Ms. Buys? Do you want to do 12 10:30? 13 MS. BRADLEY: That's all I would need. MS. BUYS: Yeah, 10:30 would be fine. I 14 appreciate it. Just five minutes. 15 16 HEARING OFFICER HALSTEAD: Thank you. 17 We'll be off the record until then. 18 (Recess.) 19 HEARING OFFICER HALSTEAD: We're back on the record in Case Number 21-38084-1. At the time we broke, 20 Dr. Hall was testifying on direct, and he had just gotten 21 22 past his licensing. 23 I remind you, Dr. Hall, that you remain under 24 oath.

		Dama 02
1	Q	Page 82 (BY MS. BRADLEY:) So where did you go to
2	medical scho	ol, Dr. Hall?
3	А	Ohio State.
4	Q	And what was your residency in?
5	А	Family medicine.
6	Q	Are you certified by the American Board of
7	Medical Spec	ialties?
8	A	Yes.
9	Q	In what specialty?
10	A	Family medicine. I also have a certificate
11	of added qua	lifications in sports medicine.
12	Q	And what kind of medicine do you practice?
13	A	Full spectrum family medicine with an
14	emphasis on	acute musculoskeletal injuries.
15	Q	And are you currently clinically practicing?
16	A	Yes.
17	Q	And seeing patients?
18	A	Yes.
19	Q	So if you would turn in the exhibits to
20	what's been	pre-marked as the Board's Exhibit 18 and 19.
21	So it's prob	ably towards the bottom of your stack there.
22	Have you see	n these documents before?
23	A	Yes.
24	Q	And what are they?
1		

1	Page 83 A They're my CV.	
2	Q Do they appear to be a true and correct copy	
3	of your CV as provided to the Board?	
4	A Yes.	
5	Q And do they accurately summarize your	
6	education and experience?	
7	A Yes.	
8	HEARING OFFICER HALSTEAD: I'm sorry. What	
9	exhibit is it?	
10	Q (BY MS. BRADLEY:) Eighteen and 19.	
11	Did you prepare those documents?	
12	A Yes.	
13	Q And you did provide them to the Board?	
14	A I did.	
15	MS. BRADLEY: Okay. Based on that, I would	
16	ask that eighteen and 19 be admitted.	
17	HEARING OFFICER HALSTEAD: Ms. Buys?	
18	MS. BUYS: No objection.	
19	HEARING OFFICER HALSTEAD: Thank you. Board	
20	Exhibits eighteen and 19 are admitted.	
21	MR. BRADLEY: And can I clarify? My	
22	apologies. Is Exhibit 6 admitted? I believe I asked,	
23	but I just want to make sure.	
24	HEARING OFFICER HALSTEAD: I think it was,	

Page 84 but if it wasn't, it will be. 1 2 MS. BRADLEY: Okay. I thought I asked, but 3 4 HEARING OFFICER HALSTEAD: Pretty sure it 5 was. Yes. (BY MR. BRADLEY:) Okay. Have you served as 6 0 7 a peer reviewer for the Board before, Dr. Hall? 8 Yes. Α 9 Do you recall how many cases you may have reviewed for the Board? 10 11 I would estimate about eight. 12 And how long have you been reviewing cases O 13 for the Board? I would estimate since 2010, so approximately 14 Α 15 12 years. 16 Okay. And are you familiar with 0 17 Investigation 17-17109 regarding Dr. Nguyen? 18 Α Yes. So let's look at Exhibit 5, and that has been 19 admitted, and that's the Board's exhibit. So why does 20 21 the record show that Patient A was taken to see 22 Dr. Nguyen? 23 Α So the medical record indicates that chief 24 complaint of cough and congestion.

	Page 85
1	Q And what else? Is there any other
2	information?
3	A Yes. There is a description of the history
4	of present illness including cough, runny nose,
5	vomiting/congestion with yellow-green phlegm for four
6	days.
7	Q How often is vomiting noted on that record?
8	A Vomiting is mentioned one, two, three times
9	that I read.
10	Q Okay. And does it say how often that the
11	patient was vomiting?
12	A Vomiting once a day for four days.
13	Q Do you see anything noted that says that oral
14	steroids would not was mentioned to not be enough for
15	this patient?
16	A I do not.
17	Q So based on your review of the records in
18	this case, what treatment would you have provided to the
19	patient?
20	A I also would have chosen corticosteroids.
21	Q Okay. Oral or?
22	A Yes, I would have chosen oral
23	corticosteroids.
24	Q But you would not have done an injection?

	Domo Of
1	Page 86 A I would not have done an injection.
2	Q And why would you not do an injection?
3	A The medical evidence indicates that when oral
4	medication is reasonable or feasible, that is the
5	preferred method.
6	Q Okay. And so in this case, why do you think
7	that it's reasonable or feasible for the oral medication?
8	A Well, Dr. Nguyen chose to prescribe oral
9	corticosteroids.
10	Q So he chose to prescribe oral?
11	A Yes.
12	Q And the injection?
13	A That is correct.
14	Q And that's what the records shows?
15	A That's what the record shows. Yes.
16	Q Okay. And do you have concerns with that?
17	A I do have some concern given the potential
18	complications from an intramuscular injection. I would
19	note that the medical evidence and the references I
20	provided will allow for an intramuscular injection, but
21	oral is preferred.
22	
	Q Okay. And so the treatment you would have
23	prescribed is different than what Dr. Nguyen did in this
24	case?

1	Page 87 A There is a subtle difference. Yes.
2	Q Okay. What dose of Kenalog did the patient
3	receive according to the medical records? I don't know
4	if you can tell in those.
5	A The dose was by my recollection was
6	approximately 20 milligrams. Let me confirm that here.
7	The medical record in Exhibit 5 indicates: Administer
8	Kenalog 40 milligrams per milliliter. It does not
9	specifically give me the exact dosing, but I believe in
10	other exhibits, it's 20 milligrams.
11	Q Okay. And I think you can also turn, if you
12	want, to Respondent's exhibit, and I believe it's 12.
13	It's the newer shot administration record. I believe
14	you're familiar with that?
15	A Yes. I may not have that one.
16	Q We can provide you with a copy because I know
17	we have one for you. And I think we may have a color
18	copy; at least mine is color. Yeah, there we go.
19	A Yes.
20	Q Does that provide the dosing, that record?
21	A So the dose listed here is one milliliter,
22	and that, according to the Kenalog description here, or I
23	should say the Kenalog description in Exhibit 5 lists 40
24	milligrams per milliliter. It's difficult to for me to

1	confirm that exact dosing, but this record would suggest
2	if Exhibit 5 is also correct that administration of 1
3	milliliter would be approximately 40 milligrams of
4	Kenalog.
5	Q Okay. So they're consistent then at least
6	with regard to the dosing?
7	A It's a little hard to say because under the
8	display name well, at the top, it says, "Kenalog, 40
9	milligrams per milliliter injection." So I'm going to
10	say yes. It appears that there was one milliliter
11	administered which would be 40 milligrams of Kenalog.
12	Q Okay. So I think you identified you had
13	concerns regarding the treatment. Let's talk about
14	informed consent. So what is informed consent?
15	A So informed consent would be where the risks,
16	benefits and alternatives are discussed with the patient
17	and they have the option to elect to receive or not
18	receive a certain treatment.
19	Q Is that the same as requesting a treatment?
20	A I would draw a distinction between requesting
21	and consenting or providing informed consent.
22	Q Okay. And what is informed consent when you
23	have a patient who is a minor?
24	A So when you have a minor, obviously you would

1	Page 89 obtain informed consent from their parent or legal
2	guardian.
3	Q And then what do you do when you get informed
4	consent? Is that documented?
5	A Yes. So medical treatment, there should be
6	informed consent and it should be documented.
7	Q And how would you document it?
8	A So typically how would I document it in the
9	medical record, you would have a discussion or include a
10	description of what you did to inform the individual and
11	acknowledge their consent.
12	Q So let's go back to Exhibit 5, and I'm
13	looking at a page that's marked NSBME 014. I think it's
14	the top page in Exhibit 5.
15	A Okay.
16	Q And so if we go right above, there's a
17	heading that says, "Chief complaint." Right above that,
18	there's a line that starts with, "Patient." Could you
19	read that for us?
20	A Yes. It says, "Patient agrees with treatment
21	plan and verbalizes understanding."
22	Q So what does that mean to you?
23	A So that to me would mean that the patient is
24	going to agree with the treatment plan and understands

	Page 90
1	it.
2	Q Okay. And who is the patient in this case?
3	A So the patient in this case is listed on the
4	document is Patient A DelGrosso.
5	Q And how old is Patient A?
6	A Patient A at the time
7	HEARING OFFICER HALSTEAD: Excuse me. I
8	thought we were
9	MS. BRADLEY: Patient A. I'm sorry.
10	HEARING OFFICER HALSTEAD: So I will direct
11	that she be referenced as Patient A and that any prior
12	references to her name in the record be reflective of
13	that designation.
14	Q (BY MS. BRADLEY:) Thank you, and I
15	apologize. So how old is Patient A?
16	A Patient A is approximately three years old.
17	Just under three years old.
18	Q Or just under two?
19	A Excuse me. Just under two years old.
20	Q Okay. So just under two years old. So is
21	she capable of consenting?
22	A No.
23	Q So in this case, I think you already
24	testified, but who should be consenting in this case?

	Page 91
1	A The parents.
2	Q And this documentation here, I mean, do you
3	think that's documenting an informed consent?
4	A No, I do not.
5	Q Why?
6	A Well, because the statement here suggests the
7	patient was providing consent and we the patient's
8	incapable of providing informed consent in this case.
9	Q Okay. Because the patient is a minor?
10	A Correct.
11	Q And then what about the parents? Would this
12	sufficiently document informed consent on behalf of
13	parents in your view?
14	A No, because it does not state parents.
15	Q Okay. But what about risks and benefits?
16	A I do not see a description of the risks and
17	benefits.
18	Q I mean, and I think again, you said you would
19	document I mean, what would your sentence look like if
20	you were documenting informed consent in a case like
21	this?
22	A So in my practice, we would typically have a
23	separate sheet that would document this is the treatment
24	proposed, these are the potential risks, this is the
1	

Page 92 benefits and these are the alternatives. So in my 1 2 practice, we would include a document that a patient would elect to sign if they wanted to proceed with an 3 4 intramuscular or what's more commonly for me is a joint 5 injection. Okay. So you would have a separate written 6 Q document that the patient signs? 7 8 Α Yes. Or the quardian? 9 0 10 Α Yes. 11 Is it required that it be a written document? 0 12 My study of this question indicates that Α 13 written or verbal may suffice for informed consent. So I have encountered this clinically. I have some -- I have 14 physician situations who choose to do it like I do, which 15 16 is to have written consent, and there are other 17 physicians who choose to use a verbal consent. Okay. But based on the documentation in this 18 19 case, do you think the verbal consent was complete? 20 I do not. Α 21 Okay. Do you believe that the Kenalog Q 22 injection was necessary in this case? 23 Α No. 24 0 And why was that?

1	Page 93 A The reason being is the medical references
2	recommend oral therapy when that's feasible. And in this
3	case, oral therapy was prescribed, and so it appears
4	redundant to also administer an intramuscular injection.
5	Q And is there a concern with prescribing, I
6	guess, double prescribing the medication or prescribing
7	it in two different ways?
8	A There is a concern. Essentially, if you were
9	going to administer both oral and intramuscular
10	corticosteroids, dosing considerations would be relevant.
11	Q What could happen if a patient got too much
12	steroid?
13	A There's a fairly there are a number of
14	things that can happen. Obviously, corticosteroids, we
15	are primarily using in medicine to and what's
16	applicable in this case is to reduce or treat
17	inflammation, but it also influences the endocrine system
18	and other organ systems within the body. So an excess
19	dose of corticosteroids could have a detrimental effect.
20	Q Okay. So in your view then, the standard of
21	care would not include prescribing medication, two
22	different versions of the same medication?
23	A That would
24	MS. BUYS: I'll just make an objection. Oh,

1	sorry. Objection, as the question's vague. When you're
2	referring to the two types the same medication, we're
3	referring to Prednisone and Kenalog, so I just want to
4	make a clarification for the record.
5	Q (BY MS. BRADLEY:) Okay. I'll rephrase.
6	What would the standard of care have dictated the patient
7	be prescribed in this case?
8	A So as I reviewed the medical literature, the
9	standard of care in this case and under the diagnosis
10	that I'm using is croup.
11	Obviously, Dr. Nguyen, in his documentation,
12	he lists cough with possible croup. And I think that's a
13	very reasonable diagnosis, but under a diagnosis of
14	croup, corticosteroids are recommended. And the medical
15	literature states that one can use oral or intramuscular
16	corticosteroids for treatment of croup, so that would be
17	the standard medical care. I did not find references
18	that would support both oral and intramuscular
19	corticosteroids.
20	Q Okay. And are there concerns, separate
21	concerns for giving an injection like Kenalog to a child
22	versus an adult?
23	A Honestly, I don't know that there would be
2.4	more concern with administering it in a pediatric

Page 95 situation versus an adult situation. I think the risks 1 2 and benefits would be roughly the same. Okay. Do you believe -- so let's go to 3 0 4 Exhibit 6, which has been admitted, and that's a 5 photograph. So looking at this exhibit, does that appear to you to be possibly the result of a Kenalog injection? 6 7 Α Yes. Have you seen something like that before? 8 0 9 Α Yes. 10 0 And so what happens? Why are we seeing a 11 photo with a divot like that? 12 Α So a known complication of Kenalog 13 administration when it's done intramuscularly is where if the medication gets into subcutaneous tissues, it can 14 lead to atrophy of those tissues. And so this type of 15 16 complication is a known complication from a Kenalog 17 injection. So even if it was done in the muscle, this 18 19 could still happen? 20 So according to the manufacturer, that risk Α is minimized if the injection is done intramuscularly. 21 22 But this could happen if that medication reached the 23 subcutaneous tissues. 24 O Okay. So it sounds like then but just -- I'm

Page 96 going to ask anyway. So does it look like the injection 1 2 was provided appropriately based on this photo? Based on the photo, one would question the 3 Α 4 depth of the injection. 5 O Let's go back to Exhibit 5. And again, I'm looking at page 014, that first page. There's a line 6 7 kind of in the middle under plan that starts with, "Administer." Could you read that for us, please? 8 9 Yes. It says: "Administer Kenalog 40 milligrams per milliliter injection suspension, " in 10 11 parentheses, "(Triamcinolone acid)" -- I'm going to miss 12 this name. 13 O Sorry. It's Triamcinolone. 14 Α Okay. I guess what I'm really interested in 15 0 16 that last part. It says: After once. 17 Oh, got it. It says: "Inject 0.5 milliliters intramuscularly once to be done November 4th, 18 2016." 19 So when this was documented, had the 20 0 injection occurred based on that sentence? 21 22 Α I would read this as an order from Dr. Nguyen for his staff to provide the injections, the way I would 23 read this. 24

Page 97 1 0 Okay. So it was documented that it was going to be done intramuscularly? 3 Α Yes. 4 But how it was actually injected, is that 5 documented? Not on this form. 6 Α 7 Okay. If we go to the Exhibit 12, I believe, which is the Respondent's color copy. 8 It may in the main, the other binder. Got 9 Okay. I'm on Exhibit 11. Is that the one you're 10 it. 11 referring to? 12 I think so, yeah. It's the color copy of the 13 injection record. HEARING OFFICER HALSTEAD: Just for the 14 record because you had the actual conference, prehearing 15 16 conference disclosure marked as Exhibit 1, that actually comes out as Exhibit 12. I know it's marked different in 17 your binder, but that's how we did it. 18 (BY MS. BRADLEY:) Okay. Twelve. I 19 0 apologize. Okay. So looking at that, does it show where 20 21 the injection was provided? 22 Yes. So this injection register states the 23 right gluteal region. 24 Q And does it say, under route, it tells us the

	Page 98
1	kind of injection?
2	A It does. It states intramuscular.
3	Q Interestingly, there's a date and time for
4	the injection. Do you see that?
5	A I do.
6	Q And what is that?
7	A So I would assume that that would represent
8	the date of documentation and the time which would
9	roughly correlate with when the injection was
10	administered.
11	Q Okay. So what does it show just for the
12	record on here?
13	A It's listed at 4 November 2016, at 6:56 p.m.
14	Q Okay. And there is even an administered by.
15	A Yes.
16	Q What's that name for the record?
17	A The medical record states Hampton, Chanel.
18	Q And if we go back though to Exhibit 5 and the
19	Board's exhibits, on the top of that page, that top page
20	14, there's something that says DOS. What is that?
21	A Date of service is 11-4-2016. November 4th,
22	2016.
23	Q And at what time?
24	A 10:45 a.m.
1	

```
Page 99
 1
                 So those times don't correlate, do they?
            0
 2
            Α
                 No.
 3
                 HEARING OFFICER HALSTEAD: I'm sorry. Where
 4
     are you looking at 10:45 a.m.?
 5
                 THE WITNESS: It's at the very top.
                 HEARING OFFICER HALSTEAD: That's Exhibit 5?
 6
 7
                 MS. BRADLEY: Yeah.
                 THE WITNESS: It's the upper right-hand
 8
 9
     corner of Exhibit 5, page 14.
               (BY MR. BRADLEY:) Okay. And I'm just
10
            0
11
     checking Exhibit 5. Do you see that same name, that
12
     Chanel Hampton? I don't see that name on this record.
13
     I'm just --
                 I do not. The medical assistant listed on
14
     page 16 of Exhibit 5 is Glenisha Barner.
15
16
                 Okay. And the time for Glenisha's note, what
            0
17
     time is that?
                10:42 a.m.
18
19
            Q And then what's the time for Dr. Nyugen's
20
    note?
21
            Α
                 5:19 p.m.
22
                 Okay. So do we know when the patient was
23
     seen by this record?
                 I would follow the date of service listed on
24
            A
```

Page 100 the medical record which, is listed as November 4, 2016, 1 2 at 10:45 a.m. Okay. So then it sounds like the patient was 3 4 seen earlier in the morning and then perhaps by the end 5 of the day, Dr. Nguyen signed the note? Uh-huh. 6 Α And then perhaps by the end of the day, 7 that's also when that shot administration record was 8 9 created? That would be logical. 10 Α Yes. 11 Is it more painful to receive an injection 12 intramuscularly or superficially? Which one? 13 They hurt. Yeah, they hurt. Α Would the bruising that Ms. DelGrosso 14 0 described in her testimony, would that have occurred for 15 16 an intramuscular shot? 17 It could. Α MS. BUYS: Objection, misstates testimony. 18 She did not actually testify regarding bruising as she 19 testified here today. 20 (BY MR. BRADLEY:) I'll withdraw the 21 0 22 question. Would you please turn to what's been pre-marked as the Board's Exhibit 7 through 17. These 23 24 haven't been admitted yet. So have you seen these

	Page 101
1	documents before?
2	A Yes.
3	Q And what are they?
4	A So that's the medical literature I reviewed
5	to assist with rendering an opinion.
6	Q Okay. So let's look at the first one, which
7	is Exhibit 7. And I believe it's titled, "Clinical
8	Practice, and then it says, "Croup" from the New England
9	Journal of Medicine. So did you provide this to the
10	Board?
11	A I did.
12	Q Does this appear to be a true and correct
13	copy of the article, one of the articles that you relied
14	on when assessing Dr. Nguyen's care in this case?
15	A Yes.
16	Q Did you provide this document to the Board?
17	A Yes.
18	Q Does this article articulate the standard of
19	care that would have been in effect as of November 4,
20	2016, when Dr. Nguyen saw the patient in this case?
21	A Yes.
22	MS. BUYS: I'll just lodge a late objection
23	as to vague as to what the standard of care is as this is
24	regarding just the treatment of what appears to be croup.

1	Page 102 So I just wanted to make an objection for the record.
2	Apologize for the delay.
3	MR. BRADLEY: So I'd ask that Exhibit 7 be
4	admitted.
5	HEARING OFFICER HALSTEAD: Ms. Buys, noting
6	your objection, do you stipulate to the exhibit being
7	admitted at this point?
8	MS. BUYS: Correct, with the objection noted.
9	Thank you.
10	Q (BY MR. BRADLEY:) Let's turn to Exhibit 8.
11	So this one is called "Acute Management of Croup in the
12	Emergency Department." Is this a document you've seen
13	before?
14	A Yes.
15	Q And is this something that you relied on when
16	providing your opinion to the Board?
17	A Yes.
18	Q Now, if you look at the bottom, it appears
19	Can you tell us what the copyright date is there?
20	A Yes. It's 2017.
21	Q All right. And do you recall the date of
22	service that Dr. Nguyen saw the patient?
23	A Yes. It was the 4th of November, 2016.
24	Q Okay. And I think you testified that you

1	Page 103 relied on this article to make your opinion to the Board?
2	A It's one of the articles that I used. Yes.
3	Q Would the standard of care articulated in
4	this article, was it different at the time that
5	Dr. Nguyen saw the patient?
6	A No.
7	Q And this appears to be a true and correct
8	copy of the article that you provided to the Board?
9	A Yes.
10	MS. BRADLEY: So based on Dr. Hall's
11	testimony, I'd ask that Exhibit 8 be admitted.
12	MS. BUYS: And we would further like to lodge
13	objection, as this refers to acute management of croup in
14	the emergency department and the care rendered was at an
15	urgent care facility. And again, it looks like, even at
16	the top, it is a 2017 article. So we would just like
17	that noted for the record.
18	HEARING OFFICER HALSTEAD: Okay. With that
19	notation, do you stipulate to the admission?
20	MS. BUYS: Yes, we stipulate to that is what
21	Dr. Hall relied upon in forming his opinion.
22	HEARING OFFICER HALSTEAD: Thank you.
23	Q (BY MR. BRADLEY:) All right. In Exhibit 9,
24	this is called, "Croup Diagnosis and Management." Have

	Page 104
1	you seen this document before, Dr. Hall?
2	A Yes.
3	Q And this is an article that you provided to
4	the Board with your review of this case?
5	A Yes.
6	Q Do you see the date at the bottom of the
7	article for the copyright? What is that?
8	A Yes. The date is 2018.
9	Q And would anything in this article have been
10	different? Like would the standard have changed from
11	2016 to 2018, when this was published?
12	A No.
13	Q And how do you know that?
14	A Well, the way that these articles are
15	written, as I've been an author for the American Family
16	Physician, for example, for this article, these articles
17	are typically in process about two years before an
18	article is published. So, in other words, the authors
19	are going to write this article. They're going to submit
20	it for peer review. It's going to be peer reviewed, it's
21	going to come back for editing, and that process takes a
22	year or two. So yes, it would be consistent with the
23	medical literature in 2016.
24	Q Okay. And so this appears to be a true and

Page 105 1 correct copy of the article that you provided to the 2 Board? 3 Α Yes. MS. BRADLEY: I would ask that Exhibit 9 be 4 5 admitted. HEARING OFFICER HALSTEAD: Ms. Buys? 6 7 MS. BUYS: And we'd further note for the record our objection that this article appears to have 8 9 been written May 1st of 2018, and therefore would not have been in existence at the time Dr. Nguyen provided 10 11 care in 2016. But with that objection on the record, we 12 can stipulate as to admissibility as this was a basis of 13 Dr. Hall's opinion in this case. 14 HEARING OFFICER HALSTEAD: Thank you. Number 9 will be admitted. I note the objection. 15 16 (BY MR. BRADLEY:) Thank you. Going to Q 17 Exhibit 10, have you seen Exhibit 10 before? I think the next one, probably. 18 19 Α Yes. Okay. And so it's titled, "Kenalog-40 20 0 21 Injection." Do you know where this came from? 22 Α Yes. So it's the reference as provided by 23 the manufacturer relative to the use and administration 24 of Kenaloq.

1	Q A	Page 106 And is this something that you found in your
2	research?	
3	A Y	les.
4	Q H	How did you find it?
5	A S	So these documents are included with the
6	medication, a	and you can search for them and they're
7	available fre	ee online, too.
8	Q C	Okay. And did you find this one?
9	A Y	res.
10	Q W	Where did you find this one?
11	A S	So good question. I believe it was from the
12	FDA website,	is my belief.
13	Q C	Okay. And you reviewed this document and
14	provided it t	to the Board?
15	A Y	les.
16	Q B	Based on and this appears to be a true and
17	correct copy	of what you provided?
18	A Y	res.
19	M	MS. BRADLEY: Based on Dr. Hall's testimony,
20	I would ask t	that Exhibit 10 be admitted.
21	H	HEARING OFFICER HALSTEAD: Ms. Buys?
22	M	MS. BUYS: We further note for the record our
23	objection tha	at this document appears to be updated.
24	Ms. Bradley m	may be referencing the next exhibit with
1		

1	Page 107 regard to the date, as this is labeled as incomplete or
2	partial, and the IC's Exhibit Number 11 is labeled as
3	complete, but to the extent that it is updated, it is
4	unclear and speculative as to whether it was in effect,
5	the guidance provided at the time Dr. Nguyen provided
6	care and treatment in 2016.
7	HEARING OFFICER HALSTEAD: Thank you.
8	MS. BUYS: Otherwise, we do. Thank you.
9	HEARING OFFICER HALSTEAD: All right. So
10	noting that objection, Exhibit 10 will be admitted.
11	Q (BY MR. BRADLEY:) Okay. So let's turn to
12	Exhibit 11. Have you seen this before, Dr. Hall?
13	A Yes.
14	Q And what is this?
15	A So this is further documentation from the
16	manufacturer of Kenalog regarding the use and
17	administration of that particular medication.
18	Q Okay. And I do think if we turn to the last
19	page of this exhibit, we do see a date on there. What's
20	the date on this one?
21	A June 2018.
22	Q And you located this document?
23	A The same process. I went to the FDA website.
24	Q Okay. And do you recall if it differs from
I	

Page 108 1 the previous one? Because they have the same title, at 2 least. I can tell the print is different. I do not recall the distinction between these 3 Α 4 two. 5 MS. BUYS: To clarify for the record, when you say "The previous one," are you referring to IC's 6 7 Exhibit Number 10? MR. BRADLEY: Yeah. 8 9 MS. BUYS: Okay. Thank you for clarifying. (BY MR. BRADLEY:) Okay. So is this 10 0 11 something then that you provided to the Board when you 12 reviewed this case? 13 Α Yes. And this appears to be a true and correct 14 Q copy of what you provided to the Board? 15 16 Α Yes. 17 MS. BRADLEY: Based on Dr. Hall's testimony, I'd ask that Exhibit 11 be admitted. 18 19 HEARING OFFICER HALSTEAD: Ms. Buys? 20 MS. BUYS: And consistent with our prior 21 objections, we object that the date of this document is 22 after the date of care. This is labeled June of 2018, and the care provided was in 2016, but we stipulate as to 23 24 the admissibility that this was a document relied upon by

	Page 109
1	Dr. Nguyen.
2	HEARING OFFICER HALSTEAD: Thank you. I do
3	note the objection, and Exhibit 11 is admitted.
4	Q (BY MS. BRADLEY:) So let's go to Exhibit 12,
5	what's been pre-marked as 12 and not yet admitted. And
6	this is titled, "Documenting Vaccination." Dr. Hall,
7	have you seen this before?
8	A Yes.
9	Q And what is this?
10	A So this is information I obtained from an
11	immunization website to provide information regarding how
12	documentation would occur in the medical record.
13	Q Okay. And so this is about documenting a
14	vaccination. Is there a vaccination in this case?
15	A There is no vaccination in this case.
16	Q So why did you pull this one?
17	A So I pulled this one because I was trying to
18	find several references that would describe how when
19	something is administered to a patient, how that would be
20	documented in the medical record.
21	Q And so you felt that documenting the
22	vaccination might be similar to documenting an injection?
23	A Yes.
24	MS. BRADLEY: Based on Dr. Hall's testimony,
1	

Page 110 I'd ask that Exhibit 12 be admitted.
HEARING OFFICER HALSTEAD: Ms. Buys?
MS. BUYS: And we'd just lodge further
objection regarding the date of this article appears to
be updated, and relevance as it refers to vaccination as
opposed to a steroid injection but do stipulate as to its
admissibility to show that this is a document that
Dr. Hall relied upon in forming his opinions.
HEARING OFFICER HALSTEAD: Thank you. With
that, I note the objection, and Exhibit 12 will be
admitted.
Q (BY MR. BRADLEY:) Okay. And Exhibit 13,
Dr. Hall, do you see that one?
A I do.
Q And it's titled, "Evaluating Medical Decision
Making Capacity in Practice." Do you see a date for this
article?
A Yes. So the article was published on July
1st, 2018.
Q And does this appear to be a true and correct
copy of what you provided to the Board with your review?
A Yes, it does.
Q And you relied on this as part of your review
of this case?

1	Page 111 A Yes.
2	Q And I think you already testified, but what's
3	contained in here would not be different than what was
4	the standard of care as of November 4th, 2016?
5	A Yes.
6	MS. BRADLEY: Based on Dr. Hall's testimony,
7	I'd ask that Exhibit 13 be admitted.
8	HEARING OFFICER HALSTEAD: Ms. Buys?
9	MS. BUYS: Thank you. Respondent further
10	objects that the date of this article appears to be July
11	1st, 2018, which was almost two years after the care
12	provided in 2016, and therefore not in existence at the
13	time but does stipulate that this is an article that
14	Dr. Hall relied upon in forming his opinions in this
15	matter.
16	HEARING OFFICER HALSTEAD: Thank you. I note
17	the objection, and Exhibit 13 is admitted.
18	Q (BY MR. BRADLEY:) Then let's look at Exhibit
19	14 next, please. So this is titled, "Croup." What does
20	this appear to be from?
21	A So this is an article published in the
22	Lancet, which is a medical journal.
23	Q Okay. And then I think we can look at the
24	date on top there as well.

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1	Page 112 A Yes. This article was published in January
2	or February of 2008.
3	Q Okay. And does this appear to be a true and
4	correct copy of an article that you provided to the
5	Board?
6	A Yes.
7	Q And this is something that you relied on in
8	your review of this case?
9	A Yes.
10	MS. BRADLEY: Based on Dr. Hall's testimony,
11	I'd ask that Exhibit 14 be admitted.
12	HEARING OFFICER HALSTEAD: Ms. Buys?
13	MS. BUYS: And we stipulate that this is an
14	article that Dr. Hall relied upon in forming his opinions
15	in this matter and therefore stipulate to its
16	admissibility.
17	HEARING OFFICER HALSTEAD: Thank you.
18	Exhibit 14 will be admitted.
19	Q (BY MR. BRADLEY:) So now we are on Exhibit
20	15. This is titled, "Chapter 15: Intramuscular
21	Subcutaneous and Intradermal Injections." Have you seen
22	this before, Dr. Hall?
23	A Yes.
24	Q And what is that?

1	Page 113 A So this is one of the chapters from a
2	textbook on current procedures in pediatrics, and it's
3	information from that particular publication.
4	Q Okay. Do we have a date for this, I wonder?
5	Let's see from the back.
6	A I think I should be able to find it here. So
7	this particular book was published in 2007.
8	Q Okay. 2007?
9	A Yes.
10	Q Okay. And does this appear to be a true and
11	correct copy of the chapter that you reviewed when
12	forming your opinion in this case?
13	A Yes.
14	MS. BRADLEY: Based on Dr. Hall's testimony,
15	I'd ask that Exhibit 15 be admitted.
16	HEARING OFFICER HALSTEAD: Ms. Buys?
17	MS. BUYS: And then we further also go and
18	object to the extent we can't find a date on the copy of
19	the article that we have. It appears to be updated to us
20	as well as object to the reference to intradermal
21	injections. It's not relevant to the care at issue in
22	this case. We do stipulate as to its admission to show
23	that this is a document Dr. Hall relied upon in forming
24	his opinions in this case.

Page 114 1 HEARING OFFICER HALSTEAD: Thank you. I note 2 the objection, and Respondent's Exhibit 15 is admitted. (BY MS. BRADLEY:) Dr. Hall, why did you pull 3 0 4 this document? Do you remember in your review? 5 Α Yes. I was trying to find the most relevant information I could regarding the clinical situation 6 7 presented, which was an intramuscular injection in a pediatric patient. 8 9 And you testified that this is from a book called -- What was the name of the book again? 10 11 Α The name of the book is Current Procedures; 12 Pediatrics." 13 Okay. Thank you. All right. And then let's 0 go to Exhibit 16. This is titled, "Musculoskeletal 14 Injections - a Review of the Evidence." Have you seen 15 16 this before? 17 Α Yes. And what is this? 18 0 So this is an article written in the American 19 20 Family Physician regarding musculoskeletal injections. 21 And it appears it's dated October 15, 2008? Q 22 Α That is correct. 23 And does this appear to be a true and correct O 24 copy of an article that you provided to the Board?

1	Page 115 A Yes.
2	Q And you relied on this in forming your
3	opinion in this case?
4	A Yes.
5	Q And it's about musculoskeletal injections.
6	Is that the same kind of injection that we had in this
7	case?
8	A There's a distinction I would draw between
9	generally what we would call a musculoskeletal injection
10	versus what was administered to Patient A in this case.
11	Having said that, there are some similarities.
12	Q And so you felt like it was relevant to
13	review?
14	A It was relevant. Yes.
15	MS. BRADLEY: Okay. Based on Dr. Hall's
16	testimony, I would ask that Exhibit 17 be admitted.
17	HEARING OFFICER HALSTEAD: Exhibit 16.
18	MS. BRADLEY: Sorry. Yeah. Sixteen. I
19	apologize. Gosh, I'm already jumping ahead.
20	HEARING OFFICER HALSTEAD: Ms. Buys?
21	MS. BUYS: Yes, and Respondent further
22	objects that again, we're dealing with an intramuscular
23	injection rather that a musculoskeletal injection and
24	therefore objects to the relevance of this article as to

Page 116 the standard of care; both its reference to treatment of 1 2 conditions such as bursitis and carpal tunnel which are not at issue in this matter. But we do, however, 3 4 stipulate to the admissibility to demonstrate this was an 5 article relied upon by Dr. Hall in forming his opinions in this case. 6 7 HEARING OFFICER HALSTEAD: Thank you. the objection and I admit Respondent's Exhibit 16. 8 9 (BY MS. BRADLEY:) Okay. I then would go to Exhibit 17, which is titled, "Joint and Soft Tissue 10 11 Injection." Have you seen this before, Dr. Hall? 12 Α Yes. 13 0 And what is it? So it is an article written for the American 14 Family Physician describing joint and soft tissue 15 16 injections. 17 And is that the same kind of injection we 0 have in this case? 18 19 It is, yes, generally speaking, yes. Α Okay. Maybe can you explain that for me? 20 0 Because a joint injection sounds different to me than an 21 22 intramuscular one, but I'm not a doctor. 23 Α Yeah. So the difference that I would

describe is a joint injection is what you would imagine,

24

Page 117 and that involves putting a needle into a joint and 1 administering a medication. A soft tissue injection 2 would be different. That would be placing medication 3 4 into the soft tissues. And by definition in this 5 article, that would include into subcutaneous tissues or into the muscles. 6 7 Okay. And this appears to be a true and correct copy of an article that you provided to the Board 8 in your review of this case? 9 10 Α Yes. 11 And then for the record, I think on the 12 bottom of the first page there, there's a date of this 13 article. Do you see that? 14 Α Yes. July 15th, 2002. MS. BRADLEY: Based on Dr. Hall's testimony, 15 16 we would ask that this article be admitted into evidence. 17 HEARING OFFICER HALSTEAD: Ms. Buys? MS. BUYS: And yes, we further object as to 18 the relevance of this article as it deals with again 19 joint and soft tissue injections as opposed to 20 intramuscular injection for treatment of respiratory 21 22 symptoms, and we therefore object to the relevance as to 23 the standard of care. However, we do stipulate to the 24 admissibility to show that there was an article relied

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Page 118
     upon by Dr. Hall in forming his opinions in this matter.
 1
 2
                 HEARING OFFICER HALSTEAD: Okay. I note the
     objection.
                I admit Respondent's Exhibit 17.
 3
                                                   Thank you.
 4
                 (BY MR. BRADLEY:) So, Dr. Hall, I think
 5
     you've looked at the Board's Exhibit 5 a lot, and we've
     also looked at the Board's Exhibit 11 or -- sorry --
 6
 7
     Respondent's Exhibit 11, which is that shot record. If
 8
     we go to --
 9
                 HEARING OFFICER HALSTEAD: Respondent's
     Exhibit 12.
10
11
                 (BY MS. BRADLEY:) Oh, Respondent's Exhibit
12
          I apologize. I need to change these. I'll do that
     12.
13
     at lunch. If we go to Respondent's Exhibit I think it's
     5 and 6, I'm looking at medical records. Is that what we
14
     have for 5 and 6 for Respondent?
15
16
                 MS. BUYS: Are you referring to a certain
17
     Bates stamped page?
18
                 MS. BRADLEY: No, I'm just referring to the
19
     exhibits and I'm hoping I have the exhibit numbers right.
                 HEARING OFFICER HALSTEAD: Respondent's 5?
20
21
                 MS. BRADLEY: Respondent's 5 and Respondent's
22
     6.
23
                 HEARING OFFICER HALSTEAD: And Respondent's
24
     6.
```

Page 119 1 MS. BRADLEY: Yes. Okay. I'm looking at the 2 right thing, and I think that you have them in your binder too. 3 4 HEARING OFFICER HALSTEAD: Ms. Buys, I have 5 Respondent's 5 is the HealthCare Partners Medical Group-700 building with the address of Warm Springs Road, 6 7 and then Exhibit 6 starts with a certificate of the custodian of records, and its corporate office and it 8 9 says: "Allscripts" on the top right. MS. BUYS: Thank you. That's what we have in 10 11 front of us as well. 12 HEARING OFFICER HALSTEAD: Okay. Thank you. 13 (BY MR. BRADLEY:) Have you seen these 0 before, Dr. Hall? 14 I may be out of order here because I think 15 16 mine are a little different. I just need to make sure 17 I'm on the right record. Okay. That's 5. 18 0 19 We're going to use this one. All right. got it. Number five. 20 21 Q Yeah. Have you seen those before? 22 This first page, I have not seen before or at 23 least I don't recall seeing it before. I do recall -- so 24 the first page, I've not seen before. The subsequent

1	Page 120 pages are consistent with what I reviewed regarding the
2	medical record from the date of service November 4th,
3	2016.
4	Q And I guess I just want to talk about the
5	records a little bit. Are you familiar with a standard
6	in Nevada regarding what consists of timely, legible
7	accurate and complete medical records?
8	A I would say your description is somewhat
9	self-evident to me that medical records should be
10	legible, they should be completed in a timely manner, so
11	yes.
12	Q Okay. And I know I've had you look at a lot
13	of the Board's exhibits, and the reason I wanted you to
14	look at the Respondent's is I think there's a handful
15	more pages of medical records that Dr. Nguyen has
16	provided than what we had initially obtained.
17	A Yeah, I agree. Yes, I agree.
18	Q Okay. Because my question really is: Based
19	on what we've talked about today, would you say these
20	records are timely, legible, accurate and complete?
21	A What I reviewed previously, so that for the
22	record is pages 2, 3, and 4, appear to me to be timely,
23	legible and accurate in the sense that there are
2.4	Well. I'm aware that there are some additional pages now.

1	Page 121 so I would question if we had all of the medical records
2	with my original review. That's what I would question.
3	Q Okay. But, for example, I think we talked
4	about the informed consent documentation.
5	A Yes.
6	Q Do you think that should have been more
7	complete in the record?
8	A Yes.
9	Q And so if informed consent isn't documented
10	as completely, I mean, does that make the record now not
11	complete?
12	A Yes. One would need to document informed
13	consent. Yes.
14	Q And if it's not documented, I've heard people
15	say if it's not documented, it didn't happen. Is that
16	something
17	A I've heard the same thing.
18	Q And where have you heard that?
19	A Well, in my medical training and certainly
20	from a medical/legal perspective, I've heard the same
21	principle discussed.
22	Q Okay. Why is documentation so important in
23	patient records?
24	A Well, I think this is a great example, is

1	Page 122 we've heard testimony today from Mrs. DelGrosso, and it's
2	difficult to recollect an event that happened years ago.
3	And so to provide an accurate, timely and legible medical
4	record provides an opportunity to support a treatment
5	plan and provide an appropriate indication for the
6	recommendations provided.
7	Q Okay. And then as far as the Board's
8	standard for malpractice, are you familiar with that?
9	A I've read through it.
10	Q Okay. And is it your understanding that it's
11	different perhaps than it might be in a civil case?
12	A Yes.
13	Q Do you know how it's different?
14	A I don't.
15	Q So the Board's standard for malpractice is
16	that a person has failed to use reasonable care, skill,
17	or knowledge ordinarily used under similar circumstances.
18	So do you believe that Dr. Nyugen's care constitutes
19	malpractice as defined by the Board?
20	A So yes, so my written statement, yes, I
21	stated that.
22	Q Okay. And what was the reason for that?
23	A There were three reasons that I made that
24	statement. Number one: I could not find documentation

1	of informed consent for administration of Kenalog
2	intramuscularly. Number two: I didn't understand the
3	reasoning behind providing both oral and intramuscular
4	corticosteroids. And finally, there wasn't in the
5	medical record I initially reviewed there was not a
6	description of how the injection was administered.
7	Q Okay. And but now we have that?
8	A We now have that.
9	Q Okay. But also too, just to clarify, I think
10	you talked about the two, both the oral and the
11	injection, but there's also the question of whether so
12	there's the redundant medication.
13	A Yes.
14	Q But there's also the question of whether the
15	shot was necessary at all.
16	A Yes.
17	MS. BRADLEY: All right. I have no further
18	questions for Dr. Hall at this time.
19	MS. BUYS: I believe it's about 11:15 now.
20	Would everyone be all right breaking for lunch a little
21	bit earlier than noon?
22	MS. BRADLEY: No. I'm not sure Dr. Hall is
23	going to be available much after lunch, and so I would
2.4	suggest that if you have cross-examination for him that

1 it be done now. 2 HEARING OFFICER HALSTEAD: Do you need a 3 small break, Ms. Buys? 4 MS. BUYS: Yes, that would be great. 5 HEARING OFFICER HALSTEAD: Okay. So it's 6 11:16, so why don't we come back at 11:25. 7 MS. BRADLEY: Okay. Thank you. 8 (Recess.) 9 HEARING OFFICER HALSTEAD: I noted that 10 everyone is back present. Are you prepared to continue. 11 MS. BUYS: Yes. Can everybody hear us okay. 12 HEARING OFFICER HALSTEAD: We can now. 13 MS. BUYS: Yes, we're ready to go back.
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11 MS. BUYS: Yes. Can everybody hear us okay: 12 HEARING OFFICER HALSTEAD: We can now.
12 HEARING OFFICER HALSTEAD: We can now.
MS. BUYS: Yes. we're ready to go back.
14 HEARING OFFICER HALSTEAD: We're back on the
15 record. It is now 11:29 a.m., and I remind Dr. Hall that
16 you remain under oath.
Go ahead, Ms. Buys. Thank you.
18
19 CROSS-EXAMINATION
20 BY MS. BUYS:
21 Q Thank you so much. Dr. Hall, I believe that
22 you testified that you've been a consultant for the
23 Nevada State Board for cases other than this matter; is
24 that correct?

1	Page 125 A So I've been a peer reviewer for other cases,
2	yes.
3	Q And how many of those cases have you reviewed
4	for the Nevada Board of Medical Examiners?
5	A I would estimate around eight.
6	Q And how many years have you been a consultant
7	to the Nevada State Board?
8	A I would estimate since approximately 2010.
9	Q And, Dr. Hall, to your understanding, were
10	you the only physician to have conducted a review of this
11	case pursuant to the request of the Nevada Board of
12	Medical Examiners Investigative Committee?
13	A I'm aware of no other physicians who have
14	looked at this case. Yes.
15	Q Apart from the documents that have been
16	disclosed by the Investigative Committee which I believe
17	were marked as exhibits, they were investigative exhibits
18	5 through I believe it's 17, if I have that correctly,
19	did you rely on any other documents or information in
20	formulating your opinions about this case?
21	A No.
22	Q Have you ever seen Patient A or had an
23	opportunity to examine Patient A?
24	A No.

1	Page 126 Q Is it fair to say that you have not directly
2	observed any skin I believe we referred to it as a
3	divot on Patient A yourself; is that correct?
4	A That's correct.
5	Q And, Dr. Hall, did you review all of the care
6	and treatment received by Patient A or just care that was
7	provided by Dr. Nguyen?
8	A So I was given additional medical records
9	which I included a list of in my review, so there were
10	additional medical records that I reviewed as requested
11	as provided by the State Medical Board.
12	Q All right. I'll just make a note that we
13	were not provided a list of any written documents that
14	you had reviewed or a written statement. Is it your
15	testimony that you had a written list of documents you
16	reviewed as well as a written report that you provided to
17	the Investigative Committee?
18	A Yes, that is correct. So I received
19	additional medical records beyond the date of service in
20	question as part of my review.
21	Q All right. And I just want to make a note
22	for the record that those documents were requested by
23	Dr. Nguyen, a motion was filed, and that objection was
24	overruled. And I just wanted to make that clear for the

1	Page 127 record that we had not had an opportunity to review any
2	of those additional documents.
3	So, Dr. Hall, I just want to clarify as well.
4	Would you agree that the date Dr. Nguyen provided care to
5	Patient A was November 4th of 2016?
6	A Yes, that's the date of service on the
7	medical record.
8	Q All right. Do you know where the date of
9	November 11, 2016 came from? Do you have any
10	understanding?
11	A I do not.
12	Q Okay. Would you agree with me that the
13	Nevada State Board of Medical Examiners should list all
14	of the testimony and facts of the case before
15	determination is made about Dr. Nguyen both from the
16	Respondent and all expert witnesses called to testify?
17	A You're going to have to forgive me. I am not
18	experienced legally, but obviously, the principle of
19	providing evidence, complete evidence is, I think,
20	important.
21	Q Gotcha. So is it fair to say if you were
22	sitting to the right of me where Dr. Nguyen is, you would
23	want the Board to consider evidence from the Respondent
24	as well as the Investigative Committee; is that fair

1	Page 128 enough?
2	A Yes.
3	Q Okay. Are we in agreement that this child,
4	Patient A, was so sick that on November 4th, 2016, her
5	parents thought she needed to be seen at an urgent care
6	clinic because they didn't want to risk waiting a few
7	days to see her pediatrician at an appointment?
8	A That was the testimony of Patient A's mother.
9	Yes.
10	Q All right. And I believe you had testified
11	to this earlier, but can we agree that the illness the
12	patient complained of principally presented as a
13	respiratory illness?
14	A Yes.
15	Q Okay. And would you agree with me that the
16	standard of care for a physician is determined based upon
17	the date the care was provided?
18	A Yes.
19	Q All right. And what is your definition of
20	the standard of care just for the record?
21	A Well, I would agree with what was stated
22	previously. I don't have the exact definition in front
23	of me, but to follow generally accepted medical standards
24	and to provide appropriate documentation.

1	Page 129 Q All right. And that's the definition you
2	relied upon in forming your opinions in this case; is
3	that correct?
4	A So I relied upon the statement that
5	Ms. Bradley read previously.
6	Q All right. And you had also testified that
7	you had reviewed the records that were, I believe,
8	admitted as the IC's Exhibit Number 5 as well as
9	Respondent's exhibits I believe they're listed as
10	Exhibits Number 7 and 8 which have both Bates stamps at
11	the bottom: HCP 001 through 17 and the admin log 1
12	through 7 as well as Respondent's Exhibit I believe
13	it's Number 13 with patient administration details. Do
14	you have those documents in front of you?
15	A We're trying to find those, so we might need
16	you to go back through them and list them. So I do have,
17	on the State Medical Board Exhibit 5, that's the medical
18	record. And then from the this would be from the
19	Respondent's exhibit binder under 5, I've got the
20	HealthCare Partners Medical Group. It's part of medical
21	record. And pages two, three, and four are consistent,
22	are the same documents that are under Exhibit 5 for the
23	State Medical Board's record. And then which were the
24	other ones that you wanted to ask about?

1	Page 130 MS. BUYS: I also wanted to talk about the
2	medical administration log, which I believe we now have
3	listed as Respondent's Exhibit Number 6, as well as the
4	medication administration details, which is Respondent's
5	Exhibit Number 12.
6	MS. BUYS: So I believe we have the same
7	document as listed as Number 6, and we have a
8	declaration, under Exhibit 12, we have a declaration from
9	Melissa Vogt. That's what I have.
10	HEARING OFFICER HALSTEAD: So they're going
11	to be one number, I think. Like if she says 12, it's
12	going to be 13. If she says it's six, it's going to be
13	seven.
14	THE WITNESS: Oh, okay. Sorry. So with
15	clarification, we also have standard operating procedure
16	for HealthCare Partners of Nevada. We do have that
17	exhibit, but it's under a different number on my binder.
18	HEARING OFFICER HALSTEAD: Can you just
19	clarify each exhibit, and if it's Respondent as or the
20	Board's, and I'll clarify for everyone on this end.
21	Q (BY MS. BUYS:) Thank you. I was referring
22	also to it is Respondent's Exhibit I believe we
23	stipulated to its admission as Respondent's Exhibit
24	Number 12, and it's Medical Administration Details, Bates

Page 131 stamped Med Admin Details 00001 through 2. 1 2 Yes, I have that one. Okay. Perfect. And have you had an 3 0 4 opportunity to review all of these documents before your 5 testimony here today? So the document that you just referenced, I 6 Α 7 received this by email the night of May 23rd, and I did review that. Under Exhibit 5, so on Exhibit 5, I have 8 9 not reviewed until today or have not seen until today pages 1, 5, and 6. So I did not receive 1, 5 or 6 10 11 previous to today. 12 All right. And when you say Exhibit Number 13 5, are you referring to it's medical records from HealthCare Partners and Bates stamped at the bottom HCP 14 01 through 17? 15 16 Α Yeah, so that is correct. I'm referring to 17 the medical record from HealthCare Partners under Respondent's Exhibit 5, and I'm referring to HCP 1, 5, 6, 18 and 7 are the ones that I have not previously reviewed. 19 20 All right. Thank you for clarifying. I just 0 wanted to make that point for the record. If you could 21 22 please go and take a look at that it's Respondent's 23 Exhibit Number 12, the Medication Administration Details. 24 Α Yes.

	7 120
1	Page 132 Q Do you have that in front of you?
2	A I do. Thank you.
3	Q Thank you. I believe Ms. Bradley had asked
4	you earlier about the dosage for the Kenalog injection,
5	and if I recall your testimony correctly, you believed
6	you had stated it was one mL. Is that correct?
7	A So there I was a little confused, and
8	there is a distinction between what is documented under
9	Tab 5 and what is documented under Tab 12. So under Tab
10	5, if you look at the Kenalog order, the order says
11	Kenalog, 40 milligrams per milliliter, and it says:
12	Inject 0.5 milliliters intramuscularly. That dosing
13	would be 20 milligrams. However, on Exhibit 12, the
14	documentation here lists a dose of 1 milliliter, which
15	would be 40 milligrams of Kenalog. So there is a little
16	distinction.
17	Q All right. Just to clarify for the record,
18	Doctor, where do you see that 1 milliliter on this
19	documentation? I believe actually, strike that. Do
20	you see at the top of the page under it says,
21	"Administration details"?
22	A Yes.
23	Q There is a statement right there. It looks
24	like it reads inject

	Page 133
1	A Yes.
2	Q 0.5 mL intramuscularly once.
3	A Yes. So that
4	Q Do you see that?
5	A I do. Yes.
6	Q All right. And did I read that correctly?
7	A Yeah, that is correct.
8	Q All right. And the notation: Inject 0.5
9	milliliters intramuscularly once, would that be
10	consistent with the records that you reviewed in Exhibit
11	Number 5 regarding the .5 milliliter injection?
12	A Yes, it would.
13	Q All right. So to clarify Strike that.
14	Would .5 milliliters of a 40 milligram per milliliter
15	injection, would that be 20 milligrams per milliliter?
16	A Yes, it would be 20 milligrams.
17	Q Twenty milligrams. Thank you for clarifying.
18	And so would it be consistent that Dr. Nyugen's
19	documentation indicates that it was 20 milligrams that
20	was administered?
21	A Yes, I believe that is correct. That is what
22	is stated in Exhibit 5. And also, as you pointed out in
23	that section right underneath administration details,
24	that is the exact same description there. So yes, I

Page 134 believe the correct dosing is going to be 20 milligrams 1 2 that was administered of Kenalog. 3 MS. BUYS: Thank you. HEARING OFFICER HALSTEAD: Sorry. Can you 4 5 point out to me the reference that you're both referring to on Exhibit 5 just so I can make sure that I'm in the 6 7 same place? THE WITNESS: Yeah, it's --8 9 MS. BUYS: Certainly. I was referring to it looks like it's that paragraph that --10 11 HEARING OFFICER HALSTEAD: Okay. I see Exhibit 5. I'm sorry I misspoke. Exhibit 12. 12 13 THE WITNESS: Yeah, right here. So if you 14 look right there. 15 HEARING OFFICER HALSTEAD: Where it says 16 dose: 1 unit milliliter. 17 THE WITNESS: I'm sorry. Look above that. HEARING OFFICER HALSTEAD: Okay. Injection 18 of 0.5 milliliter. 19 20 THE WITNESS: There you go. 21 HEARING OFFICER HALSTEAD: Thank you. 22 (BY MS. BUYS:) Thank you. For the record, that's on Bates stamp page Med Admin Details 00001 just 23 24 for the record to make sure we're all on the same page.

1	Page 135 Dr. Hall, I believe you had testified
2	regarding your opinions as to the care and treatment that
3	Dr. Nguyen provided when Mr. Bradley was asking you
4	questions. Do you remember that?
5	A Yes.
6	Q Did you express all of the opinions and
7	criticisms that you had had about Dr. Nyugen's care at
8	the time that she was asking you questions?
9	A Can you repeat that?
10	Q Certainly. Let me rephrase.
11	HEARING OFFICER HALSTEAD: Would you like
12	that read back, Ms. Buys?
13	MS. BUYS: Yes, that would be great.
14	(Requested portion read by the reporter.)
15	THE WITNESS: So my recollection is I brought
16	up three specific concerns, and those represent the three
17	concerns that I had when I reviewed the medical record.
18	Q (BY MS. BUYS:) Thank you. But you don't
19	have any additional concerns or criticisms other than
20	those three that you had testified to; is that correct?
21	A That is correct. Yes.
22	Q Okay. And, Dr. Hall, how many patients with
23	croup have you treated in your office?
24	A Over what time period?

1	Page 136 Q Over the course of your career as a family
2	medicine/sports medicine physician.
3	A Oh, gosh. Hundreds. Somewhere quite a
4	few.
5	Q All right. And all of those patients, were
6	they treated in your private office or were they seen in
7	hospitals?
8	A So if you extend all of my medical training,
9	in my medical training, I saw them both in the office and
10	in the hospital. I've not done hospital medicine for
11	more than ten years, so recently, it's just been in my
12	office.
13	Q And of those patients, how many specifically
14	did you see at your office? Can you estimate a number?
15	A More than 100.
16	Q All right. And in your experience, Doctor,
17	how many two-year-olds resist having medication injected?
18	A All of them.
19	Q And how many require additional assistance
20	from a parent to help kind of stabilize them during an
21	administration of an injectable medication?
22	A All of them.
23	Q In your experience, Doctor, has a child who
24	has had a history of vomiting ever thrown up medication

	Page 137
1	that was taken orally?
2	A Yes.
3	Q And if a child vomits up oral medication, how
4	is the parent supposed to know how much medication they
5	threw up?
6	A That's difficult to estimate.
7	Q And I believe when you reviewed you had
8	stated that you had reviewed the records for Patient A.
9	On November 4th, 2016, what percentile was Patient A for
10	weight for a three-year-old child?
11	MS. BRADLEY: I'm going to object. That
12	misstates the evidence. She wasn't three years old.
13	Q (BY MS. BUYS:) Right. I just would like to
14	know for a three-year-old though.
15	A And the question is percentile?
16	Q Correct. What percentile was Patient A?
17	MS. BRADLEY: I'm still going to object. I
18	don't understand why we're asking about a three-year-old
19	when the patient wasn't three. The patient was not quite
20	two.
21	HEARING OFFICER HALSTEAD: Ms. Buys
22	MS. BRADLEY: So what's the relevance of a
23	three-year-old?
24	HEARING OFFICER HALSTEAD: can you repeat
	infinitive official infibilities out you repeat

1	the question for me, please?
2	MS. BUYS: Certainly. I was inquiring as to
3	the percentile for this child's weight as in a three-year
4	old's percentile. She appears to me to be rather large
5	even for a two-year-old. However, I could certainly go
6	and rephrase the question as to what percentile this
7	child was for a two-year-old.
8	HEARING OFFICER HALSTEAD: Go ahead.
9	THE WITNESS: So I don't have the percentile
10	chart in front of me, so I don't know that I can answer
11	that question as to what percentile this child would fall
12	under.
13	Q (BY MS. BUYS:) All right. And so leading to
14	my other question, do you recall if the weight of the
15	child was documented in the medical record?
16	A Yeah. So as documented here, the child was
17	33 pounds.
18	Q All right. And just to clarify, it's your
19	testimony that at this time, as you sit here today, you
20	cannot state what percentile weight the child would be in
21	as you would need to refer to a chart; is that correct?
22	A That is correct.
23	Q All right. And in your experience treating
24	pediatric patients, how often are two-year-old pediatric

1	Page 139 patients ambulating for, you know, approximately six,
2	nine months?
3	A How often are they ambulating?
4	Q Correct.
5	A So two-year-olds, if they were following
6	normal development, would be walking.
7	Q You were present during Ms. DelGrosso's
8	testimony. Do you recall her stating that her daughter
9	was walking at the time?
10	A I don't recall for sure, but it would make
11	sense to me that that would be the case.
12	Q All right. And switching gears a little bit,
13	Doctor, based on your experience, can children be
14	hospitalized due to croup?
15	A Absolutely.
16	Q Or croup-like symptoms?
17	A Yes.
18	Q And was this child hospitalized following her
19	November 4th, 2016 urgent care visit with Dr. Nguyen due
20	to croup?
21	A Not according to the medical records I
22	reviewed.
23	Q Can children die from croup?
24	A Yes.
1	

	Page 140
1	Q And based on your review and your
2	investigation, this child, Patient A did not die; is that
3	correct?
4	A That is correct.
5	Q Could it be that the treatment provided by
6	Dr. Nguyen prevented this child from being hospitalized
7	or, you know, suffering a more serious outcome like
8	death?
9	A Yes.
10	Q And have you seen any cases of a single
11	injection leading to a gluteal muscle atrophy?
12	A Yes.
13	Q How many times have you seen a single
14	injection leading to a gluteal muscle atrophy?
15	A The number that comes to my mind is about
16	four.
17	Q Were any of these pediatric patients?
18	A No.
19	Q Were any of those patients administered a
20	series of steroid injections?
21	A I don't recall.
22	Q And I believe when you had testified earlier
23	that I apologize Strike that. I believe you had
24	testified earlier that complications can occur despite a
1	

1	Page 141 steroid injection being administered intramuscularly
2	appropriately, that that's an issue that can still occur.
3	Is that correct?
4	A That is correct.
5	Q All right. And I also believed that you had
6	referenced some FDA guidance regarding Kenalog injections
7	as the basis of your opinion. Is that correct?
8	A That is correct.
9	Q All right. And I believe we had discussed
10	earlier that the FDA guidance that you had referred to
11	was revised in 2018. Do you recall that?
12	A So just for clarification, the FDA stores the
13	information as provided by the manufacturer of the
14	medications, and I think it was referenced and I'm
15	trying to find it, but one of the references did list a
16	date of publication of 2018. Yes.
17	Q All right. And I believe that you had
18	provided two copies of that FDA guidance. One seems like
19	it was partial and the other one was sort of labeled as a
20	complete. Do you recall seeing those exhibits?
21	A I do. Yes.
22	Q And you provided both of those exhibits to
23	the investigative committee; is that correct?
24	A I believe I did. Yes.
1	

1	Page 142 Q Are those the same document as the partial
2	exhibit a, you know, direct copy of the more complete
3	exhibit, it's just missing some of the pages?
4	A I would have to look. I am not sure exactly
5	what the distinction is between those two documents.
6	They appear fairly similar to me.
7	Q And my next question would be for that
8	partial document, would it be your understanding that
9	that shows part of the revised 2018 guidance for a
10	Kenalog injection?
11	A I'm trying to see if I can answer that here.
12	Q Certainly. Take your time reviewing.
13	A So what I'm seeing under Exhibit 10 is a
14	partial copy of the manufacturer's information regarding
15	Kenalog, and under Exhibit 11 so Exhibit 10 is a
16	larger in size and so it's a little easier on my eyes,
17	and so Exhibit 11 is a smaller but essentially similar
18	document, but it is not it is not complete in terms of
19	every page. That's what I'm seeing.
20	Q All right. And just to clarify and come back
21	to my question, is it your understanding that that IC
22	Exhibit 10 is documentation that was revised in 2018
23	similar to the IC's Exhibit 10?
24	A I cannot testify as to when this was revised.

Page 143 I can testify that the date listed is 2018. 1 2 Okay. Thank you, Doctor. And do you recall Q when you pulled this FDA guidance? 3 4 Yeah, somewhere I wrote it down. 5 accessed the information on July 21st, 2018. Thank you. And I'd like to draw your 6 Q 7 attention to it was Respondent's Exhibit Number 11. Specifically, it is Bates stamp BMS underscore (2011) 8 underscore 000017. 9 10 I think we have that one. Α 11 Perfect. And it should have that Bates stamp 12 at the bottom of BMS underscore (2011) 00001. 13 I do have that. Yes. Α All right. And, Doctor, under the header 14 "Dosage, Systematic," could you please read the first 15 16 sentence of the paragraph that appears directly after the 17 words "dosage systematic" on that page? Just the first sentence. 18 19 HEARING OFFICER HALSTEAD: It's going to be 20 page 17. 21 THE WITNESS: Seventeen. Okay. Yes, I can. 22 "The suggested initial dose is 60 milligrams injected deeply into the gluteal muscle." 23 (BY MS. BUYS:) All right. And just for the 24 0

Page 144 record as well, Doctor, this was the FDA quidance that 1 2 was available in 2016, revised in 2011. The date of that is on the back on Bates stamp page 20 of that exhibit. 3 4 Based on that first sentence -- actually, strike that. 5 Have you ever seen this document before, Dr. Hall? I have not seen this particular version, but 6 Α 7 my initial thought is it looks very similar to the document in the exhibits from the State Medical Board. 8 9 Gotcha. And based upon this document, which 0 is I'll represent to you the FDA guidance that was 10 11 revised in 2011 for a Kenalog 40-milligram injection --12 make sure I have it correctly. The title is "Kenalog 40 13 Injection." In 2016, Doctor, did the FDA approve the use of a Kenalog injection by administering it deeply into 14 the gluteal muscle? 15 16 Α Yes. 17 And, Doctor, I'd also like to draw your attention on that same exhibit, but it is on page 14. 18 it's Bates stamp BMS underscore (2011) 000014. Do you 19 have that in front of you? 20 21 I do. Α 22 0 All right, Doctor. And do you see that there 23 is a second paragraph on that page? 24 Α I do.

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Page 145
 1
            0
                 All right. And at the top of that second
 2
     paragraph, does it state quote, "The efficacy and safety
     of corticosteroids in the pediatric population are based
 3
 4
     on the well-established course of effect of
 5
     corticosteroids which is similar in pediatric and adult
     populations"?
 6
 7
                 Yes, I see that.
                 All right. And I read that correctly;
 8
 9
     correct?
10
            Α
                 Yes.
                 All right, Doctor. And based on that FDA
11
            0
12
     guidance, in 2016, did the FDA approve of the use of
     Kenalog injections in pediatric patients?
13
14
            Α
                 Yes.
                 All right. And based on your review of this,
15
            0
16
     Doctor, in 2016, did the FDA approve of the use of
17
     Kenalog injections for a respiratory illness?
                             I believe that is listed here.
18
                 Yes. Yes.
19
                 All right. And you previously testified
            Q
     regarding the FDA guidance on the location of a Kenalog
20
21
     injection is gluteal muscle. Is that correct?
22
            Α
                 Yes.
23
                 All right. Which is the exact location this
            0
24
     injection was given. Is that correct?
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1	Page 146 A That is the location listed on the medical
2	record. Yes.
3	Q Okay. And does the standard of care require
4	that a doctor ignore an approved process by the FDA on
5	where an injection should be administered?
6	A There are different sites of administration
7	that can be utilized, and I would reference one of the
8	other exhibits described some other locations that
9	Kenalog may be administered, and especially in the
10	pediatric population, but administering it into the
11	gluteal area is probably the most common place that these
12	medications are administered.
13	Q So would it be the standard of care for a
14	reasonable physician to administer this type of Kenalog
15	injection into the gluteal muscle?
16	A Yes.
17	Q Okay. And, Doctor, what is the percentage of
18	people who get a cutaneous or subcutaneous atrophy from a
19	single steroid injection?
20	A I would estimate it's very low.
21	Q And, Dr. Hall, I can't quite put my hands on
22	it, but can you please tell me the Nevada case,
23	regulation or statute that says that standard of care
24	requires that consent for a Kenalog injection be written?

	Page 147
1	A I could not cite that.
2	Q And I believe you had testified as to your
3	opinions regarding consent in this matter. Do you recall
4	that?
5	A I do.
6	Q In your experience, Doctor, do patients
7	sometimes forget every single side effect or risk of a
8	treatment that you've gone through with them?
9	A Patients' recollections can be incomplete.
10	Q And in your experience, is it possible that,
11	you know, a patient could go and understand the risks and
12	benefits and alternatives to treatment at the time you
13	provide them care and then, you know, approximately five
14	or so years later, they can't recall specifically what
15	was discussed?
16	A I think that yes, that can happen.
17	Q And I believe there was also testimony that
18	this divot is on the left buttock of Patient A. Is that
19	correct?
20	A Yes.
21	Q And you had testified that you reviewed
22	photographs which I believe it was the IC Exhibit Number
23	6?
24	A Yes.

	Page 148
1	Q Is that correct?
2	A That is correct.
3	Q And your understanding is that it shows a
4	divot on the left buttock?
5	A Yes.
6	Q Okay. And then going back to Respondent's
7	Exhibit Number 13, if I can pull that in front of you,
8	it's the Medication Administration Details.
9	A Yes. Okay. I've got that as number 12.
10	Q Yeah, I think the numbering was off, so just
11	to clarify for the record, do you have the document in
12	front of you? It's Bates stamped med admin details
13	A Yes.
14	Q 001?
15	HEARING OFFICER HALSTEAD: That's going to be
16	Respondent's Exhibit 12.
17	Q (BY MS. BUYS:) Okay. Thank you for
18	clarifying.
19	Doctor, do you see where it lists a site
20	where a Kenalog injection was administered for the
21	Patient A?
22	A I do.
23	Q And where is the site documented?
24	A It's documented as the right gluteal region.

1	Page 149 Q All right. And in your experience, Doctor,
2	if an injection is given on the right gluteal muscle
3	intramuscularly, can that lead to a divot on the left
4	buttock?
5	A No, I would not expect that.
6	Q All right. How quickly after a steroid
7	injection would you expect a divot like this to occur in
8	a patient?
9	A It takes some time. I would generally agree
10	with the description from Ms. DelGrosso. The atrophy
11	occurs you wouldn't necessarily see initially, and it
12	would take a little time to develop, and I would estimate
13	weeks to months for it to fully mature.
14	Q Can you estimate more specifically the time
15	that you would believe it would mature?
16	A I would say in my experience, one to two
17	months.
18	Q Okay. And so just to clarify as well, when
19	you mentioned the word "atrophy," are you referring to
20	muscle atrophy or subcutaneous atrophy?
21	A Well, I've not seen medical evidence that
22	makes a distinction there. We generally feel the atrophy
23	is more related to the subcutaneous tissue rather than
24	the muscle, but I've not seen evidence to help us answer

1	Page 150 that question as to which part of the body atrophies
2	more.
3	Q All right. So to clarify, your opinions in
4	this case do not draw a distinction between a muscle
5	atrophy or a subcutaneous atrophy?
6	A Right. I don't think I can tell you which
7	one it was. Yes.
8	Q Okay. And, Doctor, are there occurrences
9	where a patient can have spontaneous lipodystrophy or a
10	subcutaneous dystrophy?
11	A I've never seen it.
12	Q And my question is a little bit different.
13	Not necessarily if you've ever seen it, but are you aware
14	if there are any occurrences of spontaneous lipodystrophy
15	or subcutaneous dystrophy?
16	A I'm unaware of spontaneous atrophy.
17	Q All right. And to clarify, that's
18	spontaneous lipodystrophy or subcutaneous atrophy;
19	correct?
20	A That is correct.
21	Q All right. And would it be possible that
22	subcutaneous atrophy could occur as a result of trauma?
23	A It would be possible.
24	Q All right. And would that trauma include a
I	

	Page 151
1	patient falling?
2	A It could.
3	Q All right. And I believe you had also
4	testified regarding your criticisms as to the consent
5	documentation. Do you remember that testimony?
6	A Yes.
7	Q And if you recall correctly, your criticism
8	was that Dr. Nguyen only documented that the patient
9	verbalized and agreed with the treatment plan and that it
10	was your understanding that that was referring to Patient
11	A as opposed to the patient's proxy or parent. Is that
12	right?
13	A That is correct.
14	Q Okay. Is it common for a physician to refer
15	to a pediatric patient just as patient mean that to
16	encompass the patient's proxy like a patient?
17	A I would say no, I would not say that's
18	common.
19	Q All right. And what do you base that opinion
20	on?
21	A My medical experience. Normally, the medical
22	record will draw a distinction between a pediatric
23	patient and the adult parents.
24	Q All right. And in your review of the medical
1	

1	record in this case, did you see a reference to any of
2	the patient's parents by name?
3	A In looking at Exhibit 5, I'll go back and
4	look when I referenced it. I do not see a direct
5	reference to the parents in the medical record I was
6	provided.
7	HEARING OFFICER HALSTEAD: Are you looking at
8	Board's Exhibit 5?
9	THE WITNESS: I am. Yes.
10	HEARING OFFICER HALSTEAD: Okay. Maybe you
11	want to take a moment to read through that before you
12	THE WITNESS: Unless I'm missing something, I
13	don't see a discussion about the parents.
14	Q (BY MS. BUYS:) All right. And I'll go
15	clarify, Doctor. You have the Board's Exhibit 5 in front
16	of you. Is that correct?
17	A That is correct.
18	Q All right. On that first page under history
19	of present illness slash review of symptoms, do you see a
20	paragraph towards the bottom?
21	A Yeah, I do. And I see at the top of that,
22	there is a description: "Toddler here with her parents."
23	Q Okay. And so there is reference to the
24	patient's parents being there as part

	Page 153
1	A Yes.
2	Q of the visit; is that correct?
3	A That is correct.
4	Q All right. And then I also wanted to draw
5	your attention, Doctor, to Respondent's exhibit. We'll
6	pull this one, and it is going to be Respondent's Exhibit
7	Number 5 that was admitted. And at the bottom, Bates
8	stamp HCP 007. Do you see that?
9	A Yes, I do.
10	Q And is it your understanding, Doctor, that
11	the medical insurance and driver's license that are
12	included as part of Patient's A record are her parents'?
13	A Yes.
14	Q Okay. And so your criticism of Dr. Nguyen
15	regarding consent is that it appeared to you that it was
16	documented that it was the two-year-old giving the
17	consent; is that correct?
18	A That is correct.
19	Q All right. But there is reference that the
20	patient's parents were there as the patient's proxy;
21	correct?
22	A That is correct.
23	Q Okay. And, Doctor, in your experience in
24	treating a pediatric patient with croup, have you ever

	Danie 15/
1	Page 154 done so in an urgent care setting?
2	A I have not worked in an urgent care, but we
3	see urgent acute appointments in our office.
4	Q Gotcha. And was that a private office that
5	you sort of ran as the solo practitioner?
6	A So I have worked in a couple different
7	practice settings, but all of my practice settings have
8	involved more than one provider.
9	Q And when you're treating a pediatric patient
10	with possible croup, do you conduct a literature search
11	every time that you see that type of patient to make sure
12	you're adhering to the standard of care?
13	A I don't search literature with every patient,
14	no.
15	Q All right. And would you agree that when
16	completing a timely, accurate and complete medical record
17	that it's appropriate for a doctor to finish signing his
18	note after he reviews it?
19	A That is appropriate. Yes.
20	Q Okay. And do you sign your, I guess,
21	narrative or progress note immediately after you see a
22	patient?
23	A Not always.
24	Q Is it reasonable for a physician to wait
i	

1	Page 155 until the end of the day to finish signing and
2	documenting his note?
3	A Yes, it is.
4	Q And when you had reviewed this document, I
5	guess this case originally, you did not have the
6	documentation that was the Respondent's Exhibit Number
7	12; correct?
8	A That is correct.
9	Q Okay. And so for the record, the prior
10	criticisms regarding failure to document the lot number,
11	failure to document expiration date, has that been
12	satisfied based upon the production of this document?
13	A Yes, it has.
14	Q Okay. And when you were testifying regarding
15	the standard of care in providing a Kenalog injection in
16	a patient with respiratory illness, I believe you had
17	testified that your criticism was that it was redundant
18	to the oral medication. Is that correct?
19	A That is correct.
20	Q Okay. And is it your opinion that a
21	reasonable provider who had been told that a patient
22	previously did not get better with oral steroids alone
23	would want to go and move towards considering an
24	injection of a steroid?

1	Page 156 A Can you ask that question again? I didn't
2	quite understand.
3	Q Certainly. You know, and I'll strike that
4	and rephrase. Could you please go ahead and pull up, I
5	believe it was the IC's Exhibit 8. I believe it was
6	titled, "Acute Management of Croup in the Emergency
7	Department."
8	A Yeah.
9	Q Okay. Perfect. This is one of the documents
10	you testified was the basis for your opinions; correct?
11	A That is correct.
12	Q All right. In the abstract, there appears to
13	be a statement towards the bottom and it says quote,
14	"Despite the evidence supporting the use of steroids as
15	the cornerstone of croup treatment, there is significant
16	practice variation among physicians treating croup in the
17	emergency department." Did I read that correctly?
18	A Yes.
19	Q Based upon that sentence in this article that
20	you relied upon, is there a significant practice
21	variation among physicians on treating croup?
22	A So this author stated that there was.
23	Q And this was one of the articles that you
24	relied upon

	Page 157
1	A Yes.
2	Q in reviewing this case?
3	A Yes.
4	Q Okay. Gotcha. And so if a patient had
5	respiratory illness, you know, possible croup and a
6	physician had been told that oral steroids alone had
7	previously not helped worsening symptoms, would it be
8	reasonable for a physician to consider an injection of a
9	steroid?
10	A It would.
11	Q Okay. And, Doctor, I believe you had
12	testified as well that you had not previously treated
13	patients in an urgent care setting. Is that correct?
14	A I generally don't work in the urgent care. I
15	have done some urgent care work, but it's been that
16	was many, many years ago. So not recently, I've not
17	treated patients in an urgent care.
18	Q In your practice now, do you primarily focus
19	on sports medicine?
20	A So I'm about 50/50, so I do general family
21	medicine about 50 percent and about, I would say, acute
22	musculoskeletal injuries about 50 percent.
23	Q And when you refer to acute musculoskeletal
24	injury, are you referring to arthritis or more orthopedic
ı	

1	Page 158 injuries?
2	A Typically, yes.
3	Q Okay. Have you ever treated a patient that
4	has developed a divot as a result of a steroid injection?
5	A Yes.
6	Q How many patients have you seen treated with
7	that?
8	A It's pretty rare. I think I mentioned it
9	previously, I've encountered it four times. It's
10	something around that.
11	Q And when you have treated a patient and
12	recommended administration of a steroid injection, I
13	believe you had also testified that you provide a written
14	document as well as a verbal consent. Is that correct?
15	A That is correct.
16	Q Is that a pre-printed form that you provide
17	your patients or is that Do you type a new written to
18	form out every time?
19	A The way I currently do it, I have a macro
20	that has standard language and includes some relevant
21	information from the current situation, but you could
22	roughly consider it a pre-printed form.
23	Q All right. How about in 2016?
24	A Yeah, we did the same approach at that point.

Page 159 1 Yes. 2 Okay. And when you're referring to Q injections, that includes steroid injections as well as 3 4 vaccinations; is that correct? 5 So it would include when we're administering a medication. Vaccine, I've seen different practices use 6 7 different styles, and I'm trying to think back on 2016 for vaccines. I don't know that we asked for written 8 consent for a vaccine. 9 All right. And when you testified earlier, I 10 0 11 believe you had stated that either verbal or written 12 consent is appropriate. Did I recall that correctly? 13 Yes, that is correct. Α All right. And in this case, in your review 14 of the records, is there a documentation referencing that 15 16 the patient understood and verbalized the treatment plan? 17 So according to the medical record I Α reviewed, it states the patient agrees with treatment 18 plan and verbalizes understanding. Yes. 19 20 All right. And for purposes of my question, 0 so we're on the same page, if patient is referring to the 21 22 patient's proxy or the parent, would that be 23 documentation of a consent discussion that was held prior 24 to, you know, treatment?

Page 160 A I think that would be a fairly weak
A I CHILIK CHAC WOULD be a LAIFLY Weak
description of consent for a Kenalog injection.
Q My question is a little bit different. Is
that documentation of consent?
A That is documentation of consent.
Q Okay. Thank you, Doctor. And looking back,
I believe you had also stated that there was a subtle
difference in treatment between, I think you said, oral
and Kenalog injections. Is that correct?
A Yes.
Q Okay. Could you explain further what you
mean by "subtle difference"?
A Well, it's primarily a difference in the
route of administration. So administering oral
corticosteroids or intramuscular corticosteroids, both
are very reasonable treatment approaches, and the
distinction being the route of administration, and
they're considered roughly equivalent in the context of
providing care in the acute setting.
Q And I believe we had also sort of discussed a
question as to the depth of the injection that was
provided in this case. Do you remember testifying that
there was a question regarding the depth of the
injection?

	Page 161
1	A Yes.
2	Q All right. Can you state to a reasonable
3	degree of medical probability what the depth of the
4	injection was on the right gluteal muscle?
5	A I cannot.
6	MS. BRADLEY: I'm going to object because
7	that's not the standard that the Board uses. I mean, the
8	burden of proof in this case is a preponderance of the
9	evidence which is not reasonable degree of medical
10	certainty.
11	Q (BY MS. BUYS:) Well, I'll go and use the
12	Board's phrasing if that makes it easier.
13	Doctor, can you state by a preponderance of
14	the evidence the depth of the injection that was
15	administered in the right gluteal muscle?
16	A There is no indication in the medical record
17	as to the depth of the injection.
18	Q And since you haven't administered sorry.
19	Since you have not seen the patient and you weren't
20	present during the administration, can you testify to
21	that?
22	A I cannot testify to the depth of the
23	injection.
24	Q Okay. And it appears going back through that
I	

1	Page 162 the patient in this case has received potentially
2	additional injections. Is that your understanding?
3	A Yes, during Ms. DelGrosso's testimony, she
4	mentioned that there had been a second injection
5	provided.
6	Q All right. And do you know the date of that
7	second injection that was provided?
8	A She estimated fairly recently, but I couldn't
9	give you a date.
10	Q You haven't reviewed any medical records
11	regarding that injection, right?
12	A I have not.
13	Q All right. Us neither, Doctor. And another
14	question I had regarding documentation. Do you document
15	the depth of an injection of a steroid in your notes?
16	A So we do. We document it by the length of
17	the needle that we use.
18	Q All right. And so where is that portion
19	documented? Is it in the narrative or is it an
20	additional shot record?
21	A So in my medical record, we have a procedure
22	note, and it would be documented as part of your
23	procedure note.
24	Q Is that a narrative where you can type in or

1	Page 163 is that a checkmark box?
2	A So the way I document it, it's narrated.
3	Q Okay. And, Doctor, do you have medical
4	assistants in your practice that assist you in providing
5	patient care?
6	A Yes, I do.
7	Q All right. And is it reasonable for a
8	physician to rely upon a medical assistant to administer
9	a steroid injection?
10	A Yes.
11	Q Is it reasonable for a physician to rely upon
12	a medical assistant to document the administration of a
13	steroid injection?
14	A Yes.
15	Q Is it reasonable for a physician to rely upon
16	a medical assistant to document the lot number,
17	expiration and details from the vial?
18	A Yes, it is.
19	MS. BUYS: Okay. I believe I'm going to just
20	review my notes right now. I believe that's all I have
21	for you, Doctor, at this time. Thank you.
22	THE WITNESS: Thank you.
23	MS. BRADLEY: So for the record, I do have a
24	couple redirect questions, but it is 12:25.

TRANSCRIPT OF HEARING PROCEEDINGS - 05/26/2022

	Danie 16/1
1	Page 164 THE WITNESS: How long do you need?
2	MS. BRADLEY: I have just a few questions.
3	THE WITNESS: Do it.
4	
5	REDIRECT EXAMINATION
6	BY MS. BRADLEY:
7	Q All right. So the first question in the
8	medical records, whether it's the Board's or the
9	Respondent's, did you see it documented that the oral
10	medication in this case was thrown up, was vomited?
11	A No.
12	Q And if parents or a patient asks you for
13	duplicate medication, is that something you would do just
14	because they ask?
15	A No.
16	Q Is it documented in this case that Did
17	Dr. Nguyen document that he was told that the patient
18	didn't get better before from a respiratory illness?
19	A Not that I saw in the medical record.
20	Q Okay. And I think we talked about you talked
21	about it in cross, but I want to double-check. On
22	Exhibit 12 for Respondent is the administration record
23	for the shot. Right?
24	A Yes.
1	

Page 165
Q And does it say who injected that shot?
A Yes. Chanel Hampton.
Q Is that reflected anywhere in the other
medical record, that name?
A I do not see it under Exhibit 5. There was
some narrative I was recently reviewing that it could be
reflected on, but I did not see it on the other
components of the medical report.
Q And I think the other narrative you might be
referring to is Respondent's Exhibit 6 perhaps where
there's some notes regarding
A Yes, yes, yes. Yeah, so she is referenced or
her name is included in Exhibit 6.
Q Okay. Would you consider that part of the
medical record? I'm not quite sure what 6 is.
A I would consider it part of the medical
record. To me, it represents a description of the work
flow regarding the task that Dr. Nguyen had ordered. So
I would consider it. Yes.
Q Okay. And then I think you talked about
consent on cross, and we talked about the sentence on
Exhibit 5 that says: "Patient agrees with treatment plan
and verbalized understanding."

1	Page 166 Q Is that still sufficient though for informed
2	consent in your view?
3	A Yes.
4	Q Why?
5	A So the distinction
6	MS. BUYS: I just wanted to lodge an
7	objection that the question asked for what appeared to be
8	a personal preference as opposed to reference to the
9	standard of care issue which is a reasonable physician.
10	Q (BY MS. BRADLEY:) Okay. Would a reasonable
11	physician note only that the patient agrees with
12	treatment plan, verbalizes an understanding and that
13	constitutes informed consent?
14	A I would say no. I would expect more
15	discussion about the risks and benefits and alternatives.
16	Q Okay. Is informed consent the same as actual
17	consent?
18	A No. That's one of the distinctions I would
19	draw is that there is consent, and then there's informed
20	consent which includes the elements that I just described
21	regarding the risks, the benefits and alternatives and
22	insuring a patient or their proxy recognizes those before
23	a treatment is administered.
24	Q So, in other words, you can say that
1	

Page 167 1 something is okay and that might be consent, but if you 2 don't fully understand what you're saying okay to, that might not be informed consent? 3 4 Α That is right. 5 0 Okay. And I think you answered on cross about the patient's recollection or the mother's 6 7 recollection might be incomplete. Does that highlight for you the importance of complete documentation? 8 9 Α It does. Because if we had better documentation in 10 0 11 this case, do you think we'd be here today? 12 Α I do not. And then earlier, you were talking about 13 14 spontaneous atrophy and perhaps an injury could have caused it. But what would be more likely than not that 15 16 would cause an injury that you see in Exhibit 6? 17 Α The most likely explanation for what I see pictured in Exhibit 6 is a Kenalog injection. 18 sure it's --19 20 Yeah, Exhibit 6. 0 21 Exhibit 6 in the Board's is very consistent Α 22 with atrophy secondary to Kenalog injection. 23 Okay. So there's other possibilities, but 0 24 given the fact that the patient had a Kenalog injection,

Page 168 1 the parents are complaining about the Kenalog injection, 2 filed the complaint and took the photo, you think it's 3 most likely --4 Yes, I do. Α -- it's related to that. And what about the 5 0 fact that this is shown on the left side and the shot 6 7 administration says right side? So there's a conflict in the medical 8 Yes. 9 record regarding the site of administration. I mean, I've got the picture as evidence and I'm trying to 10 11 reconcile that with what we see on Exhibit 12 from the 12 Respondent, and there's a difference there. So I can't 13 reconcile that other than this picture looked like the kind of complication that would happen from a Kenalog 14 injection. 15 16 Q Okay. And so it sounds like maybe then in 17 your mind, there's a question as to the accuracy of the records --18 19 Yes, that is correct. Α 20 -- that we have? 0 21 MS. BUYS: I would object that as it calls 22 for speculation. The question is vague. I apologize for 23 the late objection. 24 O (BY MS. BRADLEY:) Okay. What does that

1	Page 169 discrepancy mean to you with regards to the records in
2	this case?
3	A Well, when I went through and I will admit
4	I've just recently been provided with Exhibit 12 I
5	think the most likely explanation is the Kenalog
6	injection was provided into the left, but that's what I
7	think is most likely.
8	Q And so then that would mean Does that mean
9	the medical record is accurate?
10	A I am correct, it means the medical record is
11	inaccurate in regards to the location of the injection.
12	MS. BRADLEY: Okay. Thank you. I have no
13	further questions for Dr. Hall at this time.
14	MS. BUYS: I just do briefly because I know
15	the doctor has to leave, so if I may.
16	
17	RECROSS EXAMINATION
18	BY MS. BUYS:
19	Q Doctor, is it standard of care for a
20	physician to have to document every single side effect
21	from the a potential treatment in the medical record?
22	A So that is not generally what happens. If
23	you look at the exhibits, you can see that there are a
24	number of side effects that can happen, but I do think it

1	Page 170 is the responsibility of the physician to discuss common
2	and serious side effects.
3	Q And you've testified that this type of side
4	effect is rare. Is that correct?
5	A Yes.
6	Q All right. And then to clarify my prior
7	question, again, is it the standard of care for a
8	physician to have to document in the record every single
9	potential complication that can occur from administration
10	of a steroid injection?
11	A I do not think it is the standard of care to
12	document every single complication.
13	Q All right. And, you know, we'll get into
14	this one later. I know you have to leave, but if the
15	administration of the medication was on the right
16	buttock, could that have caused a divot on the left?
17	HEARING OFFICER HALSTEAD: That's been asked
18	and answered.
19	MS. BRADLEY: That's been asked and answered.
20	HEARING OFFICER HALSTEAD: And normally, I
21	wouldn't cut you off for that, but you're already on
22	recross, which I've already given you leeway to do.
23	Q (BY MS. BUYS:) Thank you. And, Doctor, have
24	you ever reviewed another physician's notes regarding the

	Page 171
1	consent obtained for a Kenalog injection?
2	A Yes, I have.
3	Q Aside from this case, how many times have you
4	reviewed it?
5	A Once. One other case.
6	Q Was that for a physician who was in your same
7	practice?
8	A No, it was another peer review case.
9	Q And that was in the State of Nevada?
10	A Yes.
11	Q All right. Do you remember what year that
12	was?
13	A I would estimate 2015.
14	Q And you had also testified regarding
15	documentation and why you feel that documentation is
16	important. What is the purpose of documentation for an
17	urgent care physician treating a patient?
18	A Well, the purpose is there are several
19	purposes. Number one: To provide an accurate
20	description of what took place. There are purposes of
21	consent and accurate documentations of the
22	recommendations made, so there are a number of purposes
23	that are relevant to medical documentation regardless of
24	the setting.

1	Page 172 Q And my question was a little bit different
2	which was: Why do you need to document what took place?
3	What's the purpose of that?
4	A Well, so there are why you would document
5	what took place includes providing an accurate
6	description of the patient's complaints, a physical exam
7	and treatment recommendations along with an assessment or
8	a diagnosis. It's also going to include other elements
9	like follow-up if there are recalls from a pharmacy or
10	questions that arise later as to what took place during
11	the medical visit.
12	Q And so just to clarify your answer a little
13	bit, Doctor, is it your testimony that the reason why you
14	document is in case there is a recall of medication as
15	well as to help refresh recollection of the physician?
16	A Those are some of the reasons, yes.
17	Q What are the other reasons?
18	A Well, there would be a number, which would
19	include an accurate description of the situation
20	including the patient's history and examination along
21	with medical decision making so that a clear thought
22	process could be understood as to why a physician or
23	provider recommended a certain treatment.
24	Q Why is it important to document the medical

1	Page 173 history accurately? What is the purpose of that?
2	A Because it forms the foundation for medical
3	decision making.
4	Q Medical decision making at the time they
5	provide care or
6	A Yes.
7	Q in the future?
8	A Well, it would be relevant in both
9	situations.
10	Q Documentation after the fact would be
11	relevant to care being provided at the time that the
12	physician sees the patient. Is that your testimony?
13	A That is my testimony because it lets the
14	reader know what the physician was hearing and how they
15	were making their decisions. Yes.
16	MS. BUYS: Thank you, Doctor. That's all I
17	have.
18	HEARING OFFICER HALSTEAD: Any follow-up on
19	that?
20	MS. BRADLEY: If I could ask one.
21	
22	FURTHER REDIRECT EXAMINATION
23	BY MS. BRADLEY:
24	Q Dr. Hall, and I think I asked you this, but
I	

- 1 because it came up again. If you look at page --
- 2 Exhibit 5, page 14: "Patient agrees with treatment plan
- 3 and verbalizes understanding." Could you amend that so
- 4 that you think it meets the standard of care for
- 5 documenting informed consent? What would you add?
- 6 A Yeah. So what I would add would be discuss
- 7 the risks and benefits of a Kenalog injection which can
- 8 include serious complications, and the patient's parents
- 9 agreed with this treatment plan to proceed.
- 10 Q Okay. So it sounds like the key things you
- 11 think are missing is this idea that risks and benefits
- 12 were discussed because it doesn't say that in the note.
- 13 A That's right.
- 14 MS. BRADLEY: Okay. I have no further
- 15 questions. Thank you. And just for the record, I am
- 16 going to excuse Dr. Hall for today. He is available
- 17 tomorrow afternoon if we need him to come back.
- THE WITNESS: Yes.
- MS. BRADLEY: I, of course, am ever
- 20 optimistic that we won't, but he does have patients to
- 21 see this afternoon.
- MS. BUYS: Understood. Thank you so much for
- 23 your time, Doctor.
- 24 THE WITNESS: Thank you.

TRANSCRIPT OF HEARING PROCEEDINGS - 05/26/2022

1	Page 175 HEARING OFFICER HALSTEAD: So how long would
2	you all like to break for what would essentially be a
3	lunch?
4	MS. BUYS: Would 45 minutes or an hour
5	suffice?
6	MS. BRADLEY: That works for me.
7	HEARING OFFICER HALSTEAD: Which do you
8	prefer: 45 minutes or an hour?
9	MS. BUYS: I'm fine with an hour. I didn't
10	know if you had any preference for anything.
11	HEARING OFFICER HALSTEAD: Do you have a
12	preference?
13	MS. BRADLEY: I don't have a preference.
14	HEARING OFFICER HALSTEAD: Ms. Buys, if you
15	want an hour, you get an hour.
16	MS. BUYS: If we come back earlier, we'll all
17	be here.
18	HEARING OFFICER HALSTEAD: So it's 12:40, so
19	we'll back by well, I expect people will be back by a
20	little bit before so we can start right at 1:40.
21	(Recess.)
22	HEARING OFFICER HALSTEAD: We're back on the
23	record in Case Number 21-38084-1 in the matter of charges
24	and complaint against Hai Thanh Nguyen, M.D. I note that

- 1 Dr. Nguyen is present in the Las Vegas Medical Board
- 2 Office with his attorney, Ms. Buys. He is under oath.
- 3 There are two new witnesses for Dr. Nguyen who have
- 4 appeared.
- 5 Ms. Buys, can you please introduce them and
- 6 we'll have them sworn in.
- 7 MS. BUYS: Certainly. Thank you very much,
- 8 Madame Hearing Officer. We have present Ms. Ellen
- 9 Aliberti and Ms. Melissa Vogt, both of whom are
- 10 registered nurses.
- 11 HEARING OFFICER HALSTEAD: Can you please
- 12 spell those names for me, please?
- MS. BUYS: Certainly. Ellen: E-L-L-E-N.
- 14 Last name Aliberti: A-L-I-B-E-R-T-I. And Melissa:
- 15 M-E-L-I-S-S-A. Vogt: V, as in Victor, O-G, T as in Tom.
- 16 Excuse me.
- 17 HEARING OFFICER HALSTEAD: Okay. Thank you.
- 18 If you could please raise your right hands. Why don't
- 19 you go ahead and stand so we can observe some
- 20 formalities.
- 21 (The witnesses were sworn.)
- 22 HEARING OFFICER HALSTEAD: Okay. Thank you.
- 23 You may be seated. And I'll note that the rule of
- 24 exclusion has not been invoked, and so they are allowed

Page 177 1 to be present for the hearing. We left off with Dr. Hall, who finished his 2 testimony on behalf of the Investigative Committee, so 3 4 we're back to you. 5 MS. BRADLEY: And I would rest at this time. HEARING OFFICER HALSTEAD: Okay. All right. 6 7 So the IC rests. So, Ms. Buys, it's your case. 8 MS. BUYS: Thank you very much. And 9 Respondent, Dr. Nguyen, would like to call Ms. Melissa Vogt first to this matter. And if we could have her go 10 11 to this chair over here. I apologize. I mispronounced 12 things. Vogt just like voting. 13 HEARING OFFICER HALSTEAD: And so it's Ms. 14 B-O-U-G-H-T; correct? 15 MS. BUYS: V-O-G-T. 16 HEARING OFFICER HALSTEAD: V-O-G-T. Okay. 17 Got it. 18 19 DIRECT EXAMINATION 20 BY MS. BUYS: 21 Perfect. And I apologize for Q mispronunciation there. I'm terrible with names. 22 A11 right. And, Ms. Vogt, you just raised your right hand 23 24 and swore to tell the truth. Do you understand that that

	Davis 170
1	Page 178 is under the penalty of perjury?
2	A I do.
3	Q Perfect. And please state and spell your
4	name for the record just in case I mispronounced it.
5	A My name is Melissa Vogt. M-E-L-I-S-S-A. My
6	last name is V as in Victor, O, G as in good, T as in
7	Tom.
8	Q Thank you so much, Ms. Vogt. And can you
9	please tell us where you work?
10	A I'm a clinical educator at Intermountain
11	Healthcare.
12	Q And how long have you worked there?
13	A I've worked for this company for three years,
14	in the education department for one.
15	Q And you're a registered nurse; is that
16	correct?
17	A I am.
18	Q And as an employee of Intermountain
19	Healthcare, is it your understanding that HealthCare
20	Partners of Nevada had merged with Intermountain
21	Healthcare a few years ago?
22	A They were. I was actually hired by when it
23	was HealthCare Partners, uh-huh, and then we've merged
24	with Intermountain Healthcare.

1	Page 179 Q Got you. And as an employee of Intermountain
2	Healthcare, are you familiar with how electronic medical
3	records are kept and accessed?
4	A I am.
5	Q All right. And is it your understanding that
6	Intermountain uses a third-party medical records
7	retrieval to scan and help them respond to requests for
8	medical records?
9	A Medical records of the department, you mean?
10	Yeah.
11	Q Correct.
12	A Yes.
13	Q Okay. And on Monday, May 23, 2022, did you
14	locate a medication administration details record for
15	what we're referring to as Patient A?
16	A I did.
17	MS. BUYS: All right. And I'd like to show
18	you what was marked as, I believe it is Respondent's
19	Exhibit 12. And just for the record, Bates numbers on
20	that is med admin details 001 and 2.
21	If I may approach the witness, I'd like to
22	show her that record.
23	HEARING OFFICER HALSTEAD: Sure.
24	MS. BUYS: Thank you. Here you go. I'll

1	Page 180 just set this right here for you.
2	HEARING OFFICER HALSTEAD: Is that other
3	binder from the prior binder issue confusion?
4	MS. BUYS: I believe so, yes.
5	HEARING OFFICER HALSTEAD: Can you just
6	remove it, please?
7	Q (BY MS. BUYS:) Thank you so much, sir.
8	And, Ms. Vogt, can you take a look at those
9	two pages?
10	A I'm familiar with these. I printed these.
11	Q That was going to be my question. Are these
12	the pages that you printed?
13	A They are.
14	Q All right. And did you make a true and
15	accurate copy of the record?
16	A I did. This first one actually is the exact
17	copy from the medical record. This one is just I zoomed
18	in so you could see the numbers better, but this is the
19	original.
20	MS. BRADLEY: I don't know if it helps, but
21	we've already stipulated to the admission, and we're not
22	objecting to the fact that it's accurate, so I don't know
23	if that helps you at all, Ms. Buys. We're also not
24	objecting to the fact that Ms. Vogt provided a

- 1 declaration explaining the delay in providing the report.
- 2 So if you want to move on from those areas, we're glad,
- 3 but it's up to you.
- 4 Q (BY MS. BUYS:) Certainly that definitely
- 5 helps. It will make it a whole lot shorter.
- I just wanted to confirm on the record, Ms.
- 7 Vogt, did you alter or change any of the details of the
- 8 record in any way before you printed it?
- 9 A I did not.
- 10 Q Okay. And if someone was asking for a
- 11 patient's medical record, how is it that this document
- 12 might not be included with the rest of the records?
- 13 A So I have a little knowledge of this because
- 14 it's happened before not to me but I've heard other
- 15 people talk about it. I think the part of the medical
- 16 record that has office notes, labs and things like that
- 17 is separate from the medication administration record.
- 18 And I think when whoever provided the medical records
- 19 didn't include the medication administration record.
- 20 MS. BUYS: Thank you so much for clarifying
- 21 that. And that was the extent of my questions. I just
- 22 wanted to verify that for the record.
- 23 HEARING OFFICER HALSTEAD: You just referred
- 24 to a document where she made a statement. Has that been

1	Page 182 marked and admitted into evidence?
2	MS. BRADLEY: It has been admitted, at least
3	based on my records.
4	HEARING OFFICER HALSTEAD: Oh, is that what
5	we've marked as Respondent's Exhibit 13?
6	MS. BRADLEY: I think so. It's an affidavit
7	from Ms. Vogt or declaration, excuse me, for Ms. Vogt.
8	HEARING OFFICER HALSTEAD: So that's a
9	declaration that hasn't been well, it's been made
10	under penalty of perjury. Did you just want to confirm
11	that with her?
12	MS. BRADLEY: And I apologize. I think
13	because my numbering is off, I thought we stipulated to
14	this one being admitted because in my mind, I did, so if
15	you have it as 13, we would stipulate that it can be
16	admitted.
17	HEARING OFFICER HALSTEAD: Okay. I think
18	they've all been all of the Respondent's exhibits have
19	been admitted.
20	MS. BRADLEY: Yeah.
21	Q (BY MS. BUYS:) Perfect. And just to clarify
22	for the record as well, if I may show Ms. Vogt the
23	declaration just so she could verify that is her
24	declaration. I've made an extra copy. Here we go.

	Page 183
1	And this was what had been disclosed as
2	Respondent's Exhibit Number 13. At the top, does it say
3	"Declaration of Melissa Vogt"?
4	A It does.
5	Q All right. And is this the declaration that
6	you prepared regarding how you found the record?
7	A It is.
8	Q All right. And that's your signature at the
9	bottom; correct?
10	A That's my signature.
11	Q All right. And the information contained in
12	that declaration, that is true and accurate; is that
13	correct?
14	A It is true and accurate.
15	MS. BUYS: Thank you so much, Ms. Vogt.
16	Those are all of the questions.
17	HEARING OFFICER HALSTEAD: Thank you.
18	Ms. Bradley?
19	MS. BRADLEY: Oh, I have no questions. Thank
20	you.
21	HEARING OFFICER HALSTEAD: All right. Thank
22	you, Ms. Vogt. We appreciate your time. We know that
23	was very short and hope that works out for you.
24	THE WITNESS: That's okay. Like to help.
I	

1	Page 184 HEARING OFFICER HALSTEAD: Thank you for your
2	time.
3	MS. BUYS: And then just for the record, I'd
4	request that Ms. Vogt be excused from the proceedings.
5	HEARING OFFICER HALSTEAD: Thank you. Ms.
6	Vogt, that means you can leave right now.
7	THE WITNESS: Okay.
8	HEARING OFFICER HALSTEAD: You can stay, but
9	you're not subject to testify again if that's what you
10	choose to do.
11	THE WITNESS: Okay. Thank you.
12	MS. BUYS: Thank you so much. And then
13	Respondent would also like to go and call Ms. Ellen
14	Aliberti at this time.
15	THE WITNESS: Thank you.
16	
17	DIRECT EXAMINATION
18	BY MS. BUYS:
19	Q And Ms. Aliberti, do you understand that when
20	you raised your right hand, that you swore to tell the
21	truth in this proceeding?
22	A Yes.
23	Q Okay. Will you please state and spell your
24	name for the record.

1	Page 185 A Ellen: E-L-L-E-N. Last name Aliberti:
2	A-L-I, B as in boy, E-R-T-I.
3	Q Thank you very much, Ms. Aliberti. Can you
4	please tell us where you work?
5	A Intermountain Healthcare.
6	Q Perfect. And what is your position there at
7	Intermountain Healthcare?
8	A I'm a clinical educator, registered nurse.
9	Q Thank you. And how long have you worked
10	there?
11	A Too long. Thirteen this is my 13th year.
12	Q Thank you. And, Ms. Aliberti, can you please
13	run us through your educational history.
14	A Me personally or the organization?
15	Q You personally. Where did you go to nursing
16	school?
17	A Okay. Sorry. So I graduated from Mt. St.
18	Mary's College in Los Angeles, California in 1978. I
19	have a Bachelor's of Science in nursing, and then I later
20	went back to school in 1993 and got a Master's in
21	gerontology, study of aging.
22	Q Thank you.
23	A Wait. I'm a certified case manager, too.
24	Q Perfect. And as an educational coordinator

Page 186 with HealthCare Partners for Intermountain Health, are 1 2 you familiar with the training that was provided to 3 medical assistants at HealthCare Partners of Nevada in 4 2016? 5 Α I absolutely am. Since I've been there 13 years, it's the only position I've held, and I've 6 7 actually developed that department from scratch. MS. BRADLEY: I'm going to object if this 8 9 line of questioning is going to continue. I don't know what a medical assistant has to do with the allegations 10 against Dr. Nguyen. 11 12 MS. BUYS: The allegations, at least in the 13 complaint initially, were regarding a medical assistant assisting with the administration of this injection. 14 MS. BRADLEY: Okay. But, I mean, the 15 16 allegations are that Dr. Nguyen acted improperly. I guess I'm just not sure what this witness knows about the 17 incident that happened and why it's relevant. 18 all. 19 20 MS. BUYS: And in response, it's to explain 21 the training provided to the medical assistant, as it's 22 alleged that a medical assistant was involved in the care 23 and Dr. Nguyen supervised the medical assistant. 24 MS. BRADLEY: Okay. I'm looking at the

1	complaint, and I don't see medical assistant referenced,
2	but I'll read through it again just to make sure I'm not
3	missing something. I see Respondent. Okay. "Respondent
4	successfully injected the Kenalog into the buttocks after
5	two unsuccessful attempts by the medical assistant." So
6	she's here to talk about the two unsuccessful attempts?
7	MS. BUYS: She's here to testify regarding
8	the training provided to medical assistants to assist
9	physicians on administering injections to patients.
10	HEARING OFFICER HALSTEAD: Is that applicable
11	to the medical assistant that is alleged to have acted in
12	this case?
13	MS. BUYS: I'm sorry. It seems to have
14	broken up a little bit. What was the question?
15	HEARING OFFICER HALSTEAD: Is that applicable
16	to the medical assistant that was alleged to have acted
17	in the complaint in this case?
18	MS. BUYS: Yes, back in 2016.
19	HEARING OFFICER HALSTEAD: Okay. Well, let
20	me just give me a moment here because I see where you're
21	both going, and I just want to try to find an
22	intersection here. Obviously, there's been different
23	testimony about there's the allegations of how the shot
24	occurred, and then there was the testimony about how the

Page 188 shot occurred and who was there and who wasn't, who could 1 2 be identified as being there, I guess. So I'm just wondering if you could clarify 3 4 for me, Ms. Bradley, if the IC is relying on the fact 5 that a medical assistant may or may not have tried two injections before the actual injection was given. 6 7 I mean, I realize that's MS. BRADLEY: No. contained in the complaint, but I don't know that, I 8 9 mean, our concern is what Mr. -- I'm sorry -- Dr. Nguyen did. 10 11 We're not concerned about a medical 12 I think that's just in there for context assistant. 13 because the records show that there was an attempt and 14 then an injection was done by Dr. Nguyen. So I don't know that I care that there were two unsuccessful 15 16 attempts. I quess if they want to talk about that. 17 just don't really see medical assistant as being relevant to this case at all. 18 19 HEARING OFFICER HALSTEAD: So where is the 20 language that -- Ms. Buys, where is the language that you're having concerns with within the complaint? 21 22 MS. BUYS: Certainly. And I believe it was

letter of 8-3 where Dr. Nguyen had explained his

also originally back even the underlying response to the

23

24

1	Page 189 recollection of the incident as well as the medical
2	assistant and also as to documentation of the shot record
3	by a medical assistant which has been produced.
4	HEARING OFFICER HALSTEAD: So with regard to
5	the language on the complaint, I'll just note that on the
6	first page, starting at line 23, it says: "Respondent
7	successfully injected Kenalog into Patient A's lateral
8	buttocks after two unsuccessful attempts by Respondent's
9	medical assistant." There hasn't been any I don't
10	know that that Do you just want to strike that part of
11	the complaint or do you want to go down this road?
12	MS. BRADLEY: Yeah. I mean, I think we can
13	strike it. I mean, just Respondent successfully injected
14	Kenalog into patient in the lateral buttocks is fine with
15	me, period, and we can strike that.
16	HEARING OFFICER HALSTEAD: Ms. Buys, what is
17	your
18	MS. BUYS: And, Ms. Aliberti, if we were also
19	going and striking that and we can stipulate that that's
20	no longer a concern of the Board's, she was also to
21	testify as to the training provided to medical assistants
22	as to documentation and the documentation
23	HEARING OFFICER HALSTEAD: Okay.
24	MS. BRADLEY: I guess our belief, the Board's

- 1 position is it doesn't -- we don't license medical
- 2 assistants, and we don't charge them with allegations,
- 3 and so anything that occurred in this case is
- 4 Dr. Nyugen's responsibility. So that's our position.
- 5 He's responsible for what medical assistants do or don't
- 6 do. So, I mean, I don't know. Was Ms. Aliberti there on
- 7 that day on November 4, 2016? So she doesn't have
- 8 personal knowledge of what occurred on that day, it
- 9 sounds like.
- 10 MS. BUYS: She was employed at the time and
- 11 was going to testify as to the training provided to
- 12 medical assistants regarding documentation policies and
- 13 procedures.
- 14 MS. BRADLEY: Okay. I mean, I don't have a
- 15 huge objection. I just don't see a reason to provide
- 16 testimony that I don't think is relevant. But, I mean, I
- 17 guess, Madame Hearing Officer, whatever you prefer.
- 18 HEARING OFFICER HALSTEAD: Okay. So let's
- 19 just go back to the issue of the two unsuccessful
- 20 attempts. So I don't want to push you one way or the
- 21 other on that because I think you can also argue that it
- 22 showed, you know, potentially why the Respondent would
- 23 have ended up doing it and why there could have been some
- 24 tenderness because it shows that the Patient A was

Page 191 potentially difficult to give an injection to. 1 2 I don't think you -- If the IC and you want 3 to agree to strike that language so that we don't -- no 4 one has to prove it up, that's up to you guys. 5 regard to the training, I don't know if that's something you just want to proffer. I agree that Ms. Aliberti 6 7 wasn't there. I'm assuming that these people were 8 properly trained in it. I don't think that's an issue. 9 MS. BRADLEY: We're willing to stipulate that the medical assistants were trained, you know. That's 10 11 required by the NAC, that any task medical assistants are 12 delegated, that there has to be training, it has to be included in their file. We've never sent an allegation 13 letter to Dr. Nguyen alleging that his medical assistants 14 were not properly trained or that that documentation 15 16 wasn't there, so we're not concerned with the medical 17 assistants or their training. HEARING OFFICER HALSTEAD: So why don't you 18 19 just go ahead and make a proffer so you can have your 20 record. 21 0 (BY MS. BUYS:) Thank you. And, 22 Ms. Aliberti, just to sort of clarify, what we're doing back and forth was you had just testified that you were 23 there in 2016 as the educational coordinator and that you 24

1	Page 192 had Is it true that you provided training to medical
2	assistants and HealthCare Partners to verify that they
3	were competent in assisting a physician to provide care?
4	A Yes, it's true.
5	HEARING OFFICER HALSTEAD: Ms. Buys, Ms.
6	Buys, do you understand what I'm asking you to do when
7	I'm asking you to make a proffer?
8	MS. BUYS: If you could clarify.
9	HEARING OFFICER HALSTEAD: So what I'm asking
10	you to do is to stand up and summarize well, you don't
11	have to stand up, but to summarize what Ms. Aliberti
12	would be testifying to in lieu of going through all of
13	the questioning with her and then
14	MS. BUYS: Oh, certainly.
15	HEARING OFFICER HALSTEAD: if the IC is
16	willing to accept that, we can move this along.
17	MS. BUYS: Certainly. Ms. Aliberti was going
18	to testify that the medical assistants that assisted
19	Dr. Nguyen on November 4th, 2016, were appropriately and
20	adequately trained to assist physicians in providing an
21	injection. They were also trained regarding
22	documentation procedures and assisting the physician in
23	documenting the medical care provided to the patient
24	including the medication administration.

1	Page 193
1	She was also going to testify regarding the
2	competencies that are required of the staff at HealthCare
3	Partners of Nevada to insure that everyone has received
4	in-service education and was competent to provide
5	appropriate medical care and documentation to the
6	patients.
7	HEARING OFFICER HALSTEAD: Okay.
8	Ms. Bradley, do you have
9	MS. BRADLEY: I just ask a question. You
10	said "everyone." What do you mean? Doctors and MA's or
11	who are you talking that is having that training?
12	MS. BUYS: So it was medical assistants as
13	well as physicians could attend the education sessions.
14	MS. BRADLEY: Okay. Because I'm willing to
15	accept that, but that doesn't mean that I accept that
16	everything was done correctly in this case. I believe
17	that they trained their people and they tell them to do
18	the right thing. I have no problem with that.
19	MS. BUYS: And as well, that a physician is
20	able to rely on a medical assistant regarding
21	documentation of medication administration.
22	MS. BRADLEY: No. I mean, the law doesn't
23	allow a physician to obfuscate his or her responsibility
24	and rely fully on an MA, but certainly, MA's are allowed

1	Page 194 to assist them. So I will agree with you they can be
2	trained and assist. But no, just because an MA is
3	trained in documentation doesn't mean that the physician
4	just gets to rely on that person and walk away. So I'm
5	not sure what you're trying to say.
6	MS. BUYS: So we were going to establish via
7	Ms. Aliberti's testimony that the medical assistants do
8	provide assistance with the documentation and that the
9	physician reviews the documentation.
10	MS. BRADLEY: Okay. That's fine. They can
11	assist with documentation. I have no issue with that.
12	HEARING OFFICER HALSTEAD: And the last
13	proposition that she's suggested, can you repeat that,
14	Ms. Buys, that they do Well, maybe we can read it
15	back. I don't want to misstate it.
16	MS. BUYS: Certainly.
17	HEARING OFFICER HALSTEAD: So let me just
18	clarify. So the issue of whether a doctor can rely on
19	their medical assistants' entry is really a legal
20	question, right, like I can't have someone come in and
21	tell me whether that's legally viable or not if that
22	defeats a physician's obligation.
23	To the extent that I think aside from that,
24	everything else that you've proffered, I think, is being

1	accepted. So I don't think that you need to walk through
2	all of that with your witness. It's on the record as you
3	stated it. Is there anything you would like to clarify
4	or add to that?
5	MS. BUYS: Yes. And I believe the last
6	statement was about that the medical assistants are
7	trained regarding documentation and that a physician
8	reviews that documentation after it is entered by a
9	medical assistant.
10	HEARING OFFICER HALSTEAD: That's the one.
11	MS. BRADLEY: Okay. Well, they're trained to
12	do that. I mean, I don't know that you can say as a
13	matter of, you know, that they do it every single time,
14	but I'll concede that they're trained to do that.
15	MS. BUYS: All right. That there's a
16	procedure in place that HealthCare Partners of Nevada,
17	that that is the procedure that is trained
18	MS. BRADLEY: Sure.
19	MS. BUYS: for the medical assistants as
20	well as the physicians.
21	HEARING OFFICER HALSTEAD: Right. So I think
22	that and I don't want to misstate. She can obviously
23	speak for herself, but I think her point is that she's
24	agreeing with everything you're saying, and she concedes

Page 196 1 to the training. And so the question would be if you want to continue down this line as to whether that training was actually followed in this case, and that 3 4 would have to be by people who are actually there and 5 participated. MS. BUYS: Understood, Madame Hearing 6 7 Officer, in which case, we will agree to the stipulations provided by counsel for the IC as to the training and 8 9 procedures in place. 10 HEARING OFFICER HALSTEAD: Okay. Thank you. 11 Thank you, Ms. Aliberti. We fast-tracked 12 that for you, but we certainly appreciate you showing up 13 and being willing to testify today. THE WITNESS: 14 Thank you. Thanks. MS. BUYS: Thank you so much. And for the 15 16 record, they're both excused for the purposes of this 17 proceeding. 18 HEARING OFFICER HALSTEAD: Thank you. 19 THE WITNESS: Thank you. 20 MS. BUYS: Thank you. And so Respondent would now like to call Dr. Nguyen to the stand. 21 22 HEARING OFFICER HALSTEAD: Would you prefer that he stay seated next to you or does it matter? We 23 don't have an official --24

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1	Page 197 MS. BRADLEY: Yeah, I'm fine either way.
2	HEARING OFFICER HALSTEAD: Wherever you're
3	more comfortable, Dr. Nguyen.
4	THE WITNESS: Thank you.
5	
6	DIRECT EXAMINATION
7	BY MS. BUYS:
8	Q Thank you very much. Now, Dr. Nguyen, did
9	you use your reasonable medical judgment to take into
10	consideration Patient A's history, exam, risk factors,
11	treatment benefits and alternatives in your decision to
12	administer a Kenalog steroid injection to Patient A?
13	A Yes, I did.
14	Q Tell us why.
15	A The parent had told me that the child was
16	having respiratory symptoms of cough, congestion and
17	nausea and vomiting for four days. Initially, I
18	prescribed her oral Prednisone. And after doing an exam
19	on the patient, I assessed her to have a respiratory
20	illness, possibly croup or other respiratory conditions,
21	and felt that the oral steroid would be adequate.
22	But when I came back to give her the
23	parent the medication and talk to her about the
24	possible side effects of the medication, I went over with

1	Page 198 her and let her know that there are side effects, and she
2	became concerned that the side effect of the oral
3	Prednisone could lead to further vomiting or increased
4	vomiting, and she asked me if there was any other
5	treatment options.
6	And I did let her know that there was an
7	injectable form of medication, and we discussed the
8	possible side effects of the injectable medication,
9	specifically that it can cause some scarring, swelling,
10	redness and pain and bleeding to the area that is
11	injected.
12	Q And did you obtain informed consent prior to
13	administering a Kenalog steroid medication to Patient A?
14	A Yes, I did. I let the mom know that there
15	are side effects and benefits and alternatives to the
16	medication, and she was agreeable with proceeding with
17	the treatment.
18	Q And did you use your reasonable medical
19	judgment as a family medicine specialist based on your
20	background, training and experience in treating Patient A
21	with Kenalog due to what you believed was respiratory
22	illness that was possibly croup?
23	A Yes, I did.
24	Q All right. And if you had not given the

1	Page 199 patient a Kenalog injection, what might have happened?
2	A As I told the parent, the alternative is to
3	give oral medication, the Prednisone that I prescribed.
4	Possible side effects of the oral Prednisone is vomiting,
5	weakness of the tendons, tendon rupture, weakness of the
6	bones, elevation of blood sugar and GI side effects which
7	include vomiting.
8	Q And at the time you provided care to Patient
9	A, did you make a reasonable effort to keep and maintain
10	an accurate, timely, legible and complete record?
11	A Yes, I did.
12	Q Please explain.
13	A The progress note or medical record has
14	everything that it needs to to continue care of the
15	patient if she were to follow up with her pediatrician or
16	if she were to come back to see another provider at my
17	urgent care or myself at the urgent care.
18	Q And I'd like to touch briefly on your
19	background, Doctor. Where were you born and raised?
20	A I was born in Saigon, Vietnam, but I was
21	raised in Colorado.
22	Q And where did you attend college?
23	A I attended college at Cal State-Fullerton.
24	Q And what year did you graduate?
ı	

TRANSCRIPT OF HEARING PROCEEDINGS - 05/26/2022

1	А	Page 200 From Cal-State Fullerton, I graduated in
2	1995.	
3	Q	What degree did you receive?
4	A	I received a Bachelor of Arts in Science, in
5	particular,	biology.
6	Q	And when did you decide you wanted to go to
7	medical sch	ool?
8	A	My junior year in college.
9	Q	And where did you attend medical school?
10	A	I attended medical school at University of
11	Colorado in	Denver, Colorado.
12	Q	And what did year did you complete medical
13	school?	
14	A	I completed it in 2008.
15	Q	And where did you go your internship?
16	A	I did my internship in Denver, Colorado at
17	the Univers	ity Hospital.
18	Q	And where did you do your residency?
19	A	The same facility.
20	Q	And was that residency focused on family
21	medicine?	
22	А	Yes.
23	Q	And how did you decide to specialize in
24	family medi	cine at an urgent care setting?

	D 001
1	Page 201 A I enjoyed family medicine because it allows
2	me to care for the whole family from infant to elderly,
3	grandparent, and it allows me to make a difference in
4	patients' lives.
5	Q And just to clarify, how long have you been
6	practicing medicine, Doctor?
7	A I finished my residency in 2003, so 19 years.
8	Q And can you estimate how many patients you've
9	seen up to that time?
10	A I would estimate possibly 35,000 patients.
11	Q All right. And during your residency, were
12	you trained in administering Kenalog injections?
13	A Yes, I was.
14	Q What training did you receive?
15	A Under my attending physicians, I was trained
16	to inject children, adults, elderly patients with Kenalog
17	for minor reasons such as respiratory illnesses.
18	Q And did you experience treating pediatric
19	patients with respiratory illnesses that resembled croup?
20	A Yes, I do.
21	Q And how many of those patients have you seen?
22	A If I had to guess, I would say approximately
23	300 patients.
24	Q And did you hear Dr. Hall testify this
1	

1	Page 202 morning?
2	A Yes, I did.
3	Q And do you disagree with each of these
4	opinions that you fell below the standard of care?
5	A Yes, I disagree with his thoughts.
6	Q And can you briefly explain why?
7	A My care of the patient was and does meet the
8	standard of care. I did examine the patient. I assessed
9	her, and I did get verbal consent from the parent, and I
10	did keep a timely record and a complete record for
11	continuation of care for the Patient A.
12	Q And let's go over your note for Patient A's
13	November 4th, 2016 visit. Do you have a recollection of
14	Patient A's visit?
15	A Yes, I do.
16	Q All right. And I would like to go and refer
17	for your review, I believe it is Respondent's Exhibit,
18	and I'll tell you the exact number. I believe we had
19	this marked as Respondent's Exhibits 5 and 6 as well as
20	Respondent's Exhibit Number 12. And I'd like to directly
21	refer your attention to what's been Bates stamped H18002
22	of the Exhibit Number 5. Is that your narrative note of
23	Patient A's November 4th, 2016 visit?
24	A Yes, it is.

1	Page 203 Q All right. And I believe you just testified
2	you have an independent recollection. I believe you just
3	testified that you have an independent recollection of
4	treating the patient on November 4th of 2016?
5	A I do.
6	Q All right. What do you recall about your
7	visit with Patient A on November 4th, 2016 at the urgent
8	care clinic?
9	A It was notable that there was an attempt by
10	the medical assistant to give the Kenalog injection, but
11	he failed to do so. And afterwards, the mother asked me
12	in particular to give the injection instead of having
13	another medical assistant or other RN or other nurse give
14	the injection.
15	Q And while you were treating the patient on
16	November 4th of 2016, did you review Patient A's medical
17	history?
18	A Yes, I did.
19	Q What did you review?
20	A I asked in particular if the child had asthma
21	and I asked her if she had any allergies to any
22	medications or any other substances, and I also reviewed
23	her family history of maternal grandmother having asthma.
24	And the mother did mention that she had prior croup

1	several months prior to her visit with me.
2	Q And did you discuss with Patient A's parents
3	what her symptoms were?
4	A Yes, I did. I gathered the history from the
5	mother, as the patient was a 23-month-old and wasn't able
6	to respond.
7	Q And I believe you just testified regarding
8	the patient's mother. Do you recall the patient's father
9	was also present for the visit?
10	A Initially, the father was present also, but I
11	had to excuse him after I finished my physical exam. He
12	was late for work and had to leave.
13	Q And did you just testify that you performed a
14	physical exam of Patient A?
15	A That is correct. I did.
16	Q And what did you find on exam of Patient A?
17	A I found that she had some nasal symptoms of
18	erythema, clear rhinorrhea. Her lungs were clear, she
19	had good air exchange, she was walking and she was a
20	vigorous child.
21	HEARING OFFICER HALSTEAD: Ms. Buys, what is
22	Dr. Nguyen looking at?
23	MS. BRADLEY: I was just going to ask that
24	same thing because I don't see erythema on the records

	D 00F
1	Page 205 I'm looking at or vigorous child. So just curious where
2	that's coming from.
3	MS. BUYS: It's HCP 003 is the Bates stamp.
4	I believe that's still Respondent's Exhibit 5.
5	MS. BRADLEY: Oh, okay. I see erythema
6	there.
7	THE WITNESS: Clear rhinorrhea.
8	MS. BUYS: No worries. Just for the record.
9	And just for the record, it's on that Bates stamp HTP 003
10	about towards the bottom of the page, maybe around the
11	middle lower half, there is documentation regarding the
12	erythema as well.
13	MS. BRADLEY: Yeah, I just saw the erythema.
14	I don't see vigorous child. So is that just from his
15	memory or
16	THE WITNESS: That was from my memory.
17	HEARING OFFICER HALSTEAD: Okay. Thank you.
18	Q (BY MS. BUYS:) Thank you. And, Doctor, did
19	you come to a possible diagnosis of Patient A during her
20	November 4th, 2016 visit?
21	A Yes. According to my medical documentation,
22	cough with possible croup.
23	Q What was that based on?
24	A Based on the medical history provided by the

Page 206 appearance of the child, my physical exam, and her 1 previous history. 2 And based upon that diagnosis, did you 3 4 develop a potential treatment plan for Patient A? 5 Α Yes, I did. 6 What was that treatment plan? 0 7 Initially, it was oral Prednisone treatments Α that I was going to give the child, but once I came in to 8 9 inform the mom, the parent of Patient A of possible side effects of that medication, she expressed a lot of 10 concern that one of the side effects of the medication 11 12 was vomiting and asked me if there was any other 13 treatment that I could possibly give. At that point, I did let her know that an 14 intramuscular injection is one possibility, and she 15 16 mentioned that previously, her daughter had croup and the 17 daughter needed an injection during that time to resolve her symptoms. So I thought it was a good idea since the 18 19 child was vomiting and the medicine can cause vomiting to give her an injection of the medication of a steroid at 20 I wasn't sure if she would adequately take 21 that time. 22 the medicine and it would help her in her recovery. 23 And just to clarify for the record, did you 0 24 discuss with the patient's parent the risks, benefits and

Page 207 1 alternatives to treatment were the oral steroid, the 2 Prednisone? Yes, I did. I let her know that the 3 4 medication has side effects, and she had questions and I 5 answered those questions for her. And do you recall what the side effects were 6 0 7 that you explained to the patient's parent regarding the oral Prednisone? 8 I mentioned that the medication could 9 increase the patient's blood sugar level, cause increased 10 11 risk of infection, it could cause upset in the GI tract 12 or vomiting, it can cause weakness of the bones and 13 tendon rupture. 14 And then after you received that additional information from the patient's parent, is that when you 15 16 considered giving the Kenalog injection? Is that 17 correct? That is correct. The mother told me that she 18 19 was concerned that the medicine I was going to give the child can cause vomiting and the child is vomiting 20 already, that it would make her vomit more and, you know, 21 22 the child would not take down the medicine or not get 23 adequate amounts of the medicine, so I thought that was a 24 very valid concern. And I thought a reasonable treatment

Page 208 option would be to give the first dose as a steroid 1 2 injectable medicine so that we could insure that the child receives the medicine and she would get better 3 4 quicker. 5 And prior to the Kenalog injection, did you discuss the risks and benefits and alternatives with 6 7 Patient A's parent? Yes, I did let her know that in addition to 8 9 what the oral steroid can do, since it is an injectable, that it can cause swelling, redness, pain, bleeding and 10 11 even scarring to the area where it's injected. 12 And did someone other than you attempt to 13 administer the injection? Yes, Mr. Barry Misiuk, who was my medical 14 assistant for that day, attempted to give the injection. 15 16 0 All right. And what do you recall happened 17 when he attempted to give the injection? The parent was helping to position and 18 stabilize the patient for the injection. She was at the 19 head of the bed and facing the child and trying to 20 comfort the child, and Barry cleaned the area. Sorry. 21 22 Strike that. 23 Initially, he came in and thought about 24 giving the injection in the lateral thigh of the patient,

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- 1 but he mentioned that he didn't think he could do that
- 2 because he saw her moving quite a bit, and she was not
- 3 stabilized to give the injection in the lateral thigh.
- 4 He came in to let me know that he didn't think that was
- 5 possible, and I asked if there was any other spot he
- 6 could give the injection. And I let him know that the
- 7 gluteal area is an alternate site if he didn't think it
- 8 was safe to give it into the lateral thigh.
- 9 And he asked me for help in giving the
- 10 injection, so I went into the room with him. We assessed
- 11 the patient, and with the mother's cooperation, we
- 12 positioned and stabilized the child. Mr. Barry tried to
- 13 give the injection into the right buttock, but when he
- 14 went to inject the child, the child moved and he pierced
- 15 the skin but didn't push down on the plunger, and then
- 16 she moved again and he pierced her skin a second time
- 17 without giving the injection, and then she moved again
- 18 and the needle came out.
- 19 Q And why on the gluteal -- excuse me. Why was
- 20 the injection attempted on the gluteal area?
- 21 A At the time, we had the information and there
- 22 was an FDA recommendation that the medication, Kenalog,
- 23 could be given in the gluteal area.
- 24 Q And in your experience providing care to

1	Page 210 pediatric patients over 19 years, how often are children
2	willing and accepting and sitting still when you try and
3	give an injection?
4	A Not very often.
5	Q And do they often require a parent to help
6	position the child for an injection?
7	A Yes, often they do.
8	Q And, Doctor, after the medical assistant's
9	attempts to administer the injection, what happened then?
10	A Like I said, the needle had come out. I
11	applied pressure to the area because there was a small
12	amount of blood coming from the perforation sites where
13	the needle went in.
14	I apologized to the mom and let her know that
15	I'm sorry that the medication wasn't given despite her
16	daughter being poked by the medical assistant. At that
17	time, I let her know that I could get another medical
18	assistant or RN to give the injection. She let me know
19	that she didn't want a medical assistant or a nurse to do
20	it. She asked me if in particular if I could give the
21	injection because she trusted me.
22	Q And prior to actually, strike that. And,
23	Doctor, do you document every detail of your encounter
24	with a patient?

1	Page 211 A I document the details that are needed to
2	help any other provider or provider like myself coming
3	back; if a patient were to come back to continue her care
4	or if she were to go back to a different pediatrician, he
5	would understand the care that I gave to the patient.
6	Q And was it your understanding that Patient A
7	had a pediatrician appointment scheduled a few days into
8	the future?
9	A That is correct.
10	Q And was this the first visit that you had
11	with Patient A?
12	A Yes.
13	Q And was this the only visit that you had with
14	Patient A?
15	A Yes.
16	Q And I'd like to go and refer your attention
17	still on Respondent's Exhibit Number 5, but what is Bates
18	stamped as HCP 002. Doctor, it appears that it says at
19	the bottom of look at the first paragraph after a list
20	of plans, and right at the last part of that paragraph,
21	it says: "Patient agrees with treatment plan and
22	verbalizes understanding." Do you see that?
23	A Yes, ma'am, I do.
24	Q Did I read that correctly?
1	

	Page 212
1	A Correct.
2	Q And is this a reference to the consent that
3	you received prior to administering the Kenalog
4	injection?
5	A Yes, it is.
6	Q And when you say "patient," are you referring
7	to the child or are you referring to the patient's proxy
8	or parent?
9	A I was referring to the parent.
10	Q When you were getting the patient's medical
11	history, that came from the parent as well; is that
12	correct?
13	A Correct.
14	Q All right. And when you are discussing with
15	a patient different treatments, do you pressure patients
16	what to choose: one option other another?
17	A No. I offer them my medical advice and let
18	them know that there are alternatives, and it was her
19	decision that would be honored.
20	Q And did your care and treatment of Patient A
21	meet the standard of care?
22	A Yes, it did.
23	Q Why is that?
24	A I did what a reasonable physician would have
1	

1	Page 213 done for a patient with the symptoms that the parent told
2	me about. After doing an assessment of the Patient A, I
3	feel that any physician would have done the same thing
4	that I would have done.
5	Q And have you ever had a patient react to a
6	Kenalog injection by developing a divot?
7	A No, I have not.
8	Q Following the administration of the Kenalog
9	injection, did you provide any instructions for the
10	patient or the parent?
11	A Yes. I let the parent know that she should
12	apply ice to the area because there may be some swelling
13	and discomfort for the child and to fill a prescription
14	for the Prednisone or medication that I did give her and
15	to follow up with her pediatrician and then also to come
16	in if there were any increased symptoms or further
17	symptoms that she needed to have me look at.
18	Q After the administration of the medication,
19	did you have a patient remain in your office for any
20	period of time?
21	A Yes. We had her stay after the injection for
22	approximately ten minutes to make sure she didn't have
23	any adverse reactions to the injection.
24	Q And do you know if Patient A sought any

	Page 214
1	additional medical care for her symptoms?
2	A I don't know.
3	Q And prior to receiving correspondence from
4	the Board, did anyone ever tell you Ms. Patient A had
5	developed a divot or a complication related to a steroid
6	injection?
7	A No, I don't recall.
8	Q And just because a patient has a skin
9	reaction to a medication that's administered, does that
10	mean you deviated from the standard of care?
11	A No, ma'am.
12	Q And just because there are multiple attempts
13	to administer medication to a crying, kicking pediatric
14	patient, does that mean you fell below the standard of
15	care?
16	A No.
17	Q And have all of your opinions today been
18	stated by a preponderance of the evidence?
19	A Yes, it has.
20	MS. BUYS: Thank you.
21	HEARING OFFICER HALSTEAD: Ms. Bradley?
22	
23	
24	

	Page 215
1	CROSS-EXAMINATION
2	BY MS. BRADLEY:
3	Q Okay. Good afternoon, Dr. Nguyen. You
4	didn't document the conversation with Mrs. DelGrosso
5	regarding her concerns with the prescription for oral
6	steroids, did you?
7	A No, I did not.
8	Q And you testified that you discussed the
9	benefits of the Kenalog shot with the parents, but you
10	didn't document that you discussed the benefits of the
11	Kenalog shot with the parents, did you?
12	A I believe I did. I stated: The patient
13	agrees with the treatment plan and verbalized an
14	understanding of the treatment plan.
15	Q So it's your testimony that that covers the
16	benefits of the Kenalog shot?
17	A It would cover the benefits, the risks and
18	alternatives because that's part of the treatment plan.
19	Q Okay. Well, and I'm confused about the
20	treatment plan because maybe you can tell me then what it
21	ended up being because initially, you testified that the
22	treatment plan was oral steroids.
23	A That is correct.
24	Q And what was the treatment plan at the end of
1	

1	the visit?
2	A After receiving further information from the
3	parent that she was very concerned that the medicine
4	caused her daughter to vomit further and that her
5	daughter in fact had previous injection of a steroid
6	medication, I adjusted my treatment plan to include the
7	Triamcinolone or Kenalog injection because I was worried
8	that the patient might not get an adequate dose of the
9	medication because she is vomiting, and her mother was
10	concerned that the medication caused additional vomiting,
11	and I know that the Prednisone is known to cause vomiting
12	in patients.
13	Q Okay. You just testified that you were
14	worried. Did you document anywhere in the patient's
15	records that you were worried about the ability to
16	A No, I did not document that.
17	Q Okay. So just to we're clear then, so you
18	started out with initially an oral steroid was the plan,
19	and then you modified it. So in the end, the treatment
20	plan was both the oral steroids and the Kenalog shot. Is
21	that true?
22	A That's correct.
23	Q Did you document in the patient's medical
24	records that the patient stayed for ten minutes after the

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- 1 shot was provided?
- 2 A No, I did not document that, but that is a
- 3 standard of care for patients to make sure that they
- 4 don't have adverse reaction after they receive an
- 5 injectable medication.
- 6 Q And I just want to clarify when the medical
- 7 assistant attempted the injection. So were you present
- 8 when that occurred? You saw it happen?
- 9 A Yes, ma'am, I was there. I was at the
- 10 child's foot at the time.
- 11 O And you testified that the Patient A had
- 12 croup several months prior to her visit with me. Did you
- 13 document that in the medical records?
- 14 A Yes. I'm referring to my history of present
- 15 illness. It states the patient had croup twice already,
- 16 last one seven months ago. It's HCP 0002.
- 17 O Yeah. Thank you. I saw it. I was looking
- 18 above with the family history, but I do see it there
- 19 where you pointed it out. Thank you. Did you give the
- 20 parents instructions about when to give the oral
- 21 steroids?
- 22 A Yes, I did let them know that they were to
- 23 give it once a day as soon as they were able to give the
- 24 medication because with respiratory illnesses like croup,

	THE REPORT OF THE PROPERTY OF
1	Page 218 inflammation can worsen her symptoms, so the sooner they
2	gave the medicine, the sooner the child, the patient,
3	would improve.
4	Q So just to clarify then, so your intent was
5	that first day, Patient A would have both a shot and an
6	oral dose of steroids?
7	A That is correct, ma'am. Physicians often
8	will give injections to make sure that the parent gets
9	the first dose to help resolve sooner. It's called a
10	loading dose.
11	MS. BRADLEY: Okay. I believe you have
12	hopefully in front of you the standard operating
13	procedure for HealthCare Partners. I think it's Exhibit
14	7, but it might be 6 because my exhibits seem to be off.
15	HEARING OFFICER HALSTEAD: It's Exhibit 7.
16	MS. BRADLEY: Exhibit 7. Okay.
17	THE WITNESS: Yeah, I do have it.
18	Q (BY MS. BRADLEY:) Okay. Have you seen that
19	before, Dr. Nguyen?
20	A I believe I have.
21	Q Okay. If we go to page three, it's number
22	23. Can you read that for us, number 23?
ا م	

children, thigh, from birth to 36 months of age for

23

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A Vastus lateralis is the preferred side for

Page 219 1 intramuscular and subcutaneous injections. 2 And I think you testified that the MA is the one that decided to deviate from this procedure? I just 3 4 want to make sure. 5 Α That's correct, ma'am. So the medical assistant made the 6 Okav. 0 7 decision that the thigh was not appropriate, and then you're the one that said that the gluteal area would be 8 9 appropriate. 10 Α That's correct, ma'am. Let me clarify. Ιt 11 would be an alternate site for intramuscular injection. 12 Okay. Isn't it true that NRS 630.30621A, 13 which is one of the alleged statutes in this case, places the obligation on maintaining timely, legible, accurate 14 and complete medical records for patients on you as the 15 16 physician? 17 MS. BUYS: And I'll just object that it calls for a legal conclusion. 18 19 HEARING OFFICER HALSTEAD: Sustained. It's. I mean, also the statute speaks for itself. 20 21 (BY MS. BRADLEY:) Okay. So, Dr. Nguyen, is 22 it your testimony today that the medical assistant is responsible for documentation of a patient's medical 23

records?

24

1	Page 220 A Medical assistants assist physicians in
2	completing documentation such as providing the lot
3	number, medication and the expiration date of medications
4	when they inject the medications.
5	Q Okay. But who is licensed by the Board? The
6	medical assistant or the physician?
7	A The physician is licensed by the Board. And
8	when they do document these records, other physicians
9	like me do review those records to make sure that they're
10	accurate and timely.
11	Q So whose fault is it if there's an error in
12	the records?
13	MS. BUYS: Objection. Vague as it's unclear
14	what you mean by if there's
15	Q (BY MS. BRADLEY:) I'll rephrase. If there
16	was an error in Patient A's medical records, who caused
17	that error?
18	MS. BUYS: Same objection.
19	MS. BRADLEY: I think he can say who he
20	thinks is the cause of an error in a record for a
21	patient.
22	HEARING OFFICER HALSTEAD: Well, I guess my
23	concern is if there's error, I mean, this is a
24	hypothetical that doesn't necessarily apply to the case,

	D 001
1	Page 221 so if there's an error in these records.
2	MS. BRADLEY: Well, I think there is an error
3	in these records. I think we've heard testimony about
4	conflicting information in the records.
5	HEARING OFFICER HALSTEAD: Then I would
6	suggest the question should be if there was an error in
7	these records.
8	Q (BY MS. BRADLEY:) Okay. So, for example,
9	Dr. Nguyen, if we go to Exhibit 12, and that's your
10	exhibit 001, med admin details. Are you there?
11	A Yes, ma'am. I am. I'm looking at med
12	details 00001.
13	Q Do you see the name Hampton, Chanel on that
14	page?
15	A Yes, ma'am, I do.
16	Q Do you know who that is?
17	A That is my medical assistant that I normally
18	work with.
19	Q Okay. Did you work with Ms. Hampton on
20	November 4th, 2016?
21	A No, I did not work with her that day.
22	Q So if this says "admin by," what does that
23	mean typically?
24	A When the physician generates a computer order

1	in the EMR for an injection, we'll often send that order
2	to his normal his medical assistant that he normally
3	works with, which is Ms. Chanel Hampton.
4	Q So I guess I'm misunderstanding here. So
5	you're saying if you order medication, the order goes to
6	someone that you normally work with but that you may not
7	be working with on that day? Is that what you're saying?
8	A Yes, ma'am. During that day, Mrs. Hampton,
9	she had to call out sick that day because her daughter
10	was ill and she was not there. So Mr. Barry Misiuk was
11	called up as a float medical assistant that HealthCare
12	Partners had hired to substitute if there's a member of a
13	staff medical assistant that's absent that day.
14	Q Okay. Well, because it says, "Admin by."
15	What does "admin by" mean? Does that mean administered?
16	Is that short for administered?
17	A It says that I had ordered Chanel Hampton to
18	give the injection, and it says the date that it was
19	given.
20	Q Okay. So your testimony is then that the
21	name on there doesn't mean who administered the vaccine?
22	A That is correct, ma'am.
23	Q Okay. But I thought this is supposed to be
24	the medication administration details.

1	Page 223 A It has a lot of the details such as the
2	amount, the area injected and where it was given.
3	Q Okay. But how are we supposed to know
4	looking at this who provided the injection? I thought
5	that was the purpose of this record.
6	A The person often also gives the injection can
7	also be seen in the progress note.
8	Q Okay. So where does it show me in the
9	progress note who gave the injection?
10	A It does say that I completed the injection,
11	Kenalog 40 milligrams 0.5 by mouth, intramuscular was
12	completed by Dr. Nguyen.
13	Q Where did it say that? I'm sorry. What page
14	are you on?
15	A It is HCT 0017.
16	Q 0017? Okay. So you're referring to then on
17	the bottom, kind of the bottom of the page, I mean, I
18	guess the middle, but the bottom of the entry of that
19	page?
20	A That's correct, ma'am. Is says Nguyen, Hai
21	complete.
22	Q Complete. So that's what you're saying is
23	proof that you administered the injection?
24	A That's correct, ma'am.

Page 224 1 0 Okay. And if we go back to Exhibit 5 though, 2 if we go to page HCP 00006 in Exhibit 5. 3 Α Yes, ma'am. 4 That Gleneisha Barner, is that the person you said you were working with that day? 5 I believe she was the triage medical 6 Α 7 assistant. So in urgent care, we may have more than one 8 medical assistant. We have one that triages the patient, 9 takes their initial complaint, and then she may take the vitals and then a medical assistant helps in the back of 10 11 the office. So where do we see reference to the medical 12 13 assistant that you said that you were working with on 14 that day? I believe it was a gentleman's name. Oh, I think I might see it on Exhibit 6, med admin log 0003. 15 16 Was it Barry, you said, Misiuk? 17 Yes, ma'am, that's correct. It's right down there at the end of the near the bottom of the page. 18 19 Q Okay. 20 HEARING OFFICER HALSTEAD: I'm sorry. What 21 page? 22 (BY MS. BRADLEY:) It's med admin log 00003. It's in Exhibit 6 for the Respondent. Have you seen this 23 24 Exhibit 6 before, Dr. Nguyen?

Page 225 1 Α Yes, ma'am. 2 Okay. What would you call this? It says, 0 "Allscripts" at the top. I wasn't sure what kind of 3 4 record it was. 5 Α It's part of the electronic medical record in regards to a billing the insurance and with trying to 6 7 complete the record. 8 Okay. Because when I read this, and I don't 9 know -- maybe you disagree -- but would you agree that it sounds like there was some confusion over this shot and 10 11 what happened with it? 12 Α The confusion was that the biller thought 13 Ms. Hampton was there that day to give the injection, and I let her know that Ms. Hampton was not there and it was 14 actually Mr. Misiuk, Barry, that was present with me that 15 16 day. 17 Okay. Yeah, because I'm just reading in the 0 middle. Do you see where it says: "Hello"? Could you 18 19 read that? 20 "Hello. Did you administer this injection? Α If not, can you send it back? Thanks." 21 22 So it sounds like there was a question of whether it was given or not and maybe that the injection 23 was somewhere in the office? I don't know. 24

1	Page 226 A I would have to speculate as far as why that
2	message was sent to Mrs. Hampton.
3	Q Okay. But it looks like at the end, it is
4	documented that Barry Misiuk was the one that provided it
5	or at least helped.
6	A Yes, he did help in drawing up the medication
7	and helping with the injection.
8	Q Okay. Would you agree with me that there's a
9	difference between consent and informed consent?
10	A Sorry. Could you repeat the question?
11	Q Would you agree with me that there's a
12	difference between consent and informed consent?
13	A Yes.
14	Q How would you distinguish those two?
15	A Consent would be just saying okay versus
16	being informed of possible risks, alternatives, and side
17	effects of a medication.
18	MS. BRADLEY: Thank you. I have no further
19	questions.
20	
21	REDIRECT EXAMINATION
22	BY MS. BUYS:
23	Q Thank you. Dr. Nguyen, I believe counsel for
24	the Investigative Committee asked you questions regarding

	- 005
1	Page 227 what was Respondent's exhibit, I believe we are at, I
2	believe, Respondent's Exhibit Number 6, which has
3	"Allscripts" written at the top. Do you recall that?
4	A Yes, I do.
5	Q Were you aware of this conversation with the
6	medical assistants that's documented here?
7	A Yes, I was.
8	Q All right. When did this take place?
9	A That happened on November 8th, 2016.
10	Q And that was after the care that was provided
11	to the patient. Is that correct?
12	A Correct.
13	Q And I believe you also testified that this
14	document is for purposes of billing. Is that correct?
15	A I believe.
16	Q All right. And I believe you were also asked
17	questions regarding Respondent's Exhibit Number 12, the
18	medication administration details. And, Doctor, just to
19	clarify for this patient in 2016, were the medical
20	records electronic or paper?
21	A They were electronic.
22	Q Okay. And in your practice in working at
23	HealthCare Partners in 2016, was it normal for the
24	medical assistants to assist you in filling out the

	Page 228
1	electronic health record regarding the shot record?
2	A Yes, it was.
3	Q Okay. And in this case, it looks like on
4	that medication administration details page, the
5	injection site is listed as right gluteal region. Is
6	that correct?
7	A That is correct.
8	Q All right. Do you have an independent
9	recollection apart from this document where you gave the
10	injection?
11	A I do because I remember giving the injection
12	in the right buttock.
13	Q How do you know that?
14	A Because the table in that room is positioned
15	so that when the patient is lying on her stomach, her
16	right buttock would be to the left side of the bed. And
17	I'm right handed, so it would make it easier for me to
18	place my hand on the right buttock to push down to help
19	stabilize the patient and to give the injection with my
20	right hand into the right buttock or gluteal area.
21	Q And I believe you had testified about the
22	medical assistant attempting to administer the injection.
23	Is that correct?
24	A That is correct, ma'am.
I	

1	Page 229 Q Do you recall where he attempted to give the
2	injection?
3	A He also tried to give the injection to the
4	right gluteal buttock.
5	Q And that is based upon your observation of
6	him?
7	A That is correct. I was there when he tried
8	to inject the medication and failed to give the
9	injection.
10	Q All right. And I believe there was also some
11	testimony regarding documentation as to the dosage of the
12	Kenalog injection. Can you please clarify for the record
13	what was the dosage that was administered to Patient A?
14	A The dosage which I ordered on my progress
15	note states: Kenalog, 40 milligrams per mL injection
16	suspension. Inject 0.5 mL intramuscularly once. And
17	that's from CP 0002.
18	Q And that's Respondent's Exhibit Number 5; is
19	that correct?
20	A I believe so.
21	Q All right, Doctor. And it looks like on that
22	page as well, there is notation as to your name regarding
23	a treatment plan for the Kenalog injection. Is that
24	correct?

1	Page 230 A Yes, it does.
2	Q All right. And is it your understanding that
3	when you're documenting an electronic medical record that
4	the record can autopopulate a provider's name?
5	A It can.
6	Q And do you recall the electronic health
7	record that was in effect at HealthCare Partners on
8	November 4th, 2016? Was it Cerner or a specific type of
9	electronic healthcare record?
10	A I believe it was Allscripts.
11	Q And you had also testified regarding Chanel
12	Hampton. Was it your testimony that she was your regular
13	medical assistant?
14	A Yes, Ms. Chanel Hampton worked for me for
15	approximately three years at HealthCare Partners.
16	Q And to clarify, when you prescribe a Kenalog
17	injection through the electronic healthcare record, was
18	it your testimony that it can autopopulate the typical
19	medical assistant that you worked with?
20	A Yes, it can autopopulate the name of the
21	medical assistant that normally works there.
22	Q Okay. And, Doctor, I believe there was also
23	some testimony earlier regarding the timing of this
24	documentation. Do you recall what time you finished

1	Page 231 authoring your progress note for the patient?
2	A What happens sometimes is I'm busy at the
3	I have another patient that I have to see in the urgent
4	care, and then I'll go back at the end of the day to
5	complete my progress note and to make sure everything is
6	accurate as possible and reflects my care of the patient.
7	Q And does the documentation that has been
8	provided in this proceeding appear to indicate that you
9	authored your progress note on November 4th of 2016?
10	A Yes, it does.
11	Q Which is the same day that you saw Patient A;
12	correct?
13	A Correct.
14	Q And then I also believe Board counsel asked
15	you questions regarding your documentation of the consent
16	given by Patient A's parents. Do you remember those
17	questions?
18	A I believe Can we have a read back of that?
19	Sorry.
20	Q Otherwise, I'll rephrase my question.
21	Doctor, you had testified that you documented
22	that you had received consent from Patient A's parent in
23	your note. Is that correct?
I	A Correct.

1	Page 232 Q And is it your testimony that you received
2	verbal consent from Patient A's parent prior to the
3	Kenalog injection?
4	A Yes, I did.
5	Q And is it also your testimony that you
6	received verbal consent from Patient A's parent for the
7	oral medication that was prescribed?
8	A Yes, I did.
9	MS. BUYS: All right. That is all I have.
10	Thank you.
11	HEARING OFFICER HALSTEAD: I know we've been
12	doing redirect and recross. Do you want to engage in
13	that?
14	
15	RECROSS EXAMINATION
16	BY MS. BRADLEY:
17	Q I just have one question related to timing.
18	Dr. Nguyen, do you recall approximately when you saw
19	Patient A on November 4, s 2016?
20	A I believe it was right around 11:00 a.m.
21	because usually, the triage nurse sees the patient first,
22	gets their initial complaint, some of the symptoms and
23	does vital signs, so I believe that the note started at
24	10:45 a.m., so I would have seen her shortly thereafter.
1	

Page 233 1 0 Okay. And so is it fair to say that probably she and her parents would have gone home by noon that day? 3 4 Likely, ma'am. Α 5 MS. BRADLEY: Okay. That's all. Thank you. MS. BUYS: Thank you. And would it be 6 possible to take another comfort break? I apologize. 7 8 I've been drinking water. 9 HEARING OFFICER HALSTEAD: Yes. Let's see 10 what time. It's 3:04. So do you want to come back at 11 3:15? 12 MS. BUYS: That would be great. Thank you 13 very much. 14 (Recess.) 15 HEARING OFFICER HALSTEAD: We're back on the 16 record in Case Number 21-389084-1. 17 Ms. Buys, would you like to continue with 18 your case? 19 MS. BUYS: Yes, thank you. Respondent would like to next call Dr. Eduardo Anorga. I believe he's 20 sitting right here. 21 22 HEARING OFFICER HALSTEAD: Thank you. And I 23 believe he was previously sworn; correct? 24 MS. BUYS: Correct.

1	Page 234
1	THE WITNESS: Yes.
2	MS. BUYS: Perfect.
3	HEARING OFFICER HALSTEAD: Can you spell the
4	last name for me, please?
5	THE WITNESS: Sure. It's A, N, as in Nancy,
6	O-R-G-A. First name Eduardo: E-D-U-A-R-D-O.
7	HEARING OFFICER HALSTEAD: Thank you. I'll
8	remind you that you remain under oath from when you were
9	sworn in this morning.
10	THE WITNESS: Thank you.
11	HEARING OFFICER HALSTEAD: Go ahead,
12	Ms. Buys. Thank you.
13	
14	DIRECT EXAMINATION
15	BY MS. BUYS:
16	Q Thank you so much, Madame Hearing Officer.
17	Good afternoon, Dr. Anorga. I believe you just stated
18	and spelled your name for the record, but could you
19	please let us knows what is your educational background?
20	A I went to UC Santa Cruz, graduated with a
21	degree in biology with honors, went to the University of
22	Vermont for medical school, and then I did my residency
23	at Long Beach Memorial Hill. And subsequent to that, I
24	did a certificate of added qualification in sports

Page 235 medicine, but I didn't renew it after the first seven 1 2 years. Decided not to renew it. I also got a certificate in utilization management and quality 3 4 management, early career. And that I haven't renewed 5 either. Gotcha, Doctor. And I'd like to go and show 6 Q 7 you what has been marked as I believe it is Respondent's Exhibit Number 8, if I can approach you. And, 8 9 Dr. Anorga, is this a copy of your Curriculum Vitae? 10 Yes, it is. Α 11 And is it an accurate copy of your CV? 0 12 Yes, actually it is. Yes. Α 13 Doctor, in your practice, have you had Q occasion to deal with pediatric patients? 14 15 Α Yes. 16 And how often have you treated pediatric 0 17 patients over your years of practicing medicine? Well, through my training, I've treated 18 19 pediatric patients as part of family practice training. And subsequent to that, as I started my practice, I had a 20 fairly robust pediatric population being that I had kids, 21 22 all of my friends were having kids, and so I took care of a lot of children early on. 23 24 As we got probably in the last 15 years, I've

Page 236 seen fewer kids in my practice primarily because they've 1 2 all grown up. Although now, occasionally I get calls on their kids, and I also have had a lot of pediatric 3 4 experience going to Haiti. I've been to Haiti 25 times 5 for medical care, and I also worked with for over ten years working with a group of pediatric nurses in Haiti 6 7 and would be their kind of resource person for difficult 8 cases. 9 In addition to that, I was on the Board of Directors for West Side Neighborhood Clinic which was a 10 11 family medicine clinic which included a lot of 12 pediatrics. I would be involved in regular oversight of 13 the care there. And then subsequent to that, I joined the board for Long Beach Children's Clinic, and was there 14 for three years when they actually absorbed West Side 15 16 Neighbor and again was involved with oversight, planning, 17 care with regards to pediatrics. Thank you. And aside from your trips to 18 19 Haiti, have you practiced medicine anywhere else on mission trips? 20 I went to Honduras after Hurricane Mitch; 21 Α 22 I've been down to Mexico. I also for many years worked for a company Newmatic that's now called UnitedHealthcare 23 24 Global and participated in the management of over a

Page 237 thousand traveling patients, and basically my role there 1 2 was to give a report in Spanish and assess for the adequacy of care and make a decision as to whether or not 3 4 the patient needed to be evacuated, for example, with an 5 air ambulance or whatnot. So that would be the regular routine. They'd call me, I'd talk to the doctor, review 6 the records and then make a decision as to whether they 7 were safe to stay where they were or whether we needed to 8 9 evacuate them by one means or another. Thank you, Doctor. And over the course of 10 0 11 your career, have you treated patients that have had 12 symptoms of croup? 13 Croup, asthma. Many, many, many. Α 14 0 And what are the symptoms of croup? Croup is primarily a barking cough. 15 Α 16 pretty striking and it is kind of frightening. Actually, 17 I even took my -- when I was a physician, I actually took my daughter to the emergency room when she had croup one 18 19 night. We actually didn't get into the emergency 20 room because by the time we got there, the cool night air 21 22 had kind of, you know, we'd already tried walking around in the cool night air. It finally kicked in and she was 23 24 relieved. But when it happens, it's pretty frightening

1	because you wonder okay, are they going to go into
2	respiratory arrest or not.
3	Q And so in your experience then in your
4	treating patients with croup, can their symptoms worsen
5	suddenly?
6	A Yes. Typically, it happens during the night.
7	Q Thank you, Doctor. And how many times have
8	you administered steroid injections in your practice?
9	A Upwards hundreds if not thousands.
10	Q And have you seen any major complications
11	from administering steroid injections?
12	A I've never had a complication from
13	administrating a steroid injection.
14	Q Have you seen any cases where a patient has
15	developed atrophy in the thousands of injections that
16	you've provided?
17	A Not in my practice, no. I did see one case
18	one time on one of the people that went to Haiti with us
19	got a shot in her deltoid and she had a small divot. I
20	didn't give the shot, and it wasn't part of the trip.
21	She had gone somewhere else.
22	Q Understood. And, Doctor, is a divot a rare
23	complication of a steroid injection?
24	A I would say that it is.

	Page 239
1	Q All right. Is it a serious complication?
2	A I would say that it's not. It typically
3	resolves over the course of the year by itself.
4	Q And if a patient would develop a divot after
5	undergoing a steroid injection, when would you expect to
6	see the divot develop?
7	A As I understand it, it would be within the
8	course of a month.
9	Q So hypothetically speaking, if an
10	administration of an injection was given on November 4th
11	of 2016, you would expect to see a divot develop by
12	December 4th or so of 2016?
13	A That would be reasonable.
14	Q And in your practice in administering
15	thousands of Kenalog injections, have you ever seen a
16	case where a patient has been administered an injection
17	on, say, the right gluteal muscle and developed a divot
18	on the left?
19	A No. And just a correction. All of this
20	steroid injections I've given have been a variety of
21	different types of steroids not just Kenalog. I use I
22	tend to like Celestone, but it's kind of like to-may-toes
23	and to-mat-os.
24	Q Thank you for clarifying, Doctor. And in

Page 240 your practice, have you had occasion to administer 1 2 Kenalog injections to pediatric patients? I don't think I've ever administered a 3 4 Kenalog injection. I've given steroids. I've used IV 5 steroids and other injectable steroids to pediatric patients but not Kenalog itself. 6 7 And is it your understanding that Kenalog injections are generally safe to administer? 8 9 Α They're very safe. And why do you say that? 10 0 11 Α Well, it's a steroid. Your body produces 12 very similar compounds to it. The only thing about the 13 Kenalog is that it's bound to acetonide which is an agent that kind of keeps it in its place so that it doesn't 14 become systematic and it makes its absorption more 15 16 gradual so when you give the injection, you kind of get a 17 low-level slow absorption of the medicine over many, many days if not weeks. 18 And in this case, have you had occasion to 19 review the medical records that were produced by 20 21 Respondent, Dr. Nguyen? 22 Α Yes, I have. 23 All right. And in your review of medical 0 24 records, did you come to an opinion as to whether or not

Page 241 Dr. Nguyen met the standard of care in prescribing 1 2 Kenalog to Patient A? Yes, he definitely met the standard of care 3 4 easily. 5 Q Please explain. Again, the standard of care is what a 6 Α 7 reasonable doctor would do given similar circumstances. And in this particular case, we're in an urgent care 8 9 setting where he doesn't really have the same advantage that I do where he might know the patient and their 10 11 grandparents and everybody in the chain. And so he 12 doesn't know exactly. 13 The mother sounds like she was very reliable and presented herself very well today, but you don't 14 really know. You don't have that advantage and are they 15 16 going to give the child the medicine, are they going to 17 administer it properly orally or are they going to forget to do it. All of those things, it's kind of hard to 18 So certainly giving an injection eliminates all of 19 those possibilities. 20 21 Also, I'm sure many of you have had 22 two-year-olds in trying to administer a medication, oral medicine to two-year -olds can be very difficult. 23 24 They'll spit it out. And then again, as Dr. Hall

Page 242 mentioned, once they spit it out, it's really hard to 1 2 know how much did they keep, how much did they spit out. So you create all of this, you know, this unknown. 3 4 And then as he mentioned, Prednisone, oral 5 Prednisone can cause nausea, can cause GI upset. That's a very known common thing. And so even if you succeed in 6 7 getting the right amount down, they may just give it back to you a little later. So the injection pretty much gets 8 the job done. 9 And not only that, it's not completely clear 10 11 whether this young child had croup because we're trying 12 to construct what's going on based on history. 13 possible that the child had some form of asthma. And as 14 we know, asthma usually once you get an acute exacerbation, you're entering like a 12-week window of 15 16 chronic asthmatics symptoms that will present with cough, 17 wheezing and other symptoms. And again, to give this little longer level of treatment is actually superior 18 than giving a short burst of steroids. 19 20 I think I had one other thought. This is 21 also definitive treatment. So again, a lot of times, 22 doctors, we're not completely sure what's going on.

We're thinking well, it could be croup. It could be

asthma. It could be a lot of other things.

23

24

1	Page 243 And so if you provide definitive treatment
2	and then the patient comes back or goes to see another
3	doctor and they're not better, then that causes everybody
4	to stop, look and listen and say well, maybe it's a
5	foreign body. Maybe the child has some other problem
6	that we need to consider. Maybe it's time for a chest
7	x-ray.
8	But if you don't provide definitive treatment
9	well, maybe they didn't get enough steroid. Maybe they
10	threw it up. Let's try giving them an injection now and
11	you could possibly delay another diagnosis. And so I
12	think the standard of care here was excellent. I see no
13	question at all in terms of the care that was provided,
14	and it was probably superior than just giving oral
15	medication.
16	Q And I believe that, you know, there was also
17	some testimony regarding an oral Prednisone prescription.
18	In your experience, Doctor, do patients forget to fill
19	their prescriptions?
20	A Sometimes that happens. Sometimes they
21	forget. I mean, you know, this week, I forgot my
22	medicine. And so yeah, that's a very common thing. And
23	so that's a possibility.
24	Q And in a patient that's being seen in an

Page 244 arent,

- 1 urgent care setting, you know, with a patient's parent,
- 2 are there instances where a parent would try and fill a
- 3 prescription but there might be a delay in getting her
- 4 medication filled at the pharmacy?
- 5 A That's always a possibility. It could be,
- 6 you know, insurance issues, stocking issues. All kinds
- 7 of things that can come up that would keep the patient
- 8 from getting medication, plus there's also the
- 9 misunderstanding factor. Even though you say like oh,
- 10 five mL's once a day, well, maybe the parent doesn't know
- 11 what 5 mL's is, and maybe they're afraid to ask. You
- 12 know, maybe it's the spouse that's going to give the
- 13 medicine and they really didn't get the message and
- 14 something could go wrong.
- Q Gotcha. And when you're testifying regarding
- 16 definitive treatment, in this case, based upon your
- 17 review of the records, did the patient have prior
- 18 hospitalization due to croup?
- 19 A That is my understanding, yes, and from the
- 20 testimony that I heard this morning as well.
- 21 Q And so when you're trying to use definitive
- 22 treatment, is the sort of rationale behind that to
- 23 provide coverage to avoid a potential hospitalization for
- 24 a patient?

1	Page 245 A That's one of the main goals, yeah, prevent
2	hospitalizations, severe disease and death.
3	Q And in this case, have you seen any evidence
4	that the Patient A had any sort of severe hospitalization
5	or
6	A Not after this episode.
7	Q death? And, Doctor, would it be
8	reasonable for a physician to have to rethink their
9	initial treatment plan based upon additional information
10	provided by a patient's parent?
11	A Yes.
12	Q And in this case, as you've sat here today,
13	did you hear testimony that the patient's parent had
14	reported that she had not gotten better after having just
15	a normal dose of oral steroids for symptoms?
16	A That's what I understood. Yes.
17	MS. BRADLEY: You're really muffled all of a
18	sudden I'm not sure why the last part of that
19	question.
20	MS. BUYS: Certainly. And could you read it
21	back? I apologize.
22	THE COURT REPORTER: Sure.
23	(Requested portion read by the reporter.)
24	Q (BY MS. BUYS:) And the same question,

	Page 246
1	Doctor.
2	A Sorry. I spaced out.
3	Q And I'll rephrase as well, Doctor. As you
4	sat here today, did you hear evidence that the patient's
5	parent had reported that she had not gotten better after
6	an oral course of steroid prescriptions?
7	A That's what I understood. Yes.
8	Q And would a reasonably prudent physician take
9	the patient's parent at her word regarding that?
10	A That would be reasonable.
11	Q And why is that?
12	A Well, it certainly it's a logical possibility
13	in terms of yes, you gave them oral steroids and it
14	didn't work for whatever reason. That's certainly a
15	logical possibility and wouldn't be surprising if that
16	would occur, so it's reasonable to believe them.
17	Q And in your experience, Doctor, would a
18	patient's parent have more knowledge about that
19	patient's, you know, medical conditions of course than,
20	say, someone in an urgent care facility seeing a patient
21	for the first time?
22	A Well, the question is, is he in a
23	different
24	Q To clarify, and I'll rephrase. If and
1	

1	Page 247 I'll strike that and I'll go in a different area, Doctor.
2	In this case, have you seen or heard any testimony
3	regarding what the dosage was for the Kenalog injection?
4	A I understood that it was a total dosage of 20
5	milligrams which would be well under the 1.6 milligram
6	per kilogram recommended dose and that it was
7	administrated by the right gluteal region.
8	Q And in this case, was Patient A in a higher
9	percentile for her weight when she presented on November
10	4th, 2016?
11	A Oh, yes. She would have been in the 75th
12	percentile for a three-year-old. So by percentile is you
13	line up 100 kids and, you know, where would they spread
14	out. So she would be above the 50th percentile for a
15	three-year-old in terms of her weight.
16	Q And when determining whether to give an
17	injection in the lateral thigh or in the gluteal muscle,
18	do you take into account that patient's weight?
19	A Yes.
20	Q And what else do you take into account when
21	making that determination as to location of an injection?
22	A Well, maybe the idea is the size of the
23	gluteus muscle and that happens, begins to develop once
24	they walk. So once they've been walking for a while, the

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- 1 gluteus muscle is adequately developed. So in a child
- 2 that's under the age of walking and underweight, the
- 3 gluteus muscle is not as well developed and there's the
- 4 risk for gluteal atrophy which again is another very rare
- 5 condition.
- 6 Q And in this case, have you heard testimony
- 7 that the patient, Patient A, was walking at the time she
- 8 saw Dr. Nguyen?
- 9 A Yes.
- 10 Q And based upon your review of the records and
- 11 the testimony you've heard, would it be fair to say that
- 12 you would expect that Patient A's gluteal muscle was well
- developed on November 4th of 2016?
- 14 A I think it would be reasonable to conclude
- 15 that she had an adequate gluteal muscle based on her
- 16 weight, her age, and her walking history.
- 17 Q And, Doctor, there's also been opinions
- 18 regarding Dr. Nyugen's documentation in this case. Is
- 19 there a difference between the standard of care and
- 20 standard of documentation?
- 21 A Yes, I believe there is. There's a standard
- 22 of care is what actually happened, and then there are
- 23 standards for documentation that are independent of what
- 24 actually happened.

1	Page 249 Q And is it the standard of care to document
2	every single possible complication a patient may have
3	from a steroid injection?
4	A It is not.
5	Q Why is that?
6	A Number one, we usually give the major
7	complications, the ones that would be more striking, but
8	rare or uncommon complications we just don't go through
9	those.
10	Q And in your practice, Doctor, have you ever
11	had occasion to give a patient a written consent form for
12	a steroid injection?
13	A No.
14	Q Why not?
15	A We always just do a verbal consent. It's
16	pretty straightforward. General risks are kind of like
17	Dr. Nguyen talked about: Local irritation, redness,
18	possibility of infection, bleeding, bruising, allergic
19	reaction. That's going to be for any injection. That's
20	pretty common sense. Most adults know what an injection
21	is, know it can happen. Most adults understand when you
22	give an injection or even an oral medicine, you can have
23	an allergic reaction. But we go over the top and explain
24	it to them anyways.

1	Page 250 Q And in this case, did you see any reference
2	in the documentation that you reviewed that Dr. Nguyen
3	had received informed consent from the patient's parent
4	before he administered a Kenalog injection?
5	A Yeah, I think that was the statement there in
6	his record that he received informed consent from the
7	quote, unquote "patient" which in my mind, of course,
8	language is very contextual, and I don't think anybody in
9	their right mind could think that he spoke to the little
10	two-year-old and obtained informed consent. It was
11	really referring to the patient's parents.
12	Q And based on your review of the records in
13	this case, Doctor, is it also your understanding that the
14	patient's medical history and symptoms were information
15	that was also provided by Patient A's parents?
16	A Right.
17	Q And in your practice or based upon your
18	practice, is it the standard of care to rely on a
19	pediatric patient parents to provide informed consent
20	before there is an injection?
21	A Every circumstance I think you might be
22	able to find an exception here or there, but for most
23	cases, yes.
24	Q And there was some reference to articles that

Page 251 1 Dr. Hall relied upon in making his opinions regarding 2 this case that refer to vaccinations. Do you remember 3 that? 4 Α Yes. 5 0 Is there a difference between needing written consent for a vaccination versus a steroid injection? 6 7 In our practice for many years, we always do Α a written consent for vaccination. I thought that was 8 9 part of some code. I mean, because there was a time when we didn't do it. Then all of a sudden they said hey, you 10 11 guys have to do a written consent for vaccination. 12 didn't arque. I said fine. We'll do that. But I think 13 it was just some regulation or legislation that came out that said you need to get a written. 14 And at the same time, here we have somebody 15 16 that's fine who you might make sick with a shot. This is 17 the opposite. You have somebody that's sick, you know, you're hoping will get better. And in this case, 18 certainly, she did get better. So it's a little 19 different. 20 And in this case, Doctor, as you reviewed the 21 0 22 records and heard the testimony here today, have you seen 23 any evidence Patient A was given a steroid injection by 24 Dr. Nguyen on the left gluteal muscle?

1	Page 252 A Not on the left.
2	Q And there was also a discussion regarding
3	documentation by medical assistants today. Do you recall
4	that testimony?
5	A Yes.
6	Q Is it within the standard of care for a
7	physician to rely on a medical assistant to help document
8	the expiration lot number and, you know, information from
9	the vial?
10	A Yes, that's a daily occurrence in our office.
11	Q And is it also within the standard of care
12	for a physician to rely upon a medical assistant to
13	attempt to give a steroid injection?
14	A In some circumstances. In this circumstance,
15	yes. In some circumstances, no.
16	Q And have you had occasion to use electronic
17	health records in your practice?
18	A I've gone through five EMR systems in the
19	last like eight years, so I'm very familiar with it.
20	Q And in your experience with electronic health
21	records systems, can it sometimes autopopulate different
22	pieces of information?
23	A Yes. They have little all kinds of little
24	things that happen in the background without you

Page 253 1 specifically needing to include them. 2 And just to clarify, when you were reviewing the records in this case as well, was it your 3 4 understanding that there was only 20 milliliters per 5 milligram of the Kenalog that was administered? Well, I understood the Patient A received 0.5 6 Α 7 milliliters, which is a half of a milliliter of Kenalog 40, and so for a total of 20 milligrams of Kenalog. 8 9 Thank you for clarifying the non-clinical 0 when I'm asking questions. And so in your experience, 10 11 Doctor, and based upon your understanding, was it within 12 the standard of care for Dr. Nguyen to prescribe that 13 dosage of a Kenalog injection? That's a very reasonable dose. It's what's 14 in my little handout for dosage for that age and weight. 15 16 And did you have an opportunity to review the 0 17 literature regarding, you know, potential muscle atrophy or subcutaneous atrophy from a steroid injection? 18 It's actually I don't think I -- I think I 19 saw something regarding muscle atrophy, but it's so 20 21 incredibly rare that it's just like hard to believe. And 22 there was no evidence of muscle atrophy. I think it would have been -- if she had muscle atrophy, it would 23 have reared itself as a gait disturbance, and there was 24

Page 254 1 no mention by anybody or --2 MS. BRADLEY: I'm going to object. saying there's no evidence of muscle atrophy. He's not 3 4 saying which side, and I think it misstates what's in the 5 record. We have an exhibit showing an injury that appears to be muscle atrophy or some sort of atrophy. 6 7 So yeah, it's the preponderance THE WITNESS: of the evidence there would be that it is subcutaneous 8 9 fat atrophy. And if it was muscle atrophy, you would expect to hear complaints of a gait disturbance because 10 11 the muscle is involved in gait, and so those things are 12 readily apparent even to the parent. 13 Hey, my kids is limping, you know. Why is my 14 kid limping? And so, you know, there was no mention of that either by Dr. Hall or by the parent. And again, 15 16 it's a very rare event, so there would be no reason to 17 suspect that muscle atrophy actually occurred. (BY MS. BUYS:) And it's relevant to draw the 18 19 distinction between muscle atrophy versus subcutaneous atrophy as well as what the records that have been 20 disclosed indicate? 21 22 So skin, fat, fascia, muscle. So there's the 23 skin on the outside, there's the fat underneath, there's the covering of the muscle, and then there's the muscle 24

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- 1 itself. So that's just the usual anatomic layer.
- 2 Q And, Doctor, are you aware of any FDA
- 3 guidance that would have been in effect in 2016 where a
- 4 Kenalog injection is recommended to be administered to
- 5 the patient's body?
- 6 A I saw the ones that you guys provided. Well,
- 7 actually, who provided those? I'm not sure if you guys
- 8 provided them or they provided them.
- 9 MS. BUYS: Certainly. And let me clarify,
- 10 Doctor. I'm going to draw your attention to Respondent's
- 11 exhibit, and I'll pull that up for you. Actually, we
- 12 have the wrong binder, so let me go grab the correct
- 13 binder. And I'm just going to put in front of you for
- 14 the record, it was Respondent's Exhibit Bates stamped BMS
- 15 underscore (2011) 00001 through 20.
- MS. BRADLEY: Do you have an Exhibit Number?
- 17 Because I don't --
- 18 HEARING OFFICER HALSTEAD: It's going to be
- 19 Respondent's Exhibit 11.
- 20 MS. BRADLEY: Eleven. Okay.
- 21 Q (BY MS. BUYS:) Thank you. And, Doctor,
- 22 based upon the FDA guidance that was provided and in
- 23 effect in 2016, was there a recommendation of the
- 24 location for a Kenalog injection?

1	Page 256 A Yes, there was.
2	
	Q And where was that location?
3	A Lateral gluteus.
4	Q And in this case, have you seen evidence that
5	there was an injection in the gluteal muscle of Kenalog?
6	A Yes, that's what the record reflects
7	HEARING OFFICER HALSTEAD: Before you move
8	on
9	THE WITNESS: and the testimony.
10	HEARING OFFICER HALSTEAD: Thank you. You
11	referred to Exhibit 11 saying that, but where in Exhibit
12	11, please?
13	MS. BUYS: Certainly. I believe it's on
14	Bates stamp number 17.
15	MS. BRADLEY: I think it's under dosage
16	systematic, and then it says the suggested.
17	HEARING OFFICER HALSTEAD: Yeah. That's page
18	17. Thank you.
19	Q (BY MS. BUYS:) Thank you. In the bold
20	print. Now, Doctor, is it the standard of care for a
21	physician to have to review the medical literature every
22	time he sees a patient?
23	A Absolutely not.
24	Q And is it the standard of care for a

Page 257 physician to review literature that hasn't even been 1 2 written yet before he sees a patient? That's a pretty obvious question. Absolutely 3 Α 4 not. 5 0 And based on the documents that you've reviewed, which is Respondent's FDA quidance as well as I 6 7 believe the Investigative Committee's guidance, would you say that the FDA quidance in effect at the time was not 8 9 the revised guidance that was written in 2018? 10 I'd have to go through that, but I think Α 11 that's the case. Yeah, certainly. Yes. It doesn't 12 matter because 2018 is yet a future date from the time of 13 the event. Gotcha. And looking at the FDA guidance that 14 was in effect that was written in 2011, which I believe 15 16 is at -- get the Bates stamp. It's Bates stamp BMS 17 (2011) 00014. 18 HEARING OFFICER HALSTEAD: And for the 19 record, that's Respondent's Exhibit 11. (BY MS. BUYS:) All right. Thank you very 20 0 And, Doctor, based on that documentation on that 21 much. 22 page, was the FDA approving the use of Kenalog injections 23 for medications as of 2011? 24 Α Yes.

1	Page 258 Q And based upon your testimony here today, is
2	it fair to say that it's your opinion that it was within
3	the standard of care to prescribe a Kenalog injection to
4	a patient, a pediatric patient?
5	A Yes, it is.
6	Q Even though Patient A had also received a
7	prescription for a steroid; is that correct?
8	A I did some quick math on that. You can use
9	four times the dose of Prednisone in the hospital or
10	equivalent Prednisone because they're a little bit
11	different. They have their different equivalents. You
12	can use four times the dose on a given day.
13	And again, the child is not going to absorb
14	all of the 20 milligrams on that day. It's going to be
15	spread out over weeks. So if you have a child in the
16	hospital and you need to give them an equivalent steroid
17	that's more rapid acting, you can go up to four times the
18	dose. So we've got all kinds of room here. There's no
19	argument there's no reasonable argument here that
20	somehow we're overdosing or that Dr. Nguyen was
21	overdosing the patient with Prednisone. It's just
22	there's just no reason why.
23	Q Gotcha. And is it within the standard of
24	care for a reasonable physician to rely on a third-party

Page 259 medical records retrieval company to assist them in 1 2 responding to a request for a patient's records? 3 Α Yes. In your practice, is that something that is 4 5 common? 6 Α Yes. And in this case, you've reviewed 7 Dr. Nyugen's documentation. Is that correct? 8 9 Α Yes, I have. Is it your opinion that Dr. Nguyen met the 10 0 standard of care in his documentation? 11 12 Α Yeah, he met the standard for doc -- well, 13 what's reflected within his documentation is solidly within the standard of care, and his documentation is 14 also solidly within the standards of documentation. 15 16 0 And you've heard Dr. Nguyen testify as to the 17 risks, benefits and alternatives to treatment that he recalled telling Patient A and her parents. Is that 18 19 correct? 20 Α Yes. And is it within the standard of care -- is 21 22 it the standard of care that Dr. Nguyen disclosed those particular risks and benefits and alternatives to 23 24 treatment?

	Page 260
1	A Yes.
2	Q And, Doctor, have all of the opinions you've
3	given today been by a preponderance of the evidence?
4	A Yes.
5	MS. BUYS: All right. And then I will review
6	my notes but defer to Ms. Bradley regarding
7	cross-examination.
8	HEARING OFFICER HALSTEAD: I just want to
9	note for the record that there was no objection placed,
10	but whether that standard is met is up to me. All right.
11	Thank you. Did you have anything further for this
12	witness?
13	MS. BUYS: Not at this time. I'm just
14	reviewing my notes.
15	HEARING OFFICER HALSTEAD: Thank you.
16	MS. BUYS: And I do actually have one other
17	question if I may.
18	HEARING OFFICER HALSTEAD: Sure. Of course.
19	Q (BY MS. BUYS:) Thank you. Dr. Anorga, do
20	you have patients sometimes forget some of the side
21	effects that you've mentioned to them?
22	A Yes. I think I've heard statistics of
23	patients probably remember about 50 percent of what we
24	tell them. That doesn't seem unusually different from my

	Page 261
1	experience.
2	MS. BUYS: Thank you very much, Doctor. I
3	appreciate that.
4	HEARING OFFICER HALSTEAD: Did you have any
5	cross?
6	MS. BRADLEY: Yeah.
7	
8	CROSS-EXAMINATION
9	BY MS. BRADLEY:
10	Q Dr. Angora, are you being paid a fee to
11	appear here today by Dr. Nguyen?
12	A I'm not sure exactly who it is that's paying
13	me, but yes, I am being paid a fee.
14	Q And what are you being paid?
15	A \$4,000 for today.
16	Q Are you licensed in Nevada?
17	A I'm not.
18	Q Have you ever been licensed in Nevada?
19	A I have not.
20	Q And I'm looking at your CV. Let me turn to
21	it. I believe the most recent professional experience,
22	there's two listed sort of toward the top of the second
23	page of your CV. One says private practice, 1988 to
24	February 2017. Is that accurate?

1	Page 262 A Yeah, that was with my own private practice.
2	Q Okay. And then I see Torrance Memorial
3	Physician Network, 2017 to 2020. January 2020. Is that
4	accurate?
5	A That is correct. Yes.
6	Q So are you doing clinical practice at this
7	time?
8	A Yes, I am.
9	Q Oh, maybe that next one. Kind of hard to see
10	here because there's occupational and health physician.
11	Is that where you're currently practicing?
12	A No. I'm working at Beach Cities Orthopedic.
13	Q I don't see that on here. Could you tell us
14	that again?
15	A Oh, let's see. Yeah. It's right there.
16	It's the third line: Professional experience.
17	Q Yeah.
18	A Beach Cities Orthopedics and Sports Medicine.
19	2990 Lomita Boulevard, Suite B, Torrance, California.
20	Q I don't see a date there. Okay. So Beach
21	Cities.
22	A That's my current employment. From 2020
23	until now, that's my current employment. Sorry.
24	Q And then I do see that there's occupational
1	

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- 1 health physician. Are you not doing that then for
- 2 Allied --
- 3 A I am still doing six hours of occupational
- 4 health for a company called Torrance Refining, and so I
- 5 do some oversight work there as well.
- 6 Q And how --
- 7 A It may not be on there.
- 8 Q And how many hours a week do you do at Beach
- 9 Cities Orthopedics?
- 10 A Thirty-two.
- 11 Q Thirty-two. Okay.
- 12 A That's -- I'm seeing patients. That doesn't
- include all of my administrative time finishing up notes,
- 14 calling patients. Probably far more than that.
- 15 Q Sure. So you're still doing clinical
- 16 practice then, it's fair to say?
- 17 A Yes, I'm definitely working more than full
- 18 time.
- MS. BRADLEY: If we turn to the Board's
- 20 Exhibit 6, which I think should be there somewhere, there
- 21 was a binder. I'm not sure it's in that folder because I
- think that's the Respondent's exhibits, and I know we had
- 23 this issue earlier because I believe we provided one for
- 24 witnesses.

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	Danie 264
1	Page 264 HEARING OFFICER HALSTEAD: Just maybe clarify
2	it's the pictures.
3	MS. BRADLEY: Yeah, it's the pictures.
4	HEARING OFFICER HALSTEAD: Because they
5	didn't have their own marking.
6	Q (BY MS. BRADLEY:) Do you see those there?
7	MS. BUYS: I think it's a different binder.
8	MS. BRADLEY: Okay.
9	MS. BUYS: It's over here.
10	MS. BRADLEY: Yeah, because we had one for
11	our exhibits and one for yours that we had for the
12	witnesses, so somehow the Board one seems to have gone
13	missing.
14	MS. BUYS: Just on a different table.
15	MS. BRADLEY: Okay.
16	HEARING OFFICER HALSTEAD: Well, let me ask
17	because there was a binder that was supposed to be the
18	exhibits that wasn't, and then the pictures were used
19	independently. So was there a binder made at lunch?
20	MS. BRADLEY: There was a binder made
21	yesterday, and I don't know what happened, but
22	HEARING OFFICER HALSTEAD: Well, Ms. Buys had
23	that binder, and she wrote in it.
24	MS. BRADLEY: Yeah. I was under the
1	

1	Page 265
1	impression she was bringing
2	HEARING OFFICER HALSTEAD: I just want to
3	make sure he's not being given a binder with something
4	that isn't exhibits.
5	MS. BRADLEY: Yeah.
6	MS. BUYS: No. The binder that was given was
7	over on this additional table away from
8	HEARING OFFICER HALSTEAD: Right.
9	MS. BUYS: respondent and had the pages
10	taken out. I believe that's what we had stipulated to
11	earlier, that that was Exhibit 6 after we reviewed it.
12	MS. BRADLEY: Okay.
13	HEARING OFFICER HALSTEAD: I don't recall
14	that.
15	Q (BY MS. BRADLEY:) Well, so, Dr. Anorga,
16	you're looking at a binder. It's hard to see. We can't
17	see the whole binder in this photo or on our screen.
18	Okay. Is that a picture? It should be. What I'm hoping
19	you're looking at is Exhibit 6. That's a photo.
20	A I have those right here. Yes.
21	MS. BRADLEY: Okay.
22	HEARING OFFICER HALSTEAD: So they're not in
23	the binder. So I think that binder was the one that
24	we've removed from the table because it wasn't properly

Page 266 1 there. 2 So since you have the pictures, I just want to make sure you don't have anything in front of you that 3 4 you're not supposed to. So I want to put that binder to 5 the side, if we could, because I don't know what's in 6 there. Thank you. 7 (BY MS. BRADLEY:) So, Dr. Anorga, what you're looking at is a copy of what's been admitted as 8 the Board's Exhibit 6, and there should be two different 9 pages. For me, they're labeled NSB 017 and NSB 018. 10 11 Yours may not be labeled because I think we had to print 12 them earlier, but are you seeing two photos? 13 I have two photos. Α Okay. And if you look at those photos, there 14 appears to be an injury on the left side of the child's 15 16 buttocks. Would you agree with me? Yes, in the left lateral gluteal region. 17 Α And do you have any idea what might have 18 19 caused that injury? 20 Α Possibly could be a spontaneous lipodystrophy. It could be a posttraumatic 21 22 lipodystrophy. It could be as a result of an injection. 23 0 Okay. So it could be the result of an injection. 24

	Dama 267
1	Page 267 A Could be.
2	Q So you've testified today that you believe
3	that the injection in this case occurred on the right
4	side of the Patient A; is that correct?
5	A That seems to be what the medical record
6	documents, what the testimony documents.
7	Q One second. We've got a weird message on our
8	video.
9	HEARING OFFICER HALSTEAD: If for some reason
10	we lose you, we have a message that says "This call has
11	exceeded the maximum time. Call in."
12	(Brief interruption.)
13	HEARING OFFICER HALSTEAD: Sorry about that.
14	We had a message we might be disconnected, and as I was
15	explaining that to you that we will call you back if that
16	happens, we got disconnected. But we are back on the
17	record now. Well, we haven't gone off the record. We're
18	back on video, I guess I should say.
19	Q (BY MS. BRADLEY:) So, Dr. Anorga, your
20	testimony was that you believe that the injection in this
21	case was in Patient A's right-hand side or right side?
22	A Yes, I think that's what was documented and
23	also Dr. Nyugen's recollection. Yes.
24	Q Okay. Have you ever seen an instance where
I	

	TRANSCRIPT OF HEARING PROCEEDINGS - 05/20/2022
1	Page 268 the medical records don't match what actually happened?
2	A That is correct. Yeah. And I think in
3	response to that, I would say that even if there was some
4	I'm sorry? Even if there was some left/right
5	documentation error, it still does not warrant a
6	deviation from the standard of care or warrant anything
7	to have to do with informed consent.
8	Q Okay. I didn't ask you that, but okay.
9	A Just trying to make it easier.
10	Q All right. Thanks. I appreciate your help.
11	You testified that you believe that the patient had been
12	hospitalized prior due to croup. Where are you getting
13	that information?
14	A Good question. I thought I heard it from the
15	testimony sometime today.
16	Q Okay. Is it documented in the medical
17	records?
18	A I'd have to look and see. I didn't memorize
19	them.
20	Q You can look at Exhibit 5 for the Respondent.
21	That's probably a more complete set of medical records or
22	you can look at Exhibit 5 for the Board.

medical records said croup.

23

24

A I don't think that was hospitalizations.

	Page 269
1	Q Yeah. I see. Are you looking at HCP 0002?
2	A Exactly.
3	Q Okay. And it says patient had croup twice
4	already with last one seven months ago. Is that what
5	you're looking at?
6	HEARING OFFICER HALSTEAD: Can we clarify
7	which exhibit and which page that is?
8	Q (BY MS. BRADLEY:) It's Respondent's Exhibit
9	5, HCP 0002. At least that's what I think he's looking
10	at. Is that correct, Dr. Anorga?
11	A That is correct. Yes.
12	Q Okay. Does it say hospitalization for the
13	croup?
14	A It does not say hospitalization.
15	Q Okay. And is it documented in the record
16	that the patient previously did not get better after
17	taking just oral steroids from croup?
18	A It does not. I don't see that.
19	Q And earlier, you testified that if you were
20	going to give a steroid injection that you would take the
21	weight of the patient into account for the location of
22	the shot. Is that documented that Dr. Nguyen made a
23	judgment similar to what you might make in this record?
24	A Well, the weight is documented in the chart,
1	

Page 270 so it would be reasonable whether it be through 1 discursive processes or through just direct apprehension 2 to be able to decide to give a shot like this. 3 4 So you're saying that because he documented the way you think then that he would have taken that into 5 account when deciding where the shot should be given? 6 7 I did not get into his mind, but it would be Α my testimony would be that it would be based on the 8 9 child's weight and the other historical factors that we mentioned. And if the child was resisting a glut, a 10 thigh injection, that this was reasonable. 11 That is my 12 testimony. 13 Okay. And you testified earlier that you 0 believe Dr. Nguyen met the standard of care for 14 documentation. Do you know what that standard of care is 15 16 in Nevada? 17 Well, standard of care for documentation Α would be that the note would reflect the major points of 18 the visit. 19 20 MS. BRADLEY: Okay. 21 HEARING OFFICER HALSTEAD: Sorry, but can you 22 just scoot over? It would be to your left because you're 23 just a little tiny bit cut off on my screen. 24 THE WITNESS: There we go. Okay.

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Page 271 1 Your left. HEARING OFFICER HALSTEAD: Thank I appreciate that. you. (BY MS. BRADLEY:) Are you aware that Nevada 3 4 law provides a requirement for physicians in maintaining 5 records under --Absolutely. 6 Α 7 Okay. And so could you tell us what the requirement is? 8 9 I probably couldn't quote it. No. If I told you that Nevada law requires that 10 0 11 physicians maintain timely, legible, accurate and 12 complete medical records relating to the diagnosis, treatment and care of a patient, does that sound like an 13 appropriate --14 That sounds perfectly reasonable. 15 Α 16 And your belief is that the records in this Q 17 case are timely; is that true? 18 Yes, I do. It's your opinion that the records in this 19 20 case are legible? 21 Yes, they are. Α 22 Okay. It's your opinion that the records are 23 accurate? 24 Α They appear to be accurate, yes, to a

Page 272 1 reasonable degree. 2 Okay. So does that mean there are some inconsistencies in the records? 3 4 It just means that not every detail in 5 any medical record is fully documented, and so there's a reasonable degree of documentation that entails your goal 6 7 of being accurate. Well, I think so you're answering the wrong 8 9 question because accuracy implies that it's correct. next thing I was going to ask you about is completeness. 10 11 So are you saying the records in this case are accurate 12 in every instance? 13 They're reasonably accurate. Okay. So you're saying there maybe are some 14 0 instances where they're not accurate. Is that fair? 15 16 Α Again, I think there is a dispute as to whether this was a right/left issue. And if that 17 occurred, then it's possible that it occurred. 18 19 convinced that that occurred, but is that logically possible? Yes. Does that fall below the standard of 20 21 No. Does it fall -- Does it not meet some care? 22 standard of documentation? Perhaps. 23 But would you agree there also is a 0 24 discrepancy at least regarding the administration record

1	Page 273 regarding who provided the injection?
2	MS. BUYS: Objection. Misstates testimony.
3	BY MS. BRADLEY: Okay. Well, let's look at
4	Exhibit 12 from Respondent or my 13 I'm sorry. I keep
5	doing the wrong one.
6	HEARING OFFICER HALSTEAD: It's going to be
7	Respondent's Exhibit 12.
8	Q (BY MS. BRADLEY:) Respondent's Exhibit 12,
9	and it's med admin detail 00001. Have you seen this
10	before? Oh, what are you looking at there? Is that an
11	electronic copy?
12	A These are electronic copies, so where would
13	you like for me to look so I can help you?
14	Q I just want you to look at the Respondent's
15	Exhibit 12, and the title of that document is,
16	"Medication Administration Details."
17	HEARING OFFICER HALSTEAD: It should be in
18	the binder next to you.
19	Q (BY MS. BRADLEY:) Yeah. I believe it's in
20	one of the binders there. Hopefully, it's Tab 12.
21	A I think that there is a frame shift
22	alteration in all of the records here. Just kind of
23	curious because 12 here is Exhibit 12 in this binder
24	is it has to do with the details regarding Kenalog.

Page 274 1 HEARING OFFICER HALSTEAD: Yeah, it's 2 probably 11 because what happened was at the beginning of the hearing, we marked an exhibit as 1 and did not and so 3 4 they're all one off. 5 MS. BRADLEY: That might be also be the Board's ones. 6 7 THE WITNESS: Eleven for me is "Comparison of 8 Corticosteroids for Treatment of Respiratory Syncytial 9 Virus." I'm sorry. MS. BRADLEY: It's Respondent Exhibit 12. 10 11 Perhaps is it in the binder in front of you? I'm kind of 12 confused because I can't really see what binders you're 13 looking at. 14 MS. BUYS: May I approach the witness just to see if I could help clarify the binder situation? 15 16 HEARING OFFICER HALSTEAD: Yes. Yes. That. 17 would be great. Is it okay to look at this THE WITNESS: 18 19 other binder? I know there was some concern about me 20 looking at the other binder. 21 HEARING OFFICER HALSTEAD: I don't know what 22 binder that is. 23 MS. BRADLEY: Maybe Ms. Buys can help us find 24 -- Oh, I think she's got it right there.

Page 275 MS. BUYS: And this binder in front of Dr. 1 2 Anorga reads: "Respondent's Formal Hearing Exhibits, the Investigative Committee of the Nevada State Board of 3 4 Medical Examiners" on the title. 5 Would you like me to move that out of the front of the doctor, Ms. Bradley? 6 7 MS. BRADLEY: Yes. If you could give it to Ms. Barbieri in the back, that would be awesome. 8 9 you. 10 MS. BUYS: May I also remove the photographs 11 that I believe we had stated were Exhibit 6 of the IC? 12 MS. BRADLEY: Yeah. I don't think we need 13 that at this point. 14 HEARING OFFICER HALSTEAD: Thank you, Ms. 15 Buys. 16 MS. BUYS: Thank you. And then just to 17 clarify as well, right in front of Dr. Anorga, I believe we have what has been stipulated to as Respondent's 18 Exhibit Number 13, and it's Bates stamped med admin 19 details 0001. Is that the document you would like, 20 Ms. Bradley? 21 22 MS. BRADLEY: That is what I would like him 23 to look at. I think Madame Hearing Officer and I both 24 had that listed as 12, but okay.

1	Page 276 HEARING OFFICER HALSTEAD: Just so you know
2	for the record, I'm working from the set of exhibits that
3	were marked. I'll provide them to the court reporter to
4	go with hers, and so because the exhibit you're
5	referencing was marked as Respondent's Exhibit 12, that's
6	how it will be marked on the record for reference so it
7	corresponds with my marked documents. So even if he's
8	looking at one that says something different, it will be
9	correct as marked in the record because we're still
10	referring to the same thing.
11	MS. BUYS: Thank you for clarifying that,
12	Madame Hearing Officer.
13	Q (BY MS. BRADLEY:) So have you seen this
14	before, Dr. Anorga?
15	A I'm not certain that I have. I read a lot of
16	documents.
17	Q Does it purport to be a medical record for
18	Patient A?
19	A It appears to be a combination of it has some
20	billing information on there, it has the charges, it has
21	some administrative, so I don't know if this is an actual
22	looks like a combination of both billing and medication
23	which there is some overlap.
24	Q Okay. Well, at the top, it says:

1	Page 277 "Medication Administration Details." Do you see that?
2	A Yes.
3	Q Okay. And I believe that the Respondent has
4	provided this to show that there was a record of a shot
5	that was provided to Patient A which included the lot
6	number, the expiration of that vial. Do you see that
7	there in the middle?
8	A Yes, I do.
9	Q Okay. And if you look at the admin by, do
10	you see a name there?
11	A I do.
12	Q And what's that name?
13	A Chanel Hampton.
14	Q Okay. And what would "admin by" mean to you
15	if you were just reading that?
16	A It could mean administered by.
17	Q Okay. And so in this case, do you know
18	whether or not Ms. Hampton provided the injection?
19	A I think we just heard Dr. Nyugen's testimony
20	that he provided the injection, and we also saw
21	documentation in the medical record that he documented
22	that he provided the injection.
23	Q So then it sounds like this record is
24	inconsistent with the other records that we have for this
1	

Page 278 1 case then. 2 Yes, on the surface it does but again, I'd Α have to have probably a little bit more information about 3 4 how this record was generated and so forth. 5 MS. BRADLEY: Okay. MS. BUYS: And I'd like to lodge a late 6 7 objection. Calls for the speculation. 8 MS. BRADLEY: Okay. I apologize. What 9 question calls for speculation? Whether or not Ms. Hampton did the injection? What did I ask that was 10 11 speculative? I don't remember. 12 MS. BUYS: The last sentence. I believe if 13 the court reporter reads it back, the question was whether or not this is inconsistent with the 14 documentation. 15 16 MS. BRADLEY: Okay. I don't think it 17 speculates because we have information that's been admitted that says that Dr. Nguyen provided the 18 19 injection. And if this says someone else provided the injection, I mean, would that not be inconsistent to you 20 21 then, Dr. Anorga? 22 THE WITNESS: If that what's referred to as 23 this -- was that the injection was administered by Chanel 24 Hampton, then that would be inconsistent, yes.

1	Page 279 Q (BY MS. BRADLEY:) All right. Thank you. Do
2	you see the date and time at the top? Not at the top.
3	Right above Ms. Hampton's name. Can you read that date
4	for us?
5	A November 4, 2016.
6	Q Yeah. Then there's a time. Do you see that?
7	A Yes.
8	Q What time does it say?
9	A 06:56 p.m.
10	Q Okay. Earlier, you testified that the
11	documentation for this case said that Dr. Nguyen obtained
12	informed consent. Can you show me where informed consent
13	is contained in the medical records?
14	A Well, there is the progress note that I've
15	got back and forth here already. "Patient agrees with
16	treatment and plan, verbalizes understanding."
17	Q But I think your testimony was that he
18	obtained informed consent. So nowhere on this documents
19	does it say informed consent. Would you agree with me?
20	A So you're equivocating between literal and
21	figurative. So I would say this figuratively includes
22	the idea of informed consent, plus we also have his
23	testimony.
24	Q Okay. And would you agree with me that

1	Page 280 informed consent is not the same as consent?
2	A Yes.
	A les.
3	Q Okay. You testified that patients remember
4	approximately 50 percent of what doctors tell them,
5	you've read. Do you think that might be a reason why
6	careful documentation is important as a physician?
7	A In what sense do you mean? In terms of the
8	actual care that was provided or in terms of defending
9	yourself against an accusation?
10	Q Both.
11	MS. BUYS: And I'll just object as it
12	misstates the standard of care.
13	Q (BY MS. BRADLEY:) Well, my question to
14	Dr. Anorga was you testified that you've read a study
15	that says patients remember approximately 50 percent of
16	what we tell them. Is that not true?
17	A Yeah, I've heard that. I'm not sure exactly
18	where I remember reading that. It's not unreasonable to
19	believe that there is a lot there is a lot of what we
20	tell patients that they just don't either understand it
21	or they're thinking of something else or they're
22	distracted or that they just by the time they leave
23	forget.
24	Q Okay. The question was whether or not you

1	Page 281 remember saying that, so thank you for that explanation.
2	So because that is likely true, is that not a reason that
3	documentation in patient records might be important?
4	A In a sense, yes. In a sense, no.
5	Q Okay. Can you explain the in a sense yes?
6	A In a sense, yes, certainly for medical/legal
7	reasons, it's very important to document all of those
8	things in detail. In terms of prospective care, it
9	probably has minimal if any relevance in terms of like
10	the future care that the patient is going to get. It may
11	have some small impact on it, but it would be relatively
12	minor.
13	MS. BRADLEY: Okay. I have no further
14	questions.
15	
16	REDIRECT EXAMINATION
17	BY MS. BUYS:
18	Q Doctor, you're aware you're still under oath;
19	correct?
20	A Yes.
21	Q I believe Ms. Bradley asked you a question
22	regarding the fee that you have received coming to
23	testify here today. Do you recall that?
24	A Yes, I do.

1	Page 282 Q All right. And is that fee supposed to go
2	and compensate you for time away from treating patients?
3	A Yes.
4	Q And I believe there was also some testimony
5	regarding whether or not there was any evidence that the
6	patient's daughter had been admitted to the hospital
7	prior to November 4th of 2016 for croup. Do you, as you
8	sit here today, did you hear earlier that the patient's
9	mother had testified that her daughter had been
10	hospitalized prior to November 4th, 2016?
11	A That was my understanding, yes.
12	Q And I believe you were also just asked a
13	question by Ms. Bradley as to whether or not
14	documentation, you know, was important and your response
15	was: Yes and no. Can you please explain the no?
16	A Well, the reality is that medical records
17	have become incredibly voluminous, and we do not have the
18	ability to go back and review all of these medical
19	records every time we walk in a room to see a patient.
20	We basically have 20, 30 minutes to kind of
21	get to the point, get to all of the details and make a
22	decision. And there are times where we have to stop, go
23	back and look and say: Was it the right kidney or the
24	left kidney? Was the lesion here or there? Because of

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- 1 matters of grave substance. But again, most doctors
- 2 can't go back and review the entirety of the medical
- 3 record before they walk in to see the patient. It just
- 4 doesn't -- it's not part of what reasonable doctors do in
- 5 the community.
- I get records to review, and they'll send me
- 7 10,000 pages. It will take me many, many, many hours to
- 8 review. And so again, medical records in our current
- 9 state have been somewhat just become non-informative as
- 10 far as what's necessary for the patient's care to a great
- 11 degree. I'm not saying that it's always, but they're
- 12 generally not very informative.
- 13 Q Thank you, Doctor. And I believe you were
- 14 also asked a question by Ms. Bradley regarding
- 15 documentation as to who administered the injection. Do
- 16 you recall that line of questioning?
- 17 A Yes.
- 18 Q All right, Doctor. If I may also, I'd like
- 19 to go and I believe it is Respondent's Exhibit Number --
- 20 I believe it's number 7, HCP 0007.
- 21 A I now have that highlighted in my electronic
- 22 copy.
- 23 Q So you do have a copy of that in front of
- 24 you?

1	Page 284 A Right. I do. We're talking about the same
2	one. It starts with It looks like this.
3	Q I believe that's correct. And just for
4	purposes of the record, Doctor, if I may have you refer
5	to the binder.
6	A Okay. And which tab is it?
7	Q The tab is Tab Number 6 and HCP 00017 on the
8	bottom right-hand corner.
9	HEARING OFFICER HALSTEAD: I think it's going
10	to be Respondent's Exhibit. I believe just for the
11	record, it's going to be Respondent's Exhibit 5. Are you
12	talking about the one at the top it says HealthCare
13	Partners Medical Group-700 building and the Bates stamp
14	is HCP 0001?
15	MS. BUYS: Correct.
16	HEARING OFFICER HALSTEAD: Okay. That is
17	Respondent's Exhibit 5.
18	Q (BY MS. BUYS:) Thank you. Now, Doctor,
19	based upon this record, does it appear that there is
20	documentation that Dr. Nguyen is the one who administered
21	the injection?
22	A Yes, that's what it says. I believe that's
23	what he testified to.
24	MS. BUYS: Thank you very much, Doctor.

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1	Those are my questions.
2	HEARING OFFICER HALSTEAD: Do you have
3	recross?
4	MS. BRADLEY: No questions. Thank you.
5	HEARING OFFICER HALSTEAD: Okay. No
6	questions from the IC.
7	Do you have any further witness, Ms. Buys?
8	MS. BUYS: I do not. No.
9	HEARING OFFICER HALSTEAD: Okay. I would
10	like to take a small break. Did you want to release I
11	don't want to say your name wrong
12	THE WITNESS: Dr. Anorga.
13	HEARING OFFICER HALSTEAD: Thank you. Do you
14	want to release him right now or would you like to
15	MS. BUYS: Yes.
16	HEARING OFFICER HALSTEAD: Okay. Sir, you
17	are released. You are welcome to stay. We're going to
18	take a short break, and then do you want to do closing
19	arguments?
20	MS. BRADLEY: Yes.
21	THE WITNESS: Great. Thank you very much.
22	HEARING OFFICER HALSTEAD: How long would you
23	like to break before we come back to close? Because I
24	know sometimes it's nice to have a few minutes to put
1	

_	Page 286
1	those together in your mind.
2	MS. BUYS: Thank you. Perhaps maybe ten or
3	15 minutes.
4	MS. BRADLEY: I would agree, ten or 15
5	minutes would be great. My only concern is I don't know
6	how long you're planning on talking. I don't think mine
7	will be very long. I just don't want anyone to be upset
8	about staying past 5:00. Would that be okay?
9	MS. BUYS: That's fine.
10	MS. BRADLEY: I just wanted to make sure. I
11	wasn't sure of our court reporter's situation.
12	HEARING OFFICER HALSTEAD: So let's come back
13	at a quarter to 5:00. And so we will go past 5:00, but
14	everyone seems to be okay with that.
15	(Recess.)
16	HEARING OFFICER HALSTEAD: So we're going to
17	go back on the record in Case Number 21-38084-1.
18	Ms. Buys, I know you indicated you were done
19	with your presentation. I don't know if you officially
20	closed your case.
21	MS. BUYS: I concluded calling all of the
22	witnesses and just reserve closing arguments.
23	HEARING OFFICER HALSTEAD: Okay. And then I
24	consulted with Ms. Bradley, who had no rebuttal.

1	Page 287 MS. BRADLEY: No rebuttal, no.
2	HEARING OFFICER HALSTEAD: And so we decided
3	we were going to proceed to closing. We took a break.
4	We're back on the record, and Ms. Bradley will start us
5	off.
6	MS. BRADLEY: Okay. Thank you. So just to
7	summarize the hearing that we had today, the
8	Investigative Committee admitted 19 exhibits, we had
9	testimony from three witnesses, and we would submit that
10	we believe that the allegations contained in the
11	complaint have been proven.
12	And I do want to go into those in more
13	detail, but before we do, as you will recall, the mother,
14	Ms. DelGrosso, did not remember Dr. Nguyen, but as I
15	think we all know, time has passed. Dr. Nguyen is listed
16	on the records as the treating physician in this case,
17	and he is not disputing that he provided the care in this
18	case. And so I just wanted to kind of put that on the
19	record so that there's no question with that regard.
20	And so if we were to go through the
21	complaint, so the first allegation in the complaint is
22	Respondent was at all times relative to this complaint a
23	medical doctor holding an active license to practice
24	medicine in the State of Nevada, License Number 13702,

Page 288 and Respondent was originally licensed by the Board on 1 2 September 15th, 2010. And so we did stipulate to the truth of that fact. 3 4 And then next, we have an allegation 5 regarding the November 4th, and it has been amended to November 4 from November 11, 2016. Patient A was not 6 7 well, and she went to HealthCare Partners Urgent Care 8 with her parents because she had coughing, she had 9 vomiting and other symptoms as identified in the medical records, and her parents were concerned that she was not 10 11 well. 12 The medical records support that she received 13 an injection, a Kenalog injection that was administered by Dr. Nguyen. The Investigative Committee alleges that 14 informed consent was not provided, and we believe that 15 16 the testimony today has proven that. 17 Informed consent is different than consent. Consent is simply yes, you may; no, you may not. 18

Consent is simply yes, you may; no, you may not. But it doesn't necessarily mean that a person fully understands what they're saying yes to. Informed consent is a legal concept, and I know the hearing officer is aware that requires that more information is provided prior to the person providing a so-called consent, and so it's kind of a two-part situation. There's the explanation of risks,

Page 289 benefits, alternatives, other kinds of explanations given 1 2 before the consent is provided. And in this case, the Investigative Committee 3 4 believes that informed consent was not provided. 5 was provided, it was not documented. And that's really where we're at today is we have two allegations in the 6 7 complaint. One is malpractice and the other is that medical records were not timely, legible, accurate or 8 9 complete. And I think with several of the issues we 10 11 have is if it was done correctly, it wasn't documented, 12 and so that means we've proven the medical records issue 13 or perhaps it wasn't done at all. And so I think that's 14 where we maybe have some issue with regard to malpractice because we've heard some testimony, I think, that's 15 16 different than what's documented in the medical records. 17 In the complaint, we would -- and I think we didn't do this initially, and I apologize. 18 So on page two of the complaint, line five to seven, there's a 19 20 statement that says there was no shot record section of Patient A's medical record as there was no documentation 21 of the Kenalog's vial identification, lot number or a 22 23 date of expiration. 24 We will strike that from the complaint

Page 290 because we know that that late-provided exhibit that we 1 2 got on Monday, May 23rd, does have that information, and so it was and it appears to have been documented at that 3 4 time, was not provided to the Board until May 23rd. 5 so we would go ahead and strike that. And I believe that same information is included on the third page of the 6 7 complaint which says on line 17: Additionally, Patient A's medical records of having the shot including the 8 information from the vial do not exist. We know they 9 exist. Again, we still have concerns regarding records, 10 11 but at least as to that part, that has been provided. 12 And I think again, this goes back to if we 13 had more complete responses initially from Dr. Nguyen, we may have had a different result than coming here for this 14 hearing. So the facts that you've heard that we believe 15 16 support the claim of malpractice is Dr. Hall doesn't 17 believe that the informed consent was obtained because it's not documented. 18 19 And there is a saying in medicine that everyone has heard, and I think it does come from medical 20 school because I've heard many of the doctors we work 21 with say this: If it's not documented, it did not occur. 22 And that's how you prove that something happened, is 23 documentation. 24

1	Also, there's evidence in the record that the
2	injection was not administered properly. And that
3	evidence really comes from the testimony of
4	Mrs. DelGrosso and the photograph that she provided that
5	she took of her daughter. Her testimony was that after
6	the injection, she was sore and a little bit swollen.
7	The swelling went down, and then a crater or a divot
8	began to appear. Her testimony is that occurred after
9	the injection and that that was a result of the
10	injection.
11	And so our belief is the medical records
12	there's some belief there was testimony I'm not sure
13	the records show it, but there was testimony that there
14	was more than one attempt to give the shot, and so it's
15	possible maybe one of them went in a little bit and did
16	it incorrectly on one side, you know. Again, we don't
17	know exactly that, but we do know there was more than one
18	attempt and we have this injury developing after the
19	doctor visit.
20	And then Dr. Hall's opinion that there's a
21	duplicate medication here. He testified that he didn't
22	think he has concerns with the Kenalog shot for two
23	reasons. One, he thinks it's duplicative of the oral
24	steroid, and so he testified that he wouldn't have done

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- 1 them together. He doesn't think that would be necessary.
- 2 He also said because of the possible risks of a Kenalog
- 3 injection that he thinks the first thought would have
- 4 been to try an oral steroid. And the records are not
- 5 documented. It does say that Patient A was vomiting once
- 6 a day, her symptoms were getting worse at night, but it
- 7 doesn't say she was unable to keep anything down.
- 8 I will note that it says on Exhibit 5 for the
- 9 Respondent, HCP 0002, it says: Appetite is decreased,
- 10 but it doesn't say that she was not eating or not able to
- 11 keep things down. And then it does say that vomit once a
- 12 day for four days, coughing causing patient to vomit.
- 13 And Dr. Hall's testimony was that this isn't the thing
- 14 you do first, the Kenalog injection. You would try oral
- 15 steroids first and then perhaps that Kenalog injection if
- 16 the oral medication was not sufficient.
- 17 Dr. Nguyen testified today that
- 18 Mrs. DelGrosso told him that her daughter in the past was
- 19 not getting better with a similar infection through just
- 20 the oral steroids, but that's not documented in the
- 21 record, and we don't have that documentation. So, you
- 22 know, perhaps that conversation occurred and that's just
- 23 another example of the records failing to be timely,
- 24 legible, accurate and complete.

1	Page 293 So in going to that count, Nevada law is
2	pretty clear, and Nevada law says it's an absolute
3	requirement that records are timely, legible, accurate
4	and complete. There's no wiggle room there. And part of
5	the reason for requiring that is so that anybody
6	reviewing a case as well as the patients, everybody is
7	able to actually fully understand what occurred in that
8	visit, what the diagnosis was, what the patient's vital
9	signs were, the reason for the diagnosis and the
10	treatment plan.
11	And so here we had testimony today that
12	Dr. Nguyen says he obtained the informed consent. The
13	documentation we have says patient agrees with treatment
14	plan and verbalizes understanding.
15	I think it's clear that the patient well,
16	her parents consented to the shot occurring. They were
17	in the room. They saw it happen. If they were really
18	concerned about it, they could have stopped it. They
19	didn't, so I think there was a consent, but it wasn't an
20	informed consent. And the IC's position is that it was
21	not informed consent. It wasn't documented that way, and
22	so even if it was obtained, perhaps it was. Perhaps he
23	did explain in detail the risks, benefits, etcetera, to
24	this injection. It's not documented. So either it

1	Page 294 happened and it's not documented and we have a records
2	violation or it didn't happen and that would support the
3	malpractice claim.
4	The conversations with the mother. So
5	Dr. Nguyen testified today that he had conversations with
6	Patient A's mother regarding again a previous
7	hospitalization. Also, the fact that oral steroids alone
8	weren't enough in the past. That's not documented in the
9	record. And if something like that occurs and it changes
10	a physician's treatment plan, we would expect to see that
11	noted in the record. We would also expect to see that
12	helps again understand what occurred in a case. So
13	that's not documented. It's also not documented that the
14	treatment plan was changed. It just says that the plan
15	is to administer this Kenalog 40 injection, and then it
16	also says that there was going to be the Prednisone
17	prescribed. And so again, there is not a documentation
18	that there was a change or even a reason for the change.
19	I think that also would have helped us
20	understand the reason for the two prescriptions, both the
21	ordering of the injection and the prescription
22	Prednisone, if that had been documented.
23	And if we look at Exhibit 12 in the
24	Respondent's exhibits and that's the med admin detail

Page 295 00001, I think we see that there's information that's not 1 2 accurate in that record. And granted, at least we have a shot record and we're glad for that because we did not 3 4 have that until Monday, this past Monday, however, it 5 says it's administered by Chanel Hampton. Dr. Nguyen says she wasn't working that day. 6 7 He says he did the shot. I believe the other records show that he provided the shot. There's also a time 8 9 listed on here, and I understand that perhaps this was signed or finished at the end of the day, but you would 10 11 still expect a shot record to say the date and the 12 correct time or approximate time that the shot was 13 provided as well as who did it. And again, why does the time matter? Well, 14 Dr. Nguyen testified that they have patients stay for 15 16 about ten minutes to make sure that the injections don't 17 cause any problems. Let's say there has been had been an issue 18 19 It would have been helpful to know when that injection was provided, and we don't have that in that 20 record, at least not accurately. I believe Dr. Nguyen 21 22 said that most likely, the family would have left by 23 12:00 p.m. The records show that they appeared at the 24 clinic approximately 10:45 a.m. And so we have some

1	again, lack of completeness, a lack of accuracy in the
2	records.
3	Also, there's no documentation regarding the
4	change of location for the shot, so it's not documented
5	in here why it was instead of the thigh it was decided to
6	be injected into the gluteal muscle.
7	In looking at the procedure that Dr. Nguyen
8	provided, it's a standard operating procedure from
9	HealthCare Partners, and it's SOP injectable meds 001,
10	and then there's some more pages of that. But in that
11	documentation, on SOP injectable med 002, it does talk
12	about the right location. It says the right route is one
13	of the things they look at; seven rights of medication
14	administration. Also on that same procedure, it says:
15	"Educate the patient prior to the injection regarding the
16	reason and possible side effects and secure informed
17	consent."
18	And then if we go to the next page, which is
19	SOP injectable meds 0003, number 23 says: Vastus
20	lateralis is preferred site for children, and then it
21	says (thigh) in parentheses from birth to 36 months of
22	age for intramuscular and subcutaneous injections.
23	And we don't dispute Dr. Nyugen's testimony
24	that maybe in this case the gluteal area was better, but

Page 297 we would still expect that route to be documented, 1 2 especially when it's going against a policy that purportedly was in place at the location regarding 3 injections. And so again, there should be documentation 4 5 as to why the policy wasn't followed at the facility. And we talked about the difference in the 6 7 name on that shot record that it's not accurate, and I think there was some testimony and questions regarding 8 autopopulation and other things in electronic medical 9 records. And that might be true. 10 11 Electronic medical records try to help people 12 out, and they may put information, but it's still the 13 obligation absolutely of the physician to insure that those records are timely, legible, accurate and complete. 14 So if autopopulated information is not correct, it needs 15 16 to be updated. It needs to be changed. It needs to be 17 Somehow that needs to be fixed because it's not amended. an excuse for inaccurate information in a medical record. 18 19 In this case, if we go to Exhibit 5, we have information that this record was signed off on. There's, 20 you know, medical assistants that weren't actually 21 22 providing care to the patient that reviewed, I think it's 23 this Glenisha Barner. And I think she may have maybe 24 seen the patient initially but didn't actually provide a

Page 298 So as far as who was involved in signing off 1 shot. 2 treatment, nothing in this part actually shows that this Barry Misiuk was involved, and that should be in there. 3 4 I do believe it's in this Exhibit 6 that was 5 provided by Respondent med admin log 00001 and following pages, but even that record is interesting because it 6 7 implies that there was some confusion at the location 8 four days later as to what happened with that vial because on November 8, 2016, there was this question of: 9 Hey, did you give this? If not, please send it back. 10 11 And there was a question as to who was working with 12 Dr. Nguyen, as to what happened with that vial, and then 13 I think later, it says that this Barry Misiuk was involved and that it was -- and then there's even a 14 comment that the order wasn't there. So again, we're not 15 16 totally sure what happened with the records, but it just 17 seems like we have issues with accuracy and completeness, you know, maybe even four days later because here there's 18 questions about what happened in this vial and where it 19 20 was. 21 There's a possible issue of the location of 22 the shot because we have a photo from the mother saying 23 that it was on the left side, and she says that's the 24 injection site and that's what she saw and that's what

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- 1 prompted her to file the complaint, and the records
- 2 document the right side.
- 3 Errors happen. People are human. But at the
- 4 same time, if that was an error, that's not accurate.
- 5 That's not complete. And either way, it's not
- 6 documented, the multiple attempts that the injection was
- 7 provided at least not in Exhibit 5. You know, it talks
- 8 about the fact that the injection was given, but it
- 9 doesn't say what happened there with regard to that. So
- 10 that should have been documented, especially if there was
- 11 a chance that the child was poked in more than one place.
- 12 And I think we heard testimony that there may have been a
- 13 partial poking before they tried again where Dr. Nguyen
- 14 did the injection.
- So and then another issue that we have is
- 16 bias. We would argue that being paid \$4,000 a day by
- 17 Dr. Anorga, that's a large fee, particularly compared to
- 18 the fact that the Board, the Investigative Committee pays
- 19 \$150 an hour to its expert witnesses. So certainly, I
- 20 think if we look at the amount that was paid, there could
- 21 be a bias to provide an opinion that is more favorable to
- 22 Dr. Nguyen than to the Investigative Committee. And I
- 23 think if you look at Dr. Hall, you know, he doesn't
- 24 really have at least not a large financial incentive to

Page 300 1 provide us a favorable opinion. 2 And then as far as the medical assistants, 3 there's some talk about that and not a lot of the 4 investigation or -- sorry -- the evidence today went into 5 this, but I do note that in Dr. Nyugen's response to the Board initially, so this is in the Board's exhibits. 6 Ι 7 believe it's also in the Respondent's exhibits. Board's Exhibit 2 and -- it's pages two to three -- we 8 9 have Dr. Nyugen's response, and he does talk about the medical assistant and what they did or didn't do. 10 11 It doesn't matter. The goal, you know, the 12 responsibility here is on the physician. The physician 13 is the captain of the ship. He's responsible for the conduct and the actions of medical assistants. 14 delegates the tasks that they provide. He insures and he 15 16 supervises them, particularly when it's an invasive 17 procedure. And documentation, sure, they can assist with that, but they're not the licensee. They're not the one 18 19 that the Board issues the privilege to practice medicine in the State of Nevada. And so any issues that may be 20 attributable to staff or other individuals at HealthCare 21 22 Partners are Dr. Nyugen's responsibility ultimately at 23 the end of the day because he is the one that is the 24 licensed physician and he is responsible for that.

1	Page 301 with that, I would thank everyone for their time today
2	and my statement. Thank you.
3	HEARING OFFICER HALSTEAD: Thank you.
4	Ms. Buys?
5	MS. BUYS: Thank you very much. I'd like to
6	again thank everyone for their time here today. It's
7	truly been an honor to be here representing Dr. Nguyen in
8	this matter.
9	Patient A complains that she developed a
10	divot in her left buttock approximately three months
11	after undergoing an injection that is documented as being
12	administered intramuscularly in the right buttock area
13	and that the divot has since resolved.
14	Patient A became a patient of Dr. Nguyen
15	because her parents were concerned that she had worsening
16	respiratory symptoms and had previously been hospitalized
17	due to croup. They were so worried, in fact, they did
18	not even want to wait until their scheduled pediatrician
19	appointment a few days later and took her to an urgent
20	care facility.
21	The claims in this case have been for a
22	breach of a standard of care and a failure to maintain
23	records. The Board's compliant initially alleged
24	Dr. Nguyen should not have administered the medication in

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- 1 the gluteal area. However, based upon FDA guidance that
- 2 has been provided, the expert testimony of Dr. Anorga,
- 3 Dr. Nguyen and even the Investigative Committee's own
- 4 peer reviewer, Dr. Hall, administration in the gluteal
- 5 area was within the standard of care. Moreover, Dr. Hall
- 6 has testified here today that a divot could form with
- 7 appropriate administration to the gluteal area and that
- 8 it is a very rare side effect.
- 9 There has been no testimony by the patient's
- 10 mother that the injection was on the left side. However,
- 11 there has been testimony and documentation provided here
- 12 today that the administration was on the right buttock.
- 13 There has also been testimony here today by expert
- 14 Dr. Anorga that if this divot were to occur, it would
- 15 occur close in time to the administration of the
- 16 medication.
- 17 The Investigative Committee counsel has
- 18 rested upon captain of the ship doctrine which has been
- 19 outdated in the State of Nevada pursuant to Nevada case
- 20 law. However, notwithstanding that, there has been
- 21 evidence presented here today that based on the testimony
- of the patient's mother, there was even a question as to
- 23 whether Dr. Nguyen was providing the care and treatment
- 24 at the time. Patient's mother also did not recall that

1	Page 303 there had an been an additional attempt to provide an
2	injection.
3	And as to allegations of bias, Dr. Hall has
4	been regularly retained by the Board to opine as to peer
5	review matters and is regularly employed by the Board for
6	such purposes.
7	Today, there has been evidence presented that
8	the patient's parent never filled an oral steroid but
9	because there was an injection, the patient received
10	medication and treatment close in time to when she
11	presented at an urgent care facility with worsening
12	symptoms in the backdrop of prior history of
13	hospitalization due to croup.
14	The standard of care which has been stated by
15	the experts in this case is what a reasonable physician
16	would do under the circumstances. And even in this case,
17	the Investigative Committee has agreed in their closing
18	argument that consent was given by the patient's parents.
19	You've heard testimony from Dr. Nguyen that
20	he advised patient's parents of the risks, benefits and
21	alternatives to this treatment plan. And the Board
22	relies upon Dr. Hall's review which is based on the
23	allegation that he should have documented the patient's
24	parents understood the risks and benefits as opposed to

Page 304 1 just the patient because she was a toddler. However, the 2 testimony here today by Dr. Anorga and Dr. Nguyen is that it's reasonable to assume that that means that it is the 3 4 patient's parents providing consent for care. 5 The other allegation that has been seen here today was that Dr. Nguyen failed to document. Based upon 6 7 the Investigation Committee's expert, Dr. Hall, there has been testimony provided about additional details that 8 9 potentially could be provided. 10 However, Dr. Nguyen and Dr. Anorga have 11 provided testimony here today that the standard of care 12 is not that every single detail that could be added into 13 a record must be documented. It is again going back to whether or not there was reasonable documentation. 14 in this case, there has been testimony that that has been 15 16 provided. 17 Moreover, the IC's expert has provided testimony that his opinions in this matter have been 18 formed as a result of relying on documents and articles 19 that did not exist at the time Dr. Nguyen provided care 20 and treatment to the patient on November 4th, 2016. 21 22 therefore could not have even had access to such 23 There's also been testimony that there is a documents. 24 difference between the standard of care in providing

1	Page 305 medical care and treatment to a patient and the standard
2	of documentation.
3	In this case, we're dealing with allegations
4	regarding semantics and hair splitting. There has been
5	testimony provided that Dr. Anorga even through
6	Dr. Anorga and Dr. Nguyen that it is documented
7	consistently in the record that Dr. Nguyen provided and
8	administered this injection.
9	There has been further testimony regarding
10	Michelle (sic) Hampton's appearance being there because
11	it automatically autopopulates because she was his
12	physician assistant. However, the documentation in this
13	case which has been shown through the experts and on the
14	plain face detail the correct administration of the
15	injection. I mean, even in the complaint in this matter,
16	there has been a typographical error of the date the care
17	was provided which is certainly a relevant, important
18	date to this proceeding.
19	And this is not a case where you have
20	allegations involving harms of multiple patients. It is
21	a case alleging form over substance. It's not a matter
22	where Dr. Nyugen's medical license should be affected or
23	revoked or suspended in any way.
24	Indeed, the allegations that have been

Page 306 brought to the testimony provided here today show that at 1 2 best, documentation and whether additional documentation could be provided is a matter of opinion. However, all 3 4 of these inconsistencies are more questionable as to the 5 allegations. It's regarding standard of care affecting this physician's license. 6 7 Moreover, the IC, the Investigative Committee has failed to meet its burden to present evidence that 8 Dr. Nguyen breached the standard of care in his treatment 9 of Patient A. It has been established that Patient A did 10 11 not require further hospitalization, did not undergo 12 additional care for respiratory symptoms. Indeed, even 13 Dr. Hall testified that it is possible that in this case because there was that injection of medication that that 14 prevented her from being hospitalized. 15 16 There's also been testimony presented here 17 today that it was consistently documented in the medical record that the dosage was the 20 milligrams or .5 or 40, 18 which was half, and that is consistent throughout the 19 records that have been provided in this case. 20 21 And moreover, to the extent that 22 documentation could be better, documentation, while 23 important, still has not fallen below the standard of

Dr. Nguyen has testified and Dr. Anorga has

24

care.

Page 307 testified that the documentation that was provided was 1 2 the appropriate documentation that was needed to provide continuity of care for Patient A. 3 4 Moreover, the allegation which I believe that 5 has been struck by Ms. Bradley's closing argument regarding the shot record. Those details were indeed 6 7 documented. Whether or not Dr. Nguyen documented that at 8 the end of the day or immediately in the patient room, 9 even Dr. Hall testified that it is appropriate for a physician to finish authoring his note certainly at the 10 11 end of the day, as that's close in time to the care that 12 was provided. And in this case, the evidence shows that 13 the documentation was entered the very same day of treatment which was November 4th, 2016. 14 There's also been documentation provided that 15 16 shows the lot, the expiration, the vial number and the 17 anatomical site where the injection was administered. And again, you've heard testimony here today that 18 Dr. Nguyen provided the administration of the medication 19 into the right gluteal muscle. There has been no 20 21 objective evidence provided here today that shows that 22 there was any administration in the left gluteal muscle 23 of Patient A. Indeed, relying back on figurative versus 24 literal analogies that if it wasn't documented it didn't

1	Page 308 happen, you've heard testimony here today that not only
2	is it documented, it did happen in the right side.
3	Moreover, there has been no preponderance of
4	the evidence showing that there was again that injection
5	into the left gluteal muscle. It has further been
6	explained that again, Ms. Hampton's name appeared in the
7	record because it appears when an order is entered. She
8	was his medical assistant. This is not a failure to
9	maintain timely, accurate or complete medical records or
10	legible medical records for the patient. I mean, as
11	mentioned earlier, there was a typographical error in the
12	complaint that has been brought against Dr. Nguyen here
13	today.
14	Additionally, with regard to his response,
15	again, we're dealing back multiple, multiple years back
16	in time. The initial response was provided in 2017, and
17	we sit here today five years later even with members of
18	the Investigative Committee and team who are no longer
19	part of the Board or are deceased. Dr. Nguyen has also
20	not been provided any sort of records that show that
21	there was this gluteal muscle being documented or gluteal
22	injury being documented in any other medical record.
23	Because the Investigative Committee has
24	failed to meet its burden as to allegations of

Page 309 substandard care and for failure to maintain medical 1 2 records, the only result that is supported by the 3 evidence that was shown here today is a finding in favor 4 of Respondent, Dr. Nguyen, and dismissing the claims 5 against him. This is not a case where the Board needs to 6 7 be concerned that this is a physician that will harm 8 patients. At best, the allegation is that there could have been more details provided in the documentation. 9 That is not a breach of the standard of care as set forth 10 11 by Dr. Anorga, Dr. Nguyen and also in reference to the 12 guidance that has been provided, the location of the 13 administration of the injection is the standard of care that has been supported not only by FDA guidance but also 14 physicians that care for these patients and given the 15 16 Investigative Committee's own expert in this matter. 17 Therefore, we respectfully request that the 18 charges brought against Dr. Nguyen be dismissed and that there be no finding of malpractice on behalf of 19 Dr. Nguyen or failure to maintain timely, accurate or 20 legible medical records, especially since this is a case 21 22 which at best could have -- at best is nothing and 23 certainly not one where the Board needs to be concerned 24 that there is a physician what could cause harm to the

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1	public. Thank you for your time.
2	HEARING OFFICER HALSTEAD: Thank you, Ms.
3	Buys. Did you want to do
4	MS. BRADLEY: No, thank you?
5	HEARING OFFICER HALSTEAD: a reply
6	closing? Okay. Ms. Bradley has chosen not to reply
7	closing, so that will close this matter. I believe I
8	have 60 days to issue a written finding.
9	I am going to Miss Reporter, do you want
10	originals or do you want copies of the originals? I'm
11	going to give the originals to the court reporter of the
12	exhibits. I'm going to make copies for me. As soon as I
13	get the transcript, I will begin writing. I know that
14	everyone is on pins and needles waiting for these things.
15	I understand that, and I will try to undertake this as
16	timely as possible.
17	I want to thank everyone for their
18	professionalism today and their presentations on both
19	sides. Very good advocacy on both ends, and that's very
20	much appreciated. Thank you, everyone, for your time
21	today and that will conclude this proceeding.
22	(The hearing concluded at 5:19 p.m.)
23	-000-
24	

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 1
     STATE OF NEVADA
     COUNTY OF WASHOE )
 2
 3
 4
              I, Nicole J. Hansen, Certified Court Reporter,
 5
     State of Nevada, do hereby certify:
 6
              That prior to being examined, the witness in the
     foregoing proceedings was by me duly sworn to testify to
 7
     the truth, the whole truth, and nothing but the truth;
              That said proceedings were taken before me at
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     the time and places therein set forth and were taken down
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     by me in shorthand and thereafter transcribed into
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     typewriting under my direction and supervision;
13
              I further certify that I am neither counsel for,
14
     nor related to, any party to said proceedings, not in
15
     anywise interested in the outcome thereof.
16
               In witness whereof, I have hereunto subscribed
17
     my name.
18
19
     Dated: June 1, 2022
2.0
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EXHIBIT B

EXHIBIT B

IC's HEARING EXHIBITIS

	No.	TITLE	BATES RANGE
	1	Allegation Letter to Dr. Nguyen, M.D dated 3/28/2017	NSBME001
	2	Dr. Nguyen's Response to Allegation Letter, dated April 24, 2017	NSBME002 - NSBME003
(2)\$P(G)(L)\$美华	3	Complaint, Filed 11/3/2021	NSBME004 - NSBME008
	4	Answer to Complaint filed 11/23/21	NSBME009 - NSBME013
	5	Patient A's Medical Rec	NSBME014 - NSBME016`
	6	Injection Site Photos Patient A	NSBME017 - NSBME018
	7	Article: Croup	NSBME019 - NSBME027
	8	Article: Acute Management of Croup in the Emergency	NSBME028 - NSBME021
		Department	
	9	Article: Croup: Diagnosis and Management	NSBME032 - NSBME037
DAMESTO.	10	Article: Kenalog – 40 Injection (Partial)	NSBME038 - NSBME043
	11	Article: Kenalog – 40 Injection (Complete)	NSBME044 - NSBME048
	12	Article: Documenting Vaccination	NSBME049 - NSBME051
	13	Article: Evaluating Medical Decision-Making Capacity in Practice	NSBME0052 - NSBME058
	14	Article: Croup (Seminar)	NSBME059 - NSBME069
	15	Article: Chapter 15. Intramuscular, Subcutaneous, and Intradermal Injections	NSBME070 - NSBME077
	16	Article: Musculoskeletal Injections: A Review of the Evidence	NSBME078 - NSBME083
	17	Article: Joint and Soft Tissue Injection	NSBME084 - NSBME089
	18	Scott Hall M.D. – Curriculum Vitae	NSBME0090 - NSBME091
	19	Scott Hall M. D. Updated CV	NSBME092 - NSBME093

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Nevada State Board of Medical Examiners

March 28, 2017

Hai Nguyen, M.D.

RE; BME CASE #: PATIENT:

: DOB:

Dear Dr. Nguyen,

We have received information regarding the medical treatment of the above named patient. The complaint alleges that the patient presented to you for medical treatment on or around November 04, 2016. Allegedly, after performing an evaluation, you advised the patient's parents that you were going to administer a "steroid shot." Reportedly, you allowed an assistant to administer the shot. After two failed attempts the patient cried and screamed in pain and had to be restrained by her parents. The parents requested that you administer the shot. It has been further alleged that the patient developed a bruise around the injection site and a few weeks later a "crater" then formed and the area continues to be "sensitive to the touch." Therefore, your care and treatment of the patient may have fallen below the standard of care.

In order to determine whether or not there has been a violation of the Medical Practice Act, <u>please provide a written response to the allegation noted above, including your treatment plan, as well as complete copies of the medical records for this patient. Include copies of any x-ray or other films you produced during treatment of this patient. Please include any further information you believe would be useful for the Board to make a determination in this matter. <u>Please reply to this request within 21 days.</u></u>

The Nevada State Board of Medical Examiners investigates all information received concerning possible violations of the Nevada Revised Statutes, Chapter 630. We make no determination as to whether or not there has been a violation of the Medical Practice Act, prior to the completion of our investigation. Providing the requested information is deemed a professional obligation of any physician under investigation by the Board and shall not be deemed to be cooperation subject to the whistle-blower protections provided to physicians in NRS 630.364 (3).

Please be advised that the particular allegation referenced above, if in fact it did occur, and depending on the facts associated with the situation, could be a violation of the codes, including, but not limited to: NRS 630.301(4).

Respectfully,

Lara Ward Investigator Las Vegas Office

M LAS VEGAS OFFICE
Board of Medical Examiners
Building A, Suite 2
6010 S. Rainbow Boulevard
Las Vegas, NV 89118
Phone: 702-486-3300
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4-28-17

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Suite 301
1105 Terminal Way
Reno, NV 89502
Phone: 775-688-2559
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(NSPO Rev. 2-15)

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RECEIVED

APR 28 2017

NEVADA STATE BOARD OF MEDICAL EXAMINERS

April 24, 2017

Lara Ward, Investigator
NEVADA STATE BOARD OF MEDICAL EXAMINERS
6010 South Rainbow Blvd.,
Complex A, Building 1, Ste. 2
Las Vegas, Nevada 89118

Re: BME Case No.:
PATIENT:

Dear Mr. Ray:

I am in receipt of your letter dated March 28, 2017 concerning the above-named patient,

I appreciate the opportunity to respond to the allegations related to the care
I provided to her and additional time in which to do so. Copies of seconds so medical records which I have obtained are enclosed for your review and file.

According to your letter, the complaint alleges that "the patient presented to you for medical treatment on or around November 04, 2016. Allegedly, after performing an evaluation, you advised the patient's parents that you were going to administer a "steroid shot." Reportedly, you allowed an assistant to administer the shot. After two failed attempts the patient cried and screamed in pain and had to be restrained by her parents. The parents requested that you administer the shot. It has been further alleged that the patient developed a bruise around the injection site and a few weeks later a "crater" then formed and the area continues to be "sensitive to the touch." Therefore, your care and treatment of the patient may have fallen below the standard of care."

I adamantly deny that my care and treatment of fell below the standard of care and I will address each of these allegations in turn.

I did see patient and did get a history of cough and wheezing from the parent. The child's parent mentioned her symptoms had worsened overnight from a prior occurrence of croup. The patient also had a family history of asthma.

After doing an examination on the child, I thought there may be a chance she had croup again. I informed the mother of the child that the standard treatment for croup is steroids. I prescribed prednisolone oral steroids for the patient, and in addition, I obtained verbal consent from the parent to give the child a steroid injection. I asked the medical assistant, Barry Misiuk, to give the patient an injection of Kanalog 20 mg IM As you are aware, one of the many of

Las Vegas, NV 89117



duties for medical assistants is to give injections of medications ordered by physicians.

Mr. Misiuk, who was not my regular medical assistant for that day, used an alcohol swab to clean the skin on the patient's lateral buttock where the injection was to be placed. Mr. Misiuk apparently tried to give the shot but the child squirmed and moved unexpectedly when the assistant tried to give the injection. As such, Mr. Misiuk informed me he was unable to inject the Kenalog due to the child's apprehension and movement.

At that point, I asked Mr. Misiuk to assist the parent to hold the child. I then administered the Kenalog injection of 0.5 mL (Kenalog 20mg/mL) to the lateral buttock. A bandage was applied at the injection site and I did apologize to the patient's parent that the injection took more than one try to give.

I asked the parent to place a cold pack on child's buttock to relieve any discomfort or swelling that might occur. I discussed with the parent prescriptions we were sending and care instructions with the parent. I also encouraged the parent to follow up with child's pediatrician.

I believe my care and treatment of was within the standard of care. It is appropriate to utilize a medical assistant to administer an injection, and at times one may have to administer an injection more than once, and in particular when a patient does not hold still during the procedure. This type of occurrence is a known complication of this type of procedure, and certainly not below the standard of care.

I trust that the information and summary I have provided will assist you in your review of this matter. However, should you require any additional information, please do not hesitate to contact me.

Respectfully

Hai Nguyen, M.D.

Enclosures

Nevada State Board of Medical Examiners 9600 Gateway Drive

BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

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Respondent.

HAI THANH NGUYEN, M.D.,

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Case No. 21-38084-1 In the Matter of Charges and **Complaint Against:**

FILED

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NEVADA STATE BOARD OF

COMPLAINT

The Investigative Committee¹ (IC) of the Nevada State Board of Medical Examiners (Board), by and through Robert G. Kilroy, Esq., Senior Deputy General Counsel and attorney for the IC, having a reasonable basis to believe that Hai Thanh Nguyen, M.D., (Respondent) violated the provisions of Nevada Revised Statutes (NRS) Chapter 630 and Nevada Administrative Code (NAC) Chapter 630 (collectively, the Medical Practice Act), hereby issues its Complaint, stating the IC's charges and allegations as follows:

- Respondent was at all times relative to this Complaint a medical doctor holding an 1. active license to practice medicine in the State of Nevada (License No. 13702). Respondent originally licensed by the Board on September 15, 2010.
- On November 11, 2016, Patient A² along with her parents went to HealthCare 2. Partners Urgent Care, because she was suffering from coughing, wheezing, phlegm, and vomiting. Respondent evaluated the 2-year-old girl with "croup." Respondent started Patient A on prednisolone orally and also recommended a "steroid shot." Respondent successfully injected Kenalog into Patient A's lateral buttocks after two (2) unsuccessful attempts by Respondent's medical assistant. Patient A's medical record indicates "Kenalog 40mg/ml...Inject 0.5ml

¹ The Investigative Committee of the Nevada State Board of Medical Examiners, at the time this formal Complaint was authorized for filing, was composed of Board members Rachakonda D. Prabhu, M.D., Ms. Sandy Peltyn, and Victor M. Muro, M.D.

² Patient A's true identity is not disclosed herein to protect her privacy, but is disclosed in the Patient Designation served upon Respondent along with a copy of this Complaint. on this entry.

intramuscularly once...pt is given Kenalog 20mg IM." When asked by the IC, Respondent provided his written reply that he administered 0.5ml of Kenalog 20mg/ml IM. Respondent did not obtain an informed consent from Patient A's parents for the invasive procedure of a steroid shot (injection of the Kenalog). The medical record is not clear as to whether Patient A received an injection of 20mg or 10mg of Kenalog intramuscularly. There was no "shot record" section of Patient A's medical record as there was no documentation of the Kenalog vial's identification, lot number, nor date of expiration. Moreover, there was no indication of the specific injection shot location nor who delivered the shot (Respondent) to Patient A.

3. Approximately, two (2) weeks later, Patient A's parents noticed that Patient A's injection spot upon her buttocks had become a "divet" and eventually a "crater" that was sensitive to the touch. Skin atrophy is a known complication of a steroid intramuscular injection. Standard of care for toddlers (Patient A) who cannot "keep anything down" due to constant vomiting is an intramuscular or intravenous administration of steroids. Here, Patient A indicated only vomited once a day in the mornings, and not constantly though out the day, and should have been given an oral steroid. Respondent should have offered to Patient A's parent an oral option first, prior to the injection shot and discussed the risks and benefits of the steroid medication with them. For toddlers, such as Patient A, the proximal lateral thigh is the appropriate location for intramuscularly injections, not into a toddler's buttocks.

COUNT I

NRS 630.301(4) (Malpractice)

- 4. All of the allegations contained in the above paragraphs are hereby incorporated by reference as though fully set forth herein.
- 5. NRS 630.301(4) provides that malpractice of a physician is grounds for initiating disciplinary action against a licensee.
- NAC 630.040 defines malpractice as the failure of a physician, in treating a patient,
 to use the reasonable care, skill, or knowledge ordinarily used under similar circumstances.
- 7. As demonstrated by, but not limited to, the above-outlined facts, Respondent failed to use the reasonable care, skill or knowledge ordinarily used under similar circumstances when

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he provided medical services to Patient A, because he failed to obtain and document an informed consent for the injection of Kenalog, and when he failed to properly inject the Kenalog into the proximal lateral thigh instead of Patient A's buttocks.

By reason of the foregoing, Respondent is subject to discipline by the Board as 8. provided in NRS 630.352.

COUNT II

NRS 630.3062(1)(a) (Failure to Maintain Proper Medical Records)

- All of the allegations contained in the above paragraphs are hereby incorporated by 9. reference as though fully set forth herein.
- NRS 630.3062(1)(a) provides that the failure to maintain timely, legible, accurate 10. and complete medical records relating to the diagnosis, treatment and care of a patient is grounds for initiating disciplinary action against a licensee.
- Respondent failed to maintain complete medical records relating to the diagnosis, 11. treatment and care of Patient A, by failing to document his actions when he treated Patient A, whose medical records were not timely, legible, accurate, and complete. Respondent failed to document an informed consent for Patient A's Kenalog injection from her parents and discuss the risks and benefits of the medication before giving it to the child. Additionally, Patient A's medical records of having the shot, including the information from the vial, do not exist making Patient A's medical records inaccurate and incomplete.
- By reason of the foregoing, Respondent is subject to discipline by the Board as 12. provided in NRS 630.352.

WHEREFORE, the Investigative Committee prays:

- That the Board give Respondent notice of the charges herein against him and give 1. him notice that he may file an answer to the Complaint herein as set forth in NRS 630.339(2) within twenty (20) days of service of the Complaint;
- That the Board set a time and place for a formal hearing after holding an Early 2. Case Conference pursuant to NRS 630.339(3);

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3.	That the Board determine what sanctions to impose if it determines there has been
a violation or v	violations of the Medical Practice Act committed by Respondent;

- 4. That the Board award fees and costs for the investigation and prosecution of this matter as outlined in NRS 622.400;
- 5. That the Board make, issue and serve on Respondent its findings of fact, conclusions of law and order, in writing, that includes the sanctions imposed; and
- 6. That the Board take such other and further action as may be just and proper in these premises.

DATED this ____ day of November, 2021.

INVESTIGATIVE COMMITTEE OF THE NEVADA STATE BOARD OF MEDICAL EXAMINERS

By:

Rall

ROBERT G. KILROY, J.D. Senior Deputy General Counsel 9600 Gateway Drive Reno, NV 89521 Tel: (775) 688-2559

Email: rkilroy@medboard.nv.gov
Attorney for the Investigative Committee

OFFICE OF THE GENERAL COUNSEL Nevada State Board of Medical Examiners

VERIFICATION

STATE OF NEVADA) : ss.
COUNTY OF CLARK)

Victor M. Muro, M.D., having been duly sworn, hereby deposes and states under penalty of perjury that he is the Chairman of the Investigative Committee of the Nevada State Board of Medical Examiners that authorized the Complaint against the Respondent herein; that he has read the foregoing Complaint; and that based upon information discovered in the course of the investigation into a complaint against Respondent, he believes that the allegations and charges in the foregoing Complaint against Respondent are true, accurate and correct.

DATED this 3rd day of November, 2021.

INVESTIGATIVE COMMITTEE OF THE NEVADA STATE BOARD OF MEDICAL EXAMINERS

By: Um mund Mo

Chairman of the Investigative Committee

BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

In the Matter of Charges and
Complaint Against
HAI THANH NGUYEN, M.D.,
Respondent.

Case No. 21-38084-1

FILED

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NEVADA STATE BOARD OF MEDICAL EXAMINERS By:

HAI THANH NGUYEN, M.D.'S ANSWER TO COMPLAINT

COMES NOW, Respondent HAI THANH NGUYEN, M.D., by and through his counsel of record, ROBERT C. McBRIDE, ESQ. and T. CHARLOTTE BUYS, ESQ., of the law firm of McBRIDE HALL and for his Answer to the State of Nevada Board of Medical Examiners' (hereinafter "Board") Complaint, admits, denies, and alleges as follows:

- 1. This answering Respondent admits those allegations contained in Paragraph 1 of the Board's Complaint.
- 2. Answering Paragraph 2 of the Board's Complaint, this answering Respondent denies each and every allegation of malpractice contained therein. As to the remainder of Paragraph 2, this answering Respondent is without sufficient knowledge or information upon which to base a belief as to the truth or falsity of the allegations contained in Paragraph 2, and upon said grounds denies each and every allegation contained therein.
- 3. Answering Paragraph 3 of the Board's Complaint, this answering Respondent denies each and every allegation of malpractice contained therein. As to the remainder of Paragraph 3, this answering Respondent is without sufficient knowledge or information upon which to base a belief as to the truth or falsity of the allegations contained in Paragraph 3, and upon said grounds denies each and every allegation contained therein.

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COUNT I

NRS 630.301(4) (Malpractice)

- 4. Answering Paragraph 4 of the Board's Complaint, this answering Respondent repeats and realleges each and every response to Paragraphs 1 through 3, inclusive, and incorporates the same by reference as though set forth fully herein.
- 5. Answering Paragraph 5 of the Board's Complaint, this answering Respondent admits that Nevada Revised Statute Section 630.301(4) provides that malpractice of a physician is grounds for initiating disciplinary action against a licensee, but this answering Respondent specifically denies committing malpractice.
- 6. Answering Paragraph 6 of the Board's Complaint, this Answering Respondent admits that Nevada Administrative Code Section 630.040 defines malpractice, but this answering Respondent specifically denies committing malpractice.
- 7. Answering Paragraph 7 of the Board's Complaint, this Answering Respondent denies each and every allegation contained in paragraph 7 of the Board's Complaint.
- 8. Answering Paragraph 8 of the Board's Complaint, this Answering Respondent denies each and every allegation contained in paragraph 8 of the Board's Complaint.

COUNT II

NRS 630.3062(1)(a) (Failure to Maintain Complete Medical Records)

- 9. Answering Paragraph 9 of the Board's Complaint, this answering Respondent repeats and realleges each and every response to Paragraphs 1 through 8, inclusive, and incorporates the same by reference as though set forth fully herein.
- 10. Answering Paragraph 10 of the Board's Complaint, this answering Respondent admits that Nevada Revised Statute Section 630.301(4) provides that malpractice of a physician is grounds for initiating disciplinary action against a licensee, but this Answering Respondent specifically denies committing malpractice.
- 11. Answering Paragraph 11 of the Board's Complaint, this answering Respondent denies each and every allegation contained in paragraph 11 of the Board's Complaint.

Answering Paragraph 12 of the Board's Complaint, this answering Respondent 12, denies each and every allegation contained in paragraph 12 of the Board's Complaint. FIRST AFFIRMATIVE DEFENSE 3 Respondent alleges that The Nevada State Board of Medical Examiners' Complaint on file 4 herein fails to state a claim upon which relief can be granted. 5 SECOND AFFIRMATIVE DEFENSE 6 The Board's Complaint is in whole or in part, void for vagueness, violative of 7 Respondent's due process rights under the Constitutions of the State of Nevada and the United 8 States of America and cannot serve as a basis for discipline of Respondent. 9 THIRD AFFIRMATIVE DEFENSE 10 The Nevada State Board of Medical Examiners has failed to comply with the requirements 11 of N.R.S. 630, et seq. and N.A.C. 630 et seq. 12 FOURTH AFFIRMATIVE DEFENSE 13 Respondent fully performed and discharged all obligations owed to the patient, including 14 satisfying the applicable standard of care to which the patient was entitled. 15 <u>FIFTH AFFIRMATIVE DEFENSE</u> 16 If a violation occurred it was the result of intervening and/or superseding events, factors, 17 occurrences or conditions, which were in no way caused by Respondent, and for which 18 Respondent is not responsible. 19 SIXTH AFFIRMATIVE DEFENSE 20 The Nevada State Board of Medical Examiners' Complaint is time barred. 21 SEVENTH AFFIRMATIVE DEFENSE 22 The Nevada State Board of Medical Examiners' Complaint does not comply with NRS 23 630.301. 24 EIGHTH AFFIRMATIVE DEFENSE 25 Each and every service rendered to the patient by this answering Respondent was expressly 26 and/or impliedly consented to and authorized by the patient and/or the patient's authorized

representative on the basis of a full and complete disclosure to the patient of all material facts

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known or reasonably believed be true concerning the patient's physical condition and the appropriate alternative procedures available for treatment of such condition

NINTH AFFIRMATIVE DEFENSE

All possible affirmative defenses may not have been alleged herein so far as sufficient facts were not available after reasonable inquiry upon filing of this answering Respondent's Answer and, therefore, this answering Respondent reserves the right to amend his Answer to include additional affirmative defenses if subsequent investigation so warrants.

WHEREFORE, the Respondent prays that The Nevada State Board of Medical Examiners take nothing by way of the Complaint on file herein; and that Respondent recover all costs, attorneys' fees, and damages incurred as a result of the Complaint.

DATED this 23rd day of November 2021.

McBRIDE HALL

By: <u>/s/ T. Charlotte Buys</u>
ROBERT C. McBRIDE, ESQ.
Nevada Bar No.: 7082
T. CHARLOTTE BUYS, ESQ.
Nevada Bar No.: 14845
8329 W. Sunset Road, Suite 260
Las Vegas, Nevada 89113
Attorneys for Respondent
Hai Thanh Nguyen M.D.

CERTIFICATE OF SERVICE I hereby certify that on the 23rd day of November 2021, I served a true correct copy of RESPONDENT'S ANSWER TO COMPLAINT, by mailing via United States mail to the following: Robert Kilroy, Esq. Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, NV 89521 Attorneys for the Investigative Committee /s/ Natalie Jones An Employee of McBride Hall

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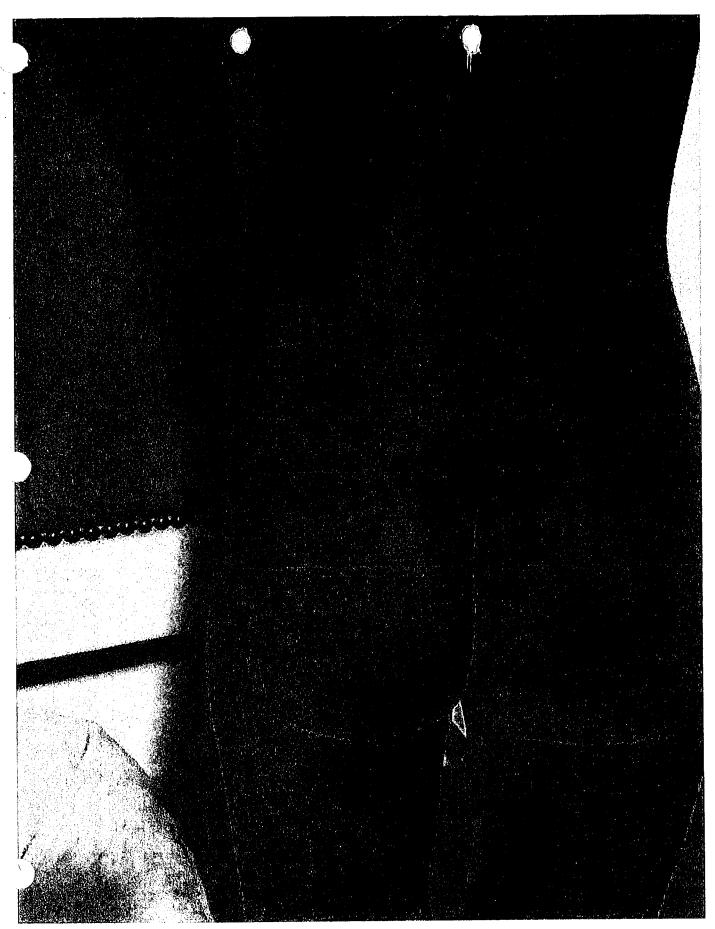
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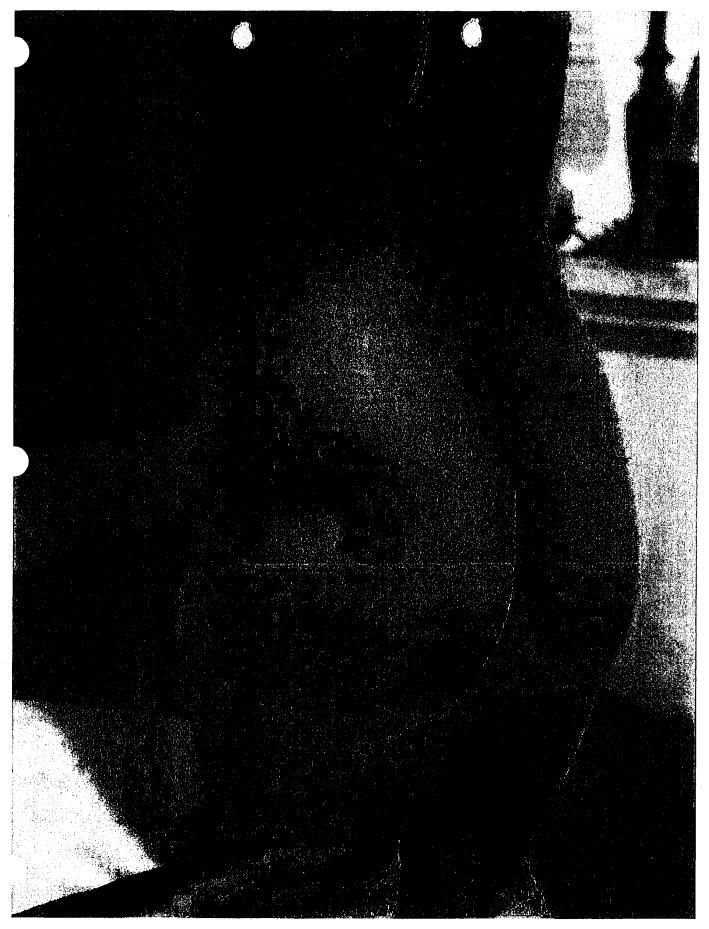
"No. 5 Patient A's Medical Record"

MEDICAL RECORDS

This exhibit contains person medical information, records of a patient or other personal identifying information that is confidential and otherwise protected from disclosure to the public pursuant to NRS 622.310

"No. 5 Patient A's Medical Record"





CLINICAL PRACTICE

Croup

James D. Cherry, M.D., M.Sc.

This Journal feature begins with a case vignette highlighting a common clinical problem.

Evidence supporting various strategies is then presented, followed by a review of formal guidelines, when they exist. The article ends with the author's clinical recommendations.

Crouplike symptoms develop in a previously healthy 2-year-old girl at 11 p.m. She is seen in an emergency department 2 hours later with a barking cough and, when upset, inspiratory stridor. Her temperature is 36.1°C, respiratory rate 20 breaths per minute, heart rate 151 beats per minute, and oxygen saturation 94% while she is breathing ambient air. She has mild sternal retractions but no cyanosis. How should she be evaluated and treated?

THE CLINICAL PROBLEM

From the Division of Infectious Diseases, Mattel Children's Hospital UCLA, and the Department of Pediatrics, David Geffen School of Medicine at UCLA — both in Los Angeles. Address reprint requests to Dr. Cherry at the Dept. of Pediatrics, David Geffen School of Medicine at UCLA, 10833 Le Conte Ave., MDCC 22-442, Los Angeles, CA 90095-1752, or at jcherry@mednet.ucla.edu.

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N Engl J Med 2008;358:384-91.
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Before the 20th century, all crouplike illnesses were thought to be diphtheria.¹ Today, the word "croup" is used to refer to a number of respiratory illnesses that are characterized by varying degrees of inspiratory stridor, barking cough, and hoarseness due to obstruction in the region of the larynx.¹-⁴

CLASSIFICATION

The terminology for croup illnesses has evolved over time, but unfortunately, some classifications have been imprecise. ¹⁻⁷ For example, the term "laryngotracheobronchitis" is often used to describe either spasmodic croup or laryngotracheitis. A classification scheme with definitions and clinical features is presented in Table 1. The vast majority of cases of croup are either laryngotracheitis or spasmodic croup.⁸

EPIDEMIOLOGIC FEATURES

Croup (laryngotracheitis and spasmodic croup) is an illness of infants and children younger than 6 years of age, 9,10 with a peak incidence between 7 and 36 months of age. During the second year of life, about 5% of children have croup. The incidence in boys is about 1.5 times that in girls. In a 14-year study of hospitalizations for croup in Ontario, Canada, between 1988 and 2002, a biennial midautumn peak and an annual summer trough were observed. 10

PATHOLOGICAL FEATURES AND PATHOGENESIS

In acute laryngotracheitis, there is erythema and swelling of the lateral walls of the trachea, just below the vocal cords. 11,12 Histologically, the involved area is edematous, with cellular infiltration in the lamina propria, submucosa, and adventitia. The infiltrate contains histiocytes, lymphocytes, plasma cells, and neutrophils. 13,14 In bacterial croup — laryngotracheobronchitis and laryngotracheobronchopneumonitis — the tracheal wall is infiltrated with inflammatory cells, and in addition, ulceration, pseudomembranes, and microabscesses are present. 2,15 There is thick pus within the lumen of the trachea and the lower air passages. 2,16 In spasmodic croup, there is noninflammatory edema in the subglottic region. 11

N ENGL J MED 358;4 WWW.NEJM.ORG JANUARY 24, 2008

Definition and Characteristic	Spasmodic Croup	Acute Laryngotracheitis	LTB and LTBP (Including Bacterial Tracheitis)*	Laryngeal Diphtheria
Definition	Sudden nighttime onset of in- spiratory stridor; associat- ed with mild upper respi- ratory tract infection, with- out inflammation	Inflammation of the larynx and trachea	Inflammation of the larynx, trachea, and bronchi or lung; usually similar in on- set to laryngotracheitis, but with more severe illness	Infection involving the laryns and other areas of the airway due to Corynebac terium diphtheriae, re sulting in progressive airway obstruction
Typical age at occurrence	3 mo to 3 yr	3 mo to 3 yr	3 mo to 3 yr	All ages
Individual and family his- tory	Possible family history of croup; possible previous attack	Possible family history of croup	Possible family history of croup	Lack of immunization or in adequate immunization
Prodrome	Minimal coryza	Usually coryza	Usually coryza	Usually pharyngitis
Onset (time to full-blown disease)	Sudden, always at night; the characteristic presentation is that of a child who at bedtime was thought to be well or perhaps to have mild cold symptoms but who awakened suddenly with croupy cough and stridor	Moderately rapid but variable; onset mimics that of a cold, with nasal irrita- tion, cough, and coryza; fever occurs within the first 24 hr; within 12 to 48 hr, signs of obstructed upper airway and symp- toms occur	Usually gradually progressive over a period of 12 hr to 7 days	Slow, progressing over a portion of 2 to 3 days
Symptoms on presentation	Hoarseness and barking cough, no dysphagia, minimal-to-moderate inspiratory stridor; nontoxic presentation	Hoarseness and barking cough, no dysphagia, minimal-to-severe inspi- ratory stridor, usually minimally toxic presenta- tion	Hoarseness and barking cough; no dysphagia; inspiratory stridor, usually severe; typically toxic presentation	Hoarseness and barking cough; usually dyspha- gia; minimal-to-severe i spiratory stridor; usually nontoxic presentation
Signs on pre- sentation	No fever, no pharyngitis; nor- mal epiglottis	Fever, generally 37.8 to 40.5°C; usually minimal pharyngitis; normal epi- glottis	Fever, generally 37.8 to 40.5°C; usually minimal pharyngitis; normal epi- glottis	Fever, generally 37.8 to 38.5°C; membranous pharyngitis; epiglottis usually normal but may contain membrane
Radiographic findings	Subglottic narrowing on pos- terior-anterior view	Subglottic narrowing on posterior-anterior view	Subglottic narrowing on pos- terior-anterior view, irreg- ular soft-tissue densities in trachea on lateral view, bilateral pneumonia	Not useful
White-cell count	Normal	Mildly elevated, with >70% polymorphonuclear cells	Usually elevated or abnormal- ly low, with >70% neutro- phils and increased per- centage of band forms	Usually elevated, with in- creased percentage of band forms
Microbiologic findings	Etiologic agents similar to those in laryngotracheitis	Most commonly caused by parainfluenza virus 1 (responsible for frequent fall outbreaks); many other viruses also implicated, including other parainfluenza viruses and influenza viruse (influenza virus A and parainfluenza virus 3 often cause severe cases), respiratory syncytial virus, measles virus, adenoviruses, and rhinoviruses	virus A or B), in most in- stances the Illness is due to secondary bacterial in- fection, particularly from Staphylococcus aureus; other bacteria include group A streptococci, Streptococcus pneumoniae, Haemophilus influenzae, and Moraxella	

 $^{{\}rm ~\#\ LTB\ denotes\ laryngotracheobronchitis,\ and\ LTBP\ laryngotracheobronchopneumonitis.}$

Table 2. Assessment of the Severity of Croup.*		
Level of Severity†	Characteristics	
Mild	Occasional barking cough; no audible stridor at rest, and either mild or no suprasternal or intercostal indrawing (retractions of the skin of the chest wall)	
Moderate	Frequent barking cough, easily audible stridor at rest, and suprasternal and sternal retractions at rest, but little or no agitation	
Severe	Frequent barking cough, prominent inspiratory and, occa- sionally, expiratory stridor, marked sternal retractions, and agitation and distress	
Impending respi- ratory failure	Barking cough (often not prominent), audible stridor at rest (occasionally hard to hear), sternal retractions (may not be marked), lethargy or decreased level of consciousness, and often dusky appearance in the ab- sence of supplemental oxygen	

* Adapted from the Alberta Medical Association.4

Host factors appear to be important in pathogenesis, since parainfluenza virus infections (particularly type 3) are common in infants and young children,17 yet croup develops in only a small percentage of those exposed.18 A number of studies have indicated that allergic factors play a role in recurrent croup.5,19,20 It is possible that primary infection with parainfluenza virus type 3 (which may go unrecognized) leads to sensitization to the parainfluenza virus group rather than to type 3 alone,5 setting the stage for spasmodic croup due to parainfluenza virus types 1 and 2.

STRATEGIES AND EVIDENCE

EVALUATION

Differential Diagnosis

Since the croup illnesses discussed above and presented in Table 1 differ in severity as well as in their treatment, the differential diagnosis is important. Correct diagnosis of other acute obstructive illnesses in the region of the larynx (e.g., epiglottitis, foreign body, angioneurotic edema of the epiglottis) is also essential and lifesaving.2,6

Epiglottitis rather than croup is suggested by the absence of a croupy cough (which sounds similar to a barking seal or sea lion); the sitting posture of the child, with the chin pushed forward and a reluctance or refusal to lie down; and

the child than the degree of inspiratory difficulty would suggest. A lateral neck radiograph will confirm the diagnosis of epiglottitis but is rarely necessary, since the clinical findings noted above are often diagnostic.

Both foreign-body and angioneurotic edema can cause upper-airway obstruction. They usually occur suddenly, without fever or other signs and symptoms of infection.

Laryngotracheobronchitis and laryngotracheobronchopneumonia can be differentiated from spasmodic croup and laryngotracheitis by signs of lower-airway involvement (crackles, air trapping, wheezing, and pneumonia seen on a radiograph).2,6,15,21,22 A bacterial cause should be suspected in these cases and also in cases of laryngotracheitis when symptoms and signs persist or worsen despite treatment with corticosteroids and epinephrine. In both laryngotracheobronchitis and laryngotracheobronchopneumonia, a lateral neck radiograph may reveal soft densities indicating purulent exudate within the trachea. Laryngeal diphtheria should be considered in unimmunized patients with possible exposure.

Laboratory studies are rarely useful in the evaluation of routine croup. If clinical findings suggest laryngotracheobronchitis or laryngotracheobronchopneumonia, white-cell and differential counts and posterior-anterior and lateral chest and neck radiographs are indicated. In these cases, intubation is commonly required, and a tracheal bacterial culture should be obtained at the time of intubation. Also useful in cases of laryngotracheobronchitis or laryngotracheobronchopneumonia, as well as in severe cases of laryngotracheitis, is a specimen (from nasal wash or tracheal secretions) for the direct identification of influenza virus, which can help guide decisions about the use of antiviral therapy.

Assessment of Severity

A variety of scoring systems have been developed to evaluate the severity of croup.8,23,24 The most commonly used scoring system has been that of Westley et al.,24 which evaluates the severity of croup by assessing five factors: level of consciousness, cyanosis, stridor, air entry, and retractions, This system has been extremely valuable in treatment trials but has little use in the routine clinical setting.8 However, a clinically useful severityassessment table has been developed by an Alberta greater apprehension and anxiety on the part of Clinical Practice Guideline Working Group4 (Ta-

[†] Corresponding Westley scores for level of severity would be 0 to 2 for mild croup, 3 to 5 for moderate croup, 6 to 11 for severe croup, and 12 to 17 for impending respiratory failure.

ble 2). Based on this classification scheme, 85% of children seen in 21 general emergency departments in Alberta, Canada, had mild croup, and less than 1% had severe croup.⁸

TREATMENT

During the past 50 years, there has been considerable controversy regarding many therapies for croup, including the role of humidified air and the optimal type (warm vs. cold) and the roles of corticosteroids and racemic epinephrine.² However, the marked success of corticosteroids in the outpatient management of croup and the effectiveness of nebulized epinephrine in more severe cases have led to the resolution of many of the controversies.

Acute Laryngotracheitis and Spasmodic Croup Humidified Air

During much of the 20th century, treatment with humidified air (mist therapy) was the cornerstone of the management of croup.1,2 More recently, however, the effectiveness of mist therapy has been questioned.4,8,25 In a recent trial26 comparing the effects of high humidity (100%), low humidity (40%), and blow-by humidity (in which a plastic hose is held near the child's nose and mouth) in children with mild croup, there were no significant differences in the croup-score responses among the three groups; each group had significant improvement (about 33%) over baseline in the croup score 60 minutes after administration. In two other small trials, control subjects who received nebulized saline also had improvement in their croup scores over the baseline values. 23,24 Since none of these studies included an untreated control group, it is not possible to know whether the improvements were due to the moist air. A recent Cochrane Collaboration review of data from three other studies concluded that there was no evidence that inhalation of humidified air in children with mild-to-moderate croup resulted in a substantial improvement in the croup score.27

Corticosteroid Therapy

Corticosteroid therapy is now routinely recommended by all experts. 4,5,8,10,25 In a cotton-rat laryngotracheitis model, 12 corticosteroids reduced the degree of inflammation and cell damage; although the viral load was increased, the duration of shedding was not prolonged. Meta-analyses of randomized trials 28-30 have consistently demon-

strated significant improvement in patients treated with corticosteroids as compared with controls. For example, in a meta-analysis of 37 trials, patients who were given corticosteroids had significantly lower croup scores at 6 hours, a decrease in return visits, and a decrease in time spent in emergency rooms or hospitals.³⁰

Trials of corticosteroids in croup have involved a variety of drugs, dosages, and routes of administration. The regimens studied most frequently have been single-dose dexamethasone (0.6 mg per kilogram of body weight given orally or intramuscularly) and nebulized budesonide (2 mg in 4 ml of water); some studies have involved additional doses (up to four doses of dexamethasone or nebulized budesonide given over a period of 2 days). No studies have directly compared the outcomes of single-dose therapy with the outcomes of 2-day treatment schedules.

The 1992 recommendation by the Canadian Paediatric Society to use dexamethasone for treatment was followed by a marked decrease in hospitalizations for croup in Ontario, providing further support for the use of corticosteroids. 10,34,35 Similar findings were noted in Perth, Australia. 36

A potential concern with corticosteroids, however, is their immunosuppressive effects, which might predispose the patient to infectious complications.^{2,5-7} Trials have not been powered to assess these risks, but such complications would be expected to be rare with standard (single-dose) therapy.

Epinephrine

Nebulized epinephrine has been extensively studied for the treatment of croup.2,5,8,23-25,37-42 Early controlled trials demonstrated that the administration of 2.25% racemic epinephrine (0.5 ml in 2.5 ml of saline) by intermittent positive-pressure breathing resulted in a significant reduction in the croup-severity score, 24,37 but this benefit lasted for less than 2 hours. Subsequent trials showed that the administration of racemic epinephrine by nebulization alone was as effective as its administration by intermittent positive-pressure breathing.41 Later trials also showed that nebulized 1-epinephrine diluted in 5 ml of saline at a ratio of 1:1000 was as effective as racemic epinephrine in the treatment of croup.42 In severe croup, repeated treatments with epinephrine have been used and have often decreased the need for intubation.

Other Treatments

Children with moderate or severe croup and hypoxia (oxygen saturation while breathing ambient air, <92%) should receive oxygen.⁴ This is best administered with the blow-by technique.

A helium-oxygen mixture (heliox) has been shown in a small study to improve croup-severity scores in hospitalized children with croup.⁴³ However, this treatment was no better — and was more expensive — than treatment with racemic epinephrine.

Antitussive and decongestant agents have not been studied in children with croup, and their use is not indicated.⁴ Since laryngotracheitis and spasmodic croup are viral illnesses, there is no reason to treat them with antibiotics unless clinical manifestations or laboratory values suggest secondary bacterial infection. In severe croup due to infection with influenza A or B virus, treatment with neuraminidase inhibitors should be considered, although there are no data demonstrating the efficacy of such treatment in reducing the severity of croup.⁴⁴ Since influenza immunization is now routinely recommended for children, the occurrence of croup due to influenza viruses will probably become less common.

Laryngotracheobronchitis

and Laryngotracheobronchopneumonitis

Since most children with laryngotracheobronchitis or laryngotracheobronchopneumonia have bacterial disease, antibiotics should be administered after appropriate cultures have been obtained. Treatment should be directed against Staphylococus aureus, Streptococcus pyogenes, Streptococcus pneumoniae, Haemophilus influenzae, and Moraxella catarrhalis. Most cases of laryngotracheobronchitis or laryngotracheobronchopneumonia in children require the placement of a mechanical airway and treatment in an intensive care unit.

AREAS OF UNCERTAINTY

Efforts are warranted to improve the use of corticosteroids in the treatment of croup. In practice, many children continue to receive prolonged courses of corticosteroids for croup rather than single-dose therapy. I and others have observed viral, bacterial, and fungal complications in association with corticosteroid treatment^{2,5-7,45-48}; in all cases, these complications occurred in children who had received multiple doses.

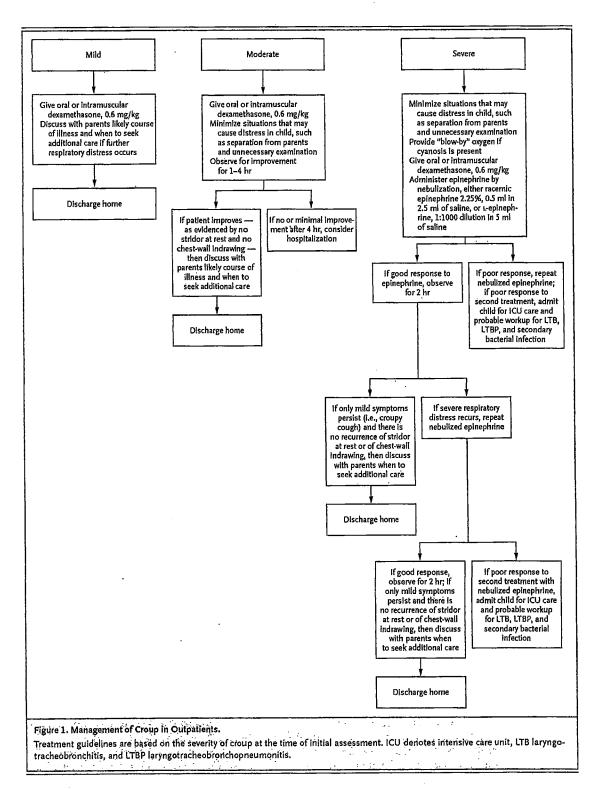
GUIDELINES

The American Academy of Pediatrics has no guidelines for the management of croup. The Infectious Diseases and Immunization Committee of the Canadian Paediatric Society published a brief statement in 1992, recommending corticosteroid therapy for children admitted to the hospital with croup.³⁴ The Alberta Medical Association published a guideline for the diagnosis and management of croup in 2004, which was updated in 2007.⁴ An algorithm for the management of croup in the outpatient setting is shown in Figure 1.

CONCLUSIONS AND RECOMMENDATIONS

Croup — both spasmodic croup and laryngotracheitis - is a common illness of early childhood that is frightening for both patients and their parents. For children such as the one described in the vignette, the standard of care is shortcourse corticosteroid therapy. This is most practically accomplished by the administration of a single dose of oral dexamethasone (0.6 mg per kilogram).4,8,49 I would not recommend additional corticosteroid doses in children who do not have a response to this therapy, given the lack of data showing the efficacy of repeated doses and the potential risks associated with longer-term therapy. Depending on the severity of symptoms, children who do not have a response to dexamethasone should be evaluated in an emergency room or admitted to the hospital; further testing may be useful in such cases, including chest radiography for possible laryngotracheobronchitis or laryngotracheobronchopneumonia, as well as rapid influenza testing in the appropriate season. Children with severe symptoms should be treated with nebulized epinephrine (0.5 ml of 2.25% racemic epinephrine in 4.5 ml of normal saline or 1-epinephrine diluted in 5 ml of normal saline at a ratio of 1:1000). If treatment is given in an outpatient setting, it should be followed by at least 2 hours of observation for a return of obstructive symptoms before discharge. Nebulized epinephrine treatments may need to be repeated many times in children with severe laryngotracheitis, but in many cases, this will prevent the need for endotracheal intubation.

If the evaluation suggests laryngotracheobronchitis or laryngotracheobronchopneumonia



(i.e., an increased or low white-cell count with an increase in band forms, or radiographs showing pneumonia or soft densities within the trachea), treatment with antibiotics (e.g., vancomycin and cefotaxime) should be instituted, and in most instances, endotracheal intubation should be performed. In cases of severe croup occurring during documented epidemics caused by influ-

enza viruses, treatment with neuramidase inhibitors is appropriate.44

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Paediatrics & Child Health, 2017, 166-169 doi: 10.1093/pch/pxx019 Practice Point



Practice Point

Acute management of croup in the emergency department

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Abstract

Croup is one of the most common causes of upper airway obstruction in young children. It is characterized by sudden onset of barky cough, hoarse voice, inspiratory stridor and respiratory distress caused by upper airway inflammation secondary to a viral infection. Published guidelines for the diagnosis and treatment of croup advise using steroids as the mainstay treatment for all children who present to emergency department (ED) with croup symptoms. Dexamethasone, given orally as a single dose at 0.6 mg/kg, is highly efficacious in treating croup symptoms. Despite the evidence supporting the use of steroids as the cornerstone of croup treatment, there is significant practice variation among physicians treating croup in the ED. This practice point discusses evidence-based management of typical croup in the ED.

Keywords: Corticosteroids; Croup; Dexamethasone; Epinephrine; Heliox

BACKGROUND AND EPIDEMIOLOGY

Most children with croup have mild and short-lived symptoms, with <1% of cases experiencing severe symptoms (1,2). However, croup accounts for significant rates of ED visits and hospitalizations in Canada, with one population-based study in Alberta reporting that 3.2% to 5.1% of all ED visits in children <2 years of age were related to croup (3). Less than 6% of children presenting to ED with croup symptoms require hospitalization and when they are admitted, it is usually for a short stay (3). Endotracheal intubation is rare (at 0.4% to 1.4% of hospitalized cases) and death is exceptionally rare (at 0.5% of intubated cases) (4). There is considerable variation in clinical practice for croup. In small Canadian centres, children with croup are less likely to receive steroids than in larger centres, while the use of antibiotics and beta-agonists (which are rarely indicated in the care of children with croup) is more frequent than in larger centres (5,6).

ETIOLOGY AND PATHOPHYSIOLOGY

Croup is caused by viral infections of the respiratory tract and most commonly by parainfluenza types 1 and 3 viruses. Other implicated viruses are influenza A and B, adenovirus, respiratory syncytial virus and metapneumovirus (7). These infections cause generalized airway inflammation and edema of the upper airway mucosa. The subglottic region becomes narrowed, causing upper airway obstruction and the symptoms typically associated with croup.

CLINICAL PRESENTATION

Classical croup symptoms have a rapid onset and include barky cough, inspiratory stridor, hoarseness and respiratory distress. Nonspecific symptoms of an upper respiratory illness usually precede the typical croup symptoms, which often worsen at night. Typical croup usually affects children between 6 months and 3 years of age. Symptoms are short-lived, usually lasting 3 to 7 days. In 60% of patients, the barky cough disappears after 48 hours (1). In <5% of cases,

symptoms may last longer than five nights and <5% of children experience more than one episode. In Canada, croup season peaks over the fall and winter (3,8,9).

DIFFERENTIAL DIAGNOSIS

Children who present with croup at <6 months of age or whose symptoms are recurrent, prolonged or unusually severe require further assessment to rule out congenital or acquired airway narrowing (1). Prolonged duration of croup symptoms associated with fever may be seen with secondary bacterial infection (1). Less than 1% of children with croup have severe or life-threatening symptoms (1,2), but there are several other life-threatening conditions that may present with stridor. Toxic appearance, drooling and dysphagia are important red flags suggestive of more serious conditions (Table 1).

TREATMENT

The severity of the child's respiratory distress on presentation to the ED should guide management (Table 2). Clinical scores used in research studies have not been shown to improve clinical care (10,11). Most clinicians characterize respiratory distress as mild, moderate, severe or impending respiratory failure. Using this classification, an algorithm for the outpatient management of croup in children was developed through expert consensus (12). Children presenting with severe distress or impending respiratory failure should be referred to paediatric intensive care or to anaesthesia for advanced care when clinical response to initial treatment is poor or not sustained.

Overall, the recommended treatment for croup involves the following measures (Figure 1).

General care

Children should be made comfortable and health care providers must fake special care not to frighten them during assessment and treatment. There is

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Table 1. Differential diagnosis Condition	Characteristics
Bacterial tracheitis	High fever, toxic appearance and poor response to nebulized epinephrine
Retropharyngeal, parapharyngeal, peritonsillar abscesses	High fever, neck pain, sore throat and dysphagia followed by torticollis, drooling, respiratory distress and stridor
Epiglottítis	Absence of barky cough, sudden onset of high fever, dysphagia, drooling, toxic appearance, auxious appearance and sitting forward in the 'sniffing' position
Aspiration or ingestion of a foreign body	Croupy cough, choking episode, wheezing, hoarseness, biphasic stridor, dyspnea and decreased air entr
Acute allergic reaction (anaphylaxis or angioneurotic edema)	Rapid onset of dysphagia, wheezing, stridor and possible cutaneous allergic signs, such as urticarial rash

Adapted from Bjornson and Johnson (9)

Table 2. Croup severity

Feature	Mild	Moderate	Severe	Impending respiratory failure
Barky cough Stridor	Occasional None or minimal at rest	Frequent Easily audible at rest	Frequent Prominent inspiratory and occasionally expiratory	Often not prominent due to fatigue Audible at rest, but may be quiet or hard to hear
In-drawing suprasternal and/or intercostal	None to mild	Visible at rest	Marked or severe	May not be marked
Distress, agitation or lethargy (CNS hypoxia)	None	None to limited	Substantial lethargy may be present	Lethargy or decreased level of consciousness
Cyanosis .	None	None	None	Dusky or cyanotic without supplemental oxygen

CNS Central nervous system, Modified from Bjornson and Johnson (1).

no evidence to support the treatment of croup with the use of humidified air (13). Mist tents separate children from their caregivers, can disperse fungus and therefore are not recommended (13). The use of antipyretics is beneficial for reducing fever and discomfort.

Corticosteroids

The clinical benefit of corticosteroids in croup is well established (2,14-16) and should be considered for treating all children presenting with croup and symptoms ranging from mild to severe. Improvement generally begins within 2 to 3 hours after a single oral dose of dexamethasone and persists for 24 to 48 hours (2,15,16). One recent Cochrane review analyzed results from 38 randomized controlled trials (n=4299) associating corticosteroids with clinical improvement as measured by Westley croup scores at 6, 12 and 24 hours (14). Dexamethasone was the corticosteroid tested in most (31/38) of these clinical trials. Two studies compared oral dexamethasone with oral prednisolone. In one study, dexamethasone was found to be superior, and in the other, both therapies were equally effective (14).

Administering corticosteroids by the oral or intramuscular route is as efficacious or superior to the nebulized form of medication (1,14). Adding inhaled
budesonide to oral dexamethasone was not found to provide extra benefit in
children admitted with croup (17). From a practical perspective, oral dexamethasone is less associated with vomiting (14). The oral route is preferred.
When the child with croup has persistent vomiting or significant respiratory
distress, administering corticosteroids by the intramuscular route may be indicated (1). The dexamethasone dose used in most clinical trials is 0.6 mg/kg/
dose (14). It is unclear from studies using doses of 0.15 mg/kg to 0.3 mg/kg
whether these smaller doses are equally effective (18). One meta-analysis of six
studies suggested that a higher dose could be more beneficial in children with
severe disease (15).

Overall, children treated with corticosterolds have fewer return visits or admissions to the hospital. Fully one-half of children with mild croup

treated with corticosteroids are unlikely to need further medical care for ongoing symptoms. Their sleep is improved and their parents report less stress (2). In children with moderate to severe croup treated with corticosteroids, there was a reported average reduction of 12 hours in length of stay in the ED or hospital. There was a 10% reduction in the need for treatment with nebulized epinephrine and a 50% reduction in both the number of return visits and in hospitalization rates (14). There have been no adverse events associated with a single dose of corticosteroids for treatment of croup.

Epinephrine

Nebulized epinephrine is recommended for moderate to severe croup. Reports of administering epinephrine in children with severe croup have demonstrated a lower number of cases requiring intubation or tracheotomy (19). When compared with a placebo, nebulized epinephrine improved signs of respiratory distress within 10 to 30 minutes of initiating treatment. Clinical effect is sustained for at least 1 hour, but disappears after 2 hours (19). The first prospective trial assessing safe discharge after treating paediatric outpatients with a combination of dexamethasone and nebulized epinephrine, and including observation for 2 to 4 hours, supported the safety of this measure (20). There were no adverse outcomes. These results, along with data from two retrospective cohort studies, clearly support the safe discharge of children, providing that symptoms of croup do not recur 2 to 4 hours after treatment (1.21.22).

Traditionally, raceinic epinephrine has been used to treat children with croup. Raceinic epinephrine is not readily available in Canada. However, one randomized controlled trial demonstrated that nebulized 1:1000 L-epinephrine is safe and equally effective. Equivalent doses of either 0.5 mL raceinic epinephrine or 5 mL of 1:1000 L-epinephrine are equally effective. These standard doses can be used in all patients irrespective of their age and weight (23).

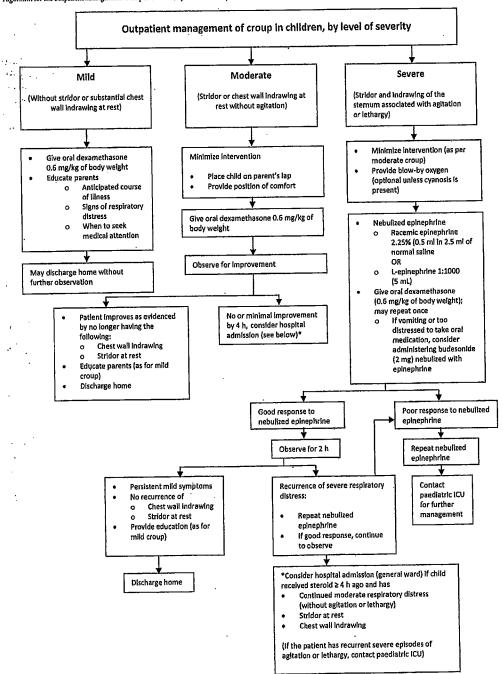
Heliox

A heliox or helium-oxygen mixture can reduce respiratory distress in children with severe croup. A possible mechanism of action is that the lower density of helium gas decreases airflow turbulence in a narrowed airway. Heliox is occasionally used in severe cases to avoid intubation. Heliox has not been shown to improve croup symptoms when compared with standard treatments and therefore is not routinely recommended (24).

Figure 1. Algorithm for the outpatient management of crop in children, by level of severity.

Other therapies

The use of antibiotics and short-acting beta-2-agonist bronchodilators in children with typical croup are rarely indicated because of the low incidence of bacterial infection (<1:1000 cases of croup) as well as for physiological reasons. An otorhinolaryngology (ORL) consultation for airway evaluation is indicated when croup symptoms are persistently severe despite treatment. Outpatient referral to ORL is recommended for children with multiple



Source: reference 12

croup episodes and for those who present outside the usual age group for typical croup (Figure 1).

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Croup: Diagnosis and Management

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Croup is a common respiratory illness affecting 3% of children six months to three years of age. It accounts for 7% of hospitalizations annually for fever and/or acute respiratory illness in children younger than five years. Croup is a manifestation of upper airway obstruction resulting from swelling of the larynx, trachea, and bronchi, leading to inspiratory stridor and a barking cough. Many patients experience low-grade fevers, but fever is not necessary for diagnosis. Less

commonly, stridor can be associated with acute epiglottitis, bacterial tracheltis, and foreign body airway obstruction. Laboratory studies are seldom needed for diagnosis of croup. Viral cultures and rapid antigen testing have minimal impact on management and are not routinely recommended. Radiography and laryngoscopy should be reserved for patients in whom alternative diagnoses are suspected. Randomized controlled trials have demonstrated that a single dose of oral, intramuscular, or intravenous dexamethasone improves symptoms and reduces return visits and length of hospitalization in children with croup of any severity. In patients with moderate to severe croup, the addition of nebulized epinephrine improves symptoms and reduces length of hospitalization. (Am Fam Physician. 2018;97(9):575-580. Copyright © 2018 American Academy of Family Physicians.)



ustration by Jonathan Din

Croup is a common respiratory illness of the larynx, trachea, and bronchi that leads to inspiratory stridor and a barking cough. Laryngotracheitis, laryngotracheobronchitis, and laryngotracheobronchopneumonitis are included in the croup spectrum and affect 3% of children six months to three years of age. L2 Each year in the United States, croup accounts for 7% of hospitalizations for fever and/or acute respiratory illness in children younger than five years. 34

Epidemiology

Croup is typically self-limited in immunocompetent children, occurring predominantly during the fall and winter. It is more common

for severe croup, which can be distinguished by signs of hypoxia. S. Less than 5% of all children with croup are hospitalized, and of those only 1% to 3% require intubation. In In patients with recurrent croup (more than two episodes per year), clinically significant bronchoscopy findings are associated with risk factors such as prior intubation, prematurity, and age younger

in boys than in girls (1.5:1 ratio). Although the

incidence of croup is highest between six months

and three years of age, it can occur in children up

to six years of age, or earlier than six months in

atypical cases. 5-7 Approximately 85% of cases are

defined as mild, and less than 1% meet criteria

episodes per year), clinically significant bronchoscopy findings are associated with risk factors such as prior intubation, prematurity, and age younger than three years. Although gastroesophageal reflux disease and asthma are highly prevalent in patients with recurrent croup, neither is associated with significant bronchoscopy findings.¹¹

Outcomes are favorable; croup has a mortality rate of less than 0.5%, even for intubated patients.¹⁰

Etiology

Viruses are detected in up to 80% of patients who have croup with identifiable pathogens.¹²

Patient information: A handout on this topic, written by the authors of this article, is available at https://www.aafp.org/ a(p/2018/0501/p575-sk.html.

CME This clinical content conforms to AAFP criteria for continuing medical education (CME): See CME Quiz on page 565/

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SORT KEY RECOMMENDATIONS FOR PRACTICE

Clinical recommendation	Evidence rating	References
Diagnosis of croup is based on clinical findings of barking cough, studor, and hoarseness. Diagnostic testing is typically not necessary.	Ċ	5, 6
Humidified all inhalation does not improve symptoms in patients with moderate croup.	В	27
Corticosteroids should be administered to patients with croup of any severity.	A	21, 22
Epinephrine should be administered to patients with moderate to severe croup.	A	25, 26

A = consistent, good-quality patient-oriented evidence; B = inconsistent or . limited-quality patient-oriented evidence; C = consensus, disease-oriented evidence, usual practice, expert opinion, or case series. For information about the SORT evidence rating system, go to http://www.aarp.org/afpsort.

Parainfluenza virus (types 1 to 3) accounts for 75% of all cases, and human parainfluenza virus 1 is the most common type. 9,13 Other viral etiologies include influenza A and B, adenovirus, respiratory syncytial virus, rhinovirus, and enterovirus. Viral infection of the subglottic region and laryngeal mucosa causes inflammation and edema, which significantly decrease air movement and lead to respiratory distress and stridor. 9,13 Bacterial croup is less common and may be caused by Mycoplasma pneumoniae and Corynebacterium diphtheriae. 8,12 The type of infectious agent does not affect outcomes or initial management.

Presentation and Clinical Course

Viral croup often presents similarly to an upper respiratory infection, with 12 to 72 hours of low-grade fever and coryza. Narrowing of the larynx leads to stridor, increased respiratory rate, respiratory retractions, and a barking cough. Symptoms may be exacerbated by emotional distress, are worse at night, and peak between 24 and 48 hours. Croup typically resolves spontaneously within 48 hours to one week; however, the abrupt onset and harsh cough can be concerning. 5.6

Diagnosis

HISTORY AND PHYSICAL EXAMINATION

Croup is primarily a clinical diagnosis, with typical findings of abrupt onset of a barking cough, inspiratory stridor, and hoarseness (https://www.youtube.com/watch?v=RXJxtAHtkcs). Many patients will also have dyspnea and fever, 5.6 but the absence of fever should not reduce suspicion for croup.

Respiratory rate is often increased in patients with croup. Clinicians should use age-appropriate rates; for patients six months to three years of age, a normal rate is 20 to 30 breaths per minute. Additionally, patients can present with tachycardia. If pulse oximetry is performed, low oxygen levels may be noted in

patients with more severe cases.12-15

Visual inspection can reveal clues to the severity of illness. Retractions and nasal flaring may indicate more severe cases. Although cyanosis is absent in most patients with croup, its presence suggests severe disease.^{12,13,16}

The most common auscultatory finding is overt inspiratory stridor in the neck. If wheezing is present, it is typically mild; substantial wheezing should prompt evaluation for alternate diagnoses. Rhonchi may be present but are not typical. Rales are generally not present in croup, so this finding should prompt further evaluation. 12,13,16

WHAT IS NEW ON THIS TOPIC

Croup

A community-based randomized trial of children with mild to moderate croup found no difference in symptom scores between a single dose of dexamethasone and three daily doses of prednisolone.

In patients with more than two croup episodes per year, clinically significant bronchoscopy findings are associated with risk factors such as prior intubation, age younger than three years, and prematurity. Although gastroesophageal reflux disease and asthma are highly prevalent in patients with recurrent croup, neither is associated with significant bronchoscopy findings.

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DIFFERENTIAL DIAGNOSIS

More than 99% of children with abrupt stridor have croup, but the differential diagnosis is broad6 (Table 12,5,6,14,16-18). Differentiating croup from other acute illnesses can be challenging. Specifically, distinguishing it from epiglottitis is important because the treatment and prognosis of these conditions are substantially different.7 Although both conditions commonly present as cough, fever, and dyspnea, epiglottitis is 10 times more likely to present as sore throat.7 The incidence of epiglottitis has decreased 10-fold with widespread Haemophilus influenzae type B vaccination, but it is still important to distinguish it from croup because of potentially rapid deterioration in patients with epiglottitis.19 In patients admitted to the intensive care unit, cough is highly sensitive and specific for distinguishing

croup from epiglottitis, whereas drooling is highly sensitive and specific for distinguishing epiglottitis.²⁰

DIAGNOSTIC TESTING

Laboratory studies are seldom needed to diagnose croup. Viral cultures and rapid antigen testing should be reserved for patients in whom initial treatment is ineffective.⁶ A complete blood count may help distinguish croup from bacterial etiologies of stridor (e.g., bacterial tracheitis, epiglottitis, peritonsillar abscess, retropharyngeal abscess), but it is nonspecific. Lymphocytosis may suggest a viral etiology.^{5,6} A carboxyhemoglobin level may be helpful in identifying cases of thermal injury/smoke inhalation, but the history alone is typically sufficient for this diagnosis.

Condition	Typical age range	Associated Clinical Features Presentation	Diagnostic tests
Bacterial tracheitis	< 6 years	High fever, barking cough, respirationy distress; and rapid deterioration	Neck radiography (irregular tracheal mucosa) and CBC
Cróup:	6 months to 3 years	Acute onset of barking cough, stri- dor, and hoarseness	None fequired
Epiglottifis'	3 to 12 years	"Acute onset of dysphagia, odyno- phagia, drooling, high fever, anxiety, and muffled voice	Neck radiography (thickened epiglot- tis) and CBC:
Foreign body aspiration	< 3 years	Acute onset of choking and/or drooling	Neck radiography, neck CT, and airway endoscopy
Hemangloma	< 6 months	Stridor worse with crying	Airway endoscopy
Large alrway testons*	< 6 months to 4.5 years	Recurrent episodes of barking cough and stridor	Alrway endoscopy
Neoplasm	No age predilection	Progressive alrway symptoms	Lateral neck radiography and CT
Peritonsillar abscess	6 months to 3.5 years	Sore throat, fever, "hot potato" voice	Neck radiography, neck CT, and CBC
Retropharyngeal abscess	2 to 4 years	Fever, drooling, dysphagia, odyno- phagia, and neck pain	Neck radiography (bulging posterlor pharyngeal wall), neck CT, and CBC
Thermal injury/ smoke inhalation	No age predilection	Exposure to heat, smoke, or chemical	Direct laryngoscopy

CBC = complete blood count; CT = computed tomography.

^{*-}Large airway lesions include subplottic stenosis, laryngeal cleft, tracheomalacia, and laryngomalacia.

Information from references 2, 5, 6, 14, and 16 through 18.

Although radiographic imaging is not routinely indicated, croup is often associated with the steeple sign, which indicates glottic and subglottic narrowing (see http://www.aafp.org/afp/2004/0201/p535.html#afp20040201p535-f1). However, this finding is neither specific nor sensitive for croup and may be present in patients with epiglottitis, bacterial tracheitis, neoplasm, or thermal injury. Computed tomography of the neck can be considered for patients with suspected abscess, tumor, or foreign body aspiration.

Laryngoscopy should be reserved for atypical presentations or when alternate diagnoses are suspected. If epiglottitis is suspected, laryngoscopy should be performed with caution because of concern for rapid airway obstruction.

Management

Management of croup is based on the severity of illness Although a scoring system is not necessary, the most widely studied and commonly used is the Westley Croup Score i Table 2). Figure 1 provides an outpatient management algorithm for children with croup. 6.14.21-26 Minimizing agitation in a symptomatic child can help improve symptoms. Placing the child in a comfortable position may help improve the evaluation and treatment process.

Oxygen should be administered to children with hypoxemia or severe respiratory distress. Although humidified air inhalation has been historically used for management of croup, a meta-analysis of three studies (N = 125) found no statistically significant effect on croup scores or hospital admission in patients with moderate croup.²⁷ Treatment with specifically designed humidity droplets that deposit in the larynx is no better than controlled delivery of 40% humidity or humidity via blow-by administration.²⁸

Heliox is a helium and oxygen mixture used for respiratory conditions that theoretically improves airflow resistance by decreasing gas density (helium is a low-density gas). Data are limited on the benefit of heliox in the treatment of croup, and based on a Cochrane review of three conflicting trials, it is not recommended.²⁹

CORTICOSTEROIDS

Corticosteroids should be used in patients with croup of any severity. Treatment with dexamethasone results in faster resolution of symptoms

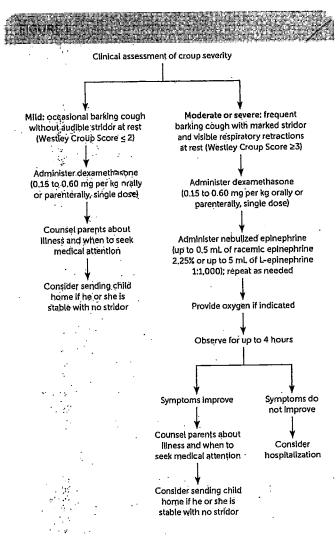
Westley Croup Score

tractital crown constraint		
Clinical sign	Score	
Level of consciousness		
Normal (including sleep)	0	
Disoriented	·5	
Cyanosis		
None	0	
With agitation	4	
At rest	5	
Stridor		
None	· 0	
When agitated	1	
At rest	. 2	
Air entry		
Normal	0	
Decreased	1	
Markedly decreased	2	
Retractions	•	
None	0	
Mild	1	
Moderate	2	
Severe	3	
Total score	Croup severity	
≤ 2	Mild	
3 to 7	Moderate	
8 to 11	Severe	
≥ 12	Impending respiratory failure	

Adapted with permission from Westley CR, Cotton EK, Brooks JG, Nebulized racernic epinephrine by IPPB for the treatment of croup: a double-blind study. Am J Dis Child. 1978;132(5):485.

and decreased return to medical care.21 Corticosteroids are thought to work by decreasing laryngeal mucosal edema through their antiinflammatory effects. A Cochrane review showed improved symptom scores at six and 12 hours after treatment with a corticosteroid (dexamethasone, budesonide [Rhinocort], or methylprednisolone).22 Patients treated with corticosteroids have a lower rate of return visits, as well as decreased length of stay in the emergency department or hospital. There is no statistically significant difference between corticosteroids and epinephrine, although patients treated with corticosteroids require less epinephrine.22 Another review showed that corticosteroids are safe to use in children with acute respiratory conditions.23

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Algorithm for the management of croup.

Adapted with permission from Zoorob R, Sidani M, Murray J. Croup: an overview. Am Farm Physician. 2011;83(9):1071, with additional information from references 6, and 21 through 26.

Dexamethasone is the preferred corticosteroid because it is given as a single dose and can be given orally, intramuscularly, or intravenously. Although the optimal dose is unclear, 0.6 mg per kg is the most commonly used. 13.24 Dexamethasone is superior to budesonide for improving symptoms scores, but there is no significant difference in return visits or readmissions. Compared with prednisolone, dexamethasone use in the emergency department or hospital may decrease rates of return visits or readmissions. 22 However, a community-based randomized trial found no difference between single-dose

dexamethasone and three daily doses of prednisolone for treatment of mild to moderate croup.²⁴

EPINEPHRINE

Epinephrine is thought to improve symptoms in patients with croup through arteriole vasoconstriction in the upper airway mucosa, which eventually leads to decreased edema. Epinephrine is typically used in conjunction with corticosteroids because it has a guick onset of action but a short half-life, whereas corticosteroids have a slower onset of action but a longer half-life. Epinephrine decreases symptom scores in children with moderate or severe croup and should be given at the recommended dose of 0.05 mL per kg of racemic epinephrine 2.25% (maximum dose = 0.5 mL) or 0.5 mL per kg of L-epinephrine 1:1,000 via nebulizer (maximum dose = 5 mL).25,26

A Cochrane review showed that nebulized epinephrine reduces symptom scores at 30 minutes, but not at two and six hours; however, it is associated with reduced length of hospitalization.²⁵ There was no initial difference between nebulized racemic epinephrine and L-epinephrine, although L-epinephrine was more effective at two hours because of its longer effects. The effects of epinephrine wane after one to two hours, so patients should be monitored for at least two hours after administration before they are discharged.^{6,25} Although adverse effects of

nebulized epinephrine are rare, patients receiving frequent treatments should be monitored for adverse cardiac effects.

This article updates previous articles on this topic by Zoorob, et al., ¹⁴ and by Knutson and Aring. ¹⁷

Data Sources: A PubMed search was completed using the key terms croup and pediatric respiratory infection. The search included meta-analyses, randomized controlled trials, clinical trials, and reviews. We also searched the Cochrane database, Essential Evidence Plus, and the National Guideline Clearinghouse. In addition, references in these resources were searched. Search dates: November 7, 2016; July 19, 2017; and December 27, 2017.

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KENALOG®-40 INJECTION

(triamcinolone acetonide injectable suspension, USP)

NOT FOR USE IN NEONATES CONTAINS BENZYL ALCOHOL

For Intramuscular or Intra-articular Use Only

NOT FOR INTRAVENOUS, INTRADERMAL, INTRAOCULAR, EPIDURAL, OR INTRATHECAL USE

DESCRIPTION

1

Kenalog®-40 Injection (triamcinolone acetonide injectable suspension, USP) is a synthetic glucocorticoid corticosteroid with anti-inflammatory action. THIS FORMULATION IS SUITABLE FOR INTRAMUSCULAR AND INTRA-ARTICULAR USE ONLY. THIS FORMULATION IS NOT FOR INTRADERMAL INJECTION.

Each mL of the sterile aqueous suspension provides 40 mg triamcinolone acetonide, with 0.66% sodium chloride for isotonicity, 0.99% (w/v) benzyl alcohol as a preservative, 0.63% carboxymethylcellulose sodium, and 0.04% polysorbate 80. Sodium hydroxide or hydrochloric acid may be present to adjust pH to 5.0 to 7.5. At the time of manufacture, the air in the container is replaced by nitrogen.

The chemical name for triamcinolone acetonide is 9-Fluoro-11β,16α,17,21-tetrahydroxypregna-1,4-diene-3,20-dione cyclic 16,17-acetal with acetone. Its structural formula is:

MW 434.50

Triamcinolone acetonide occurs as a white to cream-colored, crystalline powder having not more than a slight odor and is practically insoluble in water and very soluble in alcohol.

CLINICAL PHARMACOLOGY

Glucocorticoids, naturally occurring and synthetic, are adrenocortical steroids that are readily absorbed from the gastrointestinal tract.

Naturally occurring glucocorticoids (hydrocortisone and cortisone), which also have saltretaining properties, are used as replacement therapy in adrenocortical deficiency states. Synthetic analogs such as triamcinolone are primarily used for their anti-inflammatory effects in disorders of many organ systems.

Kenalog-40 Injection has an extended duration of effect which may be sustained over a period of several weeks. Studies indicate that following a single intramuscular dose of 60 mg to 100 mg of triamcinolone acetonide, adrenal suppression occurs within 24 to 48 hours and then gradually returns to normal, usually in 30 to 40 days. This finding correlates closely with the extended duration of therapeutic action achieved with the drug.

INDÍCATIONS AND USAGE

Intramuscular

Where oral therapy is not feasible, injectable corticosteroid therapy, including Kenalog-40 Injection (triamcinolone acetonide injectable suspension, USP) is indicated for intramuscular use as follows:

Allergic states: Control of severe or incapacitating allergic conditions intractable to adequate trials of conventional treatment in asthma, atopic dermatitis, contact dermatitis, drug hypersensitivity reactions, perennial or seasonal allergic rhinitis, serum sickness, transfusion reactions.

Dermatologic diseases: Bullous dermatitis herpetiformis, exfoliative erythroderma, mycosis fungoides, pemphigus, severe erythema multiforme (Stevens-Johnson syndrome).

Endocrine disorders: Primary or secondary adrenocortical insufficiency (hydrocortisone or cortisone is the drug of choice; synthetic analogs may be used in conjunction with mineralocorticoids where applicable; in infancy, mineralocorticoid supplementation is of particular importance), congenital adrenal hyperplasia, hypercalcemia associated with cancer, nonsuppurative thyroiditis.

Gastrointestinal diseases: To tide the patient over a critical period of the disease in regional enteritis and ulcerative colitis.

Hematologic disorders: Acquired (autoimmune) hemolytic anemia, Diamond-Blackfan anemia, pure red cell aplasia, selected cases of secondary thrombocytopenia.

Miscellaneous: Trichinosis with neurologic or myocardial involvement, tuberculous meningitis with subarachnoid block or impending block when used with appropriate antituberculous chemotherapy.

Neoplastic diseases: For the palliative management of leukemias and lymphomas.

Nervous system: Acute exacerbations of multiple sclerosis; cerebral edema associated with primary or metastatic brain tumor or craniotomy.

Ophthalmic diseases: Sympathetic ophthalmia, temporal arteritis, uveitis, and ocular inflammatory conditions unresponsive to topical corticosteroids.

Renal diseases: To induce divresis or remission of proteinuria in idiopathic nephrotic syndrome or that due to lupus erythematosus.

Respiratory diseases: Berylliosis, fulminating or disseminated pulmonary tuberculosis when used concurrently with appropriate antituberculous chemotherapy, idiopathic eosinophilic pneumonias, symptomatic sarcoidosis.

Rheumatic disorders: As adjunctive therapy for short-term administration (to tide the patient over an acute episode or exacerbation) in acute gouty arthritis; acute rheumatic carditis; ankylosing spondylitis; psoriatic arthritis; rheumatoid arthritis, including juvenile rheumatoid arthritis (selected cases may require low-dose maintenance therapy). For the treatment of dermatomyositis, polymyositis, and systemic lupus erythematosus.

Intra-Articular

The intra-articular or soft tissue administration of Kenalog-40 Injection is indicated as adjunctive therapy for short-term administration (to tide the patient over an acute episode or exacerbation) in acute gouty arthritis, acute and subacute bursitis, acute nonspecific tenosynovitis, epicondylitis, rheumatoid arthritis, synovitis of osteoarthritis.

CONTRAINDICATIONS

Kenalog-40 Injection is contraindicated in patients who are hypersensitive to any components of this product (see WARNINGS: General).

Intramuscular corticosteroid preparations are contraindicated for idiopathic thrombocytopenic purpura.

WARNINGS

Serious Neurologic Adverse Reactions with Epidural Administration

Serious neurologic events, some resulting in death, have been reported with epidural injection of corticosteroids (see WARNINGS: Neurologic). Specific events reported include, but are not limited to, spinal cord infarction, paraplegia, quadriplegia, cortical blindness, and stroke. These serious neurologic events have been reported with and without use of fluoroscopy. The safety and effectiveness of epidural administration of corticosteroids have not been established, and corticosteroids are not approved for this use.

General

Exposure to excessive amounts of benzyl alcohol has been associated with toxicity (hypotension, metabolic acidosis), particularly in neonates, and an increased incidence of kernicterus, particularly in small preterm infants. There have been rare reports of deaths, primarily in preterm infants, associated with exposure to excessive amounts of benzyl alcohol. The amount of benzyl alcohol from medications is usually considered negligible compared to that received in flush solutions containing benzyl alcohol. Administration of high dosages of medications containing this preservative must take into account the total amount of benzyl alcohol administered. The amount of benzyl alcohol at which toxicity may occur is not known. If the patient requires more than the recommended dosages or

other medications containing this preservative, the practitioner must consider the daily metabolic load of benzyl alcohol from these combined sources (see **PRECAUTIONS: Pediatric Use**).

Rare instances of anaphylaxis have occurred in patients receiving corticosteroid therapy (see ADVERSE REACTIONS). Cases of serious anaphylaxis, including death, have been reported in individuals receiving triamcinolone acetonide injection, regardless of the route of administration.

Because Kenalog-40 Injection (triamcinolone acetonide injectable suspension, USP) is a suspension, it should **not** be administered intravenously.

Unless a deep intramuscular injection is given, local atrophy is likely to occur. (For recommendations on injection techniques, see **DOSAGE AND ADMINISTRATION**.) Due to the significantly higher incidence of local atrophy when the material is injected into the deltoid area, this injection site should be avoided in favor of the gluteal area.

Increased dosage of rapidly acting corticosteroids is indicated in patients on corticosteroid therapy subjected to any unusual stress before, during, and after the stressful situation. Kenalog-40 Injection is a long-acting preparation, and is not suitable for use in acute stress situations. To avoid drug-induced adrenal insufficiency, supportive dosage may be required in times of stress (such as trauma, surgery, or severe illness) both during treatment with Kenalog-40 Injection and for a year afterwards.

Results from one multicenter, randomized, placebo-controlled study with methylprednisolone hemisuccinate, an intravenous corticosteroid, showed an increase in early (at 2 weeks) and late (at 6 months) mortality in patients with cranial trauma who were determined not to have other clear indications for corticosteroid treatment. High doses of systemic corticosteroids, including Kenalog-40 Injection, should not be used for the treatment of traumatic brain injury.

Cardio-Renal

Average and large doses of corticosteroids can cause elevation of blood pressure, salt and water retention, and increased excretion of potassium. These effects are less likely to occur with the synthetic derivatives except when they are used in large doses. Dietary salt restriction and potassium supplementation may be necessary (see **PRECAUTIONS**). All corticosteroids increase calcium excretion.

Literature reports suggest an apparent association between use of corticosteroids and left ventricular free wall rupture after a recent myocardial infarction; therefore, therapy with corticosteroids should be used with great caution in these patients.

Endocrine

Corticosteroids can produce reversible hypothalamic-pituitary-adrenal (HPA) axis suppression with the potential for glucocorticosteroid insufficiency after withdrawal of treatment.

Metabolic clearance of corticosteroids is decreased in hypothyroid patients and increased in hyperthyroid patients. Changes in thyroid status of the patient may necessitate adjustment in dosage.

Infections

General

Patients who are on corticosteroids are more susceptible to infections than are healthy individuals. There may be decreased resistance and inability to localize infection when corticosteroids are used. Infection with any pathogen (viral, bacterial, fungal, protozoan, or helminthic) in any location of the body may be associated with the use of corticosteroids alone or in combination with other immunosuppressive agents. These infections may be mild to severe. With increasing doses of corticosteroids, the rate of occurrence of infectious complications increases. Corticosteroids may also mask some signs of current infection.

Fungal Infections

Corticosteroids may exacerbate systemic fungal infections and therefore should not be used in the presence of such infections unless they are needed to control drug reactions. There have been cases reported in which concomitant use of amphotericin B and hydrocortisone was followed by cardiac enlargement and congestive heart failure (see PRECAUTIONS: Drug Interactions: Amphotericin B injection and potassium-depleting agents).

KENALOG[®]-40 INJECTION (triamcinoloneacetonide injectable suspension, USP)

NOTFOR USE IN NEONATES CONTAINS BENZYL ALCOHOL

For intramuscular or Intra-articular Use Only

NOT FOR INTRAVENOUS, INTRADERMAL, INTRAOCULAR, EPIDURAL, OR INTRATHECAL USE

DESCRIPTION

Kenalog[®]-40 Injection (trianucinolous acetonide injectable suspension. USP) is a synthetic glucocraticoid cordicosteroid with arti-inflammatory action. THIS FORMULATION IS SUITABLE FOR INTRAMUSCULAR AND INTRA-ARTICULAR USE ONLY. THIS FORMULATION IS NOT FOR INTRADERMAL DIFFECTION

Each rul. of the sterile aqueous suspension provides 40 mg triauminolone acetonide, with 0.66% sodium chloride for isotomicity, 0.99% (m/n) berayl aborbal as a preservative, 0.63% carboxymuthylechiliose sodium, and 0.04% polysorbate 80. Sodium hydroxide or hydroctionic soid may be present to adjust pH to 5.0 to 7.5. At the time of manufacture, the air in the container is replaced by nitrogen.

The chemical name for trianscinolone acctonide is 9-Fluoro-11β,16α,17.21tetralydroxygregra-1,4-disro-3,26-dione cyclic 16,17-acctal with acctone. Rs structural formula for

Endocrine disorders: Primary or secondary advencentical insufficiency (hydroconisons or cortisons is the drug of choice; synthetic analogs may be used in conjunction with mineraloconicoids whom applicable; in infancy, mineraloconicoid supplementation is of particular importance), congenital advent hyperplasia, hypercalcentia associated with causer, mesupportative diproduties.

Gastroiniestinal diseases: To tide the patient over a critical period of the disease in regional enteritis and ulcorative colitis.

Hematologie ditorders: Acquired (autoimmus) hemolytic anemia, Diamend-Blackfan asemia, pure red celi aglasia, selected cases of secondary thrombocytopenia.

Miscellaneous: Trichinosis with neurologic or myocardial involvement, tuberculous neuringibs with subtractured thock or impending block when used with appropriate authoreculous channellemov.

 $Neoplastic\ diseases:$ For the pallative management of lenkemins and lynghomes.

Nervous system: Acute exacerbations of multiple sciences; cerebral edema associated with primary or metastatic brain famor or craviotomy.

Ophthabate diseases: Sympathetic ophthabain, temporal arteritis, uveits, and ocular inflammatory conditions unresponsive to topical confecesteroids.

Renal diseases: To inches diseases or remission of proteinaria in kilopallic nephrotic syndrome or that due to inpus crytlemetosus.

Respiratory diseases: Betyliosis, Ruminating or disseminated primonary tuberculous when used concurrently with appropriate artituberculous chemotherapy, kilopathic ecomophilic pneumorias, symptomatic succeidosis.

Rheumanic disorders: As adjunctive therapy for short-term administration (to tide the patient over an acute opisode or exacerbation) in acute goaty arthritis; acute theumanic cardia's: analysising spoudybits; psoriatic arthritis; inhumntoid arthritis (sehociae) may require low-dose maintenance therapy). For the trentment of dennatomyosite, polymyosite, and systemic lapus crydomatome.

Triancinolous acetoride occurs as a white to cream-colored, crystalline powder having not more than a slight odor and is practically insoluble in water and very soluble in alcohol.

CLINICAL PHARMACOLOGY

Obscoroticoids, naturally occurring and synthetic, are advenocortical steroids that are readily absorbed from the gastrointestinal tract.

Naturally occurring glucocorticoids (hydrocortisons and cortisons), volicit also laws subretaking properties, are used as replacement thempy in advanceortical deficiency states. Synthetic suckeys such as trianguisdone are primately used for their anti-influmentary effects in disorders of many organ systems.

Kenalog-40 lijection has an extended duration of effect which may be sustained over a patiod of several weeks. Studies indicate that following a single intransacular does of ong to 100 mg of trimunicione actoristic, adminal suppression occurs within 24 to 48 hours and then gradually returns to normal, usually in 30 to 40 days. This faiding convolues closely with the extended duration of thempeutic action achieved with the drue.

INDICATIONS AND USAGE

Intramuscular

Where oral therapy is not feasible, injectable conticosteroid therapy, including Kenalog-40 Injection (triancinclone acctoraide injectable suspension, USP) is inficuted for intramuscular use as follows:

Allergic states: Control of severe or incapacitating allergic conditions intractable to adequate trials of conventional treatment in sellma, stopic demantis, contact demantis, drug hypersonality reactions, percental or sensonal allergic thinkis, serum sickness, transfusion reactions.

Dermatologie diseases: Bolious dermailis herpetiformis, exfolielve esysterateams, mycrosis flurgoides, pempligus, severe esystema nosidiorma (Stevens-Johnson syndrome).

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Intra-Articular

The intra-articular or soft dissue administration of Kenalog-40 Injection is indicated as adjustive therapy for abort-term administration (to tide the patient over an acute epitode or exactribiton) in acute porty nathriks, acute and subsects burstis, acute nonspecific tenosynowitis, epiconolylis, desurated authriks, synowiths of ortecentiniks.

CONTRAINDICATIONS

Kensilog-40 hjection is contraindicated in patients who are hypersensitive to any components of this product (see WARNINGS: General).

Intranuscular corticosteroid preparations are contraindicated for idiopellic dirombocytopenic prepara.

WARNINGS

Serious Neurologic Adverse Reactions with Epidural Administration

Serious neurologic events, some resulting in death, have been reported with epideral injection of contlocteroids (see WARNINGS: Neurologic). Specific events reported include, but we not limited to, spital cord infraction, puraplegic, quadriphegic, cortical blindness, and stroke. These serious neurologic events have been reported with and without use of fluoroscopy. The safety and effectiveness of epidural administration of conticoteroids have not been established, and corticosteroids are not approved for this use.

General

Exposure to excessive amounts of bernzyl alcohol Jas been sescriated with toxicity (hypotension, metabolic acidosis), participatry in normates, and un increased incidence of benixtense, participatry in small pretarm infeats. There have been rare reports of deaths, primarily in preterm infeats, associated with exposure to excessive amounts of bernzyl alcohol. The amount of bernzyl alcohol from medications is usually considered negligible compared to that received in these bottlens containing bernzyl alcohol. Administration of high dosages of medications containing this preservative must take hos account the total amount of bernzyl alcohol and which toxicity may occur is not known. If the patient requires more that the recurrenced dosages or

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other medications containing this preservative, the practitioner must consider the daily metabolic load of benzyl alcohol from these combined sources (see PRECAUTIONS: Pediatric Use).

Rure instances of anaphylaxis have occurred in patients receiving conticostaroid therapy (see ADVERSR REACTIONS). Cases of serious anaphylaxis, including death, have been reported in individuals receiving triancholme acatomide injection, regardless of the rosts of administration.

Because Kenalog-40 Injection (triancinolone acetoride injectable suspension, USP) is a suspension, it should not be administered intravenously.

Unless a deep intramuscular injection is given, local atrophy is Early to occur. (For recommendations on injection techniques, see DOSAGE AND ADMINISTRATION.)
Due to the significantly higher incidence of local atrophy when the material is injected into the deladid srea, this injection site should be avoided in lawor of the glatent area.

Increased dosage of rapidly acting cotticosteroids is indicated in patients on corticosteroid therapy subjected to any unusual acress before, during, and effect this strength arounds. Kenalog-40 Injection is a long-acting preparation, and is not suitable for use in acute stress situations. To avoid drug-induced adrenal insufficiency, supportive dosage may be required in times of stress (such as trauma, surgery, or severe illness) both during treatment with Kenalog-40 Injection and for a year afferwards.

Results from one multicenter, randomized, placebo-controlled study with methylpredrisolone hembruccinate, an intravenous corticosteroid, showed an increase in early (at 2 weeks) and late (at 6 morths) mortality in patients with cranial trauma who were determined not to have other clear indications for corticosteroid treatment. High doses of systemic corticosteroids, including Kenalog-40 Injection, should not be used for the treatment of traumatic brain injury.

Cardlo-Renal

Average and large doses of continuous robes can cause elevation of blood pressure, salt and water nebrtion, and increased excretion of potassium. These effects are less libraly to occur with the synthetic derivatives except when they are used in large doses. Dictary salt restriction and potassium supplementation may be necessary (see PRECAUTIONS). All continuous robes in the salt of the property of the property

Special Pathogens

Latert disease may be activated or there may be an executation of intercurrent infections due to pallogens, including those caused by Amoeba, Candida, Cryptococcus, Mycobacterium, Nocardia, Pneumocystis, or Toxoplasma.

It is recommended that latent amebiasis or active amebiasis be ruled out before initiating continenteroid therapy in any patient who has spent time in the tropics or in any patient with unexplained diarries.

Similarly, controlleroids should be used with great care in patients with known or suspected Strongyloides (threadworm) infestation. In such patients, controlleroidinduced immunosuppression may lead to Strongyloides hyperinfection and dissemination with widespread larval migration, often accompanied by severe enterocolds and potentially flat gram-negative septicomia.

Corticosteroids should not be used in cerebral malaria.

Tuberculosis

The use of corticosteroids in patients with active tuberculosis should be restricted to those cases of fulminating or disseminated tuberculosis in which the corticosteroid is used for the management of the disease in conjunction with an appropriate anti-tuberculosis regimen. If corticosteroids are indicated in patients with latent tuberculosis or tuberculosis reactivity, close observation is necessary as reactivation of the disease may occur. During prolonged corticosteroid therapy, these patients should neceive chemoprophylaxis.

Vaccination

Administration of live or live, attenuated vaccines is contraindicated in patients receiving immunosuppressive doses of corticosteroids, Killed or Inactivated vaccines may be administered. However, the response to such vaccines cannot be predicted. Immunization procedures may be undertaken in patients who are receiving corticosteroids as replacement therapy, e.g., for Addison's disease.

Viral Infections

Chicken pox and measies can have a more serious or even fatal course in petiatric and adult patients on conticosteroids. In pediatric and adult patients who have not had these diseases, particular care should be taken to avoid exposure. The contribution of the

Literature reports suggest an apparent association between use of continuateraids and left vertricular free wall rupture after a meent myocardial infarction; therefore, therepy with continuateraids should be used with great caution in these patients.

Endocrine

Conticosteroids can produce reversible hypothalamic-pinhary-adrenal (HPA) axis suppression with the potential for glucoconticosteroid insufficiency after withdrawal of treatment

Metabolic clearance of corticosteroids is decreased in hypothyroid patients and increased in hyperthyroid patients. Changes in thyroid status of the patient may necessitate adjustment in dossee.

Infections

General

Pationis who are on confectaroids are more susceptible to infections than are healthy individuals. There may be decreased resistance and instity to localize infection when confectaroids are used. Infection with any pathogen (viral, bacterial, fangal, protozoan, or behinshite) in any location of the body may be associated with the use of confectaroids alone or in combination with other immunosuppressive agents. These inflections may be mail to severe. With increasing doses of confectaroids, the rate of occurrence of infections complications increasis. Confectaroids may also mask some signs of current infection.

Fungal Infections

Contrestertide may exacerbate systemic fungal infections and therefore should not be used in the presence of such infections unless they are needed to control drug reactions. There have been cases reported in which concordent use of amphotoricinB and hydrocortisone was followed by cardiac enlargement and congestive heart failure (see PRECAUTIONS: Drug Interactions: Amphotericin B injection and potassium-depleting agents).

underlying disease and/or prior confoceteroid treatment to the risk is also not known. If expined to chicken pox prophylaxis with varieths noter immune globulin (VZIO) may be inficiated. If appead to meastes, prophylaxis with immuneglobulin (IQ) may be indicated. (See the respective package inserts for complete VZIO and IQ prescribing information.) If chicken pox develops, treatment with untiviral agents should be considered.

Neurologic

Epitural and intrutheeal administration of this product is not recommended. Reports of serious medical events, including death, have been associated with epitural and intrutheeal routes of corticosteroid administration (see ADVERSE REACTIONS: Gastrointestinal and Neurologic/Psychiatric).

Ophthalmic

Use of corticosteroids may produce posterior subcuperular cataracts, glaucoma with possible damage to the optic merces, and may enhance the establishment of secondary ocular infections due to bacteria, fungi, or viruses. The use of oral corticosteroids is not recommended in the treatment of optic results and may lead to an increase in the risk of new episodes. Corticosteroids should not be used in active ocular heypes simplex.

Adequate studies to demonstrate the safety of Kenzlog-40 Injection use by intraturbinal subconjunctival, sub-Tenore, retrobullar, and intracular (intravbreal) injections have not been performed. Endophilambia, so inflammation, hereage intravolution and visual disturbances including vision loss have been reported with intravireal administration. Administration of Kenzlog-40 Injection intraocularly or into the razeal turbinates in the recommended.

Intraocular injection of conticostaroid formulations containing benzyl alcohol, such as Kenalog-40 Injection, is not recommended because of potential toxicity from the benzyl alcohol.

PRECAUTIONS

General

This product, like many other steroid formulations, is sensitive to heat. Therefore, it should not be autoclaved when it is desirable to sterilize the exterior of the vial.

The lowest possible dose of corticosteroid should be used to control the condition under treatment. When reduction in dosage is possible, the reduction should be gradual.

Since complications of treatment with glucocorticoids are dependent on the nize of the dose and the duration of treatment, a nikebenefit decision must be made in each individual case as to dose and duration of treatment and as to whether daily or intermittent therapy should be used.

Kaposi's sarroma has been reported to occur in patients receiving conticustaroid therapy, most often for climatic conditions. Discontinuation of continuatories may result in chircal immovement.

Cardio-Rena

My.

As sodium reletion will resultant edema and potassium loss may occur in patients receiving conticosteroids, these agains should be used with contion in patients with congestive boart feature, loyertersion, or renal irenfiliciency.

Endocrine

Drug-induced secondary advenocortical insufficiency may be minimized by gradual reduction of design. This type of relative insufficiency may persist for morths after descontinuation of thempy, therefore, in any situation of stress occurring during that period, hormone thempy abould be reinstituted. Since mineralocateled secretion may be impaired, est and/or a mineralocateloid secretion may be impaired, est and/or a mineralocateloid.

Gastrointestinal

Steroids should be used with camion in active or latest peptic uters, diverticulties, firesh hatestimal ausstomoses, and nonspecific uterrative collies, since they may increase the risk of a perforation.

Signs of performent imitation following gastrointestand perforation in patients receiving conticosteroids may be minimal or absent.

There is an enlanced effect of controsteroids in patients with circles is.

Intra-Articular and Soft Tissue Administration

Intra-articularly injected conficosteroids may be systemically absorbed.

ordar and respiratory muscles, and may result in quadriparesis. Elevation of creatibine kinase may occur. Chrical improvement or recovery after stopping confoosteroids may require weeks to years.

Psychiatric derangements may appear when conticosteroids are used, ranging from emploids, insomits, mood swings, personality changes, and severe depression to frank psychotic monifestations. Also, existing emotional instability or psychotic tendencies may be againvalued by conficosteroids.

Ophthalmic

Intraccular presente may become elevated in some individuals. If steroid therapy is continued for more than 6 weeks, istraccular presente should be morelored.

InformationforPatients

Patients should be warned not to discontinue the use of conficusteroids abruptly or without medical supervision, to advise any medical attendants that they are taking continuenceids, and to seek medical advice at once should they develop fever or other signs of infection.

Persons who are on corticosteroids should be warned to avoid exposure to chicken pox or measles. Patisys should also be advised that if they are exposed, medical advice should be sought without delay.

Drug Interactions

Aninoglutethinide: Antinoglutethinide may lead to a loss of corticosteroid-induced adrenal suppression.

Amphotericin B injection and potassium-depleting agents: When conticestered as a salmistatered concentiantly with potassium-depleting agents (i.e., amphotericin B, districts), petients should be observed closely for development of hypokalenda. There have been cases reported in which concentiant use of amphotericin B and hydrocortisons was followed by cardiac enlargement and caugestive heart failure.

Antibiolics: Macroide authories have been reported to cause a significant decrease in controsteroid charance.

Appropriate examination of any joint fluid present is necessary to exclude a septic process.

A marked increase in pain accompanied by local awelling, further restriction of joint motion, fever, and metalise are suggestive of septic entiritis. If this complication occurs and the diagnosis of septis is confirmed, appropriate authinforobial therapy should be instituted.

lujection of a staroid into an infected site is to be avoided. Local injection of a steroid into a mevicusiv infected joint is not usually recommunded.

Corticosteroid injection into unstable joints is generally not recommended.

Intra-articular injection may result in damage to joint thesues (see ADVERSE REACTIONS: Museuloskeletal).

Musculoskeletal

Confecterates decrease bone formation and increase bone recorption both through their effect on calcium regislation (i.e., decreasing absorption and increasing exerction) and infibilion of osteoblast function. This together with a decrease in the protein naturix of the bone secondary to an increase in protein calabelism, and reduced sex homone production, may lead to inhibition of bone growth in pediatric patients and the development of outcoprocess at any segs. Special consideration should be given to potients at historical second of outcoprocess of outcomes of outcomes of the protein patients.

Neuro-Psychiatric

Although controlled clinical trials have shown corticosteroids to be effective in speeding the resolution of acute exacerbations of multiple sclerois, they do not show that they affect the uthinste outcome or natural between of the disease. The studies do show that relatively high doses of corticosteroids are necessary to demonstrate a significant effect. (See DORAGE AND ADMINISTRATION.)

An acute myopathy less been observed with the use of high doses of conficestaroids, most often occurring in patients with disorders of assurantsoular transmission (e.g., mystiland gravis), or in patients receiving concordant therapy with neuronsecular blocking drugs (e.g., parentonium). This acute myopathy is generalized, may involve

t

Anticholineterrases: Concomitant use of authoribusterase agents and conicostentis may produce severe weakness in points with myesthemis gravis. If possible, authoribusterase agents should be withdrawn at least 24 hours before initiating conicosteroid herapy.

Anticongulants, orni: Condministration of conticostereids and warfarin usually results in initiation of response to warfarin, although them have been some conflicting reports. Therefore, congulation indices should be monitored frequently to maintain the desired articognitust effect.

Antidiabetics: Because conficusteroids may increase blood glacose concentrations, doesne adjustments of subdislabelic agents may be required.

Antihubercular drugs: Serum concentrations of isoniazid may be decreased.

Cholestyramine: Cholestyramine may increase the charance of corticosteroids

Cyclosporine: Increased activity of both cyclosporine and corticosteroids may occur when the two are used concurrently. Convisions have been reported with this concurrent use.

CYP3.44 Inhibitors: Triuncinolone acctoride is a robstrate of CYP3.44. Ketoconszode has been reported to decrease the metabolism of certain continuations by use for beddier, to an increased risk of continuaterold side affects. Co-administration of other strong, CYP3.44 inhibitors (e.g., rhowste, stazonetic, chellromych, pidanya, inconszole, nefazodone, nelfinatio, saquinavic, telliromych, cobisitat-cortaining products) with Kennalge 40 Injection may cause increased plasma conventration transcriptions leading to otherne reactions. (See ADVERER REACTIONS.) During postmarketing use, there have been reports of chileally significant drug interactions in pulsats receiving transcriptions acctoride and strong CYP3.44 highlors (e.g., thoravic). (See WARNINGS. Radocrine.) Consider the baneficials of contembart use and mondro for systems collected ide effects.

Digitalis glycosides: Patients on digitalis glycosides may be at increased risk of arthythmias due to hypolodemia.

Estrogens, including oral contraceptives: Estrogens may decrease the hepatic metabolism of cortain conticosteroids, thereby increasing, their effect,

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Hepatic enzyme inducers (e.g., barbiturates, pienytoin, carbonazepine, rifampin): Drugs which induce hepatic microsonal drug metabolizing onzyme activity may enhance the metabolizm of corticosteroids and require that the dosage of the corticosteroid be increased.

Nonsteroidal anti-inflammatory drugs (NSAIDa): Concombant use of aspirin (or other nonsteroidal anti-inflammatory drugs) and corticosteroids increases the tisk of gastromiestinal side effects. Aspirin should be used cautiously in conjunction with continectorids in hypoprothrombinemia. The clearance of salicylates may be increased with concurrent use of conficosteroids.

Skin tests: Corticosteroids may suppress reactions to akin tests.

Vaccines: Patients on prolonged conticuteroid thorapy may exhibit a diminished response to toxolds and live or inactivated vaccines due to inhibition of artibody response. Confucotiendis may also potentiate the replication of some organisms contained in live attenuated vaccines. Routine administration of vaccines or toxolds should be deferred until conticosteroid therapy is discontinued if possible (see WARNINGS; Infections: Vaccination).

Carcinogenesis, Mutagenesis, Impairment of Fertility

No adequate studies have been conducted in animals to determine whether corticosteroids have a potential for carcinogenesis or matagenesis.

Steroids may increase or decrease motility and number of spermatozon in some patients.

Pregnancy

Teratogenic Effects

Corticostercids have been shown to be tentogenic in many species when given in doser equivalent to the human dose. Animal studies in which conticosteroids have been given to pregnant mice, rats, and nobits have yielded an increased incidence of cleft pulse in the offipring. There are no adequate and well-controlled studies in pregnant women. Corticosteroids should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. Infants born to mothers who have received conticosteroids during pregnancy should be carefully observed for signs of foppondernalism.

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thromboemboism, peptic ulcers, calaracts, and catecoperosis. Pediatric patients who are treated with corticosteroids by any route, including systemically administered corticosteroids, may experience a decrease in their growth velocity. This regular impact of corticosteroids on growth has been observed at low systemic does and in the absence of laboratory evidence of HPA axis suppression (i.e., cosystropia stimulation and based corticol plasma keeds). Growth velocity may therefore be a more sensitive indicator of systemic corticosteroid exposure in pediatric patients than some commonly used tests of HPA axis function. The linear growth of pediatric patients treated with certicosteroids should be moritored, and the potential growth effects of prolonged treatment should be weighted against clinical benefits obtained and the availability of treatment alternatives. In order to minimize the potential growth effects of corticosteroids, pediatric patients should be intensited to the lowest affective done.

Geriafric Use

No overall differences in safety or effectiveness were observed between elderly subjects and younger subjects, and other reported clinical experience has not identified differences in responses between the atleity and younger patients, but greater sensitivity of some older individuals cannot be ruled out.

ADVERSEREACTIONS

(listed alphabelically under each subsection)

The following adverse reactions may be associated with corticosteroid therapy:

Allergic reactions: Anaphylaxis including death, angloedema.

Cardiovascular: Bradycarda, cardiac arrest, cardiac arrhythmias, cardiac enlargement, circulatory collegue, congestive heart fahrre, fut embolism, hypertension, hypertension, cardiomyopathy in prematum infants, myocardial rupture following recent myocardial infarction (see WARNINGS), pulmonary edema, syncope, lachycardia, thromboembolism, thrombophiebilis, vasculitis.

Dermatologic: Acne, allengic dermathis, cutaneous and subcutaneous atrophy, dry scaly skin, ecclymoses and petechiae, edema, erythema, hyperpigmentation, hypopigmentation, impaired wound healing, increased swesting, hypus erythematosus-like letions, purpura, rash, stenile absects, atriae, suppressed reactions to skin tests, thin frigile skin, thrining scalp hair, utilicaria.

Nursing Mothers

Systemically administered corticosteroids appear in human milk and could suppress growth, interfere with endogenous corticosteroid production, or cause other untoward effects. Caution should be exercised when controsteroids are administered to a nursing woman.

Pediatric Use

This product cortains bernyl alcohol as a preservative. Bernyl alcohol, a component of this product, has been associated with serious odverne events end death, particularly in pediatric patients. The "gasping syndrome" (characterized by central nervous system depression, metabolic exidonis, gasping, respirations, and high levels of bernyl alcohol and its metabolites found in the blood and union) has been associated with ternyl alcohol deasgen >99 mg/kg/dy) in neuralite and law-birth-weight necessies. Additional symptoms may include gradual neurological deterioration, selzowes, intracravial hemorrhage, hemstologic adnormabiles, akin breakdown, hepatic and reral failure, hypotension, brudycerdia, and cardiovascular colapse. Although normal therapeutic doess of this product deliver smounts of bernyl alcohol that are substantially lower than those reported in association with the "gasping syndrome," the minimum amount of bernyl alcohol at which totacky may occur is not known. Premature and low-birth-weight infimia, as well as patients receiving light deasges, may be more likely to develop tockely. Practitionars administering this and other mediations containing bernyl aborbol should consider the combined delily metabolic lead of bernyl alcohol from all sources.

The efficacy and safety of corticosteroids in the pediatric population are based on the well-established course of effect of controoteroids which is similar in pediatric and adult populations. Published studies provide evidence of efficacy and safety in pediatric patients for the treatment of nephrotic syndrome [22] years of age), and aggressive lymphomas and leukemias [>1 month of age). Other indications for pediatric use of conticosteroids, e.g., severe astirms and whereing, are based on adequate and west-controlled trials conducted in adults, on the premises that the course of the diseases and their pathophysiology are considered to be substantially similar in both populations.

The adverse effects of conicosteroids in pediatric patients are similar to those in adults (see ADVERSE REACTIONS). Like adults, pediatric patients should be carefully observed with frequent measurements of blood pressure, weight, height, intraocular pressure, and clirical evaluation for the presence of infection, psychosocial disturturous,

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Endocrine: Decreased carbolydrate and glacose tolerance, development of enshinged state, glycouria, hisratism, hypertrichosis, increased requirements for insulin or oral hypoglycenic agents in diabetes, manifestations of latent diabetes melitus, menutural irregularities, postmenoganeal, vaginal hemorthage, secondary adrenocortical and pitulary unresponsiveness (particularly in times of stress, as in traums, surgery, or illustry suppression of growth in pediatric patients.

Fluid and electrolyte disturbances: Congestive heart failure in susceptible patients, fluid retention, hypokalemic alkalosis, potassium loss, sodium retention.

Gastrointestinoi: Abdominal distension, bowel/bladder dysfunction (after intrathecal administration (see WARNINGS: Neurologici), elevation in semm liver enzyme levels (usually reversible upon discontinuation), hepatomegaly, increased appette, nausea, parcreatitis, peptic ulcer with possible portoration and hemorrhage, perforation of the small and large intestine (particularly in patients with inflammatory bowel disease), ulcerative exophagitis.

Metabolic: Negative mirogen balance due to protein catabolism.

Musculoskelatal: Asoptic mecrosis of formeral and furneral heads, calcinosis (following intra-stricture or intrabalemal tase), Charcot-like arthropathy, less of muscle mass, muscle weakness, osteoporousis, pathologic fracture of long bones, post injection flare (following intra-articular tase), storad myogathy, tendon repture, venternal compression fractures.

Neurologic/Psychlatric: Corvulsions, depression emotional instability, eughoria, headach, increased intercranial pressure with popiledama (pseudotumor cerebr) usualty following discontinuation of treatment, incomina, mood swings, neuralts, neuropalty, paraparesis/paraplegia, and sensory disturbances have occurred after strathecal administration. Spiral cord inflarction, paraplegia, quadringia, cortical blindness, and suroka (including brainstem) have been reported after epidaral administration of contentration for the property of the pr

Ophthalmic: Exopitatimos, glaucoma, increased intraccular pressure, posterior subcapsular cataracts, rare instances of blindness associated with periocular injections.

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Other: Abnormal fat deposts, decreased resistance to infection, ficcups, increased or decreased modify and number of spermetozoa, malaire, moon face, weight gain.

OVERDOSAGE

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Treatment of acute overdosage is by supportive and symptomatic therapy. For circuic overdosage in the face of severs disease requiring continuous steroid thempy, the dosage of the continuous of the continuous steroid than be reduced only temporarily, or alternate day treatment may be introduced.

DOSAGEAND ADMINISTRATION

General

NOTE: CONTAINS BENZYL ALCOHOL (see PRECAUTIONS).

The initial dose of Kenalog-40 Injection may vary from 2.5 mg to 100 mg per day depending on the specific disease entity being treated (see Dosage section below). However, in centain overwhelming, acree, Me-threatoning shouters, administration in decagase acceeding the usual dosages may be justified and may be in multiples of the and decages.

IT SHOULD BE EMPHASIZED THAT DOSAGE REQUIREMENTS ARE VARIABLE AND MUST BE INDIVIDUALIZED ON THE BASIS OF THE DISEASE UNDER TREATMENT AND THE RESPONSE OF THE PATIENT. After a flavorable response is noted, the proper maintenance dosage should be determined by decreasing the initial drug dosage in small decreasers at appropriate three intervals until the lowest dosage which will maintain an adequate clinical response is reached. Situations which may make dosage adjustments necessary are clausees in clinical status secondacy to remissions or exacerbations in the disease process, the patient's individual fortune responsiveness, and the effact of patient exposites to stressful situations not directly related to the disease entity under treatment. In this later situation it may be necessary to increase the dosage of the conficient offers a period of time consistent with the patient's condition. If after long-term therapy the drug is to be stopped, it is recommended that it be willnessed gradually rather than abruptly.

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LOCAL

Intra-articular administration: A single local injection of triancinolone acetomide is frequently sufficient, but several injections may be needed for adequate relief of symptoms.

Initial dose: 2.5 mg to 5 mg for smaller joints and from 5 mg to 15 mg for larger joints, depending on the specific disease entity being treated. For adults, doses up to 10 mg for smaller areas and up to 40 mg for larger areas lave usually been smillerial. Single hipetions into several joints, up to a total of 80 mg. have been given.

Administration

GENERAL

STRICT ASEPTIC TECHNIQUE IS MANDATORY. The vial should be abaken before use to ensure a uniform suspension. Prior to withdrawal, the suspension should be impacted for clemping or grander appearance (agglometation). An agglometate product results from exposure to freezing temperatures and should not be used. After withdrawal, Kenalog-10 finjection should be injected without delay to prevent setting in the syrings. Careful tecluique should be employed to avoid the possibility of entering a blood versel or introducing, infection.

SYSTEMIC

For systemic therapy, injection stoudd be made deeply into the glutesi muscle (see WARNINGS). For adults, a minimum needle length of 114 inches is recommended. In obese patients, a larger needle may be required. Use alternative sites for subsequent injections.

LOCAL

For treatment of joints, the usual intra-articular injection technique should be followed. If an excessive amount of symovial fluid is present in the joint, some, but not all should be aspirated to aid in the relief of pain and to prevent undue dilution of the steroid.

With intra-orticular administration, prior use of a local assessment may often be desirable. Care should be taken with this kind of injection, particularly in the deloid region, to avoid hijecting the suspension into the tissues surrounding the site, since this may lead to tissue attority.

Dosage

SYSTEMIC

The suggested initial dose is 60 mg, Injected deeply Into the gluteal muscle. Atrophy of subcutaneous fat may occur if the rejection is not properly given. Dorage is usually adjusted within the range of 40 mg to 80 mg, depending upon patient response and duration of relief. However, some patients may be well controlled on doses as low as 20 mg or less.

Hay fover or pollen astima: Patients with law fover or pollen astima who are not responding to pollen administration and other conventional therapy may obtain a reministen of symptoms lasting throughout the pollen season after a single injection of 40 mg to 100 mg.

In the treatment of scate executations of multiple sciences, daily doses of 160 mg of triancinolone for a week followed by 61 mg every other day for one month are recommended (see PRECAUTIONS; Neuro-Psychiatric).

In pediatric patients, the initial dose of trianctirolone may vary depending on the specific disease entity being treated. The range of initial doses is 0.11 to 1.6 mg/kg/kay in 3 or 4 divided doses is 0.2 to 48 mg/m² banday).

For the purpose of comparison, the following is the equivalent neiligram doinge of the various glucocorticoids:

Cortisone, 25	Triamcinolone, 4
Hydrocortisone, 20	Paramethasone, 2
Prednisolone, S	Betanuthasone, 0.75
Prednisone, 5	Dexamethasone, 0.75
Methylprednisolone, 4	

These dose relationships apply only to oral or intravenous administration of these compounds. When these substances or their derivatives are injected intransuscularly or into Joint spaces, their relative properties may be greatly altered.

18

In treating acute nonepecific tenosynowitis, care should be taken to ensure that the injection of the carticosteroid is made into the tendon should railier than the tendon substance. Ejecondyliks may be treated by infiltrating the proparation into the area of gradest tendemess.

HOW SUPPLIED

Kenalog[®]-40 Injection (triancinolone acetoride injectable suspension, USP) is supplied in vials providing 40 mg triancinolone acetoride per mL.

40 mg/mL, 1 mL vial NDC 0003-0293-05 40 mg/mL, 5 mL vial NDC 0003-0293-20 40 mg/mL, 10 mL vial NDC 0003-0293-28

Storage

Sicre al controlled recent temperature, 20° to 25°C (68° to 77°F); protect from temperatures below 20°C (68°F). Store vial in carton to protect from hist. Store vial impairt.

Bristol-Myers Squibb Company Princeton, NJ 08543 USA

[print code]

Revised June 2018

Immunization Action Coalition

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Zoster (shingles)

Documenting Vaccination

Is there any plan to change the Influenza Vaccine Information Statement (VIS) for the 2017–2018 influenza season?

The current influenza vaccine V/S may be used for the 2017–2018 influenza season. No changes are planned.

In the past, CDC has recommended to only accept patient-reported history for influenza and pneumococcal polysaccharide vaccines. Is the recommendation to not accept a patient-reported history of pneumococcal conjugate vaccine?

ACIP's recently published "General Best Practice Guidelines for Immunization" still states that a patient's undocumented history can be accepted as proof of vaccination only for influenza and pneumococcal polysaccharide vaccines. See https://www.cdc.gov/vaccines/hcp/acip-recs/general-recs/programs.html. CDC intends to collect data to determine if patients can distinguish between the two pneumococcal vaccines, or if records should be sought for all pneumococcal vaccines.

Where can I find a list of vaccines currently licensed for use in the U.S.? CDC maintains a list of vaccine names at www.cdc.gov/vaccines/vpd/vaccines-list.html.

When we are giving multiple injections in a limb, what is the best way to accurately document the injection site?

One way to handle this is to Indicate if the vaccination was given either in the "upper" or "lower" portion of the injection area selected (e.g., DTaP: right thigh, upper; Hib: right thigh, lower; or PCV13: left thigh, upper; HepB: left thigh, lower). It is helpful if everyone in your office or clinic uses the same sites for each vaccine. Use of a standardized site map can facilitate this. Here are some helpful site maps for different ages so you can record where shots were given:

For infants and toddlers: www.eziz.org/assets/docs/IMM-718.pdf

For adults: www.eziz.org/assets/docs/IMM-718A.pdf

We frequently see patients, such as immigrants, who do not have records of past vaccination or who insist they or their children are up to date. Should we accept their undocumented vaccination history?

Vaccination providers frequently encounter people who do not have adequate documentation of vaccinations. Providers should only accept written, dated records as evidence of vaccination. With the exception of influenza and pneumococal polysaccharide vaccines, self-reported doses of vaccine without written documentation should not be accepted. An attempt to locate missing records should be made whenever possible by contacting previous healthcare providers, reviewing state or local immunization information systems, and searching for a personally held record. However, if records cannot be located or will definitely not be available anywhere because of the patient's circumstances, people without adequate documentation should be considered susceptible and should be started on the age-appropriate vaccination schedule. Serologic testing for immunity is an alternative to vaccination for certain antigens (e.g., measles, rubella, or hepatitis A).

In general, although it is not ideal, receiving extra doses of vaccine poses no medical problem. Receiving excessive doses of tetanus toxoid (DTaP, DT, Tdap, or Td) can increase the risk of a local adverse reaction, however. For details, consult the ACIP's Best Practice Guidelines for immunization chapter titled Timing and Spacing of immunobiologics, available at www.cdc.gov/vaccines/hcp/acip-recs/general-recs/liming.html.

We sometimes encounter patients with foreign vaccination records. We suspect that some of these records are not valid. What should we do?

If a provider suspects an invalid vaccination, including those from persons vaccinated outside the U.S., one of two approaches can be taken. Repeating the vaccinations is an acceptable option. Doing so is generally safe and avoids the need to obtain and interpret serologic tests. If avoiding unnecessary injections is desired, judicious use of serologic testing might be helpful in determining which immunizations are needed. This may be particularly helpful in determining tetanus and diphtheria antitoxin levels for children whose records indicate 3 or more doses of DTP or DTaP. This issue is discussed in detail in the ACIP's General Best Practice Guidelines for Immunization chapter titled Special Situations, available at www.cdc.gov/vaccines/hcp/acip-recs/general-recs/special-situations.html.

Where can I find names of vaccines used outside the U.S.?

Appendix B of the CDC publication Epidemiology and Prevention of Vaccine-Preventable Diseases ("The Pink Book") contains a list of vaccines used outside the U.S. You'll find Appendix B at www.cdc.gov/vaccines/pubs/pinkbook/downloads/appendices/B/foreign-products-tables.pdf.

Since the Health Insurance Portability and Accountability Act (HIPAA) went into effect, we are unsure if we can share immunization information on our pediatric patients with staff in schools or daycare facilities.

Healthcare providers (or other covered entities) may share immunization information with schools or daycare facilities, without authorization, if permitted or required by state law. These state laws would not be preempted by the HIPAA Privacy Rule [45 CFR 160.203(c)].

If a patient or parent refuses recommended vaccinations, is it necessary for them to sign a refusal form, or is the provider's documentation sufficient?

There is no federal law requiring such documentation. Several major medical organizations, including the American Academy of Pediatrics, have stated that healthcare providers may decide it is in their best interest to formally document a parent's refusal to accept vaccination for their (minor) child. To read a discussion on this topic and to access a prototype refusal form, see "Decision to not vaccinate my child" that can be accessed at www.immunize.org/catg.d/p4059.pdf.

How can I find out if our state or locality has an Immunization Information System (IIS), or registry, in which I might participate?

To find out the status of the IIS in your state you should contact your state IIS manager. CDC maintains a listing of contact information for all state IIS managers at www.cdc.gov/vaccines/programs/iis/contacts-registry-staff.html.

If my state has an Immunization Information System (IIS, or registry) do I still need to give the patient a vaccine record card?

Yes. Patient-held cards are an extremely important part of a person's medical history. The person may move to an area without a registry, and the personal record may be the only vaccination record available. In addition, even within a state, all healthcare providers may not participate in the registry, and the personal record card would be needed.

Please explain the federal requirements for all healthcare providers that administer vaccines under the National Childhood Vaccine Injury Act.

The National Childhood Vaccine Injury Act (NCVIA), enacted in 1986, set forth 3 basic requirements for all vaccination providers, which are:

- Providers must give the patient (or parent/legal representative of a minor) a copy of the relevant federal "Vaccine Information Statement" (VIS) for the vaccine they are about to receive.
- Providers must record certain information about the vaccine(s) administered in the patient's medical
 record or a permanent office log.
- Providers must document any adverse event following the vaccination that the patient experiences
 and that becomes known to the provider, whether or not it is felt to be caused by the vaccine, and
 submit the report to the Vaccine Adverse Event Reporting System (VAERS).

What do we legally need to record when giving an immunization to a patient?

It is important to know the federal requirements for documenting the vaccines administered to your patients. The requirements are defined in the National Childhood Vaccine Injury Act enacted in 1986. The law applies to all routinely recommended childhood vaccines, regardless of the age of the patient receiving the vaccines. The only vaccines not included in this law are pneumococcal polysaccharide, zoster, and certain infrequently used vaccines, such as rables and Japanese encephalitis.

The following information must be documented on the patient's paper or electronic medical record or on a permanent office log:

- 1. The vaccine manufacturer.
- 2. The lot number of the vaccine.
- 3. The date the vaccine is administered.
- The name, office address, and title of the healthcare provider administering the vaccine.
- The Vaccine Information Statement (VIS) edition date located in the lower right corner on the back of the VIS. When administering combination vaccines, all applicable VISs should be given and the individual VIS edition dates recorded.
- 6. The date the VIS is given to the patient, parent, or guardian.

The federally required information should be both permanent and accessible.

Federal law does not require a parent, patient, or guardian to sign a consent form in order to receive a vaccination; providing them with the appropriate VIS(s) and answering their questions is sufficient under federal law.

Which vaccines are covered by NCVIA?

NCVIA requirements apply to diphtheria, tetanus, pertussis, measles, mumps, rubella, pollo, hepatitis A, hepatitis B, Haemophilus influenzae type b (Hib), varicella, seasonal influenza (inactivated and live attenuated), pneumococcal conjugate, meningococcal, rotavirus, and human papillomavirus (HPV) vaccine.

When and to whom is it required to give Vaccine Information Statements (VISs)?

The National Childhood Vaccine Injury Act requires that a VIS must be given to parents, legal representatives, or adult patients before administering the vaccine. A VIS must be provided prior to each dose, not just the first dose. Providers should be sure they are using the most current version of each VIS. Current VISs and their dates are available from on the CDC's website at www.cdc.gov/vaccines/hcp/vis/index.html and from IAC's website at www.lmmunize.org/vis.

Where can I get instructions on how, why, and when to use the federally-mandated VISs? Instructions on the use of VISs and many additional items are available on the CDC website at www.cdc.gov/vaccines/hcp/vis/index.html or from your state immunization program. You can also visit IAC's website at www.immunize.org/vis for links to many important documents about the use of VISs.

When are VISs released for new vaccines?

An interim VIS can sometimes be released soon after licensure of the vaccine or after the official vote by ACIP is taken. The interim VIS is not replaced with a final version until the ACIP recommendations have been published and the new VIS has been developed according to legally-mandated procedures.

Is it required to use a VIS in an emergency room when we give Td/Tdap to a patient?

Yes. The National Childhood Vaccine Injury Act requires that a VIS be given to people of any age before they receive a dose of any vaccine included in the Act. Tetanus and diphtheria toxoids (and pertussis vaccine) are included in the Act. If the patient is unaccompanied and unable to clearly read and understand the information in the VIS (e.g., the patient is unconscious), this should be noted in the patient's chart.

Does the federal law that requires providing patients with VISs apply when administering influenza vaccine to employees and volunteers in hospitals or other workplaces?

Yes. Employees and volunteers are considered patients, and you need to provide them with a VIS. If a vaccine is covered under the National Childhood Vaccine injury Act—and almost all vaccines routinely administered to adults are (with the exception of PPSV and zoster)—it is mandatory under federal law to give the VIS for that vaccine to the patient. So when you give influenza vaccine to employees and staff, you are required by law to provide them with a VIS.

You can find more details about the requirements for using VISs at www.cdc.gov/vaccines/hcp/vis/about/required-use-instructions.html. For VISs in multiple languages, go to www.immunize.org/vis,

Our large pediatric practice is struggling with the requirement to provide VISs to the parents of every child we vaccinate. We would like to create a re-usable packet of laminated VIS sheets (fastened together on a ring). We plan to place a packet in each exam room for parents to read prior to vaccine administration. On the bottom of each sheet would be a statement, "If you would like a copy of this sheet to take home, please ask our staff." This will ensure that parents are given the VIS sheets to read prior to vaccine administration. It will also help save paper. Our experience is that many parents throw out the VIS documents or leave them behind in the waiting room. Is this an acceptable procedure?

Many clinicians are looking for ways to reduce paper use. Your solution will meet the spirit of the federal law, as long as you make sure to encourage the patient (or parent) to take home a paper copy of the VIS and to refer to it if needed (e.g., if they need to know what to do if there is an adverse event or how to contact VAERS).

We operate an acute care hospital and commonly give vaccinations to our employees and patients. Are we required to use VISs, or does that apply only to patients seen in outpatient settings?

VISs must be given to all people, including adults, before administering HPV, Td, Tdap, MMR, varicella, hepatitis A, hepatitis B, meningococcal, influenza, or polio vaccine. Current VISs are available from the CDC's website at www.cdc.gov/vaccines/hcp/vis/index.html and from the immunization Action Coalition's (IAC) website at www.immunize.org/vis. You'll also find many VIS translations on IAC's website at www.immunize.org/vis.

When using VISs and providing vaccines, is a parent/guardian signature required?

No. There is no federal requirement for signed consent for any dose of vaccine. The federal requirement is to provide all adult patients or parents/legal representatives of minor children with the appropriate VIS for each dose of vaccine administered. Federal law also requires that you record the date you gave the VIS to the patient or minor child's parent/legal representative and the edition date of the VIS, among other items, in the patient's medical record. Some clinics, agencies, and/or state immunization programs may have requirements for signatures. Contact information for your state health department is available at www.immunize.org/coordinators.

Where can I get VISs for some of the newer combination vaccines?

CDC currently has no plans to develop VISs for Pediarix, Twinrix, Kinnx, or Pentacel. When administering these combination vaccines, use the VISs for all component vaccines. For certain combination vaccines given to children, you can use the multi-vaccine VIS and check the appropriate box(es), Just as you would if you were administering the individual vaccines. If the multi-vaccine VIS is unavailable, you should use the individual vaccine VISs. A VIS was developed for MMRV vaccine because of its unique adverse reaction profile.

It seems CDC is changing the format of VISs. Do we have to throw our old supply away and use the new ones?

Not necessarily. CDC is in the process of re-releasing all VISs in a slightly modified format. The modified VISs have a consistent look and use consistent language in the sections common to all VISs. Modified VISs will not necessarily be new, but may simply be redesigned versions of existing VISs and have the

Evaluating Medical Decision-Making Capacity in Practice

Craig Barstow, MD; Brian Shahan, MD; and Melissa Roberts, MD

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Medical decision-making capacity is the ability of a patient to understand the benefits and risks of and the alternatives to, a proposed treatment or intervention (including no treatment). Capacity is the basis of informed consent. Patients have medical decision-making capacity if they can demonstrate understanding of the situation, appreciation of the consequences of their decision, and reasoning in their thought process, and if they can communicate their wishes. Capacity is assessed intuitively at every medical encounter and is usually readily apparent. However, a more formal capacity evaluation should be considered if there is reason to question a patient's decision-making abilities. Such reasons include an acute change in mental status, réfusal of a clearly beneficial recommended freatment, risk factors for impaired decision making, or readily agreeing to an invasive or risky procedure without adequately considering the risks and benefits. Any physician can evaluate capacity, and a structured approach is best. Several formal assessment tools are available to help with the capacity evaluation. Consultation with a psychiatrist may be helpful in some cases, but the final determination on capacity is made by the treating physician, if a patient is found not to have capacity, a surrogate decision maker should be identified and consulted. If the patient is unable to give consent and identifying a surrogate decision maker will result in a delay that might increase the risk of death or serious harm, physicians can provide emergency care without formal consent. (Am Fam Physician, 2018;98(1):40-46. Copyright © 2018 American Academy of Family Physicians.)

Informed consent involves providing patients with accurate and adequate information about the risks, benefits, and alternatives of a treatment in a manner that is free from coercion. It also requires that patients have medical decision-making capacity. Medical decision-making capacity has four key elements. Patients must be able to (1) demonstrate understanding of the benefits and risks of, and the alternatives to, a proposed treatment or intervention (including no treatment); (2) demonstrate appreciation of those benefits, risks, and alternatives; (3) show reasoning in making a decision; and (4) communicate their choice.^{1,2}

Capacity differs from competence. Although the terms are often used interchangeably, competence is a legal term that is determined by the court system, whereas capacity is a medical term that is determined by the treating physician. According to their strict definitions, lack of competence

CME This clinical content conforms to AAFP criteria for continuing medical education (CME). See CME Quiz on page 18.

Author disclosure: No relevant financial affiliations.

refers to global decision-making impairment (e.g., finances, property, wills), whereas lack of capacity refers to the inability to make decisions about proposed medical treatments and other aspects of care. Capacity can vary with circumstance; for example, a patient can have the capacity to make small, straightforward decisions such as consenting to take a new medication, but may lack the capacity to consent to a high-risk abdominal surgery.³

Generally, a patient's capacity is readily apparent, and physicians intuitively assess capacity at every medical visit. Because the four elements of capacity (understanding, appreciation, reasoning, and communication) are built into everyday dialogue and interactions, it can be assumed that patients have the capacity to make medical decisions if their conversation demonstrates basic logic. However, a patient's capacity may come into question if the dialogue does not proceed in a logical fashion, if there are abrupt changes in the patient's mental status, or if the patient refuses an obviously beneficial treatment, has a risk factor for impaired decision making (Table 1³⁻⁵), or readily agrees to an invasive or risky procedure without discussing or considering the risks and benefits. If the physician has doubts about a patient's ability to make a decision, a

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SORT: KEY RECOMMENDATIONS FOR PRACTICE

Clinical recommendation	Evidence rating	References
A structured approach should be used when assessing a patient's decision-making capacity. This should include an assessment of any language or communication barriers interfering with the patient's understanding; identification and treatment of any reversible causes of incapacity; a glrected interview to assess the elements of consent; and; if needed, the use of a formal tool to assess capacity and cognition.	Č	3, 7, 8
Use of a formal assessment tool such as the Ald to Capacity Evaluation improves accuracy in determin- Ing a patients decision-making capacity.	Č	2,8
Use of a standard cognitive assessment institument is helpful in assessing for capacity when patients score at the extremes of the scale (very high score favors capacity and very low score favors, incapacity).	.e	2.15

A.= consistent, goog-quality, patient offented evidence. B = Inconsistent or limited quality.
patient-onented evidence. C = consensus; disease offented evidence, usual practice, expert opinion, or case series. For information about the SORT evidence rating system, go to https://www.aafp.org/afpsort

more formal evaluation of capacity should be undertaken. The results can either give the physician confidence to adhere to the patient's wishes or, if a lack of capacity is indicated, to take steps to restrict the patient's autonomy in order to prevent unintended and irreparable harm.

Prevalence

Physicians tend to underdiagnose lack of capacity in their patients. An analysis of eight studies showed that physicians could identify only 42% of patients with incapacity as determined by a formal evaluation.2 It is not clear whether underdiagnosis is the result of physicians' inability to recognize incapacity or their reluctance to make the diagnosis.

Knowing the prevalence of incapacity in various populations may raise awareness by helping physicians determine the pretest probability. In populations with a higher pretest probability, physicians should be more alert for incapacity and more readily consider performing a capacity evaluation. The prevalence of incapacity in healthy older adults is estimated at 2.8%.6 However, the prevalence is higher in other patient populations: inpatients on a medical ward have an incapacity prevalence of 26%, and those with Alzheimer disease (considering those at all stages) have a prevalence of 54%.6 The highest rate (68%) is among persons with learning disabilities.6

Evaluation

INITIAL STEPS

The causes of incapacity are numerous, and the thought of restricting a patient's autonomy can be intimidating. A stepwise approach to evaluation is recommended.3,7,8

The first step is to ensure that there are no communication barriers impairing the patient's ability to understand information and communicate with the physician. These might include physical barriers, such as hearing and vision impairments, dysarthria, or dysphagia.9 Language barriers may also be present, including the use of medical jargon that can confuse patients and cause "pseudoincapacity."2 Jargon and complicated explanations can also cause confusion, but further inquiry and rewording can improve their understanding and allow them to make informed decisions.

If there are no communication barriers, the next step is to evaluate for

reversible causes of incapacity, such as infection, medication adverse effects, illicit drug use, hypoxia, metabolic derangements, acute neurologic and psychiatric disorders, delirium, and critical illness. The third step is to consider the patient's values and culture; these can weigh heavily on his or her decision and may cause some physicians to question capacity. A Jehovah's Witness who refuses a blood transfusion is a classic example of a value-based decision that should be honored as long as the patient demonstrates the four elements of capacity.

TABLE 1

Risk Factors for Impaired Medical Decision-Making Capacity

Acknowledged fear of or discomfort with Institutional health care setting

Ágè ≼ 18 years Age > 85 years

Chronic neurologic condition

Chronic psychiatric condition

Low education level

Significant cultural or language barrier

Information from references 3 through 5:

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DECISION-MAKING CAPACITY

DIRECTED CLINICAL INTERVIEW

If no communication barriers or reversible causes of incapacity are identified, the next step is a capacity assessment with a quick and informal directed clinical interview. This process can help determine whether the patient demonstrates the four elements of capacity. Table 2 provides suggested questions to use in evaluating these four elements.3 When evaluating a patient's responses to these questions, keep in mind that patients do not have to make the "right" choice; they need only to demonstrate a rational examination of pertinent information in arriving at their decision.10 A high burden of proof is needed to restrict autonomy. Therefore, if the evaluation indicates that the patient's understanding and rationale are adequate, that generally establishes capacity, even though someone else in the patient's situation might make a different decision.11

FORMAL CAPACITY ASSESSMENT TOOLS

If the directed interview does not clearly demonstrate capacity, or if additional information is required, the use of a formal assessment tool is the next step. Several tools are available to evaluate capacity, and each has a unique approach. Common assessment tools include the Aid to Capacity Evaluation (ACE; Figure 1³), the Hopkins Competency Assessment Test (HCAT; available at http://criminal-justice.iresearchnet.com/forensic-psychology/hopkins-competency-assessment-test-hcat), the Understanding Treatment Disclosure, and the MacArthur Competence Assessment Tool for Treatment.¹²

The ACE is a formal, directed, clinical interview that objectively assesses the four elements of capacity. It is widely used and considered the best available online tool. It comes with instructions and is specific to each medical decision. The

ACE was validated in a large study that showed that a positive evaluation had a likelihood ratio of 8.5 for predicting decision-making incapacity.^{2,8}

The HCAT is also quick and effective, but it evaluates for generalized incapacity rather than capacity to make specific decisions.¹³ The HCAT can be helpful if there is concern about the need to transfer decision-making authority to a surrogate, but it is not as helpful if the goal is evaluating for capacity in a specific clinical scenario.

If uncertainty about capacity remains after an evaluation using the ACE, HCAT, or other instrument, consultation with another clinician can be considered. Consultation

TABLE 2

Questions to Ask During an Evaluation of Medical Decision-Making Capacity

Questions to determine the patient's ability to understand treatment and care options

What is your understanding of your condition?
What are the options for your situation?

What is your understanding of the benefits of treatment, and what are the odds that the treatment will work for you?

What are the risks of treatment, and what are the odds that you may have a side effect or bad outcome?

What is your understanding of what will happen if nothing is done?

Questions to determine the patient's ability to appreciate how that information applies to his or her own situation

Tell me what you really believe about your medical condition.

Why do you think your doctor has recommended (specific treatment/ test) for your

Do you think (specific treatment/test) is best for you? Why or why hot? What do you think will actually happen to you if you accept this treatment? If you don't accept it?

Questions to determine the patient's ability to reason with that information in a manner supported by the facts and the patient's own values

What factors/issues are most important to you in deciding about your treatment? What are you thinking about as you consider your decision? How are you balancing the pluses and minuses of the treatments? Do you trust your doctor? Why or why not? What do you think will happen to you now?

Questions to determine the patient's ability to communicate and express a choice clearly

You have been given a lot of information about your condition. Have you decided what medical option is best for you right now?
We have discussed several choices. What do you want to do?

Adapted with permission from Tunzi M. Can the patient decide? Evaluating patient capacity in practice. Am Fam Physician, 2001;64(2):301.

with a psychiatrist can be particularly helpful and is prudent if the patient has a history of schizophrenia or other psychiatric or delusional disorder. However, the final determination of the patient's capacity should be made by the treating physician.

COGNITIVE TESTING

Assessing cognition can be useful but is not required to determine capacity. The Mini-Mental State Examination (available at https://www.uml.edu/docs/Mini%20Mental%20 State%20Exam_tcm18-169319.pdf) and the Montreal Cognitive Assessment (available at http://www.mocatest.org)

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Name of patient:						
ecord observations that support your score in each domain, including exact responses of the patient. Indicate your score for each	ch domain with					
L. Able to understand medical problem	□Yes					
(Sample questions: What problem are you having right now? What problem is bothering you most?						
Why are you in the hospital? Do you have [name problem here]?)						
Observations:						
Abla to un dominal avenue differentment	□Yes					
2. Able to understand proposed treatment (Sample questions: What is the treatment for [your problem]? What else can we do to help you? Can you	Unsure					
have [proposed treatment]?)						
Observations:	□No					
	□Yes					
5. Able to understand alternative to proposed treatment (if any) (Sample questions: Are there any other treatments? What other options do you have? Can you have [alter-	□ res □ Unsure					
native treatment]?)						
Observations:	□ No □ None					
	disclose					
4. Able to understand option of refusing proposed treatment (including withholding or withdrawing	☐ Yes					
proposed treatment) (Sample questions: Can you refuse [proposed treatment]? Can we stop [proposed treatment]?)	☐ Unsure					
Observations:	□No					
Observations.						
5. Able to appreciate reasonably foreseeable consequences of accepting proposed treatment	☐ Yes ☐ Unsure					
(Sample questions: What could happen to you if you have [proposed treatment]? Can [proposed treatment] cause problems/side effects? Can [proposed treatment] help you live longer?)	□ No					
(Sample questions: What could happen to you if you have [proposed treatment]? Can [proposed treatment] cause problems/side effects? Can [proposed treatment] help you live longer?) Observations:						
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cause problems/side effects? Can [proposed treatment] help you live longer?) Observations: 6. Able to appreciate reasonably foreseeable consequences of refusing proposed treatment (including withholding or withdrawing proposed treatment)	□ No □ Yes □ Unsure					
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FIGURE 1 (continued)
Overall impression
☐ Definitely capable ☐ Probably capable ☐ Probably incapable ☐ Definitely incapable
Comments (For example: need for psychiatric assessment, further disclosure and discussion with patient, or consultation with family)
· · · · · · · · · · · · · · · · · · ·
The initial ACE assessment is the first step in the capacity assessment process. If the ACE is definitely or probably incapable, consider treatable or reversible causes of incapacity (e.g., drug toxicity). Repeat the capacity assessment once these factors have been addressed. If the ACE result is probably incapable or probably capable, then take further steps to clarify the situation. For example, if you are unsure about the person's ability to understand the proposed treatment, then a further interview that specifically focuses on this area would be helpful. Similarly, consultation with family, cultural and religious figures, and/or a psychiatrist may clarify some areas of uncertainty. Never base a finding of incapacity solely on your interpretation of domain 7a and 7b. Even if you are sure that the decision
is based on a delusion or depression, you should always get an independent assessment.
Time taken to administer ACE: Minutes:
Date: Day: Month: Year: Hour: Assessor:
Instructions for scoring
 Domains 1-4 evaluate whether the person understands his or her current medical problems, the proposed treatment, and other options (including withholding or withdrawing treatment). Domains 5 and 6 evaluate whether the person appreciates the consequences of his or her decision (see sample questions above).
For domains 1-6, if the person responds appropriately to open-ended questions, score yes. If the patient needs repeated prompting by close-ended questions, score unsure. If the patient cannot respond appropriately despite repeated prompting, score no.
3. For domain 7, if the person appears depressed or psychotic, then decide if the decision is being affected by the depression or psychosis. For domain 7a, if the person appears depressed, determine if the decision is affected by depression. Look for the cognitive signs of depression such as hopelessness, worthlessness, guilt, and punishment. For domain 7b, if the person may be psychotic, determine if the decision is affected by delusion/psychosis.
4. Record observations that support your score in each domain, including exact responses of the patient.
Remember that people are presumed capable. Therefore, for your overall impression, if you are uncertain, then err on the side of calling a person capable.
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From reference 3.

DECISION-MAKING CAPACITY

are two tools that are commonly used to evaluate cognition. They can be helpful in evaluating capacity when patients score at the extremes of the scoring scale.14 For example, patients who score less than 20 on the 30-point Mini-Mental State Examination are 6.3 times more likely to have incapacity, whereas patients who score 25 or higher are unlikely to have incapacity (likelihood ratio = 0.14).2 Similarly, the 30-point Montreal Cognitive Assessment has been shown to predict incapacity. In one study of 90 patients with Parkinson disease, a score of less than 22 had a 94% sensitivity and 90% specificity for identifying incapacity.15

FINAL DECISION

Determining that a patient lacks capacity and restricting his or her autonomy require clear and convincing evidence that the patient's decision will cause unintended and irreparable harm. If there is uncertainty after conducting a full capacity evaluation, the final judgment should err on the patient's side.4,16,17 Each state has its own definition of capacity. Although laws are similar among states and incorporate the four elements of capacity, there may be slight differences. Thus, if an evaluation leads to a diagnosis of incapacity and legal proceedings are involved, consultation with a medical attorney is prudent.

Surrogate Decision Makers

If a physician determines that a patient does not have the capacity to make a treatment decision, consent for treatment must be obtained from other sources. If the patient has an advance directive applicable to the clinical situation, it should be used to guide decisions. If not, the physician should determine whether the patient has designated a medical power of attorney. If there is no valid medical power of attorney, the closest relative usually becomes the surrogate. The priority of relatives varies by state, but the typical order is spouse, adult children, parents, siblings, and

Up to 16% of patients in intensive care units do not have a known relative or medical power of attorney, so a courtappointed health fiduciary is an option. 18 If the patient is not able to give consent and delaying care to identify a surrogate will increase the risk of death or serious harm, the physician can provide emergency care without formal consent under the assumption that a reasonable person would have consented to the treatment.4

Documentation

When performing a capacity assessment, it is important to document the evaluation in the medical record. Exact responses to the questions are helpful, along with a brief summary of the interview. If a formal assessment tool is used, it should be included in the medical record. Ultimately, the clinician must document the rationale used in determining the patient's capacity.3

Clinical Application

CASE 1

An 88-year-old woman who lives alone presents to the emergency department after a fall. Her sodium level is 120 mEq per L (120 mmol per L), and she is admitted to the hospital. Her outpatient records show that she has not refilled her heart failure medications in more than six months. On day 3 of hospitalization, she states that she is feeling better and wants to go home. Physical examination reveals global muscle weakness and inability to get out of bed without assistance. The inpatient team recommends transfer to a rehabilitation facility, but the patient refuses.

A 56-year-old man with schizophrenia is brought to the emergency department by his brother. He has a large, nonhealing ulcer on his left lower leg that is obviously infected. His brother reports that the patient has diabetes mellitus and stopped taking his medications six months ago. On examination, the patient demonstrates disorganized thinking and describes auditory hallucinations. He refuses treatment and says the government is trying to kill him.

CASE DISCUSSION

Case I is an example of a patient who may understand her situation and treatment options, but may not appreciate the consequences of her decision. If she is discharged home, where she lives by herself, she will not be able to perform activities of daily living. She does not realize that this will lead to harm. From this informal assessment, she seems to lack appropriate decision-making capacity. A formal assessment using the ACE will likely confirm this conclusion. If she continues to insist on hospital discharge, steps can be taken to involve family members or other surrogate decision makers to arrive at a decision that will be acceptable to the patient and is appropriate for her safety.

Case 2 is an example of poor reasoning due to psychiatric illness. The patient cannot synthesize complex data to make an informed decision; therefore, he lacks decision-making capacity. Psychiatric consultation should be obtained and appropriate treatment instituted.

This article updates a previous article on this topic by Tunzi.3 Data Sources: A literature search was performed in PubMed using the terms capacity and evaluating capacity. We also searched the National Guideline Clearinghouse and the Cochrane database, Search date: January 2017.

DECISION-MAKING CAPACITY

The opinions or assertions contained herein are the private views of the authors and are not to be construed as official or as reflecting the views of the Department of Defense.

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Croup Bjornson, Candice L; Johnson, David W
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Croup

Condice L Bjornson, David W Johnson

Most children who present with acute onset of barky cough, stridor, and chest-wall indrawing have croup. A careful learn 2008, 17: 139-39 history and physical examination is the best method to confirm the diagnosis and to rule out potentially scrious alternative disorders such as bacterial tracletists and other rare causes of upper-sirvely obstruction. Followships a challenger is effective for temporary relief of symptoms of airway obstruction. Touring tental are the disputable of the property relief of symptoms of airway obstruction. Touring tental are the disputable of the property relief of symptoms of airway obstruction. Touring tental are the disputable of the property relief of the property relief

Croup is a common childhood disease characterised by sudden onset of a distinctive barky cough that is usually studies onser of a distinctive party cough man is usually accompanied by stridor, house voice, and respiratory distress resulting from upper-sirway obstruction. Although most children with croup are deemed to have a mild and short-lived illness, the distress and disruption that families undergo is well known. Perhaps this upset is because of the nature of croup: the presentation is so is because of the nature of croup: the presentation is so nunsual and frightening and predominantly affects young children, with symptoms that are usually worse during the early hours of the morning. Historically, before the advent of treatment with corticosteroids and racemic epinephriae for severe croup, intubation, tracheotomy, and death were typical outcomes. Treatment has evolved from batbaric methods including bleeding and application of leeches, through mist kettles (pot of boiling water), mist rooms, and mist tents, to the current evidence-based practice of conticosteroids and epinephrine delivered via nebuliser.'

epinephrine delivered via nebuliser.

Many unanswered questions linger. Why are croup sympioms worse at night? What predisposes some children to severe croup and others to a mild barky cough!? What accounts for the stubboruly predictable biannual peak in the occurrence of croup? Is the cause of croup evolving as new viral triggers are identified? Is bacterial tracheitis a new emerging complication of croup? In this Seminar, we summarise the most current published work about the epidemiology, diagnosis, and management of this important childhood disease and propose future research pathways for exploration.

Epidemiology, clinical course, and pathophysiology
Croup is one of the most frequent causes of acute respiratory distress in young children. The disease mainly affects those aged between 6 months and 3 years old, with a peak annual incidence in the second year of life of nearly 5%. However, croup does occur in babies as young as 3 months old and in adolescents. Although young as 3 monlus old and in adolescents. Although rare, adults can also develop croup symptoms. Boys are more susceptible than girls to the disorder, with an overall male/female preponderance of 1-4/1. In North America, croup season peaks in late autumn (September to December), but cases are recognised throughout the year, even during the summer. In odd-numbered years, the number of children admitted with croup during the season is about 50% more than during peak season is about 50% more than during

even numbered years, which closely correlates with the prevalence of parainfluenza virus infection in the community (North America).

Community (rount internal.

Symptom onset is typically abrupt and most usually happens at night, heralded by the appearance of a very characteristic and distinctive barky cough. Stridor, hoarse voice, and respiratory distress are seen frequently, as a result of upper-sirway obstruction. These symptoms are frequently preceded by non-specific upper-respiratory-tract symptoms for 12-48 h before development of the tract symptoms for 12-45 it before development of the barky cough and difficulty breathing. Croup symptoms are generally short-lived, with about 60% of children showing resolution of their barky cough within 48 h.3 However, a few children continue to have symptoms for

Croup symptoms nearly always become worse during night-time hours, and in our experience they fluctuate in severity depending on whether the child is agitated or calm.' We do not know why croup symptoms tend to worsen at night, but a physiologically plausithe explanation might lie with the known circadian fluctuations in endogenous serum cortisol, concentrations of which peak at about 0800 h and reach a trough between of which peak at apout usus n and reach a trough netween 2300 h and 0400 h. and n asthma, another frequent respiratory disease in which night-time symptoms generally prevail, postulated mechanisms include detrimental effects of nocturnal airway cooling, gastrooesophageal reflux, and increased tissue inflammation in addition to the effect of endogenous plasma cortisol and epinephrine cycling." Perhaps similar physiological factors are at play in croup.

The symptoms of croup result from upper-airway obstruction caused by an acute viral infection, most

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typically parainfluenza types I and 3.º Other viruses implicated in the disorder include Influenza A, influenza B, adenovirus, respiratory syncytial virus, and metapneumovirus.* In published work, a strong association has been described between both human metapneumovirus and coronavirus HCO-VML63 infection and croup in children.*" Whether or not new pathogens are emerging is unknown. However, a likely possibility is that the Increasing number of viruses seen in association with croup is merely a reflection of improvements in methods of detection. Work is ongoing to develop an effective vaccine against parainfluenza virus."

Laryngeal diphtheria is a well-known historical cause of croup, the occurrence of which is now very tare in immunised populations. However, outbreaks of diphtheric croup have been reported in case series from Russia** and India.* Measles remains an important cause of croup in non-immunised children. Treatment with vitamin A has been assessed and reported to be effective for prevention of secondary infections, especially croup, in children with severe measles.* The rarity of croup associated with measles and diphtheria in Immunised children suggests that substantial progress could be made in the developing world with continued aggressive immunisation programmes against these nathogens.

pathogens.

Infection with a recognised pathogen leads to generalised airway inflammation and oedema of the upper-airway mucosa, including the larynx, trachea, and bronchi, then epithelial necrosis and shedding.*

Parainfluenza virus also activates chloride secretion and inhibits sodium absorption across the tracheal epithelium, contributing to airway oedema.* The subglottic region becomes narrowed and results in the barky cough, turbulent airflow and stridor, and chest-wall intrawing. Further narrowing can lead to asynchronous chest-wall and abdominal movement, fatigue, and eventually to hypoxia, hypercapnia, and respiratory failure.*

""

Why do some children develop severe symptoms or recurrent episodes of croup whereas others show only mild symptoms or can even be asymptomatic when faced with the same infection? Perhaps individual anatomy plays a part, since some children might have an intrinsically narrower subglottic space. Individual immune factors could be important too, with a range of severity of Inflammatory response to infection. The peak incidence of croup at the age of 2 years is also somewhat unexplained and could be attributable to increased exposure to viral pathogens combined with the toddler's smaller subglottic space, leaving them at greater tisk for airway narrowing. Current published work on these toolics does not mention these questions.

airway narrowing. Current published work on these topics does not mention these questions.

Although the major concern for both cliniclans and parents is the potential for severe respiratory distress, morbidity, and mortality," most children have mild short-lived symptoms.* Of all children presenting to

24 general emergency departments in the province of Alberta, Canada, about 85% ewer classified as having mild croup and fewer than 1% as having severe croup (unpublished data). Even though most children have fairly mild symptoms, the sudden onset of croup symptoms during the night causes many parents to bring their child to an emergency department. *** Consistent with these findings, fewer than 5% of children with croup are admitted to hospital in population-based studies. ***

Of those with croup who are admitted, I-3% are intubated.** Mortality seems to be very rare. By extrapolation of data from several sources.** we estimate a mortality rate of about 1 in 30000 cases.

Differential diagnosis

In a child presenting with classic signs and symptoms of croup, alternate diagnoses are uncommon (panel). However, clinicians must remain vigilant because other serious diseases can present with stridor and respiratory distress.



A second potentially life-threatening alternate diagnosis is epiglotitis. This disease is now seen rarely owing to widespread Immunisation against *Hinfluenzae* B.⁴⁻⁴ The sudden onset of high fever, drooling,

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dysphagia, anxiety, and a preference to sit upright and in the so-called aniffing position (ie, sitting forward with their head extended) to open the airway should prompt consideration of epiglottifis, as should a cough that does not have the characteristic barking sound of croup.²⁰ In like case of possible epiglottitis or bacterial tracheitils, the most important aspect of treatment is maintenance of a secure airway by a doctor highly maintenance of a secure airway by a doctor highly

skilled in airway management.

Other very rare causes of stridor that should be considered in children presenting with atypical croup symptoms include foreign-body aspiration in the upper airway or oesophagus, peritonsillar or retropharyngeal abscess, angio-oedema, and laryngeal diphtheria." in the case of foreign-body aspiration, onset its usually sudden with no prodrome or fever (unless secondary infection occurs). Hoarseness and barking cough are usually absent. Dyshapia could be present and stridor is noted variably. Children who have stridor secondary to the presence of a foreign body usually present with a clear history of ingestion." Peritonsillar or retropharyogeal nistory of ingestion. Perinoinal of entiropharyngear abscress could present with dysphagia, drooling, stridor, dysphoea, tachypnoea, neck stiffness, and unilateral cervical adenopathy, and a lateral neck radiograph can show posterior pharyngeal oodema and retroflexed cervical vertebrae. Acute augioneurolic oedema or allergic reaction can present at any age and with rapid onset of dysphagia and stridor and possible cutaneous allergic signs such as urticatial rash. Children might have a history of allergy or previous attack.* Laryngeal diphtheria has arisen historically in people of all ages, and a record of inadequate immunication can be seen. diphtheria has arisen historically in people of all ages, and a record of inadequate immunisation can be seen. Usually, a prodrome of pharyngitis symptoms is noted and onset is gradual over 2-3 days. Low-grade fever is present, hoarseness and barking cough occur along with dysphagia and inspiratory stridor, and the characteristic membranous pharyngitis is seen on physical examination.³⁷

Diagnosis and ancillary testing
Croup is a clinical diagnosis. Key features include acute
onset of a scal-like barky cough, stridor, hoarseness, and
respiratory distress." Children might have fever,
occasionally reaching a temperature as high as 40°C,°
however, they should not drool nor appear toxic.
Laboratory tests are not needed to confirm the diagnosis in a child presenting with the typical clinical features of croup, but if tests are judged necessary they should be deferred if the child is in respiratory distress.* Notably, rapid antigen tests and viral cultures do not aid in the routine acute management of a child with croup.⁴
Similarly, radiological studies are not recommended in

a child who has a typical history of croup and who responds appropriately to treatment.* Radiographs are not indicated if there is a clinical picture of eniglottitis or bacterial tracheitis. In children in whom the diagnosis is uncertain, however, an anteroposterior and lateral sofi-tissue neck radiograph can be helpful in supporting an alternative diagnosis." If radiographs are obtained, however, epiglotitis is suggested by a thickened epiglottis and aryepiglottic folds." A tetropharyngeal abscess is indicated by bulging soft tissue of the posterior pharynx."
Bacterial tracheitis can manifest as a ragged tracheal children with these diagnoses." If radiographs are justified by an atypical clinical picture, the child must be closely monitored during imaging by skilled personnel with appropriate airway management equipment. because airway obstruction can worsen rapidly.

occasics airway outstruction can worsel raping,. Cardiorespiratory monitoring, including continuous pulse odmetry, is indicated in children with severe croup but it is not necessary in mild cases. Also, children without severe croup could occasionally have low oxygen saturation, presumably as a result of intrapulmonary involvement of their viral infection; thus, ongoing assessment of overall clinical status is important.**

Assessment of severity

Determination of disease severity relies on clinical Determination of disease severity relies on clinical assessment. Various proposed methods for objective assessment of respiratory distress in children with croup are either impractical or insensitive to change across the full range of disease severity. 22.2 Consequently, in clinical trials of treatment effectiveness, outcome measures have mainly Included clinical scores and health-care use. 42.2 Although such scores are useful for correctly thirties area that how he have the part for the property of the correctly thirties area that here have the part to enhance the correctly are the part of the part to enhance the correctly desired to the part of research studies, none has been shown to enhance routine clinical care, at least in part, because they are not reliable when used by a wide range of clinicians.¹⁰ Features useful in routine clinical assessment of children with croup as outlined in the figure.

General care

General consensus is that children with croup should be made as comfortable as possible, and clinicians should take special care during assessment and treatment and tre friablen or upset them because anitation causes substantial worsenum of symptoms." Sitting the child comfortably in the lap of a parent or caregiver is usually the best way to

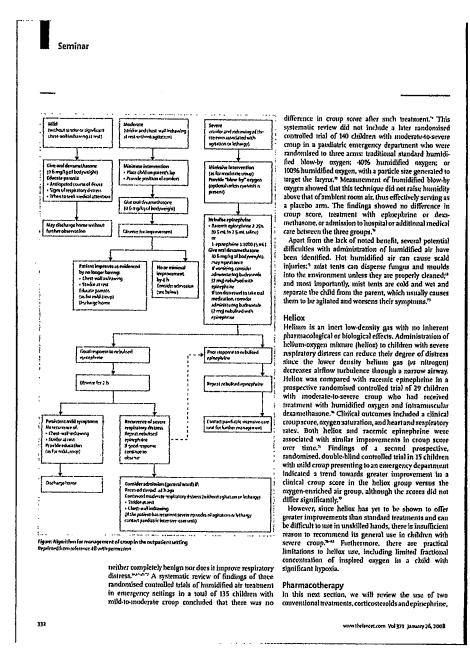
Although we could not find any published evidence that oxygen should be administered to children who are that oxygen smoute be administered to Universe who are showing signs of respiratory distress, widespread consensus indicates that oxygen treatment is beneficial in this circumstance.**** Oxygen can generally be administered without causing the child to be agilated via a plastic hose with the opening held within a few centimetres of the nose and mouth (referred to as blow-by oxygen).4

Humidified air

Treatment of croup with humidified air is not effective, despite its long history of use. Humidification of air is

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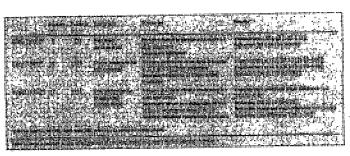


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and several other categories of drugs, such as antipyrelics, analgesics, antibiotics, β agonists, and decongestants. The rationale for review of this latter group of drugs is that, although these treatments are not recommended, they are sometimes used in children with croup."

Corticostaroids

Corricosteroids have a long history of use in children with croup; evidence for their effectionness for treatment of crown is now char nathing to the filldren with severe croup and impending respiratory failure who are treated croup and imperioning required particles that extends with confloateroids have about a fivefold reduction in the rate of intubations." If they are intubated, they remain ventilated for about a third less thin and have a sevenfold lower risk for refutubation than patients not treated with these drugs." In moderate-to-severe croup patients who are treated with confloateroids, an average 12-h reduction that patients who have the average and the proposed department. in the length of stay in the emergency department or hospital, a 10% reduction in the absolute proportion treated with nebulised epinephrine, and a 50% reduction for both the number of return visits and admissions for treatment."

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Compared with children not treated with corticosteroids, Compared with children not treated with carlicosteroids, those with mild croup who are treated with these drugs are 50% less likely to return for medical care because of ongoing symptoms and loss 30% less sleep during the course of their illness, and their parents report less stress than do parents of children not treated with confucesteroids." Treatment with these drugs also yields small but clinically important societal economic benefits (family and health-care system), resulting in a total saving of CAN\$21 per child." The benefits of treating children with mild croup arise irrespective of the duration of the child's symptoms or severity of illness."

To date, no adverse effects have been associated with use of confosteroids in children with croup." However, difficulties arise when attempting to identify and prove

use of concesteroids in children with croup,³³ However, difficulties arise when attempting to identify and prove that rate adverse effects arise with any drug treatment; thus, remaining vigiliant about this possibility is important.

Route of administration

Route or commission on "The best route of administration of corricosteroids in children with croup has been investigated extensively.

Bjorpeco (?	ON.			Errangeroy Capitalynera	Oral passimethops in placeboo.	Performic medical care within 2 days.	Reduction (73 vr 15% p=0.001)
Geethord (1996)*	100	Mid	Emergyacy department	Dral de zansethasone vs place bo	Ratiom to medical care within 7-10 days after study treatment	Reduction (0% vs 379 p+9 01)
	air.	4	Moderature Moterature	Specifical Security of	Participad Liberarderol Proportion for decame librora Proportion	panol sandion	ent bedon
Tibbili (19	97)	70	Respiratory factors or intubuted	intensive-care unit	Drai prednivávne vs plucebo	Duration of Intubation	reduction (median 5 vs 138 h, p=0 003)
	1995)	10		Administra	Harden Brazen de		Rodukla (111/13) by 20 kg (100)
Khisen (15	94)"	54	Mild to moderate	Emergency department	Nebulised budescrade vs placebo	(Brical croup szore at 4 h	Improvement (18%) 69. p=0 005)

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er ar all all a	Patients . (n)	Croup prysitty	Setting	Route of administration	Primary outcome	Results
Nebulised is oral or	ntimitatori	a addicinativatio	in .			
Geeboed (1995)*	80	Mederate to severe	Admitted children	Hobulised budescnide Oral dexamethosone	Duration of admission	No difference between budesonide (13 h) and dexamplihasone (13 h is 12 h)
Johnson (1998)**	144	Moderate to	Emergency department	Nebulised budesnride Instantistraty decaracthations	Rate of admission	No difference between desamethasone and bulesonide (17% vs 35%; p=0-18)
Klassen (1998) ^u	198	Modvate	Emergency department	Oral desame this one vs nebulised budesonide vs oral desame this one vs nebulised budesonide	Clinical croup scere at 4 h	Na difference between groups (p=0.79)
Oral vs intramujouls	r adiministra	rtion .				
Rittkhier (2000)**	277	Moderate	Einetgerky department	Intramorcular vs oral devanorchasione	Return to medical care	No difference between groups (intramoscular 32%, oral 25%, p=0 198)
Danaldson (2003)**	96	Moderate to sente	Emergency department	Intramoscular es está des amethanone	Croup symptom resolution at 24 h	No difference between groups (intramuscular 2%, oral 8%)
Arnir (2006)"	57	Mādita nxoderate	Emeigency department	intramuscular dexamethasone vs oral betzmethasone (note: investigator aware of study treatment)	Clinical croup score	No difference between groups (p=0:18)

	Patients (n)	Croup serviny	Control and dose	Route of admiros vision	Princip concerns	Risults
FI(691 (2007)*	99	AMED TO: MODERALIE	Department associa 0-15 or 0-6 insplay, or predicts plans 1 mg/kg.	Dia	Charge in dinkal croup wore at 4 h	No difference between groups (p=0.4779)
Geethord (1995)*	170	Moderate	Desamethasone 0.15, 0.30, or 0.60 mg/kg	Oral	Median duration of admission	Nadifference between groups {9 h in 0.15 mg/kg, 7 h in 0-30 mg/kg, 8 h in 0.6 mg/kg)
Abbilis (2005)*	72:	Moderale	Department 0-15 or 0-60 mg/kg	Onl	Change in clinical	No difference between glocasi (p=0.15)
Chub-Uppalam (2007)**	41	Moderate to severe	Daramethasone 0 15 or 0-60 mg/kg	Intravenous	Change in clinical croup score at 12 h	No difference between groups (p=0.40)

The oral or intramuscular route is either equivalent or superior to inhalation. **** The addition of inhaled budesonide to oral dexamethasone in children admitted with croup did not confer any additional advantage. **

In two trials in which oral and intramuscular admitted to the conference of devantage.

In two trials in which oral and intramuscular administration of dexamelhasone were compared, no difference was recorded in resolution of croup symptoms," return for medical care, *** admission to hospital.*** or further treatment with corticosteroid or epinephrine.** Findings of a study comparing intramuscular dexamelhasone to oral betamethasone noted no difference in reduction of croup score after treatment, hospital admission, time to symptom resolution, or return for medical care.**

Carollos in which confinemental deveranting and Two

amily have mainly incorporated do otherone. Two cashly have matched incorrected descriptions. Two comparator studies have been published of oral agents in the treatment of croup. In the first, one oral dose of prednisolone was compared with dexamethasone in reducing rates of return for medical care.³⁵ In the second study, oral dexamethasone was compared with oral prednisolone; no difference was noted in reduction of croup score or rates for the producing and the producing of return for medical care." A more practical consideration could be that oral dexamethasone is associated with less vomiting than oral prednisone, a substantial advantage.20

Practical issues should also be considered. For instance, for a child with persistent vomiting, the infialed or intramuscular route for drug delivery might be preferable. intramuscular route for drup delivery might be preferable. In case of severe respiratory distress, oral administration could be more difficult for the child to tolerate than an intramuscular dose. In a child with hypoxia, decreased qut and local tissue perfusion can impair absorption via the oral or intramuscular route, respectively. In these cases, the inhaled route should be considered and would also allow for administration of coxygen or racemic epinephrine concurrently. The cost of each treatment route should also be thought about.

Drug dosing With respect to dosing of corticosteroids, two important questions should be asked. First, is one dose of dexamethasone sufficient or will several be required? Second, what is the appropriate size of dexamethasone dose: 0-15 mg/kg, 0-30 mg/kg, or 0-60 mg/kg? We did not find any randomised trials via our literature search in which single and multiple doses of corticosteroids were compared. Published randomised trials of the effectiveness of corticosteroids are roughly split in terms of using either one dose or several. Theoretically, since most children's croup symptoms resolve within 72 li, and the speculated duration of

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anti-inflammatory effect of dexamethasone is 2-4 days." the necessity of a second dose would seem unlikely in most children with the disorder.

The conventional dose of dexamethasone is deemed to be 0-60 mg/kg. Alternatively, doses of 0-30 and 0-15 mg/kg have been proposed. Conflicting evidence for dose size is provided by a meta-analysis and the findings of four randomised trials. In the meta-analysis of six studies of children admitted to hospital, the higher the dose of hydrocortisone equivalents used the higher the proportion of children who responded to corticosteroid treatment compared with placebo.¹⁶
However, since the design of all included studies differed, the possibility of blas exists. On the other hand, four other studies in which different doses of oral dexamethasone were compared have been published; a range of croups severity and both inpatient and outpatient settings were included (table 4).*** None of the trials was designed as a non-inferiority study and all had small sample sizes; none of the four studies showed a significant difference in primary outcome measures between corticosteroid dose sizes. The findings of these four randomised controlled trials suggest a dose of 0.15 mg/kg might be adequate whereas the systematic review meta-analysis of six studies indicates a higher dose could provide greater benefit in children with more severe disease.** er studies in which different doses of oral

Risks of corticosteroids

Although sterold treatment of children with croup is generally known to be safe, potential concerns exist with generally known to be safe, potential concerns exist with respect to possible adverse events. First, children treated with steroids after exposure to varicella virus can have an increased risk of developing complications of varicella, such as disseminated disease or bacterial superinfection. Published case-control studies addressing this issue have yielded conflicting results. Whereas in one study, an increase in risk of complicated varicella in immunocompetent children treated with steroids was noted.** in another this finding was not seen.** The US Food and Drug Administration, the American Academy of Pediatrics, and the American Academy of Pediatrics, and the American Academy of Pediatrics, and the American Academy of Allerow and of Pediatrics, and the American Academy of Allergy and Immunology advise caution in the use of steroids in children who have been exposed to varicella virus. ***

On a related Issue, there is potential concern that corticosteroid use could prolong viral shedding; however, we were unable to find evidence that addresses this

issue. With sterold treatment, potential complications that have yet to be proven include bacterial tracheitis, *** pneumonia, and gastrointestinal bleeding, **** *** Bacterial tracheitis has been proposed to be related to previously unsuspected immune dysfunction.*** With respect to pneumonia, in a retrospective case review of 3577 immune-suppressed stem-cell transplant recipi-ents, the most important factor associated with development of parainfluenza pneumonia was dose of

corticosteroid at the time of infection acquisition." correcosteroid a me time of inferential equisition. Castrointestinal bleeding would seem to be unlikely in otherwise healthy children, but it could be more of a concern in a child with severe disease who requires care in the intensive-care unit, endotracheal intubation, and repeated high doses of steroids."

Epinephrine
In children with moderate-to-severe croup, treatment with epinephrine via a nebuliser has a long history and has been well studled (table 5). Using historical comparisons, the administration of epinephrine in children with severe croup has been reported to have reduced the number needing intubation or tracheotomy by a substantial amount.³⁰ Nebulised racemic epinephrine (2-25%), compared with placebo, improved coup scores within 10-30 min of initiation of treatment in three randomised controlled trials.³²⁻³⁰ In a fourth in three randomised controlled trials. 18-18 In a fourth placebo-controlled trial, a clear benefit was not recorded; however, this trial was not well-designed nor well-reported. 19 Objective pathophysiological measures of severity have also shown substantial improvement after epinephrine treatment in five prospective cohort studies. 19-18-18-18 Clinical effect is sustained for at least 1 h. 18-18-18-18-18 University of the following administration." Reassuringly, as the effect of epinephrine wears off, the patient's symptoms return—on average—to their baseline severity and do not seem to worsen. "" Combined data from five prospective clinical worsen, aus Combined data from five prospective clinical trials in outpatients treated with epinephrine and dexamethasone (or budesonide) who were observed for 2-4 h are also reassuring. Of 253 children, only 12 (5%) who were discharged home returned for care within 48-72 h and only six of these were admitted to hospital (2%). No children had adverse outcomes, enter this prospectively derived data along with findings of two retrospective cohort studies provide favourable support for children to be safely discharged home after treatment with epinephrine, as long as their symptoms treatment with epinephrine, as long as their symptoms have not recurred within 2-4 h of treatmenLiaus

The administration of one dose at a time of nebulised epinephrine to children has not been associated with any adverse effects not a clinically significant increase in either heart rate or blood pressure. A THE CONCLUSIONS OF a critical review of seven clinical trials of 238 children a crucial review of severi clinical trials of 2.38 children treated with nebullised epinephrine (1/1000, with 184 patients receiving doses of 3 mL or greater) for either croup or acute bronchiolitis noted that epinephrine was a safe treatment and identified only mild side-effects, including, most frequently, tachycardia and pallor.¹⁹ One incuming, most requestly, acceptance and panor. One case report has been published of a previously healthy child with severe croup who developed ventricular achycardia and myocardial infarction after treatment with three doses of epinephrine via nebullser within 1 h.¹⁰

Racemic epinephrine has traditionally been used to treat children with croup. However, epinephrine 1/1000 is as effective and safe as the racemate form, as shown by

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findings of a randomised trial in 31 children aged 6 months to 6 years with moderate-to-severe croup.¹⁰ In most studies, the same dose has been used in all children irrespective of size (0-5 m) Lof 2-25% racemic epinephrine or 5 om L of epinephrine 1/1000). Date derived from use of aerosolised medications in lower-airway disease supports this approach, in that the effective dose of drug delivered to the airway is regulated by every individual's

Analgesics, antipyretics, antiblotics, antitussives, decongestants, and short-acting #2 agonists We retrieved no controlled trials of the effectiveness of

any of these drugs in the treatment of croup with our any of these drugs in the treatment of croup with our iterature search. The use of analysesics or anthyretics is reasonable for the benefit of reduction of fever or discomfort in children with croup.*** Most types of croup have a viral cause. Although so-called superinfections, such as bacterial tracheits and pneumonia, are described, the rare frequency (<1 per 1000 cases of croup) makes use of prophylactic antibiottes unreasonable.*** No physiologically rational basis crists for use of antitussives or decongestants, and they should not be administered to children with croup.*****! Similarly, in view of the pathophysiology of croup as an unpereasing in view of the pathophysiology of croup as an unpereasing. in view of the pathophysiology of croup as an upper-airway disease, there is no clear reason to use short-acting \$2\$ agonists for treatment of the disease. *****

Indications for admission and discharge from

Although most children with croup can be managed safely as outpatients, little published evidence is avail to guide clintcians as to which individuals should be admitted to hospital. a 1921 Data from a retrospective cohort of \$27 children admitted to Royal Children's Hospital, Melbourne, for persistent stridor at rest (before routine treatment with corticosterolds) showed that those routine treatment with corticosterolds) showed that those with persistent sternal indrawing at presentation to an emergency department had a 6% risk for endotrachael intubation, whereas those without sternal and chest-wall indrawing recovered rapidly without any specific treatment. In a study comparing dexamethasone with placebo.* recorded reductions in admissions in the dexamethasone-treated group were first noted 3 h later, with increasing differences shown up to 10 h after

treatment. The rate of admission in the dexame treatment. Ine rate of admission in the desamethasone-treated group was half that of those given placebo. This finding suggests that observation in an emergency department for at least 3 h, and ideally up to 10 h after treatment with corticosteroid, would reduce admission rates, presumably as the beneficial effects of corticosteroids become evident with time. In a published report looking at length of stay in the emergency department and admission, a substantial reduction was recorded in admissions after implementation of a clinical pathway mandating 6 h of observation in the emergency department after corticosteroid treatment before a child with croup was admitted to hospital.10 Based on this evidence and combined with expert opinion, the Alberta Medical Association clinical pathway committee has developed and implemented the management algorithm outlined in the figure."

Conclusion

After 50 years of controversy, corticosteroids have been firmly established as the treatment of choice for children with croup. Although comparatively fewer reports have been published on epinephrine, sufficient data exist to support the drug's role in short-term symptom relic until corticosteroids take effect. Conversely, after more than a century of use, definitive evidence is available to show the ineffectiveness of mist. Apart from heliox, no new therapeutic interventions are on the horizon, Nonetheless, corticosteroids and epinephrine have greatly reduced health-care use and enhanced outcomes

greaty reduced inclining and character of the control in children with croup.

Although effective treatment for croup is well-established, several mysteries remain unexplained with respect to the cause and pathophysiology of the disease. Exploration of these questions could ultimately yield novel and even more effective treatments or vaccines.

Conflict of Interest statement
We declare that we have no conflict of interest. D) received an
uncestricted research grant in 1993 from Astra Pharma, Missisaupa,
ON, Canada, to undertake a randomized controlled trial comparing
nebulated busersonide, intransuccular desamethasane, and placebo for

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Chapter 15. Intramuscular, Subcutaneous, and Intradermal Injections

Renee Dietz, RN; Sandra M. Sanguino, MD, MPH

Intramuscular Injection

Indications

- · Administration of medications or immunizations.
- Immunizations commonly administered intramuscularly include the following:
- · Diphtheria.
- · Tetanus and pertussis.
- · Haemophilus influenzae type b.
- · Hepatitis A.
- · Hepatitis B.
- Pneumococcal conjugate.
- · Influenza.

Contraindications

Relative

- · Known bleeding disorder or thrombocytopenia.
- Erythema or swelling at the injection site.

Equipment

- · Alcohol wipe.
- · Gauze pad.

- Syringe with medication or immunization.
- Appropriate size needle.
- Bandage.

Risks

• Pain, swelling, bleeding, or infection at the injection site.

Pearls and Tips

• It may be necessary to enlist the help of a second person to hold the child.

Patient Preparation

- Position the child and assess the injection site.
- Clean the injection site with an alcohol wipe.

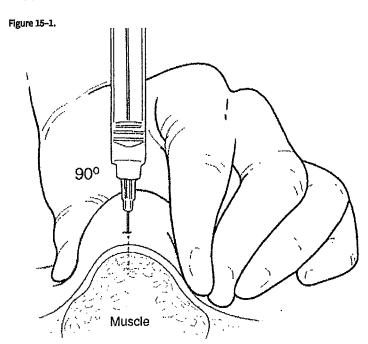
Anatomy Review

- In infants and toddlers, it is recommended that intramuscular injections be given in the middle one-third of the lateral aspect of the vastus lateralis muscle (anterolateral upper thigh).
- In older children, intramuscular injections are given in the deltoid muscle.
- The ventrogluteal site can be used in children over age 2. This site is used less commonly because of the risk of nerve damage.

Procedure

- Pinch muscle and quickly insert 1-inch 23- or 25-gauge needle at a 90-degree angle (Figure 15-1).
- Larger adolescents and adults may require the use of a 1.5-inch needle.
- Aspirate to check for possible blood vessel entry.
- Aspirate for at least 5 seconds.
- This ensures that the needle is not in a small blood vessel.
- If blood is obtained, withdraw the needle, discard the medication and syringe, and start again.
- If blood is not obtained, slowly inject the medication.
- Do not recap the needle.

- Dispose of the needle in the proper container.
- Apply pressure to the injection site with a gauze pad.
- Apply bandage and comfort the child.



Source: Goodman DM, Green TP, Unti SM, Powell EC: Current Procedures: Pediatrics: www.accesspediatrics.com
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Intramuscular injection.

Monitoring

• Watch the patient for any reaction to the medication.

Complications

• Bleeding, pain, or swelling at the injection site.

Subcutaneous Injection

Indications

- · Administration of medications or immunizations.
- Immunizations commonly administered subcutaneously include the following:
- Inactivated polio.

• Measles, mumps, and rubella.

Contraindications

Relative

• Erythema or swelling at the injection site.

Equipment

- Alcohol wipe.
- Gauze pad.
- Syringe with medication or immunization.
- · Appropriate size needle.
- · Bandage.

Risks

- Pain, swelling, bleeding or infection at the injection site.
- Lipohypertrophy or lipoatrophy may develop after repeated injections.

Pearls and Tips

• A second person may be necessary to help hold the child.

Patient Preparation

- Position the child and assess the injection site.
- Clean the injection site with an alcohol wipe.

Anatomy Review

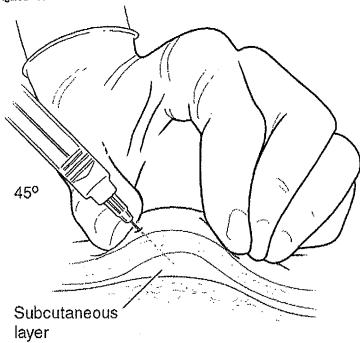
- In infants and toddlers, it is recommended that subcutaneous injections be given in the outer aspect of the upper thigh.
- For older children, the upper outer arm is the preferred spot.

Procedure

Gently pinch the skin at the injection site.

- Insert a 25- or 27-gauge 1/8-inch needle into the subcutaneous layer.
- The needle should be directed at a 45-degree angle (Figure 15-2).
- Aspirate to check for entry into a blood vessel.
- If blood is obtained, withdraw the needle, discard the medication and syringe, and start again.
- If blood is not obtained, slowly inject the medication.
- Do not recap the needle.
- Dispose of the needle in the proper container.
- Apply pressure to the injection site with a gauze pad.
- Apply bandage and comfort the child.

Figure 15-2.



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Subcutaneous injection.

Monitoring

• Watch the patient for any reaction to the medication.

Complications

• Bleeding, pain, or swelling at the injection site.

Intradermal Injection

Indications

- Medication administration.
- Placement of a tuberculosis skin test (purified protein derivative [PPD]).

Contraindications

• Erythema at the proposed injection site.

Equipment

- Alcohol wipe.
- Gauze pad.
- · Syringe with medication or immunization.
- · Appropriate size needle.

Risks

• Pain, swelling, bleeding, or infection at the injection site.

Pearls and Tips

• A second person may be necessary to help hold the child.

Patient Preparation

- · Locate the injection site.
- Clean the site with an alcohol wipe.

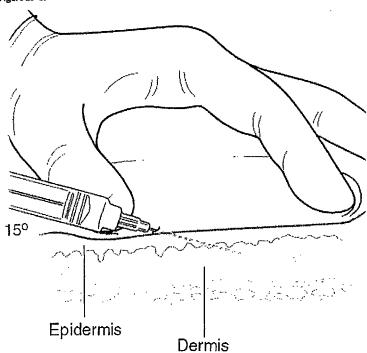
Anatomy Review

- The most common site for intradermal injections is the inner lower arm.
- Other possible sites include the upper chest and the back (between the scapulae).

Procedure

- Hold the skin tautly with the syringe bevel up at a 15-degree angle to the skin.
- Use a 0.5-inch 27-gauge needle.
- Insert the needle just below the surface of the skin of the forearm (Figure 15-3).
- The needle should go through the epidermis into the dermis.
- Slowly inject the fluid.
- The medication should form a small bleb under the skin.
- Do not recap the needle.
- Dispose of the needle in the proper container.

Figure 15-3.



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Intradermal injection.

Monitoring

• Watch the patient for any reaction to the medication.

Complications

• Bleeding, pain, or swelling at the injection site.

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Musculoskeletal Injections: A Review of the Evidence

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Injections are valuable procedures for managing musculoskeletal conditions commonly encountered by family physicians. Corticosteroid injections into articular, periarticular, or soft tissue structures relieve pain, reduce inflammation, and improve mobility. Injections can provide diagnostic information and are commonly used for postoperative pain control. Local anesthetics may be injected with corticosteroids to provide additional, rapid pain relief. Steroid injection is the preferred and definitive treatment for de Quervain tenosynovitis and trochanteric bursitis. Steroid injections can also be helpful in controlling pain during physical rehabilitation from rotator cuff syndrome and lateral epicondylitis. Intra-articular steroid injection provides pain relief in rheumatoid arthritis and osteoarthritis. There is little systematic evidence to guide medication selection for therapeutic injections. The medication used and the frequency of injection should be guided by the goal of the injection (i.e., diagnostic or therapeutic), the underlying musculoskeletal diagnosis, and clinical experience. Complications from steroid injections are rare, but physicians should understand the potential risks and counsel patients appropriately. Patients with diabetes who receive periarticular or soft tissue steroid injections should closely monitor their blood glucose for two weeks following injection. (Am Fam Physicians.)

njections have been an important adjunct for the management of musculoskeletal disease for more than 50 years. As with any procedure, success depends on knowing the right diagnosis (who to inject), performing the correct procedure (how to inject), and using the most appropriate pharmacologic agent (what to inject).

Who to Inject?

The most common indications for therapeutic injections are presented in *Table 1*. In general, injections can be within the joint space (intra-articular), around the joint space (periarticular), or within specific soft tissue structures. Injections can be used to definitively treat a condition, to provide a pain-free window for rehabilitative therapy (which is ultimately curative), or to provide episodic pain and symptom relief.

Injections for Definitive Treatment DE QUERVAIN TENOSYNOVITIS

Corticosteroid injections are curative for de Quervain tenosynovitis, a common overuse tendon injury of the hand and wrist. Steroid injections provide the highest cure rate compared with nonsteroidal anti-inflammatory drug (NSAID) therapy, splinting, or combination therapy.^{1,2} A pooled analysis of seven observational studies found that steroid injection alone was curative in 83 percent of cases compared with splinting alone (14 percent), rest(0 percent), orNSAID therapy(0 percent).² Most patients are symptom free after a single injection, and injection for the treatment of de Quervain tenosynovitis is safe during pregnancy, postpartum (when the incidence increases), and while breastfeeding.³

TROCHANTERIC BURSITIS

Trochanteric bursitis is the second leading cause of hip pain in adults. Trochanteric steroid injection is simple, safe, diagnostic, and usually therapeutic.⁴ Patients treated with a steroid-anesthetic injection report rapid and prolonged improvement of pain and disability,⁵ often after a single injection. A retrospective cohort study comparing treatments for trochanteric bursitis showed a 2.7-fold increase in the number of patients who were pain free five years after a single corticosteroid injection compared with those who did not receive an injection.⁶

Because it is safe, simple, and effective, physicians should offer steroid injection as

Clinical recommendation	Evidence rating	References
Corticosteroid injection without splinting is the preferred initial treatment for de Quervain tenosynovitis.	В	1, 2
Corticosteroid injection for trochanteric pain is safe and highly effective. With trochanteric pain, satisfactory pain relief often is achieved with a single corticosteroid injection.	С	4, 5
Subacromial corticosteroid injection provides short-term pain relief that is greater than placebo and at least equal to nonsteroidal anti-inflammatory drug therapy.	В .	9, 11, 12
Corticosteroid injection reduces short-term (less than six weeks) symptoms from lateral epicondylitis, but physical therapy is superior to steroid injection after six weeks.	Α	13, 15, 16
Intra-articular steroid injections reduce pain and swelling in osteoarthritis of the knee.	Α	17
The addition of local anesthetics to steroid injections improves pain relief and can be used to differentiate local from referred pain.	С	30, 46, 47

A = consistent, good-quality patient-oriented evidence; B = inconsistent or limited-quality patient-oriented evidence; C = consensus, disease-oriented evidence, usual practice, expert opinion, or case series. For information about the SORT evidence rating system, go to http://www.aafp.org/afpsort.xml.

first-line treatment for trochanteric bursitis, particularly in older adults. Physical therapy modalities and NSAIDs are second-line agents for pain relief in patients with trochanteric bursitis. Therapeutic strengthening and stretching exercises are helpful for younger or more athletic patients and for those with recurrent symptoms.

INJECTION FOR PAIN CONTROL DURING REHABILITATION

Injected corticosteroids decrease swelling and reduce pain, permitting improved range of motion and facilitating rehabilitative and strengthening exercises that resolve many forms of tendinopathy or bursitis.⁷⁻¹⁰

SUBACROMIAL PAIN

Definitive treatment of subacromial pain (rotator cuff syndrome) always involves physical therapy to strengthen the rotator cuff. Shoulder pain prevents many patients from adequately performing rehabilitative exercises, carrying out activities of daily living, and obtaining uninterrupted sleep. Therefore, a common clinical dilemma is how to best control pain to allow for adequate rehabilitative physical therapy. Systematic reviews of treatments for subacromial pain, subacromial impingement, and rotator cuff syndrome favor corticosteroid injection over the following options: ergonomic changes, nonsteroidal drug therapy, acupuncture, range of motion and strengthening exercises, ultrasound, ice, heat, and physical therapy.^{11,12} Subacromial injection is particularly helpful in differentiating between shoulder weakness caused by impingement (shoulder strength improves after injection) and a true rotator cuff tear (no change in strength is noted following injection).

LATERAL EPICONDYLITIS

Lateral epicondylitis (i.e., tennis elbow) is a common cause of elbow pain. Corticosteroid injection yields a predictable short-term (less than six weeks) decrease in pain 13,14 that is superior to nonsteroidal drug therapy 15 and physical therapy. 16 After six weeks, however, physical therapy reduces symptoms more than corticosteroid injection. 16 Therefore, corticosteroid injection should be reserved for patients whose symptoms limit participation in physical therapy or activities of daily living.

Table 1. Common Indications for Therapeutic Injections

Inflammatory arthritides

Adult and Juvenile rheumatoid arthritis

Crystal-induced arthritis (gout: pseudogout)

Spondyloarthropathies (Reiter syndrome; psoriatic arthritis)

Noninflammatory arthritides

Osteoarthritis (most commonly of knee, distal interphalangeal, proximal interphalangeal, carpometacarpal and metatarsophalangeal joints)

Périarticular/soft-tissue injections*

Bursitis

Carpal tunnel syndrome

Epicondylitis

Tenosynovitis

^{*--}Thérapeutic injections can be used for other nonarticular conditions as well.

Injection for Pain Relief: Arthritis

The most common indication for intra-articular injection is arthritis. For short-term treatment of osteoarthritis of the knee, intra-articular steroid injection improves function and reduces swelling and pain. The onset of action is rapid (typically within 24 hours) and clinical effects last four to eight weeks. Repeated steroid injections for osteoarthritis of the knee are safe and do not accelerate disease progression. Although steroid injections are effective for osteoarthritis of the hip, be technical challenges with this procedure preclude its routine use. Intra-articular corticosteroids are less effective for treating osteoarthritis of the thumb and shoulder.

Injection for Symptom Relief: Carpal Tunnel Syndrome

Carpal tunnel syndrome affects nearly 4 percent of the general population. Local corticosteroid injections provide greater symptom relief for one month after injection compared with placebo (number needed to treat [NNT] = 2) and oral corticosteroids. However, significant symptom relief after one month has not been demonstrated following injection.²¹ Also, as many as one third of patients will improve spontaneously. Prospective data suggest that for patients who fail initial therapy with bracing or oral anti-inflammatory medications, clinical outcomes at one year are similar in patients treated with corticosteroid injections versus surgery.²²

How Often to Inject?

Data from studies of patients with rheumatoid arthritis²³ suggest it is safe to perform multiple steroid injections on the same joint. The recommended interval between intra-articular injections is three months.²⁴ Injection frequency should be guided by the underlying disease process, the response to past injections, the availability of other treatment options, patient preferences, and clinical judgment.

What about Diabetes?

A clinical concern is the effect of steroid injection on blood glucose levels in patients with underlying diabetes. Single intra-articular steroid injections have little or no effect on glycemic control.²⁵ However, injection of soft tissues or peritendinous injections can cause elevations in blood glucose^{26,27} that persist from five to 21 days. Patients with diabetes who undergo soft tissue injections require closer glycemic monitoring and follow-up in the weeks following the procedure.

How to Inject?

A series of articles reviewing the technical aspects of joint and soft-tissue-specific injections has been published in American Family Physician. 28-30 Contraindications to intra-articular injection are presented in Table 2. If the underlying diagnosis is unknown, aspiration and synovial fluid analysis should be performed for diagnostic purposes. Although ultrasound imaging can be used to direct or confirm injection location, 31 the use of standard anatomic landmarks results in correct needle placement in most uncomplicated cases. 32

Informed consent should always be obtained before performing the procedure. Injections should be performed using aseptic technique. A 1.5 inch, 21-gauge needle is typically used to inject larger joints such as the knee or shoulder. Smaller (0.5 inch) 23- or 25-gauge needles suffice for smaller joints. The viscosity of some steroid preparations precludes injection through smaller-bore needles. To perform aspiration and injection consecutively, physicians can either use a reciprocating device³³ or the joint injection technique described in Table 3.

The most common complications of intra-articular injection are a postinjection flare of pain (2 to 10 percent), skin atrophy (1 percent), fat atrophy (1 percent), and facial flushing (less than 1 to 12 percent) (Table 4). 34-36 Less commonly reported side effects include iatrogenic infection (risk of 1 in 1,000) and tendon rupture (less than 1 percent). The risk of tendon rupture is highest with soft tissue injections around the Achilles tendon and plantar fascia. 37

What to Inject? SELECTING CONTICOSTEROIDS

There is little systematic evidence to guide corticosteroid selection for therapeutic injections. Most recommendations are based on a combination of clinical experience

Table 2. Contraindications to Intra-Articular Injection

Broken skin at injection site

Known hypersensitivity to intra-articular agent

Osteochondral/intra-articular fracture

Prosthetic joint*

Severe joint destruction

Skin infection overlying injection site

Unstable coagulopathy

*—Relative contraindication.

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Table 3. Joint Injection Procedure

Steps for combined intra-articular aspiration and injection

Petermine indication for procedure.

2. Vibtain informed consent, discuss risks, benefits, and alternatives with the patient.

- Prepare equipment, including laboratory requests, needles, syringes, and medication.
- 4. Identify and mark the appropriate anatomic landmarks to guide needle placement.
- Clean overlying skin using isopropyl alcohol (povidone iodine [Betadine] also can be used).
- Use cooling spray or local anesthetic for patient comfort (as needed).
- Select appropriate length and gauge of needle; judiciously guide needle into intra-articular space.
- 8. Gently aspirate fluid (procedure should not be painful).
- 9. Anchor needle with hemostat to prevent migration from the intra-articular space.
- 10. Remove aspirant syringe and replace with syringe containing steroid and/or anesthetic for injection.
- 11. Inject medication into the intra-articular space (fluid should move freely into the joint space); if resistance is met, try rotating or repositioning syringe to ensure that the needle is still in the correct space.
- 12. Remove needle and apply bandage.
- 13. Provide post-procedural counseling.

Table 4. Complications of Intra-Articular Steroid Injections

Complication	Incidence (%)	
Joint effects		
Post-injection flare	2 to 10	
Steroid arthropathy	0.8	
Joint infection	< 0.001 to 0.072	
Surrounding tissue effects		
Pericapsular calcification	43	
Tendon rupture	< 1	
Skin atrophy/depigmentation	< 1	
Systemic effects	•	
Vasovagal reaction	10 to 20	
Facial flushing	< ່1	
Hypersensitivity reaction	< 1	

Information from references 34 through 36.

and personal preference. However, knowledge about the mechanism of action of individual steroids can guide steroid selection in various situations.

The clinical effects of steroids result from several different mechanisms of action. Intra-articular corticosteroids reduce synovial blood flow,³⁸ lower the local

leukocyte and inflammatory modulator response,³⁹ and alter local collagen synthesis.⁴⁰ These effects combine to reduce pain and inflammation. Hydrocortisone esters are more effective in producing these effects than their parent compounds. Branched esterification further reduces solubility, allowing steroids to remain at the injection site longer.³⁸ Clinically, insoluble steroids have a longer duration of action and a higher incidence of cutaneous side effects. Triamcinolone hexacetonide (Aristospan) is the least soluble of the commonly used injectable steroids, followed by triamcinolone acetonide (Kenalog).

In the United States, methylprednisolone acetate (Depo-Medrol) is the most commonly used intraarticular steroid, followed by triamcinolone hexacetonide and triamcinolone acetonide.⁴¹ Many physicians empirically use triamcinolone hexacetonide (low solubility, longer duration of action) for intra-articular injection, and betamethasone (high solubility, shorter duration of action, fewer cutaneous side effects) for soft tissue injections.

Early trials of intra-articular corticosteroids showed equal systemic absorption of methylprednisolone in patients with rheumatic and osteoarthritic hands⁴² and knees.⁴³ This suggests that steroid pharmacokinetics, rather than disease-related factors, should guide steroid selection. A recent review by the National Health Service of the United Kingdom⁴⁴ recommends triamcinolone and methylprednisolone as preferred agents for injection of large joints (e.g., knee). For smaller joints (e.g., finger), either hydrocortisone or methylprednisolone (Hydeltrasol, brand no longer available in the United States) is recommended. Tables 5 and 6⁴⁵ compare commonly available steroid preparations.

ADDING ANESTHETICS

Local anesthetics are often combined with corticosteroids for intra-articular injection. Local anesthetics relieve pain and can be used diagnostically to differentiate between local and referred pain.^{30,46,47} They also add volume to the injectate and help to distribute corticosteroid within the joint space. Most local anesthetics are short-acting (*Table 7*).

As with the choice of corticosteroids, the choice of local anesthetic for injection is based more on clinical preference than evidence. When corticosteroids and local anesthetics are used together, many patients will experience relatively rapid relief of symptoms following the injection. This is the initial action of the local anesthetic. Patients then often experience a transient increase in pain as the local anesthetic wears off. Longer-term symptom relief results as the injected corticosteroid takes effect. It is helpful to provide this anticipatory guidance to patients before the injection.

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Table 5. Steroid Dosing and Equivalents

Steroid	Common concentration (mg per mL)	Common equivalent dose* (mg)	Approximate duration of action (days)
Methylprednisolone acetate (Depo-Medrol)	40 or 80	40	8
Triamcinoloпе acetonide (Kenalog)	10 or 40	40	14
Triamcinolone hexa- cetonide (Aristospan)	20	40	21
Déxamethasone acetate (Decadron-LA†)	8	8	8 :
Dexamethasone sodium (Decadront, Solurext)	4	8	6

NOTE: Sterold agents listed in order of prevalence of use.

†-Brand no longer available in the United States.

Table 6. Joint Specific Injections (Proximal to Distal)

Joint	dose* (mg)	Anesthetic doset (mL)	Needle length (inch)	Needie ga	uge
Shoulder	20 to 40	5	1.5	21	3 · 4
Elbow	20	3 :	1.0	23	
Wrist	20 to 40	3 .	0.5 to 1.5	23 or 25	
Knee	20 to 80	5	1.5	21	
Ankle	20 to 40	3 to 5	1.0 to 1.5	23	

^{*—}Dosing for methylprednisolone acetate (Depo-Medrol).

Information from reference 45.

Table 7. Local Anesthetics for Joint Injection

Medication	Onset of action (minutes)	Duration of action (hours)	Max volume of injection*
0.25% Bupivacaine (Marcaine)	30	8	60 mL
0.5% Bupivacaine	30	8	30 mL
1% lidocaine (Xylocaine)	1 to 2	1	20 mL
2% lidocaine	1 to 2	1	10 mL

^{*—}Increased risk of cardiac toxicity or arrhythmia above these dosages.

The opinions and assertions contained herein are those of the authors and are not to be construed as official or as reflecting the views of the U.S. Navy Medical Department, the Navy at large, the U.S. Air Force Medical Department, the U.S. Air Force at large, the U.S. Army Medical Department, the Army at large, or the Department of Defense.

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^{*—}Dose equivalent to 40 mg of methylprednisolone acetate or triamcinolone acetonide (the most commonly used intra-articular steroid; see Table 6th).

^{†—}Dosing for 1% Ildocalne (Xylocalne).

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Joint and Soft Tissue Injection

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Injection techniques are helpful for diagnosis and therapy in a wide variety of musculoskeletal conditions. Diagnostic indications include the aspiration of fluid for analysis and the assessment of pain relief and increased range of motion as a diagnostic tool. Therapeutic indications include the delivery of local anesthetics for pain relief and the delivery of corticosteroids for suppression of inflammation. Side effects are few, but may include tendon rupture, infection, steroid flare, hypopigmentation, and soft tissue atrophy. Injection technique requires knowledge of anatomy of the targeted area and a thorough understanding of the agents used. In this overview, the indications, contraindications, potential side effects, timing, proper technique, necessary materials, pharmaceuticals used and their actions, and post-procedure care of patients are presented. (Am Fam Physician 2002;66:283-8,290, Copyright@ 2002 American Academy of Family Physicians.)

A patient information handout about joint and soft tissue injection, written by the authors of this article, is provided on page 290.

This article is one in a series of "Office Procedures" articles coordinated by Dennis A. Cardone, D.O., C.A.Q.S.M., associate professor, and Alfred F. Tallia, M.D., M.P.H., associate professor, Department of Family Medicine, UMDNJ-Robert Wood Johnson Medical School, New Brunswick, New Jersey.

njection of joints, bursae, tendon sheaths, and soft tissues of the human body is a useful diagnostic and therapeutic skill for family physicians. With training, physicians can incorporate joint and soft tissue injection into daily practice, yielding many benefits. For example, a lidocaine (Xylocaine) injection into the subacromial space can help in the diagnosis of shoulder impingement syndromes, and the injection of corticosteroids into the subacromial space can be a useful therapeutic technique for subacromial impingement syndromes and rotator cuff tendinopathies. Evidence-based reviews of joint and soft tissue injection procedures have found few studies that support or refute the efficacy of common joint interventions in medical practice.1-3 However, substantial practice-based experience supports the effectiveness of joint and soft tissue injection for many common problems.

These injections are most useful in instances of joint or tissue injury and inflammation. History of pain, local and referred. will provide important clues to the underlying

pathology. Physical examination is extremely helpful in ascertaining the diagnosis. Knowledge of the anatomy of the area to be injected is essential. Intratendinous injection should be avoided because of the likelihood of weakening the tendon. Corticosteroid injections also should be avoided in cases of Achilles or patella tendinopathies.

Therapeutic responses to corticosteroid injections are variable. The patient's response to previous injection is important in deciding whether and when to proceed with reinjection. Most patients, if they are going to respond, will respond after the first injection. If the patient has achieved significant benefit after the first injection, an argument can be made to give a second injection if symptoms recur. However, patients who have gained no symptom relief or functional improvement after two injections should probably not have any additional injections, because a subsequent positive outcome is low.

If therapeutic effect is achieved, a maximum of four injections per year is recommended. There is some concern that corticosteroid preparations, with repeated use, may accelerate normal, aging-related articular cartilage atrophy or may weaken tendons or ligaments. When symptoms are resistant, or when there is a history of trauma, a radiograph or other imaging study should be performed to help assist in the diagnosis.

Joint and soft tissue injection is most useful in instances of joint and tissue injury and in inflammatory conditions.

Patients who have not gained any symptom relief after two steroid injections should probably not have any additional injections

Indications

The indications for joint or soft tissue aspiration and injection fall into two categories: diagnostic and therapeutic. A common diagnostic indication for placing a needle in a joint is the aspiration of synovial fluid for evaluation. Synovial fluid evaluation can differentiate among various joint disease etiologies including infection, inflammation, and trauma. A second diagnostic indication involves the injection of a local anesthetic to confirm the presumptive diagnosis through symptom relief of the affected body part.

Therapeutic indications for joint or soft tissue aspiration and injection include decreased mobility and pain, and the injection of medication as a therapeutic adjunct to other forms of treatment.⁵ Caution must be exercised when removing fluid for pain relief because of

TABLE 1 Indications for Diagnostic and Therapeutic Injection

Soft tissue conditions

Bursitis

Tendonitis or tendinosis

Trigger points

Ganglion cysts

Neuromas

Entrapment syndromes

Fasciitis

Joint conditions

Effusion of unknown origin or suspected infection (only diagnostic)

Crystalloid arthropathies

Synovitis

Inflammatory arthritis

Advanced osteoarthritis

the possibility of introducing infection and precipitating further or new bleeding into the joint. Also, early reaccumulation of fluid can occur in many cases.

Therapeutic injection with corticosteroids should always be viewed as adjuvant therapy." The improper or indiscriminate use of corticosteroids is likely to have a bad outcome. These injections should never be undertaken without diagnostic definition and a specific treatment plan in place. Physicians should resist external pressure for a quick return of athletes to playing sports by the use of joint or soft tissue injections. Table 1 lists soft tissue and joint condition indications for diagnostic and therapeutic injections.

Contraindications

As with any invasive diagnostic or therapeutic injection procedure, there are absolute and relative contraindications (Table 2).7 Drug allergies, infection, fracture, and tendinous sites at high risk of rupture are absolute contraindications to joint and soft tissue injection. Relative contraindications are less well defined and should be considered on a case-by-case basis. Physicians should be aware that the contraindications listed are for therapeutic injection and do not apply for diagnostic aspiration of joints or soft tissue areas. For instance, suspected septic arthritis is a contraindication for therapeutic injection, but an indication for joint aspiration.

Timing of Injections

Appropriate timing can minimize complications and allow a clear diagnosis or therapeutic response. For diagnostic injections, the procedure should be performed when acute or chronic symptoms are present, when the diagnosis is unclear or needs to be confirmed, when consideration has been given to other diagnostic modalities, and when septic arthritis has been ruled out (by aspiration and fluid analysis). For therapeutic injections, the procedure should be performed when acute or chronic symptoms are present, after the diag-

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nosis and therapeutic plan have been made, and after consideration has been given to obtaining radiographs. Therapeutic injection should be performed only with or after the initiation of other therapeutic modalities (e.g., physical therapy). In the absence of an underlying chronic inflammatory arthritis, any joint with an effusion should be radiographed to rule out a fracture or other intra-articular pathologic process.

Corticosteroids MECHANISM OF ACTION

After intra-articular injection, corticosteroids function to suppress inflammation and decrease erythema, swelling, heat, and tenderness of the inflamed joint. These effects are believed to result from several mechanisms, including alterations in neutrophil chemotaxis and function, increases in viscosity of synovial fluid, stabilization of cellular lysosomal membranes, alterations in hyaluronic acid synthesis, transient decreases in synovial fluid complements, alterations in synovial permeability, and changes in synovial fluid leukocyte count and activity.8 Whether this is exactly the same mechanism of action that occurs with orally or parenterally administered corticosteroids is uncertain.4

SELECTION OF CORTICOSTEROID

Many corticosteroid preparations are available for joint and soft tissue injection. The agents differ according to potency (Table 3), solubility, and crystalline structure. Potency is generally measured against hydrocortisone, and ranges from low-potency, short-acting agents such as cortisone, to high-potency, long-acting agents such as betamethasone (Celestone).

Few studies have investigated the efficacy or duration of action of the various agents in joints or soft tissue sites. The duration of effect is inversely related to the solubility of the preparation: the less soluble an agent, the longer it remains in the joint and the more prolonged the effect. Consequently, suspensions are longer

TABLE 2

Absolute and Relative Contraindications to Therapeutic Joint and Soft Tissue Injection

Absolute contraindications	Relative contraindications
Local cellulitis	Minimal relief after two previous
Septic arthritis	corticosteroid injections
Acute fracture	Underlying coagulopathy
Bacteremia	Anticoagulation therapy
Joint prosthesis Achilles or patella tendinopathies	Evidence of surrounding joint osteoporosis
History of allergy or anaphylaxis	Anatomically inaccessible joints
to injectable pharmaceuticals or constituents	Uncontrolled diabetes mellitus

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acting. A short-acting solution, such as dexamethasone sodium phosphate (Decadron), is less irritating and less likely to cause a postinjection flare than a long-acting dexamethasone suspension. Many clinicians use injectables that combine short-acting compounds with longacting suspensions (e.g., betamethasone sodium phosphate and acetate suspension),

College of the management and the second of TABLE 3 Corticosteroid Agents by Relative Potencies, Duration, and Dose

Agent	Potency	Duration	Dose/site
Hydrocortisone acetate (Hydrocortone)	Low	Short	10 to 25 mg for soft tissue and small joints 50 mg for large joints
Methylprednisolone acetate (Depo-Medrol) or triamcinolone acetonide (Aristocort)	Intermediate	Intermediate	2 to 10 mg for soft tissue and small joints 10 to 80 mg for large joints
Dexamethasone sodium phosphate (Decadron)	High	Long	0.5 to 3 mg for soft tissue and small joints 2 to 4 mg for large joints
Betamethasone sodium phosphate and acetate (Celestone Soluspan)	High	Long	1 to 3 mg for soft tissue and small joints 2 to 6 mg for large joints

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Low-solubility corticosteroid agents should not be used for soft tissue injection because of the increased risk of surrounding tissue attophy:

> thereby obtaining the beneficial effects of both types of preparations. Mixing the corticosteroid preparation with a local anesthetic is a common practice for avoiding the injection of a highly concentrated suspension into a single area. The anesthetic provides early relief of symptoms and helps confirm the diagnosis.

> Low-solubility agents, favored for joint injection, should not be used for soft tissue injection because of the increased risk of surrounding tissue atrophy. Methylprednisolone (Depo-Medrol) is often the agent selected for soft tissue injection.

PRECAUTIONS

Several precautions should be taken when using steroid injections. Care should be taken to avoid direct injection of tendons because of the danger of rupture. Avoid injection into adjacent nerves of the target area (e.g., ulnar nerve when injecting for medial epicondylitis). Allow adequate time between injections, generally a minimum of four to six weeks. Pay

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attention to the depth of needle insertion to avoid needle trauma to articular cartilage. Finally, avoid injecting several large joints simultaneously because of the increased risk of hypothalamic-pituitary-adrenal suppression and other adverse effects.

DOSAGE

Dosing is site dependent. As a rule, larger joints require more corticosteroid. *Table 3* lists general corticosteroid dosing guidelines.

Local Anesthetics

Before injection of a joint or soft tissue, a small quantity of 1 percent lidocaine or 0.25 to 0.5 percent bupivacaine (Sensorcaine) can be injected subcutaneously with a 25- to 30gauge needle to provide local anesthesia. For the actual joint or soft tissue injection, most physicians mix an anesthetic with the corticosteroid preparation. This provides temporary analgesia, confirms the delivery of medication to the appropriate target, and dilutes the crystalline suspension so that it is better diffused within the injected region. Manufacturers advise against mixing corticosteroid preparations with lidocaine because of the risk of clumping and precipitation of steroid crystals. However, the authors have never experienced this as a major problem.

For most injections, 1 percent lidocaine or 0.25 to 0.5 percent bupivacaine is mixed with a corticosteroid preparation. The dose of anesthetic varies from 0.25 mL for a flexor tendon sheath (trigger finger) to 5 to 8 mL for larger joints. On rare occasions, patients exhibit signs of anesthetic toxicity, including flushing, hives, chest or abdominal discomfort, and nausea. It can take as long as 20 to 30 minutes following the injection for these symptoms to present. For this reason, and to monitor for allergic reactions, patients should be observed in the office for at least 30 minutes following the injection.

Potential Complications

A number of potential complications can arise from use of joint and soft tissue proce-

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dures.10 Local infection is always possible, but it can be avoided by following the proper technique. Joint injections should always be performed using sterile procedure to prevent iatrogenic septic arthritis. Local reactions at the injection site may include swelling, tenderness, and warmth, all of which may develop a few hours after injection and can last up to two days. A postinjection steroid flare, thought to be a crystal-induced synovitis caused by preservatives in the injectable suspension, may occur within the first 24 to 36 hours after injection.11 This is self-limited and responds to application of ice packs for no longer than 15-minute intervals.

Soft tissue (fat) atrophy and local depigmentation are possible with any steroid injection into soft tissue, particularly at superficial sites (e.g., lateral epicondyle). Periarticular calcifications are described in the literature, but they are rare. Tendon rupture can be avoided by not injecting directly into the ten-

Systemic effects are possible (especially after triamcinolone acetonide [Aristocort] injection or injection into a vein or artery), and patients should always be acutely monitored for reactions. Alterations in taste have been reported for one to two days after steroid injection. Hyperglycemia is possible in patients who have diabetes.

To avoid direct needle injury to articular cartilage or local nerves, attention should be paid to anatomic landmarks and depth of injection. Other rare, but possible, complications include pneumothorax (when injecting thoracic trigger points), perilymphatic depigmentation, steroid arthropathy, adrenal suppression, and abnormal uterine bleeding.

Informed Consent

Informed consent should always be obtained for any invasive procedure. Discussion with the patient should include indications, potential risks, complications and side effects, alternatives, and potential outcomes from the injection procedure. Patients should sign documentation that informed consent for the procedure was given and understood. A third party should witness the patient's signing. Documentation is kept as part of the patient's record.

Necessary Equipment

All joint and soft tissue injection or aspiration techniques should be performed wearing gloves. When injecting or aspirating a joint space, sterile technique should be used. Nonsterile gloves can be used when injecting or aspirating soft tissue regions. Necessary equipment for joint and soft tissue injection or aspiration is listed in Table 4.

Site Preparation

The entry point for injection or aspiration should be identified. The point of entry can be marked with an impression from a thumbnail, a needle cap, or an indelible ink pen. The important goal is to minimize risk of infection at the site. Prepare the area with an alcohol or povidone-iodine (Betadine) wipe. For all

TABLE 4 **Equipment Tray Contents for Joint** or Soft Tissue Injection or Aspiration

Alcohol wipes Povidone-iodine (Betadine) wipes. Sterile and nonsterile gloves Sterile drapes 25- to 30-gauge 0.5- to 1.0-inch needle for local skin anesthesia 18- to 20-gauge 1.5-inch needle for aspirations

22- to 25-gauge 1.0- to 1.5-inch needle for injections

1 mL- to 10 mL-syringe for injections 3 mL- to 60 mL-syringe for aspirations

Local anesthetic

Corticosteroid preparation

Laboratory tubes for culture or other studies (aspiration)

Hemostat (if joint is to be aspirated and then injected using the same needle)

Adhesive bandage or other adhesive dressing

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intra-articular injections, sterile technique should be used.

Steps for Injection and Joint Aspiration

When possible, the patient should be placed in the supine position. This will help prevent or mitigate the effects of a vasovagal or syncopal episode. Palpate the soft tissue or bony landmarks. Follow the steps for site preparation. For soft tissue injections, the following modalities may be used for short-term partial anesthesia: applying ice to the skin for five to 10 minutes; applying topical vapo-coolant spray; or firmly pinching the skin for three to four seconds at the injecting site.12 Once the skin is anesthetized, the needle should be inserted through the skin to the site of injection. To prevent complications, adhere to sterile technique for all joint injections; know the location of the needle and underlying anatomy; avoid neuromuscular bundles; avoid injecting corticosteroids into the skin and subcutaneous fat; and always aspirate before injecting to prevent intravascular injection.

The injection should flow easily and should not be uncomfortable to the patient. Most pain is the result of tissue stretching and can be mitigated by injecting slowly. If there is strong resistance while injecting, the needle may be intramuscular, intratendinous, or up against bone or cartilage, and it should be repositioned.

Postinjection Instructions and Care

An adhesive dressing should be applied to the injection site. To minimize pain and inflammation after leaving the office, the patient should be advised to apply ice to the injection site (for no longer than 15 minutes at a time, once or twice per hour), and non-steroidal anti-inflammatory agents may be used, especially for the first 24 to 48 hours. The affected area should be rested from strenuous activity for several days after the injec-

tion because of the small possibility of local tissue tears secondary to temporarily high concentrations of steroid. This risk lessens as the steroid dissipates. Patients should be educated to look for signs of infection including erythema, warmth, or swelling at the site of injection, or systemic signs including fever and chills. The patient should keep the injection site clean and may bathe.

The authors indicate that they do not have any conflicts of interest. Sources of funding: none reported.

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Education

[1998 - 2002]

The Ohio State University

Columbus, OH

Doctor of Medicine

[1992 - 1998]

Brigham Young University

Provo, UT

Bachelor of Science

Post-Graduate Education [2005 - 2006]

Sportsmedicine Grant

Columbus, OH

Sports Medicine Fellowship

[2004 - 2005]

Grant Family Medicine

Columbus, OH

Chief Resident

[2002 - 2005]

Grant Family Medicine

Columbus, OH

Family Medicine Residency

Professional experience [2005 - 2006]

Physician Staffing Inc.

Cleveland, OH

Hospitalist for two Ohio hospitals

[2006-2007]

Renown Health

Reno, NV

Family Physician

[2007- current]

SpecialtyHealth

Reno, NV

Sports, occupational, and family medicine

[2007- current]

University of Nevada School of Medicine

Reno, NV

Sports and family medicine

Presentations

"Joint Examinations," Workshop presented at 50th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2018.

"Joint Examinations" and "Joint Injections," Workshop presented at 48th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2016.

"Joint Examinations," Workshop presented at 47th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2015.

"Joint Examinations," Workshop presented at 46th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2014.

"Evaluation of the Impact of a Paleolithic Diet on Cardiovascular Risk Factors and Lipoproteins in a Law Enforcement Population," Presented at the Ancestral Health Symposium 2013 in Atlanta GA, 46th Annual Nevada Academy of Family Physicians Winter CME Meeting in South Lake Tahoe, NV, and Washoe County Obesity Forum 2013 in Reno, NV.

"Spine Examination," Workshop presented at 45th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2013.

"Neck and Shoulder Exam," Workshop presented at 44th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2012.

"Joint Injections," Presented at 40th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2008.

"Presyncope in a Division III Cross-Country Runner," Presented at AMSSM National Meeting, Miami Florida, April 2006.

"Community-acquired MRSA in Athletes – What You Need to Know," Presented at 11th Current Concepts in Sports Medicine Conference, Columbus Ohio, August 2005.

"The Preparticipation Physical Exam," Presented at Grant Medical Center Grand Rounds, Columbus Ohio, March 2005.

"Management of the Abnormal Pap Smear," Presented at Colposcopy for the Primary Care Physician, Columbus Ohio, May 2004.

Sports Medicine

Team Physician, Reno Aces, AAA baseball, Reno, 2009-current
Team Physician, University of Nevada, Reno, 2006 - current
Team Physician, Damonte Ranch High School, 2006 - current
Volunteer Physician, Tahoe Rim Endurance Run, 2010 - current
Volunteer Physician, Marathon De Mayo, Reno, NV 2006
Volunteer Physician, Ohio District and Sectional Wrestling Tournament, Feb.
2006
Team Physician, Columbus Destroyers (Arena Football) 2006

Team Physician, Denison University, 2005 - 2006
Team Physician, Central Crossing High School, Columbus OH,2002-2003, 2005
Team Physician, Whitehall High School, Columbus OH, 2004

Volunteer Physician, Columbus Marathon, Nov. 2005 Volunteer Physician, Great Ohio Bicycle Adventure, 2004 – 2006.

Publications

Pommering T, Kluchurosky L, Hall S. Ankle and Foot Injuries in Pediatric and Adult Athletes. *Prim Care Clin Office Pract* 2005; 32: 133 – 161.

Rodenberg RE, Cayce K, Hall S. Your Guide to a Dreaded Injury: the ACL Tear. Contemp Pediatri, Jul 2006.

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Hall S and Lorenc T. Secondary Prevention of Coronary Artery Disease. *Am Fam Physician*. 2010 Feb 1;81(3):289-296.

Fiore D, Hall S, and Shoja P. Altitude Illness: Risk Factors, Prevention, Presentation, and Treatment. *Am Fam Physician*. 2010 Nov 1;82(9):1103-1110.

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Peer Reviewer for the American Family Physician journal: http://www.aafp.org/afp/2009/1101/p930.html.

Professional Societies

American Academy of Family Physicians, 2002 - present

SCOTT HALL, MD CAQSM

Associate Professor of Family Medicine University of Nevada School of Medicine Family Medicine Department

EDUCATION

Doctor of Medicine, Ohio State University, 2002 Bachelor of Science, Brigham Young University, 1998

MEDICAL TRAINING

Sports Medicine Fellowship, Grant Sports Medicine, 2006 Chief Resident, Grant Family Medicine, 2005

Family Medicine Residency, Grant Family Medicine, 2002-2005

MEDICAL EXPERIENCE

2007-current Associate Professor of Family Medicine, University of Nevada, Reno School

of Medicine, Department of Family Medicine

2018-current State of Nevada Rating Physician, Scott Hall, MD, PLLC

2007-2019 Clinical Physician and Medical Director, SpecialtyHealth

2006-2007 Family Medicine Physician and Hospitalist, *Renown Health*

2005-2006 Hospitalist, Physician Staffing

"Pre-Participation Exams in the COVID Era," Lecture presented at 53rd Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2021.

"Joint Examinations" and "Joint Injections" Workshops presented at 52th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2020.

"MRSA and Athletes," presentation for the Renown Sports Medicine conference in April 2019 and Project ECHO University of Nevada, Reno in May 2019

"Joint Examinations," Workshop presented at 50th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2018.

"Joint Examinations" and "Joint Injections," Workshop presented at 48th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2016.

"Joint Examinations," Workshop presented at 47th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2015.

"Joint Examinations," Workshop presented at 46th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2014.

"Evaluation of the impact of a Paleolithic Diet on Cardiovascular Risk Factors and Lipoproteins in a Law Enforcement Population," Presented at the Ancestral Health Symposium 2013 in Atlanta GA, 46th Annual Nevada Academy of Family Physicians Winter CME Meeting in South Lake Tahoe, NV, and Washoe County Obesity Forum 2013 in Reno, NV.

"Spine Examination," Workshop presented at 45th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2013.

"Neck and Shoulder Exam," Workshop presented at 44th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2012.

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"Management of the Abnormal Pap Smear," Presented at Colposcopy for the Primary Care Physician, Columbus Ohio, May 2004.

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RESPONDENT'S HEARING EXHIBITS

1-1-2-35

No.	TITLE	BATES RANGE
1	Hai Thanh, M.D.'s Second	N/A
	Supplemental Prehearing	
	Conference Disclosure	
2	Complaint	N/A
3	Respondent Hai Thanh Nguyen,	N/A
	M.D.'s Answer to Complaint	·
4	Respondent's letter of	N/A
	response to Medical Board,	•
	dated 4/24/2017	
5	Medical Records from	HCP0001 - HCP0017
	Healthcare Partners	
6	Medical Administration Log	Med Admin Log 00001 -
		Med Admin Log 00007
7	Standard Operating Procedure	SOP INJECTABLE MEDS 0001-
	for Injectable Medication	SOP INJECTABLE MEDS 0004
	Administration	
8	CV Edwardo Anorga M.D.	N/A
9	IBM Micromedex Information	MICROMEDEX000001 -
	for Pediatric Administration of	MICROMEDEX0000025
	Kenalog	
10	American Society for	ASM 000001 - ASM000004
	Microbiology, comparison of	
	Corticosteroids for Treatment	
	of Respiratory Syncytial Virus	
	Bronchiolitis and Pneumonia in	And the second s
	Cotton Rats	
11	Bristol-Myers Squibb Company	BMS_(2011) 000001 -
	Information for Intramuscular	BMS_(2011) 0000020
	or Intra-articular Kenalog	
	Injection, Revised 2011	
12	Medical Administration Details	Med Admin Details 000001 -
		Med Admin Details 000002
13	Declaration of Melissa Vogt, RN	N/A

A Williams

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BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

4 Complaint Against

In the Matter of Charges and

HAI THANH NGUYEN, M.D.,

Respondent.

Case No. 21-38084-1

HAI THANH NGUYEN, M.D.'S SECOND SUPPLEMENTAL PREHEARING CONFERENCE DISCLOSURE

COMES NOW, Respondent HAI THANH NGUYEN, M.D., by and through his counsel of record, ROBERT C. McBRIDE, ESQ. and T. CHARLOTTE BUYS, ESQ., of the law firm of McBRIDE HALL and in accordance with Nevada Administrative Code § 630.465 and the Hearing Officer's Scheduling Order filed on February 7, 2022 and Order Rescheduling Pretrial Hearing filed on April 5, 2022, hereby provides the following Second Supplement to Hai Thanh Nguyen, M.D.'s Prehearing Conference Disclosure (supplemental information in bold):

I.

<u>WITNESSES</u>

Hai Thanh Nguyen, M.D.
 c/o Robert C. McBride, Esq.
 T. Charlotte Buys, Esq.
 McBRIDE HALL
 8329 W. Sunset Boulevard, Suite 260
 Las Vegas, Nevada 89113
 (702) 791-5855

Respondent will testify regarding the care and treatment provided to Patient A, his custom and practice, and his medical records documenting Patient A's care and treatment. He will also provide testimony regarding the Board's Complaint and the allegations therein. Respondent will also testify that he complied with the standard of care.

2. Eduardo Anorga, M.D.

Dr. Anorga is a physician board-certified in family medicine and is expected to testify regarding his review of this case and the standard of care applicable to Dr. Nguyen's care and treatment of Patient A, and documentation of the same. Dr. Anorga will also provide expert testimony regarding the Board's Complaint and the allegations contained therein.

3. Ellen Aliberti

Ms. Aliberti is a Clinical Educator. Ms. Aliberti is expected to testify regarding the clinical education and policies and procedures provided to Medical Assistants at Healthcare Partners of Nevada. Ms. Aliberti may also testify as to her knowledge regarding the Medication Administration Details Record for Ms.

and her knowledge regarding the record keeping practices of Intermountain Healthcare (previously Healthcare Partners of Nevada). She is also anticipated to testify to any relevant knowledge she may have regarding the facts and circumstances surrounding this matter.

4. Glenisha Barner, MA (Current Address Unknown)

Ms. Barner is anticipated to testify regarding her care and treatment of Patient A, and as to any relevant knowledge she may have regarding the facts and circumstances surrounding this matter.

5. Barry Misiuk, MA (Current Address Unknown)

Mr. Misiuk is anticipated to testify regarding his care and treatment of Patient A, and as to any relevant knowledge he may have regarding the facts and circumstances surrounding this matter.

Sheilamarie DelGrosso
 c/o Nevada State Board of Medical Examiners
 9600 Gateway Drive
 Reno, NV 89521

Ms. Delgrosso and Mr. Delgrosso are the parents of Patient A and are expected to testify as to the consent for medical care and medical treatment provided to Patient A and any relevant knowledge she may have regarding the facts and circumstances surrounding this matter.

7. Melissa Vogt, RN

Ms. Vogt is a Learning Coordinator-RN. Ms. Vogt located and made a true and correct copy of the Medication Administration Details record for Ms. and is expected to testify regarding the authenticity of the record and her knowledge regarding the record keeping practices of Intermountain Healthcare (previously Healthcare Partners of Nevada). She is also anticipated to testify to any relevant knowledge she may have regarding the facts and circumstances surrounding this matter.

Respondent reserves the right to call as expert witnesses any and all of the Board's designated expert witness(es) or any other witness designated by any other party. Respondent further reserves the right to amend and supplement this list as discovery continues and as necessary for rebuttal and/or impeachment.

II.

DOCUMENTS

- Board of Medical Examiners of the State of Nevada Complaint filed November 3, 2021.
- 2. Respondent Hai Thanh Nguyen, M.D.'s Answer to Complaint
- 3. Respondent Hai Thanh Nguyen, M.D.'s Board Response Letter dated April 24, 20017
- 4. Medical Records from Healthcare Partners (HCP 0001-17)
- 5. Medical Administration Log (MED ADMIN LOG 0001-7)

- Standard Operating Procedure for Injectable Medication Administration (SOP INJECTABLE MEDS 0001-4)
- 7. Curriculum Vitae of Eduardo Anorga, M.D.

First Supplement

- 8. IBM Micromedex Information for Pediatric Administration of Kenalog (MICROMEDEX000001-25).
- American Society for Microbiology, Comparison of Corticosteroids for Treatment of Respiratory Syncytial Virus Bronchiolitis and Pneumonia in Cotton Rats (ASM 000001-000004).
- Bristol-Myers Squibb Company Information for Intramuscular or Intra-articular Kenalog Injection, Revised June 2011, (BMS (2011) 000001-20).

Second Supplement

- 11. Medication Administration Details (MED ADMIN DETAILS 00001-2).
- 12. Declaration of Melissa Vogt, RN. Regarding Medication Administration Details.

Respondent reserves the right to use any and all of the documents, exhibits, reference materials and records disclosed by the Board or any other party. Respondent further reserves the right to amend and supplement this list as discovery continues and as necessary for rebuttal and/or impeachment.

DATED this 23rd day of May, 2022.

McBRIDE HALL

/s/ T. Charlotte Buys

ROBERT C. McBRIDE, ESQ.

Nevada Bar No.: 7082

T. CHARLOTTE BUYS, ESQ.

Nevada Bar No.: 14845

8329 W. Sunset Road, Suite 260

Las Vegas, Nevada 89113

Attorneys for Respondent Hai Thanh Nguyen M.D.

Hai'i

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CERTIFICATE OF SERVICE

I hereby certify that on the 23rd day of May 2022, I served a true correct copy of HAI THANH NGUYEN, M.D.'S SECOND SUPPLEMENTAL PREHEARING CONFERENCE DISCLOSURE by sending electronically and mailing via United States mail to the following:

Sarah Bradley, J.D., MBA Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, NV 89521 Attorneys for the Investigative Committee

> /s/ Madeline VanHeuvelen An Employee of McBride Hall

_

DECLARATION OF MELISSA VOGT

STATE OF NEVADA)
COUNTY OF CLARK)

I, MELISSA VOGT, declare under penalty of perjury pursuant to NRCP 34(c) and NRS 53.045 as follows:

- 1. I am over the age of eighteen. I am competent to testify on the matters set forth herein. I make this declaration based upon my personal knowledge.
- 2. I am a Registered Nurse and currently am a Learning Coordinator employed by Intermountain Healthcare.
- 3. On May 23, 2022, I located Medication Administration Details for patient, and I made a true and exact copy of that record, which has been batestamped MED ADMIN DETAILS 00001 MED ADMIN DETAILS 00002.
- 4. It is my understanding that the original of the records was made at or near the time of the act and/or event recited therein.
- 5. The Medication Administration Details are kept as part of the patient's designated record set, however, they are maintained separately from the patient's other medical records. It is my understanding that this Medication Administration Details record was inadvertently not printed and included in a copy of the patient's medical records that were previously disclosed in the Nevada Board of Medical Examiners Formal Complaint against Hai Thanh Nguyen, M.D. (Case No. 21-38084-1), as such record are maintained separately from the other portions of the patient's medical record.
- 6. I declare under penalty of perjury under the laws of the State of Nevada that the foregoing is true and correct.

DATED this 23 day of May, 2022.

MELISSA VOGT

MEDICAL RECORDS

This exhibit contains person medical information, records of a patient or other personal identifying information that is confidential and otherwise protected from disclosure to the public pursuant to NRS 622.310

BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

In the Matter of Charges and

Complaint Against

HAI THANH NGUYEN, M.D.,

Respondent.

HAI THANH NGUYEN, M.D.'S FIRST SUPPLEMENTAL PREHEARING CONFERENCE DISCLOSURE

COMES NOW, Respondent HAI THANH NGUYEN, M.D., by and through his counsel of record, ROBERT C. McBRIDE, ESQ. and T. CHARLOTTE BUYS, ESQ., of the law firm of McBRIDE HALL and in accordance with Nevada Administrative Code § 630.465 and the Hearing Officer's Scheduling Order filed on February 7, 2022 and Order Rescheduling Pretrial Hearing filed on April 5, 2022, hereby provides the following First Supplement to Hai Thanh Nguyen, M.D.'s Prehearing Conference Disclosure (supplements are in bold):

I.

WITNESSES

1. Hai Thanh Nguyen, M.D.
c/o Robert C. McBride, Esq.
T. Charlotte Buys, Esq.
McBRIDE HALL
8329 W. Sunset Boulevard, Suite 260
Las Vegas, Nevada 89113
(702) 791-5855

Respondent will testify regarding the care and treatment provided to Patient A, his custom and practice, and his medical records documenting Patient A's care and treatment. He will also provide testimony regarding the Board's Complaint and the allegations therein. Respondent will also testify that he complied with the standard of care.

2. Eduardo Anorga, M.D.

Dr. Anorga is a physician board-certified in family medicine and is expected to testify regarding his review of this case and the standard of care applicable to Dr. Nguyen's care and treatment of Patient A, and documentation of the same. Dr. Anorga will also provide expert

testimony regarding the Board's Complaint and the allegations contained therein.

3. Ellen Aliberti

Ms. Aliberti is a Clinical Educator. Ms. Aliberti is expected to testify regarding the clinical education and policies and procedures provided to Medical Assistants at Healthcare Partners of Nevada. She is also anticipated to testify to any relevant knowledge she may have regarding the facts and circumstances surrounding this matter.

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Ms. Barner is anticipated to testify regarding her care and treatment of Patient A, and as to any relevant knowledge she may have regarding the facts and circumstances surrounding this matter.

5. Barry Misiuk, MA (Current Address Unknown)

Mr. Misiuk is anticipated to testify regarding his care and treatment of Patient A, and as to any relevant knowledge he may have regarding the facts and circumstances surrounding this matter.

28

1

6. Sheilamarie DelGrosso c/o Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, NV 89521

Ms. Delgrosso and Mr. Delgrosso are the parents of Patient A and are expected to testify as to the consent for medical care and medical treatment provided to Patient A and any relevant knowledge she may have regarding the facts and circumstances surrounding this matter.

Respondent reserves the right to call as expert witnesses any and all of the Board's designated expert witness(es) or any other witness designated by any other party. Respondent further reserves the right to amend and supplement this list as discovery continues and as necessary for rebuttal and/or impeachment.

II.

DOCUMENTS

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- 5. Medical Administration Log (MED ADMIN LOG 0001-7)
- Standard Operating Procedure for Injectable Medication Administration (SOP INJECTABLE MEDS 0001-4)
- 7. Curriculum Vitae of Eduardo Anorga, M.D.
- 8. IBM Micromedex Information for Pediatric Administration of Kenalog (MICROMEDEX000001-25).
- 9. American Society for Microbiology, Comparison of Corticosteroids for Treatment of Respiratory Syncytial Virus Bronchiolitis and Pneumonia in Cotton Rats (ASM 000001-000004).

10. Bristol-Myers Squibb Company Information for Intramuscular or Intraarticular Kenalog Injection, Revised June 2011, (BMS_(2011)_000001-20).

Respondent reserves the right to use any and all of the documents, exhibits, reference materials and records disclosed by the Board or any other party. Respondent further reserves the right to amend and supplement this list as discovery continues and as necessary for rebuttal and/or impeachment.

DATED this 11th day of April, 2022.

McBRIDE HALL

By: /s/ T. Charlotte Buys ROBERT C. McBRIDE, ESQ. Nevada Bar No.: 7082 T. CHARLOTTE BUYS, ESQ. Nevada Bar No.: 14845 8329 W. Sunset Road, Suite 260 Las Vegas, Nevada 89113 Attorneys for Respondent Hai Thanh Nguyen M.D.

•

1	BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA * * * * *						
3	In the Matter of Charges and Complaint Against Case No. 21-38084-1						
4	HAI THANH NGUYEN, M.D.,						
5	Respondent.						
7	HAI THANH NGUYEN, M.D.'S PRE-HEARING CONFERENCE DISCLOSURE						
8							
9	COMES NOW, Respondent HAI THANH NGUYEN, M.D., by and through his counsel of						
10	record, ROBERT C. McBRIDE, ESQ. and T. CHARLOTTE BUYS, ESQ., of the law firm of						
11	McBRIDE HALL and in accordance with Nevada Administrative Code § 630.465 and the						
12	Hearing Officer's Scheduling Order filed on February 7, 2022, hereby provides the following	,					
13	disclosures:						
14	I.						
15	WITNESSES						
16	1. Hai Thanh Nguyen, M.D.	į					
17	c/o Robert C. McBride, Esq. T. Charlotte Buys, Esq.						
18	McBRIDE HALL 8329 W. Sunset Boulevard, Suite 260						
19	Las Vegas, Nevada 89113						
20	(702) 791-5855						
21	Respondent will testify regarding the care and treatment provided to Patient A, his custom	n					
22	and practice, and his medical records documenting Patient A's care and treatment. He will als	0					
23	provide testimony regarding the Board's Complaint and the allegations therein. Respondent wi	Ш					
24	also testify that he complied with the standard of care.						
25	2. Eduardo Anorga, M.D.						
26							
27							

Dr. Anorga is a physician board-certified in family medicine and is expected to testify regarding his review of this case and the standard of care applicable to Dr. Nguyen's care and treatment of Patient A, and documentation of the same. Dr. Anorga will also provide expert testimony regarding the Board's Complaint and the allegations contained therein.

3. Ellen Aliberti

Ms. Aliberti is a Clinical Educator. Ms. Aliberti is expected to testify regarding the clinical education and policies and procedures provided to Medical Assistants at Healthcare Partners of Nevada. She is also anticipated to testify to any relevant knowledge she may have

regarding the facts and circumstances surrounding this matter.

4. Glenisha Barner, MA
(Current Address Unknown)

Ms. Barner is anticipated to testify regarding her care and treatment of Patient A, and as to any relevant knowledge she may have regarding the facts and circumstances surrounding this matter.

5. Barry Misiuk, MA (Current Address Unknown)

Mr. Misiuk is anticipated to testify regarding his care and treatment of Patient A, and as to any relevant knowledge he may have regarding the facts and circumstances surrounding this matter.

Respondent reserves the right to call as expert witnesses any and all of the Board's designated expert witness(es) or any other witness designated by any other party. Respondent further reserves the right to amend and supplement this list as discovery continues and as necessary for rebuttal and/or impeachment.

II.

DOCUMENTS

 Board of Medical Examiners of the State of Nevada Complaint filed November 3, 2021.

BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

* * * *

In the Matter of Charges and Complaint Against: HAI THANH NGUYEN, M.D.,

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Respondent.

Case No. 21-38084-1

FILED

NOV 03 2021

NEVADA STATE BOARD OF MEDICAL EXAMINERS By:

COMPLAINT

The Investigative Committee¹ (IC) of the Nevada State Board of Medical Examiners (Board), by and through Robert G. Kilroy, Esq., Senior Deputy General Counsel and attorney for the IC, having a reasonable basis to believe that Hai Thanh Nguyen, M.D., (Respondent) violated the provisions of Nevada Revised Statutes (NRS) Chapter 630 and Nevada Administrative Code (NAC) Chapter 630 (collectively, the Medical Practice Act), hereby issues its Complaint, stating the IC's charges and allegations as follows:

- 1. Respondent was at all times relative to this Complaint a medical doctor holding an active license to practice medicine in the State of Nevada (License No. 13702). Respondent originally licensed by the Board on September 15, 2010.
- 2. On November 11, 2016, Patient A² along with her parents went to HealthCare Partners Urgent Care, because she was suffering from coughing, wheezing, phlegm, and vomiting. Respondent evaluated the 2-year-old girl with "croup." Respondent started Patient A on prednisolone orally and also recommended a "steroid shot." Respondent successfully injected Kenalog into Patient A's lateral buttocks after two (2) unsuccessful attempts by Respondent's medical assistant. Patient A's medical record indicates "Kenalog 40mg/ml...Inject 0.5ml

The Investigative Committee of the Nevada State Board of Medical Examiners, at the time this formal Complaint was authorized for filing, was composed of Board members Rachakonda D. Prabhu, M.D., Ms. Sandy Peltyn, and Victor M. Muro, M.D.

Peltyn, and Victor M. Muro, M.D.

2 Patient A's true identity is not disclosed herein to protect her privacy, but is disclosed in the Patient
Designation served upon Respondent along with a copy of this Complaint. on this entry.

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3. Approximately, two (2) weeks later, Patient A's parents noticed that Patient A's injection spot upon her buttocks had become a "divet" and eventually a "crater" that was sensitive to the touch. Skin atrophy is a known complication of a steroid intramuscular injection. Standard of care for toddlers (Patient A) who cannot "keep anything down" due to constant vomiting is an intramuscular or intravenous administration of steroids. Here, Patient A indicated only vomited once a day in the mornings, and not constantly though out the day, and should have been given an oral steroid. Respondent should have offered to Patient A's parent an oral option first, prior to the injection shot and discussed the risks and benefits of the steroid medication with them. For toddlers, such as Patient A, the proximal lateral thigh is the appropriate location for intramuscularly injections, not into a toddler's buttocks.

COUNT I

NRS 630.301(4) (Malpractice)

- 4. All of the allegations contained in the above paragraphs are hereby incorporated by reference as though fully set forth herein.
- 5. NRS 630.301(4) provides that malpractice of a physician is grounds for initiating disciplinary action against a licensee.
- 6. NAC 630.040 defines malpractice as the failure of a physician, in treating a patient, to use the reasonable care, skill, or knowledge ordinarily used under similar circumstances.
- 7. As demonstrated by, but not limited to, the above-outlined facts, Respondent failed to use the reasonable care, skill or knowledge ordinarily used under similar circumstances when

he provided medical services to Patient A, because he failed to obtain and document an informed consent for the injection of Kenalog, and when he failed to properly inject the Kenalog into the proximal lateral thigh instead of Patient A's buttocks.

8. By reason of the foregoing, Respondent is subject to discipline by the Board as provided in NRS 630,352.

COUNT II

NRS 630.3062(1)(a) (Failure to Maintain Proper Medical Records)

- 9. All of the allegations contained in the above paragraphs are hereby incorporated by reference as though fully set forth herein.
- 10. NRS 630.3062(1)(a) provides that the failure to maintain timely, legible, accurate and complete medical records relating to the diagnosis, treatment and care of a patient is grounds for initiating disciplinary action against a licensee.
- 11. Respondent failed to maintain complete medical records relating to the diagnosis, treatment and care of Patient A, by failing to document his actions when he treated Patient A, whose medical records were not timely, legible, accurate, and complete. Respondent failed to document an informed consent for Patient A's Kenalog injection from her parents and discuss the risks and benefits of the medication before giving it to the child. Additionally, Patient A's medical records of having the shot, including the information from the vial, do not exist making Patient A's medical records inaccurate and incomplete.
- 12. By reason of the foregoing, Respondent is subject to discipline by the Board as provided in NRS 630.352.

WHEREFORE, the Investigative Committee prays:

- 1. That the Board give Respondent notice of the charges herein against him and give him notice that he may file an answer to the Complaint herein as set forth in NRS 630.339(2) within twenty (20) days of service of the Complaint;
- 2. That the Board set a time and place for a formal hearing after holding an Early Case Conference pursuant to NRS 630.339(3);

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- That the Board determine what sanctions to impose if it determines there has been 3. a violation or violations of the Medical Practice Act committed by Respondent;
- That the Board award fees and costs for the investigation and prosecution of this 4. matter as outlined in NRS 622.400;
- That the Board make, issue and serve on Respondent its findings of fact, 5. conclusions of law and order, in writing, that includes the sanctions imposed; and
- That the Board take such other and further action as may be just and proper in these 6. premises.

day of November, 2021. DATED this

> INVESTIGATIVE COMMITTEE OF THE NEVADA STATE BOARD OF MEDICAL EXAMINERS

By:

ROBERT G. KILROY, J.D. Senior Deputy General Counsel 9600 Gateway Drive Reno, NV 89521

Tel: (775) 688-2559 Email: rkilroy@medboard.nv.gov

Attorney for the Investigative Committee

VERIFICATION

STATE OF NEVADA) : ss.
COUNTY OF CLARK)

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Victor M. Muro, M.D., having been duly sworn, hereby deposes and states under penalty of perjury that he is the Chairman of the Investigative Committee of the Nevada State Board of Medical Examiners that authorized the Complaint against the Respondent herein; that he has read the foregoing Complaint; and that based upon information discovered in the course of the investigation into a complaint against Respondent, he believes that the allegations and charges in the foregoing Complaint against Respondent are true, accurate and correct.

DATED this 3rd day of November, 2021.

INVESTIGATIVE COMMITTEE OF THE NEVADA STATE BOARD OF MEDICAL EXAMINERS

By: Um murd ME

VICTOR M. MURO, M.D.

Chairman of the Investigative Committee

OFFICE OF 1 FIG. Medical examiners
Nevada State Board of Medical examiners
\$600 Gateway Drive
Reno, Nevada 89521
(715) 688-2559

BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

* * * * *

In the Matter of Charges and

HAI THANH NGUYEN, M.D.,

Complaint Against:

Respondent.

Case No. 21-38084-1

(FILED UNDER SEAL)

FILED

NOV 03 2021

NEVADA STATE BOARD OF MEDICAL EXAMINERS

PATIENT DESIGNATION

OFFICE OF THE GENERAL COUNSEL Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, Nevada 89521

The Investigative Committee (IC) of the Nevada State Board of Medical Examiners (Board) hereby submits its PATIENT DESIGNATION to identify the true and correct identity of the patient(s) referenced in the filed formal Complaint, Case No. 21-38084-1.

Patient A's true and correct identity is as follows: 1.

Name:
DOB:

BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

1 2 Case No. 21-38084-1 In the Matter of Charges and 3 **FILED** Complaint Against 4 NOV 23 2021 HAI THANH NGUYEN, M.D., 5 NEVADA STATE BOARD OF Respondent. 6 HAI THANH NGUYEN, M.D.'S ANSWER TO COMPLAINT 7 8 COMES NOW, Respondent HAI THANH NGUYEN, M.D., by and through his counsel of 9 record, ROBERT C. McBRIDE, ESQ. and T. CHARLOTTE BUYS, ESQ., of the law firm of 10 McBRIDE HALL and for his Answer to the State of Nevada Board of Medical Examiners' 11 (hereinafter "Board") Complaint, admits, denies, and alleges as follows: 12 This answering Respondent admits those allegations contained in Paragraph 1 of 1. 13 the Board's Complaint. 14 Answering Paragraph 2 of the Board's Complaint, this answering Respondent 2. 15 denies each and every allegation of malpractice contained therein. As to the remainder of 16 Paragraph 2, this answering Respondent is without sufficient knowledge or information upon 17 which to base a belief as to the truth or falsity of the allegations contained in Paragraph 2, and 18 upon said grounds denies each and every allegation contained therein. 19 Answering Paragraph 3 of the Board's Complaint, this answering Respondent 3. 20 denies each and every allegation of malpractice contained therein. As to the remainder of 21 Paragraph 3, this answering Respondent is without sufficient knowledge or information upon 22 which to base a belief as to the truth or falsity of the allegations contained in Paragraph 3, and 23 upon said grounds denies each and every allegation contained therein. 24 25 111 26 111

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COUNT I

NRS 630.301(4) (Malpractice)

- 4. Answering Paragraph 4 of the Board's Complaint, this answering Respondent repeats and realleges each and every response to Paragraphs 1 through 3, inclusive, and incorporates the same by reference as though set forth fully herein.
- 5. Answering Paragraph 5 of the Board's Complaint, this answering Respondent admits that Nevada Revised Statute Section 630.301(4) provides that malpractice of a physician is grounds for initiating disciplinary action against a licensee, but this answering Respondent specifically denies committing malpractice.
- 6. Answering Paragraph 6 of the Board's Complaint, this Answering Respondent admits that Nevada Administrative Code Section 630.040 defines malpractice, but this answering Respondent specifically denies committing malpractice.
- 7. Answering Paragraph 7 of the Board's Complaint, this Answering Respondent denies each and every allegation contained in paragraph 7 of the Board's Complaint.
- 8. Answering Paragraph 8 of the Board's Complaint, this Answering Respondent denies each and every allegation contained in paragraph 8 of the Board's Complaint.

COUNT II

NRS 630.3062(1)(a) (Failure to Maintain Complete Medical Records)

- 9. Answering Paragraph 9 of the Board's Complaint, this answering Respondent repeats and realleges each and every response to Paragraphs 1 through 8, inclusive, and incorporates the same by reference as though set forth fully herein.
- 10. Answering Paragraph 10 of the Board's Complaint, this answering Respondent admits that Nevada Revised Statute Section 630.301(4) provides that malpractice of a physician is grounds for initiating disciplinary action against a licensee, but this Answering Respondent specifically denies committing malpractice.
- 11. Answering Paragraph 11 of the Board's Complaint, this answering Respondent denies each and every allegation contained in paragraph 11 of the Board's Complaint.

12. Answering Paragraph 12 of the Board's Complaint, this answering Respondent denies each and every allegation contained in paragraph 12 of the Board's Complaint. FIRST AFFIRMATIVE DEFENSE Respondent alleges that The Nevada State Board of Medical Examiners' Complaint on file herein fails to state a claim upon which relief can be granted.		
FIRST AFFIRMATIVE DEFENSE Respondent alleges that The Nevada State Board of Medical Examiners' Complaint on file		
Respondent alleges that The Nevada State Board of Medical Examiners' Complaint on file		
herein fails to state a claim upon which relief can be granted.		
SECOND AFFIRMATIVE DEFENSE		
The Board's Complaint is in whole or in part, void for vagueness, violative of		
Respondent's due process rights under the Constitutions of the State of Nevada and the United		
States of America and cannot serve as a basis for discipline of Respondent.		
THIRD AFFIRMATIVE DEFENSE		
The Nevada State Board of Medical Examiners has failed to comply with the requirements		
of N.R.S. 630, et seq. and N.A.C. 630 et seq.		
FOURTH AFFIRMATIVE DEFENSE		
Respondent fully performed and discharged all obligations owed to the patient, including		
satisfying the applicable standard of care to which the patient was entitled.		
<u>FIFTH AFFIRMATIVE DEFENSE</u>		
If a violation occurred it was the result of intervening and/or superseding events, factors,		
occurrences or conditions, which were in no way caused by Respondent, and for which		
Respondent is not responsible.		
SIXTH AFFIRMATIVE DEFENSE		
The Nevada State Board of Medical Examiners' Complaint is time barred.		
<u>SEVENTH AFFIRMATIVE DEFENSE</u>		
The Nevada State Board of Medical Examiners' Complaint does not comply with NRS		
630.301.		
<u>EIGHTH AFFIRMATIVE DEFENSE</u>		
Each and every service rendered to the patient by this answering Respondent was expressly		
and/or impliedly consented to and authorized by the patient and/or the patient's authorized		
representative on the basis of a full and complete disclosure to the patient of all material facts		

known or reasonably believed be true concerning the patient's physical condition and the appropriate alternative procedures available for treatment of such condition NINTH AFFIRMATIVE DEFENSE All possible affirmative defenses may not have been alleged herein so far as sufficient facts were not available after reasonable inquiry upon filing of this answering Respondent's Answer and, therefore, this answering Respondent reserves the right to amend his Answer to include additional affirmative defenses if subsequent investigation so warrants. WHEREFORE, the Respondent prays that The Nevada State Board of Medical 8 Examiners take nothing by way of the Complaint on file herein; and that Respondent recover all 9 costs, attorneys' fees, and damages incurred as a result of the Complaint. 10 11 DATED this 23rd day of November 2021. McBRIDE HALL 12 13 By: /s/ T. Charlotte Buys ROBERT C. McBRIDE, ESQ. 14 Nevada Bar No.: 7082 T. CHARLOTTE BUYS, ESQ. 15 Nevada Bar No.: 14845 8329 W. Sunset Road, Suite 260 16 Las Vegas, Nevada 89113 Attorneys for Respondent 17 Hai Thanh Nguyen M.D. 18 19 20 21 22 23 24 25 26 27

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CERTIFICATE OF SERVICE

I hereby certify that on the 23 rd day of November 2021, I served a true correct copy of
RESPONDENT'S ANSWER TO COMPLAINT, by mailing via United States mail to the
following:

Robert Kilroy, Esq.
Nevada State Board of Medical Examiners
9600 Gateway Drive
Reno, NV 89521
Attorneys for the Investigative Committee

/s/ Natalie Jones

An Employee of McBride Hall

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April 24, 2017

Lara Ward, Investigator NEVADA STATE BOARD OF MEDICAL EXAMINERS 6010 South Rainbow Blvd., Complex A, Building 1, Ste. 2 Las Vegas, Nevada 89118

Re: BME Case No.:
PATIENT:

Dear Mr. Ray:

I am in receipt of your letter dated March 28, 2017 concerning the above-named patient,

I appreciate the opportunity to respond to the allegations related to the care

I provided to her and additional time in which to do so. Copies of which I have obtained are enclosed for your review and file.

According to your letter, the complaint alleges that "the patient presented to you for medical treatment on or around November 04, 2016. Allegedly, after performing an evaluation, you advised the patient's parents that you were going to administer a "steroid shot." Reportedly, you allowed an assistant to administer the shot. After two failed attempts the patient cried and screamed in pain and had to be restrained by her parents. The parents requested that you administer the shot. It has been further alleged that the patient developed a bruise around the injection site and a few weeks later a "crater" then formed and the area continues to be "sensitive to the touch." Therefore, your care and treatment of the patient may have fallen below the standard of care."

I adamantly deny that my care and treatment of fell below the standard of care and I will address each of these allegations in turn.

I did see patient on November 4th, 2016 at HealthCare Partners Urgent Care. I evaluated the patient and did get a history of cough and wheezing from the parent. The child's parent mentioned her symptoms had worsened overnight from a prior occurrence of croup. The patient also had a family history of asthma.

After doing an examination on the child, I thought there may be a chance she had croup again. I informed the mother of the child that the standard treatment for croup is steroids. I prescribed prednisolone oral steroids for the patient, and in addition, I obtained verbal consent from the parent to give the child a steroid injection. I asked the medical assistant, Barry Misiuk, to give the patient an injection of the patient and injection of the patie

duties for medical assistants is to give injections of medications ordered by physicians.

Mr. Misiuk, who was not my regular medical assistant for that day, used an alcohol swab to clean the skin on the patient's lateral buttock where the injection was to be placed. Mr. Misiuk apparently tried to give the shot but the child squirmed and moved unexpectedly when the assistant tried to give the injection. As such, Mr. Misiuk informed me he was unable to inject the Kenalog due to the child's apprehension and movement.

At that point, I asked Mr. Misiuk to assist the parent to hold the child. I then administered the Kenalog injection of 0.5 mL (Kenalog 20mg/mL) to the lateral buttock. A bandage was applied at the injection site and I did apologize to the patient's parent that the injection took more than one try to give.

I asked the parent to place a cold pack on child's buttock to relieve any discomfort or swelling that might occur. I discussed with the parent prescriptions we were sending and care instructions with the parent. I also encouraged the parent to follow up with child's pediatrician.

I believe my care and treatment of was within the standard of care. It is appropriate to utilize a medical assistant to administer an injection, and at times one may have to administer an injection more than once, and in particular when a patient does not hold still during the procedure. This type of occurrence is a known complication of this type of procedure, and certainly not below the standard of care.

I trust that the information and summary I have provided will assist you in your review of this matter. However, should you require any additional information, please do not hesitate to contact me.

Respectfully,

Hai Nguyen, M.D.

Enclosures

(2 i) (5 i)

"No. 5 Patient A's Medical Record"

MEDICAL RECORDS

This exhibit contains person medical information, records of a patient or other personal identifying information that is confidential and otherwise protected from disclosure to the public pursuant to NRS 622.310

"No. 5 Patient A's Medical Record"

CERTIFICATE OF CUSTODIAN OF RECORDS

STATE OF NEVADA)
COUNTY OF CLARK)
COMES NOW, Maria Saulsberry, being duly sworn deposes and (Full Name)
says as follows:
1. That the deponent is the Authorized Agent for Intermountain Health Care, (300 Tim) (Employer)
and in such capacity is the custodian of records of the office or institution.
2 That on the day of March 2022, the deponent received a HIPAA
Compliant Records Authorization for the release of records:
3. That the deponent has examined the originals of any and all records and has made a true and exact copy
of the records and provide a true and complete copy of those documents are attached hereto.
4. That the original of the records was made at or near the time of the act and/or event recited therein by or
from information transmitted by a person with knowledge in the course of a regularly conducted activity of the deponent,
or the office or institution in which the deponent is engaged.
Patient Name:
Date of Birth:
Medical Records Billing Records Medical and Billing Records
Radiology & Diagnostics Film Breakdown No Internal X-rays No X-rays
Dilling records are pending, charges take 45 to 65 days to post from the date of service, Please submit a new request within the allotted time.
Other: (specify)
This office has no record on file of the above-named individual.
Records have been purged. SIGNATURE
This instrument was acknowledged before me on this day of March 2022.
NOTARY PUBLIC in and for CHRISTOPHER LOPEZ said COUNTY and STATE Said COUNTY and STATE County of Olark APPT. NO. 16-3674-1 My App. Expires Aug. 26, 2024

"No. 6 Medical Administration Log"

MEDICAL RECORDS

This exhibit contains person medical information, records of a patient or other personal identifying information that is confidential and otherwise protected from disclosure to the public pursuant to NRS 622.310

"No. 6 Medical Administration Log"

	STANDARD OPERATING	SOP No.	CLSOP 60
HealthCare Partners Nevada.		Page No.:	1 of 4
an Intermountain Healthcare company	PROCEDURE	Date Originated:	01/25/2011
		Effective Date:	01/25/2011
	Department: HCPNV Clinical Division	Date Reviewed:	03/04/2014
	Prepared By: Kellie Crawford, RN and Ellen Aliberti, RN	Date Revised:	01/13/2020
	Approved By:	Revision No:	2
Injectable Medication Administration	Steven Evans, MD Sr. Medical Director UM and Quality, Chairperson QMMC	Supersedes No:	N/A
Operational Areas: All Clinical A	Date: 01.07.2020		

I. PURPOSE: To ensure proper storing, handling, preparation and administration of injectable medications are followed. All staff must adhere to the "7 Rights of Medication Administration", the "3 Safety Checks" and the "One Needs, One Time and One Patient" standards of practice.

II. SCOPE: Providers, Medical Assistants, RN, LNP

III. DEFINITIONS:

Aseptic Technique:

Aseptic technique is a procedure used by medical staff to prevent the spread of infection. The goal is to reach asepsis, which means an environment that is free of harmful microorganisms.

IV. EQUIPMENT:

- A. Biohazard container: Bio-hazardous waste containers must be rigid and leak proof with a tight fitting lid. They must be labeled with either the words "Biohazardous Waste", or with a biohazard symbol and the word "Biohazard". The labels must be placed on both the lid and the sides of the container. The labels must be visible from all sides of the container.
- B. Pharma Waste and RCRA containers: In order to be in compliance with all E.P.A. and OSHA standards certain pharmaceutical waste is considered either hazardous to our environment and/or incompatible when disposed of improperly. Pharma waste and RCRA containers are clearly labeled and Pharma Waste Job Aids are available in all clinics to assist teammates with proper disposal.
- C. Sharps container: A puncture-resistant and leak-proof container with a one-way top used to dispose of sharps. These containers are required to be in every clinic and is regulated by the Occupational Safety and Health Administration (OSHA). These containers must be replaced promptly when it is approximately 3/4ths full or up to the indicated level.

V. PROCEDURE/ACTION:

- A. Handling of medication:
 - 1. All medication vials must be handled per manufacturer's direction.
 - 2. All medication containers/vials must be disposed of properly.
 - Any single and multi-dose vials (MDV's)/bottles with medication present should be disposed of in the wet pharma waste bin.
 - 4. Empty medication containers should be disposed of in a trash receptacle.
 - 5. Non-glass or glass medication container/vial with medication still present should be placed in the proper pharma waste container.

- 6. Any pre-filled syringe where medication needs to be wasted prior to administration should be placed in the appropriate pharma waste container.
- B. Medication Quality Assurance Check:
 - Glass ampules require filtered needles for withdrawing medication. Once drawn up in a syringe, remove and discard filtered needle and replace with a non-filtered and the appropriate gauge needle before administering to the patient.
 - 2. All Multi-dose vials (MDV's) must be initialed, have a documented date, time opened, and expiration date. (Use 28-day medication expiration calendar)
 - 3. Discard properly within 28 days from date vial was opened.
 - 4. All vials must be handled using aseptic technique.
 - 5. Once medication is drawn up from a multi-dose vial, the needle needs to be changed prior to administering the medication to the patient.
 - 6. If the medication vial is compromised in any way, the vial must be discarded.
- C. Injection Administration:
 - 1. Administration must be under the order of the provider, if written order is unclear, clarify order with provider.
 - Clinical teammates may take a verbal order from a provider but need to repeat the order back to the provider to ensure full understanding and document if before the medication preparation is completed.
 - 3. Medication preparation will adhere to the three safety checks.
 - 4. Medication administration will follow the "7 Rights of Medication Administration": Right Patient, Right Medication/Vaccine, Right Dose, Right Route, Right Time, Right Reason, Right Documentation.
 - 5. A clinician must be onsite during the administration of any medication.
 - 6. Verify allergy history of the patient via the medical record and document any new allergies in the medical record and notify clinician prior to administering medication.
 - 7. If allergy information contraindicates medication administration, inform clinician immediately.
 - 8. Educate the patient prior to the injection regarding reason for medication, and possible side effects and secure informed consent.
 - 9. Prepare all medication for administration per manufacturer's direction via product insert.
 - 10. Prior to administration of insulin or medications requiring calculations, another clinical team member must validate by checking:
 - Provider order.
 - Label on the medication container.
 - Calculation/dosage in the syringe.
 - 11. Prior to a first time administration of a contraceptive injection or if the patient is outside of the timeframe for subsequent injections a clinical team member must validate that the patient is not pregnant by:
 - Performing a urine pregnancy test
 - 12. Ensure that any medication that requires reconstitution is properly diluted based on manufacturer's directions.
 - 13. Diluent must be specifically written as an order if it is a medication itself such as Lidocaine.
 - 14. Mixing, rolling between palms, etc. must be done per manufacturer's direction via package insert.
 - 15. Do not pre-fill syringe prior to immediate contact with patient.
 - 16. Pre-filled syringes are only acceptable when packaged by pharmacist/manufacturer.
 - 17. Medication should be prepared in patient room if feasible.

- 18. Select needle size and length based on injection location and size of the patient.
- 19. If more than one injection has been ordered do not use same injection site.
- 20. Adult intramuscular injection sites include the vastus lateralis, ventrogluteal, dorsogluteal deltoid. See diagram A below.
- 21. Adult subcutaneous injection sites include the abdomen, let and buttock area. See diagram B below.
- 22. Always aspirate intramuscular injections before administration to prevent injecting directly into vein. If blood is withdrawn during aspiration, remove needle, discard syringe and draw up medication in new syringe. EXCEPTION: Vaccines and Immunizations do NOT require aspiration according to CDC guidelines.
- 23. Vastus lateralis is preferred site for children (thigh) from birth to 36 months of age for intramuscular and subcutaneous injections.
- 24. Injectable medications using the deltoid muscle must be limited to no greater than 1cc/ml.
- 25. Document in EHR all of the following: the date, time, medication, NDC number, dosage, site, needle gauge patient's consent and patient's tolerance of procedure and any adverse reactions and patient education.

Diagram A

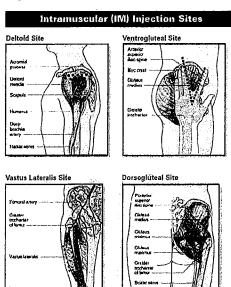
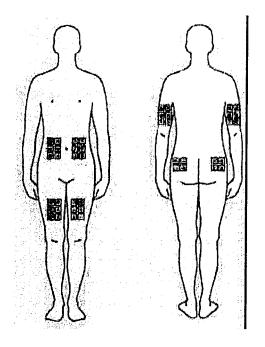


Diagram B



VI. DOCUMENTATION/REFERENCES:

- A. The "7 Rights of Medication Administration": 1.) Right Patient, 2.) Right Medication/Vaccine, 3.) Right Dose, 4.) Right Route, 5.) Right Time, 6.) Right Reason, 7.) Right Documentation.
- B. Multi-dose Vials SOP
- C. HCP Vaccination Form
- D. Controlled Substance Log

VII. HISTORY:

Date	Prior SOP No.	Superseded By	Reason for Revision
01/25/2011			New SOP
04/02/2014			Revised
02/28/2018	1		Revised to update practices.
01.07.2020			Information added to CLSOP in regards to contraceptive injections.

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Curriculum Vitae

Eduardo Añorga, M.D. Board Certified Family Physician

Education:

Bachelors of Arts in Biology, with Honors University of California, Santa Cruz 1980

Doctor of Medicine University of Vermont 1984

Family Practice Residency University of California, Irvine/ Memorial Medical Center of Long Beach 1987

Certifications:

American Board of Family Practice Certified 1987 Re-certified 1994, 2001, 2008, 2015

American Board of Family Practice Certificate of Added Qualification, Sports Medicine 1993-2000

American Board of Quality Management and Utilization Review Physicians 1991-1994

California State License G56001

Drug Enforcement Administration BAO164133

Professional Experience:

Private Practice 1988- February 2017

Torrance Memorial Physician Network (Office address: 2640 Lomita Blvd, Suite 200, Torrance, Ca 90505) 2017-January 2020

Beach Cities Orthopedics and Sports Medicine (Office address: 2990 Lomita Blvd. Suite B, Torrance, Ca 90505)

Occupational Health Physician Allied Signal Corporation, Torrance, CA 1988-1998 ExxonMobil-Torrance Refining independent contractor, Torrance, CA 2000-Present

Clinical Instructor of Family Medicine University of California, Los Angeles 1997-2014

Clinical Assistant Professor of Family Medicine Western University of Health Sciences College of Osteopathic Medicine of the Pacific 2002-2018

International Travel Medicine Consultant Medex, Inc., Baltimore, MD (Now United Health Care Global) 1997- Present

Athletic Team Physician University of Southern California 1997- 2000

Utilization Review Chairman Torrance Hospital Independent Physicians Association 1989-1991

Torrance Memorial Medical Center:

Utilization Review Chairman 1991-1992
Department of Family Practice, Quality Management Committee 1994-2003
Chairman of the Miracle of Living Community Education Program 2001-2018
Executive Committee 1991, 1992, 2004, 2005, 2006
Chairman of the Medical Education/Library Committee 2004
Chairman of the Department of Family Practice 2005, 2006
TMPN Quality Management Committee 2017-2019

Consulting Physician: Oceanaire- Center for Discovery Residential Treatment for Eating Disorders 2007-March 2020

Hospital Privileges:

Torrance Memorial Medical Center Torrance, CA 1988-Present

Community Service:

Westside Neighborhood Clinic, A Non-profit Organization Long Beach, CA Board of Directors 1990-2014 President of the Board of Directors 1995-2014

Children's Clinic of Long Beach, A Non-profit Organization Long Beach CA **Board of Directors** 2014-2017

Child Hope International, A Non-profit Organization Port Au Prince, Haiti 2008-2016

Languages:

English Spanish

Hobbies and Activities:

Sports: Surfing, cycling, skiing, Jiu-Jitsu. Writing: <u>The Smarter Athlete: Your Guide to Peak Performance</u>

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Triamcinolone Acetonide

DrugPoint Summary

DOSING/ADMINISTRATION

Pediatric Dosing

General Dosage Information

- Safety and effectiveness of the nasal inhaler has not been established for children under 2 years of age [3].
- Safety and effectiveness of the oral dental paste has not been established in children [12]
- (Zilretta(TM)) Not interchangeable with other injectable formulations of triamcinolone acetonide [13]

Allergic rhinitis, Perennial or seasonal

- Nasal inhalation (12 years and older) initial and MAX dose, 2 metered sprays (55 mcg/spray) in each nostril once a day (220 mcg/day) [2][3]
- Nasal inhalation (12 years and older), maintenance, 1 metered spray (55 mcg/spray) in each nostril once a day (110 mcg/day) [2][3]
- Nasal inhalation (6 to 12 years) initial and maintenance dose, 1 metered spray (55 mcg/spray) in each nostril once a day (110 mcg/day); MAX dose 220 mcg/day [2][3]
- Nasal inhalation (2 to 5 years) initial and maintenance dose, 1 metered spray (55 mcg/spray) in each nostril once a day (110 mcg/day); MAX dose 110 mcg/day [3]
- IM, 0.11 to 1.6 mg/kg/day in 3 or 4 divided doses dose may vary upon severity of symptoms [1]

Disorder of skin

TOPICAL, apply cream, ointment, lotion or aerosol to affected areas 2 to 4 times a day [5][6]

Gout, acute, Short-term to tide patient over acute episode or exacerbation; Adjunct

• (Kenalog(R)-40, IM) Initial, 0.11 to 1.6 mg/kg/day IM injected deeply into the gluteal muscle in 3 or 4 divided doses (3.2 to 48 mg/m(2) body surface area/day) [1]

Inflammatory disorder of musculoskeletal system, Short-term to tide patient over acute episode or exacerbation; Adjunct

 (Kenalog(R)-40, IM) Initial, 0.11 to 1.6 mg/kg/day IM injected deeply into the gluteal muscle in 3 or 4 divided doses (3.2 to 48 mg/m(2) body surface area/day) [1]

Leukemia

1 month and older, IM, initial, 0.11 to 1.6 mg/kg/day in 3 or 4 divided doses injected deeply into the gluteal muscle, dose may vary upon severity of symptoms [1]

Malignant lymphoma

1 months and older, IM, initial, 0.11 to 1.6 mg/kg/day in 3 or 4 divided doses injected deeply into the gluteal muscle, dose may vary upon severity of symptoms [1]

Nephrotic syndrome, Idiopathic or lupus erythematosus-induced

older than 2 years, IM, initial, 0.11 to 1.6 mg/kg/day in 3 or 4 divided doses injected deeply into the gluteal muscle, dose may vary upon severity of symptoms [1]

Tight foreskin

0.1% cream applied twice daily for 8 weeks [14] OR 0.02% cream applied twice daily for 6 weeks (off-label dosage) [15]

FDA Uses

- · Acquired hemolytic anemia
- Allergic rhinitis, Perennial or seasonal
- Asthma
- Collagen disease
- Disorder of endocrine system
- · Disorder of eye
- Disorder of gastrointestinal tract
- Disorder of respiratory system
- · Disorder of skin
- Ganglion cyst, of synovium, tendon and bursa
- · Gout, acute, Short-term to tide patient over acute episode or exacerbation; Adjunct
- Inflammatory disorder of musculoskeletal system, Short-term to tide patient over acute episode or exacerbation; Adjunct
- Leukemia
- Malignant lymphoma
- Multiple sclerosis
- Nephrotic syndrome, Idiopathic or lupus erythematosus-induced
- Osteoarthritis of knee Pain
- Stomatitis

Non-FDA Uses

- Macular retinal edema
- Pain
- Proliferative retinopathy due to diabetes mellitus; Adjunct
- Tight foreskin





Administration

General Information

• (Zilretta(TM)) For intraarticular use only; not for administration by epidural, intrathecal, IV, intraocular, intramuscular, intradermal, or subQ routes [13]

Intra-articular

- (Kenalog(R)) Shake vial well before withdrawing medication; do not use if clumping occurs [9].
- (Kenalog(R)) Inject immediately following withdrawal into syringe [9][1].
- (Zilretta(TM)) Must be prepared with the diluent included in the single-dose kit [13]
- (Zilretta(TM)) It is normal for residue of the suspension product to remain on the vial walls following withdrawal of contents [13].
- (Zilretta(TM)) Promptly inject following preparation to avoid settling of the suspension. If
 necessary, prepared suspension may be stored in the vial for up to 4 hours in ambient
 conditions; gently swirl to resuspend any settled microspheres prior to administration[13].
- (Zilretta(TM)) Not suitable for administration into small joints (eg, hand) [13]

Intralesional

- shake vial well before withdrawing medication; do not use if clumping occurs [9]
- inject immediately following withdrawal into syringe [9]

Intramuscular

- shake vial well before withdrawing medication; do not use if clumping occurs [1]
- inject immediately following withdrawal into syringe [1]
- inject deeply into gluteal muscle; use alternate sites for subsequent injections [1]
- use a minimum needle length of 1.5 inches; a longer needle may be necessary in obese patients [1]

Intravitreal

- refrigerate, do not freeze, protect from light [4]
- visually inspect prefilled syringe; do not is use if discoloration or particulate matter is identified
- adequate anesthesia and a broad-spectrum antibiotic should be given prior to injection; the injection procedure should be done under controlled aseptic conditions [4]
- use 1 syringe per eye; change sterile field, gloves, drapes, eyelid speculum, filter, and injection needles before administration to the other eye [4]

Nasal

- shake pump well before using [3]
- prime pump prior to first use by actuating 5 times or until a fine mist appears; reprime with 1 spray if pump has not been used for more than 14 days [3]

• discard after the labeled-number of actuations have been reached (after 120 actuations) even if the bottle is not completely empty [3]

Oral

- (dental paste) press a small amount onto the lesion until a thin film develops; do not rub in
- (dental paste) bedtime application is optimal; apply after meals if used during the day [12]

Topical

- apply thin film to affected area and rub in gently [6][7][8]
- do not use occlusive dressings unless otherwise directed by physician [5][6][7][8]
- (aerosol spray) contents are flammable [5]

Comparative Efficacy

No results available

Place In Therapy

No results available

MEDICATION SAFETY

Contraindications

- Concomitant administration of live or live, attenuated vaccines [16][17]
- Hypersensitivity to triamcinolone acetonide or any other component of the product [18][13]
 [16][17][3][19][20]
- IM injection for idiopathic thrombocytopenic purpura [16][17]
- Primary treatment for status asthmaticus or acute asthma [19]
- Suprachoroidal injection for active or suspected ocular or periocular infections including most viral diseases of the cornea and conjunctiva, including active epithelial herpes simplex keratitis (dendritic keratitis), vaccinia, varicella, mycobacterial infections, and fungal diseases [18]

Precautions

- Administration: Not for IV [17], epidural, intrathecal, intraocular, IM, intradermal, or subQ administration [13]
- Administration: Unmasking of latent conditions (eg, eczema, rhinitis, conjunctivitis) may occur
 with transfer from systemic to aerosolized corticosteroid therapy, with increased risk following
 surgery, trauma, infection, or other stress; monitoring recommended [19]
- Cardiovascular: Use with caution in patients with recent myocardial infarction due to risk of left ventricular free-wall rupture [16][17]

- Cardiovascular: Blood pressure elevations may occur with average to large doses of corticosteroids; monitoring recommended [13][16][17]
- Cardiovascular: Fluid retention or edema may occur with average to large doses of corticosteroids; use cautiously in patients with congestive heart failure, hypertension, or renal insufficiency [13][16][17]
- Dermatologic: Kaposi sarcoma has been reported with corticosteroid use, especially with long-term therapy; clinical improvement may occur with discontinuation [16][17]
- Dermatologic: Injection-site atrophy may occur; avoid injection into deltoid [16]
- Dermatologic: Conditions which augment systemic absorption of topical corticosteroids (eg, use over large surface areas, prolonged use, and addition of occlusive dressings) [20]
- Dermatologic: Discontinue topical administration if dermatological infections do not respond to antifungals or antibacterials [20]
- Endocrine and metabolic: Fatal adrenal insufficiency has been reported in patients with asthma transferred from systemic to aerosolized corticosteroid therapy [19]
- Endocrine and metabolic: Adrenal insufficiency may occur with transfer from systemic to aerosolized corticosteroid therapy, with increased risk following surgery, trauma, infection, or other stress; monitoring recommended [19]
- Endocrine and metabolic: Hyperthyroidism or hypothyroidism may increase or decrease metabolic clearance of corticosteroids, respectively; dose adjustment may be required [13][16]
 [17]
- Endocrine and metabolic: Increased risk of metabolic acidosis in premature or low-birthweight neonates (off-label use) due to benzyl alcohol exposure; monitor daily benzyl alcohol metabolic load from all sources with high doses or concomitant medications [16][17]
- Endocrine and metabolic: Reversible hypothalamic-pituitary-adrenal axis suppression may occur after treatment withdrawal, with potential progression to glucocorticosteroid insufficiency [18][13][16][17][20], especially in susceptible patients or with doses higher than recommended [19][3]
- Endocrine and metabolic: Hypothalamic-pituitary-adrenal (HPA) axis suppression, Cushing syndrome, and hyperglycemia may occur with corticosteroid use; monitoring recommended with chronic use [18]
- Endocrine and metabolic: Increased potassium excretion or sodium retention may occur with average to large doses of corticosteroids; use cautiously in patients with congestive heart failure, hypertension, or renal insufficiency [16][17]
- Endocrine and metabolic: Metabolic clearance of corticosteroids is decreased in hypothyroid patients and increased in hyperthyroid patients; dosage adjustments may be necessary with changes in thyroid status [18]
- Gastrointestinal: Patients with diverticulitis, active or latent peptic ulcer, fresh intestinal
 anastomoses, or nonspecific ulcerative colitis may be at increased risk of gastrointestinal
 perforation [13]; monitoring recommended [16][17]
- Hematologic: Increased risk of hypotension in premature or low-birthweight neonates (off-label use) due to benzyl alcohol exposure; monitor daily benzyl alcohol metabolic load from all sources with high doses or concomitant medications [16][17]
- Hepatic: Patients with cirrhosis may have increased risk of toxicity [16][17]
- Immunologic: Anaphylactoid reactions, including fatalities, have rarely been reported with corticosteroid therapy [13][16][17]
- Immunologic: Increased risk of infection (eg, viral, bacterial, fungal, protozoan, helminthic)
 [13]
 MICROMEDEX000005

- Immunologic: Activation of latent disease or worsening active infection may occur (ie, viral, bacterial, fungal, protozoan, or helminthic) [3][19]; amebiasis screening recommended before therapy initiation in at-risk patients [16][17]
- Immunologic: Tuberculosis reactivation may occur; monitoring recommended [16][17][3][19]
- Immunologic: Exposure to chicken pox or measles during corticosteroid treatment may result
 in a more serious or fatal disease course, particularly in patients with no history of these
 infections [13][16][17][3][19]
- Immunologic: Use cautiously in patients with Strongyloides (threadworm) infestation, as lifethreatening enterocolitis and septicemia may develop [16][17]
- Immunologic: Avoid use in patients with systemic fungal infection [16][17]
- Immunologic: Impaired wound healing may occur with use with recent nasal ulcer, surgery, or trauma [3]
- Immunologic: Localized Candida albicans infections of the nose, mouth and pharynx have been reported; dose interruption may be required [3][19]
- Musculoskeletal: Avoid injection into an infected site, previously infected joint, or unstable joint [13].
- Musculoskeletal: Decreased bone formation and increased bone resorption may occur [13]
- Musculoskeletal: Risk of bone growth inhibition in pediatric patients; monitoring recommended
 [16][17][3][19]
- Musculoskeletal: Osteoporosis may occur, especially in postmenopausal women; monitoring recommended [16][17]
- Musculoskeletal: Intraarticular administration may damage joint tissues or cause septic arthritis; injection into joints that are unstable or with history of infection not recommended [13][16][17]
- Neurologic: Life-threatening and fatal neurologic events (eg, stroke, cortical blindness, quadriplegia, paraplegia, spinal cord infarction) have occurred with epidural or intrathecal corticosteroid administration (off-label use), with or without fluoroscopy [13][16][17]
- Neurologic: Avoid use with cerebral malaria [16][17]
- Neurologic: Increased risk of kernicterus in premature or low-birthweight neonates (off-label use) due to benzyl alcohol exposure; monitor daily benzyl alcohol metabolic load from all sources with high doses or concomitant medications [16][17]
- Neurologic: Avoid use [16] or high doses [17] in patients with traumatic brain injury
- Neurologic: Increased risk of acute myopathy in patients with neuromuscular transmission disorders (eg, myasthenia gravis) or concurrent use of neuromuscular blockers (eg, pancuronium) [16][17]
- Ophthalmic: Increased risk of secondary ocular infection, cataracts, glaucoma [18][16][17][3], and increased intraocular pressure [18] with corticosteroid use [18][16][17][3]; monitoring recommended [16][17][3]
- Ophthalmic: Oral use for optic neuritis not recommended [16][17]
- Ophthalmic: Avoid use with active ocular herpes simplex [18][16][17][3][19]. Use caution in patients with a history of ocular herpes simplex [18].
- Ophthalmic: Intraocular administration not recommended, as inflammation (eg, endophthalmitis), increased intraocular pressure, and vision loss have occurred [16][17]
- Ophthalmic: Intraocular pressure elevations may occur with long-term use (ie, longer than 6 weeks); monitoring recommended [13][16][17]

- Ophthalmic: Benzyl alcohol toxicity may occur with intraocular administration [16][17]
- Psychiatric: New onset or worsening of preexisting emotional instability or psychotic tendencies; monitoring recommended [13][16][17]
- Respiratory: Intranasal administration (ie, nasal turbinates) not recommended [16][17]
- Special populations: Increased risk of fatal "gasping syndrome" in premature or low-birthweight neonates (off-label use) due to benzyl alcohol exposure; monitor daily benzyl alcohol metabolic load from all sources with high doses or concomitant medications [16][17]
- Special populations: Pediatric patients increased risk of systemic toxicity with topical administration [20]

Adverse Effects

Common

- Endocrine metabolic: Cushing's syndrome
- Neurologic: Headache (Allergic rhinitis, 5.5%;; macular edema, 5%)
- Ophthalmic: Pain in eye (Macular edema, 3% to 12%), Raised intraocular pressure (Macular edema, 6% to 14%)
- Respiratory: Pharyngitis (5.1% to 25%)
- Other: Influenza-like illness (2% to 8.9%)

Serious

- **Endocrine metabolic:** Electrolytes abnormal, Hyperglycemia, Hypocortisolism secondary to another disorder
- Gastrointestinal: Gastrointestinal perforation
- Immunologic: Anaphylaxis (Rare), Angioedema
- Musculoskeletal: Infectious disorder of joint, Osteoporosis
- Ophthalmic: Cataract (Macular edema, 7%), Glaucoma (Rare)
- Psychiatric: Disturbance in mood, Unusual change in behavior
- Respiratory: Perforation of nasal septum

Black Box Warning



No results available

REMS

No results available

Drug Interactions (single)

Drug-Drug Interactions (49)

Drugs:	Severity:	Documentation:	Comment
ROTAVIRUS VACCINE	- -		Summary:
CORTICOSTEROIDS	Contraindicated	Excellent	Concurrent use of ROTAVIRUS VACCINE and CORTICOSTEROIDS may result in an increased risk of infection by the live vaccine.
DESMOPRESSIN GLUCOCORTICOIDS	Contraindicated	Fair	Concurrent use of DESMOPRESSIN and GLUCOCORTICOIDS may result in increased risk of severe hyponatremia.
RITONAVIR GLUCOCORTICOIDS METABOLIZED BY CYP3A	S Major	Excellent	Concurrent use of RITONAVIR and GLUCOCORTICOIDS METABOLIZED BY CYP3A may result in increased glucocorticoid exposure and decreased plasma cortisol, and increased risk of Cushing syndrome and adrenal insufficiency.
NIRMATRELVIR/RITONA SYSTEMIC CORTICOSTEROIDS	S Major	<u>Excellent</u>	Concurrent use of NIRMATRELVIR/RITONAV and SYSTEMIC CORTICOSTEROIDS may result in increased corticosteroid exposure; increased risk of Cushing syndrome and adrenal suppression.
SELECTED CORTICOSTEROIDS SELECTED FLUOROQUINOLONES interact(s) with: Interacting substances	S Major	Excellent	Concurrent use of SELECTED CORTICOSTEROIDS and SELECTED FLUOROQUINOLONES may result in an increased risk of tendon rupture.
TRIAMCINOLONE [Systemic]	S <u>Major</u>	Fair	Concurrent use of COBICISTAT and TRIAMCINOLONE may

MICROMEDEX000008

COBICISTAT [Systemic]			result in increased triamcinolone exposure
			and increased risk for systemic corticosteroid effects.
LUTETIUM LU 177 DOTATATE GLUCOCORTICOSTER	S Major OIDS	Fair	Concurrent use of LUTETIUM LU 177 DOTATATE and GLUCOCORTICOSTEROID may result in decreased lutetium Lu 177 dotatate efficacy.
MACIMORELIN AGENTS AFFECTING GROWTH HORMONE	S Major	Fair	Concurrent use of MACIMORELIN and AGENTS AFFECTING GROWTH HORMONE may result in false-positive or false-negative adult growth hormone deficiency diagnosis.
NADROPARIN GLUCOCORTICOIDS	S Major	Fair	Concurrent use of NADROPARIN and GLUCOCORTICOIDS may result in increased risk of bleeding.
SARGRAMOSTIM CORTICOSTEROIDS	S Major	Fair	Concurrent use of SARGRAMOSTIM and CORTICOSTEROIDS may result in increased myeloproliferative effects of sargramostim.
CERITINIB CYP3A SUBSTRATES	S Major	Fair	Concurrent use of CERITINIB and CYP3A SUBSTRATES may result in increased exposure of CYP3A substrate.
BEMIPARIN GLUCOCORTICOIDS	S <u>Major</u>	<u>Fair</u>	Concurrent use of BEMIPARIN and GLUCOCORTICOIDS may result in increased risk of bleeding.
ALDESLEUKIN GLUCOCORTICOIDS	S <u>Major</u>	<u>Fair</u>	Concurrent use of ALDESLEUKIN and GLUCOCORTICOIDS may result in reduced antitumor effectiveness. MICROMEDEX000009

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PRIMIDONE [Systemic] TRIAMCINOLONE [Systemic]	Moderate	Good	Concurrent use of PRIMIDONE and TRIAMCINOLONE may result in decreased triamcinolone effectiveness.
SAIBOKU-TO CORTICOSTEROIDS	Moderate	Good	Concurrent use of SAIBOKU-TO and CORTICOSTEROIDS may result in enhanced and prolonged effect of corticosteroids.
HEXAFLUORENIUM [Systemic] TRIAMCINOLONE [Systemic]	Moderate	<u>Good</u>	Concurrent use of TRIAMCINOLONE and HEXAFLUORENIUM BROMIDE may result in decreased hexafluorenium bromide effectiveness; prolonged muscle weakness and myopathy.
AURANOFIN CORTICOSTEROIDS	Moderate	Good	Concurrent use of AURANOFIN and CORTICOSTEROIDS may result in increased risk of auranofin-related adverse effects.
ASPIRIN [Systemic] TRIAMCINOLONE [Systemic]	Moderate Moderate	Good	Concurrent use of ASPIRIN and TRIAMCINOLONE may result in an increased risk of gastrointestinal ulceration and subtherapeutic aspirin serum concentrations.
TRIAMCINOLONE [Systemic] ALCURONIUM [Systemic]	Moderate	Good	Concurrent use of ALCURONIUM and TRIAMCINOLONE may result in decreased alcuronium effectiveness; prolonged muscle weakness and myopathy.
PHENYTOIN TRIAMCINOLONE interact(s) with:	♠ Moderate	<u>Good</u>	Concurrent use of PHENYTOIN and TRIAMCINOLONE may result in decreased

MICROMEDEX000010

Interacting substances			triamcinolone effectiveness.
LICORICE CORTICOSTEROIDS	Moderate	Good	Concurrent use of LICORICE and CORTICOSTEROIDS may result in increased risk of corticosteroid adverse effects.
ATRACURIUM [Systemic] TRIAMCINOLONE [Systemic]	Moderate	Good	Concurrent use of ATRACURIUM and TRIAMCINOLONE may result in decreased atracurium effectiveness; prolonged muscle weakness and myopathy.
METOCURINE [Systemic] TRIAMCINOLONE [Systemic]	Moderate	<u>Good</u>	Concurrent use of TRIAMCINOLONE and METOCURINE may result in decreased metocurine effectiveness; prolonged muscle weakness and myopathy.
TRIAMCINOLONE [Systemic] GALLAMINE [Systemic]	♠ Moderate	Good	Concurrent use of TRIAMCINOLONE and GALLAMINE may result in decreased gallamine effectiveness; prolonged muscle weakness and myopathy.
GLUCOCORTICOIDS - - TRETINOIN	Moderate	Fair	Concurrent use of GLUCOCORTICOIDS and TRETINOIN may result in decreased efficacy of tretinoin.
TRIAMCINOLONE [Systemic] ROCURONIUM [Systemic]	Moderate	Fair	Concurrent use of ROCURONIUM and TRIAMCINOLONE may result in decreased rocuronium effectiveness; prolonged muscle weakness and myopathy.
TRIAMCINOLONE [Systemic]	Moderate	Fair	Concurrent use of PIPECURONIUM and MICROMEDEX000011

PIPECURONIUM TRIAMCINOLONE may [Systemic] result in decreased pipecuronium effectiveness; prolonged muscle weakness and myopathy. HYDROCHLOROTHIAZIDE Moderate Fair Concurrent use of [Systemic] --**HYDROCHLOROTHIAZIDE** TRIAMCINOLONE and TRIAMCINOLONE [Systemic] may result in hypokalemia and subsequent cardiac arrhythmias. ANTHRAX VACCINE Fair Concurrent use of **Moderate** ADSORBED ---ANTHRAX VACCINE CORTICOSTEROIDS ADSORBED and CORTICOSTEROIDS may result in an inadequate immunological response to the vaccine. WARFARIN [Systemic] Fair Concurrent use of Moderate -- TRIAMCINOLONE TRIAMCINOLONE and [Systemic] WARFARIN may result in increased risk of bleeding or diminished effects of warfarin. MA HUANG --Fair Concurrent use of MA **Moderate** CORTICOSTEROIDS **HUANG** and CORTICOSTEROIDS may result in decreased effectiveness of corticosteroids. PHENOBARBITAL Fair Concurrent use of Moderate [Systemic] --PHENOBARBITAL and TRIAMCINOLONE TRIAMCINOLONE may [Systemic] result in decreased corticosteroid effectiveness. PANCURONIUM Fair Concurrent use of _Moderate [Systemic] --PANCURONIUM and TRIAMCINOLONE TRIAMCINOLONE may [Systemic] result in decreased pancuronium

effectiveness; prolonged muscle

			weakness and myopathy.
RIFAMPIN [Systemic] TRIAMCINOLONE [Systemic]	Moderate	<u>Fáir</u>	Concurrent use of RIFAMPIN and TRIAMCINOLONE may result in decreased triamcinolone effectiveness.
GLYCEROL PHENYLBUTYRATE CORTICOSTEROIDS	<u>Moderate</u>	Eair	Concurrent use of GLYCEROL PHENYLBUTYRATE and CORTICOSTEROIDS may result in increased plasma ammonia levels.
TRIAMCINOLONE [Systemic] MIVACURIUM [Systemic]	<u>Moderate</u>	Fair	Concurrent use of MIVACURIUM and TRIAMCINOLONE may result in decreased mivacurium effectiveness; prolonged muscle weakness and myopathy.
VECURONIUM [Systemic] TRIAMCINOLONE [Systemic]	Moderate	Fair	Concurrent use of VECURONIUM and TRIAMCINOLONE may result in decreased vecuronium effectiveness; prolonged muscle weakness and myopathy.
TRIAMCINOLONE [Systemic] DOXACURIUM [Systemic]	Moderate Moderate	Fair	Concurrent use of DOXACURIUM and TRIAMCINOLONE may result in decreased doxacurium effectiveness; prolonged muscle weakness and myopathy.
TRIAMCINOLONE [Systemic] DICUMAROL [Systemic]	♠ Moderate	<u>Fair</u>	Concurrent use of DICUMAROL and TRIAMCINOLONE may result in increased risk of bleeding or diminished effects of dicumarol.
ECHINACEA		<u>Fair</u>	Concurrent use of MICROMEDEX000013

CODTICOCTOR			
CORTICOSTEROIDS	Moderate	>	ECHINACEA and CORTICOSTEROIDS may result in decreased effectiveness of corticosteroids.
CORTICOSTEROIDS VACCINES interact(s) with: Interacting	Moderate	Fair	Concurrent use of CORTICOSTEROIDS and VACCINES may result in an inadequate immunological
substances			response to the vaccine.
CORTICOSTEROIDS - - INSULIN LISPRO, RECOMBINANT	<u>Moderate</u>	Fair	Concurrent use of CORTICOSTEROIDS and INSULIN LISPRO, RECOMBINANT may result in may decrease blood glucose lowering effect of insulin lispro.
TESTOSTERONE CORTICOSTEROIDS	Moderate	Fair	Concurrent use of TESTOSTERONE and CORTICOSTEROIDS may result in increased risk of edema.
TRIAMCINOLONE [Systemic] PHENPROCOUMON [Systemic]	Moderate	<u>Fair</u>	Concurrent use of PHENPROCOUMON and TRIAMCINOLONE may result in increased risk of bleeding or diminished effects of phenprocoumon.
TRIAMCINOLONE [Systemic] TUBOCURARINE [Systemic]	Moderate	<u>Fair</u>	Concurrent use of TUBOCURARINE and TRIAMCINOLONE may result in decreased tubocurarine effectiveness; prolonged muscle weakness and myopathy.
TRIAMCINOLONE [Systemic] CISATRACURIUM [Systemic]	Moderate	<u>Fair</u>	Concurrent use of CISATRACURIUM and TRIAMCINOLONE may result in decreased cisatracurium effectiveness; prolonged muscle weakness and myopathy.

MICROMEDEX000014

TRIAMCINOLONE
[Systemic] -FLUINDIONE
[Systemic]

Moderate

<u>Fair</u>

Concurrent use of FLUINDIONE and TRIAMCINOLONE may result in increased risk of bleeding or diminished effects of fluindione.

TRIAMCINOLONE
[Systemic] -ACENOCOUMAROL
[Systemic]

Moderate

Fair

Concurrent use of ACENOCOUMAROL and TRIAMCINOLONE may result in increased risk of bleeding or diminished effects of acenocoumarol.

TUBERCULIN --CORTICOSTEROIDS

Minor Minor

Fair

Concurrent use of TUBERCULIN and CORTICOSTEROIDS may result in decreased reactivity to tuberculin.

Drug-ALLERGY Interactions (None found)

Drug-FOOD Interactions (None found)

Drug-ETHANOL Interactions (None found)

Drug-LAB Interactions (None found)

Drug-TOBACCO Interactions (None found)

Drug-PREGNANCY Interactions (1)

Drugs:

Severity:

Documentation:

Summary:

PREGNANCY --TRIAMCINOLONE [Systemic]

Unknown

<u>Unknown</u>

No US FDA rating is available for Triamcinolone.

Drug-LACTATION Interactions (1)

Drugs:

Severity:

Documentation:

Summary:

LACTATION --TRIAMCINOLONE

S <u>Major</u>

<u>Unknown</u>

Infant risk cannot be ruled out: Available

MICROVIERE NOW BY EXPERT

[Systemic]

consensus is inconclusive or is inadequate for determining infant risk when Triamcinolone is used during breast-feeding. Weigh the potential benefits of treatment against potential risks before prescribing Triamcinolone during breast-feeding.

Definitions

Severity:

0

Contraindicated

The drugs are contraindicated for concurrent use.

S Major

The interaction may be life-threatening and/or require medical intervention to minimize or prevent serious adverse effects.

Moderate

The interaction may result in exacerbation of the patient's condition and/or require an alteration in therapy.

Minor

The interaction would have limited clinical effects. Manifestations may include an increase in the frequency or severity of the side effects but generally would not require a Major alteration in therapy.

Unknown

Unknown.

Documentation:

Excellent

Controlled studies have clearly established the existence of the interaction.

Good

Documentation strongly suggests the interaction exists,

but well-controlled studies are lacking.

Fair

Available documentation is poor, but pharmacologic considerations lead clinicians to suspect the interaction exists; or, documentation is good for a

pharmacologically similar drug.

Unknown

Unknown.

IV Compatibility (single)

Solution

Common Solutions

Common Solutions

D5W (Dextrose 5% in water)

D10W (Dextrose 10% in water)



Not Tested



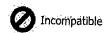
D5LR (Dextrose 5% in lactated Ringers)			Not Tested			
D5NS (Dextrose 5% in sodium chloride 0.9%)			Not Tested			
D5W - 1/2 NS (Dextrose 5% in sodium chloride 0	D5W - 1/2 NS (Dextrose 5% in sodium chloride 0.45%)					
NS (Normal saline (Sodium chloride 0.9%))	:		Not Tested			
1/2 NS (Sodium chloride 0.45%)		,,,	Not Tested			
Lactated Ringer's Injection			Not Tested			
Ringer's injection		: 100 mg	Not Tested			
Other Solution (a) Barrell	•					
Other Solution(s) Results	Statu	S	Solution Information			
No other drug-solution c	ombinations have	e been tes	sted.			
	•					
Y-Site	•					
"Not Tested"						
	,					
Admixture	,					
,						
"No	t Tested"					
Syringe						
, , , , , , , , , , , , , , , , , , , ,						
"Not	t Tested"					
TPN/TNA						
TPN (2-in-1) Results Summary			Status			

There are no TPN Results.

There are no TNA Results.

Definitions











Pregnancy Category

Triamcinolone: May cause fetal harm (MDX)

Breast Feeding

Triamcinolone: Micromedex: Infant risk cannot be ruled out.

Monitoring

- Improvement in the signs and symptoms of osteoarthritis of the knee-related pain may indicate efficacy [13].
- Cushing syndrome: With chronic use [18].
- Hyperglycemia: With chronic use [18].
- Hypothalamic-pituitary-adrenal (HPA) axis suppression: With chronic use [18].
- Imbalance in serum electrolytes in patients with congestive heart failure, hypertension, or renal insufficiency [13]
- Edema or weight gain in patients with congestive heart failure, hypertension, or renal insufficiency [13]
- Potential treatment adjustment: Patients with elevated intraocular pressure [13]
- Elevation of intraocular pressure (eg, perfusion of optic nerve head, tonometry): Immediately following suprachoroidal injection [18]

Do Not Confuse

No results available

MECHANISM OF ACTION

Triamcinolone acetonide is a synthetic glucocorticoid with immunosuppressive and antiinflammatory activity. The primary mechanism of action for triamcinolone acetonide is as a
corticosteroid hormone receptor agonist [18]. Triamcinolone acetonide has anti-inflammatory,
antipruritic and antiallergic properties. It also exerts a profound and varied metabolic effects,
and changes the body's immune responses to different stimuli. The precise mechanism of action
for its antiallergic activity is unknown [21][22][23][24].

PHARMACOKINETICS

Pharmacokinetics

Absorption

- Intranasal: time to peak concentration, 1.5 h [21]
- Oral: time to peak concentration, 1.5 h to 2 h [22]

Distribution

- Vd: 99.5 L (+/- 27.5 L) [21][22]
- Protein binding: approximately 68% [22]

Metabolism

- Extensively metabolized [22]
- Metabolites: 6beta-hydroxytriamcinolone acetonide, 21-carboxytriamcinolone acetonide, 21-carboxy-6beta-hydroxytriamcinolone acetonide [22]

Excretion

- Fecal: approximately 60% [22]
- Renal: approximately 40% [22]

Elimination Half Life

- (IV), 88 minutes [21][22]
- (Intranasal), 3.1 hours [21]

PATIENT EDUCATION

Medication Counseling

- Tell patient to report fever or other symptoms of infections [25].
- Instruct patient to report exposure to chicken pox or measles [25].
- Advise patient to avoid live or live attenuated vaccines during therapy due to drug-induced immunosuppression [26].
- Intraarticular side effects may include sinusitis, cough, contusions, and joint swelling [25].

- Suprachoroidal side effects may include headache [18].
- Counsel patient to report new or worsening behavioral or mood disturbances [25].
- Tell patient to report if the eye becomes red, sensitive to light, painful, or develops a change in vision [18].

Patient Handouts

Triamcinolone (Injection route, Suspension, Suspension, Extended Release)
Triamcinolone (Intraocular route, Suspension)

TOXICOLOGY

Clinical Effects

CORTICOSTEROIDS

USES: Antiinflammatory agents used to treat a variety of clinical conditions, including adrenal insufficiency, asthma, various allergy disorders, Duchenne muscular dystrophy, and autoimmune disorders (eg, hemolytic anemia, rheumatoid arthritis, systemic lupus erythematosus). Corticosteroids are available in oral, parenteral, inhalational, and topical formulations. PHARMACOLOGY: Multiple mechanisms of action including anti-inflammatory activity, immunosuppressive properties, and antiproliferative actions. Anti-inflammatory effects result from decreased formation, release and activity of the mediators of inflammation (eg, kinins, histamine, liposomal enzymes, prostaglandins, leukotrienes) which reduced the initial manifestations of the inflammatory process. The immunosuppressive properties decrease the response to delayed and immediate hypersensitivity reactions (eg, type III and type IV). The antiproliferative effects reduce hyperplastic tissue characteristic of psoriasis. TOXICOLOGY: Corticosteroids decrease calcium absorption, increase calcium excretion, and inhibit osteoblast formation, leading to a decrease in bone formation and an increase in bone resorption, thereby contributing to the development of osteoporosis. EPIDEMIOLOGY: Acute toxicity following overdose is rare. OVERDOSE: Acute ingestion is rarely a clinical problem. Acute adrenal insufficiency rarely reported after overdose. ADVERSE EFFECTS: Cardiac dysrhythmias (ie, atrial fibrillation)(methylPREDNISolone), seizures (methylPREDNISolone), anaphylaxis. CHRONIC EXPOSURE: Cushingoid appearance, muscle wasting and weakness, hypertension, hyperglycemia, subcapsulary cataracts and glaucoma, osteoporosis, psychosis. ABRUPT WITHDRAWAL: Dysphoria, irritability, emotional liability, depression, fatigue, anxiety, depersonalization, myalgia, and arthralgia.

Range of Toxicity

CORTICOSTEROIDS

• TOXICITY: Acute ingestion is rarely a clinical problem; effects rarely occur with administration of less than three weeks duration. An adolescent ingested 30 mg dexamethasone and subsequently developed acute adrenal insufficiency. Patient recovered following administration of methylPREDNISolone. CHRONIC EXPOSURE: Six infants (aged 3 to 8 months) who were treated with large amounts (up to 10 tubes for 1.5 to 5 months) of topical corticosteroids for diaper dermatitis developed Cushing's syndrome and adrenocortical insufficiency and advenocortical insufficiency.

and hepatosteatosis were observed in 5 and $^{\circ}$ 3 patients, respectively. THERAPEUTIC DOSE: Varies with drug and indication.

Treatment

CORTICOSTEROIDS

- Supportive care: MANAGEMENT OF TOXICITY: Treatment is symptomatic and supportive.
 Seizures have been reported with IV pulse methylPREDNISolone therapy. If seizures occur, administer IV benzodiazepines, barbiturates.
- Decontamination: PREHOSPITAL: Serious toxicity is not expected after ingestion of corticosteroids alone, and prehospital gastrointestinal decontamination is not routinely required. HOSPITAL: Significant toxicity is not expected after overdose; gastrointestinal decontamination is generally not necessary. Activated charcoal should be considered after extremely large ingestions or if more toxic coingestants are involved.
- Airway management: Endotracheal intubation and mechanical ventilation may be required in patients with severe allergic reactions, but this is rare.
- · Antidote: None
- Allergic reaction, acute: MILD/MODERATE: Monitor airway. Administer antihistamines with or without inhaled beta agonists, corticosteroids or epinephrine. SEVERE: Oxygen, aggressive airway management, antihistamines, epinephrine, corticosteroids, ECG monitoring and IV fluids.
- Monitoring of patient: Routine laboratory studies are not likely to be necessary after acute overdose. Serum electrolytes and glucose are useful to assess for adverse effects from chronic therapy. Monitor vital signs, fluid and electrolyte status as indicated. Monitor neurologic status as indicated in symptomatic patients. Plasma concentrations are not readily available or clinically useful in the management of overdose.
- Enhanced elimination procedure: Hemodialysis and hemoperfusion are UNLIKELY to be of value because of the high degree of protein binding and large volume of distribution.
- Patient disposition: HOME CRITERIA: Patients with a minor unintentional exposure who are
 asymptomatic or have mild symptoms can likely be managed at home. OBSERVATION
 CRITERIA: Moderate to severely symptomatic patients and those with deliberate overdose
 should be sent to a healthcare facility for evaluation and treated until symptoms resolve.
 ADMISSION CRITERIA: Patients who remain symptomatic despite adequate treatment should
 be admitted. CONSULT CRITERIA: Consult a Poison Center for assistance in managing patients
 with severe toxicity or in whom the diagnosis is unclear.

ABOUT

How Supplied

Generic

Injection Suspension: 10 MG/1 ML, 40 MG/1 ML

• Mucous Membrane Paste: 0.1 %

Nasal Spray: 55 MCG/1 Actuation

Topical Cream: 0.025 %, 0.1 %, 0.5 %

Topical Lotion: 0.025 %, 0.1 %

Topical Ointment: 0.025 %, 0.05 %, 0.1 %, 0.5 %

Topical Spray: 0.147 MG/1 GM

DermacinRx Silazone PharmaPak

• Topical Cream: 0.1 %

Good Neighbor Pharmacy 24 Hour Nasal Allergy

Nasal Spray: 55 MCG/1 Actuation

Good Sense Nasal Allergy

Nasal Spray: 55 MCG/1 Actuation

Kenalog

Topical Spray: 0.147 MG/1 GM

Kenalog-10

Injection Suspension: 10 MG/1 ML

Kenalog-40

• Injection Suspension: 40 MG/1 ML

Kenalog-80

• Injection Suspension: 80 MG/1 ML

Leader Nasal Allergy

Nasal Spray: 55 MCG/1 Actuation

Nasacort Allergy 24HR

Nasal Spray: 55 MCG/1 Actuation

Nasacort AQ

• Nasal Spray: 55 MCG/1 Actuation

Nasal Allergy

• Nasal Spray: 55 MCG/1 Actuation

Oralone

Mucous Membrane Paste: 0.1 %

PremierPro Rx Triamcinolone Acetonide

Injection Suspension: 40 MG/1 ML

Pro-C-Dure 5 Kit

• Injection Suspension: 40 MG/1 ML

Pro-C-Dure 6 Kit

• Injection Suspension: 40 MG/1 ML

Sila III

• Topical Ointment: 0.1 %

Triamcinolone Acetonide Novaplus

• Injection Suspension: 40 MG/1 ML

Trianex

Topical Ointment: 0.05 %

Triderm

• Topical Cream: 0.1 %, 0.5 %

Triesence

• Injection Suspension: 40 MG/1 ML

Xipere

• Intraocular Suspension: 40 MG/1 ML

Zilretta

• Injection Powder for Suspension, Extended Release: 32 MG

Drug Properties

No results available

Storage & Stability

No results available

Trade Names



- Aristocort A
- Azmacort
- Cinolar
- Kenalog
- Kenalog In Orabase
- Kenalog-10
- Kenalog-40
- Nasacort

All Trade Names

Regulatory Status

RX/OTC

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Comparison of Corticosteroids for Treatment of Respiratory Syncytial Virus Bronchiolitis and Pneumonia in Cotton Rats

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Triamcinolone acetonide, methylprednisolone, and dexamethasone were each evaluated in combination with palivizumab (Synagis) for the therapy of established respiratory syncytial virus infection in the cotton rat. Triamcinolone and methylprednisolone proved to be more effective than dexamethasone in reducing lung pathology. No recurrence of viral replication or pulmonary pathology followed the cessation of therapy.

The cotton rat model of respiratory syncytial virus (RSV) infection has been used for over 20 years to study the pathogenesis and potential therapy of RSV (7). This animal model was invaluable in proving the protective efficacy of anti-RSV antibody (6) and led to the development of RSV immunoglobulin (RespiGam; Medimmune, Inc., Gaithersburg, Md.) and palivizumab (Synagis; Medimmune) for the prevention of severe RSV infection of the lower respiratory tract (1, 2, 5). These preparations have been less effective when used therapeutically (9, 10). Recent experiments with cotton rats demonstrated that combined systemic therapy with palivizumab and triamcinolone acetonide, a potent glucocorticoid, greatly reduced inflammatory changes and viral replication in animals infected with RSV but that palivizumab alone reduced viral titers without altering the degree of inflammation (8). Systemic triamcinolone acetonide is rarely used in the treatment of pediatric respiratory disease, and therefore we examined the comparative efficacies of triamcinolone acetonide, methylprednisolone, and dexamethasone when each was used in combination with palivizumab in the treatment of experimental RSV

(This work was presented in part at the 70th Meeting of the Society for Pediatric Research, Baltimore, Md., May 2001 [Pediatr. Res. Program issue APS-SPR 43:A1359].)

Animals. Sigmodon hispidus cotton rats were obtained from a breeding colony maintained at Virion Systems, Incorporated, Rockville, Md.

Virus. A pool of the prototypic Long strain of RSV (American Type Culture Collection, Manassas, Va.) which contained 10^{7.5} PFU/ml was used for all experiments. Pulmonary virus titers were determined by plaque assay as described previously (7).

Monoclonal antibody and glucocorticoids. Palivizumab was provided by Medimmune, Inc. Triamcinolone acetonide (Steris

Histopathology. Lungs were inflated to their normal volume with 10% formalin. Hematoxylin- and eosin-stained slides were prepared from coronal paraffin-embedded sections and scored for peribronchiolitis (inflammatory cells around small airways), interstitial pneumonitis (inflammatory cell infiltration and thickening of alveolar walls), and alveolitis (inflammatory cells within the alveolar spaces). Slides were scored in a blind manner by three investigators using a scale ranging from 0 (no inflammatory changes) to 100 (maximum inflammation).

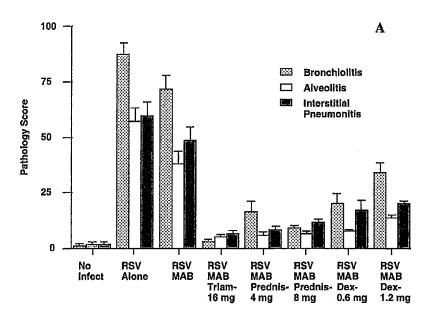
Statistical analysis. A viral titer was expressed as the geometric mean \pm standard error for all animals in a group. The two-tailed Student t test, using summary data, was used to determine the significance of differences between groups. The number of histologic lesions was expressed as an arithmetic mean \pm the standard error of the numbers of lesions for all animals in a group. Statistical analysis of composite histology scores was not done, since the data are disparate.

Comparative efficacies of different steroids. Six groups of eight or nine cotton rats were intranasally infected with 10^{6.5} PFU of RSV Long and given one i.m. dose of palivizumab (15 mg/kg) 3 days later. Five of these groups received glucocorticoid therapy as described above on days 3, 4, and 5 postinfection. All animals, including those in a seventh uninfected group, were sacrificed for histopathological evaluation on day 6 after infection, and the results are summarized in Fig. 1A. As we reported earlier, therapy with palivizumab alone did not reduce pathology (8). Triamcinolone acetonide and either dose of methylprednisolone reduced the pathologic changes to nearly baseline levels. Dexamethasone at either dose was less

Laboratories, Phoenix, Ariz.) was administered as a single daily intramuscular (i.m.) dose of 16 mg/kg of body weight, a dose previously found to be highly effective in reducing pulmonary pathology (8). Dexamethasone (Elkins-Sinn, Cherry Hill, N.J.) was administered in a single daily intraperitoneal (i.p.) dose of 0.6 or 1.2 mg/kg. Methylprednisolone (Solu-Medrol; Phamacia and Upjohn, Kalamazoo, Mich.) was administered in a total daily dose of 4 or 8 mg/kg divided into four equal i.p. injections.

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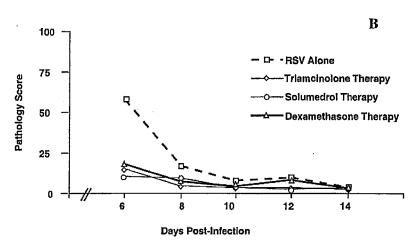


FIG. 1. (A) Arithmetic mean pulmonary pathology scores (plus standard errors) for degrees of bronchiolitis, alveolitis, and interstitial pneumonitis seen in cotton rats on day 6 after experimental infection with 10^{6.5} PFU of RSV (excluding values for the uninfected controls) after receiving the therapy indicated. Each group contained eight or nine animals. No Infect, uninfected controls; MAB, monoclonal antibody; Triam, triamcinolone; Prednis, methylprednisolone; Dex, dexamethasone. (B) Composite pathology scores (arithmetic means) after infection with 10^{6.5} PFU of RSV, with sampling of pulmonary histopathology on days 6, 8, 10, 12, and 14 after the rats received the therapy indicated. Each indicated data point represents a mean value for three or four animals.

effective in reducing inflammation, particularly peribronchiolitis. Representative lung photomicrographs are shown in Fig. 2.

Recurrence of virus replication or pathologic changes. Four groups of 20 cotton rats each were infected intranasally with $10^{6.5}$ PFU of RSV Long. On the third day postinfection, animals in three of the groups received one i.m. dose of palivizumab (15 mg/kg) and concurrent glucocorticoid therapy on days 3, 4, and 5 in the following doses: for triamcinolone acetonide, 16 mg/kg i.m. once daily; for methylprednisolone, 4 mg/kg administered as 1 mg/kg i.p. every 6 h; or for dexamethasone, 0.6 mg/kg i.p. once daily. Animals were sacrificed on days 6, 8, 10, 12, and 14 postinfection for viral titration and histopathology.

Inflammation following untreated RSV infection was significant on day 6 postinfection and slowly abated over the subse-

quent 8 days (Fig. 1B). All three glucocorticoid-treated groups had greater reductions in pathology; no group had a recurrence of histopathology over the 2-week period. On day 6, $10^{2.5}$ PFU of RSV per g was recovered from the lungs of untreated animals, while 10^3 PFU/g was recovered from the lungs of triamcinolone-palivizumab-treated animals on days 6 and 8 of experimental infection. No further viral replication was detected in any groups during the remainder of the experiment. This scant level of viral replication eliminated the need for comparative statistical analysis of viral titrations.

In recent years, there has been a realization that the therapy of certain infectious diseases needs to target both the infectious agent and host inflammation. The results of trials using glucocorticoids to treat RSV disease are mixed, with some trials suggesting the efficacy of such treatment and others

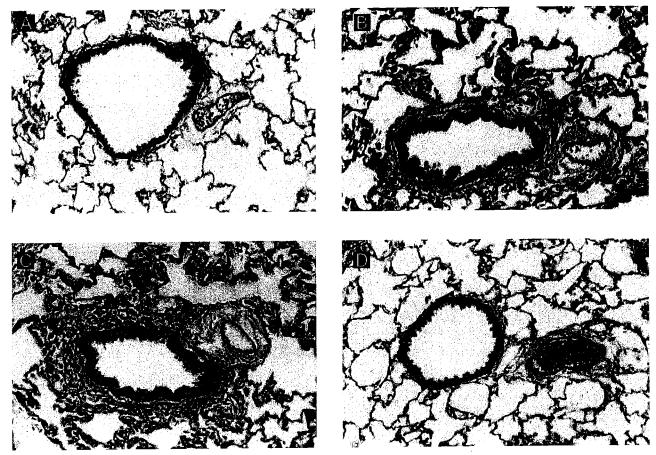


FIG. 2. (A) Uninfected cotton rat lung. (B) Untreated RSV infection on day 6. Note the significant components of peribronchiolitis, interstitial pneumonia, and alveolitis with a predominating mononuclear infiltrate. (C) RSV infection on day 6 after treatment with palivizumab alone on day 3. Little or no improvement is apparent compared to untreated infected lung tissue. (D) RSV infection on day 6, after treatment with palimizumab on day 3 and methylprednisolone (4 mg/kg) on days 3, 4, and 5. Note the reduction in inflammatory infiltrates to levels near those of the uninfected control in panel A. All photomicrographs are of hematoxylin- and eosin-stained lung at a magnification of ×64.

showing no benefit (4). The types and doses of corticosteroids have been sufficiently varied to make the interpretation of results extremely difficult. A similar long-standing debate about the effectiveness of corticosteroid treatment of viral croup was resolved in 1989 when a meta-analysis of all reported clinical trials suggested that the type and dose of corticosteroid were critical factors in determining the outcome (3), a conclusion reinforced by the publication of a well-designed, double-blind, placebo-controlled study which demonstrated a significant benefit from a large dose of dexamethasone (11). In this series of experiments, triamcinolone and methylprednisolone were more effective than dexamethasone and lacked adverse effects; they also reduced pulmonary histopathology in RSV-infected cotton rats by equal amounts.

These experiments were conducted with drugs already licensed by the Food and Drug Administration and in common pediatric usage. The novelty of our approach is the combination of these two types of drugs, an antiviral agent along with an anti-inflammatory agent, to treat viral pneumonia. Though cotton rats do not exhibit overt clinical disease, this animal model has a proven track record of predicting the outcomes of several RSV interventions. We feel that the findings of this

study demonstrating the efficacy and safety of our approach in the cotton rat model, provide the rationale for clinical trials of combined therapy.

The opinions and assertions contained herein are those of the authors alone and do not reflect the views of the Uniformed Services University, The United States Air Force, or The Department of Defense.

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KENALOG®-40 INJECTION triamcinolone acetonide injectable suspension, USP

NOT FOR USE IN NEONATES
CONTAINS BENZYL ALCOHOL

For Intramuscular or Intra-articular Use Only NOT FOR INTRAVENOUS, INTRADERMAL, INTRAOCULAR, EPIDURAL, OR INTRATHECAL USE

DESCRIPTION

Kenalog®-40 Injection (triamcinolone acetonide injectable suspension, USP) is a synthetic glucocorticoid corticosteroid with anti-inflammatory action. THIS FORMULATION IS SUITABLE FOR INTRAMUSCULAR AND INTRA-ARTICULAR USE ONLY. THIS FORMULATION IS NOT FOR INTRADERMAL INJECTION.

Each mL of the sterile aqueous suspension provides 40 mg triamcinolone acetonide, with sodium chloride for isotonicity, 0.99% (w/v) benzyl alcohol as a preservative, 0.75% carboxymethylcellulose sodium, and 0.04% polysorbate 80. Sodium hydroxide or hydrochloric acid may be present to adjust pH to 5.0 to 7.5. At the time of manufacture, the air in the container is replaced by nitrogen.

The chemical name for triamcinolone acetonide is 9-Fluoro-11 β ,16 α ,17,21-tetrahydroxypregna-1,4-diene-3,20-dione cyclic 16,17-acetal with acetone. Its structural formula is:

MW 434.50

1

Triamcinolone acetonide occurs as a white to cream-colored, crystalline powder having not more than a slight odor and is practically insoluble in water and very soluble in alcohol.

CLINICAL PHARMACOLOGY

Glucocorticoids, naturally occurring and synthetic, are adrenocortical steroids that are readily absorbed from the gastrointestinal tract.

Naturally occurring glucocorticoids (hydrocortisone and cortisone), which also have saltretaining properties, are used as replacement therapy in adrenocortical deficiency states. Synthetic analogs such as triamcinolone are primarily used for their anti-inflammatory effects in disorders of many organ systems.

Kenalog-40 Injection has an extended duration of effect which may be sustained over a period of several weeks. Studies indicate that following a single intramuscular dose of 60 mg to 100 mg of triamcinolone acetonide, adrenal suppression occurs within 24 to 48 hours and then gradually returns to normal, usually in 30 to 40 days. This finding correlates closely with the extended duration of therapeutic action achieved with the drug.

INDICATIONS AND USAGE

Intramuscular

Where oral therapy is not feasible, injectable corticosteroid therapy, including Kenalog-40 Injection (triamcinolone acetonide injectable suspension, USP) is indicated for intramuscular use as follows:

Allergic states: Control of severe or incapacitating allergic conditions intractable to adequate trials of conventional treatment in asthma, atopic dermatitis, contact dermatitis, drug hypersensitivity reactions, perennial or seasonal allergic rhinitis, serum sickness, transfusion reactions.

Dermatologic diseases: Bullous dermatitis herpetiformis, exfoliative erythroderma, mycosis fungoides, pemphigus, severe erythema multiforme (Stevens-Johnson syndrome).

Endocrine disorders: Primary or secondary adrenocortical insufficiency (hydrocortisone or cortisone is the drug of choice; synthetic analogs may be used in conjunction with mineralocorticoids where applicable; in infancy, mineralocorticoid supplementation is of particular importance), congenital adrenal hyperplasia, hypercalcemia associated with cancer, nonsuppurative thyroiditis.

Gastrointestinal diseases: To tide the patient over a critical period of the disease in regional enteritis and ulcerative colitis.

Hematologic disorders: Acquired (autoimmune) hemolytic anemia, Diamond-Blackfan anemia, pure red cell aplasia, selected cases of secondary thrombocytopenia.

Miscellaneous: Trichinosis with neurologic or myocardial involvement, tuberculous meningitis with subarachnoid block or impending block when used with appropriate antituberculous chemotherapy.

Neoplastic diseases: For the palliative management of leukemias and lymphomas.

Nervous system: Acute exacerbations of multiple sclerosis; cerebral edema associated with primary or metastatic brain tumor or craniotomy.

Ophthalmic diseases: Sympathetic ophthalmia, temporal arteritis, uveitis, and ocular inflammatory conditions unresponsive to topical corticosteroids.

Renal diseases: To induce diuresis or remission of proteinuria in idiopathic nephrotic syndrome or that due to lupus erythematosus.

Respiratory diseases: Berylliosis, fulminating or disseminated pulmonary tuberculosis when used concurrently with appropriate antituberculous chemotherapy, idiopathic eosinophilic pneumonias, symptomatic sarcoidosis.

Rheumatic disorders: As adjunctive therapy for short-term administration (to tide the patient over an acute episode or exacerbation) in acute gouty arthritis; acute rheumatic carditis; ankylosing spondylitis; psoriatic arthritis; rheumatoid arthritis, including juvenile rheumatoid arthritis (selected cases may require low-dose maintenance therapy). For the treatment of dermatomyositis, polymyositis, and systemic lupus erythematosus.

Intra-Articular

The intra-articular or soft tissue administration of Kenalog-40 Injection is indicated as adjunctive therapy for short-term administration (to tide the patient over an acute episode or exacerbation) in acute gouty arthritis, acute and subacute bursitis, acute nonspecific tenosynovitis, epicondylitis, rheumatoid arthritis, synovitis, or osteoarthritis.

CONTRAINDICATIONS

Kenalog-40 Injection is contraindicated in patients who are hypersensitive to any components of this product (see WARNINGS: General).

Intramuscular corticosteroid preparations are contraindicated for idiopathic thrombocytopenic purpura.

WARNINGS

General

Exposure to excessive amounts of benzyl alcohol has been associated with toxicity (hypotension, metabolic acidosis), particularly in neonates, and an increased incidence of kernicterus, particularly in small preterm infants. There have been rare reports of deaths, primarily in preterm infants, associated with exposure to excessive amounts of benzyl alcohol. The amount of benzyl alcohol from medications is usually considered negligible compared to that received in flush solutions containing benzyl alcohol. Administration of high dosages of medications containing this preservative must take into account the total amount of benzyl alcohol administered. The amount of benzyl alcohol at which toxicity may occur is not known. If the patient requires more than the recommended dosages or other medications containing this preservative, the practitioner must consider the daily metabolic load of benzyl alcohol from these combined sources (see **PRECAUTIONS**: **Pediatric Use**).

Rare instances of anaphylactoid reactions have occurred in patients receiving corticosteroid therapy (see ADVERSE REACTIONS). Cases of serious anaphylactic reactions and anaphylactic shock, including death, have been reported in individuals receiving triamcinolone acetonide injection, regardless of the route of administration.

Because Kenalog-40 Injection (triamcinolone acetonide injectable suspension, USP) is a suspension, it should **not** be administered intravenously.

Unless a **deep** intramuscular injection is given, local atrophy is likely to occur. (For recommendations on injection techniques, see **DOSAGE AND ADMINISTRATION**.) Due to the significantly higher incidence of local atrophy when the material is injected into the deltoid area, this injection site should be avoided in favor of the gluteal area.

Increased dosage of rapidly acting corticosteroids is indicated in patients on corticosteroid therapy subjected to any unusual stress before, during, and after the stressful situation. Kenalog-40 Injection is a long-acting preparation, and is not suitable for use in acute stress situations. To avoid drug-induced adrenal insufficiency, supportive dosage may be required in times of stress (such as trauma, surgery, or severe illness) both during treatment with Kenalog-40 Injection and for a year afterwards.

Results from one multicenter, randomized, placebo-controlled study with methylprednisolone hemisuccinate, an intravenous corticosteroid, showed an increase in early (at 2 weeks) and late (at 6 months) mortality in patients with cranial trauma who were determined not to have other clear indications for corticosteroid treatment. High doses of systemic corticosteroids, including Kenalog-40 Injection, should not be used for the treatment of traumatic brain injury.

Cardio-Renal

Average and large doses of corticosteroids can cause elevation of blood pressure, salt and water retention, and increased excretion of potassium. These effects are less likely to occur with the synthetic derivatives except when they are used in large doses. Dietary salt restriction and potassium supplementation may be necessary (see **PRECAUTIONS**). All corticosteroids increase calcium excretion.

Literature reports suggest an apparent association between use of corticosteroids and left ventricular free wall rupture after a recent myocardial infarction; therefore, therapy with corticosteroids should be used with great caution in these patients.

Endocrine

Corticosteroids can produce reversible hypothalamic-pituitary-adrenal (HPA) axis suppression with the potential for glucocorticosteroid insufficiency after withdrawal of treatment.

Metabolic clearance of corticosteroids is decreased in hypothyroid patients and increased in hyperthyroid patients. Changes in thyroid status of the patient may necessitate adjustment in dosage.

Infections

General

Patients who are on corticosteroids are more susceptible to infections than are healthy individuals. There may be decreased resistance and inability to localize infection when corticosteroids are used. Infection with any pathogen (viral, bacterial, fungal, protozoan, or helminthic) in any location of the body may be associated with the use of corticosteroids alone or in combination with other immunosuppressive agents. These infections may be mild to severe. With increasing doses of corticosteroids, the rate of occurrence of infectious complications increases. Corticosteroids may also mask some signs of current infection.

Fungal Infections

Corticosteroids may exacerbate systemic fungal infections and therefore should not be used in the presence of such infections unless they are needed to control drug reactions. There have been cases reported in which concomitant use of amphotericin B and hydrocortisone was followed by cardiac enlargement and congestive heart failure (see **PRECAUTIONS: Drug Interactions:** Amphotericin B injection and potassium-depleting agents).

Special Pathogens

Latent disease may be activated or there may be an exacerbation of intercurrent infections due to pathogens, including those caused by *Amoeba*, *Candida*, *Cryptococcus*, *Mycobacterium*, *Nocardia*, *Pneumocystis*, or *Toxoplasma*.

It is recommended that latent amebiasis or active amebiasis be ruled out before initiating corticosteroid therapy in any patient who has spent time in the tropics or in any patient with unexplained diarrhea.

Similarly, corticosteroids should be used with great care in patients with known or suspected *Strongyloides* (threadworm) infestation. In such patients, corticosteroid-induced immunosuppression may lead to *Strongyloides* hyperinfection and dissemination

with widespread larval migration, often accompanied by severe enterocolitis and potentially fatal gram-negative septicemia.

Corticosteroids should not be used in cerebral malaria.

Tuberculosis

The use of corticosteroids in patients with active tuberculosis should be restricted to those cases of fulminating or disseminated tuberculosis in which the corticosteroid is used for the management of the disease in conjunction with an appropriate anti-tuberculosis regimen. If corticosteroids are indicated in patients with latent tuberculosis or tuberculin reactivity, close observation is necessary as reactivation of the disease may occur. During prolonged corticosteroid therapy, these patients should receive chemoprophylaxis.

Vaccination

Administration of live or live, attenuated vaccines is contraindicated in patients receiving immunosuppressive doses of corticosteroids. Killed or inactivated vaccines may be administered. However, the response to such vaccines cannot be predicted. Immunization procedures may be undertaken in patients who are receiving corticosteroids as replacement therapy, eg, for Addison's disease.

Viral Infections

Chicken pox and measles can have a more serious or even fatal course in pediatric and adult patients on corticosteroids. In pediatric and adult patients who have not had these diseases, particular care should be taken to avoid exposure. The contribution of the underlying disease and/or prior corticosteroid treatment to the risk is also not known. If exposed to chicken pox, prophylaxis with varicella zoster immune globulin (VZIG) may be indicated. If exposed to measles, prophylaxis with immunoglobulin (IG) may be indicated. (See the respective package inserts for complete VZIG and IG prescribing information.) If chicken pox develops, treatment with antiviral agents should be considered.

Neurologic

Epidural and intrathecal administration of this product is not recommended. Reports of serious medical events, including death, have been associated with epidural and intrathecal routes of corticosteroid administration (see ADVERSE REACTIONS: Gastrointestinal and Neurologic/Psychiatric).

Ophthalmic

Use of corticosteroids may produce posterior subcapsular cataracts, glaucoma with possible damage to the optic nerves, and may enhance the establishment of secondary ocular infections due to bacteria, fungi, or viruses. The use of oral corticosteroids is not recommended in the treatment of optic neuritis and may lead to an increase in the risk of new episodes. Corticosteroids should not be used in active ocular herpes simplex.

Adequate studies to demonstrate the safety of Kenalog Injection use by intraturbinal, subconjunctival, sub-Tenons, retrobulbar, and intraocular (intravitreal) injections have not been performed. Endophthalmitis, eye inflammation, increased intraocular pressure, and visual disturbances including vision loss have been reported with intravitreal administration. Administration of Kenalog Injection intraocularly or into the nasal turbinates is not recommended.

Intraocular injection of corticosteroid formulations containing benzyl alcohol, such as Kenalog Injection, is not recommended because of potential toxicity from the benzyl alcohol.

PRECAUTIONS

General

This product, like many other steroid formulations, is sensitive to heat. Therefore, it should not be autoclaved when it is desirable to sterilize the exterior of the vial.

The lowest possible dose of corticosteroid should be used to control the condition under treatment. When reduction in dosage is possible, the reduction should be gradual.

Since complications of treatment with glucocorticoids are dependent on the size of the dose and the duration of treatment, a risk/benefit decision must be made in each individual case as to dose and duration of treatment and as to whether daily or intermittent therapy should be used.

Kaposi's sarcoma has been reported to occur in patients receiving corticosteroid therapy, most often for chronic conditions. Discontinuation of corticosteroids may result in clinical improvement.

Cardio-Renal

As sodium retention with resultant edema and potassium loss may occur in patients receiving corticosteroids, these agents should be used with caution in patients with congestive heart failure, hypertension, or renal insufficiency.

Endocrine

Drug-induced secondary adrenocortical insufficiency may be minimized by gradual reduction of dosage. This type of relative insufficiency may persist for months after discontinuation of therapy; therefore, in any situation of stress occurring during that period, hormone therapy should be reinstituted. Since mineralocorticoid secretion may be impaired, salt and/or a mineralocorticoid should be administered concurrently.

Gastrointestinal

Steroids should be used with caution in active or latent peptic ulcers, diverticulitis, fresh intestinal anastomoses, and nonspecific ulcerative colitis, since they may increase the risk of a perforation.

Signs of peritoneal irritation following gastrointestinal perforation in patients receiving corticosteroids may be minimal or absent.

There is an enhanced effect of corticosteroids in patients with cirrhosis.

Intra-Articular and Soft Tissue Administration

Intra-articularly injected corticosteroids may be systemically absorbed.

Appropriate examination of any joint fluid present is necessary to exclude a septic process.

A marked increase in pain accompanied by local swelling, further restriction of joint motion, fever, and malaise are suggestive of septic arthritis. If this complication occurs and the diagnosis of sepsis is confirmed, appropriate antimicrobial therapy should be instituted.

Injection of a steroid into an infected site is to be avoided. Local injection of a steroid into a previously infected joint is not usually recommended.

Corticosteroid injection into unstable joints is generally not recommended.

Intra-articular injection may result in damage to joint tissues (see ADVERSE REACTIONS: Musculoskeletal).

Musculoskeletal

Corticosteroids decrease bone formation and increase bone resorption both through their effect on calcium regulation (ie, decreasing absorption and increasing excretion) and inhibition of osteoblast function. This, together with a decrease in the protein matrix of the bone secondary to an increase in protein catabolism, and reduced sex hormone production, may lead to inhibition of bone growth in pediatric patients and the development of osteoporosis at any age. Special consideration should be given to patients at increased risk of osteoporosis (ie, postmenopausal women) before initiating corticosteroid therapy.

Neuro-Psychiatric

Although controlled clinical trials have shown corticosteroids to be effective in speeding the resolution of acute exacerbations of multiple sclerosis, they do not show that they affect the ultimate outcome or natural history of the disease. The studies do show that relatively high doses of corticosteroids are necessary to demonstrate a significant effect. (See **DOSAGE AND ADMINISTRATION**.)

An acute myopathy has been observed with the use of high doses of corticosteroids, most often occurring in patients with disorders of neuromuscular transmission (eg, myasthenia gravis), or in patients receiving concomitant therapy with neuromuscular blocking drugs (eg, pancuronium). This acute myopathy is generalized, may involve ocular and respiratory muscles, and may result in quadriparesis. Elevation of creatinine kinase may occur. Clinical improvement or recovery after stopping corticosteroids may require weeks to years.

Psychiatric derangements may appear when corticosteroids are used, ranging from euphoria, insomnia, mood swings, personality changes, and severe depression to frank psychotic manifestations. Also, existing emotional instability or psychotic tendencies may be aggravated by corticosteroids.

Ophthalmic

Intraocular pressure may become elevated in some individuals. If steroid therapy is continued for more than 6 weeks, intraocular pressure should be monitored.

Information for Patients

Patients should be warned not to discontinue the use of corticosteroids abruptly or without medical supervision, to advise any medical attendants that they are taking corticosteroids, and to seek medical advice at once should they develop fever or other signs of infection.

Persons who are on corticosteroids should be warned to avoid exposure to chicken pox or measles. Patients should also be advised that if they are exposed, medical advice should be sought without delay.

Drug Interactions

Aminoglutethimide: Aminoglutethimide may lead to a loss of corticosteroid-induced adrenal suppression.

Amphotericin B injection and potassium-depleting agents: When corticosteroids are administered concomitantly with potassium-depleting agents (ie, amphotericin B, diuretics), patients should be observed closely for development of hypokalemia. There have been cases reported in which concomitant use of amphotericin B and hydrocortisone was followed by cardiac enlargement and congestive heart failure.

Antibiotics: Macrolide antibiotics have been reported to cause a significant decrease in corticosteroid clearance.

Anticholinesterases: Concomitant use of anticholinesterase agents and corticosteroids may produce severe weakness in patients with myasthenia gravis. If possible, anticholinesterase agents should be withdrawn at least 24 hours before initiating corticosteroid therapy.

Anticoagulants, oral: Coadministration of corticosteroids and warfarin usually results in inhibition of response to warfarin, although there have been some conflicting reports. Therefore, coagulation indices should be monitored frequently to maintain the desired anticoagulant effect.

Antidiabetics: Because corticosteroids may increase blood glucose concentrations, dosage adjustments of antidiabetic agents may be required.

Antitubercular drugs: Serum concentrations of isoniazid may be decreased.

Cholestyramine: Cholestyramine may increase the clearance of corticosteroids.

Cyclosporine: Increased activity of both cyclosporine and corticosteroids may occur when the two are used concurrently. Convulsions have been reported with this concurrent use.

Digitalis glycosides: Patients on digitalis glycosides may be at increased risk of arrhythmias due to hypokalemia.

Estrogens, including oral contraceptives: Estrogens may decrease the hepatic metabolism of certain corticosteroids, thereby increasing their effect.

Hepatic enzyme inducers (eg, barbiturates, phenytoin, carbamazepine, rifampin): Drugs which induce hepatic microsomal drug metabolizing enzyme activity may enhance the metabolism of corticosteroids and require that the dosage of the corticosteroid be increased.

Ketoconazole: Ketoconazole has been reported to decrease the metabolism of certain corticosteroids by up to 60%, leading to an increased risk of corticosteroid side effects.

Nonsteroidal anti-inflammatory drugs (NSAIDs): Concomitant use of aspirin (or other nonsteroidal anti-inflammatory drugs) and corticosteroids increases the risk of gastrointestinal side effects. Aspirin should be used cautiously in conjunction with corticosteroids in hypoprothrombinemia. The clearance of salicylates may be increased with concurrent use of corticosteroids.

Skin tests: Corticosteroids may suppress reactions to skin tests.

Vaccines: Patients on prolonged corticosteroid therapy may exhibit a diminished response to toxoids and live or inactivated vaccines due to inhibition of antibody response. Corticosteroids may also potentiate the replication of some organisms contained in live attenuated vaccines. Routine administration of vaccines or toxoids should be deferred until corticosteroid therapy is discontinued if possible (see WARNINGS: Infections: Vaccination).

Carcinogenesis, Mutagenesis, Impairment of Fertility

No adequate studies have been conducted in animals to determine whether corticosteroids have a potential for carcinogenesis or mutagenesis.

Steroids may increase or decrease motility and number of spermatozoa in some patients.

Pregnancy

Teratogenic Effects: Pregnancy Category C

Corticosteroids have been shown to be teratogenic in many species when given in doses equivalent to the human dose. Animal studies in which corticosteroids have been given to pregnant mice, rats, and rabbits have yielded an increased incidence of cleft palate in the offspring. There are no adequate and well-controlled studies in pregnant women. Corticosteroids should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. Infants born to mothers who have received corticosteroids during pregnancy should be carefully observed for signs of hypoadrenalism.

Nursing Mothers

Systemically administered corticosteroids appear in human milk and could suppress growth, interfere with endogenous corticosteroid production, or cause other untoward effects. Caution should be exercised when corticosteroids are administered to a nursing woman.

Pediatric Use

This product contains benzyl alcohol as a preservative. Benzyl alcohol, a component of this product, has been associated with serious adverse events and death, particularly in pediatric patients. The "gasping syndrome" (characterized by central nervous system depression, metabolic acidosis, gasping respirations, and high levels of benzyl alcohol and its metabolites found in the blood and urine) has been associated with benzyl alcohol dosages >99 mg/kg/day in neonates and low-birth-weight neonates. Additional symptoms may include gradual neurological deterioration, seizures, intracranial hemorrhage, hematologic abnormalities, skin breakdown, hepatic and renal failure, hypotension, bradycardia, and cardiovascular collapse. Although normal therapeutic doses of this product deliver amounts of benzyl alcohol that are substantially lower than those reported in association with the "gasping syndrome," the minimum amount of benzyl alcohol at

which toxicity may occur is not known. Premature and low-birth-weight infants, as well as patients receiving high dosages, may be more likely to develop toxicity. Practitioners administering this and other medications containing benzyl alcohol should consider the combined daily metabolic load of benzyl alcohol from all sources.

The efficacy and safety of corticosteroids in the pediatric population are based on the well-established course of effect of corticosteroids which is similar in pediatric and adult populations. Published studies provide evidence of efficacy and safety in pediatric patients for the treatment of nephrotic syndrome (>2 years of age), and aggressive lymphomas and leukemias (>1 month of age). Other indications for pediatric use of corticosteroids, eg, severe asthma and wheezing, are based on adequate and well-controlled trials conducted in adults, on the premises that the course of the diseases and their pathophysiology are considered to be substantially similar in both populations.

The adverse effects of corticosteroids in pediatric patients are similar to those in adults (see ADVERSE REACTIONS). Like adults, pediatric patients should be carefully observed with frequent measurements of blood pressure, weight, height, intraocular pressure, and clinical evaluation for the presence of infection, psychosocial disturbances, thromboembolism, peptic ulcers, cataracts, and osteoporosis. Pediatric patients who are treated with corticosteroids by any route, including systemically administered corticosteroids, may experience a decrease in their growth velocity. This negative impact of corticosteroids on growth has been observed at low systemic doses and in the absence of laboratory evidence of HPA axis suppression (ie, cosyntropin stimulation and basal cortisol plasma levels). Growth velocity may therefore be a more sensitive indicator of systemic corticosteroid exposure in pediatric patients than some commonly used tests of HPA axis function. The linear growth of pediatric patients treated with corticosteroids should be monitored, and the potential growth effects of prolonged treatment should be weighed against clinical benefits obtained and the availability of treatment alternatives. In order to minimize the potential growth effects of corticosteroids, pediatric patients should be titrated to the lowest effective dose.

Geriatric Use

No overall differences in safety or effectiveness were observed between elderly subjects and younger subjects, and other reported clinical experience has not identified differences in responses between the elderly and younger patients, but greater sensitivity of some older individuals cannot be ruled out.

ADVERSE REACTIONS

(listed alphabetically under each subsection)

The following adverse reactions may be associated with corticosteroid therapy:

Allergic reactions: Anaphylactoid reaction, anaphylaxis including anaphylactic reactions and anaphylactic shock, angioedema.

Cardiovascular: Bradycardia, cardiac arrest, cardiac arrhythmias, cardiac enlargement, circulatory collapse, congestive heart failure, fat embolism, hypertension, hypertrophic cardiomyopathy in premature infants, myocardial rupture following recent myocardial infarction (see WARNINGS), pulmonary edema, syncope, tachycardia, thromboembolism, thrombophlebitis, vasculitis.

Dermatologic: Acne, allergic dermatitis, cutaneous and subcutaneous atrophy, dry scaly skin, ecchymoses and petechiae, edema, erythema, hyperpigmentation, hypopigmentation, impaired wound healing, increased sweating, lupus erythematosus-like lesions, purpura, rash, sterile abscess, striae, suppressed reactions to skin tests, thin fragile skin, thinning scalp hair, urticaria.

Endocrine: Decreased carbohydrate and glucose tolerance, development of cushingoid state, glycosuria, hirsutism, hypertrichosis, increased requirements for insulin or oral hypoglycemic agents in diabetes, manifestations of latent diabetes mellitus, menstrual irregularities, secondary adrenocortical and pituitary unresponsiveness (particularly in times of stress, as in trauma, surgery, or illness), suppression of growth in pediatric patients.

Fluid and electrolyte disturbances: Congestive heart failure in susceptible patients, fluid retention, hypokalemic alkalosis, potassium loss, sodium retention.

Gastrointestinal: Abdominal distention, bowel/bladder dysfunction (after intrathecal administration [see WARNINGS: Neurologic]), elevation in serum liver enzyme levels (usually reversible upon discontinuation), hepatomegaly, increased appetite, nausea, pancreatitis, peptic ulcer with possible perforation and hemorrhage, perforation of the small and large intestine (particularly in patients with inflammatory bowel disease), ulcerative esophagitis.

Metabolic: Negative nitrogen balance due to protein catabolism.

Musculoskeletal: Aseptic necrosis of femoral and humeral heads, calcinosis (following intra-articular or intralesional use), Charcot-like arthropathy, loss of muscle mass, muscle weakness, osteoporosis, pathologic fracture of long bones, post injection flare (following intra-articular use), steroid myopathy, tendon rupture, vertebral compression fractures.

Neurologic/Psychiatric: Convulsions, depression, emotional instability, euphoria, headache, increased intracranial pressure with papilledema (pseudotumor cerebri) usually following discontinuation of treatment, insomnia, mood swings, neuritis, neuropathy, paresthesia, personality changes, psychiatric disorders, vertigo. Arachnoiditis, meningitis, paraparesis/paraplegia, and sensory disturbances have occurred after intrathecal administration. Spinal cord infarction, paraplegia, quadriplegia, cortical blindness, and stroke (including brainstem) have been reported after epidural administration of corticosteroids (see WARNINGS: Neurologic).

Ophthalmic: Exophthalmos, glaucoma, increased intraocular pressure, posterior subcapsular cataracts, rare instances of blindness associated with periocular injections.

Other: Abnormal fat deposits, decreased resistance to infection, hiccups, increased or decreased motility and number of spermatozoa, malaise, moon face, weight gain.

OVERDOSAGE

Treatment of acute overdosage is by supportive and symptomatic therapy. For chronic overdosage in the face of severe disease requiring continuous steroid therapy, the dosage of the corticosteroid may be reduced only temporarily, or alternate day treatment may be introduced.

DOSAGE AND ADMINISTRATION

General

NOTE: CONTAINS BENZYL ALCOHOL (see PRECAUTIONS).

The initial dose of Kenalog-40 Injection may vary from 2.5 mg to 100 mg per day depending on the specific disease entity being treated (see **Dosage** section below). However, in certain overwhelming, acute, life-threatening situations, administration in dosages exceeding the usual dosages may be justified and may be in multiples of the oral dosages.

IT SHOULD BE EMPHASIZED THAT DOSAGE REQUIREMENTS ARE VARIABLE AND MUST BE INDIVIDUALIZED ON THE BASIS OF THE DISEASE UNDER TREATMENT AND THE RESPONSE OF THE PATIENT.

After a favorable response is noted, the proper maintenance dosage should be determined by decreasing the initial drug dosage in small decrements at appropriate time intervals until the lowest dosage which will maintain an adequate clinical response is reached. Situations which may make dosage adjustments necessary are changes in clinical status secondary to remissions or exacerbations in the disease process, the patient's individual drug responsiveness, and the effect of patient exposure to stressful situations not directly related to the disease entity under treatment. In this latter situation it may be necessary to increase the dosage of the corticosteroid for a period of time consistent with the patient's condition. If after long-term therapy the drug is to be stopped, it is recommended that it be withdrawn gradually rather than abruptly.

Dosage

SYSTEMIC

The suggested initial dose is 60 mg, injected deeply into the gluteal muscle. Atrophy of subcutaneous fat may occur if the injection is not properly given. Dosage is usually adjusted within the range of 40 mg to 80 mg, depending upon patient response and duration of relief. However, some patients may be well controlled on doses as low as 20 mg or less.

Hay fever or pollen asthma: Patients with hay fever or pollen asthma who are not responding to pollen administration and other conventional therapy may obtain a remission of symptoms lasting throughout the pollen season after a single injection of 40 mg to 100 mg.

In the treatment of acute exacerbations of multiple sclerosis, daily doses of 160 mg of triamcinolone for a week followed by 64 mg every other day for one month are recommended (see PRECAUTIONS: Neuro-Psychiatric).

In pediatric patients, the initial dose of triamcinolone may vary depending on the specific disease entity being treated. The range of initial doses is 0.11 to 1.6 mg/kg/day in 3 or 4 divided doses (3.2 to 48 mg/m²bsa/day).

For the purpose of comparison, the following is the equivalent milligram dosage of the various glucocorticoids:

Cortisone, 25	Triamcinolone, 4		
Hydrocortisone, 20	Paramethasone, 2		
Prednisolone, 5	Betamethasone, 0.75		
Prednisone, 5	Dexamethasone, 0.75		
Methylprednisolone, 4			

These dose relationships apply only to oral or intravenous administration of these compounds. When these substances or their derivatives are injected intramuscularly or into joint spaces, their relative properties may be greatly altered.

LOCAL

Intra-articular administration: A single local injection of triamcinolone acetonide is frequently sufficient, but several injections may be needed for adequate relief of symptoms.

Initial dose: 2.5 mg to 5 mg for smaller joints and from 5 mg to 15 mg for larger joints, depending on the specific disease entity being treated. For adults, doses up to 10 mg for smaller areas and up to 40 mg for larger areas have usually been sufficient. Single injections into several joints, up to a total of 80 mg, have been given.

Administration

GENERAL

STRICT ASEPTIC TECHNIQUE IS MANDATORY. The vial should be shaken before use to ensure a uniform suspension. Prior to withdrawal, the suspension should be inspected for clumping or granular appearance (agglomeration). An agglomerated product results from exposure to freezing temperatures and should not be used. After withdrawal, Kenalog-40 Injection should be injected without delay to prevent settling in the syringe. Careful technique should be employed to avoid the possibility of entering a blood vessel or introducing infection.

SYSTEMIC

For systemic therapy, injection should be made deeply into the gluteal muscle (see WARNINGS). For adults, a minimum needle length of 1½ inches is recommended. In obese patients, a longer needle may be required. Use alternative sites for subsequent injections.

LOCAL

For treatment of joints, the usual intra-articular injection technique should be followed. If an excessive amount of synovial fluid is present in the joint, some, but not all, should be aspirated to aid in the relief of pain and to prevent undue dilution of the steroid.

With intra-articular administration, prior use of a local anesthetic may often be desirable. Care should be taken with this kind of injection, particularly in the deltoid region, to avoid injecting the suspension into the tissues surrounding the site, since this may lead to tissue atrophy.

In treating acute nonspecific tenosynovitis, care should be taken to ensure that the injection of the corticosteroid is made into the tendon sheath rather than the tendon substance. Epicondylitis may be treated by infiltrating the preparation into the area of greatest tenderness.

HOW SUPPLIED

Kenalog[®]-40 Injection (triamcinolone acetonide injectable suspension, USP) is supplied in vials providing 40 mg triamcinolone acetonide per mL.

40 mg/mL, 1 mL vial	NDC 0003-0293-05
40 mg/mL, 5 mL vial	NDC 0003-0293-20
40 mg/mL, 10 mL vial	NDC 0003-0293-28

Storage

Store at controlled room temperature, 20°-25°C (68°-77°F), avoid freezing and protect from light.

Bristol-Myers Squibb Company Princeton, NJ 08543 USA Product of Italy

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Rev June 2011

Medication Ad	ministration Details				1		ð
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DECLARATION OF MELISSA VOGT

STATE OF NEVADA	
COUNTY OF CLARK)

- I, MELISSA VOGT, declare under penalty of perjury pursuant to NRCP 34(c) and NRS 53.045 as follows:
- I am over the age of eighteen, I am competent to testify on the matters set forth herein. I make this declaration based upon my personal knowledge.
- 2. I am a Registered Nurse and currently am a Learning Coordinator employed by Intermountain Healthcare.
- 3. On May 23, 2022, I located Medication Administration Details for patient, and I made a true and exact copy of that record, which has been batestamped MED ADMIN DETAILS 00001 MED ADMIN DETAILS 00002.
- 4. It is my understanding that the original of the records was made at or near the time of the act and/or event recited therein.
- 5. The Medication Administration Details are kept as part of the patient's designated record set, however, they are maintained separately from the patient's other medical records. It is my understanding that this Medication Administration Details record was inadvertently not printed and included in a copy of the patient's medical records that were previously disclosed in the Nevada Board of Medical Examiners Formal Complaint against Hai Thanh Nguyen, M.D. (Case No. 21-38084-1), as such record are maintained separately from the other portions of the patient's medical record.
- 6. I declare under penalty of perjury under the laws of the State of Nevada that the foregoing is true and correct.

DATED this 33 day of May, 2022.

MELISSA VOGT

OFFICE OF THE GENERAL COUNSEL Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, Nevada 89521 (775) 688-2559

BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

* * * * *

In	the	Matter	of	Char	ges	and
Co	mp	laint Ag	gair	ıst:		

HAI THANH NGUYEN, M.D.,

Respondent.

Case No. 21-38084-1

(FILED UNDER SEAL)

FILED

NOV 03 2021

NEVADA STATE BOARD OF MEDICAL EXAMINERS By:

PATIENT DESIGNATION

OFFICE OF THE GENERAL COUNSEL Nevada State Board of Medical Examiners

The Investigative Committee (IC) of the Nevada State Board of Medical Examiners (Board) hereby submits its **PATIENT DESIGNATION** to identify the true and correct identity of the patient(s) referenced in the filed formal Complaint, Case No. 21-38084-1.

1. Patient A's true and correct identity is as follows:

Name: DOB:

BEFORE THE BOARD OF MEDICAL EXAMINERS 1 OF THE STATE OF NEVADA 2 In the Matter of Charges and Case No. 21-38084-1 3 FILED **Complaint Against** 4 NOV 2 3 2021 HAI THANH NGUYEN, M.D., 5 NEVADA STATE BOARD OF MEDICAL EXAMINERS Respondent. 6 7 HAI THANH NGUYEN, M.D.'S ANSWER TO COMPLAINT 8 COMES NOW, Respondent HAI THANH NGUYEN, M.D., by and through his counsel of 9 record, ROBERT C. McBRIDE, ESQ. and T. CHARLOTTE BUYS, ESQ., of the law firm of 10 McBRIDE HALL and for his Answer to the State of Nevada Board of Medical Examiners' 11 (hereinafter "Board") Complaint, admits, denies, and alleges as follows: 12 This answering Respondent admits those allegations contained in Paragraph 1 of 1. 13 the Board's Complaint. 14 Answering Paragraph 2 of the Board's Complaint, this answering Respondent 2. 15 denies each and every allegation of malpractice contained therein. As to the remainder of 16 Paragraph 2, this answering Respondent is without sufficient knowledge or information upon 17 which to base a belief as to the truth or falsity of the allegations contained in Paragraph 2, and 18 upon said grounds denies each and every allegation contained therein. 19 3. Answering Paragraph 3 of the Board's Complaint, this answering Respondent 20 denies each and every allegation of malpractice contained therein. As to the remainder of 21 Paragraph 3, this answering Respondent is without sufficient knowledge or information upon 22 which to base a belief as to the truth or falsity of the allegations contained in Paragraph 3, and 23 upon said grounds denies each and every allegation contained therein. 24 25

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COUNT I

NRS 630.301(4) (Malpractice)

- 4. Answering Paragraph 4 of the Board's Complaint, this answering Respondent repeats and realleges each and every response to Paragraphs 1 through 3, inclusive, and incorporates the same by reference as though set forth fully herein.
- 5. Answering Paragraph 5 of the Board's Complaint, this answering Respondent admits that Nevada Revised Statute Section 630.301(4) provides that malpractice of a physician is grounds for initiating disciplinary action against a licensee, but this answering Respondent specifically denies committing malpractice.
- 6. Answering Paragraph 6 of the Board's Complaint, this Answering Respondent admits that Nevada Administrative Code Section 630.040 defines malpractice, but this answering Respondent specifically denies committing malpractice.
- 7. Answering Paragraph 7 of the Board's Complaint, this Answering Respondent denies each and every allegation contained in paragraph 7 of the Board's Complaint.
- 8. Answering Paragraph 8 of the Board's Complaint, this Answering Respondent denies each and every allegation contained in paragraph 8 of the Board's Complaint.

COUNT II

NRS 630.3062(1)(a) (Failure to Maintain Complete Medical Records)

- 9. Answering Paragraph 9 of the Board's Complaint, this answering Respondent repeats and realleges each and every response to Paragraphs 1 through 8, inclusive, and incorporates the same by reference as though set forth fully herein.
- 10. Answering Paragraph 10 of the Board's Complaint, this answering Respondent admits that Nevada Revised Statute Section 630.301(4) provides that malpractice of a physician is grounds for initiating disciplinary action against a licensee, but this Answering Respondent specifically denies committing malpractice.
- 11. Answering Paragraph 11 of the Board's Complaint, this answering Respondent denies each and every allegation contained in paragraph 11 of the Board's Complaint.

representative on the basis of a full and complete disclosure to the patient of all material facts

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known or reasonably believed be true concerning the patient's physical condition and the appropriate alternative procedures available for treatment of such condition

NINTH AFFIRMATIVE DEFENSE

All possible affirmative defenses may not have been alleged herein so far as sufficient facts were not available after reasonable inquiry upon filing of this answering Respondent's Answer and, therefore, this answering Respondent reserves the right to amend his Answer to include additional affirmative defenses if subsequent investigation so warrants.

WHEREFORE, the Respondent prays that The Nevada State Board of Medical Examiners take nothing by way of the Complaint on file herein; and that Respondent recover all costs, attorneys' fees, and damages incurred as a result of the Complaint.

DATED this 23rd day of November 2021.

McBRIDE HALL

By: /s/ T. Charlotte Buys

ROBERT C. McBRIDE, ESQ. Nevada Bar No.: 7082 T. CHARLOTTE BUYS, ESQ. Nevada Bar No.: 14845 8329 W. Sunset Road, Suite 260 Las Vegas, Nevada 89113 Attorneys for Respondent Hai Thanh Nguyen M.D.

CERTIFICATE OF SERVICE I hereby certify that on the 23rd day of November 2021, I served a true correct copy of RESPONDENT'S ANSWER TO COMPLAINT, by mailing via United States mail to the following: Robert Kilroy, Esq. Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, NV 89521 Attorneys for the Investigative Committee /s/ Natalie Jones An Employee of McBride Hall

OFFICE OF THE GENERAL COUNSEL Nevada State Board of Medical Examine

BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

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In the Matter of Charges and

Complaint Against:

HAI THANH NGUYEN, M.D.,

Respondent.

Case No. 21-38084-1

NOV 3 0 2021

NEVADA STATE BOARD OF MEDICAD EXAMINEDS

AFFIDAVIT OF SERVICE

STATE OF NEVADA) ss. COUNTY OF WASHOE

- I, Margaret F. Byrd (Meg), being first duly sworn upon oath, hereby depose and state under penalty of perjury under the laws of the state of Nevada as follows:
- I caused to be served the Complaint, Patient Designation and Fingerprinting 1. Package (Complaint Package) to Respondent at the following address:

Hai Thanh Nguyen, M.D. 9000 Las Vegas Blvd. S, Suite 1108 Las Vegas, Nevada 89123

- Service was performed via USPS Certified Mail Tracking No. 9171 9690 0935 2. 0252 1578 87.
- I reviewed the tracking information for this parcel which indicated and currently 3. indicates "In Transit, Arriving Late" with no signature verification upon delivery to the Respondent.
- I received a call from the Respondent on or about November 9, 2021 confirming he 4. had received the package and requesting patient identification information (which was provided with the package).

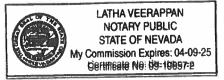
On or about November 23, 2021, I received an Answer to the Complaint from 5. counsel for the Respondent. This further confirms Respondent's receipt of the Complaint Package. Further your affiant sayeth naught.

SUBSCRIBED and SWORN to before me

This 30th day of November, 202

by Margaret F. Byrd (Meg).

NOTARY PUBLIC



1 BEFORE THE BOARD OF MEDICAL EXAMINERS FILED OF THE STATE OF NEVADA 2 * * * * JAN - 7 2022 3 NEVADA STATE BOARD OF 4 5 Case No. 21-27350-1 In the Matter of Charges and 6 Early Case Conference Date: January 13, 7 **Complaint Against** 2022 @ 10:00 a.m. 8 HAI THANH NGUYEN, M.D., 9 Respondent. 10 11 ORDER SCHEDULING EARLY CASE CONFERENCE 12 TO: Robert G. Kilroy, J.D. 13 Senior Deputy General Counsel Nevada State Board of Medical Examiners 14 9600 Gateway Drive Reno, Nevada 89521 15 16 Hai Thanh Nguyen, M.D. c/o Robert McBride, Esq. and 17 T. Charlotte Buys, Esq. 8329 W. Sunset Road, Ste 260 18 Las Vegas, NV 89113 19 20 NOTICE IS HEREBY GIVEN that, in compliance with NRS 630.339(3), an Early Case 21 Conference will be conducted on January 13, 2022, beginning at the hour of 10:00 a.m. The 22 Early Case Conference will be held via conference call. The conference call number is 1-605-475-23 2200 and the access code is 8792457.1 24 25 ¹ NRS 630.339(3) provides as follows: 26 Within 20 days after the filing of the answer, the parties shall hold an early case conference at which the 27 parties and the hearing officer appointed by the Board or a member of the Board must preside. At the early

case conference, the parties shall in good faith:

The scheduled Early Case Conference shall be attended by the parties in person or by any party's legal counsel of record and will be conducted by the undersigned Hearing Officer to discuss and designate the dates for the Pre-Hearing Conference and Hearing and the other procedural matters established in NRS 630.339.

At the Pre-Hearing Conference, in accordance with NAC 630.465,² each party shall provide the other party with a copy of the list of witnesses they intend to call to testify, including therewith, the qualifications of each witness so identified, and a summary of the testimony of each witness. If a witness is not on the list of witnesses, that witness may subsequently not be allowed to testify at

- (a) Set the earliest possible hearing date agreeable to the parties and the hearing officer, panel of the Board or the Board, including the estimated duration of the hearing:
- (b) Set dates:
 - (1) By which all documents must be exchanged;
 - (2) By which all prehearing motions and responses thereto must be filed;
 - (3) On which to hold the prehearing conference; and
 - (4) For any other foreseeable actions that may facilitate the timely and fair conduct of the matter.
- (c) Discuss or attempt to resolve all or any portion of the evidentiary or legal issues in the matter;
- (d) Discuss the potential for settlement of the matter on terms agreeable to the parties; and
- (e) Discuss and deliberate any other issues that may facilitate the timely and fair conduct of the matter.

² NAC 630.465 provides as follows:

- 1. At least 30 days before a hearing but not earlier than 30 days after the date of service upon the physician or physician assistant of a formal complaint that has been filed with the Board pursuant to NRS 630.311, unless a different time is agreed to by the parties, the presiding member of the Board or panel of members of the Board or the hearing officer shall conduct a prehearing conference with the parties and their attorneys. All documents presented at the prehearing conference are not evidence, are not part of the record and may not be filed with the Board.
- 2. Each party shall provide to every other party a copy of the list of proposed witnesses and their qualifications and a summary of the testimony of each proposed witness. A witness whose name does not appear on the list of proposed witnesses may not testify at the hearing unless good cause is shown.
- 3. All evidence, except rebuttal evidence, which is not provided to each party at the prehearing conference may not be introduced or admitted at the hearing unless good cause is shown.
- 4. Each party shall submit to the presiding member of the Board or panel or to the hearing officer conducting the conference each issue which has been resolved by negotiation or stipulation and an estimate, to the nearest hour, of the time required for presentation of its oral argument.

the Hearing unless good cause is shown for omitting the witness from said list.³ Likewise, all evidence, except rebuttal evidence, that is not provided to each party at the Pre-Hearing Conference may also not be introduced or admitted at the Hearing unless good cause is shown.

It is further ordered that legal counsel for the Nevada State Board of Medical Examiners and the Respondent shall keep undersigned Hearing Officer advised of each issue which has been resolved by negotiation or stipulation, if any. At the Early Case Conference the parties must also provide an estimate, to the nearest hour, of the time required for presentation of their respective cases.

ACCORDINGLY, NOTICE IS HEREBY GIVEN that the possible sanctions authorized by NRS 630.352, NAC 630.555, and NRS 622.400 upon a finding of guilt to one or more of the Counts raised in said Board Complaint include the following:

- A. Placement on probation for a specified period on any of the conditions specified in an order issued by the Board;
 - B. Administration of a public reprimand;
- C. Placement of a limitation on Respondent's practice, or exclusion of one or more specified branches of medicine from Respondent's practice;
- D. Suspension of Respondent's license for a specified period or until further order of the Board;
 - E. Revocation of Respondent's license to practice medicine;
- F. A requirement that Respondent participate in a program to correct alcohol or drug dependence or any other impairment;
 - G. A requirement that there be specified supervision of Respondent's practice;

³ In identifying a patient as a witness the parties are cautioned to omit from any pleadings filed with undersigned Hearing Officer any addresses, telephone numbers, social security numbers or other personal information regarding such individual and to confine their submissions in this regard to the name of the witness, the relevancy of any testimony sought to be elicited from that witness and a summary of their anticipated testimony.

- H. A requirement that Respondent perform public service without compensation;
- I. A requirement that Respondent take a physical or mental examination, or an examination testing Respondent's competence;
- J. A requirement that Respondent fulfill certain training or educational requirements, or both, as specified by the Board;
 - K. A fine not to exceed \$5,000.00;
- L. A requirement that the Respondent pay all costs incurred by the Board relating to this disciplinary proceeding, as more fully set forth in NRS 622.400.

DATED this 5th day of January 2022.

By:

Patricia Halstead, Esq. Hearing Officer (775) 322-2244

CERTIFICATE OF SERVICE

I certify that on this day, I personally delivered or mailed, postage pre-paid, at Reno, Nevada, a true file-stamped copy of the foregoing ORDER SCHEDULING EARLY CASE CONFERENCE addressed as follows:

> Robert G. Kilroy, J.D. Senior Deputy General Counsel Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, Nevada 89521

Hai Thanh Nguyen, M.D. c/o Robert McBride, Esq. and T. Charlotte Buys, Esq. 8329 W. Sunset Road, Ste 260 Las Vegas, NV 89113

DATED this _____ day of January 2022.

Signatures

Neg Byrd

Print

Legal Assistant

Title

1 BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA FILED 2 * * * * * 3 JAN - 7 2022 NEVADA STATE BOARD OF 4 MEDIÇAL EXAMINERS 5 Case No. 21-27350-1 In the Matter of Charges and 6 Early Case Conference Date: February 4, 7 Complaint Against 2022 @ 11:30 a.m. 8 HAI THANH NGUYEN, M.D., 9 Respondent. 10 11 AMENDED ORDER SCHEDULING EARLY CASE CONFERENCE 12 TO: Sarah Bradley, J.D. Deputy Executive Director 13 Nevada State Board of Medical Examiners 14 9600 Gateway Drive Reno, Nevada 89521 15 16 Hai Thanh Nguyen, M.D. c/o Robert McBride, Esq. and 17 T. Charlotte Buys, Esq. 8329 W. Sunset Road, Ste 260 18 Las Vegas, NV 89113 19 NOTICE IS HEREBY GIVEN that, in compliance with NRS 630.339(3), an Early Case 20 21 Conference will be conducted on February 4, 2022, beginning at the hour of 11:30 a.m. The 22 Early Case Conference will be held via conference call. The conference call number is 1-605-475-23 2200 and the access code is 8792457.1 24 25 ¹ NRS 630.339(3) provides as follows: 26 Within 20 days after the filing of the answer, the parties shall hold an early case conference at which the 27 parties and the hearing officer appointed by the Board or a member of the Board must preside. At the early case conference, the parties shall in good faith: 28

The scheduled Early Case Conference shall be attended by the parties in person or by any party's legal counsel of record and will be conducted by the undersigned Hearing Officer to discuss and designate the dates for the Pre-Hearing Conference and Hearing and the other procedural matters established in NRS 630.339.

At the Pre-Hearing Conference, in accordance with NAC 630.465,² each party shall provide the other party with a copy of the list of witnesses they intend to call to testify, including therewith, the qualifications of each witness so identified, and a summary of the testimony of each witness. If a witness is not on the list of witnesses, that witness may subsequently not be allowed to testify at

- (a) Set the earliest possible hearing date agreeable to the parties and the hearing officer, panel of the Board or the Board, including the estimated duration of the hearing:
- (b) Set dates:
 - (1) By which all documents must be exchanged;
 - (2) By which all prehearing motions and responses thereto must be filed;
 - (3) On which to hold the prehearing conference; and
 - (4) For any other foreseeable actions that may facilitate the timely and fair conduct of the matter.
- (c) Discuss or attempt to resolve all or any portion of the evidentiary or legal issues in the matter;
- (d) Discuss the potential for settlement of the matter on terms agreeable to the parties; and
- (e) Discuss and deliberate any other issues that may facilitate the timely and fair conduct of the matter.

² NAC 630.465 provides as follows:

- 1. At least 30 days before a hearing but not earlier than 30 days after the date of service upon the physician or physician assistant of a formal complaint that has been filed with the Board pursuant to NRS 630.311, unless a different time is agreed to by the parties, the presiding member of the Board or panel of members of the Board or the hearing officer shall conduct a prehearing conference with the parties and their attorneys. All documents presented at the prehearing conference are not evidence, are not part of the record and may not be filed with the Board.
- 2. Each party shall provide to every other party a copy of the list of proposed witnesses and their qualifications and a summary of the testimony of each proposed witness. A witness whose name does not appear on the list of proposed witnesses may not testify at the hearing unless good cause is shown.
- 3. All evidence, except rebuttal evidence, which is not provided to each party at the prehearing conference may not be introduced or admitted at the hearing unless good cause is shown.
- 4. Each party shall submit to the presiding member of the Board or panel or to the hearing officer conducting the conference each issue which has been resolved by negotiation or stipulation and an estimate, to the nearest hour, of the time required for presentation of its oral argument.

the Hearing unless good cause is shown for omitting the witness from said list.³ Likewise, all evidence, except rebuttal evidence, that is not provided to each party at the Pre-Hearing Conference may also not be introduced or admitted at the Hearing unless good cause is shown.

It is further ordered that legal counsel for the Nevada State Board of Medical Examiners and the Respondent shall keep undersigned Hearing Officer advised of each issue which has been resolved by negotiation or stipulation, if any. At the Early Case Conference the parties must also provide an estimate, to the nearest hour, of the time required for presentation of their respective cases.

ACCORDINGLY, NOTICE IS HEREBY GIVEN that the possible sanctions authorized by NRS 630.352, NAC 630.555, and NRS 622.400 upon a finding of guilt to one or more of the Counts raised in said Board Complaint include the following:

- A. Placement on probation for a specified period on any of the conditions specified in an order issued by the Board;
 - B. Administration of a public reprimand;
- C. Placement of a limitation on Respondent's practice, or exclusion of one or more specified branches of medicine from Respondent's practice;
- D. Suspension of Respondent's license for a specified period or until further order of the Board;
 - E. Revocation of Respondent's license to practice medicine;
- F. A requirement that Respondent participate in a program to correct alcohol or drug dependence or any other impairment;
 - G. A requirement that there be specified supervision of Respondent's practice;

³ In identifying a patient as a witness the parties are cautioned to omit from any pleadings filed with undersigned Hearing Officer any addresses, telephone numbers, social security numbers or other personal information regarding such individual and to confine their submissions in this regard to the name of the witness, the relevancy of any testimony sought to be elicited from that witness and a summary of their anticipated testimony.

- H. A requirement that Respondent perform public service without compensation;
- I. A requirement that Respondent take a physical or mental examination, or an examination testing Respondent's competence;
- J. A requirement that Respondent fulfill certain training or educational requirements, or both, as specified by the Board;
 - K. A fine not to exceed \$5,000.00;
- L. A requirement that the Respondent pay all costs incurred by the Board relating to this disciplinary proceeding, as more fully set forth in NRS 622.400.

DATED this 6th day of January 2022.

By:

Patricia Halstead, Esq. Hearing Officer (775) 322-2244

CERTIFICATE OF SERVICE

I certify that on this day, I personally delivered or mailed, postage pre-paid, at Reno,
Nevada, a true file-stamped copy of the foregoing AMENDED ORDER SCHEDULING EARLY
CASE CONFERENCE addressed as follows:

Sarah Bradley, J.D.
Deputy Executive Director
Nevada State Board of Medical Examiners
9600 Gateway Drive
Reno, Nevada 89521

Hai Thanh Nguyen, M.D. c/o Robert McBride, Esq. and T. Charlotte Buys, Esq. 8329 W. Sunset Road, Ste 260 Las Vegas, NV 89113

DATED this ______ day of January 2022.

Signature

Print

legal assistant

BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

* * * * *

FEB - 7 2022

NEVADA STATE BOARD OF MEDICAL EXAMINERS By:

In the Matter of Charges and

Complaint Against

Case No. 21-38084-1

Hearing Date: May 26-27, 2022 @ 8:30

a.m.

HAI THANH NGUYEN, M.D.,

Respondent.

SCHEDULING ORDER

TO: Sarah Bradley, J.D.
Deputy Executive Director
Nevada State Board of Medical Examiners
9600 Gateway Drive
Reno, Nevada 89521

Hai Thanh Nguyen, M.D. c/o Robert McBride, Esq. and T. Charlotte Buys, Esq. 8329 W. Sunset Rd., Ste 260 Las Vegas, NV 89113

On February 4, 2022, an Early Case Conference was conducted in this matter and held via conference call. Participating in the Early Case Conference were Sarah Bradley, J.D. on behalf of the Investigative Committee (the "IC"); T. Charlotte Buys, Esq. on behalf of Respondent Hai Thahn Nguyen, M.D.; and the undersigned Hearing Officer. The parties proceeded through counsel and agreed to relevant dates including, but not limited to, dates for the pre-hearing conference; the exchange of witnesses and documents; motion practice; and the hearing date.

Accordingly, in compliance with NAC 630.465, a pre-hearing conference will be conducted on **April 1, 2022**, beginning at the hour of 10:00 a.m., Pacific Standard Time, and will be held via a conference call. Unless directed otherwise prior to the scheduled date and time of

the pre-hearing conference, the conference call number will be 1-605-475-2200 and the access code will be 8792457. The parties shall participate in the conference call by and through counsel and the conference will be conducted before the undersigned hearing officer.

By the pre-hearing conference, each party shall provide the other party with a copy of the list of witnesses he intends to call to testify, including the witness' qualifications as well as a brief summary of the witness' anticipated testimony. If a witness is not included in the list of witnesses, that witness may not be allowed to testify at the hearing unless good cause is shown. Likewise, all documentation sought to be relied upon at the formal hearing shall be exchanged. If at the formal hearing any party seeks to rely upon documentation not previously produced as ordered, such documentation will not be permitted unless good cause is shown.

Any and all pre-hearing motions shall be served and submitted to the undersigned hearing officer on or before **April 15**, **2022**. Any oppositions or responses thereto shall be served and submitted to the undersigned hearing officer on or before **April 26**, **2022**. Any and all replies shall be served and submitted to the below hearing officer on or before **May 5**, **2022**.

The formal hearing in this matter is hereby scheduled for May 26, 2022 through May 27, 2022, starting at 8:30 a.m. on each date. Unless otherwise determined, the undersigned hearing officer shall attend from the Reno office of the Nevada State Board of Medical Examiners, 9600 Gateway Drive, Reno, Nevada 89521. Counsel for the IC Sarah Bradley, J.D.; Respondent's counsel Robert McBride, Esq. and/or T. Charlotte Buys, Esq.; and Respondent Hai Thanh Nguyen, M.D. shall attend from the Las Vegas Office of the Nevada State Board of Medical Examiners, 325 E. Warm Springs Road, Suite 225, Las Vegas, Nevada 89119. Unless stipulated to, permission for the remote appearance by any witness must be sought from and approved by the undersigned hearing officer, and any such request shall be in writing and submitted on or before 5:00 p.m. May 5, 2022.

Following the hearing, the undersigned hearing officer will submit to the Board a synopsis of the testimony taken at the hearing and make a recommendation on the veracity of witnesses if there is conflicting evidence or if credibility of witnesses is a determining factor, and thereafter the Board will render its decision. NAC 630.470.

Should the parties deem a status conference necessary at any juncture of the proceeding, they shall coordinate at least three proposed dates and times and may jointly email the undersigned hearing officer with the proposed dates and times and request a status conference and state the basis for the request.

Both parties shall keep the undersigned hearing officer apprised of each issue that has been resolved by negotiation or stipulation or any other change in the status of this case.

DATED this 4th day of February 2022.

By:

Patricia Halstead, Esq. Hearing Officer (775) 322-2244

CERTIFICATE OF SERVICE

I certify that on this day, I personally delivered or mailed, postage pre-paid, at Reno, Nevada, a true file-stamped copy of the foregoing ORDER SCHEDULING EARLY CASE CONFERENCE addressed as follows:

Sarah Bradley, J.D.
Deputy Executive Director
Nevada State Board of Medical Examiners
9600 Gateway Drive
Reno, Nevada 89521

Hai Thanh Nguyen, M.D. c/o Robert McBride, Esq. and T. Charlotte Buys, Esq. 8329 W. Sunset Rd., Ste 260 Las Vegas, NV 89113

DATED this _____ day

day of February 2022.

Signature

Print

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BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

) Case No. 21-38084-1
} FILED
MAR 3 1 2022
NEVADA STATE BOARD OF MEDICAL EXAMINERS

HAI THANH NGUYEN, M.D.'S PRE-HEARING CONFERENCE DISCLOSURE

COMES NOW, Respondent HAI THANH NGUYEN, M.D., by and through his counsel of record, ROBERT C. McBRIDE, ESQ. and T. CHARLOTTE BUYS, ESQ., of the law firm of McBRIDE HALL and in accordance with Nevada Administrative Code § 630.465 and the Hearing Officer's Scheduling Order filed on February 7, 2022, hereby provides the following disclosures:

I.

WITNESSES

1. Hai Thanh Nguyen, M.D. c/o Robert C. McBride, Esq. T. Charlotte Buys, Esq. McBRIDE HALL 8329 W. Sunset Boulevard, Suite 260 Las Vegas, Nevada 89113 (702) 791-5855

Respondent will testify regarding the care and treatment provided to Patient A, his custom and practice, and his medical records documenting Patient A's care and treatment. He will also provide testimony regarding the Board's Complaint and the allegations therein. Respondent will also testify that he complied with the standard of care.

2. Eduardo Anorga, M.D.

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Dr. Anorga is a physician board-certified in family medicine and is expected to testify regarding his review of this case and the standard of care applicable to Dr. Nguyen's care and treatment of Patient A, and documentation of the same. Dr. Anorga will also provide expert testimony regarding the Board's Complaint and the allegations contained therein.

3. Ellen Aliberti

Ms. Aliberti is a Clinical Educator. Ms. Aliberti is expected to testify regarding the clinical education and policies and procedures provided to Medical Assistants at Healthcare Partners of Nevada. She is also anticipated to testify to any relevant knowledge she may have

4. Glenisha Barner, MA (Current Address Unknown)

regarding the facts and circumstances surrounding this matter.

Ms. Barner is anticipated to testify regarding her care and treatment of Patient A, and as to any relevant knowledge she may have regarding the facts and circumstances surrounding this matter.

5. Barry Misiuk, MA (Current Address Unknown)

Mr. Misiuk is anticipated to testify regarding his care and treatment of Patient A, and as to any relevant knowledge he may have regarding the facts and circumstances surrounding this matter.

Respondent reserves the right to call as expert witnesses any and all of the Board's designated expert witness(es) or any other witness designated by any other party. Respondent further reserves the right to amend and supplement this list as discovery continues and as necessary for rebuttal and/or impeachment.

II.

DOCUMENTS

 Board of Medical Examiners of the State of Nevada Complaint filed November 3, 2021.

1 BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA 2 * * * * * 3 4 NEVADA STATE BOARD C 5 Case No. 21-38084-1 In the Matter of Charges and 6 Pretrial Hearing Date: April 11, 2022 @ 7 **Complaint Against** 3:30 p.m. 8 HAI THANH NGUYEN, M.D., 9 Respondent. 10 11 ORDER RESCHEDULING PRETRIAL HEARING 12 TO: Sarah Bradley, J.D. 13 Deputy Executive Director Nevada State Board of Medical Examiners 14 9600 Gateway Drive Reno, Nevada 89521 15 16 Hai Thanh Nguyen, M.D. c/o Robert McBride, Esq. and 17 T. Charlotte Buys, Esq. 8329 W. Sunset Rd., Ste 260 18 Las Vegas, NV 89113 19 A pre-hearing conference for this matter was previously scheduled to take place on April 20 21

FILED

APR - 5 2022

1, 2022. By request of the parties, that date was vacated. The pre-hearing conference will now be held on April 11, 2022 beginning at the hour of 3:30 p.m., Pacific Standard Time, and will be held via a conference call. Unless directed otherwise prior to the scheduled date and time of the prehearing conference, the conference call number will be 1-605-475-2200 and the access code will be 8792457. The parties shall participate in the conference call by and through counsel and the /// ///

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conference will be conducted before the undersigned hearing officer. With the exception of this change all other previous orders remain controlling pending further order.

DATED this 4th day of April 2022.

By:

Patricia Halstead, Esq. Hearing Officer

(775) 322-2244

CERTIFICATE OF SERVICE

I certify that on this day, I personally delivered or mailed, postage pre-paid, at Reno, Nevada, a true file-stamped copy of the foregoing ORDER RESCHEDULING PRETRIAL HEARING addressed as follows:

Sarah Bradley, J.D.
Deputy Executive Director
Nevada State Board of Medical Examiners
9600 Gateway Drive
Reno, Nevada 89521

Hai Thanh Nguyen, M.D. c/o Robert McBride, Esq. and T. Charlotte Buys, Esq. 8329 W. Sunset Rd., Ste 260 Las Vegas, NV 89113

DATED this _____

day of April 2022.

Signature

Print

Legal Assistant

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BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

* * * *

In the Matter of Charges and

Complaint Against:

HAI THANH NGUYEN, M.D.,

Respondent.

Case No. 21-38084-1

FILED

APR - 8 2022

NEVADA STATE BOARD OF

PREHEARING CONFERENCE STATEMENT OF THE INVESTIGATIVE COMMITTEE OF THE NEVADA STATE BOARD OF MEDICAL EXAMINERS

The Investigative Committee (IC) of the Nevada State Board of Medical Examiners (Board) submits the following Prehearing Conference Statement in accordance with NAC 630.465 and the Hearing Officer's Order Rescheduling Pre-Hearing Conference, filed on April 5, 2022.

LIST OF WITNESSES

The IC of the Board lists the following witnesses whom it may call at the hearing on the charges in the Complaint against Respondent filed herein:

Ernesto Diaz, Chief of Investigations a. Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, NV 89521

Mr. Diaz is expected to verify documentary evidence obtained during the investigation of this case and testify regarding the investigation of this matter.

b. Robert and Shielamarie DelGrosso c/o Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, NV 89521

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Mr. and Mrs. DelGrosso are the consumer complainants in this case and they are expected to testify regarding the photos of Patient A that were submitted with the consumer complaint as well as other related facts regarding Dr. Nguyen's care of Patient A.

Scott Hall, M.D. c. c/o Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, NV 89521

Dr. Hall is licensed as a physician in the State of Nevada, and he is Board-certified in Family Medicine by the American Board of Family Medicine. Dr. Hall has conducted a review of this case. He is expected to testify regarding his review of this case and the standard of care required in Nevada.

d. Hai Thanh Nguyen, M.D. c/o T. Charlotte Buys, Esq. McBride Hall 8329 West Sunset Road, Suite 260 Las Vegas, NV 89113

Dr. Nguyen is expected to testify as to his conduct and to respond to the allegations in the Complaint.

All witnesses identified by Respondent in his prehearing conference statement and/or in any subsequent amended, revised or supplemental prehearing conference statement, or list of witnesses disclosed by Respondent of persons he may call to testify at the hearing herein.

The IC reserves the right to amend and supplement this list as required for prosecution of this case.

II. LIST OF EXHIBITS

The IC of the Board lists the following exhibits that it may introduce at the hearing on the charges and formal Complaint against the Respondent. Additionally, the IC of the Board reserves the right to rely on all exhibits listed in Respondent's prehearing conference statement and any supplement and/or amendment thereof.

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6662-880 (611)

EXHIBIT NO.	DESCRIPTION	BATES RANGE (NSBME)
1.	Allegation Letter to Dr. Nguyen, dated March 28, 2017	001
2.	Dr. Nguyen's Response to Allegation Letter, dated April 24, 2017	
3.	Complaint, filed on November 3, 2021	004-008
4.	Answer to Complaint, filed on November 23, 2021	009-013
5.	Patient A's Medical Records	014-016
6.	Injection site photos of Patient A	017-018
7.	Article : Croup	019-027
8.	Article: Acute Management of Croup in the Emergency Department	028-031
9.	Article: Croup: Diagnosis and Management	032-037
10.	Article: Kenalog -40 Injection (partial)	038-043
11.	Article: Kenalog -40 Injection (complete)	044-048
12.	Article: Documenting Vaccination	049-051
13.	Article: Evaluating Medical Decision-Making Capacity in Practice	052-058
14.	Article: Croup (Seminar)	059-069
15.	Article: Chapter 15. Intramuscular, Subcutaneous, and Intradermal Injections	070-077
16.	Article: Musculoskeletal Injections: A Review of the Evidence	078-083

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17.	Article: Joint and Soft Tissue Injection	084-089
18.	Scott Hall, M.D. – Curriculum Vitae	090-091

The IC reserves the right to amend and supplement this list as required for prosecution of this case.

DATED this 8th day of April, 2022.

INVESTIGATIVE COMMITTEE OF THE NEVADA STATE BOARD OF MEDIÇAL EXAMINERS

By:

SARAH A. BRADLEY, J.D., MBA

Deputy Executive Director

9600 Gateway Drive

Reno, NV 89521

Tel: (775) 688-2559

Email: <u>bradleys@medboard.nv.gov</u>
Attorney for the Investigative Committee

CERTIFICATE OF SERVICE

I hereby certify that I am employed by the Nevada State Board of Medical Examiners and that on the 8th day of April, 2022, I served a file-stamped copy of the foregoing PREHEARING CONFERENCE STATEMENT OF THE INVESTIGATIVE COMMITTEE OF THE NEVADA STATE BOARD OF MEDICAL EXAMINERS, as well as required disclosure of documents, via Fed Ex Priority Mail – First Overnight, with a courtesty copy by electronic mail, to the following parties:

HAI THANH NGUYEN, M.D. c/o T. Charlotte Buys, Esq. McBride Hall 8329 W. Sunset Road, Ste. 260 Las Vegas, NV 89113 tcbuys@mcbridehall.com Tracking No.: 7765 3564 4270

Additionaly, I served by electronic mail, file-stamped copies of the same to:

PATRICIA HALSTEAD, ESQ. phalstead@halsteadlawoffices.com Hearing Officer

DATED this day of April, 2022.

MEG BYRD

Legal Assistant

Nevada State Board of Medical Examiners

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BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

* * * * *

In the Matter of Charges and

Complaint Against:

HAI THANH NGUYEN, M.D.,

Respondent.

Case No. 21-38084-1

FILED

APR 1 1 2022

NEVADA STATE BOARD OF MEDICAL EXAMINERS By:

PROOF OF SERVICE

I, Meg Byrd, Legal Assistant for the Nevada State Board of Medical Examiners, hereby certify that on April 8, 2022, I shipped by Federal Express First Overnight Tracking No. 776535644270 (adult signature required) to the following recipient(s):

T. Charlotte Buys, Esq. McBride Hall 8329 West Sunset Road, Suite 260 Las Vegas, NV 89113

the IC's Prehearing Conference Statement with Exhibits which delivery was confirmed on April 11, 2022 at 7:43 a.m. See Exhibit 1.

DATED this 11th day of April, 2022.

MEG BYRD, Legal Assistant

Nevada State Board of Medical Examiners

9600 Gateway Drive Reno, Nevada 89521

EXHIBIT 1

EXHIBIT 1

FedEx® Tracking

776535644270

ADD NICKNAME



Delivered Monday, 4/11/2022 at 7:43 am



DELIVERED

Signed for by: M.CHRISTINE

GET STATUS UPDATES

OBTAIN PROOF OF DELIVERY

Adult signature required ③

FROM

Reno, NV US

то

LAS VEGAS, NV US

MANAGE DELIVERY

Travel History

TIME ZONE

Local Scan Time

Monday, April 11, 2022

Monday, April 11, 2022		
7:43 AM	LAS VEGAS, NV	Delivered
6:38 AM	LAS VEGAS, NV	At local FedEx facility
6:38 AM	LAS VEGAS, NV	On FedEx vehicle for delivery
6:12 AM	LAS VEGAS, NV	Shipment arriving On-Time
5:59 AM	LAS VEGAS, NV	At local FedEx facility
Saturday, April 9, 2022		
7:12 AM	LAS VEGAS, NV	At local FedEx facility
3:36 AM	LAS VEGAS, NV	At destination sort facility

2:32 AM	OAKLAND, CA	Departed FedEx hub
Friday, April 8, 2022		
9:38 PM	OAKLAND, CA	Shipment arriving On-Time
9:27 PM	OAKLAND, CA	Arrived at FedEx hub
5:50 PM	RENO, NV	Left FedEx origin facility
4:01 PM	RENO, NV	Picked up
4:02 PM		Shipment information sent to FedEx
	Expand History	/ ~
Shipment Facts		
TRACKING NUMBER 776535644270	SERVICE FedEx First Overnight	WEIGHT 2 lbs / 0.91 kgs
DELIVERED TO Receptionist/Front Desk	TOTAL PIECES	TOTAL SHIPMENT WEIGHT 2 lbs / 0.91 kgs
TERMS Shipper	PACKAGING FedEx Envelope	SPECIAL HANDLING SECTION Deliver Weekday, Adult Signature Required

SIGNATURE SERVICES

Adult signature required ?

STANDARD TRANSIT

4/11/22 before 8:00 am ③

SHIP DATE

ACTUAL DELIVERY 4/11/22 at 7:43 am

4/8/22 ①

BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

* * * * *

APR 1 2 2022

NEVADA STATE BOARD OF MEDICAL EXAMINERS By:

In the Matter of Charges and

Complaint Against

HAI THANH NGUYEN, M.D.,

9 | Respondent.

Case No. 21-38084-1

Hearing Date: May 26-27, 2022 @ 8:30 a.m.

ORDER FOLLOWING PRE-HEARING CONFERENCE

TO:

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Sarah Bradley, J.D.

Deputy Executive Director

Nevada State Board of Medical Examiners

9600 Gateway Drive Reno, Nevada 89521

Hai Thanh Nguyen, M.D.

c/o Robert McBride, Esq. and

T. Charlotte Buys, Esq.

8329 W. Sunset Rd., Ste 260

Las Vegas, NV 89113

A pre-hearing conference for this matter was held on April 11, 2022. The pre-hearing conference was held via conference call and present on the conference call were Sarah Bradley, J.D. on behalf of the Investigative Committee of the Board of Medical Examiners of the State of Nevada (the "IC"); T. Charlotte Buys, Esq. on behalf of Respondent Hai Thanh Nguyen, M.D.; and the undersigned Hearing Officer.

Based upon the continuance of the pre-hearing conference from its original date, the parties stipulated to extend the previously ordered briefing schedule. As such, any and all pre-hearing motions shall be served and submitted to the undersigned hearing officer on or before **April 22, 2022**. Any oppositions or responses thereto shall be served and submitted to the undersigned hearing officer on or before **May 3, 2022**. Any and all replies shall be served and

submitted to the below hearing officer on or before May 12, 2022. Either party's request for additional documentation not already disclosed shall be briefed pursuant to the foregoing schedule after the review of applicable statutory and administrative code provisions as well as case law addressing the same, the applicability or non-applicability of which shall be addressed in any submitted briefing.

The formal hearing in this matter remains scheduled for May 26, 2022 through May 27, 2022, starting at 8:30 a.m. on each date. Unless otherwise determined, the undersigned hearing officer shall attend from the Reno office of the Nevada State Board of Medical Examiners, located at 9600 Gateway Drive, Reno, Nevada 89521, as shall counsel for the IC Sarah Bradley, J.D. Respondent's counsel Robert McBride, Esq. and/or T. Charlotte Buys, Esq. and Respondent Hai Thanh Nguyen, M.D. shall attend from the Las Vegas Office of the Nevada State Board of Medical Examiners, located at 325 E. Warm Springs Road, Suite 225, Las Vegas, Nevada 89119.

Unless stipulated to, permission for the remote appearance by any witness must be sought from and approved by the undersigned hearing officer, and any such request shall be in writing and submitted on or before 5:00 p.m. May 5, 2022. Ms. Buys indicated her intent to file such a request on behalf of Respondent's expert witness. The undersigned will consider the same upon written request, which the IC may have until the close of business on May 9, 2022 to respond.

The parties shall confer regarding the admissibility of exhibits and be prepared to address the stipulated admissibility of exhibits at the commencement of the evidentiary hearing. Any exhibits not stipulated to be admitted will be individually addressed as they are sought to be admitted.

It remains that, following the hearing, the undersigned hearing officer will submit to the Board a synopsis of the testimony taken at the hearing and make a recommendation on the veracity of witnesses if there is conflicting evidence or if credibility of witnesses is a determining factor, and thereafter the Board will render its decision. NAC 630.470.

Should the parties deem a status conference necessary prior to the scheduled evidentiary hearing, they shall coordinate at least three proposed dates and times and may jointly email the

undersigned hearing officer with the proposed dates and times and request a status conference and state the basis for the request.

IT IS SO ORDERED.

DATED this 11th day of April 2022.

By:

Patricia Halstead, Esq. Hearing Officer (775) 322-2244

CERTIFICATE OF SERVICE

I certify that on this day, I personally delivered or mailed, postage pre-paid, at Reno, Nevada, a true file-stamped copy of the foregoing ORDER FOLLOWING PRE-HEARING CONFERENCE addressed as follows:

> Sarah Bradley, J.D. Deputy Executive Director Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, Nevada 89521

Hai Thanh Nguyen, M.D. c/o Robert McBride, Esq. and T. Charlotte Buys, Esq. 8329 W. Sunset Rd., Ste 260 Las Vegas, NV 89113

Mday of April 2022. DATED this

Signature

BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

In the Matter of Charges and) Case No. 21-38084-1
Complaint Against	Prince Service
HAI THANH NGUYEN, M.D.,	APR 1 2 2022
Respondent.	NEVADA STATE BOARD OF MEDICAL EXAMINERS By:

HAI THANH NGUYEN, M.D.'S FIRST SUPPLEMENTAL PREHEARING **CONFERENCE DISCLOSURE**

COMES NOW, Respondent HAI THANH NGUYEN, M.D., by and through his counsel of record, ROBERT C. McBRIDE, ESQ. and T. CHARLOTTE BUYS, ESQ., of the law firm of McBRIDE HALL and in accordance with Nevada Administrative Code § 630.465 and the Hearing Officer's Scheduling Order filed on February 7, 2022 and Order Rescheduling Pretrial Hearing filed on April 5, 2022, hereby provides the following First Supplement to Hai Thanh Nguyen, M.D.'s Prehearing Conference Disclosure (supplements are in bold):

I.

WITNESSES

1. Hai Thanh Nguyen, M.D. c/o Robert C. McBride, Esq. T. Charlotte Buys, Esq. McBRIDE HALL 8329 W. Sunset Boulevard, Suite 260 Las Vegas, Nevada 89113 (702) 791-5855

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Respondent will testify regarding the care and treatment provided to Patient A, his custom and practice, and his medical records documenting Patient A's care and treatment. He will also provide testimony regarding the Board's Complaint and the allegations therein. Respondent will also testify that he complied with the standard of care.

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2. Eduardo Anorga, M.D.

Dr. Anorga is a physician board-certified in family medicine and is expected to testify regarding his review of this case and the standard of care applicable to Dr. Nguyen's care and treatment of Patient A, and documentation of the same. Dr. Anorga will also provide expert testimony regarding the Board's Complaint and the allegations contained therein.

3. Ellen Aliberti



Ms. Aliberti is a Clinical Educator. Ms. Aliberti is expected to testify regarding the clinical education and policies and procedures provided to Medical Assistants at Healthcare Partners of Nevada. She is also anticipated to testify to any relevant knowledge she may have regarding the facts and circumstances surrounding this matter.

4. Glenisha Barner, MA (Current Address Unknown)

Ms. Barner is anticipated to testify regarding her care and treatment of Patient A, and as to any relevant knowledge she may have regarding the facts and circumstances surrounding this matter.

5. Barry Misiuk, MA (Current Address Unknown)

Mr. Misiuk is anticipated to testify regarding his care and treatment of Patient A, and as to any relevant knowledge he may have regarding the facts and circumstances surrounding this matter.

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6. Sheilamarie DelGrosso c/o Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, NV 89521

Ms. Delgrosso and Mr. Delgrosso are the parents of Patient A and are expected to testify as to the consent for medical care and medical treatment provided to Patient A and any relevant knowledge she may have regarding the facts and circumstances surrounding this matter.

Respondent reserves the right to call as expert witnesses any and all of the Board's designated expert witness(es) or any other witness designated by any other party. Respondent further reserves the right to amend and supplement this list as discovery continues and as necessary for rebuttal and/or impeachment.

II.

DOCUMENTS

- Board of Medical Examiners of the State of Nevada Complaint filed November 3, 2021.
- 2. Respondent Hai Thanh Nguyen, M.D.'s Answer to Complaint
- 3. Respondent Hai Thanh Nguyen, M.D.'s Board Response Letter dated April 24, 20017
- 4. Medical Records from Healthcare Partners (HCP 0001-17)
- 5. Medical Administration Log (MED ADMIN LOG 0001-7)
- Standard Operating Procedure for Injectable Medication Administration (SOP INJECTABLE MEDS 0001-4)
- 7. Curriculum Vitae of Eduardo Anorga, M.D.
- 8. IBM Micromedex Information for Pediatric Administration of Kenalog (MICROMEDEX000001-25).
- American Society for Microbiology, Comparison of Corticosteroids for Treatment of Respiratory Syncytial Virus Bronchiolitis and Pneumonia in Cotton Rats (ASM 000001-000004).

10. Bristol-Myers Squibb Company Information for Intramuscular or Intraarticular Kenalog Injection, Revised June 2011, (BMS_(2011)_000001-20).

Respondent reserves the right to use any and all of the documents, exhibits, reference materials and records disclosed by the Board or any other party. Respondent further reserves the right to amend and supplement this list as discovery continues and as necessary for rebuttal and/or impeachment.

DATED this 11th day of April, 2022.

McBRIDE HALL

By: /s/ T. Charlotte Buys

ROBERT C. McBRIDE, ESQ.
Nevada Bar No.: 7082
T. CHARLOTTE BUYS, ESQ.
Nevada Bar No.: 14845
8329 W. Sunset Road, Suite 260
Las Vegas, Nevada 89113
Attorneys for Respondent
Hai Thanh Nguyen M.D.

(775) 688-2559

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BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

* * * * *

In the Matter of Charges and

Complaint Against:

HAI THANH NGUYEN, M.D.,

Respondent.

Case No. 21-38084-1

FILED

APR 1 2 2022

NEVADA STATE BOARD OF MEDICAL EXAMINERS
By:

FIRST SUPPLEMENTAL PREHEARING CONFERENCE STATEMENT OF THE INVESTIGATIVE COMMITTEE OF THE NEVADA STATE BOARD OF MEDICAL EXAMINERS

The Investigative Committee (IC) of the Nevada State Board of Medical Examiners (Board) submits the following Supplemental Prehearing Conference Statement in accordance with NAC 630.465 and the Hearing Officer's Order Rescheduling Pre-Hearing Conference, filed on April 5, 2022 (New items are in bold font).

I. LIST OF WITNESSES

The IC of the Board lists the following witnesses whom it may call at the hearing on the charges in the Complaint against Respondent filed herein:

a. Ernesto Diaz, Chief of Investigations
Nevada State Board of Medical Examiners
9600 Gateway Drive
Reno, NV 89521

Mr. Diaz is expected to verify documentary evidence obtained during the investigation of this case and testify regarding the investigation of this matter.

Robert and Shielamarie DelGrosso
 c/o Nevada State Board of Medical Examiners
 9600 Gateway Drive
 Reno, NV 89521

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Mr. and Mrs. DelGrosso are the consumer complainants in this case and they are expected to testify regarding the photos of Patient A that were submitted with the consumer complaint as well as other related facts regarding Dr. Nguyen's care of Patient A.

Scott Hall, M.D. c. c/o Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, NV 89521

Dr. Hall is licensed as a physician in the State of Nevada, and he is Board-certified in Family Medicine by the American Board of Family Medicine. Dr. Hall has conducted a review of this case. He is expected to testify regarding his review of this case and the standard of care required in Nevada.

Hai Thanh Nguyen, M.D. d. c/o T. Charlotte Buys, Esq. McBride Hall 8329 West Sunset Road, Suite 260 Las Vegas, NV 89113

Dr. Nguyen is expected to testify as to his conduct and to respond to the allegations in the Complaint.

All witnesses identified by Respondent in his prehearing conference statement e. and/or in any subsequent amended, revised or supplemental prehearing conference statement, or list of witnesses disclosed by Respondent of persons he may call to testify at the hearing herein.

The IC reserves the right to amend and supplement this list as required for prosecution of this case.

LIST OF EXHIBITS II.

The IC of the Board lists the following exhibits that it may introduce at the hearing on the charges and formal Complaint against the Respondent. Additionally, the IC of the Board reserves the right to rely on all exhibits listed in Respondent's prehearing conference statement and any supplement and/or amendment thereof.

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OFFICE OF THE GENERAL COUNSEL Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, Nevada 89521 (775) 688-2559

1 2	EXHIBIT NO.	DESCRIPTION	BATES RANGE (NSBME)
3	1.	Allegation Letter to Dr. Nguyen, dated March 28, 2017	001
4 5	2.	Dr. Nguyen's Response to Allegation Letter, dated April 24, 2017	002-003
6 7	3.	Complaint, filed on November 3, 2021	004-008
8	4.	Answer to Complaint, filed on November 23, 2021	009-013
9 10	5.	Patient A's Medical Records	014-016
11	6.	Injection site photos of Patient A	017-018
13	7.	Article : Croup	019-027
14 15	8.	Article: Acute Management of Croup in the Emergency Department	028-031
16 17	9.	Article: Croup: Diagnosis and Management	032-037
18	10.	Article: Kenalog -40 Injection (partial)	038-043
19 20	11.	Article: Kenalog -40 Injection (complete)	044-048
21	12.	Article: Documenting Vaccination	049-051
23	13.	Article: Evaluating Medical Decision-Making Capacity in Practice	052-058
24 25	14.	Article: Croup (Seminar)	059-069
26 27	15.	Article: Chapter 15. Intramuscular, Subcutaneous, and Intradermal Injections	070-077
28	16.	Article: Musculoskeletal Injections: A Review of the Evidence	078-083

17.	Article: Joint and Soft Tissue Injection	084-089
18.	Scott Hall, M.D. – Curriculum Vitae	090-091
19.	Scott Hall, M.D. – Updated Curriculum Vitae	092-093

The IC reserves the right to amend and supplement this list as required for prosecution of this case.

DATED this 12th day of April, 2022.

INVESTIGATIVE COMMITTEE OF THE NEVADA STATE BOARD OF MEDICAL EXAMINERS

By: (

SARAH A. BRADLEY, J.D., MBA

Deputy Executive Director 9600 Gateway Drive

Reno, NV 89521

Tel: (775) 688-2559

Email: <u>bradleys@medboard.nv.gov</u>
Attorney for the Investigative Committee

EXHIBIT 19

EXHIBIT 19

SCOTT HALL, MD CAQSM

Associate Professor of Family Medicine University of Nevada School of Medicine Family Medicine Department

EDUCATION

Doctor of Medicine, Ohio State University, 2002 Bachelor of Science, Brigham Young University, 1998

MEDICAL TRAINING

Sports Medicine Fellowship, Grant Sports Medicine, 2006

Chief Resident, Grant Family Medicine, 2005

Family Medicine Residency, Grant Family Medicine, 2002-2005

MEDICAL EXPERIENCE

2007-current Associate Professor of Family Medicine, University of Nevada, Reno School

of Medicine, Department of Family Medicine

2018-current State of Nevada Rating Physician, Scott Hall, MD, PLLC

2007-2019 Clinical Physician and Medical Director, SpecialtyHealth

2006-2007 Family Medicine Physician and Hospitalist, Renown Health

2005-2006 Hospitalist, Physician Staffing

"Pre-Participation Exams in the COVID Era," Lecture presented at 53rd Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2021.

"Joint Examinations" and "Joint Injections" Workshops presented at 52th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2020.

"MRSA and Athletes," presentation for the Renown Sports Medicine conference in April 2019 and Project ECHO University of Nevada, Reno in May 2019

"Joint Examinations," Workshop presented at 50th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2018.

"Joint Examinations" and "Joint Injections," Workshop presented at 48th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2016.

"Joint Examinations," Workshop presented at 47th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2015.

"Joint Examinations," Workshop presented at 46th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2014.

"Evaluation of the Impact of a Paleolithic Diet on Cardiovascular Risk Factors and Lipoproteins in a Law Enforcement Population," Presented at the Ancestral Health Symposium 2013 in Atlanta GA, 46th Annual Nevada Academy of Family Physicians Winter CME Meeting in South Lake Tahoe, NV, and Washoe County Obesity Forum 2013 in Reno, NV.

"Spine Examination," Workshop presented at 45th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2013.

"Neck and Shoulder Exam," Workshop presented at 44th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2012.

"Joint Injections," Presented at 40th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2008.

"Presyncope in a Division III Cross-Country Runner," Presented at AMSSM National Meeting, Miami Florida, April 2006.

"Community-acquired MRSA in Athletes – What You Need to Know," Presented at 11th Current Concepts in Sports Medicine Conference, Columbus Ohio, August 2005.

"The Preparticipation Physical Exam," Presented at *Grant Medical Center Grand Rounds*, Columbus Ohio, March 2005.

"Management of the Abnormal Pap Smear," Presented at Colposcopy for the Primary Care Physician, Columbus Ohio, May 2004.

BEFORE THE BOARD OF MEDICAL EXAMINERS 1 OF THE STATE OF NEVADA 2 * * * * * 3 In the Matter of Charges and Case No. 21-38084-1 4 FILED **Complaint Against** 5 HAI THANH NGUYEN, M.D., APR 2 2 2022 6 NEVADA STATE BOARD OF Respondent. 7 MEDICAL EXAMINERS 8 HAI THANH NGUYEN, M.D.'S MOTION TO APPLY 9 "CLEAR AND CONVINCING" AS THE BURDEN OF PROOF 10 COMES NOW, Respondent HAI THANH NGUYEN, M.D., by and through his counsel of 11 record, ROBERT C. McBRIDE, ESQ. and T. CHARLOTTE BUYS, ESQ., of the law firm of 12 McBRIDE HALL and hereby submits his Motion to Apply the Appropriate "Clear and 13 Convincing" Standard. 14 This Motion is made and based and based upon the attached Memorandum of Points and 15 Authorities, the papers and pleadings on file herein, any oral argument that may be adduced at the 16 time of a hearing set for this matter, and any other evidence that the Hearing Officer deems just 17 and proper. 18 19 20 DATED this 22nd day of April, 2022. McBRIDE HALL 21 22 By: /s/ T. Charlotte Buys 23 ROBERT C. McBRIDE, ESQ. Nevada Bar No.: 7082 24

Nevada Bar No.: 7082 T. CHARLOTTE BUYS, ESQ. Nevada Bar No.: 14845 8329 W. Sunset Road, Suite 260 Las Vegas, Nevada 89113 Attorneys for Respondent Hai Thanh Nguyen M.D.

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MEMORANDUM OF POINTS AND AUTHORITIES

I.

INTRODUCTION

Approximately seven (7) years after Dr. Hai Nguyen treated a pediatric patient ("Patient A") in an urgent care clinic, Dr. Nguyen is being asked to defend his care as a result of a formal Complaint which was filed by the Nevada State Board of Medical Examiners ("the Board"). While the Board has a duty to protect the public and enforce Nevada's Medical Practice Act, it cannot do so while violating a physician's constitutional due process rights. *See Potter v. State Bd. of Med. Exam'rs*, 101 Nev. 369, 371, 705 P.2d 132, 134 (Nev. 1985). The Nevada Supreme Court has expressly held:

"Generally, the right to practice medicine is a property right protected by the due process clauses of the United States and Nevada Constitutions, and a license to practice medicine may not be arbitrarily abridged or revoked. See Molnar v. State, Board of Medical Examiners, 105 Nev. 213, 216, 773 P.2d 726, 727 (1989); Potter v. State, Board of Medical Examiners, 101 Nev. 369, 371, 705 P.2d 132, 134 (1985). As a result, due process protections obtain in administrative hearings to revoke a medical license. See Molnar, 105 Nev. at 216, 773 P.2d at 727-28 (due process requires Board to base decision on conclusions of hearing officer who heard testimony); Potter, 101 Nev. at 371, 705 P.2d at 134 (voting process violated due process); Cf. Bivins Constr. v. State Contractors' Bd., 107 Nev. 281, 283, 809 P.2d 1268, 1270 (1991) (cross examination in administrative hearing may not be curtailed)." See Minton v. Bd. of Med. Exam'rs, 110 Nev. 1060, 1082, 881 P.2d 1339, 1354 (Nev. 1994) (overruled in part, Nassiri v. Chiropractic Physicians' Bd. of Nev., 130 Nev. 245, 327 P.3d 487 (Nev. 2014)).

Pursuant to the Fourteenth Amendment of the United States Constitution and Article 1, §8(5), of the Nevada Constitution, Dr. Nguyen has the right to receive adequate due process during a penal administrative proceeding as "...[t]he interest in practicing one's profession is a valuable property right which cannot be arbitrarily abridged or revoked." See Potter v. State Bd. of Med. Exam'rs, 101 Nev. 369, 371, 705 P.2d 132, 134 (Nev. 1985) (citing Burleigh v. State Bar of Nevada, 98 Nev. 140, 145, 643 P.2d 1201, 1204 (Nev. 1982)).

The purpose of this Motion is to obtain a determination that any recommendation made to the members of the Nevada State Board of Medical Examiners shall be subject to the

requirements and limitations of the "clear and convincing" burden of proof, as such is required to protect Dr. Nguyen's due process rights.

II.

ARGUMENT

A. THE NEVADA STATE BOARD OF MEDICAL EXAMINERS HAS A BURDEN OF PROOF OF "CLEAR AND CONVINCING EVIDENCE" IN ORDER TO PROVE A BREACH OF THE STANDARD OF CARE.

In Nevada, and generally elsewhere, when a State Board of Medical Examiners Complaint involves a matter which can affect the livelihood, reputation, and insurability of a physician, the Board must prevail by demonstrating "clear and convincing" evidence. In *Minton v. Bd. of Med. Exam'rs*, the Nevada Supreme Court stated that in professional discipline cases, "...the burden on the prosecuting authority is to establish violations by **clear and convincing evidence...**". *See Minton v. Bd. of Med. Exam'rs*, 110 Nev. 1060, 1079, 881 P.2d 1339, 1352 (Nev. 1994) ("In medical license revocation proceedings, 'clear and convincing evidence' is required before a license may be revoked.") (overruled in part, *Nassiri v. Chiropractic Physicians' Bd. of Nev.*, 130 Nev. 245, 327 P.3d 487 (Nev. 2014)). (Emphasis added).

Nearly everywhere and anywhere that the issue has arisen, the "burden of proof" placed upon a professional board seeking to sanction a licensed professional is "clear and convincing" evidence. Nevada has enacted a statute, NRS 630.346, which indicates that the quality of the evidence to be offered at a professional penal hearing must at a minimum satisfy the lesser standard of a preponderance of the evidence. That appears to be due to the fact that an administrative hearing (even a penal hearing) may allow admittance of evidence which may not otherwise be permitted in a district court trial. The statute appears directed to the quality of evidence allowed. The statute does not command that the "burden" of proving the case is a standard less than clear and convincing evidence. See Nassiri v. Chiropractic Physicians' Bd. of

¹ In civil cases, the burden of proof is "preponderance of the evidence." In criminal cases, the burden of proof is "beyond any reasonable doubt." In penal administrative cases by professional boards, the burden is in between, requiring at least "clear and convincing evidence."

Nev., 130 Nev. 245, 327 P.3d 487 (Nev. 2014), where the Nevada Supreme Court makes a point of indicating that the "burden" of proof and "standard" of proof, or quality of review, are different concepts. To satisfy constitutional muster, the Hearing Officer (whose recommendation generally must be accepted) is required to apply the "clear and convincing" burden.²

Moreover, a decision by the Nevada Board of Medical Examiners which did not determine whether there was "clear and convincing evidence" that the physician was guilty of the charges alleged has been previously reversed due to use of an incorrect, lesser burden of proof. See attached hereto as "Exhibit A," a Las Vegas Review Journal article regarding reversal of a Nevada State Board of Medical Examiners decision restricting the practice of Nevada Surgeon, Nathaniel Tippit, M.D.

Such a burden of proof of clear and convincing evidence is similarly placed on other professional boards in Nevada, including attorneys. "In bar disciplinary matters, a higher degree of proof is required than in ordinary civil proceedings. Clear and convincing evidence must support any findings of misconduct." *See In re Drakulich*, 111 Nev. 1556, 1566, 908 P.2d 709, 715 (Nev. 1995).

Many other jurisdictions also require the "clear and convincing" burden of proof" in professional discipline hearings. For example, the Court of Appeal of California has held:

"Since it is apparent that the underlying purpose of disciplining both attorneys and physicians is protection of the public, it would be anomalous to require a higher degree of proof in disciplinary hearings involving attorneys or real estate agents than in hearings involving physicians. Accordingly, we hold that the proper standard of proof in an administrative hearing to revoke or suspend a doctor's license should be clear and convincing proof to a reasonable certainty and not a mere preponderance of the evidence." See Ettinger v. Bd. of Med. Quality Assurance, 135 Cal. App. 3d 853, 856, 185 Cal. Rptr. 601, 603 (1982).

² Accordingly, the Hearing Officer, respectfully, has two responsibilities. First to apply a preponderance of the evidence standard in determining what evidence may be admitted into the hearing. Second, at the conclusion of the hearing and upon reviewing all of the admitted evidence, the Hearing Officer is charged with the duty of determining whether the Board satisfied its "burden" of proving its case to a "clear and convincing" level. To argue otherwise, would render the language in *Nassiri* void where the Nevada Supreme Court stated that "burden" of proof and "standard" of evidence are distinct concepts (the *Nassiri* opinion was issued after the passage of the amendment to NRS 630.346). *See Nassiri v. Chiropractic Physicians' Bd. of Nev.*, 130 Nev. 245, 249 327 P.3d 487 (Nev. 2014).

Florida similarly requires "clear and convincing proof" in order to impose professional discipline for revocation or suspension of a physician's license. See Nair v. Dep't of Bus. & Prof'l Regulation, Bd. of Med., 654 So. 2d 205, 207 (Fla. Dist. Ct. App. 1995); see also Fla. Bar v. Rayman, 238 So. 2d 594, 598 (Fla. 1970) (the Florida State Bar also has "... a continuing duty to require charges such as these to be supported by clear and convincing evidence where the charges have been denied by reputable members of the Bar"). See e.g. Devous v. Wyo. State Bd. of Med. Exam'rs, 845 P.2d 408, 416 (Wyo. 1993) (charges must be established by clear and convincing evidence); and Davis v. Wright, 243 Neb. 931, 937, 503 N.W.2d 814, 818 (1993) (the burden of proof in disciplinary proceedings shall hereinafter be by clear and convincing evidence).

It is anticipated that Board counsel may reference NRS 630.346, in order to argue that the standard of proof set forth statutorily is preponderance of the evidence. While the "standard of proof" may be preponderance of the evidence, the overall burden of proof (an entirely different concept) is "clear and convincing" evidence. In *Nassiri*, the Nevada Supreme Court explains the standard of proof, but carefully notes that it did not address the higher "burden" of proof when a physician is facing sanction on his license because in *Nassiri*, the Appellant did not argue for the higher burden. *See Nassiri v. Chiropractic Physicians' Bd. of Nev.*, 130 Nev. 245, 251 n.4, 327 P.3d 487, 491 (Nev. 2014). Here, Dr. Nguyen is requesting that "clear and convincing" be the burden of proof and such "standard" is necessary to satisfy the "burden" under Nevada, Florida, California, Nebraska, and Wyoming law, as well as the United States Supreme Court to satisfy the due process requirements of a professional, penal sanction proceeding against a physician's license.

As this matter affects Dr. Nguyen's livelihood, insurability and reputation, the Board must be required to meet its burden of proof demonstrating "clear and convincing" evidence.

III.

CONCLUSION

As set forth above, Dr. Hai Nguyen respectfully requests that the foregoing Motion be granted and that any recommendations made to the members of the Nevada Board of Medical

Examiners and the determination as to the charges made against Dr. Nguyen be framed using the "clear and convincing evidence" burden of proof. DATED this 22nd day of April, 2022. McBRIDE HALL By: /s/ T. Charlotte Buys ROBERT C. McBRIDE, ESQ. Nevada Bar No.: 7082 T. CHARLOTTE BUYS, ESQ. Nevada Bar No.: 14845 8329 W. Sunset Road, Suite 260 Las Vegas, Nevada 89113 Attorneys for Respondent Hai Thanh Nguyen M.D.

CERTIFICATE OF SERVICE I hereby certify that on the 22nd day of April 2022, I served a true correct copy of HAI THANH NGUYEN, M.D.'S MOTION TO APPLY "CLEAR AND CONVINCING" AS THE BURDEN OF PROOF, by sending electronically and mailing via United States mail to the following: Sarah Bradley, J.D., MBA Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, NV 89521 Attorneys for the Investigative Committee /s/ Natalie Jones An Employee of McBride Hall

EXHIBIT "A"

EXHIBIT "A"

By Jane Ann Morrison
Review-Journal

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Jury returns guilty verdict in attempted murder case

Saturday, April 13, 1985/Las Vegas Review-Journal/38

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UNLV students want nuke dump blocked

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Vegan vies for council seat

Lois Larson, a 30-year Las Vegas resident, has amounted her candida-cy for Ward 4 of the Las Vegas City Connell

Council
Active to business and chairtable organizations, Larson said she has gained a knowledge of the city's budget, and finances through involvements at City Council meetings.
A graduate of Magistana College, she developed said directed the first protection of the contraction of the contraction

she developed said directed the flext most profit residential organization for mentally retarded adults, in Stothern Newsol.

Larson, who resides at 1112 Jay of the Way, has been a supporter and pericipant in arts programs; marging administrative shifts to the selected position and help sustain growth in Lei Vegas.



monitors:

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Chartier must serve 43 years before he can apply for release on perole.



PAUL HOLDER Council candidate

Businessman announces bid

Les Vegus businessman Paul Les Vegus burinsaaman Paul Holder has senotoned his cassiliates for Les Vegus Chy Cosmed Ward 4. Holder said his campaign will be compared to the control of the control of the control present residential names from being "reasoned for the convenience of inassailire laund developers intention turning every vacant lot in Ward 4 those desupper ground." Holder said hand developers are developing projects in ope, part of the city and them demping debris in another part of the city.

He sho said he favore fixed in strinis in the city budget process and in a "farring advocate of crine constitution" of the city.

Officials identify house fire victim

A 77-year-old woman who died in a house fire surly Wednesday has been identified as Exems Lockett. Lockett was Hilled when a fire sweet through her single-story home: at 695 W. Adams Avs. shortly after midnight. Her four dogs were also



THE AIR FORCE BAND AND THE SINGING SERGEANTS MAJOR JAMES BANKHEAD. CONDUCTING

Monday, April 22nd 8:00 PM UNLY Artemus Ham Concert Hall

WE'RE SORRY...

But all the tickets have been distributed...there is still a chance you may hear this unique group on the night of the concert. Ticket holders are requested to be seated by 7:45 P.M. Because there are no reserved seats, the door will be opened at 7:50 P.M. to non-ticket holders to fill whatever empty seats that may be available.

See what \$69,950 buys.

Del Mar Downs gives you more for your money than many custom homes. Look for upgraded carpeting and pad, fined drapes throughout, plus a terrific location in a beautifully landscaped setting.

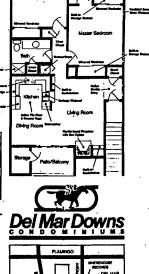




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BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

1 2 Case No. 21-38084-1 In the Matter of Charges and 3 TLED **Complaint Against** 4 APR 2 2 2022 HAI THANH NGUYEN, M.D., 5 **NEVADA STATE BOARD OF** Respondent. 6 MEDICAL EXAMINERS 7 HAI THANH NGUYEN, M.D.'S MOTION TO COMPEL 8 COMES NOW, Respondent HAI THANH NGUYEN, M.D., by and through his counsel of 9 record, ROBERT C. McBRIDE, ESQ. and T. CHARLOTTE BUYS, ESQ., of the law firm of 10 McBRIDE HALL and hereby submits his Motion to Compel Consumer Complaint and 11 Investigation File. 12 This Motion is made and based and based upon the attached Memorandum of Points and 13 Authorities, the papers and pleadings on file herein, any oral argument that may be adduced at the 14 time of such hearing for this matter, and any other evidence the Hearing Officer determines to be 15 just and proper. 16 17 18 DATED this 22nd day of April 2022. McBRIDE HALL 19 20 By: /s/ T. Charlotte Buys 21 ROBERT C. McBRIDE, ESQ. Nevada Bar No.: 7082 22 T. CHARLOTTE BUYS, ESQ. Nevada Bar No.: 14845 23 8329 W. Sunset Road, Suite 260 Las Vegas, Nevada 89113 24 Attorneys for Respondent Hai Thanh Nguyen M.D. 25

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MEMORANDUM OF POINTS AND AUTHORITIES

I

INTRODUCTION/FACTS

This matter arises out of the care provided by Hai Nguyen, M.D. to a pediatric patient ("Patient A") at an urgent care clinic approximately seven (7) years ago. Dr. Nguyen disclosed his Pre-Hearing Conference Disclosure on March 31, 2022, and produced a First Supplement to his Prehearing Conference Disclosure on April 11, 2022. The Investigative Committee of the Nevada State Board of Medical Examiners disclosed its Prehearing Conference Statement on April 8, 2022, and produced a First Supplemental Prehearing Conference Statement on April 12, 2022. On April 11, 2022, prior to the Prehearing Conference, counsel for Dr. Nguyen sent a written request to counsel for the Investigative Committee for the Nevada State Board of Medical Examiners requesting a copy of the Consumer Complaint and the investigative file that were created and considered as part of the investigative process. *See* April 11, 2022, Email Correspondence, attached hereto as "Exhibit A." However, counsel for the Investigative Committee denied Respondent's request. *See* "Exhibit A."

As set forth below, as this matter involves Dr. Nguyen's constitutionally protected due process right to practice his profession, he should be afforded the opportunity to see the underlying claims brought against him by Patient A and the investigative materials serving as the foundation of the charges asserted against him.

II.

ARGUMENT

A. <u>Due Process Requires that a Physician be Able to Review and Confront the Underlying Complaint and Investigation Materials.</u>

It is well established that a fundamental right may not be impaired without due process of law. See Chudacoff v. Univ. Med. Ctr., of S. Nev., 609 F. Supp.ed 1163, 1172-73 (D.Nev. 2009); Maiola v. State, 120 Nev. 671, 674-75, 99 P.3d 227, 229 (2004). Moreover, the Nevada Supreme Court has recognized that a physician's interest in practicing medicine is a property right that

must be afforded due process. See Minton v. Bd. of Med. Exam'rs, 110 Nev. 1060, 1082, 881 P.2d 1339, 1354 (Nev. 1994) (overruled in part, Nassiri v. Chiropractic Physicians' Bd. of Nev., 130 Nev. 245, 327 P.3d 487 (Nev. 2014)).

In order to prepare for the adjudicatory, penal administrative proceeding in this matter, Dr. Nguyen must be afforded the opportunity to review the underlying complaint showing the allegations actually made by Patient A, as well as the investigatory materials, including the report of the Board's reviewer, and the facts contained therein, underlying the formal Complaint at issue in this matter. The "facts" contained in such materials are neither privileged nor confidential. While Board counsel contends that the underlying complaint document filed by Patient A is not discoverable under NRS 630.336, such statute is meant as an exception to Nevada's open meeting law requiring all meetings of public bodies to be public meetings, not to exclude a professional who is the subject of a penal administrative hearing from fully understanding and assessing the allegations and facts alleged against him. *See McKay v. Bd. of Cty. Comm'rs*, 103 Nev. 490, 492, 746 P.2d 124, 125 (Nev. 1987).

Additionally, while counsel for the Board may further contend that the investigative file is not discoverable, pursuant to NRS 622A.330, the statute states as follows:

"The investigative file for the case is not discoverable <u>unless</u> the prosecutor intends to present materials from the investigative file as evidence in support of the case..." See NRS 622A.330(2). (Emphasis added).

Here, counsel for the Board has stated that they intend to use certain portions of the investigative file. See "Exhibit A." This is especially pertinent here where the Board intends to call the Complainant and Board reviewer to testify. Certainly, the Board reviewer examined the materials in the investigatory file (and the facts contained) therein, and Dr. Nguyen and his expert should similarly be afforded the same opportunity. Therefore, it is axiomatic that if the Board intends to use portions of the investigative file, then the entire file should be disclosed (especially the facts contained therein) to Dr. Nguyen pursuant to his written request before he is subject to an adjudicatory, penal hearing which can affect his livelihood, reputation, and insurability as a physician. This is particularly apparent in a penal administrative hearing, such as this, where the

Respondent is not permitted to conduct prehearing formal discovery of evidence, such as the taking of depositions. See NAC 630.470(4).

Accordingly, since an administrative proceeding before the Board can involve a deprivation of livelihood and insurability, due process must be met. Due process requires that when a physician-Respondent formally requests in writing that the underlying Complaint and investigative file (from which the Board intends to present portions) should be disclosed to the physician prior to the formal administrative proceeding.

III.

CONCLUSION

Dr. Nguyen respectfully requests that the underlying complaint filed by Patient A and investigative materials serving as the foundation of the Board's Complaint be compelled to be disclosed so that he may confront the charges asserted against him in accordance with his due process rights under the law.

DATED this 22nd day of April, 2022.

McBRIDE HALL

By: /s/ T. Charlotte Buys

ROBERT C. McBRIDE, ESQ. Nevada Bar No.: 7082 T. CHARLOTTE BUYS, ESQ. Nevada Bar No.: 14845 8329 W. Sunset Road, Suite 260 Las Vegas, Nevada 89113 Attorneys for Respondent Hai Thanh Nguyen M.D.

CERTIFICATE OF SERVICE I hereby certify that on the 22nd day of April 2022, I served a true correct copy of HAI THANH NGUYEN, M.D.'S MOTION TO COMPEL, by sending electronically and mailing via United States mail to the following: Sarah Bradley, J.D., MBA Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, NV 89521 Attorneys for the Investigative Committee /s/ Natalie Jones An Employee of McBride Hall

EXHIBIT "A"

EXHIBIT "A"

From:

Sarah A. Bradley
Tevla Charlotte Buys

To: Cc:

Robert McBride; Candace P. Cullina; Natalie Jones; Meg Byrd; Mercedes Fuentes; Kristy Johnson

Subject:

RE: Hal Thanh Nguyen, MD; Case No. 21-38084-1

Date:

Monday, April 11, 2022 3:24:26 PM

Attachments:

image001.png

Dear Charlotte:

That information is confidential pursuant to NRS 630.336. We are not planning on admitting the consumer complaint as an exhibit at the hearing. Nor will we be admitting any documents in the investigative file other than the documents that you have already received. I provided you with copies of the articles that Dr. Hall reviewed when completing his Peer Review of this case. His report to the Investigative Committee is confidential and will not be admitted at the hearing.

Sincerely,

Sarah A. Bradley, J.D., MBA

Deputy Executive Director Nevada State Board of Medical Examiners Telephone: (775) 324-9365

 ${\color{blue} bradleys@medboard.nv.gov}$

From: Teyla Charlotte Buys <tcbuys@mcbridehall.com>

Sent: Monday, April 11, 2022 3:19 PM

To: Sarah A. Bradley <bradleys@medboard.nv.gov>

Cc: Robert McBride <rcmcbride@mcbridehall.com>; Candace P. Cullina

<ccullina@mcbridehall.com>; Natalie Jones <njones@mcbridehall.com>; Meg Byrd

<mbyrd@medboard.nv.gov>; Mercedes Fuentes <fuentesm@medboard.nv.gov>; Kristy Johnson

<kjohnson@mcbridehall.com>

Subject: Hai Thanh Nguyen, MD; Case No. 21-38084-1

WARNING - This email originated from outside the State of Nevada. Exercise caution when opening attachments or clicking links, especially from unknown senders.

Good Afternoon Sarah,

I did receive the Investigative Committee's Prehearing Conference Statement today, April 11, 2022, for this matter. In reviewing the documents disclosed by the Committee, it appears that the Consumer Complaint submitted by Mr. Robert and Ms. Sheilamarie Delgrosso was not included in the Committee's disclosure. Could you please provide a copy of the consumer complaint documentation submitted by Mr. and Ms. Delgrosso? Additionally, could you please provide a copy of any written reports, notes or witness statements by Dr. Scott Hall, Lauren Ward, or Ernesto Diaz, so that Dr. Nguyen has all materials that were created or considered as part of the investigative process? Thank you.

Very truly yours,

Charlotte

T. Charlotte Buys, Esq.
tcbuys@mcbridehall.com | mcbridehall.com
8329 West Sunset Road
Suite 260
Las Vegas, Nevada 89113
Telephone: (702) 792-5855

Facsimile: (702) 796-5855



MCBRIDE HALL

ATTORNEYS AT LAW

NOTICE: THIS MESSAGE IS CONFIDENTIAL, INTENDED FOR THE NAMED RECIPIENT(S) AND MAY CONTAIN INFORMATION THAT IS (I) PROPRIETARY TO THE SENDER, AND/OR, (II) PRIVILEGED, CONFIDENTIAL, AND/OR OTHERWISE EXEMPT FROM DISCLOSURE UNDER APPLICABLE STATE AND FEDERAL LAW, INCLUDING, BUT NOT LIMITED TO, PRIVACY STANDARDS IMPOSED PURSUANT TO THE FEDERAL HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT OF 1996 ("HIPAA"). IF YOU ARE NOT THE INTENDED RECIPIENT, OR THE EMPLOYEE OR AGENT RESPONSIBLE FOR DELIVERING THE MESSAGE TO THE INTENDED RECIPIENT, YOU ARE HEREBY NOTIFIED THAT ANY DISSEMINATION, DISTRIBUTION OR COPYING OF THIS COMMUNICATION IS STRICTLY PROHIBITED. IF YOU HAVE RECEIVED THIS TRANSMISSION IN ERROR, PLEASE NOTIFY US IMMEDIATELY BY REPLY EMAIL OR BY TELEPHONE AT (702) 792-5855, AND DESTROY THE ORIGINAL TRANSMISSION AND ITS ATTACHMENTS WITHOUT READING OR SAVING THEM TO DISK. THANK YOU.

BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

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Case No. 21-38084-1

FILED

APR 2 6 2022

NEVADA STATE BOARD OF MEDICALEXAMINERS

THE INVESTIGATIVE COMMITTEE OF THE NEVADA STATE BOARD OF MEDICAL EXAMINERS' RESPONSE IN OPPOSITION TO RESPONDENT'S MOTION TO APPLY "CLEAR AND CONVINCING" AS THE BURDEN OF PROOF

The Investigative Committee (IC) of the Nevada State Board of Medical Examiners (Board) submits the following Opposition to Respondent's Motion to Apply "Clear and Convincing" as the Burden of Proof.

MEMORANDUM OF POINTS AND AUTHORITIES

Introduction I.

In the Matter of Charges and

HAI THANH NGUYEN, M.D.,

Complaint Against:

Respondent.

In the State of Nevada, the burden of proof in an administrative hearing is clear and it is a preponderance of the evidence. This burden is clearly stated in both statutes, NRS 233B.121(9) and NRS 630.346, and case law, Nassiri v. Chiropractic Physicians' Bd., 130 Nev. 245, 327 P.3d 487 (2014). Respondent's reliance on an outdated case, Minton v. Bd. of Medical Exam'rs, 110 Nev. 1060, 881 P.2d 1339 (1994), that relies on a previous version of NRS 630.352(1), that was changed in 1997, is inappropriate and disingenuous. Respondent's arguments must be rejected and Respondent's motion must be denied outright as a matter of law. Accordingly, this matter must proceed with the IC proving the allegations in this case by a preponderance of the evidence.

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¹ Respondent was not licensed by the Board until September 15, 2010. It is insulting to the Board for opposing counsel to argue that such an outdated version of the statute applies to Respondent's conduct in this case. In 2014, the Nevada Supreme Court clarified the appropriate burden of proof in an administrative hearing (preponderance of the evidence), and by a reviewing court substantial evidence is required in a petition for judicial review. The Nassiri Court clearly stated in 2014 that Minton was disapproved to the extent that it conflicted with Nassiri.

Legal Argument II.

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"Agency adjudication should use the standard of proof set out in the agency's governing statutes." Nassiri, 130 Nev. at 250. Here, the Nevada statute, NRS 630.346 provides that a finding of the Board in a disciplinary hearing must be based on a preponderance of the evidence. It could not be more clear, and Respondent's motion is disingenuous. Further, NRS 233B.121(9) governs all contested cases in the State of Nevada, setting the minimum requirements to protect the due process rights of licensees, and states that findings of fact in contested cases must be "based exclusively on a preponderance of the evidence and on matters officially noted." There is no other option. The plain language of both of these statutes requires that the IC prove its case against Respondent by a preponderance of the evidence. See Harris Associates v. Clark County Sch. Dist., 119 Nev. 638, 641-42, 81 P.3d 532, 534 (2003). Further, Nassiri is clear that, absent a higher burden of proof in an agency specific statute, the burden in disciplinary proceedings involving an occupational license is a preponderance of the evidence. Nassiri, 130 Nev. at 251. Here, there is no other higher burden of proof required in the NRS chapters governing the Board, NRS or NAC 630, and the allegations in the instant matter must be proved by a preponderance of the evidence. See NRS 630.352(1), as currently amended and codified (containing no reference to the burden of proof in an administrative matter before the Board).

Respondent's arguments regarding the burden of proof in administrative hearings in other states is not relevant, merely persuasive, and without merit because Nevada law is clear about the burden of proof in an administrative hearing via both statutes and case law as cited above. The issues that Respondent raises in his motions are not issues of first impression in Nevada. The Board must follow the burden of proof set out by Nevada law in NRS 630.346, NRS 233B.121(9), and Nassiri.

Respondent's motion is devoid of valid and current legal authority in Nevada. With two statutes and case law directly on point in Nevada that are entirely contrary to Respondent's arguments, it is impossible to view Respondent's antiquated motion as being filed for any substantive or legally valid purpose. Outdated arguments in motions serve only to increase fees and costs, vex opposing parties, and cause unnecessary obstacles to the resolution of the case.

Respondent's motion should be denied its entirety.

III. Conclusion

For the foregoing reasons, Respondent's motion must be denied as a matter of law. Further, the IC respectfully requests that the hearing officer request that Respondent's future arguments are supported by current Nevada law.

DATED this 26th day of April, 2022.

INVESTIGATIVE COMMITTEE OF THE NEVADA STATE BOARD OF MEDICAL EXAMINERS

By:

SARAH A. BRADLEY, J.D., J

Deputy Executive Director 9600 Gateway Drive

Reno, NV 89521

Tel: (775) 688-2559

Email: <u>bradleys@medboard.nv.gov</u>
Attorney for the Investigative Committee

OFFICE OF THE GENERAL COUNSEL Nevada State Board of Medical Examiners

Reno, Nevada 89521 (775) 688-2559

CERTIFICATE OF SERVICE

I hereby certify that I am employed by the Nevada State Board of Medical Examiners and that on the 26th day of April, 2022, I served a file-stamped copy of THE INVESTIGATIVE COMMITTEE OF THE NEVADA STATE BOARD OF MEDICAL EXAMINERS' RESPONSE IN OPPOSITION TO RESPONDENT'S MOTION TO APPLY "CLEAR AND CONVINCING" AS THE BURDEN OF PROOF via U.S. Mail, to the following parties:

T. CHARLOTTE BUYS, ESQ. MCBRIDE HALL 8329 West Sunset Road, Suite 260 Las Vegas, NV 89113

Courtesy copy by electronic mail to:

T. CHARLOTTE BUYS, ESQ. tcbuys@mcbridehall.com

DATED this 2022.

MEG BYRD

Legal Assistant

Nevada State Board of Medical Examiners

BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

* * * * *

In the Matter of Charges and

Complaint Against:

HAI THANH NGUYEN, M.D.,

Respondent.

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Case No. 21-38084-1

FILED

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NEVADA STATE BOARD OF MEDICAL EXAMINERS By:

THE INVESTIGATIVE COMMITTEE OF THE NEVADA STATE BOARD OF MEDICAL EXAMINERS' RESPONSE IN OPPOSITION TO RESPONDENT'S MOTION TO COMPEL

The Investigative Committee (IC) of the Nevada State Board of Medical Examiners (Board) submits the following Opposition to Respondent's Motion to Compel.

MEMORANDUM OF POINTS AND AUTHORITIES

I. Introduction

In contested cases in the State of Nevada, the only discovery that respondents are entitled to receive is that the agency's attorney (prosecutor) intends to rely on in the hearing on the matter. See NRS 622A.330. The remainder of the investigative file is confidential. Id. In addition, NRS 630.336 specifically states that the investigative file, including the consumer complaint, is confidential. In the instant matter, the IC appropriately provided Respondent the exhibits that it intends to rely on as part of its pre-hearing conference statement and Respondent is not entitled to any additional discovery. See NAC 630.465. As a matter of law, Respondent's motion must be denied.

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(775) 688-2559

II. Legal Argument

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The Nevada Supreme Court has already addressed the issue contemplated in Respondent's motion. Specifically, in Sarfo v. Board of Medical Examiners, the Court held that NRS 630.336(4) "is unambiguous" and the Board's interpretation that it prohibited the Board from providing the name of the complainant and the consumer complaint in a disciplinary matter "falls 'within the plain language of the statute." 134 Nev. 709, 714, 429 P.3d 650 (2018) (quoting Dutchess Bus. Servs., Inc. v. Nev. State Bd. of Pharmacy, 124 Nev. 701, 709, 191 P.3d 1159, 1165 (2008)).

In Sarfo, the Respondent sought additional discovery from the Board outside the discovery authorized by statute and regulation. Specifically, the Respondent in that case wanted to know the identity of the complainant and to receive a copy of the consumer complaint. The Board did not provide this information pursuant to NRS 630.336, and the Sarfo Court held that the Board's interpretation of the confidentiality provided in NRS 630.336 was "a reasonable interpretation of the statute's plain language." 134 Nev. at 715. "[W]hen the language of a statute is plain and unambiguous, and its meaning clear and unmistakable, there is no room for construction, and the courts are not permitted to search for its meaning beyond the statute itself." 134 Nev. at 714 (quoting Dykema v. Del Webb Cmtys., Inc., 132 Nev. 823, 826, 385 P.3d 977, 979 (2016)).

There is no case law construing NRS 622A.330, but the plain language is clear. However, Respondent misreads this statute in his motion. NRS 622A.330(1) authorizes the respondent in a contested case to submit a written discovery request for "a copy of all documents and other evidence intended to be presented by the prosecutor in support of the case and a list of proposed NRS 622A.330(2) provides that "[t]he investigative file for the case is not witnesses." discoverable unless the prosecutor intends to present materials from the investigative file as evidence in support of the case." (emphasis added). Respondent incorrectly relies on only subsection 2 of NRS 622A.330 in support of his motion. Instead, NRS 622A.330 should be read in its entirety to give plain meaning to all of its parts. Gilman v. Nevada State Bd. of Veterinary

¹ It appears that Respondent is unaware of the Sarfo case given that Respondent does not cite this case in his motion. The case is quite easy to find when looking for cases citing or interpreting NRS 630.336, and it is concerning that Respondent filed the instant motion without addressing this case given that it construes the statute at issue in Respondent's motion. Instead, Respondent argues that NRS 630.336 is meant only as an exception to Nevada's Open Meeting Law. This argument is belied by the Nevada Supreme Court's decision in Sarfo.

Medical Examiners, 120 Nev. 263, 271, 89 P.3d 1000, 1005-06 (2004), disapproved of on other grounds by Nassiri v. Chiropractic Physicians' Bd., 130 Nev. 245, 327 P.3d 487 (2014). Reading NRS 622A.330 in its entirety, it is clear the discovery available in subsection 1 is the exception to the general confidentially of the investigative file provided in subsection 2.

Respondent's motion lacks sufficient support and strangely omits the leading case on-point that clearly addresses the issue raised in Respondent's motion. It is hard to conceive that this motion was filed for any substantive or legally valid purpose. Motions without substance serve only to increase fees and costs, vex opposing parties, and cause unnecessary obstacles to the resolution of the case.

Respondent's motion should be denied its entirety.

III. Conclusion

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For the foregoing reasons, Respondent's motion must be denied as a matter of law. Further, the IC respectfully requests that the hearing officer request that Respondent's future arguments are not contrary to the plain language in current Nevada statutes and the holdings in binding Nevada Supreme Court precedent.

DATED this 26th day of April, 2022.

INVESTIGATIVE COMMITTEE OF THE NEVADA STATE BOARD OF MEDICAL EXAMINERS

By:

SARAH A. BRADLEY, J.D., MBA

Deputy Executive Director

9600 Gateway Drive

Reno, NV 89521

Tel: (775) 688-2559

Email: bradleys@medboard.nv.gov Attorney for the Investigative Committee

OFFICE OF THE GENERAL COUNSEL Nevada State Board of Medical Examiners

CERTIFICATE OF SERVICE

I hereby certify that I am employed by the Nevada State Board of Medical Examiners and that on the 26th day of April, 2022, I served a file-stamped copy of THE INVESTIGATIVE COMMITTEE OF THE NEVADA STATE BOARD OF MEDICAL EXAMINERS' RESPONSE IN OPPOSITION TO RESPONDENT'S MOTION TO COMPEL via U.S. Mail, to the following parties:

T. CHARLOTTE BUYS, ESQ. MCBRIDE HALL 8329 West Sunset Road, Suite 260 Las Vegas, NV 89113

Courtesy copy by electronic mail to:

T. CHARLOTTE BUYS, ESQ. tcbuys@mcbridehall.com

DATED this day of April, 2022.

MEG BYRD Legal Assistant

Nevada State Board of Medical Examiners

BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

1 2 In the Matter of Charges and Case No. 21-38084-1 3 FILED **Complaint Against** 4 MAY 1.3 2022 HAI THANH NGUYEN, M.D., 5 NEVADA STATE BOARD OF Respondent. 6 7 HAI THANH NGUYEN, M.D.'S REPLY IN SUPPORT OF MOTION TO COMPEL 8 COMES NOW, Respondent HAI THANH NGUYEN, M.D., by and through his counsel of 9 record, ROBERT C. McBRIDE, ESQ. and T. CHARLOTTE BUYS, ESQ., of the law firm of 10 McBRIDE HALL and hereby submits his Reply in Support of Motion to Compel Consumer 11 Complaint and Investigation File. 12 This Reply is made and based and based upon the attached Memorandum of Points and 13 Authorities, the papers and pleadings on file herein, any oral argument that may be adduced at the 14 time of such hearing for this matter, and any other evidence the Hearing Officer determines to be 15 just and proper. 16 17 DATED this 12th day of May 2022. McBRIDE HALL 18 19 By: /s/ T. Charlotte Buys 20 ROBERT C. McBRIDE, ESQ. Nevada Bar No.: 7082 21 T. CHARLOTTE BUYS, ESQ. Nevada Bar No.: 14845 22 8329 W. Sunset Road, Suite 260 Las Vegas, Nevada 89113 23 Attorneys for Respondent Hai Thanh Nguyen M.D. 24 25

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MEMORANDUM OF POINTS AND AUTHORITIES

I.

ARGUMENT

This is a formal, penal, adjudicatory administrative proceeding following the filing of a formal Complaint by the Nevada Board of Medical Examiners against Hai Nguyen, M.D., arising out of an allegation that a single pediatric patient developed skin dimpling following administration of a Kenalog injection for her respiratory condition. "The Nevada Constitution requires that '[n]o person shall be deprived of life, liberty, or property, without due process of law." See Sarfo v. State, 134 Nev. 709, 712, 429 P.3d 650 (2018) (citing Nev. Const. art. 1, § 8(5)).

In order to prepare hearing of this matter, Respondent, Dr. Hai Nguyen, requested that he be able to review the underlying complaint that was filed by the consumer in this matter and the investigative file in order to see whether there is exculpatory material contained within the same. This request was denied by counsel for the Investigative Committee. As such, Dr. Nguyen filed the underlying Motion to Compel so that he may be given the opportunity to review the complaint by the consumer, whom the Investigative Committee has named as a witness they intend to call during the hearing of this matter, as well as the investigative file from which counsel for the Investigative Committee intends to present evidence. *See* The Investigative Committee's Prehearing Disclosure, attached hereto as "Exhibit A."

The Investigative Committee, in its Opposition, cites to *Sarfo v. State*, 134 Nev. 709, 712, 429 P.3d 650 (2018), which is inapplicable to the matter at hand, as the *Sarfo* matter only involved a question as to whether a physician could review a complaint submitted by a consumer to the Board during the investigatory phase <u>prior</u> to the filing of a formal complaint. *See Sarfo v. State*, 134 Nev. 709, 712, 429 P.3d 650 (2018) ("Here, Dr. Sarfo is alleging a due process violation stemming from an initial complaint, not a formal complaint."). As such, the Nevada Supreme Court found that due process protections did not attach at the investigatory phase as the agency was not performing an adjudicatory role. *Id.* at 713. Indeed, the Nevada Supreme Court upheld the District Court's finding that "...Dr. Sarfo could not prevail on the merits because due

process was not implicated in this matter, as the IC was merely performing investigatory fact-finding with no power to deprive Dr. Sarfo of his liberty interest." *See Sarfo v. State*, 134 Nev. 709, 712, 429 P.3d 650 (2018).

Here, however, a formal complaint has been filed against Dr. Nguyen and he is entitled to due process protection before a formal adjudicatory process affecting his liberty interest in his professional medical license. As such, *Sarfo* is inapplicable to the instant matter that has progressed past a mere investigatory stage to a formal proceeding.¹

Moreover, NRS 622A.330, expressly provides that there is an exception to the prohibition of disclosure:

"The investigative file for the case is not discoverable <u>unless</u> the prosecutor intends to present materials from the investigative file as evidence in support of the case..." See NRS 622A.330(2). (Emphasis added).

Here, counsel for the Board has stated that they intend to use certain portions of the investigative file. See "Exhibit A." Moreover, since an administrative proceeding before the Board can involve a deprivation of livelihood and insurability, due process must be met. Due process requires that when a physician-Respondent formally requests in writing that the underlying Complaint and investigative file (from which the Board intends to present portions) should be disclosed to the physician prior to the formal administrative proceeding.

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¹ Respectfully, if undersigned counsel or some other attorney, were charged with an allegation of substandard legal care by the State Bar of Nevada in a penal hearing, it would be instinctive and first nature to want to see the complaint alleging such contention and materials used in the investigation prior to a formal hearing for their professional license. It is troubling that the Investigative Committee does not want the Respondent to see the underlying complaint and materials, as such may contain exculpatory information that can be used for impeachment.

III. **CONCLUSION** Based upon the foregoing, Respondent Dr. Nguyen respectfully requests that Respondent's Motion to Compel be granted. DATED this 12th day of May 2022. McBRIDE HALL By: /s/ T. Charlotte Buys
ROBERT C. McBRIDE, ESQ.
Nevada Bar No.: 7082
T. CHARLOTTE BUYS, ESQ.
Nevada Bar No.: 14845
8329 W. Sunset Road, Suite 260
Las Vegas, Nevada 89113
Attorneys for Respondent
Hai Thanh Nguyen M.D.

CERTIFICATE OF SERVICE I hereby certify that on the 12th day of May 2022, I served a true correct copy of HAI THANH NGUYEN, M.D.'S REPLY IN SUPPORT OF MOTION TO COMPEL, by sending electronically and mailing via Email and United States mail to the following: Sarah Bradley, J.D., MBA Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, NV 89521 Attorneys for the Investigative Committee /s/ Madeline VanHeuvelen An Employee of McBride Hall

EXHIBIT A

BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

* * * * *

In the Matter of Charges and

Complaint Against:

HAI THANH NGUYEN, M.D.,

Respondent.

Case No. 21-38084-1 FILED

APR 1 2 2022

NEVADA STATE BOARD OF MEDICAD EXAMPLEAS

By:

FIRST SUPPLEMENTAL PREHEARING CONFERENCE STATEMENT OF THE INVESTIGATIVE COMMITTEE OF THE NEVADA STATE BOARD OF MEDICAL EXAMINERS

The Investigative Committee (IC) of the Nevada State Board of Medical Examiners (Board) submits the following Supplemental Prehearing Conference Statement in accordance with NAC 630.465 and the Hearing Officer's Order Rescheduling Pre-Hearing Conference, filed on April 5, 2022 (New items are in bold font).

I. LIST OF WITNESSES

The IC of the Board lists the following witnesses whom it may call at the hearing on the charges in the Complaint against Respondent filed herein:

Ernesto Diaz, Chief of Investigations
 Nevada State Board of Medical Examiners
 9600 Gateway Drive
 Reno, NV 89521

Mr. Diaz is expected to verify documentary evidence obtained during the investigation of this case and testify regarding the investigation of this matter.

Robert and Shielamarie DelGrosso
 c/o Nevada State Board of Medical Examiners
 9600 Gateway Drive
 Reno, NV 89521

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Mr. and Mrs. DelGrosso are the consumer complainants in this case and they are expected to testify regarding the photos of Patient A that were submitted with the consumer complaint as well as other related facts regarding Dr. Nguyen's care of Patient A.

Scott Hall, M.D. c. c/o Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, NV 89521

Dr. Hall is licensed as a physician in the State of Nevada, and he is Board-certified in Family Medicine by the American Board of Family Medicine. Dr. Hall has conducted a review of this case. He is expected to testify regarding his review of this case and the standard of care required in Nevada.

d. Hai Thanh Nguyen, M.D. c/o T. Charlotte Buys, Esq. McBride Hall 8329 West Sunset Road, Suite 260 Las Vegas, NV 89113

Dr. Nguyen is expected to testify as to his conduct and to respond to the allegations in the Complaint.

All witnesses identified by Respondent in his prehearing conference statement e. and/or in any subsequent amended, revised or supplemental prehearing conference statement, or list of witnesses disclosed by Respondent of persons he may call to testify at the hearing herein.

The IC reserves the right to amend and supplement this list as required for prosecution of this case.

LIST OF EXHIBITS II.

The IC of the Board lists the following exhibits that it may introduce at the hearing on the charges and formal Complaint against the Respondent. Additionally, the IC of the Board reserves the right to rely on all exhibits listed in Respondent's prehearing conference statement and any supplement and/or amendment thereof.

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OFFICE OF THE GENERAL COUNSEL Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, Nevada 89521 (775) 688-2559

EXHIBIT NO.	DESCRIPTION	BATES RANGE (NSBME)
1.	Allegation Letter to Dr. Nguyen, dated March 28, 2017	001
2.	Dr. Nguyen's Response to Allegation Letter, dated April 24, 2017	002-003
3.	Complaint, filed on November 3, 2021	004-008
4.	Answer to Complaint, filed on November 23, 2021	009-013
5.	Patient A's Medical Records	014-016
6.	Injection site photos of Patient A	017-018
7.	Article : Croup	019-027
8.	Article: Acute Management of Croup in the Emergency Department	028-031
9.	Article: Croup: Diagnosis and Management	032-037
10.	Article: Kenalog -40 Injection (partial)	038-043
11.	Article: Kenalog -40 Injection (complete)	044-048
12.	Article: Documenting Vaccination	049-051
13.	Article: Evaluating Medical Decision-Making Capacity in Practice	052-058
14.	Article: Croup (Seminar)	059-069
15.	Article: Chapter 15. Intramuscular, Subcutaneous, and Intradermal Injections	070-077
16.	Article: Musculoskeletal Injections: A Review of the Evidence	078-083

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17.	Article: Joint and Soft Tissue Injection	084-089
18.	Scott Hall, M.D. – Curriculum Vitae	090-091
19.	Scott Hall, M.D. – Updated Curriculum Vitae	092-093

The IC reserves the right to amend and supplement this list as required for prosecution of this case.

DATED this 12th day of April, 2022.

INVESTIGATIVE COMMITTEE OF THE NEVADA STATE BOARD OF MEDICAL EXAMINERS

ву: 🤇

SARAH A. BRADLEY, J.D., MBA

Deputy Executive Director 9600 Gateway Drive Reno, NV 89521

Tel: (775) 688-2559

Email: <u>bradleys@medboard.nv.gov</u>
Attorney for the Investigative Committee

EXHIBIT 19

EXHIBIT 19

SCOTT HALL, MD CAQSM

Associate Professor of Family Medicine University of Nevada School of Medicine Family Medicine Department

EDUCATION

Doctor of Medicine, Ohio State University, 2002 Bachelor of Science, Brigham Young University, 1998

MEDICAL TRAINING

Sports Medicine Fellowship, Grant Sports Medicine, 2006

Chief Resident, Grant Family Medicine, 2005

Family Medicine Residency, Grant Family Medicine, 2002-2005

MEDICAL EXPERIENCE

2007-current Associate Professor of Family Medicine, University of Nevada, Reno School

of Medicine, Department of Family Medicine

2018-current State of Nevada Rating Physician, Scott Hall, MD, PLLC

2007-2019 Clinical Physician and Medical Director, SpecialtyHealth

2006-2007 Family Medicine Physician and Hospitalist, Renown Health

2005-2006 Hospitalist, Physician Staffing

"Pre-Participation Exams in the COVID Era," Lecture presented at 53rd Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2021.

"Joint Examinations" and "Joint Injections" Workshops presented at 52th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2020.

"MRSA and Athletes," presentation for the Renown Sports Medicine conference in April 2019 and Project ECHO University of Nevada, Reno in May 2019

"Joint Examinations," Workshop presented at 50th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2018.

"Joint Examinations" and "Joint Injections," Workshop presented at 48th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2016.

"Joint Examinations," Workshop presented at 47th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2015.

"Joint Examinations," Workshop presented at 46th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2014.

"Evaluation of the Impact of a Paleolithic Diet on Cardiovascular Risk Factors and Lipoproteins in a Law Enforcement Population," Presented at the Ancestral Health Symposium 2013 in Atlanta GA, 46th Annual Nevada Academy of Family Physicians Winter CME Meeting in South Lake Tahoe, NV, and Washoe County Obesity Forum 2013 in Reno, NV

"Spine Examination," Workshop presented at 45th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2013.

"Neck and Shoulder Exam," Workshop presented at 44th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2012.

"Joint Injections," Presented at 40th Annual Nevada Academy of Family Physicians Winter CME Meeting, Stateline Nevada, January 2008.

"Presyncope in a Division ill Cross-Country Runner," Presented at AMSSM National Meeting, Miami Florida, April 2006.

"Community-acquired MRSA in Athletes – What You Need to Know," Presented at 11th Current Concepts in Sports Medicine Conference, Columbus Ohio, August 2005.

"The Preparticipation Physical Exam," Presented at *Grant Medical Center Grand Rounds*, Columbus Ohio, March 2005.

"Management of the Abnormal Pap Smear," Presented at Colposcopy for the Primary Care Physician, Columbus Ohio, May 2004.

BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA * * * * *

In the Matter of Charges and) Case No. 21-38084-1
Complaint Against	
HAI THANH NGUYEN, M.D.,	MAY 1 3 2022
Respondent.	NEVADA STATE BOARD OF MEDICAL EXAMINERS By:

HAI THANH NGUYEN, M.D.'S REPLY IN SUPPORT OF MOTION TO APPLY "CLEAR AND CONVINCING" AS THE BURDEN OF PROOF

COMES NOW, Respondent HAI THANH NGUYEN, M.D., by and through his counsel of record, ROBERT C. McBRIDE, ESQ. and T. CHARLOTTE BUYS, ESQ., of the law firm of McBRIDE HALL and hereby submits his Reply in Support of Motion to Apply the Appropriate "Clear and Convincing" Standard.

This Reply is made and based and based upon the attached Memorandum of Points and Authorities, the papers and pleadings on file herein, any oral argument that may be adduced at the time of a hearing set for this matter, and any other evidence that the Hearing Officer deems just and proper.

DATED this 12th day of May 2022. McBRIDE HALL

By: /s/ T. Charlotte Buys

ROBERT C. McBRIDE, ESQ.
Nevada Bar No.: 7082
T. CHARLOTTE BUYS, ESQ.
Nevada Bar No.: 14845
8329 W. Sunset Road, Suite 260
Las Vegas, Nevada 89113
Attorneys for Respondent

Hai Thanh Nguyen M.D.

MEMORANDUM OF POINTS AND AUTHORITIES

I.

ARGUMENT

This formal adjudicatory proceeding arises out of a contention that approximately seven (7) years ago, Dr. Hai Nguyen treated a pediatric patient in an urgent care setting for a respiratory condition. It is alleged that Dr. Nguyen did not properly document the consent that was given prior to administration of the steroid, Kenalog, and that subsequent to that care, the patient developed skin dimpling at or near the site of an injection. A formal complaint regarding this singular patient was then filed against Dr. Nguyen.

A respondent in a penal administrative proceeding that affects their professional license and insurability must be afforded due process as "...[t]he interest in practicing one's profession is a valuable property right which cannot be arbitrarily abridged or revoked." *See Potter v. State Bd. of Med. Exam'rs*, 101 Nev. 369, 371, 705 P.2d 132, 134 (Nev. 1985) (*citing Burleigh v. State Bar of Nevada*, 98 Nev. 140, 145, 643 P.2d 1201, 1204 (Nev. 1982)).

Here, the Investigative Committee's sole basis for opposing Respondent's Motion is premised upon conflating the "burden of proof" and the "standard of proof," which the Nevada Supreme Court has expressly made clear are separate, distinct concepts. *See Nassiri v. Chiropractic Physicians' Bd. of Nev.*, 130 Nev. 245, 327 P.3d 487 (Nev. 2014)). "The two concepts are actually distinct." *Id.* 489.

The "standard of proof" refers to evidence standard in determining what evidence may be admitted at the time of hearing to prove a specific allegation. However, the Hearing Officer, respectfully, is charged with the duty of determining whether the Board satisfied its "burden" of proving its case to a "clear and convincing" level. *See Minton v. Bd. of Med. Exam'rs*, 110 Nev. 1060, 1079, 881 P.2d 1339, 1352 (Nev. 1994); *see also In re Drakulich*, 111 Nev. 1556, 1566, 908 P.2d 709, 715 (Nev. 1995).

While the "standard of proof" may be preponderance of the evidence, the overall burden of proof (an entirely different concept) is "clear and convincing" evidence. In *Nassiri*, the Nevada Supreme Court explains the standard of proof, but carefully notes that it did not address the

higher "burden" of proof when a physician is facing sanction on his license because in Nassiri, the Appellant did not argue for the higher burden. See Nassiri v. Chiropractic Physicians' Bd. of Nev., 130 Nev. 245, 251 n.4, 327 P.3d 487, 491 (Nev. 2014).

Here, Dr. Hai Nguyen respectfully requests that that any recommendations made to the members of the Nevada Board of Medical Examiners and the determination as to the charges made against Dr. Nguyen be framed using the "clear and convincing evidence" burden of proof. As this matter affects Dr. Nguyen's livelihood, insurability and reputation, the Board must be required to meet its burden of proof demonstrating "clear and convincing" evidence.

III.

CONCLUSION

Based upon the foregoing, Dr. Nguyen respectfully requests that his Motion to Apply "Clear and Convincing" as the Burden of Proof be granted.

DATED this 12th day of May 2022.

McBRIDE HALL

By: /s/ T. Charlotte Buys

ROBERT C. McBRIDE, ESQ.

Nevada Bar No.: 7082

T. CHARLOTTE BUYS, ESQ.

Nevada Bar No.: 14845

8329 W. Sunset Road, Suite 260

Las Vegas, Nevada 89113 Attorneys for Respondent Hai Thanh Nguyen M.D.

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CERTIFICATE OF SERVICE I hereby certify that on the 12th day of May 2022, I served a true correct copy of HAI THANH NGUYEN, M.D.'S REPLY IN SUPPORT OF MOTION TO APPLY "CLEAR AND CONVINCING" AS THE BURDEN OF PROOF, by sending electronically and mailing via Email and United States mail to the following: Sarah Bradley, J.D., MBA Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, NV 89521 Attorneys for the Investigative Committee /s/ Madeline VanHeuvelen An Employee of McBride Hall

OF THE STATE OF NEVADA FILED

* * * * *

BEFORE THE BOARD OF MEDICAL EXAMINERS

MAY 1 8 2022

NEVADA STATE BOARD OF MEDICAL EXAMINERS

Case No. 21-38084-1

Hearing Date: May 26-27, 2022 @ 8:30

a.m.

HAI THANH NGUYEN, M.D.,

In the Matter of Charges and

Respondent.

Complaint Against

ORDER DENYING HAI THAN NGUYEN, M.D.'S MOTION TO COMPEL

Respondent has moved to compel the production of the underlying complaint filed by Patient A as well as the investigative materials relied upon in filing the complaint against Respondent (referred to collectively as the "Investigative File"). In so moving, Respondent relies upon a general assertion of due process and the fact that the Investigative Committee for the Board of Medical Examiners of the State of Nevada (the "IC") has indicated it will use identified and already disclosed portions of the Investigative File.

In opposition, the IC cites NRS 622A.330 for the proposition that only the portions of the Investigative File that the IC intends to use in an evidentiary hearing are discoverable. The IC further cites Safro v. Board of Medical Examiners, 134 Nev. 709, 429 P.3d 650 (2018) in support of maintaining the Investigative File's confidentiality.

In reply, Respondent distinguishes <u>Safro</u> by pointing out that its holding is only applicable to the investigatory phase of a Medical Board proceeding and argues that its holding is inapplicable upon the filing of a complaint resulting from the investigation. Respondent further reiterates reliance upon due process and states that the ability to properly defend the complaint mandates the compelled discovery of the Investigative File. Respondent also again argues that because a portion of the Investigative File has been disclosed and is being relied upon, the entirety of the Investigative File is discoverable.

NRS 630.336(4) provides, in part, "a complaint filed with the Board pursuant to NRS 630.307, all documents and other information filed with the complaint[,] and all documents and other information compiled as a result of an investigation conducted to determine whether to initiate disciplinary action are confidential." While Respondent is correct that <u>Safro</u> addressed the confidentiality of the Investigative File with respect to the investigative phase and prior to the filing of a formal complaint, <u>Safro</u> nonetheless made it clear that the confidentiality provisions apply to a responding licensee such as Dr. Nguyen. Therefore, the question that remains is whether a responding licensee remains subject to such confidentiality after a formal complaint is filed based upon considerations of due process.

"Although proceedings before administrative agencies may be subject to more relaxed procedural and evidentiary rules, due process guarantees of fundamental fairness still apply."

<u>Dutchess Bus. Servs., Inc. v. Nevada State Bd. of Pharmacy</u>, 124 Nev. 701, 711, 191 P.3d 1159, 1166 (2008). To effectuate this, "[a]dministrative bodies must follow their established procedural guidelines and give notice to the defending party of 'the issues on which decision will turn and . . . the factual material on which the agency relies for decision so that he may rebut it." <u>Id.</u>

To facilitate notice of formal allegations brought against a respondent in a matter deemed sufficient to allow a responding party to defend, NRS 630.339 establishes that the formal complaint must: 1) include a written statement setting forth the charges alleged and setting forth in concise and plain language each act or omission of the respondent upon which the charges are based; 2) be prepared with sufficient clarity to ensure that the respondent is able to prepare a

¹ A complaint as contemplated by NRS 630.307 is not the formal complaint against a respondent; rather, pursuant to NRS 630.307, a complaint is the grievance submitted to the Board of Medical Examiners (the "Board") that is reviewed and investigated as a preface to what may result in a formal complaint lodged pursuant to NRS 630.399. A complaint lodged pursuant to NRS 630.339 is specifically referenced in the statutory scheme as a "formal complaint." Thus, NRS 630.336(4) deems confidential the initiating complaint, documents submitted with the initiating complaint, and "other information compiled as a result of an investigation conducted to determine whether to initiate disciplinary action."

As to reconciling subsection 5 of NRS 630.336 with subsection 4 as quoted herein, this Hearing Officer has previously ordered that subsection 5 would render items from the Investigative File public only if relied upon by the Board to impose discipline after the conclusion of the hearing on the formal complaint, which would be unlikely to include any items from an Investigative File that were not relied upon by the IC for the evidentiary hearing.

defense; and 3) specify any applicable law or regulation that the respondent is alleged to have violated. In this respect, the Nevada Supreme Court has recognized that so long as these standards are met, the minimum standard of due process with regard to notice are met. <u>Dutchess Bus. Servs., Inc.</u>, 124 Nev. at 711, 191 P.3d at 1166 (2008) (the filing and service of accusations against a licensee that sets forth in writing the charges alleged and the acts or omission with which the respondent is charged such that the respondent may prepare a defense comports with due process).

In the formal complaint against Respondent, the IC alleges specific charges, those being Malpractice and Failure to Maintain Proper Medical Records. The basis of each charge is stated with sufficient clarity in that the circumstances underlying each of the charges is articulated, and each charge identifies the applicable law or regulation alleged to have been violated. As such, pursuant to recognized standards of due process applicable to the instant proceeding, Respondent's due process rights have been met and Respondent may not rely upon the same to overcome the confidentiality provisions as applicable to the Investigative File.

As to NRS 622A.330, its relevant provision provides that the Investigative File "is not discoverable unless the prosecutor intends to present materials from the investigative file as evidence in support of the case." Respondent argues that because portions of the Investigative File have been disclosed and are to be relied upon by the IC, the entire Investigative File is discoverable. Respondent does not cite any authority for the proposition other than the statute itself.²

The IC cites to section 1 of the statute, which provides for Respondent to make a written discovery request for a copy of all documents and other evidence intended to be presented by the

² The Investigative File generally includes, but is not limited to, the initiating complaint, supporting documentation for the initial complaint, medical records, interviews, and expert/peer reports. Here, pursuant to the emails between the IC and Respondent that have been submitted with the briefing, what has been disclosed from the Investigative File are articles relied upon by an individual by the name of Dr. Scott Hall who presumably participated in the peer review portion of the investigation. *See* Motion, Exhibit A. Based upon the disclosure of the articles, Respondent sought disclosure of the initial complaint and supporting documentation as well as all written statements including, but not limited, to that of Dr. Hall. <u>Id</u>.

IC and argues that section 2, which Respondent relies upon, is an exception to "the general confidentiality of the investigative file provided in subsection 2." Opposition, p. 3, lines 2-4.

"Under long established principles of statutory construction, when a statute is susceptible to but one natural or honest construction, that alone is the construction that can be given. . . . This means that if a statute clearly and unambiguously specifies the legislature's intended result, such result will prevail even if the statute is impractical or inequitable." Randono v. CUNA Mut. Ins. Grp., 106 Nev. 371, 374, 793 P.2d 1324, 1326 (1990) (citations omitted). However, where more than one interpretation can be reasonably drawn from its language, it is ambiguous, and the plain meaning rule has no application. Hotel Emps. & Rest. Emps. Int'l Union, AFL-CIO v. State ex rel. Nevada Gaming Control Bd., 103 Nev. 588, 591, 747 P.2d 878, 880 (1987)

When construing an ambiguous statutory provision, one is required to determine the meaning of the words used in a statute by examining the context and the spirit of the law or the causes that induced the Legislature to enact it. Leven v. Frey, 123 Nev. 399, 405, 168 P.3d 712, 716 (2007). To this end, the entire subject matter and policy underlying the enactment of the statute may be utilized as an interpretive aid, and a statute's multiple legislative provisions as a whole may be considered. Id. In rendering such an interpretation, no part of the statute should be rendered meaningless, and the statute's language "should not be read to produce absurd or unreasonable results." Id. (citations omitted).

The wording of the statute providing that the Investigative File "is not discoverable unless the prosecutor intends to present materials from the investigative file as evidence in support of the case," arguably implies that the production of any material opens the way for production of the remainder of what it may hold. However, it is just that, an implication. The statute is not abundantly clear. It does not plainly provide that the entire Investigative File is discoverable if the prosecutor intends to use *any* materials from the file. As such, one could just as easily argue, as has been done here, that if any portion of the Investigative File is to be used in prosecution, that

In <u>Safro</u>, the Nevada Supreme Court recognizes that an agency's interpretation of its governing statutes and regulations must be given deference in the interpretation is within the language of the statute. <u>Safro</u>, 134 Nev. at 714, 429 P.3d at 654 (2018) (citing <u>Dutchess Bus. Servs., Inc.</u>, 124 Nev. at 709, 191 P.3d at 1165 (2008)).

portion is discoverable and such production does not render the remainder discoverable given it will not be relied upon for prosecution.

Based upon the ambiguity, one is left to rely upon the context and spirit of the law, which favors confidentiality in support of the public policy of promoting those aggrieved to come forward. *See, e.g.*, Mansour v. State Med. Bd. of Ohio, 32 N.E.3d 508, 514 (Ohio 2015) ("The purpose of that statute is to 'protect[] the confidentiality of patients and persons who file complaints with the board.""). Such confidentiality also invokes a privilege extended to those who have participated in the investigatory process to enjoy such protections. In that regard, case law routinely recognizes that the privilege that attaches to the confidentiality of an Investigative File belongs to many and includes investigation witnesses, patients, physicians under investigation, and any other person whose confidentiality right is implicated by a board investigation and, therefore, not any one of those who hold the privilege may waive it given the impact to the other privilege holders. Id.; see also State ex rel. Wallace v. State Med. Bd. of Ohio, 732 N.E.2d 960, 965 (Ohio 2000) (recognizing that, in the context of investigative files, the Medical Board cannot unilaterally waive others' privileges to confidentiality, because the Medical Board is not the holder of those privileges).

"A document created for the purpose of an investigation, and not otherwise a public record, and placed in the Board's investigative file, is a confidential document." State ex rel. Oklahoma State Bd. of Med. Licensure & Supervision v. Rivero, 489 P.3d 36, 60 (Ok. 2021). Here, articles that were presumably relied upon in peer review were not created for investigation. They are documents at the ready in public discourse that have been placed in the Investigative Filed based upon reliance upon them by an individual who participated in the investigation. As such, they are not *per se* confidential, and their disclosure does not impact the privilege of any other party who may claim a privilege as to the Investigative File. See, e.g., Mansour v. State Med. Bd. of Ohio, 32 N.E.3d 508, 515 (Ohio 2015) (recognizing that the confidentiality attached to a medical board's investigative file was not breached by a medical professional's waiver as to his own interrogatory responses). On the other hand, reliance upon such articles to mandate the disclosure of the remainder of the Investigative File does implicate such privileges and the IC is

not at liberty to alone make that waiver. Nor do the statutes delineating confidentiality by which the IC is bound allow the IC to disclose the portions of the Investigative File sought by Respondent.

Based upon the foregoing, disclosure of the articles does not waive the privilege of others entitled to confidentiality of the Investigative File and render the entirety of the file discoverable, nor does it relieve the IC of its statutory duty to honor the confidentiality of the Investigative File save and except for any portion it relies upon for prosecution, which in this case is the articles. Accordingly, Respondent's Motion to Compel is DENIED.

DATED this 18th day of May 2022.

By:

Patricia Halstead, Esq. Hearing Officer (775) 322-2244

CERTIFICATE OF SERVICE

I certify that on this day, I personally delivered or mailed, postage pre-paid, at Reno, Nevada, a true file-stamped copy of the foregoing ORDER DENYING HAI THAN NGUYEN, M.D.'S MOTION TO COMPEL addressed as follows:

> Sarah Bradley, J.D. Deputy Executive Director Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, Nevada 89521

Hai Thanh Nguyen, M.D. c/o Robert McBride, Esq. and T. Charlotte Buys, Esq. 8329 W. Sunset Rd., Ste 260 Las Vegas, NV 89113

DATED this 18th day of May 2022.

Signature

Mercedes Fuertes
Print

Legal Assistant
Title

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BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

* * * * *

FILED

MAY 1 8 2022

NEVADA STATE BOARD OF MEDICAL EXAMINERS

Case No. 21-38084-1

Hearing Date: May 26-27, 2022 @ 8:30

a.m.

HAI THANH NGUYEN, M.D.,

In the Matter of Charges and

Respondent.

Complaint Against

ORDER DENYING HAI THAN NGUYEN, M.D.'S MOTION TO APPLY "CLEAR AND CONVINCING" AS THE BURDEN OF PROOF

Respondent has moved to apply "clear and convincing" as the burden of proof that the Investigative Committee for the Board of Medical Examiners of the State of Nevada (the "IC") is charged with meeting in pursuing its administrative complaint against Respondent. In support Respondent cites Minton v. Board of Medical Examiners, 110 Nev. 1060, 881 P.2d 1331 (1994), and advocates that, where a licensure and livelihood are at issue, and following the lead of other administrative bodies and other jurisdictions, a "clear and convincing" burden of proof should be applied. The IC opposes Respondent's motion, arguing that applicable statutory framework and Nevada case law support the application of a "preponderance of the evidence" burden of proof, and that such authority post-dates the holding in Minton. Respondent replies by arguing that the IC conflates "burden of proof" with "standard of proof" and reiterates Respondent's position.

Minton, which was adjudicated in 1994, is an appellate case whereby the Supreme Court of Nevada addressed the review standard applicable to a final decision of an administrative agency. The opinion provides, "in a professional discipline case such as this one, where the burden on the prosecuting authority is to establish violations by clear and convincing evidence, this court will not engage in independent—or de novo—review." In making this statement, the Court explicitly relies upon NRS 630.352, which, at the time, provided:

Any member of the board, except for an advisory member serving on a panel of the board hearing charges, may participate in the final order of the board. If the board, after a formal hearing, determines from *clear and convincing evidence* that a violation of the provisions of this chapter or of the regulations of the board has occurred, it shall issue and serve on the physician charged an order, in writing, containing its findings and any sanctions. [Emphasis added.]

The italicized clear and convincing language was modified to "a preponderance of the evidence" by legislative action in 1997 as the legislative history of the statue provides. As such, Respondent's reliance upon Minton is, as pointed out by the IC, outdated.

Applicable to the present matter is NRS 630.346(2), which is titled, in part, "burden of proof," and which provides that "[a] finding of the Board must be supported by a preponderance of the evidence." The "finding of the Board" reference is a finding as to the sufficiency of the complaint as determined from a synopsis and recommendation made to the Board by the hearing officer. *See* NAC 630.470. As such, NRS 630.346(2) states the burden of proof applicable to consideration of the complaint as opposed to the "standard of proof" applicable to "the quality of evidence allowed" as advocated by Respondent. Motion, p. 3, lines 23-24; Nassiri, 130 Nev. 245, 249, 327 P.3d 487, 489 (2014) (distinguishing between the terms "burden of proof" and "standard of proof").

This conclusion is further supported by NAC 630.410, which applies to physician's assistants and is in the same administrative code section applicable to physicians, and which specifically delineates the preponderance of the evidence burden of proof. NAC 630.410 ("[i]f the Board finds, by a preponderance of the evidence, after notice and a hearing in accordance with this chapter that" the charges of a complaint are true, identified sanctions may be imposed) (emphasis added). NAC 630.237(4)(c) and NRS 630.555 likewise reference a preponderance of the evidence burden of proof.

Even further, the preponderance of the evidence burden of proof is in accordance with the general civil standard and is applicable to professional administrative proceedings absent an otherwise statutorily established burden of proof. Nassiri, 130 Nev. at 251, 327 P.2d at 491 (holding that a preponderance of the evidence standard of proof applies in an agency's occupational license revocation proceeding in the absence of a specific governing statute). As

such, even assuming the applicable statutory scheme did not delineate a preponderance of the evidence burden of proof (which is not the case) or, as Respondent has argued, is directed instead to a standard of proof as that term may be distinguished, <u>Nassiri</u> would mandate its application.

Based upon the foregoing, Respondent's Motion to Apply "Clear and Convincing" as the Burden of Proof is DENIED.

DATED this 19th day of May 2022.

By:

Patricia Halstead, Esq.

Hearing Officer (775) 322-2244

CERTIFICATE OF SERVICE

I certify that on this day, I personally delivered or mailed, postage pre-paid, at Reno, Nevada, a true file-stamped copy of the foregoing ORDER DENYING HAI THAN NGUYEN, M.D.'S MOTION TO APPLY "CLEAR AND CONVINCING" AS THE BURDEN OF PROOF addressed as follows:

> Sarah Bradley, J.D. Deputy Executive Director Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, Nevada 89521

Hai Thanh Nguyen, M.D. c/o Robert McBride, Esq. and T. Charlotte Buys, Esq. 8329 W. Sunset Rd., Ste 260 Las Vegas, NV 89113

Signature

Mercedes Frentes
Print

Legal Assistant
Title

BEFORE THE BOARD OF MEDICAL EXAMINERS 1 OF THE STATE OF NEVADA 2 Case No. 21-38084-1 In the Matter of Charges and 3 FILED **Complaint Against** 4 MAY 2 4 2022 HAI THANH NGUYEN, M.D., 5 **NEVADA STATE BOARD OF** Respondent. 6 7 HAI THANH NGUYEN, M.D.'S SECOND SUPPLEMENTAL PREHEARING 8 **CONFERENCE DISCLOSURE** 9 COMES NOW, Respondent HAI THANH NGUYEN, M.D., by and through his counsel of 10 record, ROBERT C. McBRIDE, ESQ. and T. CHARLOTTE BUYS, ESQ., of the law firm of 11 McBRIDE HALL and in accordance with Nevada Administrative Code § 630.465 and the 12 Hearing Officer's Scheduling Order filed on February 7, 2022 and Order Rescheduling Pretrial 13 Hearing filed on April 5, 2022, hereby provides the following Second Supplement to Hai Thanh 14 Nguyen, M.D.'s Prehearing Conference Disclosure (supplemental information in bold): 15 I. 16 WITNESSES 17 1. Hai Thanh Nguyen, M.D. 18 c/o Robert C. McBride, Esq. 19 T. Charlotte Buys, Esq. McBRIDE HALL 20 8329 W. Sunset Boulevard, Suite 260 Las Vegas, Nevada 89113 21 (702) 791-5855 22 Respondent will testify regarding the care and treatment provided to Patient A, his custom 23 and practice, and his medical records documenting Patient A's care and treatment. He will also 24 provide testimony regarding the Board's Complaint and the allegations therein. Respondent will 25 also testify that he complied with the standard of care.

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2. Eduardo Anorga, M.D.

Dr. Anorga is a physician board-certified in family medicine and is expected to testify regarding his review of this case and the standard of care applicable to Dr. Nguyen's care and treatment of Patient A, and documentation of the same. Dr. Anorga will also provide expert testimony regarding the Board's Complaint and the allegations contained therein.

3. Ellen Aliberti

Ms. Aliberti is a Clinical Educator. Ms. Aliberti is expected to testify regarding the clinical education and policies and procedures provided to Medical Assistants at Healthcare Partners of Nevada. Ms. Aliberti may also testify as to her knowledge regarding the Medication Administration Details Record for Ms. and her knowledge regarding the record keeping practices of Intermountain Healthcare (previously Healthcare Partners of Nevada). She is also anticipated to testify to any relevant knowledge she may have regarding the facts and circumstances surrounding this matter.

4. Glenisha Barner, MA (Current Address Unknown)

Ms. Barner is anticipated to testify regarding her care and treatment of Patient A, and as to any relevant knowledge she may have regarding the facts and circumstances surrounding this matter.

5. Barry Misiuk, MA (Current Address Unknown)

Mr. Misiuk is anticipated to testify regarding his care and treatment of Patient A, and as to any relevant knowledge he may have regarding the facts and circumstances surrounding this matter.

6. Sheilamarie DelGrosso c/o Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, NV 89521

Ms. Delgrosso and Mr. Delgrosso are the parents of Patient A and are expected to testify as to the consent for medical care and medical treatment provided to Patient A and any relevant knowledge she may have regarding the facts and circumstances surrounding this matter.

7. Melissa Vogt, RN
INTERMOUNTAIN HEALTHCARE
6355 S. Buffalo Drive
Las Vegas, Nevada, 89113

Ms. Vogt is a Learning Coordinator-RN. Ms. Vogt located and made a true and correct copy of the Medication Administration Details record for Ms.

and is expected to testify regarding the authenticity of the record and her knowledge regarding the record keeping practices of Intermountain Healthcare (previously Healthcare Partners of Nevada). She is also anticipated to testify to any relevant knowledge she may have regarding the facts and circumstances surrounding this matter.

Respondent reserves the right to call as expert witnesses any and all of the Board's designated expert witness(es) or any other witness designated by any other party. Respondent further reserves the right to amend and supplement this list as discovery continues and as necessary for rebuttal and/or impeachment.

II.

DOCUMENTS

- Board of Medical Examiners of the State of Nevada Complaint filed November 3,
 2021.
- 2. Respondent Hai Thanh Nguyen, M.D.'s Answer to Complaint
- 3. Respondent Hai Thanh Nguyen, M.D.'s Board Response Letter dated April 24, 20017
- 4. Medical Records from Healthcare Partners (HCP 0001-17)
- 5. Medical Administration Log (MED ADMIN LOG 0001-7)

1	6. Standard Operating Procedure for Injectable Medication Administration (SOP
2	INJECTABLE MEDS 0001-4)
3	7. Curriculum Vitae of Eduardo Anorga, M.D.
4	First Supplement
5	8. IBM Micromedex Information for Pediatric Administration of Kenalog
6	(MICROMEDEX000001-25).
7	9. American Society for Microbiology, Comparison of Corticosteroids for Treatment of
8	Respiratory Syncytial Virus Bronchiolitis and Pneumonia in Cotton Rats (ASM
9	000001-000004).
10	10. Bristol-Myers Squibb Company Information for Intramuscular or Intra-articular
11	Kenalog Injection, Revised June 2011, (BMS_(2011)_000001-20).
12	Second Supplement
13	11. Medication Administration Details (MED ADMIN DETAILS 00001-2).
14	12. Declaration of Melissa Vogt, RN. Regarding Medication Administration Details.
15	Respondent reserves the right to use any and all of the documents, exhibits, reference
16	materials and records disclosed by the Board or any other party. Respondent further reserves the
17	right to amend and supplement this list as discovery continues and as necessary for rebuttal and/or
18	impeachment.
19	DATED this 23 rd day of May, 2022.
20	McBRIDE HALL
21	WEBRIDE HALL
22	
23	/s/ T. Charlotte Buys
24	Nevada Bar No.: 7082 T. CHARLOTTE BUYS, ESQ.
25	Nevada Bar No.: 14845 8329 W. Sunset Road, Suite 260
26	Las Vegas, Nevada 89113 Attorneys for Respondent
27	Hai Thanh Nguyen M.D.

CERTIFICATE OF SERVICE I hereby certify that on the 23rd day of May 2022, I served a true correct copy of HAI THANH NGUYEN, M.D.'S SECOND SUPPLEMENTAL PREHEARING CONFERENCE **DISCLOSURE** by sending electronically and mailing via United States mail to the following: Sarah Bradley, J.D., MBA Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, NV 89521 Attorneys for the Investigative Committee /s/ Madeline VanHeuvelen An Employee of McBride Hall

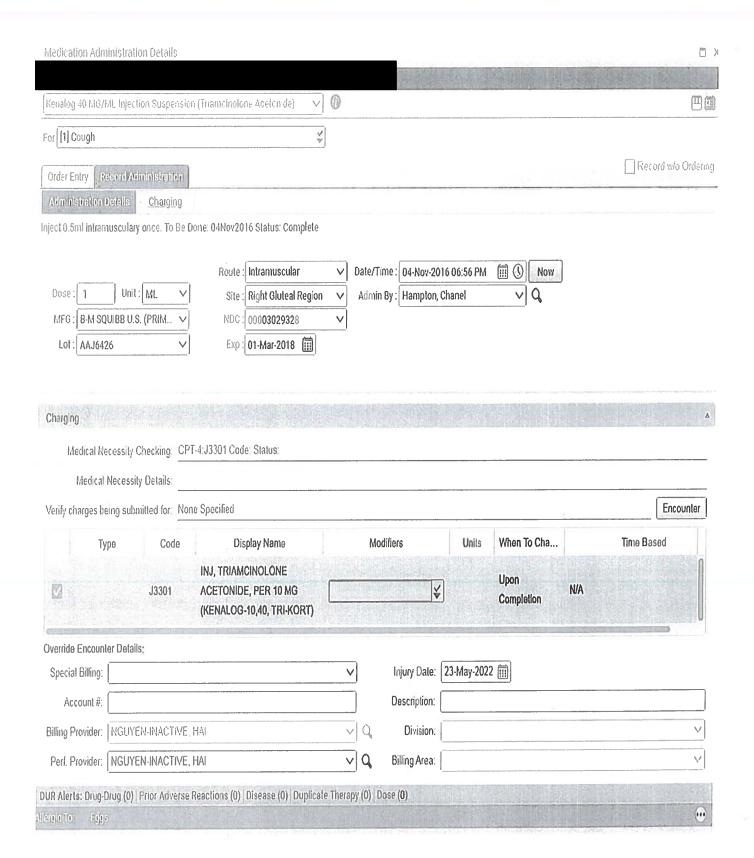
DECLARATION OF MELISSA VOGT

STATE OF NEVADA)
COUNTY OF CLARK)

- I, MELISSA VOGT, declare under penalty of perjury pursuant to NRCP 34(c) and NRS 53.045 as follows:
- 1. I am over the age of eighteen. I am competent to testify on the matters set forth herein. I make this declaration based upon my personal knowledge.
- 2. I am a Registered Nurse and currently am a Learning Coordinator employed by Intermountain Healthcare.
- 3. On May 23, 2022, I located Medication Administration Details for patient, and I made a true and exact copy of that record, which has been batestamped MED ADMIN DETAILS 00001 MED ADMIN DETAILS 00002.
- 4. It is my understanding that the original of the records was made at or near the time of the act and/or event recited therein.
- 5. The Medication Administration Details are kept as part of the patient's designated record set, however, they are maintained separately from the patient's other medical records. It is my understanding that this Medication Administration Details record was inadvertently not printed and included in a copy of the patient's medical records that were previously disclosed in the Nevada Board of Medical Examiners Formal Complaint against Hai Thanh Nguyen, M.D. (Case No. 21-38084-1), as such record are maintained separately from the other portions of the patient's medical record.
- 6. I declare under penalty of perjury under the laws of the State of Nevada that the foregoing is true and correct.

DATED this $\frac{23}{12}$ day of May, 2022.

MELISSA VOGT



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BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

* * * * *

In the Matter of Charges and Complaint

Case No. 21-38084-1

Against:

FILED

HAI THANH NGUYEN, M.D.,

AUG 0 5 2022

Respondent.

NEVADA STATE BOARD OF MEDICAL EXAMINERS

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THE INVESTIGATIVE COMMITTEE OF THE NEVADA STATE BOARD OF MEDICAL EXAMINERS' MOTION FOR RECONSIDERATION

The Investigative Committee (IC) of the Nevada State Board of Medical Examiners (Board) hereby requests reconsideration of the findings and recommendations of the Hearing Officer pursuant to NRS 622A.390(1)(b).

MEMORANDUM OF POINTS AND AUTHORITIES

I. INTRODUCTION

On November 3, 2021, the IC filed a Complaint charging Respondent with: Count I, a violation of NRS 630.301(4), Malpractice; and Count II, a violation of NRS 630.3062(1)(a), Failure to Maintain Timely, Legible, Accurate, and Complete Medical Records (records count).

The hearing on the Complaint was held on May 26, 2022, and the Hearing Officer has now issued a Synopsis of Record (Synopsis) pursuant to NAC 630.470(8), filed July 22, 2022. In pertinent part, the Hearing Officer submits that the burden had not been met as to either count alleged in the Complaint. Synopsis at 12:1–2. Respectfully, the IC asserts error in the finding and recommendation with respect to the records count, and further asserts that this error constitutes grounds for the Hearing Officer to reverse her findings with respect to the records count. See NRS 622A.390(5)(b). Accordingly, the IC requests the Hearing Officer reconsider her assessment and recommendation with respect to Count II and to issue an amended Synopsis in conformance therewith.

II. LEGAL ARGUMENT

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NRS 233B.121(2)(c) and (d) require that the IC's notice prior to a hearing provide Respondent with a reference to the statutes and regulations involved and provide "[a] short and plain statement of the matters asserted." In the instant matter, Respondent was on notice that the IC alleged both a violation of NRS 630.301(4) (Malpractice) and the records count, NRS 630.3062(1)(a) (Failure to Maintain Timely, Legible, Accurate, and Complete Medical Records). Further, NRS 233B.121(9) and NRS 233B.125 require that the Board's findings of facts and decision be based on a preponderance of the evidence. The IC respectfully asserts that Respondent was on notice that the IC asserted that he had violated NRS 630.3062(1)(a) and that this violation was proven at the hearing by a preponderance of evidence. Put simply, the extended testimony and confusion at the hearing regarding Respondent's treatment of Patient A, as recorded in the medical records, proves that Respondent failed to maintain timely, legible, accurate, and complete records for Patient A.

The Hearing Officer points out that some of the medical records at issue were not timely provided to the IC and instead were provided to the IC shortly before the hearing. With respect to the records count, the Hearing Officer concludes that Respondent's note that Patient A's mother agreed with the treatment plan and verbally stated her understanding was sufficient to document informed consent; while the IC maintains that Respondent's reference to agreeing to the treatment plan does not adequately evidence informed consent, the IC does not request reconsideration of this conclusion. However, the Hearing Officer further concludes that the "remainder of the allegations" as to the records count had "been conceded as disproven by the medical records recently produced." See Synopsis at 11:18-20. This conclusion is incorrect, as the IC did not and does not concede that the late-produced medical records were adequate to meet the requirement that Respondent maintain accurate and complete medical records, NRS 630.3062(1)(a), and respectfully requests the Hearing Officer to reconsider her findings and recommendation in this regard.1

¹ When asked about the records count at the hearing, counsel for the IC stated "We believe that the records are still deficient. They just aren't deficient in all the ways we originally identified." Tr. 22:24-23:2.

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Like all physicians licensed in Nevada, Respondent is required to "maintain timely, legible, accurate and complete medical records relating to the diagnosis, treatment and care of a patient." See NRS 630.3062(1)(a). The hearing demonstrated that Respondent failed to clearly document the who, when, where, and why of the Kenalog shot given to the patient in this matterspecifically, who administered the shot, when the shot was administered, where on the patient's body it was administered, and why it was given in addition to an oral steroid. Records failing to document such key information and causing the confusion apparent in this matter do not meet the standard of being accurate and complete.

In discussing a similar requirement to maintain accurate patient records in the context of physician discipline, a New York court has noted that "[t]he purpose behind the requirement that a proper record be kept for each patient is in part to ensure that meaningful information is recorded in case the patient should transfer to another professional or the treating practitioner should become unavailable." See Mucciolo v. Fernandez, 599 N.Y.S.2d 757, 759 (App. Div. 1993) (internal quotations and citations omitted). Thus, "[a] medical record that fails to convey objectively meaningful medical information concerning the patient treated to other physicians is inadequate." Id. The importance of accurate medical documentation has also been recognized in other contexts. Like physicians, correctional facilities "must maintain adequate, complete, and accurate medical records." See Ginest v. Bd. of Cnty. Comm'rs., 333 F. Supp. 2d 1190, 1200 (D. Wyo. 2004). In that context, it has been recognized that "[m]aintaining proper medical records is no less important to inmate health than providing proper physician care. The two go hand in hand." Id.; see also Goforth v. Sec'y of Health & Hum. Servs., No. 14-1128V, 2021 WL 6337672, at *22 (Fed. Cl. Nov. 19, 2021) ("With proper treatment hanging in the balance, accuracy [of medical records] has an extra premium." (internal quotation omitted)).

At the hearing, Respondent acknowledged that the record of his interaction with the patient in this matter reflected that he ordered a medical assistant who was not even present that day to administer the shot:

> ... if we got to Exhibit 12, and that's your exhibit 001, med admin details. Are you there?

Α Yes, ma'am. I am. I'm looking at med details 00001.

2	A Yes, ma'am, 1 do.
2	Q Do you know who that is?
3	A That is my medical assistant that I normally work with.
4	Q Okay. Did you work with Ms. Hampton on November 4th, 2016?
5	A No, I did not work with her that day.
6	Q So if this says "admin by," what does that mean typically?
7	A When the physician generates a computer order in the EMR
8	for an injection, we'll often send that order to his normal—his medical assistant that he normally works with, which is Ms.
9	Chanel Hampton.
10	Q So I guess I'm misunderstanding here. So you're saying
11	that if you order medication, the order goes to someone that you normally work with but that you may not be working with on that
12	day? Is that what you're saying?
	A Yes, ma'am. During that day, Mrs. Hampton she had to call
13	out sick because her daughter was ill and she was not there. So Mr. Barry Misiuk was called up as a float medical assistant that
14	HealthCare Partners had hired to substitute if there's a member of
15	a staff medical assistant that's absent that day.
16	Q Okay. Well, because it says, "Admin by." What does "admin by" mean? Does that mean administered? Is that short for
17	administered?
18	A It says that I had ordered Chanel Hampton to give the injection, and it says the date that it was given.
19	Q Okay. So your testimony is then that the name on there
20	doesn't mean who administered the vaccine?
21	A That is correct, ma'am.
22	Tr. 221:9-222:22 (emphasis added). Respondent went on to explain that the person who actually
23	administered the injection—himself—was reflected in the progress note. Tr. 222:6-24. However,
24	the records did not explain this discrepancy and the nature of what actually occurred was only
25	clarified by Respondent's testimony—underscoring that the records themselves were not accurate
26	or complete. Indeed, Respondent further testified that the medical "biller thought Ms. Hampton
27	was there that day to give the injection." Tr. 225:12-13. The Synopsis notes that the reference to
28	Ms. Hampton "seemed to cause some confusion and [Respondent's expert] Dr. Angora somewhat

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Do you see the name Hampton, Chanel on that page?

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acknowledged the same," however, "Dr. Angora further noted that Respondent addressed the confusion in his testimony and provided documentation demonstrating that he gave the Kenalog injection." Synopsis at 8:20-23. Of course, the requirement for accurate and complete medical records applies to the records themselves, not the records as explained and clarified years later.

Neither did the records clearly reflect when the shot was administered:

... do you recall approximately when you saw Patient A on November 4, 2016?

I believe it was right around 11:00 a.m. because usually, the triage nurse sees the patient first, gets their initial complaint, some of the symptoms and does vital signs, so I believe that the note started at 10:45 a.m., so I would have seen her shortly thereafter.

Okay. And so is it fair to say that probably she and her 0 parents would have gone home by noon that day?

Likely, ma'am.

Tr. 232:16–233:4. This testimony is in contrast to Respondent's Exhibit 12, which indicates that the shot was administered at 6:56 p.m. If Patient A's symptoms had gotten worse and her care was assumed by another professional late that evening or the next day, the several-hour time difference could have made a difference in treatment, rendering the record inadequate for purposes of accurate recordkeeping. See Mucciolo, 599 N.Y.S.2d at 759.

The records were also unclear as to where on Patient A's body the shot was administered. While a divot appeared on the patient's left buttock, Respondent indicated that he administered the shot in her right buttock. While there was indeed testimony that the divot might have been caused by other factors, Respondent's expert, Dr. Angora conceded that the documentation may not have been accurate:

> Okay. So you're saying there maybe are some instances where they're not accurate. Is that fair?

> Again, I think there is a dispute as to whether this was a right/left issue. And it that occurred, then it's possible that it occurred. I'm not convinced that occurred, but is that logically possible? Yes. Does that fall below the standard of care? No. Does it all - Does it not meet some standard of documentation? Perhaps.

(775) 688-2559

Tr. 272:14-22.2

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Perhaps most importantly, Respondent failed to document why he rendered the treatment that he did to Patient A. During the hearing, Respondent testified that after the patient's mother told him that she was concerned about the oral steroid causing vomiting and that the patient had received a steroid injection in the past, he adjusted his treatment plan to include both oral steroids and a steroid shot. See Tr. 215-16. Respondent specifically admitted that he did not document his conversation with the patient's mother about her concerns with the oral steroid prescription, see Tr. 215:7, nor did he document the change in his treatment plan, id. at 215:24-216:16. Thus, if the patient had been transferred to the care of another professional and Respondent was unavailable, that professional would not know of the mother's concerns or why Respondent had decided to administer what otherwise appeared to be redundant treatments.

When reviewed on their own, as they must be, and not in the context of later clarification and explanation, the records here were inaccurate, contradictory, and confusing, and Respondent therefore failed to "maintain timely, legible, accurate and complete medical records relating to the diagnosis, treatment and care of a patient." See NRS 630.3062(1)(a). The late production of a shot record that contained more details than previously provided did not render the records in this matter accurate and complete.

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² Dr. Angora is not and never has been licensed in the State of Nevada. Tr. 261:16-19. When asked, Dr. Angora was unable to provide the requirements for documentation of medical records in Nevada. Tr. 271:7-9.

OFFICE OF THE GENERAL COUNSEL Nevada State Board of Medical Examiners 9600 Gateway Drive Reno, Nevada 89521 (775) 688-2559

III. CONCLUSION

For the foregoing reasons, the IC respectfully requests the Hearing Officer reconsider her recommendations in this matter with respect to Count II as contained in the IC's complaint and issue an amended Synopsis in conformance therewith.

DATED this 5th ay of August, 2022.

INVESTIGATIVE COMMITTEE OF THE NEVADA STATE BOARD OF MEDICAL EXAMINERS

By:

SARAH A. BRADLEY, J.D., MBA

Deputy Executive Director

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CERTIFICATE OF SERVICE

I hereby certify that I am employed by the Nevada State Board of Medical Examiners and
nat on the day of August, 2022, I served a file-stamped copy of THE INVESTIGATIVE
COMMITTEE OF THE NEVADA STATE BOARD OF MEDICAL EXAMINERS
MOTION FOR RECONSIDERATION via U.S. Mail, with courtesy copy by email, to the
ollowing parties:

c/o T. Charlotte Buys, Esq.
McBride Hall
8329 West Sunset Road, Suite 260
Las Vegas, NV 89113
Email: tcbuys@mcbridehall.com
Attorney for Respondent

HAI THANH NGUYEN, M.D.

PATRICIA HALSTEAD, ESQ.
Halstead Law Offices
615 S. Arlington Ave.
Reno, NV 89509
Email: phalstead@halsteadlawoffices.com
Hearing Officer

DATED this _____day of August, 2022.

MERCEDES FUENTES

Legal Assistant

Nevada State Board of Medical Examiners

BEFORE THE BOARD OF MEDICAL EXAMINERS OF THE STATE OF NEVADA

1 2 3 Case No. 21-38084-1 In the Matter of Charges and 4 **Complaint Against** FILED 5 HAI THANH NGUYEN, M.D., AUG 1 6 2022 6 **NEVADA STATE BOARD OF** Respondent. MEDICAL EXAMINERS 7 8 HAI THANH NGUYEN, M.D.'S OPPOSITION TO THE INVESTIGATIVE 9 COMMITTEE OF THE NEVADA STATE BOARD OF MEDICAL EXAMINERS' MOTION FOR RECONSIDERATION 10 11 COMES NOW, Respondent HAI THANH NGUYEN, M.D., by and through his counsel of 12 record, ROBERT C. McBRIDE, ESQ. and T. CHARLOTTE BUYS, ESQ., of the law firm of 13 McBRIDE HALL and hereby submits his Opposition to Motion for Reconsideration. 14 This Opposition is made and based and based upon the attached Memorandum of Points 15 and Authorities, the papers and pleadings on file herein, any oral argument that may be adduced at 16 the time of a hearing set for this matter, and any other evidence that the Hearing Officer deems just 17 and proper. 18 DATED this 16th day of August 2022. 19 McBRIDE HALL 20 21 By: /s/ T. Charlotte Buys ROBERT C. McBRIDE, ESQ. 22 Nevada Bar No.: 7082 T. CHARLOTTE BUYS, ESQ. 23 Nevada Bar No.: 14845 8329 W. Sunset Road, Suite 260 24 Las Vegas, Nevada 89113 25 Attorneys for Respondent Hai Thanh Nguyen M.D. 26

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MEMORANDUM OF POINTS AND AUTHORITIES

I.

PREFATORY NOTE

It should first be noted that in seeking reconsideration of the Hearing Master's Synopsis of the Record, the Investigative Committee has failed, completely, to offer any new facts or authority to serve as a basis for reconsideration. Merely because the Investigative Committee pursues a Complaint, does not automatically mean that the Committee has met its burden on proving that a physician violated the Nevada Medical Malpractice Act. That, respectfully, is the reason why a formal hearing process takes place. Here, there is no basis to support reconsideration of the honorable Hearing Officer's Synopsis of the Record or recommendations set forth therein, that the Investigative Committee has not met its burden in bringing either of the two counts alleged against Hai Nguyen, M.D.

II.

ARGUMENT

A. FACTS

This formal adjudicatory proceeding arises out of a contention that approximately seven (7) years ago, Dr. Hai Nguyen treated a pediatric patient in an urgent care setting for a respiratory condition. It is alleged that Dr. Nguyen did not properly document the consent that was given prior to administration of the steroid, Kenalog, and that subsequent to that care, the patient developed skin dimpling at or near the site of an injection.

A thorough formal hearing regarding these allegations took place on May 26, 2022. Subsequently, on July 22, 2022, the honorable Hearing Officer submitted a Synopsis of the Record with a recommendation for the Nevada Board of Medical Examiners' consideration that based upon presentation of the evidence, the Investigative Committee had not met its burden in this matter as to either count alleged in the Complaint against Respondent, Dr. Hai Nguyen.

The Investigative Committee now brings a Motion for Reconsideration on the Hearing Officer's recommendation concerning Count II for Failure to Maintain Proper Medical Records by contending Dr. Nguyen "failed to clearly document the who, when, where and why of the

Kenalog shot given to the patient in this matter." See page 3, lines 3-4 of the Investigative Committee's Motion for Reconsideration.

However, such argument has already been thoroughly addressed not only by the medical records that were discovered and produced in this matter, but also clearly and unambiguously during the formal hearing and in the Synopsis of the Record. As such, the Investigative Committee's Motion for Reconsideration must be denied in its entirety.

B. THE INVESTIGATIVE COMMITTEE HAS NOT MET ITS BURDEN TO SUPPORT COUNT II FOR FAILURE TO MAINTAIN PROPER MEDICAL RECORDS AGAINST DR. HAI NGUYEN

The Nevada Supreme Court stated "...only in very rare instances in which new issues of fact or law are raised supporting a ruling contrary to the ruling already reached should a motion for rehearing be granted." See Moore v. City of Las Vegas, 92 Nev. 402, 405, 551 P.2d 244, 246 (Nev. 1976). Generally, in Nevada, a previously decided issue can be reconsidered only if "substantially different evidence is subsequently introduced or the decision is clearly erroneous." See Masonry and Tile Contractors Ass'n. of So. Nev. v. Jolley, Urga & Wirth, Ltd., 113 Nev. 737, 741 (Nev. 1997)

As noted, the Investigative Committee has not offered any new facts, authority, or arguments in seeking reconsideration. Instead, the Investigative Committee appears to argue that the honorable Hearing Officer's recommendation is clearly erroneous. However, as will be demonstrated in the next section of these Opposing Points and Authorities, the Hearing Officer's recommendation to the Nevada Board of Medical Examiners that the Investigative Committee has not met its burden in proving that Dr. Hai Nguyen breached the Nevada Medical Malpractice Act is not erroneous, but instead, entirely consistent with the facts and evidence presented in this matter.

In this case, it was documented consistently in the medical records that Dr. Hai Nguyen administered 0.5ML of Kenalog 40 MG/ML (also written 20 MG)¹ intramuscularly in the patient's right buttock on November 4, 2016 during her 10:45 a.m. appointment, due to her

¹ Half or 0.5 of 40 MG/ML is 20 MG/ML. See Synopsis of the Record at Page 131:3-134:2, attached hereto as "Exhibit B."

respiratory symptoms and medical history, and completed his documentation at 6:56 p.m. on November 4, 2016. See Excerpt of Medical Records at HCP 0002, 0017 and MED AMDIN DETAILS 00001-2, attached hereto as "Exhibit A." While the name of Dr. Nguyen's usual Medical Assistant is listed in the record due to auto-population from the Electronic Medical Record, under the section entitled "Override Encounter Details," the record shows that the "Perf. Provider" or "Performing Provider" is Dr. Hai Nguyen. See Excerpt of Medical Records at MED AMDIN DETAILS 00001-2, attached hereto as "Exhibit A." See also Synopsis of the Record at Page 230:2 – 231:24, attached hereto as "Exhibit B."

Here, even the Peer Reviewer retained by the Investigative Committee clarified that his criticism of Dr. Nguyen's documentation was that it appeared the consent for the Kenalog injection was documented as being requested from Patient A, a minor, rather than Patient's A's parent. See Synopsis of the Record at Page 91: 5 – 91:14, 120:12 - 121:2, 153:14 - 153:18, attached hereto as "Exhibit B."

Moreover, Dr. Hall further testified that it was reasonable for a physician to enter his documentation and that his other criticisms regarding Dr. Nguyen's documentation had been satisfied upon production of the rest of the medical and billing records:

- "Q Is it reasonable for a physician to wait until the end of the day to finish signing and documenting his note?
- A Yes, it is.
- And when you reviewed this document, I guess this case originally, you did not have the documentation that was the Respondent's Exhibit Number 12; correct?
- A That is correct.
- Q Okay. And so for the record, the prior criticism regarding failure to document the lot number, failure to document the expiration date, has that been satisfied based upon the production of this document?
- A Yes, it has." See Synopsis of the Record at Pages 154: 24 155:13, 120:12 121:2, attached hereto as "Exhibit B."

Indeed, Dr. Hall even conceded that there was documentation of consent in the patient's 1 medical record: 2 3 "Q My question is a little bit different. Is that documentation of consent? 4 That is documentation of consent." See Synopsis of the Record at Page Α 5 160:4 - 160:5 and 146:21 - 147:1, attached hereto as "Exhibit B." 6 Furthermore, Eduardo Anorga, M.D. clearly testified that Dr. Nguyen's documentation 7 met the requirements of Nevada law with regard to his documentation and maintenance of his 8 medical records: 9 10 "Q If I told you that Nevada law requires that physicians maintain timely, 11 legible, accurate and complete medical records relating to the diagnosis, treatment and care of a patient does that sound like an appropriate - -12 That sounds perfectly reasonable. Α 13 14 And your belief is that the records in this case are timely; is that true? Q 15 Yes, I do. Α 16 Q It's your opinion that the records in this case are legible? 17 Yes, they are. Α 18 Okay. It's your opinion that the records are accurate? Q. 19 They appear to be accurate, yes, to a reasonable degree." See Synopsis of Α 20 the Record at Page 271:10 - 271:18, attached hereto as "Exhibit B." 21 In Nevada, the standard of care is not whether there is a difference of opinion concerning 22 treatment and documentation of such treatment, but whether there was a "failure of a provider of 23 24 health care, in rendering services, to use the reasonable care, skill or knowledge ordinarily used under similar circumstances by similarly trained and experienced providers of health care." See 25 NRS 41A.015. Moreover, the purpose of having a regulatory agency evaluate a licensed 26 professional for discipline is to protect the public, but the Board cannot do so while violating a 27

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physician's constitutional due process rights. See Potter v. State Bd. of Med. Exam'rs, 101 Nev. 369, 371, 705 P.2d 132, 134 (Nev. 1985).

In this case, there has been no evidence to demonstrate that Dr. Nguyen violated the Nevada Medical Malpractice Act with respect to his care and treatment of Patient A or his documentation of his care, and certainly no new evidence to warrant reconsideration of the Hearing Officer's recommendations set forth in the Synopsis of the Record.

The Hearing Officer's July 22, 2022 Synopsis of the Record and recommendations contained therein, that the Investigative Committee failed to meet their burden to demonstrate Dr. Nguyen violated the Nevada Medical Malpractice Act, was not "clearly erroneous" and should not be reversed.

III.

CONCLUSION

Based upon the foregoing, Dr. Nguyen respectfully requests that the Investigative Committee's Motion for Reconsideration be denied. The Investigative Committee has not offered any new facts, authority, or theories in bringing the Motion for Reconsideration. The IC has failed to demonstrate that the recommendation of the Hearing Officer set forth in the Synopsis of the Record was "clearly erroneous." To the contrary, the Hearing Officer's recommendations, respectfully, are entirely consistent with the facts, evidence, and law of Nevada.

DATED this 16th day of August 2022.

McBRIDE HALL

By: /s/ T. Charlotte Buys

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ROBERT C. McBRIDE, ESQ. Nevada Bar No.: 7082 T. CHARLOTTE BUYS, ESQ. Nevada Bar No.: 14845 8329 W. Sunset Road, Suite 260 Las Vegas, Nevada 89113 Attorneys for Respondent Hai Thanh Nguyen M.D.

CERTIFICATE OF SERVICE

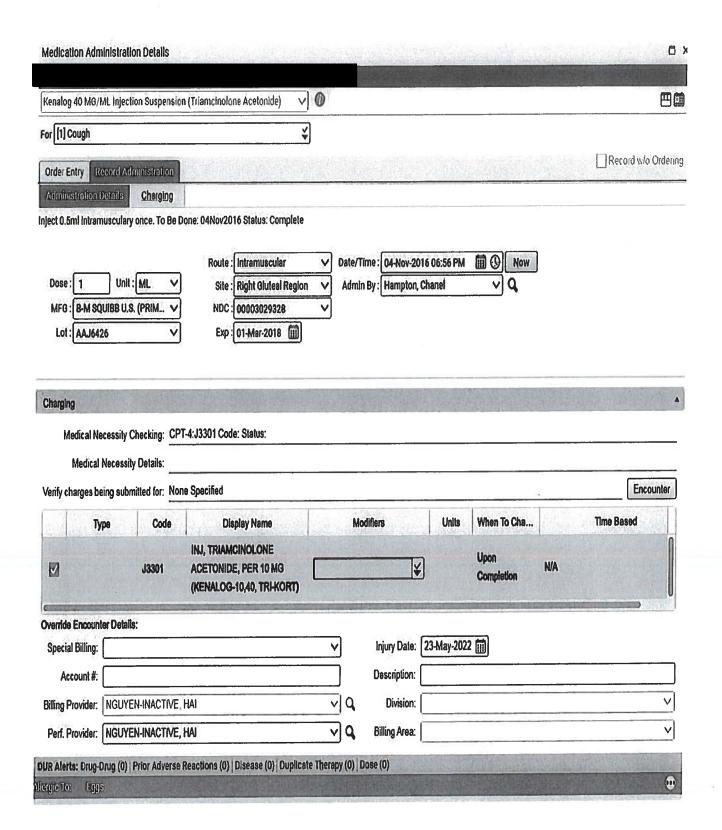
I hereby certify that on the 16th day of August 2022, I served a true correct copy of HAI THANH NGUYEN, M.D.'S OPPOSITION TO THE INVESTIGATIVE COMMITTEE OF THE NEVADA STATE BOARD OF MEDICAL EXAMINERS' MOTION FOR RECONSIDERATION, by sending electronically and mailing via Email and United States mail to the following:

Sarah Bradley, J.D., MBA
Nevada State Board of Medical Examiners
9600 Gateway Drive
Reno, NV 89521
Attorneys for the Investigative Committee

/s/ Madeline VanHeuvelen

An Employee of McBride Hall

EXHIBIT A



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HealthCare Partners Medical Group - 700 Building

700 E Warm Springs Rd Ste 110 Las Vegas,NV 89119-4311 (702) 318-2400

Patient: EMRN: OMRN:

80-1748263 80-1748263

> Age/DOB: 2 years

Home: Work:

All Problems

Problem Description Cough	Managed By	Category Severity
Fam Hx: Family history of asthma		Family history of Maternal Grandmother

Report - Problem List

Page 1 of 1

Powell, Shamina 20Apr-2017 10:54AM

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HealthCare Partners

Nevada

MEDICAL RECORDS

This exhibit contains person medical information, records of a patient or other personal identifying information that is confidential and otherwise protected from disclosure to the public pursuant to NRS 622.310

EXHIBIT B

In the Matter Of:

Nevada State Board of Medical Examiners

TRANSCRIPT OF HEARING PROCEEDINGS

May 26, 2022

Job Number: 870731

1	Page 91 A The parents.
2	Q And this documentation here, I mean, do you
3	think that's documenting an informed consent?
4	A No, I do not.
5	Q Why?
6	A Well, because the statement here suggests the
7	patient was providing consent and we the patient's
8	incapable of providing informed consent in this case.
9	Q Okay. Because the patient is a minor?
10	A Correct.
11	Q And then what about the parents? Would this
12	sufficiently document informed consent on behalf of
13	parents in your view?
14	A No, because it does not state parents.
15	Q Okay. But what about risks and benefits?
16	A I do not see a description of the risks and
17	benefits.
18	Q I mean, and I think again, you said you would
19	document I mean, what would your sentence look like if
20	you were documenting informed consent in a case like
21	this?
22	A So in my practice, we would typically have a
23	separate sheet that would document this is the treatment
24	proposed, these are the potential risks, this is the

```
Page 120
    pages are consistent with what I reviewed regarding the
1
2
    medical record from the date of service November 4th,
3
     2016.
                 And I guess I just want to talk about the
    records a little bit. Are you familiar with a standard
5
     in Nevada regarding what consists of timely, legible
6
7
     accurate and complete medical records?
                 I would say your description is somewhat
8
            Α
     self-evident to me that medical records should be
9
     legible, they should be completed in a timely manner, so
10
11
     yes.
                 Okay. And I know I've had you look at a lot
12
     of the Board's exhibits, and the reason I wanted you to
13
     look at the Respondent's is I think there's a handful
14
     more pages of medical records that Dr. Nguyen has
15
     provided than what we had initially obtained.
16
            Α
                 Yeah, I agree. Yes, I agree.
17
                 Okay. Because my question really is: Based
18
            Q
19
     on what we've talked about today, would you say these
     records are timely, legible, accurate and complete?
20
            Α
                 What I reviewed previously, so that for the
21
22
     record is pages 2, 3, and 4, appear to me to be timely,
23
     legible and accurate in the sense that there are --
     Well, I'm aware that there are some additional pages now,
24
```

```
so I would question if we had all of the medical records
1
2
    with my original review. That's what I would question.
                 Okay. But, for example, I think we talked
3
     about the informed consent documentation.
5
            Α
                 Yes.
                 Do you think that should have been more
6
            0
 7
     complete in the record?
8
            Α
                 Yes.
                 And so if informed consent isn't documented
            0
     as completely, I mean, does that make the record now not
10
11
     complete?
12
            Ά
                 Yes. One would need to document informed
13
     consent.
               Yes.
                 And if it's not documented, I've heard people
14
            0
     say if it's not documented, it didn't happen.
15
     something --
16
                 I've heard the same thing.
            Α
17
                 And where have you heard that?
18
            0
19
            Α
                 Well, in my medical training and certainly
     from a medical/legal perspective, I've heard the same
20
     principle discussed.
21
22
                 Okay. Why is documentation so important in
23
    patient records?
                 Well, I think this is a great example, is
24
            Α
```

1	Page 130 MS. BUYS: I also wanted to talk about the
2	medical administration log, which I believe we now have
3	listed as Respondent's Exhibit Number 6, as well as the
4	medication administration details, which is Respondent's
5	Exhibit Number 12.
6	MS. BUYS: So I believe we have the same
7	document as listed as Number 6, and we have a
8	declaration, under Exhibit 12, we have a declaration from
9	Melissa Vogt. That's what I have.
10	HEARING OFFICER HALSTEAD: So they're going
11	to be one number, I think. Like if she says 12, it's
12	going to be 13. If she says it's six, it's going to be
13	seven.
14	THE WITNESS: Oh, okay. Sorry. So with
15	clarification, we also have standard operating procedure
16	for HealthCare Partners of Nevada. We do have that
17	exhibit, but it's under a different number on my binder.
18	HEARING OFFICER HALSTEAD: Can you just
19	clarify each exhibit, and if it's Respondent as or the
20	Board's, and I'll clarify for everyone on this end.
21	Q (BY MS. BUYS:) Thank you. I was referring
22	also to it is Respondent's Exhibit I believe we
23	stipulated to its admission as Respondent's Exhibit
24	Number 12, and it's Medical Administration Details, Bates

TRANSCRIPT OF HEARING PROCEEDINGS - 05/26/2022 Page 131 stamped Med Admin Details 00001 through 2. 1 2 Yes, I have that one. Okay. Perfect. And have you had an 3 opportunity to review all of these documents before your 4 5 testimony here today? So the document that you just referenced, I Α 6 7 received this by email the night of May 23rd, and I did review that. Under Exhibit 5, so on Exhibit 5, I have 8 not reviewed until today or have not seen until today 9 pages 1, 5, and 6. So I did not receive 1, 5 or 6 10 11 previous to today. 12 All right. And when you say Exhibit Number 13 5, are you referring to it's medical records from HealthCare Partners and Bates stamped at the bottom HCP 14 15 01 through 17? Yeah, so that is correct. I'm referring to 16 the medical record from HealthCare Partners under 17 Respondent's Exhibit 5, and I'm referring to HCP 1, 5, 6, 18 19 and 7 are the ones that I have not previously reviewed.

- Thank you for clarifying. 20 All right.
- wanted to make that point for the record. If you could 21
- 22 please go and take a look at that it's Respondent's
- 23 Exhibit Number 12, the Medication Administration Details.
- 24 Α Yes.

1	Q Do you have that in front of you?
2	A I do. Thank you.
3	Q Thank you. I believe Ms. Bradley had asked
4	you earlier about the dosage for the Kenalog injection,
5	and if I recall your testimony correctly, you believed
6	you had stated it was one mL. Is that correct?
7	A So there I was a little confused, and
8	there is a distinction between what is documented under
9	Tab 5 and what is documented under Tab 12. So under Tab
10	5, if you look at the Kenalog order, the order says
11	Kenalog, 40 milligrams per milliliter, and it says:
12	Inject 0.5 milliliters intramuscularly. That dosing
13	would be 20 milligrams. However, on Exhibit 12, the
14	documentation here lists a dose of 1 milliliter, which
15	would be 40 milligrams of Kenalog. So there is a little
16	distinction.
17	Q All right. Just to clarify for the record,
18	Doctor, where do you see that 1 milliliter on this
19	documentation? I believe actually, strike that. Do
20	you see at the top of the page under it says,
21	"Administration details"?
22	A Yes.
23	Q There is a statement right there. It looks
24	like it reads inject

1	Page 133 A Yes.
2	Q 0.5 mL intramuscularly once.
3	A Yes. So that
4	Q Do you see that?
5	A I do. Yes.
6	Q All right. And did I read that correctly?
7	A Yeah, that is correct.
8	Q All right. And the notation: Inject 0.5
9	milliliters intramuscularly once, would that be
10	consistent with the records that you reviewed in Exhibit
11	Number 5 regarding the .5 milliliter injection?
12	A Yes, it would.
13	Q All right. So to clarify Strike that.
14	Would .5 milliliters of a 40 milligram per milliliter
15	injection, would that be 20 milligrams per milliliter?
16	A Yes, it would be 20 milligrams.
17	Q Twenty milligrams. Thank you for clarifying.
18	And so would it be consistent that Dr. Nyugen's
19	documentation indicates that it was 20 milligrams that
20	was administered?
21	A Yes, I believe that is correct. That is what
22	is stated in Exhibit 5. And also, as you pointed out in
23	that section right underneath administration details,
24	that is the exact same description there. So yes, I

1	Page 146 A That is the location listed on the medical
2	record. Yes.
3	Q Okay. And does the standard of care require
4	that a doctor ignore an approved process by the FDA on
5	where an injection should be administered?
6	A There are different sites of administration
7	that can be utilized, and I would reference one of the
8	other exhibits described some other locations that
9	Kenalog may be administered, and especially in the
10	pediatric population, but administering it into the
11	gluteal area is probably the most common place that these
12	medications are administered.
13	Q So would it be the standard of care for a
14	reasonable physician to administer this type of Kenalog
15	injection into the gluteal muscle?
16	A Yes.
17	Q Okay. And, Doctor, what is the percentage of
18	people who get a cutaneous or subcutaneous atrophy from a
19	single steroid injection?
20	A I would estimate it's very low.
21	Q And, Dr. Hall, I can't quite put my hands on
22	it, but can you please tell me the Nevada case,
23	regulation or statute that says that standard of care
24	requires that consent for a Kenalog injection be written?

1	Page 147 A I could not cite that.
2	Q And I believe you had testified as to your
3	opinions regarding consent in this matter. Do you recall
4	that?
5	A I do.
6	Q In your experience, Doctor, do patients
7	sometimes forget every single side effect or risk of a
8	treatment that you've gone through with them?
9	A Patients' recollections can be incomplete.
10	Q And in your experience, is it possible that,
11	you know, a patient could go and understand the risks and
12	benefits and alternatives to treatment at the time you
13	provide them care and then, you know, approximately five
14	or so years later, they can't recall specifically what
15	was discussed?
16	A I think that yes, that can happen.
17	Q And I believe there was also testimony that
18	this divot is on the left buttock of Patient A. Is that
19	correct?
20	A Yes.
21	Q And you had testified that you reviewed
22	photographs which I believe it was the IC Exhibit Number
23	6?
24	A Yes.

	Page 153
1	A Yes.
2	Q of the visit; is that correct?
3	A That is correct.
4	Q All right. And then I also wanted to draw
5	your attention, Doctor, to Respondent's exhibit. We'll
6	pull this one, and it is going to be Respondent's Exhibit
7	Number 5 that was admitted. And at the bottom, Bates
8	stamp HCP 007. Do you see that?
9	A Yes, I do.
10	Q And is it your understanding, Doctor, that
11	the medical insurance and driver's license that are
12	included as part of Patient's A record are her parents'?
13	A Yes.
14	Q Okay. And so your criticism of Dr. Nguyen
15	regarding consent is that it appeared to you that it was
16	documented that it was the two-year-old giving the
17	consent; is that correct?
18	A That is correct.
19	Q All right. But there is reference that the
20	patient's parents were there as the patient's proxy;
21	correct?
22	A That is correct.
23	Q Okay. And, Doctor, in your experience in
24	treating a pediatric patient with croup, have you ever

Page 154 1 done so in an urgent care setting? 2 I have not worked in an urgent care, but we 3 see urgent acute appointments in our office. Gotcha. And was that a private office that 4 5 you sort of ran as the solo practitioner? So I have worked in a couple different 6 Α practice settings, but all of my practice settings have 7 involved more than one provider. 8 And when you're treating a pediatric patient 9 Q with possible croup, do you conduct a literature search 10 every time that you see that type of patient to make sure 11 12 you're adhering to the standard of care? 13 Α I don't search literature with every patient, 14 no. All right. And would you agree that when 15 0 completing a timely, accurate and complete medical record 16 that it's appropriate for a doctor to finish signing his 17 note after he reviews it? 18 That is appropriate. 19 Α Yes. Okay. And do you sign your, I guess, 20 0 narrative or progress note immediately after you see a 21 22 patient? 23 Α Not always. 24 Q Is it reasonable for a physician to wait

Page 155 until the end of the day to finish signing and 1 documenting his note? 2 3 Α Yes, it is. And when you had reviewed this document, I 4 0 guess this case originally, you did not have the 5 documentation that was the Respondent's Exhibit Number 6 7 12; correct? Α That is correct. 8 Okay. And so for the record, the prior 9 0 10 criticisms regarding failure to document the lot number, failure to document expiration date, has that been 11 12 satisfied based upon the production of this document? Yes, it has. 13 Α Okay. And when you were testifying regarding 14 the standard of care in providing a Kenalog injection in 15 a patient with respiratory illness, I believe you had 16 testified that your criticism was that it was redundant 17 to the oral medication. Is that correct? 18 19 Α That is correct. Okay. And is it your opinion that a 20 reasonable provider who had been told that a patient 21 previously did not get better with oral steroids alone 22 23 would want to go and move towards considering an 24 injection of a steroid?

1	Page 160 A I think that would be a fairly weak
2	description of consent for a Kenalog injection.
3	Q My question is a little bit different. Is
4	that documentation of consent?
5	A That is documentation of consent.
6	Q Okay. Thank you, Doctor. And looking back,
7	I believe you had also stated that there was a subtle
8	difference in treatment between, I think you said, oral
9	and Kenalog injections. Is that correct?
10	A Yes.
11	Q Okay. Could you explain further what you
12	mean by "subtle difference"?
13	A Well, it's primarily a difference in the
14	route of administration. So administering oral
15	corticosteroids or intramuscular corticosteroids, both
16	are very reasonable treatment approaches, and the
17	distinction being the route of administration, and
18	they're considered roughly equivalent in the context of
19	providing care in the acute setting.
20	Q And I believe we had also sort of discussed a
21	question as to the depth of the injection that was
22	provided in this case. Do you remember testifying that
23	there was a question regarding the depth of the
24	injection?
	;

Page 230 Α Yes, it does. 1 All right. And is it your understanding that 2 when you're documenting an electronic medical record that 3 the record can autopopulate a provider's name? 4 5 Α It can. And do you recall the electronic health 6 0 7 record that was in effect at HealthCare Partners on November 4th, 2016? Was it Cerner or a specific type of 8 electronic healthcare record? 9 10 Α I believe it was Allscripts. And you had also testified regarding Chanel 11 12 Hampton. Was it your testimony that she was your regular medical assistant? 13 Yes, Ms. Chanel Hampton worked for me for Α 14 15 approximately three years at HealthCare Partners. And to clarify, when you prescribe a Kenalog 16 injection through the electronic healthcare record, was 17 18 it your testimony that it can autopopulate the typical 19 medical assistant that you worked with? Yes, it can autopopulate the name of the 20 medical assistant that normally works there. 21 22 Q Okay. And, Doctor, I believe there was also 23 some testimony earlier regarding the timing of this documentation. Do you recall what time you finished 24

Page 231 authoring your progress note for the patient? 1 What happens sometimes is I'm busy at the --2 I have another patient that I have to see in the urgent 3 care, and then I'll go back at the end of the day to 4 5 complete my progress note and to make sure everything is accurate as possible and reflects my care of the patient. 6 And does the documentation that has been 7 provided in this proceeding appear to indicate that you 8 authored your progress note on November 4th of 2016? 9 10 Α Yes, it does. Which is the same day that you saw Patient A; 11 0 12 correct? 13 Α Correct. And then I also believe Board counsel asked 14 you questions regarding your documentation of the consent 15 given by Patient A's parents. Do you remember those 16 questions? 17 I believe -- Can we have a read back of that? Α 18 19 Sorry. Otherwise, I'll rephrase my question. 20 0 Doctor, you had testified that you documented 21 that you had received consent from Patient A's parent in 22 23 your note. Is that correct? 24 Α Correct.

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Page 271
                 HEARING OFFICER HALSTEAD:
                                             Your left.
                                                          Thank
 1
 2
     you.
           I appreciate that.
                                     Are you aware that Nevada
 3
                  (BY MS. BRADLEY:)
     law provides a requirement for physicians in maintaining
 4
 5
     records under --
 6
                 Absolutely.
            Α
 7
                 Okay. And so could you tell us what the
            0
 8
     requirement is?
 9
                 I probably couldn't quote it.
            Α
10
                 If I told you that Nevada law requires that
            0
11
     physicians maintain timely, legible, accurate and
12
     complete medical records relating to the diagnosis,
13
     treatment and care of a patient, does that sound like an
14
     appropriate --
                 That sounds perfectly reasonable.
15
                 And your belief is that the records in this
16
     case are timely; is that true?
17
                 Yes, I do.
18
            Α
19
                 It's your opinion that the records in this
            Q
20
     case are legible?
            Α
21
                 Yes, they are.
                 Okay. It's your opinion that the records are
22
23
     accurate?
24
            Α
                 They appear to be accurate, yes, to a
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BEFORE THE BOARD OF MEDICAL EXAMINERS
OF THE STATE OF NEVADA

* * * * *

In the Matter of Charges and

Case No. 21-38084-1

FILED

Complaint Against

HAI THANH NGUYEN, M.D.,

Respondent.

AUG 1 8 2022 NEVADA STATE BOARD OF

MEDICAL EXAMINERS
By:

ORDER DENYING MOTION FOR RECONSIDERATION

1. Introduction

On July 21, 2022, undersigned issued a Synopsis of Record that included findings as to two counts alleged in the Complaint filed against Respondent Hai Thanh Nguyen, M.D. ("Respondent") on November 23, 2021. The Investigative Committee of the Nevada Board of Medical Examiners (the "IC") has moved for reconsideration of the findings as they relate to Count II, Failure to Maintain Property Medical Records (the "Records Count"). Respondent has opposed the IC's Motion for Reconsideration (the "Motion"). Having considered the briefing, which, pursuant to NRS 622A.390, provides for a motion and opposition, the undersigned adjudicates the Motion by denying reconsideration as a basis for a rehearing, other proceedings, or further relief for the reasons set forth herein.

2. Summary

By and through the IC's Motion, the IC asks for reconsideration of undersigns' representation that "[a]s to the remainder of the allegations in support of Count II Failure to Maintain Proper Medical Records, they have been conceded as disproven by the medical records recently produced." Synopsis of Record, p. 11, lines 18-20. In taking issue with the conclusion, the IC maintains that Respondent's medical records, specifically Respondent's Exhibit 12, remains in violation of NRS 630.3062(1)(a) in that it reflects the name of medical assistant Chanel Hampton as having administered the Kenalog injection at issue even though Ms. Hampton was

not present that day and the injection was indisputably administered by Respondent. The IC also maintains that the time reflected on Respondent's Exhibit 12 is not reflective of the time the injection was given. According to the IC, clarifying testimony is insufficient to redeem the records as the records themselves must be clear on their face to be deemed accurate and complete. The IC further argues that the injection records were "unclear as to where on Patient A's body the shot was administered" (Motion, p. 5, line 18), and that "Respondent failed to document why he rendered the treatment that he did." Motion, p. 6, lines 2-3.

In Opposition, Respondent argues that the IC has failed to raise any legally recognized basis to support reconsideration and that the medical records reflect that Respondent gave the injection in what was an override of the auto population of Respondent's medical assistant Chanel Hampton's name. Respondent also relied upon testimony by Dr. Hall, the IC's peer review expert, who addressed the sufficiency of the records.

3. Standard for Reconsideration

Pursuant to NRS 622A.390, a motion requesting reconsideration of the findings and recommendations of a hearing officer may be filed no later than fifteen days after the date of service of the findings and recommendations. A motion requesting a rehearing or reconsideration may be based only on one of the following grounds:

- (a) Newly discovered or available evidence.
- (b) Error in the hearing or in the findings and recommendations or the decision that would be grounds for reversal of the findings and recommendations or the decision.
- (c) The need in the public interest for further consideration of the issues or evidence, or both.

Here, the IC relies upon the premise that undersigned's findings and recommendations as to the Records Claim were made in error, which, presumably, also supports grounds for reversal. Having timely filed the Motion, and citing a valid basis therefore, undersigned addresses the merits of the Motion to further aid the Nevada Board of Medical Examiners in rendering a decision.

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4. Context of the Statement of Concession

Relevant to the IC's Motion is the fact that the Complaint bases Count II, the Records Claim, on the following:

- Respondent's alleged failure to maintain records relating to the diagnosis and treatment by failing to document his actions;
- b. Respondent's alleged failure to document informed consent and discuss the risks and benefits of the injection; and
- c. there being no records reflecting the specifics of the injection.

See IC Exhibit 3. In the body of the Complaint, there is reference to the injection records not being clear as to the milligrams administered and there being no injection record evidencing the vial identification, lot number date or expiration, injection location, or who delivered the shot, all of which was addressed with documentation that was produced just before the hearing, and which addressed the concerns pleaded in the Complaint as was conceded by Dr. Hall. TR 120-21.

Specifically, in responding to questioning by the IC as to why Dr. Hall believed Respondent committed malpractice, Dr. Hall testified,

There were three reasons I made that statement. Number one: I could not find documentation of informed consent for administration of Kenalog intramuscularly. Number two: I didn't understand the reasoning behind providing both oral and intramuscular corticosteroids. And finally, there wasn't - - in the medical record I initially reviewed - - there was not a description of how the injection was administered.

IC: Ok, but now we have that? [Referring to the newly produced injection record.]

Dr. Hall: We now have that.

As such, Dr. Hall addressed the three concerns he had with the matter and conceded that he was satisfied that the injection record as it evidenced how the injection was administered. It was this statement by Dr. Hall upon which undersigned premised the conclusion that the remainder of the allegations in support of Count II, Failure to Maintain Proper Medical Records, were conceded. In context, the statement, which specifically references the Complaint allegations, is accurate; and, while the IC itself may not have intended to concede the point, the IC is not a witness and cannot proffer testimony, and the testimony proffered on behalf of the IC by

its peer review expert Dr. Hall was indeed a concession by which he was clear that he was no longer concerned about the records as they related to the injection administration.

5. Documentation of Respondent's Administration of the Injection

Given that the injection records were produced late, it was not known at the time the Complaint was filed that Respondent's Exhibit 12, which was part of the late production, would contain the name of Respondent's medical assistant Chanel Hampton or that the time listed would reflect a time later than when the injection was administered. As such, the allegation that the records are inaccurate because they contained such notations was never alleged in the Complaint and Respondent had no notice of the same. Regardless, no objection was raised by Respondent who addressed the allegations despite any lack of notice; and, in defending against the same, relied upon records that he advocated reflect that he gave the injection and that the time entry is reflective of when he created the record.

With respect to the time entry, Dr. Hall acknowledged that the later time entry was explained by an end of day creation of the injection record (TR 100), and that it "is appropriate" to wait address such records until the end of the day. TR 154-55. This testimony was consistent with Respondent's own testimony that sometimes he gets busy in the urgent care and has to go back at the end of the day to complete progress notes and make sure his records are accurate and reflect the care provided. TR 230-31. As such, undersigned concluded there was nothing to be made of the later time notation on Respondent's Exhibit 12, which was the same day, only later.

As to Chanel Hampton's name being listed in Respondent's Exhibit 12, Respondent testified that the "Admin By" notation that contained her name was part of a computer generated order to his medical assistant, who is Chanel Hampton, and that her name was placed through an auto population. TR 221-23. In clarifying whether it was a notation that was meant to indicate that Chanel Hampton administered the injection, Respondent testified that it meant that Chanel Hampton was ordered to give the injection as opposed to a notation of who administered the injection. Id. Respondent further testified that while the person ordered to give the injection is often times the person who administers the injection, that is not always the case, and the person

who administers the injection is noted in the progress notes, where, in this instance, it is noted that Respondent gave the injection. <u>Id.</u>

To demonstrate that Respondent is recorded has having given the injection, Respondent relied upon Respondent's Exhibit 5, HCP 0017, which is a Medication List and provides for the Kenalog injection and under Provider Status reads "HAI NGUYEN Complete;" Respondent's Exhibit 5 at HCP 0002 under Plan where it reads "Rx by: NGUYEN, HAI" (see also Respondent's Exhibit 5 at HCP 0005); Respondent's Exhibit 12, on the second page in the progress notes to the left, which reads Rx by: NGUYEN-INACTIVE HAI. Respondent also relied upon Respondent's Exhibit 6, which addresses the administration of the injection and references the "task" being previously assigned to Respondent.

Absent such testimony, and not being familiar with medical records, undersigned may have assumed that each of the notations Respondent relies upon to show that he administered the injection reflect that the injection was *prescribed* by Respondent. However, based upon Respondent's uncontroverted testimony, undersigned must accept the representation that the notations relied upon by Respondent reflect that the injection was *administered* by Respondent. Notably such testimony was supported by Dr. Hall who, before Respondent even testified, acknowledged that he would read Respondent's Exhibit 12, "as an order from Dr. Nguyen for his staff to provide the injections," which is consistent with Respondent's explanation of why Chanel Hampton was in the "Admin By" notation of that record. TR 96; TR 222. Dr. Hall additionally acknowledged that there "was some narrative" he recently reviewed in which Respondent was reflected as having given the injection. TR 165.

Given the foregoing, in conjunction with Dr. Hall's concession addressed *supra* that he had no remaining concerns about the medical documentation other than as related to informed consent, it remains that undersigned cannot conclude that a violation of the Records Claim has been established based upon either the generally accepted practice of entering records later in the day, or based upon an entry on Respondent's Exhibit 12 reflecting the name Chanel Hampton in light of Respondent testifying that such entry reflected who was initially ordered to administer the injection, which Dr. Hall agreed with, and additional records establishing that Respondent was the

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one who ultimately administered the injection, including the very record that had Chanel Hampton's name.¹

6. The Remainder of the Basis Upon Which the IC Seeks Reconsideration

In addition to the foregoing, the IC advocates that the injection record was "unclear as to where on Patient A's body the shot was administered." Motion, p. 5, line 18. This is belied by the injection record itself, which clearly provides that the injection was administered in the "Right Gluteal Region." Respondent's Exhibit 12. The discrepancy is not the medical records as alleged in the Motion, but the location of the divot on the left gluteal region as photographed by the patient's mother months later (see IC Exhibit 6) and, therefore, whether the divot can be attributed to the injection. This issue was addressed in the Synopsis of Record and need not be reiterated again herein. As to the basis for which reconsideration is sought, the location of the injection, per the injection record, is clearly provide for.

The IC's final concern supporting its request for reconsideration is that Respondent "failed to document why he rendered treatment that he did." Motion, p. 6, lines 2-3. In support of this statement, the IC takes issue with Respondent not noting the conversation with the patient's mother that led him to administer the Kenalog injection in addition to the Prednisone. Respondent did, however, document why he rendered the recorded treatment. Respondent noted family history; the complaints presented; history and symptoms, inclusive of vomiting and the patient having had croup already twice in the last 7 months; and he noted that he treated the patient with the Kenalog injection and the Prednisone prescription based upon the symptoms and having discussed the treatment plan with the patient, i.e., Ms. Del Grosso, who agreed and verbalized understanding. Reference that "[p]atient agrees with treatment plan and verbalizes

¹ Certainly the Medical Board has better knowledge of medical records than the undersigned and can choose to reject this finding if it deems doing so appropriate and concludes that entry alone is sufficient to render the injection record inaccurate to an extent it rises to the level of supporting discipline.

understanding" (IC Exhibit 5) demonstrates a discussion with Ms. Del Grosso that supported the treatment plan.²

Even had this not been the case, there was no prior adjudication of the allegation that Respondent's documentation as to why he rendered the treatment he did was deficient (and, again, the only alleged deficiency Dr. Hall took issue with was the documentation of informed consent). As such, it is not proper to raise the contention for the first time in a request for reconsideration. See, e.g., Achrem v. Expressway Plaza Ltd. Partnership, 112 Nev. 737, 742, 917 P.2d 447, 450 (1996) ("Points or contentions not raised in the original hearing cannot be maintained or considered on rehearing"). The closest Complaint allegation is that Respondent failed to document his actions, which was not ultimately established given the late production of the injection record, and stating that Respondent failed to document his actions is not akin to alleging that Respondent failed to justify his treatment.

7. Conclusion

As was addressed in the Synopsis of Record, this matter was brought to the Board's attention based upon a divot that was not definitively attributed to the Kenalog injection; but, even if it was, it was a known side effect that cannot be credited to any wrongdoing, that is not considered serious, and that corrected itself by filling in. Ms. Del Grosso's concern with regard to the divot was provoked by the misrepresentation that Kenalog injections were no longer given to children, which was established to be false; and, in the end, the treatment provided by Respondent appears to have aided the patient, leaving the notation of when Respondent entered the injection record and an auto-population of his medical assistant's name for the injection order as opposed to its administration for reconsideration.

For the reasons set forth herein, the Motion will not be granted and, therefore, no further rehearing or other proceedings will be ordered hereby. It remains undersigned's recommendation

² Dr. Angora, Respondent's expert, touched upon the level of detail that is standard for medical records in his testimony at TR 282-83, noting that medical records are not tediously detailed due to time constraints. Dr. Angora also testified that "not every detail in a medical record is fully documented." TR 272.

that the IC take no action on the Complaint against Respondent based upon the IC having failed to meet its burden of proof as to either of the alleged Counts lodged against Respondent in the Complaint.

RESPECTFULLY SUBMITTED this 18th day of August 2022.

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