



## Nevada State Board of Medical Examiners

### Notice of Workshops to Solicit Comments on Proposed Regulations

The Nevada State Board of Medical Examiners (Board), located at 1105 Terminal Way, Ste. 301, Reno, Nevada 89502, (775) 688-2559, is proposing the amendment of regulations pertaining to Chapter 630 of the Nevada Administrative Code. The public workshops have been set for 10:00 a.m., on August 30, 2017, at the Nevada State Board of Dental Examiners, located at 6010 S. Rainbow Blvd., Bldg. A, Ste. 1, Las Vegas, Nevada and videoconferenced to the Nevada State Board of Medical Examiners located at 1105 Terminal Way, Ste. 301, Reno, Nevada. The purpose of the workshops is to solicit comments from interested persons on the following general topics that may be addressed in the proposed regulations:

**R008-17** Repeal of NAC 630.205 in its entirety.

**R163-16** Relating to continuing medical education; revising provisions relating to credits received by holders of a license.

A copy of all materials relating to the proposal may be obtained at the workshops or by contacting the Board at 1105 Terminal Way, Ste. 301, Reno, Nevada 89502, (775) 688-2559. A reasonable fee for copying may be charged.

This Notice of Workshops to Solicit Comments on the Proposed Regulations have been sent to all persons on the agency's mailing list for administrative regulations and posted at the following locations:

Washoe County Courthouse	Reno, NV	Carson City Library	Carson City, NV
Clark County District Library	Las Vegas, NV	Churchill County Library	Fallon, NV
Douglas County Library	Minden, NV	Elko County Library	Elko, NV
Esmeralda County Library	Goldfield, NV	Humboldt County Library	Winnemucca, NV
Lander County Library	Battle Mountain, NV	Lincoln County Library	Pioche, NV
Lyon County Library	Yerington, NV	Mineral County Library	Hawthorne, NV
Pershing County Library	Lovelock, NV	Storey County Commissioners	Virginia City, NV
White Pine County Library	Ely, NV	Tonopah Public Library (Nye County)	Tonopah, NV

Nevada State Board of Medical Examiners is proposing to repeal this regulation in its entirety.

**LCB File No. R008-17**

**NAC 630.205 Prescription of appetite suppressants. (NRS 630.130, 630.275)**

1. A physician or physician assistant who is authorized to prescribe controlled substances may prescribe an appetite suppressant to control the weight of a patient if the appetite suppressant is prescribed for use in the treatment of exogenous obesity as part of a program of medical treatment which includes dietary restrictions, modification of behavior and exercise and:

(a) The physician or physician assistant determines that the patient's obesity represents a threat to the patient's health; or

(b) The patient's weight exceeds by not less than 20 percent the upper limit of the patient's healthy weight as described in the *Dietary Guidelines for Americans* adopted by reference in NAC 630.187.

2. A physician or physician assistant shall not prescribe an appetite suppressant for more than 3 months, unless the patient:

(a) Has lost an average of not less than 2 pounds per month since he or she began taking the appetite suppressant; or

(b) Has maintained his or her weight at the level which was established by the patient's physician or a physician assistant under the supervision of his or her physician.

3. A physician or physician assistant who prescribes an appetite suppressant for more than 3 months shall maintain a record of the patient's weight at the beginning and end of each month during which the patient takes the appetite suppressant.

4. Before prescribing an appetite suppressant, a physician or physician assistant shall obtain a medical history and perform a physical examination of the patient and conduct appropriate studies to determine if there are any contraindications to the use of the appetite suppressant by the patient.

5. As used in this section, "appetite suppressant" means a drug or other substance listed in schedule IV pursuant to NAC 453.540 which is used to suppress the appetite of a natural person.

(Added to NAC by Bd. of Medical Exam'rs, eff. 7-18-96; A by R108-01, 11-29-2001; R021-15, 12-30-2015)

**PROPOSED REGULATION OF THE  
BOARD OF MEDICAL EXAMINERS**

**LCB File No. R163-16**

June 19, 2017

EXPLANATION – Matter in *italics* is new; matter in brackets [~~omitted material~~] is material to be omitted.

AUTHORITY: §§ 1 and 2, NRS 630.130 and 630.2535, as amended by section 17 of Assembly Bill No. 474, chapter \_\_\_\_, Statutes of Nevada 2017, at page \_\_\_\_.

A REGULATION relating to continuing medical education; revising provisions relating to credits received by holders of a license to practice medicine and physician assistants for continuing medical education relating to misuse and abuse of controlled substances; and providing other matters properly relating thereto.

**Legislative Counsel’s Digest:**

Existing law requires the Board of Medical Examiners to establish by regulation the standards for licensure for physicians, physician assistants and related professions. (NRS 630.130) Existing law further requires the Board of Medical Examiners, by regulation, to require each physician or physician assistant who is registered to dispense controlled substances to complete at least 2 hours of training relating to the misuse and abuse of controlled substances, the prescribing of opioids or addiction every two years. (NRS 630.2535, as amended by section 17 of Assembly Bill No. 474, chapter \_\_\_\_, Statutes of Nevada 2017, at page \_\_\_\_) Existing regulation sets forth requirements for physicians and physician assistants relating to the number of hours and types of programs of continuing medical education that each licensee must complete. (NAC 630.153, 630.350) This regulation requires each physician and physician assistant who is registered to dispense controlled substances to complete at least 2 hours of continuing medical education relating to the misuse and abuse of controlled substances, the prescribing of opioids or addiction. This regulation also entitles a physician or physician who completes such a program of continuing medical education to receive credit for those hours towards certain existing continuing medical education requirements.

**Section 1.** Chapter 630 of NAC is hereby amended by adding thereto the provisions set forth as sections 2 and 3 of this regulation.

*Sec. 2. 1. Pursuant to the provisions of NRS 630.2535, as amended by section 17 of Assembly Bill No. 474, chapter \_\_\_\_, Statutes of Nevada 2017, at page \_\_\_\_, a holder of a license to practice medicine who is registered to dispense controlled substances pursuant to NRS 453.231 shall, during each period for biennial registration, complete at least 2 hours of continuing medical education relating specifically to the misuse and abuse of controlled substances, the prescribing of opioids or addiction.*

*2. A program of continuing medical education relating specifically to the misuse and abuse of controlled substances, the prescribing of opioids or addiction must offer, upon successful completion of the program, a certificate of Category 1 credit as recognized by the American Medical Association to the holder of the license.*

*3. A holder of a license to practice medicine who is registered to dispense controlled substances pursuant to NRS 453.231 is entitled to receive credit towards the continuing medical education required pursuant to subsection 1 of NAC 630.153 for each hour of continuing medical education completed pursuant to subsection 1.*

*Sec. 3. 1. Pursuant to the provisions of NRS 630.2535, as amended by section 17 of Assembly Bill No. 474, chapter \_\_\_\_, Statutes of Nevada 2017, at page \_\_\_\_, a physician assistant who is registered to dispense controlled substances pursuant to NRS 453.231, during each period for biennial registration, shall complete at least 2 hours of continuing medical education relating specifically to the misuse and abuse of controlled substances, the prescribing of opioids or addiction.*

*2. A program of continuing medical education relating specifically to the misuse and abuse of controlled substances, the prescribing of opioids or addiction must:*

*(a) Be a program of continuing medical education as defined by the American Academy of Physician Assistants; or*

*(b) Offer, upon successful completion of the program, a certificate of Category I credit as recognized by the American Medical Association to the physician assistant.*

*3. A physician assistant who is registered to dispense controlled substances pursuant to NRS 453.231 is entitled to receive credit towards the continuing medical education required pursuant to subsection 1 of NAC 630.350 for each hour of continuing medical education completed pursuant to subsection 1.*